

I Can Do It How To Use Affirmations Change Your Life Louise L Hay

"Is your child ready to learn good bedtime habits? Little Octopus will lend a hand--or eight! This shaped board book illustrates how a comforting routine makes bedtime a happy time. The light and lively story is encouraging and reassuring."--Publisher's website.

Loonette the clown feels that she can't do anything well until her best friend helps her discover a special talent which boosts her self-confidence.

Join Elmo, Abby, Zoe, Big Bird, Cookie Monster, and all their Sesame Street friends in this delightful and educational storybook treasury! In Sesame Street I Can Do It!, young readers will experience many "firsts" with their favorite character, building confidence to help them navigate new situations. From using the bathroom to going to school to having a sleepover, Elmo and friends will encourage children to embrace new experiences. Additionally, Bert will teach children the importance of taking turns while Elmo and Grover demonstrate the how to be a good friend. If the friends on Sesame Street can do it, kids can do it, too! This treasury format makes this the perfect bedtime or on-the-go book and will be a

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cherished gift for the Sesame Street fan! Bill Bradley is arguably one of the most well-versed public figures of our time. The eighteen-year New Jersey Senator, financial and investment adviser, Olympic and NBA athlete, national radio host, and bestselling author has lived in the United States as both political insider and outsider, national sports celebrity and behind-the-scenes confidante, leader and teammate. His varied experiences help to inform his unique and much-sought-after point of view on Washington and the country at large. In *We Can All Do Better*, for the first time since the financial meltdown and since the worst of the intensifying political gridlock, Bradley offers his own concise, powerful, and highly personal review of the state of the nation. Bradley argues that government is not the problem. He criticizes the role of money and politics, explains how continuing on our existing foreign policy, electoral, and economic paths will mean a diminished future, and lays out exactly what needs to be done to reverse course. Breaking from the intransigent long-held viewpoints of both political parties, and with careful attention to our nation's history, Bradley passionately lays out his narrative. He offers a no-holds-barred prescription on subjects including job creation, deficit reduction, education, and immigration. While equally critical of the approaches of the Tea Party and Occupy Movements, he champions the power of

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individual Americans to organize, speak out, bridge divisions, and he calls on the media to assume a more responsible role in our national life. As this moving call to arms reminds us, we can all—elected officials, private citizens, presidents—do a better job of moving our country forward. Bradley is perhaps the best guide imaginable, with his firsthand knowledge of governments' inner-workings, the country's diversity, and the untapped potential of the American people. The Scale-Up Effect in Early Childhood and Public Policy

I Can Do That

We Can Do this Together

This Book Can Do Anything

A Treasury of Stories

I Can Do It Myself

Explore noises, count from one to ten, learn all about colours, the weather, shapes, actions, and nature with Big Nutbrown Hare and Little Nutbrown Hare.

"Entered college at the age of 8, graduated at the age of 11"—Cover.

Can you tie your shoe? Write your letters and numbers? Make your bed? Or set the table? Can you do it by yourself? Children and parents alike will rejoice as 4- to 6-year-olds achieve these important childhood milestones (and many more) with the help of this engaging and fun picture book. Award-winning author-illustrator Valorie Fisher uses bright, gorgeous photos to illustrate these topics in a completely fresh way. Parents

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will love this stylish and funny approach to common childhood tasks, while kids will revel in the joy of independence.

Engaging photographs help children explore their different skills and abilities, from reading and singing to helping care for younger siblings. By naming the things they can do, children will feel empowered and motivated to continue learning and growing. An activity asks children to name five things they do well and what other things they would like to try to learn.

I Can Do It Too!

The Path from Climate Despair to Action

Mindful Affirmations for Kids

A Book on Self-regulation

A Book of Positivity for Kids

I Can Do Anything That's Everything All on My Own

A young girl tries everything she can think of to keep her parents from getting a divorce, but with the help of her school counselor, she comes to realize that the divorce is not her fault.

Emily Pearl is a very big girl. She can pour her own juice, tie her own shoes, feed her goldfish. She can even curl her own hair. Whenever her mother tries to help, Emily says, "I can do it myself!" Emily can sometimes feel a teeny bit small, especia

Caillou: I Can do it Myself celebrates the developmental stage between infancy and childhood when toddlers seeking independence

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overcome challenges to embrace the world. Based on a viral video comes the story of one boy's positive energy and how a sunny outlook can turn everything around. It's a new day and Ayaan has woken up on the wrong side of the bed, where nothing feels quite right. What if he doesn't know the answer at school? What if he messes up? But as he sets out that morning, all it takes is a few reminders from his mom and some friends in the neighborhood to remind him that a new day is a good day because... HE IS SMART, HE IS BLESSED, AND HE CAN DO ANYTHING! I Am Smart, I Am Blessed, I Can Do Anything! Why Interventions Lose Impact at Scale and What We Can Do About It We Can Do It! We Can All Do Better Friendship Is Forever What Can I Do?

This critical volume combines theoretical and empirical work across disciplines to explore what threatens scalability—and what enables it—in the early childhood field. Authors and editors provide specific recommendations to help professionals refine and apply the science of scaling in their programs, research, and decision making. Written by leading experts in early childhood, economics, psychology, public health, philanthropy, and more, chapters and commentaries shine light on how to effectively use experimental insights for policy purposes. The result

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is a comprehensive and forward-thinking guide to the challenges and possibilities of effective scaling in early childhood and beyond. Essential reading for researchers, practitioners, funders, and policy makers alike, this book raises vital questions and provides a vision for the long-term journey to scalable evidence.

I Can Do Hard Things is a beautiful reminder to tune into and listen to that quiet voice inside so that you can do what's right for you. I don't always feel brave, confident or strong. Sometimes it seems easier to follow others along. It's hard to navigate a world in which we get so many messages about how we should be. We pause. We listen to the quiet voice inside. I connect with the love and strength it brings. It helps me remember: I can do hard things. I Can Do Hard Things: Mindful Affirmations for Kids is the perfect addition to your home or school library. (The book is available in Spanish as Yo Puedo Hacer Cosas Dificiles: Afirmaciones Concientes Para Niños).

Children and parents alike will delight in this joyous declaration of toddler independence. This book celebrates the feats of growing out of babyhood and starting to embrace the world on your own terms. Whether it's being tall enough to reach a high shelf or brave enough to splash in the waves, Krensky and Gillingham address the small victories that come with growing just a little bit older. Energentic text and

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retro-fresh illustrations celebrate this important developmental stage with charm and relevance. Note: illustrations are in the style of vintage screen prints, with imperfect variations in color and texture. Praise for I Can Do It Myself "Short and satisfying, these 'empowering celebrations' of burgeoning independence will encourage small children to see how far they've already come." —The Wall Street Journal "Krensky celebrates the increasing independence of toddlers and their pride of accomplishment." —The Horn Book Awards The Canadian Children's Book Centre's Best Books for Kids & Teens - Spring 2013 Toronto Public Library system's "First & Best" Reading Program Things get easier every day. Just watch what I can do today! This affirming story celebrates how baby animals in the forest accomplish goals, whether it's a baby bear finding food, a young spider spinning a web, or a small bird flying from the nest for the first time. The tender, rhyming text compares these achievements to those of a child who is learning to ride his bike or catch a ball. The perfect story to encourage young readers to try new things or keep the faith when faced with challenges, Look What I Can Do! honors the important milestones that children achieve each day. Praise for Look What I Can Do! "Baby animals strive to "stand up strong," leap high and "spin a trap." But learning is full of challenges, distractions and fun. In this message-

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driven tale, children see how various creatures struggle to develop and gain confidence." —Kirkus Reviews "This gently affirming tale is perfect for parent-and-child sharing and offers many opportunities for discussion." —School Library Journal

I Can Do That!

I Can Do Anything!

First Book of Favorite Songs

ABCs of Kindness

You Can Do It!

A Book for Children of Divorce

There's a big race on Sunday-- but can a little crocodile triumph? Find out in this Level B story, simple enough for young readers to read on their own. The crocodile is hopeful, but when a bigger, mean crocodile tells him there's no chance, he starts to wonder if he's good enough. But with a little motivation from his friend, and a lot of practice and hard work, he's ready to prove himself when the big race comes around! Using simple text and lots of sight words, Caldecott Honor-winning illustrator Betsy Lewin has created a story about determination-- and the importance of support from your friends! The easy-to-read story is accompanied by energetic ink and watercolor illustrations, adding interest and detail to the narrative, showcasing the little crocodile's practice and the shared joy of his triumph. The award-winning I Like to Read® series focuses on guided reading levels A through G, based upon Fountas and Pinnell standards. Acclaimed author-

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illustrators--including winners of Caldecott, Theodor Seuss Geisel, and Coretta Scott King honors—create original, high quality illustrations that support comprehension of simple text and are fun for kids to read with parents, teachers, or on their own! Level B readers feature short sentences with high-frequency words, for kindergarten readers who've mastered Level A and are ready to build more fluency. The illustrations provide clues to word meanings. When you've mastered these simple stories, move on to level C! A Bank Street Best Children's Book of the Year

Whether we're together or apart, there's plenty to be thankful for this Thanksgiving! Learning the importance of thankfulness is as easy as 1-2-3 with this sweet board book that fosters social emotional development. One little thank you can go a long, long way. Two strong arms to hug somebody tight. Three cheers for friends and everything they do. Learn your 123s while discovering the value of celebrating gratitude with this irresistibly illustrated board book that's perfect for Thanksgiving and all year round! Learn to love and love to learn! Complete the series with ABCs of Kindness and Happiness is a Rainbow!

I Can Do That! helps children learn self-regulating techniques. Told through rhyme from a child's point of view, strategies are shared empowering the child to effectively learn and practice ways they can control their emotions and actions when they feel themselves becoming dysregulated. The discussion questions at the

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end of the book provide an easy transition for counselors and parents to open a discussion, assisting the child in exploring ways they can learn to manage themselves. Even when things look like they're not going your way, with strength and confidence, you can do anything!

Look what I Can Do

Guess how Much I Love You First Concepts Book

I Can Do It

All About Staying Healthy

I Can Do It! Piano Book

Good Night, Octopus

NATIONAL BESTSELLER □ Provocative and illuminating essays from women at the forefront of the climate movement who are harnessing truth, courage, and solutions to lead humanity forward. □A powerful read that fills one with, dare I say . . . hope?□□The New York Times **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY SMITHSONIAN MAGAZINE** There is a renaissance blooming in the climate movement: leadership that is more characteristically feminine and more faithfully feminist, rooted in compassion, connection, creativity, and collaboration. While it's clear that women and girls are vital voices and agents of change for this planet, they are too often missing from the proverbial table. More than a problem of bias, it's a dynamic that sets us up for failure. To change everything, we need everyone. **All We Can Save** illuminates the expertise and insights of dozens of diverse women leading on climate in the United States—scientists, journalists, farmers, lawyers, teachers, activists, innovators, wonks, and designers, across generations, geographies, and race—and aims to advance a more

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representative, nuanced, and solution-oriented public conversation on the climate crisis. These women offer a spectrum of ideas and insights for how we can rapidly, radically reshape society. Intermixing essays with poetry and art, this book is both a balm and a guide for knowing and holding what has been done to the world, while bolstering our resolve never to give up on one another or our collective future. We must summon truth, courage, and solutions to turn away from the brink and toward life-giving possibility. Curated by two climate leaders, the book is a collection and celebration of visionaries who are leading us on a path toward all we can save. With essays and poems by: Emily Atkin □ Xiye Bastida □ Ellen Bass □ Colette Pichon Battle □ Jainey K. Bavishi □ Janine Benyus □ adrienne maree brown □ Régine Clément □ Abigail Dillen □ Camille T. Dungy □ Rhiana Gunn-Wright □ Joy Harjo □ Katharine Hayhoe □ Mary Annaïse Heglar □ Jane Hirshfield □ Mary Anne Hitt □ Ailish Hopper □ Tara Houska, Zhaabowekwe □ Emily N. Johnston □ Joan Naviyuk Kane □ Naomi Klein □ Kate Knuth □ Ada Limón □ Louise Maher-Johnson □ Kate Marvel □ Gina McCarthy □ Anne Haven McDonnell □ Sarah Miller □ Sherri Mitchell, Wehna Haamu Kwasset □ Susanne C. Moser □ Lynna Odel □ Sharon Olds □ Mary Oliver □ Kate Orff □ Jacqui Patterson □ Leah Penniman □ Catherine Pierce □ Marge Piercy □ Kendra Pierre-Louis □ Varshini □ Prakash □ Janisse Ray □ Christine E. Nieves Rodriguez □ Favianna Rodriguez □ Cameron Russell □ Ash Sanders □ Judith D. Schwartz □ Patricia Smith □ Emily Stengel □ Sarah Stillman □ Leah Cardamore Stokes □ Amanda Sturgeon □ Maggie Thomas □ Heather McTeer Toney □ Alexandria Villaseñor □ Alice Walker □ Amy Westervelt □ Jane Zelikova The Cat in the Hat joins forces with the Partnership for a

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Healthier America! In this newly revised edition—with 16 pages of bonus materials—the Cat in the Hat takes young readers to a Seussian Spa where they learn the basics of healthy living. Updated with the assistance of the Partnership for a Healthier America, the Cat explains the importance of eating right (based on the latest USDA MyPlate recommendations); staying active; getting enough sleep; handwashing; brushing and flossing; wearing protective gear when playing sports—even the best way to sneeze when you don't have a tissue handy! The 16 pages of newly added backmatter include simple, fun suggestions for children to increase their activity throughout the day, plus 8 kid-friendly, healthy recipes for parents to prepare for their hungry broods. An ideal choice for supporting Common Core Standards and fans of the hit PBS Kids television show *The Cat in the Hat Knows a Lot About That!*—this is a book that supports healthy bodies AND healthy minds!

Learning the importance of quality time is as easy with this sweet board book. We need our friends and family and all the love we share. Togetherness is showing just how much we care. Let's try to be thoughtful each and every day. Our little acts of kindness Might blow someone away! Learn new words while discovering the value of quality time with this irresistibly illustrated board book that's perfect for holidays and all year round! Complete the collection with *ABCs of Kindness*, *123s of Thankfulness*, and *Happiness is a Rainbow!* In this concise yet information-packed book—which you can listen to on the included audio download or read at your leisure—bestselling author LOUISE HAY shows you that you "can do it"—that is, change and improve virtually every aspect of your life—by understanding and using affirmations correctly.

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Louise explains that every thought you think and every word you speak is an affirmation. Even your self-talk, your internal dialogue, is a stream of affirmations. You're affirming and creating your life experiences with every word and thought. Your beliefs are merely habitual thinking patterns that you learned as a child, and many of them work very well for you. But other beliefs may be limiting your ability to create the very things you say you want. You need to pay attention to your thoughts so that you can begin to eliminate the ones creating experiences that you don't want. As Louise discusses topics such as health, forgiveness, prosperity, creativity, relationships, job success, and self-esteem, you'll see that affirmations are solutions that will replace whatever problem you might have in a particular area. By the end of this book, you'll be able to say "I can do it" with confidence, knowing that you're on your way to the wonderful, joy-filled life you deserve.

We Can Do

Caillou

I Can Do Hard Things

Sesame Street I Can Do It!

A Book about Confidence

Oh, The Things You Can Do That Are Good for You

For toddlers, mastering new skills is just a part of growing up, but sometimes they may find new challenges trying. That's where Elmo, Big Bird, and their Sesame Street friends (including Grover, Zoe, Bert, Ernie, Rosita, and Telly) come in--to show toddlers that when you get stuck, it's OK to ask for a helping hand.

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This Step 1 Step into Reading emphasizes core Sesame Street values of cooperation, friendship, and trying new things. The short rhyming text will prove popular with toddlers just beginning to read on their own.

This heartwarming story reminds us how satisfying it is to grow up surrounded by love. I Can Do It Too! affirms a little girl's growing independence as she, too, can begin to do all the things she sees her parents, relatives and neighbors do: pouring juice at breakfast, strumming a guitar, and even riding a bike! The simple cadence of text and direct-to-the-heart art result in a book as warm and generous as its message, providing reading pleasure for toddlers, older siblings, and the grown-ups who love them.

First Look and Find: Sesame Street, I Can Do It!, which is aimed at preschoolers, follows everyone's favorite Sesame Street characters as they have fun in seven vividly drawn scenes. Elmo, Bert, Ernie, Grover, Big Bird, Abby Cadabby, Zoe, The Count, and Cookie Monster show preschoolers all about being a big kid—from using the potty to visiting the dentist and more. Each scene suggests six "find 'em" items For The child to seek out. Items have been carefully positioned

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in each picture to prevent frustration and encourage a sense of accomplishment For The child.

Hip raps inspirational rhymes that help his friend Hop to achieve his dream of taking part in the Blueberry Hill bike race. The story teaches that you can achieve anything if you put your mind to it. Focus on your dreams and go!

All We Can Save

Super Simple (and Smart!) Sticker Activities

A Fancy Book of Fastenings

Zip It

I Can Do It! (Sesame Street)

How to Use Affirmations to Change Your Life

Zip Froggy's mouth from side to side. See it shut, then open wide! Let little hands loose on this first book of fastenings, featuring a zip, button, laces and more!

This story is about a class service project in which children decide how they can improve their school.

*With 350 removable stickers and 64 clever gameboards, this sticker workbook provides hours of learning fun! **2019 National Parenting Product Awards Winner***

(NAPPAawards.com) Playing with stickers books is a marvelous way for preschool children to hone fine motor skills, hand-eye coordination, and spatial relations while

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they play. With this sticker activity book for children ages 3 to 5, your child will:
-solve mazes -play matching and counting games -decorate pictures While entertaining for hours on end, these preschool activity books can also teach your child to: -practice skills like decision making -sort objects by shape and color -build confidence -and much more! Filled with lively illustrations of animals, children, food, toys, vehicles, and other appealing subjects, I CAN DO THAT: STICKERS comes with adorable removable stickers so that the activities can be enjoyed over and over again.

If your toddler thinks they can do just about anything, then you'll love the third Baby Bear book from the talented author and illustrator team, Tracey Corderoy and Caroline Pedler. Determined little fingers will love touching the soft, fuzzy textures, while bold, simple illustrations and a gorgeously warm story will help small children learn why it's ok to accept a little help from Mummy sometimes. It's a big day for Baby Bear. He can now do up buttons all by himself - even the tricky one on his new rucksack! He is so happy. But now Baby Bear wants to do everything himself... Join Baby Bear and Barnaby for other first experiences in It's Mine and It's Potty Time.

Happiness Is a Rainbow

Truth, Courage, and Solutions for the Climate Crisis

I Can Do It!

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You Can Do Anything (Hip and Hop)

123s of Thankfulness

Look What I Can Do!

Five preschool children with disabilities lead full, productive, and happy lives because they believe "We Can Do It! Bring on the silly . . . and a surprise! Prepare to be amazed by the wonderful, funny antics of . . . a book! Not just any book, but a book that can do anything--well, almost anything. Children will cheer as they turn the pages of this highly amusing book and see all the things that it can do, then laugh out loud when they lift up its hat to reveal a delightful surprise * A funny visual adventure that will lead to lots of giggles and chuckles * Simple, bold illustrations will entertain and engage children * And a surprise ending, with the pull of a hat! With its amusing text and laugh-out-loud antics, This Book Can Do Anything is an irresistible board book that children will want to read again and again! * Great family read-aloud * Books for children aged 0 to 3 * Books for toddlers and preschool children When she plays on the seesaw with Charlie and his friend Marv Lola is launched high into the sky where her imagination takes her on a high-seas adventure--all by herself! Original. Have fun learning how to tie your laces and button up your clothes in this fabulous book of fastenings. There are five different fastenings to practise, together with step-by-step illustrated instructions.

I Can Do That: Stickers

Sesame I Can Do It

I Can Do It Myself!

Discover happiness in the colors that shape our world in this easy board book of first colors that fosters social emotional development! Blue is the color of the sky and the sea, just like a bird, we feel happy and free. Yellow is the color of a bright shining sun. It makes us feel happy, it makes our lives fun. Red is the color of a beautiful

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rose. The color of love, which blossoms and grows. Green is the color of leaves in the spring. It makes us content, it makes our hearts sing! Learn the colors while learning to find joy in the simplest moments with this irresistibly illustrated board book that's perfect all year round! Learn to love and love to learn! Complete the series with ABCs of Kindness and 123s of Thankfulness! Favorite children's songs and easy letter format make this book a winner for bringing music and piano into a child's life. Every beginner CAN DO IT with a keyboard chart, fingering chart and simple directions. Beginners learn Italian music terms, fingering, music basics, patterns, and composition. Full color, 80 pgs., heavy cardstock cover and music CD. For children ages 4 - 11 and those with special needs.

Learning the importance of kindness is as easy as A-B-C with this sweet board book that fosters social emotional development. A is for all of us be everyone's friend. B is for believing things will turn out well in the end. C is for being caring in everything you do. D is for dear ones who mean the world to you. Learn your ABCs while learning to be kind to everyone you meet with this irresistibly illustrated board book that's perfect for Valentine's Day and all year round! Learn to love and love to learn! Complete the series with 123s of Thankfulness and Happiness is a Rainbow!

A call to action from Jane Fonda, one of the most inspiring activists of our time, urging us to wake up to the looming disaster of climate change and equipping us with the tools we need to join her in protest "This is the last possible moment in history when changing course can mean saving lives and species on an unimaginable scale. It's too late for moderation." In the fall of 2019, frustrated with the obvious inaction of politicians and

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inspired by Greta Thunberg, Naomi Klein, and student climate strikers, Jane Fonda moved to Washington, D.C., to lead weekly climate change demonstrations on Capitol Hill. On October 11, she launched Fire Drill Fridays, and has since led thousands of people in nonviolent civil disobedience, risking arrest to protest for action. In *What Can I Do?*, Fonda weaves her deeply personal journey as an activist alongside conversations with and speeches by leading climate scientists and inspiring community organizers, and dives deep into the issues, such as water, migration, and human rights, to emphasize what is at stake. Most significantly, Fonda equips us all with the tools we need to join her in protest, so that everyone can work to combat the climate crisis. No stranger to protest, Fonda's life has been famously shaped by activism. And now she is once again galvanizing the public to take to the streets. Many are already aware of the looming disaster of climate change and realize that a moral responsibility rests on our shoulders. In 2019, we saw atmospheric concentrations of greenhouse gases hit the highest level ever recorded in human history, and our window of opportunity to act is quickly closing. We are facing a climate crisis, but we're also facing an empathy crisis and an inequality crisis; the surge of protests over police violence against black Americans has once again highlighted the links between racism and environmental degradation in our country. It isn't only earth's life-support systems that are unraveling. So too is our social fabric. This is going to take an all-out war on drilling and fracking and deregulation and racism and misogyny and colonialism and despair all at the same time. As Annie Leonard, executive director of Greenpeace USA and Fonda's partner in developing Fire Drill Fridays, has declared, "Change is inevitable; by design, or by

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disaster." Together, we can commandeer change for the positive--but it will require collective actions taken by social movements on an unprecedented scale. The problems we face now require every one of us to join the fight. The fight for not only our immediate future, but for the future of generations to come. 100% of the author's net proceeds from What Can I Do? have gone to Greenpeace