

## Inside Life Behind Bars In America Hardcover

In this unique and extraordinary text, Michael G. Santos helps others learn about the abnormal way of life behind the walls and fences of prisons. To provide readers with a more complete and realistic picture of the growing subculture that exists in prison, the author provides both his own experiences and observations of living as a prisoner, as well as dialogues, vignettes, and profiles of other prisoners and workers within the prison environment. This text addresses the unprecedented growth in the prison system over the past two decades, and asks future correctional professionals to critically examine the current prison system.

"A powerful document of the inner lives and creative visions of men and women rendered invisible by America's prison system. More than two million people are currently behind bars in the United States. Incarceration not only separates the imprisoned from their families and communities; it also exposes them to shocking levels of deprivation and abuse and subjects them to the arbitrary cruelties of the criminal justice system. Yet, as Nicole Fleetwood reveals, America's prisons are filled with art. Despite the isolation and degradation they experience, the incarcerated are driven to assert their humanity in the face of a system that dehumanizes them. Based on interviews with currently and formerly incarcerated artists, prison visits, and the author's own family experiences with the penal system, Marking Time shows how the imprisoned turn ordinary objects into elaborate works of art. Working with meager supplies and in the harshest conditions—including solitary confinement—these artists find ways to resist the brutality and depravity that prisons engender. The impact of their art, Fleetwood observes, can be felt far beyond prison walls. Their bold works, many of which are being published for the first time in this volume, have opened new possibilities in American art. As the movement to transform the country's criminal justice system grows, art provides the imprisoned with a political voice. Their works testify to the economic and racial injustices that underpin American punishment and offer a new vision of freedom for the twenty-first century."

"Life in a women's prison is full of surprises," writes Cristina Rathbone in her landmark account of life at MCI-Framingham. And so it is. After two intense court battles with prison officials, Rathbone gained unprecedented access to the otherwise invisible women of the oldest running women's prison in America. The picture that emerges is both astounding and enraging. Women reveal the agonies of separation from family, and the prevalence of depression, and of sexual predation, and institutional malaise behind bars. But they also share their more personal hopes and concerns. There is horror in prison for sure, but Rathbone insists there is also humor and romance and downright bloody-mindedness. Getting beyond the political to the personal, *A World Apart* is both a triumph of empathy and a searing indictment of a system that has overlooked the plight of women in prison for far too long. At the center of the book is Denise, a mother serving five years for a first-time, nonviolent drug offense. Denise's son is nine and obsessed with Beanie Babies when she first arrives in prison. He is fourteen and in prison himself by the time she is finally released. As Denise struggles to reconcile life in prison with the realities of her son's excessive freedom on the outside, we meet women like Julie, who gets through her time by distracting herself with flirtatious, often salacious relationships with male correctional officers; Louise, who keeps herself going by selling makeup and personalized food packages on the prison black market; Chris, whose mental illness leads her to kill herself in prison; and Susan, who, after thirteen years of intermittent incarceration, has come to think of MCI-Framingham as home. Fearlessly truthful and revelatory, *A World Apart* is a major work of investigative journalism and social justice.

Charlie has taken his 24 years of experience of prison dwelling and condensed it into one handy and comprehensive volume. Moved regularly around the prisons of the British Isles he has sampled all that prison life has to offer, taking in both the historic and pre-historic buildings that comprise Britain's infamous prison system. It's all in here from the correct way to brew vintage prison 'hooch' and how to keep the screws from finding it, to the indispensable culinary methods required to make prison food edible. Read about Charlie's special taming techniques for prison wildlife such as spiders, rats and cockroaches, creatures that may be your only friends on long stretches in solitary. Also Charlie shows how to plan and prepare for marriage inside what can be seen as a less than romantic setting. With over 70,000 people (and rising) currently residing at Her Majesty's pleasure, Charlie Bronson's Good Prison Guide is essential for young offenders and 'old lags' alike. Make sure you don't get nicked without it.

**A Story of Redemption Behind Bars**

**Rage and Survival Behind Bars**

**Life In Prison: Eight Hours at a Time**

**Surviving Prison**

**The Prison Doctor**

**Adjusting to Life Behind Bars**

**Marking Time**

*Shares the stories of the author's fellow prisoners from gang leaders to Wall Street criminals, discussing the choices that led to their convictions and their experiences of life behind bars.*

*This Life is the debut novel by Quntos KanQuest, a longtime inmate at Angola, the infamous Louisiana State Penitentiary. This marks the appearance of a bold, distinctive new voice, one deeply inflected by hip-hop, that delves into the meaning of a life spent behind bars, the human bonds formed therein, and the poetry that even those in the most dire places can create. Lil Chris is just nineteen when he arrives at Angola as an AU—an admitting unit, a fresh fish, a new vict. He's got a life sentence with no chance of parole, but he's also got a clear mind and sharp awareness—one that picks up quickly on the details of the system, his fellow inmates, and what he can do to claim a place at the top. When he meets Rise, a mature inmate who's already spent years in the system, and whose composure and raised consciousness command the respect of the other prisoners, Lil Chris learns to find his way in a system bent on repressing every means he has to express himself. Lil Chris and Rise channel their questions, frustrations, and pain into rap, and This Life flows with the same cadence that powers their charged verses. It pulses with the heat of impassioned inmates, the oppressive daily routines of the prison yard, and the rap contests that bring the men of the prison together. This Life is told in a voice that only a man who's lived it could have—a clipped, urgent, evocative voice that surges with anger, honesty, playfulness, and a deep sense of ugly history. Angola started out as a plantation—and as This Life makes clear, black inmates are still in a kind of enslavement there. This Life is an important debut that commands our attention with the vigor, dynamism, and raw, consciousness-expanding energy of this essential new voice.*

*"I would recommend A Day in Prison to anyone entering prison, as well as to the families who have someone going into the system." —Sal Luciano, nephew of mob boss Charles "Lucky" Luciano Twenty-four hours pass slowly in a prison. A Day in Prison will help new inmates understand what's ahead of them, hour by hour, and how to deal with the many challenges. From doing laundry in "the hole" to surviving a fight, this book offers invaluable advice for both prisoners and their families, as well as plenty of first-hand stories. Prison Coach John "Doc" Fuller illustrates what life is like behind bars from morning roll call to lights out, and a comprehensive description of the official prison rules and the inmates' "real" rules. The prison culture, detailed here, is maintained by violence; Fuller teaches inmates how to interact with convicts, prison guards, and administrators in different situations, so as to avoid bodily harm as much as possible, insisting prisoners embrace their new life as a cog in a system they cannot change. Fuller also offers specific suggestions for filling the hours in ways that benefit inmates in their daily prison life, provides meaning, and even prepares them for release. Also included is updated contact information for resources and helpful organizations. A Day in Prison is structured like an actual day in prison, tracking where in the building an inmate might be at any given point in a twenty-four hour period, what they should be doing at that time, and what to watch out for. This realistic, thorough guide is based on the author's own time in a federal penitentiary and his years coaching people—from soccer moms to NBA stars—on how to survive on the inside. In December 2008, twentysomething Jill Grunenwald graduated with her master's degree in library science, ready to start living her dream of becoming a librarian. But the economy had a different idea. As the Great Recession reared its ugly head, jobs were scarce. After some searching, however, Jill was lucky enough to snag one of the few librarian gigs left in her home state of Ohio. The catch? The job was behind bars as the prison librarian at a men's minimum-security prison. Talk about baptism by fire. As an untested twentysomething woman, to say that the job was out of Jill's comfort zone was an understatement. She was forced to adapt on the spot, speedily learning to take the metal detectors, hulking security guards, and colorful inmates in stride. Over the course of a little less than two years, Jill came to see past the bleak surroundings and the orange jumpsuits and recognize the humanity of the men stuck behind bars. They were just like every other library patron—persons who simply wanted to read, to be educated and entertained through the written word. By helping these inmates, Jill simultaneously began to recognize the humanity in everyone and to discover inner strength that she never knew she had. At turns poignant and hilarious, Reading behind Bars is a perfect read for fans of Orange Is the New Black and Shakespeare Saved My Life.*

*The Puzzle of Prison Order*

*Inside*

*In a Federal Prison Camp*

*Stories from the World's Largest Penal Colony*

*Down in the Chapel*

*About Prison*

*Secrets from a Prison Cell*

Resource added for the Criminal Justice – Law Enforcement 105046 and Professional Studies 105045 programs.

Michael Santos helps audiences understand how to overcome the struggle of a lengthy prison term. Readers get to experience the mindset of a 23-year-old young man that goes into prison at the start of America's War on Drugs. They see how decisions that Santos made at different stages in the journey opened opportunities for a life of growth, fulfillment, and meaning.Santos tells the story in three sections: Veni, Vidi, Vici.In the first section of the book, we see the challenges of the arrest, the reflections while in jail, the criminal trial, and the imposition of a 45-year prison term.In the second section of the book, we learn how Santos opened opportunities to grow. By writing letters to universities, he found his way into a college program. After earning an undergraduate degree, he pursued a master's degree. After earning a master's degree, he began work toward a doctorate degree. When authorities blocked his pathway to complete his formal education, Santos shifted his energy to publishing and creating business opportunities from inside of prison boundaries.In the final section, we learn how Santos relied upon critical-thinking skills to position himself for a successful journey inside. He nurtured a relationship with Carole and married her inside of a prison visiting room. Then, he began building businesses that would allow him to return to society strong, with his dignity intact.Through Earning Freedom! readers learn how to overcome struggles and challenges. At any time, we can recalibrate, we can begin working toward a better life. Santos served 9,135 days in prison, and another 365 days in a halfway house before concluding 26 years as a federal prisoner. Through his various websites, he continues to document how the decisions he made in prison put him on a pathway to succeed upon release.

This comprehensive collection of prison jargon is rich and well worth study. A complete overview of prison life is available in these words.About 1,000 topically arranged words and expressions deal with institutional life in general, the criminal justice system, gangs, violence, drugs, sex, types and characteristics of inmates, the underground economy, social mores, slang, women, and ethnic slurs. While some of these words are almost humorous in nature, others are blunt in depicting a way of life rarely seen. Rikers Island—just six miles from the Empire State Building—is one of the largest, most complex and most expensive penal institutions in the world, yet most New Yorkers couldn't find it on a map. Jennifer Wynn, the director of the Fresh Start program at Rikers, takes readers into the jails and then back out-to the communities where her students were born and raised. She chronicles their journeys as they struggle to "go straight" and find respect in a city that fears and rejects them. Part memoir, part social commentary, Inside Rikers details the author's experiences on Rikers. Wynn offers a compelling portrait of its 18,000 inmates and how Rikers was transformed from one of the most violent jails into one of the safest.

This Life

Senior Citizens Behind Bars

The Truth about Prison from Britain's Most Notorious Inmate

The Bard Behind Bars

Why Life Behind Bars Varies Around the World

Doing Time Together

Letters from the Dharma Brothers

Shakespeare Inside goes behind the scenes to reveal Shakespeare at work in the most decisive institutional context of our time - in prisons. Based upon the author's experience of watching prison yard rehearsals and performances, and interviewing inmates, program directors, and wardens, Shakespeare Inside is not an objective, dispassionate account of how Shakespeare is bastardized by repressive institutions but offers a record of fiercely personal experiences. We hear ex-offender Mike Smith detail how playing Desdemona was vital to his rehabilitation; we sit in the audience of women inmates as they respond to the all-male Shakespeare Behind Bars touring production of Julius Caesar; and we listen to a chorus of unnamed voices explain how rewriting Hamlet helps them to survive solitary confinement. Shakespeare Inside probes any assumptions we might have about Shakespeare's performative function and asks what - if anything - is the proper place of Shakespeare in today's society.

Tony Vick is serving two life sentences for murder. After nearly twenty years in prison, Tony has literally taken to the pen to document firsthand what life is like behind bars. This book--handwritten by Tony and later transcribed by outside friends--indirectly challenges the reader to engage prison reform as one of the most important social issues of this generation, wondering if society can shift its emphasis from retribution to rehabilitation. Tony's new book describes the violent, even horrific, incidents that occur in prison, incidents mostly hidden in the shadows, away from public awareness. It tells you the stories that those invested in incarceration would rather remain secret. As captivating as it is timely, Secrets from a Prison Cell shortens the distance between those outside and inside prison walls. Through personal stories, essays, and poetry, Tony Vick's book pulls back the curtain on a world invisible to most people, dramatically revealing the realities of life in prison and the power of love to fight dehumanization. For Tony, writing this book has never been about money but about the message. Any proceeds from sales of the book will be donated to the No Exceptions Prison Collective, a non-profit organization that advocates for prison reform. (https://noexceptions.net) No Exception's mission is furthered by its very name, referencing the 13th Amendment to the U.S. Constitution that abolishes slavery, except for those incarcerated in our nation's prisons. Slavery still exists in America!

Want to know what really goes on in a federal prison camp? Here's 100 journal entries that will pull the curtain back and expose the shocking truth. Future inmate or friend of the incarcerated... In August of 2013 I was sentenced to 72 months in prison for conspiracy to commit mail, wire and bank fraud. I was ordered to the Federal Prison Camp in Montgomery, Alabama where I served 1643 days. With no experience with the Criminal Justice System, I thought all prisons looked like the one on the cover of this book (they don't). For 1643 days, I kept a detailed journal. I've selected 100 entries that pull the curtain back and expose what really goes on in a federal prison camp. Are you new to the federal prison system? 1643 Days takes you through every stage of the system. If you're like most "campers," you've never been incarcerated. You don't know what to expect. The fear of the unknown can be debilitating. Worse yet, criminal defense attorneys are clueless about prison life. You need accurate information, not half-truths and mis-information. I'll give it to you straight. Have a friend or loved one in prison? You'll walk away with a whole new understanding. Far from theoretical, 1643 Days is one big case study: my own 'real world' prison chronicle! Follow my first-hand experience as you learn:
\* The truth about getting "time off" in the feds (it's not what you think)
\* How to maximize prison time to better yourself and prepare for life after prison
\* How to earn a college degree while incarcerated (and have tuition waived!)
\* How to avoid common conflicts that often lead to violence
\* Healthy habits to get in the best physical shape of your life
\* The ups and downs of prison life, and how to stay positive Most importantly, this book removes the fear of the unknown. The result: less anxiety, better preparation and peace of mind!
Navigating the corrections system is not easy. Jason's book sheds light on the challenges and opportunities available within a federal prison camp setting." - Sue Kastensen, Prison Re-entry Expert. www.fairshake.org
"Jason has the right mind set. As a result, he accomplished more while in prison than many people accomplish on the outside. In this well written, comprehensive book, he holds nothing back. Everything you need to know to master life in a Federal Prison Camp is in this book." -- Michael Santos, Prison Expert and author of multiple books on the U.S. Criminal Justice System, including "Inside: Life Behind Bars in America" and 'Earning Freedom"-- www.michaelsantos.com

\*Silver Medal, 2015 IBPA Benjamin Franklin Awards, Best New Voice
\*Finalist, Memoir, 2015 Maine Literary Award
In this gripping nonfiction account, Robert Reilly provides a look inside America ’ s prison system unlike any other, and the way that it affects not only the prisoners themselves but also the corrections officers and their families. After 13 years of struggling in the music business, Robert Reilly found himself broke and on the edge of despair. The specter of success in the music business had become a monster about to ruin his family life. Something had to change, or something was going to break beyond repair. A chance conversation with a neighbor led him to apply, somewhat half-heartedly, for a job at the county prison. Although he hated the thought of a " real job, " a regular salary of \$40,000 with benefits, and paid time off seemed like a small fortune. " Amazingly, I somehow got hired. So, in an effort to do the right thing and put my family first, I left the madness of the music business and entered the insanity of the U.S. prison system. " Robert Reilly served a seven-year term as a prison guard in Pennsylvania and Maine. Entering America ’ s industrial prison system in search of a way to support his young family, the struggling musician found himself in a looking-glass world where, often, only the uniforms distinguished guards from prisoners. Life in Prison chronicles the horrors of a place where justice is arbitrary, outcomes are preordained, and the private sector makes big money while the public looks away. This is Reilly ’ s story of doing time. To call the experience sobering would be the ultimate understatement: " As time crawls by, I become jealous of the inmates leaving the prison. I start to slip; I start to feel like I ’ m losing my faith. Any trace of innocence that I thought I still had starts to evaporate. I begin to feel trapped, imprisoned, locked in a dark heartbreaking world, just like an inmate. "

Art in the Age of Mass Incarceration

Shakespeare Inside

Prison Ramen

Meditation Behind Bars

A True Story of Literature, Law, and Life as a Prison Librarian

Finding God Behind Bars

A Convict Exposes Life Inside a Private Prison

A judge hands down a stretch in a local, state, or federal prison. It's time for some serious life lessons. With the crime rates soaring in the United States and the prison population growing faster than at any other time in American history, staying alive and well - both mentally and physically - is tougher than ever.

"Striking, original, and stimulating. Even readers with extensive familiarity of the literature regarding women in prison will learn something new."--Mona Danner, Ph.D. Professor of Sociology and Criminal Justice

A stunning account of life behind bars at the federal penitentiary in Leavenworth, Kansas, where the nation ’ s hardest criminals do hard time. “ A page-turner, as compelling and evocative as the finest novel. The best book on prison I ’ ve ever read. ” —Jonathan Kellerman The most dreaded facility in the prison system because of its fierce population, Leavenworth is governed by ruthless clans competing for dominance. Among the “ star ” players in these pages: Carl Cletus Bowles, the sexual predator with a talent for murder; Dallas Scott, a gang member who has spent almost thirty of his forty-two years behind bars; indomitable Warden Robert Matthews, who put his shoulder against his prison ’ s grim reality; Thomas Silverstein, a sociopath confined in “ no human contact ” status since 1983; “ tough cop ” guard Eddie Geouge, the only officer in the penitentiary with the authority to sentence an inmate to “ the Hole ”; and William Post, a bank robber with a criminal record going back to when he was eight years old—and known as the “ Catman ” for his devoted care of the cats who live inside the prison walls. Pete Earley, celebrated reporter and author of Family of Spies, all but lived for nearly two years inside the primordial world of Leavenworth, where he conducted hundreds of interviews. Out of this unique, extraordinary access comes the riveting story of what life is actually like in the oldest maximum-security prison in the country. Praise for The Hot House “ Reporting at its very finest. ” —Los Angeles Times “ The book is a large act of courage, its subject an important one, and . . . Earley does it justice. ” —The Washington Post Book World “[A] riveting, fiercely unsentimental book . . . To [Earley ’ s] credit, he does not romanticize the keepers or the criminals. His cool and concise prose style serves him well. . . . This is a gutsy book. ” —Chicago Tribune “ Harrowing . . . an exceptional work of journalism. ” —Detroit Free Press “ If you ’ re going to read any book about prison, The Hot House is the one. . . . It is the most realistic, unbuffed account of prison anywhere in print. ” —Kansas City Star “ A superb piece of reporting. ” —Tom Clancy

American jails and prisons confine nearly 13.5 million people each year, and it is estimated that 6 to 7 percent of the U.S. population will be confined in their lifetimes. Despite these disturbing numbers, little is known about life inside beyond the mythology of popular culture. Michael G. Santos, a federal prisoner nearing the end of his second decade of continuous confinement, has dedicated the last eighteen years to shedding light on the lives of the men warehoused in the American prison system. Inside: Life Behind Bars in America, his first book for the general public, takes us behind those bars and into the chaos of the cellblock. Capturing the voices of his fellow prisoners with perfect pitch, Santos makes the tragic--- and at times inspiring---stories of men from the toughest gang leaders to the richest Wall Street criminals come alive. From drug schemes, murders for hire, and even a prostitution ring that trades on the flesh of female prison guards, this book contains the never-before-seen details of prison life that at last illuminate the varied ways in which men experience life behind bars in America.

Challenges for the Criminal Justice System

Prison Slang

Inside Rikers

Behind Bars

Interrupted Life

Life Behind Bars in America

Success After Prison

By quadrupling the number of people behind bars in two decades, the United States has become the world leader in incarceration. Much has been written on the men who make up the vast majority of the nation's two million inmates. But what of the women they leave behind? Doing Time Together vividly details the ways that prisons shape and infiltrate the lives of women with husbands, fianc é s, and boyfriends on the inside. Megan Comfort spent years getting to know women visiting men at San Quentin State Prison, observing how their romantic relationships drew them into contact with the penitentiary. Tangling with the prison's intrusive scrutiny and rigid rules turns these women into "quasi-inmates," eroding the boundary between home and prison and altering their sense of intimacy, love, and justice. Yet Comfort also finds that with social welfare weakened, prisons are the most powerful public institutions available to women struggling to overcome untreated social ills and sustain relationships with marginalized men. As a result, they express great ambivalence about the prison and the control it exerts over their daily lives. An illuminating analysis of women caught in the shadow of America's massive prison system, Comfort's book will be essential for anyone concerned with the consequences of our punitive culture.

Written by an inmate serving 45 years for a drug conviction when he was 23, this is an in-depth view living behind bars from the perspective of prisoners themselves. Prisoners in Fort Dix, N.J., detail their unique experiences, thoughts, and feelings about "life on the inside." Santos offers the gripping stories of men serving a variety of terms, providing commentary and analysis as he guides readers through the prison experience.

In 1888, Leo Tolstoy mysteriously declared that sexual intercourse should no longer exist. Years later he would admit to being "horrified" by this pronouncement, but still remained an ardent believer in sexual abstinence. Frequenter of brothels in his youth, father of thirteen children by his wife and at least two children by peasant women before he was married, Tolstoy now had the audacity to suggest that people should stop having sex. How can such a repudiation be explained? Beginning with Tolstoy's Kreutzer Sonata-his first written "declaration of war on human sexuality"--Tolstoy on the Couch takes us on a sweeping psychoanalytic tour of Tolstoy's diaries and other private materials, revealing that behind his campaign for celibacy lay a painful and

complicated drama of early childhood. Rooting Tolstoy's polarized feelings about women and sexuality in his uncontrollable rage toward the mother who died when he was a toddler, Rancour-Laferriere offers profound psychobiographic insights into Tolstoy's lifelong animosity toward women--and into the women he loved to hate.

Free On the Inside is a spiritual classic. Written from a deep Christian faith and a passionate love for Jesus, it offers hope and concrete guidance for how to survive a season of incarceration with your soul not only preserved but transformed. This book describes how a prison cell can become a monastic cell, how imprisonment can be a time of spiritual rehabilitation, and how those who are incarcerated have a sacred lineage with prisoners in the Bible who found God within their captivity. Sr. Greta Ronningen offers a spiritual path for those imprisoned. She shows how the traumatic roots of destructive behavior can be healed; how wrongs can be forgiven; how broken relationships can be restored; and how prayer and spiritual practice can transform a prison sentence into an encounter with God. With Sr. Greta's compassionate heart and skillful guidance, one can discover how even jails are holy ground.

Conquering a 45-Year Prison Term

1643 Days

Life Sentences

A Convict's Eyewitness Accounts of the Dehumanizing Drama of Life Behind Bars

Women, Prison, and Life Behind Bars

Born Behind Bars

An Insider's Guide to Life Behind Bars

**When I was 20, I made bad decisions. I sold cocaine. Those bad decisions resulted in me going to prison when I was 23. I served the next 26 years in federal prisons of every security level. Success After Prison shows readers how my deliberate adjustment strategy through prison resulted in success upon release. This book describes the importance of setting deliberate adjustment strategies. As a result of the decisions I made while serving 26 years in prison, I conquered the challenges that follow imprisonment. My credit score was measured as 0-0-0, but that did not stop me from becoming a home owner. The economy may have been coming out of a recession, but that didn't stop me from creating income opportunities. In Success After Prison, readers learn that it's never too early and it's never too late to begin preparing for a life of meaning and relevance. If can succeed after 26 years in prison, just think what you can do.**

**A unique and edgy cookbook, Prison Ramen takes readers behind bars with more than 65 ramen recipes and stories of prison life from the inmate/cooks who devised them, including celebrities like Slash from Guns n' Roses and the actor Shia LaBeouf. Instant ramen is a ubiquitous food, beloved by anyone looking for a cheap, tasty bite—including prisoners, who buy it at the commissary and use it as the building block for all sorts of meals. Think of this as a unique cookbook of ramen hacks. Here's Ramen Goulash. Black Bean Ramen. Onion Tortilla Ramen Soup. The Jailhouse Hole Burrito.**

**Orange Porkies—chili ramen plus white rice plus ½ bag of pork skins plus orange-flavored punch. Ramen Nuggets. Slash's J-Walking Ramen (with scallions, Sriracha hot sauce, and minced pork). Coauthors Gustavo "Goose" Alvarez and Clifton Collins Jr. are childhood friends—one an ex-con, now free and living in Mexico, and the other a highly successful Hollywood character actor who's enlisted friends and celebrities to contribute their recipes and stories. Forget flowery writing about precious, organic ingredients—these stories are a first-person, firsthand look inside prison life, a scared-straight reality to complement the offbeat recipes.**

**'Extraordinary' Daily Mail As seen on BBC Breakfast Horrifying, heartbreaking and eye-opening, these are the stories, the patients and the cases that have characterised a career spent being a doctor behind bars.**

**"Venkatraman has never met a heavy theme she did not like....Borrowing elements of fable, it's told with a recurring sense of awe by a boy whom the world, for most of his life, has existed only in stories."—New York Times Book Review The author of the award-winning The Bridge Home brings readers another gripping novel set in Chennai, India, featuring a boy who's unexpectedly released into the world after spending his whole life in jail with his mom. Kabir has been in jail since the day he was born, because his mom is serving time for a crime she didn't commit. He's never met his dad, so the only family he's got are their cellmates, and the only place he feels the least bit free is in the classroom, where his kind teacher regales him with stories of the wonders of the outside world. Then one day a new warden arrives and announces Kabir is too old to stay. He gets handed over to a long-lost "uncle" who unfortunately turns out to be a fraud, and intends to sell Kabir. So Kabir does the only thing he can--run away as fast as his legs will take him. How does a boy with nowhere to go and no connections make his way? Fortunately, he befriends Rani, another street kid, and she takes him under her wing. But plotting their next move is hard--and fraught with danger--in a world that cares little for homeless, low caste children. This is not the world Kabir dreamed of--but he's discovered he's not the type to give up. Kabir is ready to show the world that he--and his mother--deserve a place in it.**

Capone

Mr. Smith Goes to Prison

Earning Freedom!

Prison, Inc

How I Built Assets Worth \$1,000,000 Within Two Years of Release of 26 Years Inside (and How You Can Succeed, Too!)

Reading behind Bars

Free on the Inside

*The thoughts, struggles, dreams, and triumphs of inmates who took part in a voluntary meditation program at Alabama's Donaldson Prison in 2002.*

*A politician's humorous memoir of his year in federal prison, with a viable prescription for a more productive, cost-effective corrections system.*

*A convicted murderer and award-winning prison activist currently serving a life sentence describes how he transformed from a violent and drug-addicted criminal to a philosophy student, Buddhist, and reformer, in a personal account that also relates his experiences of becoming a husband and father.*

*Many people think prisons are all the same--rows of cells filled with violent men who officials rule with an iron fist. Yet, life behind bars varies in incredible ways. In some facilities, prison officials govern with care and attention to prisoners' needs. In others, officials have remarkably little influence on the everyday life of prisoners, sometimes not even providing necessities like food and clean water. Why does prison social order around the world look so remarkably different? In The Puzzle of Prison Order, David Skarbek develops a theory of why prisons and prison life vary so much. He finds that how they're governed--sometimes by the state, and sometimes by the prisoners--matters the most. He investigates life in a wide array of prisons--in Brazil, Bolivia, Norway, a prisoner of war camp, England and Wales, women's prisons in California, and a gay and transgender housing unit in the Los Angeles County Jail--to understand the hierarchy of life on the inside. Drawing on economics and a vast empirical literature on legal systems, Skarbek offers a framework to not only understand why life on the inside varies in such fascinating and novel ways, but also how social order evolves and takes root behind bars.*

Words and Expressions Depicting Life Behind Bars

A Day in Prison

Profiles from Prison

Experiences of Incarcerated Women in the United States

Recipes and Stories from Behind Bars

Prison Tales of India's Most Famous

Religious Life in an American Prison

*A candid examination of a state penitentiary follows four prisoners serving life sentences as they find and observe religion at the prison chapel, revealing the relationship between prisoners and religion.*

*A rare glimpse at twenty-four hours in the life of an inmate—from doing laundry in "the hole" to surviving a fight—by an ex-con and professional prison coach. No one is prepared for the reality of incarceration. In this fascinating and utterly candid guide, prison coach John "Doc" Fuller draws on his own experience of eleven years in jail to outline what the newly imprisoned can expect from moment to moment during a typical day. Spanning the hours from a prisoner's waking to lights out, the author describes the two sets of rules every inmate must know—the official prison guidelines and the often-brutal laws set down by the population itself. With advice on how to interact with guards and other inmates alike, Fuller details how to survive not only fights, but the rigor of meals, daily jobs, and the yard. With an outlook toward eventual release, Fuller also delves into the ways inmates can make the most of their free time. From the man who prepared Martha Stewart for her jail time, and who has coached everyone from housewives to professional athletes on life behind bars, this eye-witness view into the daily life of a correctional facility outlines the details and dynamics anyone facing prison time needs to know.*

*A raw, revealing and powerful account of life inside, as told by prison inmates. Violence. Gangs. Drugs. Smuggling. Weapons. Scams. Hierarchy. Murder. Welcome to prison life in New Zealand. Most New Zealanders will never know what it's like to do time, to spend days, months, years, even decades behind bars with some of the country's most dangerous, volatile and notorious criminals. For the men and women who have spent time inside, it's an experience they will never forget. These are their stories. Behind Bars takes you deep into the prisons of New Zealand and reveals the private lives of inmates - their first night inside, how they spend their time, how they change, learn who to trust, how to fit in and, ultimately, how they survive. A raw and fascinating glimpse into a world most of us can only imagine. 'You exist, you survive. You see many things, and you meet many people you wish to God you'd never met. Prison is not real. What happens in there happens, but it's not real life.'*

*A portrait of the real world of incarceration presents the stories of actual lifers as they describe who is in prison, who can be rehabilitated and who cannot, the horrors of carrying out the death penalty, and more. Simultaneous.*

Real-life stories from inside New Zealand's prisons

What My Year Behind Bars Taught Me About America's Prison Crisis

Real-Life Stories from Inside New Zealand's Prisons

Life Inside Leavenworth Prison

Life Behind Bars at Alcatraz

Love and Family in the Shadow of the Prison

A World Apart

*Behind Bars takes you deep into the prisons of New Zealand and reveals the private lives of inmates - their first night inside, how they spend their time, how they change, learn who to trust, how to fit in and, ultimately, how they survive. A raw and fascinating glimpse into a world most of us can only imagine.*

Mother California

The Hot House