Il Segreto Tolteco Le Tecniche Del Sogno Degli Antichi Mexica

Il volume, pubblicato nell'ambito delle celebrazioni per il 450° anniversario della morte di Michelangelo (Caprese Michelangelo, 1475 - Roma, 1564) offre un interessante percorso per comprendere l'influenza di Michelangelo nelle arti visive, nell'architettura e nel design nel corso del Novecento. Attraverso numerosi saggi critici, viene illustrato il progressivo abbandono della retorica fiorita attorno all'artista fino agli anni quaranta, improntata a un eroico titanismo, sottolineando come il linguaggio di Michelangelo abbia assunto man mano un significato esistenziale, offrendosi anche come esempio formale per la politica della ricostruzione, fino a riacquistare lo status di un vero e proprio mito nazionale a ridosso dei festeggiamenti per il centenario dell'unificazione italiana. In questo contesto, il volume da conto delle celebrazioni che si svolsero nel 1964 e nel 1975 in occasione dei centenari michelangioleschi, e i dei restauri che portarono al rifiorire di Casa Buonarroti. Accanto a una scelta di disegni di Michelangelo, e presentata una ricca selezione di opere di artisti del Novecento e contemporanei. Completa il volume una bibliografia aggiornata.

Originally drawn to Yaqui Indian spiritual leader don Juan Matus for his knowledge of psychotropic plants, bestselling author Carlos Castaneda immersed himself in the sorcerer's magical world. Ten years after his first encounter with the shaman, Castaneda examines his field notes and comes to understand what don Juan knew all along—psychotropic plants are merely a means to understanding alternative realities that one cannot fully embrace on one's own. Journey to Ixtlan introduces these clear new ideas—omitted from Castaneda's classic volumes The Teachings of Don Juan and A Separate Reality—to the reader for the first time. Castaneda explores, as he comes to experience it himself, his own final voyage into the teachings of don Juan, and shares with us what it is like to truly "stop the world" and perceive reality on his own terms.

From the barren isles of the North come the Eyrans. Hardy seafaring folk. From the South come their old enemies, the Istrians. Slave-owners, who drove the Eyrans from their lands. And from all over Elda come the nomadic peoples - the Footloose - purveyors of charms and (until now) harmless potions. But whence comes the sorcery that disrupts the annual Allfair at which they all gather? Katla Aransen and her family have sailed to the fair to trade their goods. The Vingo clan have travelled from Istria to purchase a bride for their appalling eldest son. Tycho Issian has come to sell his daughter to the highest bidder. King Ravn Asharson, Stallion of the North, seeks a political alliance; while others seek his downfall. For centuries, Elda has been bereft of magic; but this year something has changed. A mysterious force is abroad once more, and it will change the world forever...

How the Aztec Calendar Predicted Modern-Day Events and Reveals a Pathway to a New Era of Humankind
Tommaso and the Blind Photographer
Their History, Manners, and Customs
La soglia dell'energia. Oltre la tensegrità: lo sciamanesimo tolteco nella pratica quotidiana
Dreaming Practices of the Ancient Mexicans
2012-2021 - The Dawn of the Sixth Sun

'Shabono' – the name of the hamlets of palm-thatched dwellings where the Yanomama Indians of Venezuela and southern Brazil live – recounts the vivid and unforgettable experience of anthropologist Florinda Donner's time with an indigenous tr

Don Juan concludes the instruction of Castaneda with his most powerful and mysterious lesson in the sorcerer's art—a dazzling series of visions that are at once an initiation and a deeply moving farewell.

"[illegible] "

Capture the Power of Your Dreams & Live Your Best Life
The Secret of Mental Magic
Memorie di una Viaggiatrice dello Spirito
The Path of Quetzalcoatl
Implementing Simple and Effective Dreamwork
A Visit to a Remote and Magical World in the South American Rain Forest

Sergio Magaña uncovers the prophecies from the Aztec calendar that reveal important insights about the years 2012, 2021 and 2026. The Aztec calendar marks 2012, 2021 and 2026 as years of great transition. Learn how to heal, thrive and embrace a new, awakened reality with Toltec wisdom. The Aztec calendar is divided into 'Suns', each lasting 6,625 years. The shift from the Fifth to the Sixth Sun started in July 1991 and will be complete in May 2021. In this book, renowned Mexican healer Sergio Magaña reveals Toltec prophecies and insights about the years 2012, 2021 and 2026 and how they will impact humankind and reveal a pathway to a new positive reality. Sergio guides us through the underworld we need to navigate in the next few years, so that we can overcome any challenges we face as we move towards the Sixth Sun. In this book, you'll discover: • Breathing exercises and ancient practices to help you realign with the universe, the Earth, the elements, and with your highest nature • How to heal pent up emotions such as fear and trauma • A detailed explanation of the four movements involved in the shift from the Fifth to the Sixth Sun Allow Sergio to accompany you on a journey to healing your consciousness, taking responsibility for the sacredness of life as you move successfully through the transition from the Fifth to the Sixth Sun.

Among the most beloved saints in the Catholic tradition, Francis of Assisi (c. 1181-1226) is popularly remembered for his dedication to poverty, his love of animals and nature, and his desire to follow perfectly the teachings and example of Christ. During his lifetime and after his death, followers collected, for their own purposes, numerous stories, anecdotes, and reports about Francis. As a result, the man himself and his own concerns became lost in legend. In this authoritative and engaging new biography, Augustine Thompson, O.P., sifts through the surviving evidence for the life of Francis using modern historical methods. The result is a complex yet sympathetic portrait of the man and the saint. Francis emerges from this account as very much a typical thirteenth-century Italian layman, but one who, when faced with unexpected crises in his personal life, made decisions so radical that they challenge his own society-and ours. Unlike the saint of legend, this Francis never had a unique divine inspiration to provide him with rules for following the teachings of Jesus. Rather, he spent his life reacting to unexpected challenges, before which he often found himself unprepared and uncertain. The Francis who emerges here is both more complex and more conflicted than that of older biographies. His famed devotion to poverty is found to be more nuanced than expected, perhaps not even his principal spiritual concern. Thompson revisits events small and large in Francis's life, including his troubled relations with his father, his contacts with Clare of Assisi, his encounter with the Muslim sultan, and his receiving the Stigmata, to uncover the man behind the legends and popular images. A tour de force of historical research and biographical writing, Francis of Assisi: A New Biography is divided into two complementary parts-a stand alone biographical narrative and a close, annotated examination of the historical sources about Francis. Taken together, the narrative and the survey of the sources provide a much-needed fresh perspective on this iconic figure. "As I have worked on this biography," Thompson writes, "my respect for Francis and his vision has increased, and I hope that this book will speak to modern people, believers and unbelievers alike, and that the Francis I have come to know will have something to say to them today."

Applied Magic Dion Fortune - Applied Magic is a selection of Dion Fortune's writings on the practical applications of magical and esoteric techniques. Everyone has the ability to access the invisible planes of existence- a whole kingdom of mind and spirit- which cannot be perceived with the physical senses. Fortune provides invaluable guidance to anyone intent on increasing their inner awareness. She declares, "Esoteric tradition admits of no exclusiveness; it is the very essence of its spirit that it blasphemes no God that has been hallowed by our devotion. It sees all religions as the expressions of our spirit rather than the personal revelation of a jealous God to His chosen people. It suffers from neither superstitious awe nor bigoted fear."Contents1. The Occult Way2. Some Practical Applications of Occultism3. The Group Mind4. The Psychology of Ritual5. The Circuit of Force6. The Three Kinds of Reality7. Non-humans8. Black Magic9. A Magical Body10. The Occult Field Today11. Esoteric Glossary

Sorcery Rising
Ancient Energy Techniques for Healing, Rejuvenation and Manifestation
The Real Toltec Prophecies
New Age Religion and Western Culture
Rigenerare per la promozione della salute
L'effetto luna di miele. The honeymoon effect. Scopri il segreto per mantenere viva la tua relazione di coppia

What happens on and after December 21, 2012? There has been much confusion and many predictions based on the Mayan calendar. Some people think time on Earth will end, but what if there was an intact and complete resource from the ancestors that will give us the wisdom we need for the shift and an understanding of the coming era? In "2012-2021: The Dawn of the Sixth Sun," Sergio Magana (Ocelocoyotl), mystic and teacher of the ancient Toltec/Aztec lineage of Mesoamerica, discloses an in-depth understanding from a rich and uninterrupted oral tradition, the meaning of the shift from the Fifth to the Sixth Sun, the possibilities presented to humanity at this time, and ancient teachings and practices designed to support this shift. The Toltecs knew how to interpret the mathematical or universal order that governs all of existence by measuring and observing cycles of time, and the impact they had on the Earth, human consciousness, and perception.

Il libro è un'autobiografia nella quale l'autrice ripercorre tutti i momenti fondamentali del suo cammino spirituale: gli incontri con diversi maestri e con gruppi di diverse scuole esoteriche, le prove iniziatiche, i viaggi esteriori ed interiori, le piccole e grandi realizzazioni spirituali. L'autrice racconta come il cammino spirituale abbia cambiato completamente la sua vita sin da quando, appena adolescente, si è trovata a vivere parallelamente alla crescita reale la sua crescita spirituale. Vengono riportati integralmente gli insegnamenti orali ricevuti, che le hanno tracciato una mappa di quel cammino che l'ha condotta ad esplorare l'Ignoto. L'antroposofia, il Raja-Kriya yoga, l'ermetismo e l'alchimia, in una pratica assidua e costante, le hanno rivelato profonde analogie con lo sciamanesimo di Castaneda e la Quarta Via di Gurdjieff: percorsi che, pur apparentemente diversi, sono confluiti coerentemente in un cammino unico e personale, lungo il quale ogni incontro, ogni libro e ogni insegnamento hanno avuto importanza. Gli insegnamenti dei vari maestri si sono via via riuniti come ad essere frammenti destinati a formare un quadro completo e ricco di significati. E l'Ignoto, sempre imprevedibile e sorprendente, ha condotto l'autrice lungo sentieri prima inimmaginabili. Se diventa pratica costante, vissuta in ogni attimo dell'esistenza, la spiritualità si intreccia profondamente con la vita, dando origine a misteriose coincidenze e incredibili esperienze, delle quali viene data ampia testimonianza in questo libro.

Bestselling author of The Tutankhamun Prophecies decodes the spiritual mysteries hidden within the recently discovered Mochian pyramids in Sipan • Reveals that ancient Inca sun-kings possessed the same solar science as Lord Pacal of Mexico and Tutankhamun of Egypt • Solves the mystery of the ancient Inca legend concerning a white god who traveled through ancient Peru, healing the sick and restoring sight to the blind Inca mythology tells of a tall, white leader who wandered along the coast performing miracles, a man they called Viracocha Pachamac, which means "God of the World." Centuries later another great miracle worker, similar to the first, appeared and wandered the countryside, healing the sick and restoring sight to the blind. He, too, was named Viracocha. These accounts have long baffled scholars, as have the carvings left by the people of Tiahuanaco who preserved these legends. Now Maurice Cotterell, who cracked the codes hidden in both ancient Maya carvings and the treasures of Tutankhamun, unlocks the secrets concealed within the treasure-filled tombs of Viracocha Pachamac and Viracocha. His investigation of these tombs, held within the long-lost pyramids of Peru, proves that these two figures were not myth but actually existed 1,500 years ago. The two Viracocha sun-kings had much in common with Lord Pacal of Mexico and Tutankhamun of Egypt and, like them, left the secrets of a super solar science encoded in their treasures. This science reveals the intimate connection between the cycles of life and birth on Earth and solar activity such as sunspots. More important, it holds the key to reincarnation and human spiritual realization, with answers to the spiritual mysteries of life and death.

Sei consapevole? Ascoltati...
Cave and Cosmos
Esotericism in the Mirror of Secular Thought
Shabono
The Aztecs
Giornale della libreria

Featuring information about other tribes native to Mexico and South America, this volume details the land, culture, religious beliefs and temples of the Aztecs.

"We take the greatest pleasure in presenting this latest and best work from the pen of William Walker Atkinson. It embodies the essence of years of thought, study, and experiment on the part of its author whose original research, discoveries, and writings along these lines have given him his worldwide reputation as an authority. It is his Masterpiece. A portion of its material was used in two of the author's previous works, vis., "Mental Magic," and "Mental Fascination," both of which works were published by ourselves. Both of the said works are now practically out of print, and will be withdrawn from sale by us, as they will be superseded by this newer and more complete work. This foundation material has been edited; added to; changed; improved; and corrected by the author, in accordance with his increased experience and knowledge of the subject. Obsolete matter has been replaced by entirely new material, and the work is now strictly "up-to-date". It is encyclopaedic in extent and character, every phase of the subject being considered by the author and expressed in words charged with his dynamic vitality. It contains matter that well might have been expanded into several volumes"--Foreword.

Discover the powerful and nearly-forgotten energy healing methods of the ancient Toltec tradition—for fans of Don Miguel Ruiz Many people across the world today are looking for their true selves. The ancient Mexicans viewed this true self as the "caves", which referred to our spirit, instincts, and subconscious. According to the Mexican tradition, we have seven caves of power—which are equivalent to the chakras—and healing these caves allows us to improve all areas of our lives. In The Caves of Power, world-renowned Mexican healer Sergio Magaña unveils this almost lost and secret knowledge of the ancient Mexicans. He shares powerful practices for healing, rejuvenation, manifestation, and enlightenment—including Mexican numerology, astral surgery, dream work, Mexican acupuncture, energy spinning, and Mexican Kundalini techniques. This unique and powerful book offers a new approach to an ancient tradition, bringing healing and resolution to important issues like health, emotions, abundance, and enlightenment.

Delog
Shamanic Encounters with Another Reality
Conscious Dreamer
THE PHASE
Shamanism As a Spiritual Practice for Daily Life
Michelangelo e il Novecento

Bring positive change and nourishment to your body, mind, and spirit by connecting with the deep wisdom and power of trees. Featuring detailed descriptions of the magical and energetic properties of more than one hundred trees, this comprehensive guide shows you how to work with them—physically and spiritually—through rituals, spells, aromatherapy, visualization, and more. Trees are symbols of the interconnectedness of life and represent the interwoven web of everything magical. The Magic of Trees helps you tap into that web and enrich your life. From Acacia to Yew and many others in between, each tree has an encyclopedic entry that features its history, magical uses, medicinal uses, and correspondences. With this book's guidance, you'll find that the trees around you can be beloved friends, teachers, and magical partners. Praise: "A truly comprehensive magical tome on trees, written in the enchanting style and depth that only Tess Whitehurst can bring to the page. This one belongs in every witch's library."—Deborah Blake, author of Everyday Witchcraft

The average person spends six years of their life dreaming. Wake up to your dreams, and learn how you can harness their power to help you live your best waking life! Set a goal or intention at the beginning of your 30-day journey, and see it achieved as you create a body of dream work, and become skilled in the art of using your dreams to achieve your life goals. Scribble, reflect and draw in this colourful workbook as you learn, through 120+ fun and simple activities, how to: * Dream journal * Improve your sleep hygiene * Decode and interpret your dreams * Return to that really good dream that you woke up from too soon ... and much more! Guided by your own personal dream guide, Tree Carr, allow your dreams to wow you with their power and potential. Join a community of like-minded dreamers and share tips, tricks and stories using the hashtag #consciousdreamer, connect with dreamers from around the world, and discover the amazing benefits of being more in touch with yourself and your dreams. Whether you're an artist looking to invite more creativity into your life, a busy parent looking to find calm and clarity from a good nightly routine, a student planning for the future, or just a person looking to get to know yourself better, this book will show you how to make the most of your dreams, and use them to dream and achieve big! If you like this book, you might also be interested in Cosmic Flow...

This classic on shamanism pioneered the modern shamanic renaissance. It is the foremost resource and reference on shamanism. Now, with a new introduction and a guide to current resources, anthropologist Michael Harner provides the definitive handbook on practical shamanism – what it is, where it came from, how you can participate. "Wonderful, fascinating… Harner really knows what he's talking about." CARLOS CASTANEDA "An intimate and practical guide to the art of shamanic healing and the technology of the sacred. Michael Harner is not just an anthropologist who has studied shamanism; he is an authentic white shaman." STANILAV GROF, author of 'The Adventure Of Self Discovery' "Harner has impeccable credentials, both as an academic and as a practising shaman. Without doubt (since the recent death of Mircea Eliade) the world's leading authority on shamanism." NEVILL DRURY, author of 'The Elements of Shamanism' Michael Harner, Ph.D., has practised shamanism and shamanic healing for more than a quarter of a century. He is the founder and director of the Foundation for Shamanic Studies in Norwalk, Connecticut.

The Magic of Trees
Tales of Power
A Practical Guide to Geomantic Divination
Exploring the World of Lucid Dreaming
Il segreto tolteco. Le tecniche del sogno degli antichi Mexica
A New Biography

This is the first comprehensive analysis of the belief structure and historical background of the New Age Movement. "New Age Religion" emerges as a thoroughly secularized form of western-esoteric traditions which can be traced back to the period of the Renaissance.

The average person spends nearly 25 years of their life sleeping. But you can get a lot more from sleeping than just a healthy night ' s rest. With the art of lucid dreaming—or becoming fully conscious in the dream state—you can find creative inspirations, promote emotional healing, gain rich insights into your waking reality, and much more. Now, with Lucid Dreaming: A Concise Guide to Awakening in Your Dreams and in Your Life, Stephen LaBerge invites you on a guided journey to learn to use conscious dreaming in your life. Distilled from his more than 20 years of pioneering research at Stanford University and the Lucidity Institute—including many new and updated techniques and discoveries—here is the most effective and easy-to-learn tool available for you to begin your own fascinating nightly exploration into Lucid Dreaming. Guided dream practices on CD (or download) include: Two trance inductions into the lucid-dream state Two daytime exercises designed to trigger lucid dreams at night LaBerge ' s breakthrough MILD technique for increasing lucid-dream probability fivefold or more A Tibetan-yoga dream practice

Tommaso, a lean and hungry ex-husband, wants to take Leah to bed, and she is willing enough if he finds the missing film: money is to be made."--BOOK JACKET.

Francis of Assisi
Journey To Ixtlan
The Way of the Shaman
A Concise Guide to Awakening in Your Dreams and in Your Life
Mind-power
Conversations With Don Juan

In 1980, Michael Harner blazed the trail for the worldwide revival of shamanism with his seminal classic The Way of the Shaman. In this long-awaited sequel, he provides new evidence of the reality of heavens. Drawing from a lifetime of personal shamanic experiences and more than 2,500 reports of Westerners' experiences during shamanic ascension, Harner highlights the striking similarities between their discoveries, indicating that the heavens and spirits they've encountered do indeed exist. He also provides instructions on his innovative core-shamanism techniques, so that readers too can ascend to heavenly realms, seek spirit teachers, and return later at will for additional healing and advice. Written by the leading authority on shamanism, Cave and Cosmos is a must-read not only for those interested in shamanism, but also for those interested in spirituality, comparative religion, near-death experiences, healing, consciousness, anthropology, and the nature of reality. Praise for Michael Harner and The Way of the Shaman "What Yogananda did for Hinduism and D. T. Suzuki did for Zen, Michael Harner has done for shamanism—namely, bring the tradition and its richness to Western awareness." —from Higher Wisdom, by Roger Walsh and Charles S. Grob "Wonderful, fascinating.… Harner really knows what he's talking about." —Carlos Castaneda, best-selling author of The Teachings of Don Juan and The Active Side of Infinity "An intimate and practical guide to the art of shamanic healing and the technology of the sacred. Michael Harner is not just an anthropologist who has studied shamanism; he is an authentic white shaman." —Stanislav Grof, author of The Adventure of Self-Discovery "Harner has impeccable credentials, both as an academic and as a practicing shaman. Without doubt (since the recent death of Mircea Eliade) the world's leading authority on shamanism." —Nevill Drury, author of The Elements of Shamanism "Michael Harner is a great shaman. He also proves that a person can be both a scientist and a shaman." —Bo Bair Rinchinov, Siberian Buryat shaman

A Clinician's Guide to Dream Therapy demystifies the process of working with dreams by providing both a grounding in the current science of dreaming as well as a simple, practical approach to clinical dream work. In addition to a survey of the current science and neuroscience of dreaming, this book includes clinical examples of specific techniques with detailed transcripts and follow-up commentary. Chapters cover how to work with PTSD nightmares and how to use experiential dreamwork techniques drawn from current neuroscience to engender lasting change. Readers will be able to discuss their clients' dream material with confidence, armed with an approach that helps them collaboratively tap into the inherent power for change found in every dream. Backed by research, common factors analysis and neuroscience, the approaches described in this book provide a clear map for clinicians and others interested in unlocking the healing power inherent in dreams.

"[A] solid how-to book...For amateur dream researchers, this is a must." WHOLE EARTH REVIEW This book goes far beyond the confines of pop dream psychology, establishing a scientifically researched framework for using lucid dreaming--that is, consciously influencing the outcome of your dreams. Based on Dr. Stephen LaBerge's extensive laboratory work at Stanford University mapping mind/body relationships during the dream state, as well as the teachings of Tibetan dream yogis and the work of other scientists, including German psycholgist Paul Tholey, this practical workbook will show you how to use your dreams to: Solve problems; Gain greater confidence; improve creativity, and more. From the Paperback edition.

You Can Heal Your Life
Sulla via dello yoga, tra i sentieri dell'ermetismo, dell'alchimia e dello sciamanesimo.
A Clinician's Guide to Dream Therapy
The Toltec Secret
Applied Magic
A Complete System of Astronomical Chronology

This inspirational book blends elements of shamanism with inherited traditions and contemporary religious commitments. Drawing on shamanic practices from the world over, SHAMANISM AS A SPIRITUAL PRACTICE FOR DAILY LIFE addresses the needs of contemporary people who yearn to deepen their own innate mystical sensibilities. This inspirational book shows how to develop a personal spiritual practice by blending elements of shamanism with inherited traditions and current religious commitments. Contents include: The central role of power animals and spirit tea the extraordinary in everyday life. Elements of childhood spirituality including songs, secret hiding places, power spots, and imaginary power figures. A journey to an ancestral shaman to recover lost knowledge.

Carlos Castaneda takes the reader into the very heart of sorcery, challenging both imagination and reason, shaking the very foundations of our belief in what is "natural" and "logical." In 1961, a young anthropologist subjected himself to an extraordinary apprenticeship with Yaqui Indian spiritual leader don Juan Matus to bring back a fascinating glimpse of a Yaqui Indian's world of "non-ordinary reality" and the difficult and dangerous road a man must travel to become "a man of knowledge." Yet on the bring of that world, challenging to all that we believe, he drew back. Then in Mexico, to don Juan and his hallucinogenic drugs, and to a world of experience no man from our Western civilization had ever entered before.

In this remarkable book, the renowned Mexican healer Sergio Magaña reveals the fascinating secrets of the ancient Toltec tradition. Closed to outsiders until now, this rich spiritual tradition is over 5,000 years old. The original holders of this secret knowledge, the Chichimeca, were considered to be masters, with a deep understanding of the dream state and a working knowledge of how our perceptions form our reality, as well as the capacity to influence matter. The Toltec Secret reveals the incredibly powerful rituals and symbols that will enable you to: • become lucid in your d dreams like the Toltecs did • send healing to others while in the dreaming state • communicate with your ancestors • develop your intuition and use Toltec techniques to see the aura • heal and rejuvenate your body by connecting with the energy of the sun • use the mysterious obsidian mirror for healing yourself and others • practise the powerful dances of the Toltecs and Mexihcas.

Unlocking the Secrets of the Peruvian Pyramids
Grande dizionario italiano dell'uso: Sf-Z
Aztec, Maya, Inca
Ancient Mexico
The Ancient Sun Kingdoms of the Americas
A Guide to Their Sacred Wisdom & Metaphysical Properties

Late in the 15th century the discovery of the New World revealed to the Europeans the existence of peoples and cultures whose forms of artistic and intellectual expression were totally different to their own but of immense appeal. While at that time the white Conquistadores had no interest in and were perhaps incapable of appreciating and respecting this cultural heritage, for some considerable time now the so-called "pre-Columbian civilisations" have been rediscovered and archaeologists are attempting to reconstruct their marvellous cultural mosaic, the roots of which lie in an historical substrata predating the Christian era by some thousands of years. The aim of this book is to trace the development of some of the civilisations that emerged in the Mesoamerican region and gave rise to surprisingly advanced and sophisticated cities. The Olmecs, Maya, Aztecs and other less well known groups have in fact left extraordinary evidence of their passing in the form of great architectural complexes, monumental sculptures, ceramics, jewellery and surprising written records that have only recently given up their secrets. This volume also intends to underline the importance of the so-called minor cultures that have until now been unknown to the public at large but which nonetheless contributed to the economic and cultural development of pre-Columbian Mesoamerica. The work is characterised by a dual scientific and generalist approach to provide all readers with in-depth information - that is both stimulating and comprehensible - concerning a world that is still far from contemporary models. Concise but exhaustive captions, comprehensive iconographical references, numerous colour plates, line drawings and black and white maps complement the text and contextualise the cultural parallels and ideologies of the various civilisations in question within the chronological sequence in the most reliable and attractive manner possible.

Separate Reality
Lucid Dreaming
Unfolding the Scriptures ...
The Lost Tomb of Viracocha
Journey to Realms Beyond Death
Caves of Power