

Its Okay To Be The Boss Paperback

It's OK to have feelings. Everyone has feelings. Happy, sad, and angry are feelings we all have felt at one time or another. As you're growing up, though, you start to feel other feelings. Can you guess what some of them might be? What about what happens to our bodies when we start to feel these feelings? When you're happy, you probably feel like the sky is blue, the sun is out and you can see unicorns and rainbows. Your smile is bigger, and your eyes have a sparkle in them. But what happens to your body when it's a feeling you've never felt before? Come along and join in with all the other children learning how to identify feelings and what happens to their bodies when they feel those feelings. Remember, it's OK to have feelings!

The “ It ’ s Okay! ” series of books depicts children with disabilities in a variety of school, family and community situations hoping to bridge the gap between them and their non-disabled peers. Families, teachers and people with disabilities are encouraged to purchase these books.

It's Okay To Be Different Little, Brown Books for Young Readers

From the best-selling author of *How Are You Feeling Today?* comes a picture book that sensitively deals with developing emotional intelligence in young children. Young children can find it really frustrating when they are unable to explain what they are feeling and express their emotions. Cue: this book! Written with boys in mind because they are often encouraged to suppress their feelings, Molly Potter covers a whole range of emotions from those that are uncomfortable to happy feelings where you care about yourself and other people. Perfect for starting those all-important conversations, *It's OK to Cry* includes colourful illustrations, child-friendly strategies and vocabulary for managing feelings, and helpful notes for parents, carers and practitioners.

It's Okay Not to Be Okay

It's Ok to Have Feelings

It's Okay to Be Small

Meeting Grief and Loss in a Culture That Doesn't Understand

The Okay Book

It's OK to Cry

If you're experiencing depression and feel exhausted from living a never-ending cycle of talk therapy, medication and shuffling from one psychologist to the next, this book is for you. When you feel like you've "tried everything", *It's Okay To Cry* offers a heartfelt, practical way to let go and dissolve your depression using a ground-breaking body-based approach to mental health. After 20 years of trying every option our mental health system had to offer, Bronte Spicer believed she would live with depression forever. It wasn't until she found a set of advanced mindfulness techniques, backed by modern neuroscience, that she realised she had been stuck in depression because she had not been feeling her feelings within her body. Today, Bronte is a Certified Kiloby Inquiries Facilitator and offers herself as a gentle mentor who effortlessly interweaves her lived experience of depression with a practical and

accessible guide for how to live freely-and just be human. Now more than ever, we need tools that work to support and improve mental health. And body-based services have long been the missing, yet integral, part of a holistic mind-body approach to dissolving depression. It's Okay to Cry provides a profound insight into how living with depression can look and feel and shines a light on how taking a body-based approach can change your life.

New York Times bestselling author and star of 2 Dope Queens Phoebe Robinson is back with a new, hilarious, and timely essay collection on gender, race, dating, and the dumpster fire that is our world. Wouldn't it be great if life came with instructions? Of course, but like access to Michael B. Jordan's house, none of us are getting any. Thankfully, Phoebe Robinson is ready to share everything she has experienced to prove that if you can laugh at her topsy-turvy life, you can laugh at your own. Written in her trademark unfiltered and witty style, Robinson's latest collection is a call to arms. Outfitted with on-point pop culture references, these essays tackle a wide range of topics: giving feminism a tough-love talk on intersectionality, telling society's beauty standards to kick rocks, and calling foul on our culture's obsession with work. Robinson also gets personal, exploring money problems she's hidden from her parents, how dating is mainly a warmed-over bowl of hot mess, and definitely most important, meeting Bono not once, but twice. She's struggled with being a woman with a political mind and a woman with an ever-changing jeans size. She knows about trash because she sees it every day--and because she's seen roughly one hundred thousand hours of reality TV and zero hours of Schindler's List. With the intimate voice of a new best friend, Everything's Trash, But It's Okay is a candid perspective for a generation that has had the rug pulled out from under it too many times to count.

'Short chapters that might get you through everyday life'. In this book I give my best advice of little things that you can do to help improve your life, make you happy and make you the person you want to be at the end of the day. It's all about the little things.

It's OK to Be Different is an awarding winning children's picture book celebrating children who have the courage to be themselves, and accept others as they are. Young readers are drawn in with clever rhymes and cheerful illustrations making this a fun read aloud kid's book that children and adults can enjoy over and over again.

It's Okay to Be Shy

It's OK to Feel the Way You Do

It's Okay to Wonder

Why It's OK to Be a Slacker

A Complete Guide for Transforming Personal Life, Career and Relationships

It's OK That You're Not OK

Most people are too busy to keep up with all the good movies they'd like to see, so why should anyone spend their precious time watching the bad ones? In Why It's OK to Love Bad Movies, philosopher and cinematic bottom feeder Matthew Strohl enthusiastically defends a fondness for disreputable films. Combining philosophy of art with film criticism, Strohl flips conventional notions of "good" and "bad" on their heads and makes the case that the ultimate value of a work of art lies in what it can add to our lives. By this measure, some of the worst movies ever made are also among the best. Through detailed discussions of films such as Troll 2, The Room, Batman & Robin, Twilight, Ninja III: The Domination, and a significant portion of Nicolas Cage's filmography, Strohl argues that so-called "bad movies" are the ones that break the rules of the art form without the aura of artistic seriousness that surrounds the avant-garde. These movies may not win any awards, but they offer rich opportunities for creative engagement and enable the formation of lively fan communities, and they can be a key ingredient in a fulfilling aesthetic life. Key Features: Written in a humorous, approachable style, appealing to readers with no background in philosophy. Elaborates the rewards of loving bad movies, such as forming unlikely social bonds and developing refinement without narrowness. Discusses a wide range of beloved bad movies, including Plan 9 from Outer Space, The Core, Battlefield Earth, and Freddy Got Fingered. Contains the most extensive discussion of Nicolas Cage ever included in a philosophy book.

Management trainer Tulgan puts his finger on the biggest problem in corporate America--an undermanagement epidemic affecting managers at all levels--and offers another way. His clear, step-by-step guide to becoming the strong manager employees need challenges bosses everywhere to spell out expectations, tell employees exactly what to do and how to do it, monitor and measure performance constantly, and correct failure quickly and reward success even more quickly. Now that's how you set employees up for success and help them earn what they need. Tulgan opens our eyes to the undisciplined workplace that is overwhelming managers and frustrating workers and invites bosses everywhere to accept the sacred responsibility of managing people. His message: It's okay to be the boss. Be a great one!--From publisher description.

We've all experienced that moment where we wish we could start all over again. Failed marriages, lost friends, addictions, lost jobs. This is not the life we imagined. Yesterday can sometimes leave us stuck, sad, shamed, scared, and searching. Sheila Walsh encourages readers to face the pain head on and then start again, from right where they are. She shares that when she discovered "I'm not good enough and

*I'm good with that," everything started to change. In *It's Okay Not to Be Okay*, Walsh helps women overcome the same old rut of struggles and pain by changing the way they think about God, themselves, and their everyday lives. She shares practical, doable, daily strategies that will help women move forward one step at a time knowing God will never let them down.*

*Your shyness does not define you. You are much, much more than shy. *It's Okay to Be Shy* reads as a heartfelt letter to all children who experience shyness. Through a poetic narrative, this book celebrates what it means to be true to oneself. A person who has a soft-spoken disposition also holds meaningful talents, ideas, and skills within. Every person has a voice and will use it when the time is right. Both comforting and inspiring, this text will resonate with readers of all ages. Remember, it's okay to be shy. It's always okay to be you.*

It's Okay to Cry

It's OK, Slow Lizard

It's Okay, Try Again!

(Crying Is Cool Too)

It's Okay!

It's Okay To Be Different

*Habits and attitudes developed in the preschool and kindergarten years affect a child for the rest of his or her life. These years are also a challenging time for parents as children test boundaries (and patience). How parents and children respond makes all the difference in the world. The *Growing God's Kids* series is designed to help young children understand their feelings, develop godly ways to deal with temptations, and form positive attitudes and behaviors that will serve them well in the future. In *It's Okay to Feel Sad*, parents and children are encouraged to express sadness and to comfort each other in healthy ways.*

*Everyone has feelings ... sometimes we just don't know what to do with them! Happy, sad, lonely, angry, anxious, proud, scared - they're all feelings and emotions and they're all OK! Yes - every single one of them! In this bright and heartening book, Josh Langley helps kids get to know and make friends with their feelings. Bursting with simple and effective ways that kids can notice and handle difficult emotions like anger, anxiety, and loss and also rejoice in the positive feelings such as joy, empathy and happiness, this is a little book with a big message. *It's Ok to Feel the Way You Do* empowers kids to understand and share their feelings so they can enjoy life a whole lot more.*

Little Bobby wants to feel big like his dad, but keeps getting told that he is too small. Little Bobby goes on adventures to find important tasks to be part of, but isn't always welcome. Little Bobby must find a way to be okay with who he is in order to be happy.

Little Bobby may feel small, but he will learn to stand tall. Find out what Little Bobby must do, in order to himself be true. This book is like a hug from a friend when you need it most: It's both a reminder that it's normal to feel things deeply and a companion for actually feeling better. With tons of empathy and a touch of humor, artist Carissa Potter offers wisdom on how to move through difficult emotions with practical steps to kick-start the process—ranging from soaking in a tub and having a good cry to talking to houseplants or hosting a private dance party. Illustrated in a vibrant eye-catching palette, this boldly authentic book is full of genuine support for pushing through life's tough times or whenever a little love is needed.

Hey, It's Okay to Be You

The Step-by-step Guide to Becoming the Manager Your Employees Need

Why It's OK to Love Bad Movies

I Have a Stoma, And

Lessons from a Remarkable Five-Year-Old About Living Life Wide Open

It's Okay to Sparkle

Get what you need from your boss In this follow-up to the bestselling *It's Okay to Be the Boss*, Bruce Tulgan argues that as managers demand more and more from their employees, they are also providing them with less guidance than ever before. Since the number one factor in employee success is the relationship between employees and their immediate managers, employees need to take greater responsibility for getting the most out of that relationship. Drawing on years of experience training managers and employees, Tulgan reveals the four essential things employees should get from their bosses to guarantee success at work. Shows employees how to ask for what they need to succeed in their high-pressure jobs Shatters previously held beliefs about how employees should manage up Outlines what employees must get from their managers: clear expectations; the skills needed to perform their jobs; honest feedback, recognition or rewards A novel approach to managing up, *It's Okay to Manage Your Boss* is an invaluable resource for employees who want to work more effectively with their managers.

The inspirational story, told in her own words, of 7-year-old Avery Jackson, who was assigned male at birth, but has now transitioned into a young girl, tells the story of how she realised she was a girl and how she helped her parents and friends to understand her transition. Her heart-warming story covers themes of friendship, bullying and self-esteem. Whether you're into dolls, ninja warriors or teddy bears, climbing trees, taekwondo or ballet, this book lets readers know that it's okay to be who you want to be. Avery's words are incredibly wise and

articulate for such a young person and she will undoubtedly provide support and inspiration to other families in similar situations.

In a tradition of Todd Parr's fan-favorite *It's Okay to Be Different* a book about embracing mistakes and the joy of happy accidents. Todd Parr's bestselling books have reminded kids to embrace differences, to be thankful, to love one another, and to be themselves. *It's Okay to Make Mistakes* embraces life's happy accidents, the mistakes and mess-ups that can lead to self discovery. Todd Parr brings a timely theme to life with his signature bold, kid-friendly illustrations and a passion for making readers feel good about themselves, encouraging them to try new things, experiment, and dare to explore new paths. From coloring outside the lines and creating a unique piece of art to forgetting an umbrella but making a new friend, each page offers a kid-friendly take on the importance of taking chances, trying new things, and embracing life, mistakes and all.

"Stop slacking off!" Your parents may have said this to you when you were deep into a video-gaming marathon. Or maybe your roommate said it to you when you were lounging on the couch scrolling through Instagram. You may have even said it to yourself on days you did nothing. But what is so bad about slacking? Could it be that there's nothing bad about not making yourself useful? Against our hyper-productivity culture, Alison Suen critically interrogates our disapproval of slackers—individuals who do the bare minimum just to get by. She offers a taxonomy of slackers, analyzes common objections to slacking, and argues that each of these objections either fails or carries problematic assumptions. But while this book defends slacking, it does not promote the slacker lifestyle as the key to something better (such as cultural advancement and self-actualization), as some pro-leisure scholars have argued. In fact, Suen argues that slacking is unique precisely because it serves no noble cause. Slacking is neither a deliberate protest to social ills nor is it a path to autonomy. Slackers just slack. By examining the culture of hyper-productivity, Suen argues that it is in fact OK to be a slacker. *Key Features* Demonstrates the uniqueness of slacking, via a critical examination of six distinct "pro-leisure" philosophical accounts. Articulates a taxonomy of slackers, as well as in-depth examinations of Hollywood slackers and slackers in academia. Examines common objections to slacking (like the freeloading problem), and offers a rebuttal to each of them. Offers an understanding of our productivity culture from an existential perspective. *The Step-by-Step Program for Making the Best of Your Most Important Relationship at Work*

It's Ok

It's Okay to Smell Good!

It's Okay About It

It's Okay to Feel Sad

It's Okay to Be a Unicorn!

The concept of It's Ok can only be understood well and benefitted from if you put your 'thinking mind' aside while reading it. Pure surrender will help you get the most from this book. Kamal Khurana has a unique style of explaining these complex concepts of the mind in a very simple and effective way. This is because he has been practicing these concepts personally on himself and has helped thousands of his friends who consulted him for their concerns. The book gives you an opportunity to understand yourself, your mind, your life, the deeper reasons and mind blocks that are the root cause of your suffering. The knack of equanimity is established once and for all. The book demystifies the profound concepts of spirituality, psychology, and their effects on human behaviour while dispersing very simple and useful methods to handle everyday issues of life such as career, self-image, anger, confidence, relationships, and other challenges. The book is an effort to make it easy for readers to resolve individual concerns on their own.

Nally is a fun-loving and energetic little girl that is very outgoing. However, sometimes Nally struggles with how to deal with her anger. Most children are taught that it is wrong to feel angry and that they should either not feel that way or conceal it. There is a vast array of normal emotions and anger is one of them. Instead of Nally's mom telling her that she shouldn't be angry, this book validates her emotions while providing constructive behaviors she can practice while angry. Nally works through her emotions with her mom and they are able to reach a resolve together.www.LittleMindsBigIdeas.com

This much-needed affirmation and validation for the single person suggests that being single can be a great time of life. Offering witty advice to the 80 million single Americans, "It's Okay to Be Single!" makes a great gift.

Perfect for toddlers and preschoolers who sometimes get a little bit frustrated when things don't go their way, this book teaches them that it's okay to try, try, try again. Based on one of the top-rated and most-popular Gabba songs "It's Okay, Try Again."

It's OK to be Different

Otherwise You Wouldn't Be You!

It's Okay

It's Okay to Laugh

It's Okay to be the Boss

A Story of a Young Family Learning It's Okay to Not Always Be Perfect

Fill out your very own journal from Jessie Paege with original activities focusing on positivity and self-confidence. Fun, funny, and positive, Jessie Paege delights fans with weekly lifestyle and comedy videos on her popular YouTube channel. Covering everything from following your own sense of style to being the shy kid in class, Jessie's advice comes straight from her own experiences. Now Jessie's helping fans let their true selves shine and break through stereotypes with this amazingly adorable activity book. With 112 full-color pages packed with games, writing prompts, challenges, and more, this book is the ultimate gift for fans or anyone who breaks the mold. Plus, see Jessie's own answers to many of the questions and activities to learn more about the pink-haired YouTube star!

"Thank you for the perfect blend of nostalgia-drenched humor, wit, and heartbreak, Nora." — Mandy Moore comedy = tragedy + time/rosé Twenty-seven-year-old Nora McInerny Purmort bounced from boyfriend to dopey "boyfriend" until she met Aaron—a charismatic art director and comic-book nerd who once made Nora laugh so hard she pulled a muscle. When Aaron was diagnosed with a rare form of brain cancer, they refused to let it limit their love. They got engaged on Aaron's hospital bed and had a baby boy while he was on chemo. In the period that followed, Nora and Aaron packed fifty years of marriage into the three they got, spending their time on what really matters: *Buffy the Vampire Slayer*, each other, and Beyoncé. A few months later, Aaron died in Nora's arms. The obituary they wrote during Aaron's hospice care revealing his true identity as Spider-Man touched the nation. With *It's Okay to Laugh*, Nora puts a young, fresh twist on the subjects of mortality and resilience. What does it actually mean to live your "one wild and precious life" to the fullest? How can a joyful marriage contain more sickness than health? How do you keep going when life kicks you in the junk? In this deeply felt and deeply funny memoir, Nora gives her readers a true gift—permission to struggle, permission to laugh, permission to tell the truth and know that everything will be okay. *It's Okay to Laugh* is a love letter to life, in all its messy glory; it reads like a conversation with a close friend, and leaves a trail of glitter in its wake. This book is for people who have been through some shit. This is for people who aren't sure if they're saying or doing the right thing (you're not, but nobody is). This is for people who had their life turned upside down and just learned to live that way. For people who have laughed at a funeral or cried in a grocery store. This is for everyone who wondered what exactly they're supposed to be doing with their one wild and precious life. I don't actually have the answer, but if you find out, will you text me?

Challenging conventional wisdom on grief, a pioneering therapist offers a new resource for those experiencing loss When a painful loss or life-shattering event upends your world, here is the first thing to know: there is nothing wrong with grief. "Grief is simply love in its most wild and painful form," says Megan Devine. "It is a natural and sane response to loss." So, why does our culture treat grief like a disease to be cured as quickly as possible? In *It's OK That You're Not OK*, Megan Devine offers a profound new approach to both the experience of grief and the way we try to help others who have endured tragedy. Having experienced grief from both sides—as both a therapist and as a woman who witnessed the accidental drowning of her beloved partner—Megan writes with deep insight about the unspoken truths of loss, love, and healing. She debunks the culturally prescribed goal of returning to a normal, "happy" life, replacing it with a far healthier middle path, one that invites us to build a life alongside grief rather than seeking to overcome it. In this compelling and heartfelt book, you'll learn:

- Why well-meaning advice, therapy, and spiritual wisdom so often end up making it harder for people in

grief • How challenging the myths of grief—doing away with stages, timetables, and unrealistic ideals about how grief should unfold—allows us to accept grief as a mystery to be honored instead of a problem to solve • Practical guidance for managing stress, improving sleep, and decreasing anxiety without trying to “fix” your pain • How to help the people you love—with essays to teach us the best skills, checklists, and suggestions for supporting and comforting others through the grieving process Many people who have suffered a loss feel judged, dismissed, and misunderstood by a culture that wants to “solve” grief. Megan writes, “Grief no more needs a solution than love needs a solution.” Through stories, research, life tips, and creative and mindfulness-based practices, she offers a unique guide through an experience we all must face—in our personal lives, in the lives of those we love, and in the wider world. It’s OK That You’re Not OK is a book for grieving people, those who love them, and all those seeking to love themselves—and each other—better.

"I'm excited to be a sister in our foster family, but I'm worried about new rules. I feel happy and sad at the same time. What about when our help isn't needed anymore?" It's Okay to Wonder is a story about Avery, a loquacious girl whose parents have decided to become foster parents. While Mom and Dad attend another foster training class, Avery shares with her Nana and Pop about her mixed-up feelings. She and her grandparents learn together what it might be like to become a foster family--that it's okay to feel two emotions at the same time and that it's okay to wonder! The Joy of Avery series offers resources for foster care families and brings the world of foster care to life by exploring Avery's feelings as her family welcomes foster children into their home. It's Okay to Wonder is the first book in the series.

A Children's Picture Book About Diversity and Kindness

It's Okay to Ask: A Book to Promote Kids Critical Thinking!

A picture book to help children talk about their feelings

It's OK Not to Share and Other Renegade Rules for Raising Competent and Compassionate Kids

Moving Forward One Day at a Time

A young boy describes the frustrations caused by his deafness and the encouragement he receives from a deaf teenager that he can lead an active life.

Jason Tharp's *It's Okay to Smell Good*, the follow-up to his hit picture book *It's Okay to Be a Unicorn*, introduces the new, hilarious character: Panda Cat, who lives in a world where smelling bad is a good thing! Panda Cat begins each day by brushing his teeth with garlic toothpaste, combing rotten eggs through his hair, and enjoying a breakfast of spoiled milk and a rotten apple. In Smellville, it's cool to be stinky. But when he tries to invent the stinkiest smell ever for the science fair, it backfires—because it smells good. And Panda Cat . . . likes it? How will he tell his friends? Or his hero, Albert Einstink—the scientist behind the theory of stinkativity? *It's Okay to Smell Good* tells kids young and old that you're free to like what you like, no matter how it smells. An Imprint Book Praise for *It's Okay to Smell Good*: "Tharp's good-natured fable is bright and rainbow-y . . . will resonate with any who have felt "other." —Kirkus Reviews

Parenting can be such an overwhelming job that it's easy to lose track of where you stand on some of the more controversial

subjects at the playground (What if my kid likes to rough house—isn't this ok as long as no one gets hurt? And what if my kid just doesn't feel like sharing?). In this inspiring and enlightening book, Heather Shumaker describes her quest to nail down "the rules" to raising smart, sensitive, and self-sufficient kids. Drawing on her own experiences as the mother of two small children, as well as on the work of child psychologists, pediatricians, educators and so on, in this book Shumaker gets to the heart of the matter on a host of important questions. Hint: many of the rules aren't what you think they are! The "rules" in this book focus on the toddler and preschool years—an important time for laying the foundation for competent and compassionate older kids and then adults. Here are a few of the rules: " It's OK if it's not hurting people or property " Bombs, guns and bad guys allowed. " Boys can wear tutus. " Pictures don't have to be pretty. " Paint off the paper! " Sex ed starts in preschool " Kids don't have to say "Sorry." " Love your kid's lies. IT'S OK NOT TO SHARE is an essential resource for any parent hoping to avoid PLAYDATEGATE (i.e. your child's behavior in a social interaction with another child clearly doesn't meet with another parent's approval)!

In a lush, sun-dappled forest, animal friends discover the advantages of living slowly, in this soothing picture book from beloved South Korean author and illustrator Yeorim Yoon and Jian Kim. Little Bird is all aflutter--too many things to do. Elephant cries with frustration when a shoelace breaks. Rabbit tries so hard and loses the race anyway. But what about Slow Lizard? Just like my name, I live a slow, relaxed life. And because I live a slow life, I see many things, I hear many things, and I have lots of time to help my friends. Meandering through a sunny forest, Slow Lizard's friends learn how wonderful it is to slow down together. Filled with blooming trees and fluffy flower beds, It's OK, Slow Lizard glows with the beauty of a hidden magic world, where we take the time to help each other enjoy life--even when the rain comes.

I'm Deaf, and It's Okay

It's OK to Feel Things Deeply

Short Chapters That Might Get You Through Everyday Life

A Book about Sadness

Everything's Trash, But It's Okay

It's Ok to Be Angry

"First published in complex Chinese by Linking Publishing Co., Ltd, in Taiwan"--Title page verso.

It's okay to need some help. It's okay to be a different color. It's okay to talk about your feelings. From the bestselling author Todd Parr comes a reassuring book about being who you are. Told with Todd Parr's signature wit and wisdom, It's Okay to Be Different cleverly delivers the important messages of acceptance, understanding, and confidence in an accessible, child-friendly format. The book features the bold, bright colors and silly scenes that made Todd a premiere voice for emotional discussions in children's literature. Targeted to young children first beginning to read, this book will inspire kids to celebrate their individuality through acceptance of others and self-confidence--and it's never too early to develop a healthy self-esteem. It's Okay to Be Different is designed to encourage early literacy, enhance emotional development, celebrate

multiculturalism and diversity, and promote character growth.

This book was created to encourage kids to think critically and be curious about how the world works. Author Temi Díaz writes the story as his childhood self, remembering all the things he was curious about as a child but grownups ignored. Tired of not getting answers to his questions, he embarks on a journey to find the answers to the questions he has. He soon realizes that not everybody is curious to learn stuff and that some people are okay without knowing the why's of the world. He also understands that the people who do wonder about the why's are the ones that make the world a better place. He learns that it is essential to ask questions to learn, and curiosity it's the first step to knowledge. It's Okay to Ask will teach you the critical lesson of trusting yourself and finding the inner truth that will guide you throughout life.

Popular blogger Lauren Casper shares poignantly simple yet profound wisdom about removing the barriers we construct around our hearts and doing life full-on, all from the least expected source: her five-year-old son, Mareto. Five-year-old Mareto finds color and light in the ordinary happenings of every day and delights in beauty just waiting to be found. Those are lessons he shares, often unknowingly, with his mom, Lauren Casper. For Lauren, living with Mareto is a lot like playing the telephone game. He blurts out little phrases that have their origin in something he saw or heard, but by the time they make their way through his mind and back out of his mouth, they've transformed—often into beautiful truths about living a simple, authentic, love- and joy-filled life. From “it's okay about it,” a simple reminder that even when life is painful or difficult, things will be okay because God promises never to leave or forsake his children, to “you're making me feelings,” which teaches the importance of leaning into one's emotions and, in doing so, sharing a piece of oneself with loved ones—Mareto's simple yet profound wisdom is a reminder to embrace the broken beauty of life, to believe in a God bigger than human comprehension, and to love others even when it doesn't make sense. For all those looking to recapture the faith, simplicity, wonder, hope, courage, and joy of life, It's Okay About It provides a guide to look inward and live outward, to discover the most wide open and beautiful life possible.

It's Okay to Manage Your Boss

It's Okay to Make Mistakes

It's Okay to Be Single

An inspiring picture book, Jason Tharp's It's Okay To Be A Unicorn! features a unicorn pretending to be a horse—until he learns to embrace his true self. Cornelius J. Sparklesteed is known among all the other horses in Hoofington for his beautiful and creative handmade hats. But Cornelius is hiding a secret under his own tall, pointy hat: He's really a unicorn. Hoofington is a friendly place, but its horses pass on lots of mean rumors about unicorns. When Cornelius is chosen to perform for this year's Hoofapalooza, will he find the courage to show everyone his unicorniness? It's Okay To Be A Unicorn! is an inspiring story about the rainbow magic of kindness. An Imprint Book “Tharp's good-natured fable is bright and rainbow-y . . . will resonate with any who have felt 'other.'” —Kirkus Reviews In illustrations and audio, Parr enumerates a number of different things that are okay, such as "It's okay to be short" and "It's okay to dream big". Full color.