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Your Children 7
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Proven Methods To
Help You Screw Up

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**The complete guide to feeding
your baby or toddler, giving**

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**them a lifelong love of good
food - the Italian way! From
their very first morsels, Italian
infants are encouraged to
explore the tastes and
textures of real food - the goal
being to help them develop a**

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love of fresh ingredients and healthy eating. The Silver Spoon: Recipes for Babies is the perfect introduction to this national tradition, covering the period of a child's development from six months

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to two years, with recipes designed to introduce a child to a wide range of foods along with advice for stress-free weaning. Its 50 authentic Italian recipes, from nutritious purees to a child's first

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carbonara, couscous and pizza, have been double-tested in a home kitchen and are accompanied by expert tips, making this the perfect manual for all parents.

"The French have a name for

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**the uniquely hellish years
between elementary school
and high school: "l'âge ingrat"
or "The Ugly Age."
Characterized by a perfect
storm of developmental
changes-physical,**

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psychological, and social-the middle-school years are a time of great distress for parents and children alike, marked by hurt, isolation, exclusion, competition, anxiety, and often outright cruelty. Some of

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this is inevitable; there are intrinsic challenges to early adolescence. But these years are harder than they need to be, and Judith Warner believes that adults are complicit. With piercing insight, compassion,

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and humor, Warner walks us through a new understanding of the role that middle school plays in all our lives. Part intellectual investigation and part call to action, this timely book unpacks one of life's

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**most formative periods and
shows how we can help our
children not only survive it,
but thrive"--**

**In this classic work of
developmental psychology,
renowned psychiatrist and the**

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**co-author of the #1 New York
Times bestseller What
Happened to You? reveals how
trauma affects children—and
outlines the path to recovery.
"Fascinating and upbeat.... Dr.
Perry is both a world-class**

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**creative scientist and a
compassionate therapist."
-Mary Pipher, PhD, author of
Reviving Ophelia How does
trauma affect a child's
mind—and how can that mind
recover? Child psychiatrist Dr.**

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**Bruce D. Perry has helped
children faced with
unimaginable horror: genocide
survivors, murder witnesses,
kidnapped teenagers, and
victims of family violence. In
the classic *The Boy Who Was***

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Raised as a Dog, Dr. Perry tells their stories of trauma and transformation and shares their lessons of courage, humanity, and hope. Deftly combining unforgettable case histories with his own

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compassionate, insightful strategies for rehabilitation, Perry explains what happens to children's brain when they are exposed to extreme stress—and reveals the unexpected measures that can

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**be taken to ease such pain and
help them grow into healthy
adults. Only when we
understand the science of the
mind and the power of love
and nurturing can we hope to
heal the spirit of even the**

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most wounded child.

**A guide to living life to the
fullest offers suggestions on
seizing the day through
adventures and challenges,
from flying a plane to
swimming with sharks to**

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milking a cow.
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Deliberately And With Skill
Through Guilt and
Manipulation
The Road to Positive
Discipline: A Parent's Guide
How a Baby is Made

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Kids Speak
Behavior and Healing Through
the Lens of Attachment and
Trauma
Why Some Animals Eat Their
Young
The Deep State

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Hypochondriacs have long had to satisfy their needs for self-diagnosis with medical reference materials written for the masses, but this revolutionary book is dedicated entirely to the hypochondriac's unique perspective on health. The world's worst maladies, conveniently

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organized by symptom (real or
imagined), will ignite even the
mildest hypochondriac's fantasy life.
We're all going to die of
something—why not choose an
ailment that's rare and hard to
pronounce?

From leading researchers, this book

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presents important advances in understanding how growing up in a discordant family affects child adjustment, the factors that make certain children more vulnerable than others, and what can be done to help. It is a state-of-the-science follow-up to the authors' seminal earlier work,

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Children and Marital Conflict: The Impact of Family Dispute and Resolution. The volume presents a new conceptual framework that draws on current knowledge about family processes; parenting; attachment; and children's emotional, physiological, cognitive, and

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behavioral development. Innovative research methods are explained and promising directions for clinical practice with children and families are discussed.

Full of tips, trivia, and useful how-tos, this pocket-sized handbook is the perfect gift for wine lovers. Wine is

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one of the world ' s oldest beverages,
and there ' s never been a better time
to fill a glass with the fruit of the vine.
Whether you prefer robust reds, crisp
whites, or subtle rosés, you ' ll find
lots to drink in on the pages of this
pocket-sized guide, packed with
information, how-tos, and trivia for

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wine enthusiasts of every variety.

Seasoned sommeliers and budding oenologists alike will learn all things wine, including:

- How Wine Is Made
- How to Pour a Glass of Wine
- How to Pair Wine with Food
- The Truth About Sulfites
- How to Bring the Perfect Wine for Any Occasion

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And more!

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If you feel like your kids are killing you, you've come to the right place. This irreverent, hilarious guide to the trials of motherhood makes the perfect gift for mom—or any woman with a huge heart and a mouth that sometimes needs washing out with

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soap. Attention all potty-mouthed,
cheap-wine-drinking mothers:

Prepare to meet your match. Any bad
thought you ' ve had about your kids,
Nicole Knepper has had worse. Much
worse. It ' s not that she doesn ' t
love her kids. It ' s that she
understands what a mind-f*?% it can

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be to try to civilize those wild little beasts. Based on her hugely popular Facebook page, “Moms Who Drink and Swear,” this book reveals why family dinners are like herpes, how to avoid smashing toys that are being fought over, and the joy of hearing that your son has murdered his

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imaginary friend. As Nicole rants and raves about caring for children (without crushing their souls), family togetherness (without too many tears), the saving grace of girlfriends (and vodka), and love and marriage (and all the baggage that goes with them), she gets to the heart of what

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every exasperated mom is thinking,
just much funnier.

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Marital Conflict and Children
Children Talk about Themselves
Kidlit Parodies, Shameless Spoofs,
and Offensively Tweaked Covers
How to Stop the Fighting and Raise
Friends for Life

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Stuff Every Wine Snob Should Know
Screw Up Your Kids
50 Amazing Science Projects You Can
Perform on Your Child Ages 2-5
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The Drama of the Gifted Child
***How to Traumatize Your
Children
Melvin is an overgrown***

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***bird that still lives in the
nest with Papa and Mama
bird. He doesn't have the
courage to fly and he
doesn't know why! Papa
and Mama birds patience
is wearing thin, as their***

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***frustrations with Melvin
hilariously grows! Melvin
gets some unexpected
motivation to help him
get the courage to spread
his wings and finally
leave the nest!***

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***Delivering inspiration and
"parenting comedy at its
finest,"* here is one
woman's story of ditching
her fairytale dreams and
falling in love with her
unpredictable, chaotic,***

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***imperfect life Kristina
Kuzmic has made herself
a household name,
speaking directly to
mothers from the
trenches of parenthood
via her viral videos and***

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social media presence.
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**She is now bringing her
message of self-
acceptance, resilience,
and joy to book readers.
With a refreshingly
unpretentious, funny, and**

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***galvanizing voice, Kuzmic
goes behind the scenes
to reveal how she went
from broke and defeated
to unshakably grounded
and brimming with
thankfulness.***

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***illuminating the hard-won
wisdom from a life always
spent one step
behind--whether it was as
a high school student
new to America, a
suddenly single mother***

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***to two kids, remarried
and juggling two teens
and a toddler, or the
unexpected recipient of
Oprah's attention and
investment--Hold On, But
Don't Hold Still is the***

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***book every mother needs
to reassure her that she's
not only fine just as she
is, but that she already
has more tools and
support than she can
possibly imagine.***

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***Sparkling with wit, this
heartfelt memoir is like a
long coffee date with a
best friend, or the
eleventh-hour text
message that gives you
just the boost you need***

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to get through the night.

*The Huffington Post A
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VIKING LIFE TITLE

***Transform your child into
a science project with
these fun, simple
experiments. Re-create***

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***landmark studies in child
development in your own
home and watch your
little one achieve
developmental
milestones in real time
with this fascinating***

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***hands-on guide. Whether
your child is just
beginning to speak in
sentences or is on their
way to kindergarten,
these easy and surprising
projects will help you to***

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**see the world through
your child's eyes--and
also give you the tools to
help them master new
skills as they grow.
Covering ages two
through five, the**

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**experiments reveal
research-backed insights
about different areas of
mental, physical, and
social growth. Some
examples include: •
Understanding language**

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***syntax • Learning to pick
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up the rules of a game
without being told •
Developing the impulse
to lie • Testing memory
For any parent who looks
at their young child and***

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***thinks, "What on earth is
going on in there?" this
book will help you find
out!***

***Parenting with Love and
Logic***

The psychological trauma

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***of the 'privileged' child
The Fall of the
Constitution and the Rise
of a Shadow Government
Elevating Child Care: A
Guide to Respectful
Parenting***

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***Peaceful Parent, Happy
Siblings
Making Sense of Middle
School
How to Stop Yelling and
Start Connecting***

Parenting with PTSD is an

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anthology and workbook for
parents who are survivors of
childhood abuse. Editors

Joyelle Brandt and Dawn Daum
are survivors of childhood
abuse working to break the
cycle for their own
families. Raising children

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as an abuse survivor is often a lonely and isolating experience, as the triggers and flashbacks of abuse can be hard for non-survivors to understand. When they were looking for stories of how other survivors coped, and

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couldn't find any, they decided that something needed to change. So together they started an online community specifically for parent survivors, and started collecting essays to create

Where To Download How To Traumatize Your Children 7 Proven Methods To Help You Parenting with PTSD.

Breaking the silence allows for an honest conversation about the lifetime journey of healing from childhood trauma. This is a combination of essays, journal questions, and

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recommended resources. It is
intended to be a starting
point to more conversations
about how we can heal both
individually and within our
families, communities, and
institutions. Our Mission:
1. To build a supportive

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community for parenting survivors, normalize the PTSD responses they may be having, and share resources for healing from adverse childhood experiences (ACEs) or other traumatic events.

2. To educate professionals

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working in the fields of
physical, mental, and social
health about common triggers
that arise for parents with
PTSD, and the challenges
they experience while
working to break cycles of
generational dysfunction and

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abuse. 3. To help partners
and families better

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understand the experience of
parenting for abuse
survivors.

Popular actress and stand-up
comedienne Elizabeth
Beckwith gives us the

Where To Download How To Traumatize Your Children 7 Proven Methods To Help You Screw Up Your Kids Deliberately And With Skill parenting guide to end all parenting guides: Raising the Perfect Child through Guilt and Manipulation. A frequent guest on The Late, Late Show and one of seven comics featured in the Time magazine article, "Funny:

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The Next Generation,”
Beckwith now puts forth a
hilarious new parenting
philosophy that would shock
Dr. Spock and traumatize T.
Berry Brazelton. Raising the
Perfect Child through Guilt
and Manipulation is a

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riotously irreverent take on
contemporary child rearing.
Stay away from awkward
exchanges and consult this
clever compendium for things
you should never, ever say.
Learn what not to say at a
job interview ("How strict

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is your sexual-harassment policy?"), what not to say to a cat lady ("Dogs are so much friendlier!"), and what not to say to anyone else you don't want to offend ("Don't take this personally, but..."). A book

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of quotes you probably
shouldn't quote Knock Knock
books make great gifts for
men and women who want to be
their wittiest self

Hardcover; 4.25 x 6.25
inches; 128 pages

The #1 New York Times

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Bestseller: “A hilarious
Screw Up Your Kids
Deliberately And With Skill
take on that age-old
problem: getting the beloved
child to go to sleep” (NPR).

“Hell no, you can't go to
the bathroom. You know where
you can go? The f**k to
sleep.” Go the Fuck to Sleep

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is a book for parents who
live in the real world,
where a few snoozing kitties
and cutesy rhymes don't
always send a toddler
sailing blissfully off to
dreamland. Profane,
affectionate, and radically

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honest, it captures the familiar—and unspoken—tribulations of putting your little angel down for the night. Read by a host of celebrities, from Samuel L. Jackson to Jennifer Garner, this

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subversively funny
Screw Up Your Kids
bestselling storybook will
Deliberately And With Skill
not actually put your kids
to sleep, but it will leave
you laughing so hard you
won't care.
An Emotional Security
Perspective

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Trauma-Proofing Your Kids
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101 Things to Do Before
You're Old and Boring
Knock Knock: How to
Traumatize Your Children
Safe Baby Handling Tips

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Hope and Humor from My
Seriously Flawed Life
Briefly explains the process of
sexual intercourse, conception,
prenatal development, and birth.
Babies can be a joy—and hard
work. Now, they can also be a

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50-in-1 science project kit! This fascinating and hands-on guide shows you how to re-create landmark scientific studies on cognitive, motor, language, and behavioral development—using your own bundle of joy as the

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research subject. Simple, engaging, and fun for both baby and parent, each project sheds light on how your baby is acquiring new skills—everything from recognizing faces, voices, and shapes to understanding

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new words, learning to walk, and even distinguishing between right and wrong. Whether your little research subject is a newborn, a few months old, or a toddler, these simple, surprising projects will help you see the

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world through your baby's
eyes—and discover ways to
strengthen newly acquired skills
during your everyday
interactions.

Jeannie, the author's child self,
takes center stage in this

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psychological memoir. The author's personal story, expertise as an early-childhood educator, storytelling ability, and creative interweaving of beloved childhood books, provide a lens for viewing behaviors of all

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children, especially those who
have suffered attachment
wounding and traum

By using positive methods of
discipline parents have the
opportunity to provide their
children with an optimal home

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environment for healthy
Screw Up Your Kids
emotional growth and
Deliberately And With Skill
development.

Teaching Children Responsibility
Melvin the Millennial Won't Leave
the Nest! (a Hilarious Feathered
'tail' for Parents to Kindly Say

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MOVE OUT!)
Screw Up Your Kids
Moms Who Drink and Swear
Deliberately And With Skill
My Name is Trauma
Hold On, But Don't Hold Still
Experimenting With Kids
Hold On to Your Kids
Boarding School Syndrome

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***is an analysis of the trauma
of the 'privileged' child sent
to boarding school at a
young age. Innovative and
challenging, Joy Schaverien
offers a psychological
analysis of the long-***

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***established British and
colonial preparatory and
public boarding school
tradition. Richly illustrated
with pictures and the
narratives of adult ex-
boarders in psychotherapy,***

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***the book demonstrates how
some forms of enduring
distress in adult life may be
traced back to the early
losses of home and family.
Developed from clinical
research and informed by***

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***attachment and child
development theories
'Boarding School Syndrome'
is a new term that offers a
theoretical framework on
which the psychotherapeutic
treatment of ex-boarders***

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***may build. Divided into four
parts, History: In the Name
of Privilege; Exile and
Healing; Broken
Attachments: A Hidden
Trauma, and The Boarding
School Body, the book***

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***includes vivid case studies
of ex-boarders in
psychotherapy. Their
accounts reveal details of
the suffering endured: loss,
bereavement and captivity
are sometimes compounded***

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***by physical, sexual and
psychological abuse. Here,
Joy Schaverien shows how
many boarders adopt
unconscious coping
strategies including
dissociative amnesia***

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***resulting in a psychological
split between the 'home self'
and the 'boarding school
self'. This pattern may
continue into adult life,
causing difficulties in
intimate relationships,***

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**generalized depression and
separation anxiety amongst
other forms of psychological
distress. Boarding School
Syndrome demonstrates
how boarding school may
damage those it is meant to**

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***be a reward and discusses
the wider implications of
this tradition. It will be
essential reading for
psychoanalysts, Jungian
analysts, psychotherapists,
art psychotherapists,***

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***counsellors and others
interested in the
psychological, cultural and
international legacy of this
tradition including ex-
boarders and their partners.
While it's inevitable that all***

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***of us will traumatize our
children, even the most
committed parents have
lacked guidance to do so
deliberately and effectively.
Whether you want to
traumatise your kids the***

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**same way your parents used
to or use a different
approach, this book shows
you the way.**

**A page-turning debut of
suspense about a young
couple desperate to have a**

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***child of their own--and the
unsettling consequences of
getting what they always
wanted. Christopher and
Hannah are a happily
married surgeon and nurse
with picture-perfect lives.***

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***All that's missing is a child.
When Janie, an abandoned
six-year-old, turns up at
their hospital, Christopher
forms an instant connection
with her, and he convinces
Hannah they should take her***

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***home as their own. But Janie
is no ordinary child, and her
damaged psyche proves to
be more than her new
parents were expecting.
Janie is fiercely devoted to
Christopher, but she acts***

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**out in increasingly
disturbing ways, directing
all her rage at Hannah.**

**Unable to bond with Janie,
Hannah is drowning under
the pressure, and
Christopher refuses to see**

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Janie's true nature. Hannah knows that Janie is manipulating Christopher and isolating him from her, despite Hannah's attempts to bring them all together. But as Janie's behavior

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**threatens to tear
Christopher and Hannah
apart, the truth behind
Janie's past may be enough
to push them all over the
edge.**

A groundbreaking guide to

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***raising responsible, capable,
happy kids Based on the
latest research on brain
development and extensive
clinical experience with
parents, Dr. Laura
Markham's approach is as***

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***simple as it is effective. Her
message: Fostering
emotional connection with
your child creates real and
lasting change. When you
have that vital connection,
you don't need to threaten,***

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***nag, plead, bribe—or even
punish. This remarkable
guide will help parents
better understand their own
emotions—and get them in
check—so they can parent
with healthy limits,***

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***empathy, and clear
communication to raise a
self-disciplined child. Step-
by-step examples give
solutions and kid-tested
phrasing for parents of
toddlers right through the***

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***elementary years. If you're
tired of power struggles,
tantrums, and searching for
the right "consequence,"
look no further. You're
about to discover the
practical tools you need to***

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***transform your parenting in
a positive, proven way.
The Remarkable Effects of
Love, Nurture and Play on
Your Child's Development
Things That Might Kill You
The Silver Spoon: Recipes***

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for Babies
The Search for the True Self,
Third Edition
This Is a Fucking Quote Book
Bad Little Children's Books
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Young people in Israel

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write about their
experiences dealing with
personal problems,
handicaps, fears, and
relationships with
parents and others.

The New York Times

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bestselling author of
The Party Is Over
delivers a no-holds-
barred exposé of who
really wields power in
Washington Every Four
years, tempers are

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tested and marriages
fray as Americans head
to the polls to cast
their votes. But does
anyone really care what
we think? Has our
vaunted political system

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become one big,
expensive, painfully
scripted reality TV show?

In this cringe-inducing
expose of the sins and
excesses of Beltwayland,
a longtime Republican

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party insider argues
that we have become an
oligarchy in form if not
in name. Hooked on war,
genuflecting to big
donors, in thrall to
discredited economic

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theories and utterly
bereft of a moral
compass, America's
governing classes are
selling their souls to
entrenched interest
while our bridges

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collapse, wages,
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stagnate, and our water
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is increasingly
undrinkable. Drawing on
sinsights gleaned over
three decades on Capitol
Hill, much of it on the

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Budget Committee,
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Lofgren paints a
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gripping portrait of the
dismal swamp on the
Potomac and the
revolution it will take
to reclaim our

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government and set us
back on course.

Now in 15 languages.

Understand the different
types of upsets and
traumas your child may
experience—and learn how

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to teach them how to be
resilient, confident,
and even joyful. The
number of anxious,
depressed, hyperactive
and withdrawn children
is staggering—and still

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growing! Millions have
experienced bullying,
violence (real or in the
media), abuse or sexual
molestation. Many other
kids have been
traumatized from more

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“ordinary” ordeals such
as terrifying medical
procedures, accidents,
loss and divorce. Trauma-
Proofing Your Kids sends
a lifeline to parents
who wonder how they can

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help their worried and
troubled children now.
It offers simple but
powerful tools to keep
children safe from
danger and to help them
"bounce back" after

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feeling scared and
overwhelmed. No longer
will kids have to be
passive prey to
predators or the
innocent victims of
life's circumstances. In

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addition to arming
parents with priceless
protective strategies,
best-selling authors Dr.
Peter A. Levine and
Maggie Kline offer an
antidote to trauma and a

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recipe for creating
resilient kids no matter
what misfortune has
besieged them. Trauma-
Proofing Your Kids is a
treasure trove of simple-
to-follow "stress-

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busting," boundary-
setting, sensory/motor-
awareness activities
that counteract trauma's
effect on a child's
body, mind and spirit.
Including a chapter on

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how to navigate the
inevitable difficulties
that arise during the
various ages and stages
of development, this
ground-breaking book
simplifies an often

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mystifying and complex
subject, empowering
parents to raise truly
confident and joyful
kids despite stressful
and turbulent times.

A contemporary Erma

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Bombeck extols the highs
and lows of parenting
When Dallas Louis
decided that all she
wanted in life was to
meet and marry her
Prince Charming and

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become a mother, she had no idea what was in store for her. But she would soon find out.

After only seven months of dating, she married the love of her life,

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and within the course of
twenty-six months, she
gave birth to three
children. Her husband
knew her longer pregnant
than not pregnant! In
this hilarious book,

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Dallas shares highlights of what happened in her world once she and her husband, Jeff, brought home three kids in a time span that was barely long enough to

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build a house, let alone
long enough to build
three humans. She would
like readers to find
comfort in knowing that
they aren't the only
ones suffering from post-

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traumatic stress
syndrome or buyer's
remorse. And, yes, it's
okay to admit that both
of those conditions
apply to parenting,
though hopefully not all

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the time. Channeling
Erma Bombeck, Dallas
will tell you all the
things your friends will
not and the things the
other books are too
afraid to print. With

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her irreverent humor and
brash "tell it like it
is" style, she'll help
you laugh at everyday
situations, easing the
pressure of the toughest
job in the world: being

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a mom.

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Junie B. Jones and Her
Big Fat Mouth

Peaceful Parent, Happy
Kids

The Impact of Childhood
Abuse on Parenting

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A Survivor's Guide to
Motherhood

A Parents' Guide for
Instilling Confidence,
Joy and Resilience

1-2-3 Magic

Why Parents Need to

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Matter More Than Peers
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Over 900,000 copies sold! Who
uses love and logic in their
parenting? Parents, counselors,
and teachers around the
globe—even Bill and Melinda
Gates have found the philosophy
of Parenting with Love and Logic

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an important guide when raising their three children. Learn how to reel in your own emotions while teaching your children responsibility, establishing boundaries, and growing their character. Establish healthy control through easy-to-

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implement steps without anger,
threats, nagging, or power
struggles. Trusted by generations
of parents, counselors, and
teachers to lovingly raise
responsible children, Parenting
with Love and Logic includes
solutions for dozens of specific

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Re-writes the rule book on raising a child. Based on over 700 scientific studies into children's development, the author and child psychotherapist explains how to develop your child's potential to the full. He reveals how touch, laughter and

Where To Download How To Traumatize Your Children 7 Proven Methods To Help You play build emotional wellbeing for life, and also strategies for dealing with temper tantrums and tears.

When her kindergarten class has Job Day, Junie B. goes through much confusion and excitement before deciding on the "bestest"

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job of all.

"Dr. Phelan's strategies have
seen a resurgence in the
parenting world. Maybe that's
why you feel like everywhere you
go, you keep overhearing other
moms say to their misbehaving
children, 'That's one. That's two.

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That's three.' And then you watch in disbelief as their kid actually stops!" — PopSugar Moms

Are you the parent of a strong-willed child? Is bedtime a nightly battle? Are you looking to discipline without stress? Since kids don't come with a manual,

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1-2-3 Magic is the next best thing. Dr. Thomas Phelan has developed a quick, simple and scientifically proven way to parent that actually works! Using his signature 1-2-3 counting method, Dr. Phelan helps parents to curb obnoxious behaviors like

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appropriate length of a time out,
and what to do if your child
resists the time out. Dr. Phelan
also covers how to establish
positive routines around bedtime,
dinnertime, homework and
getting up and out in the
morning, and tips for

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strengthening your relationship
with your kids. For decades,
millions of parents from all over
the world have used the award-
winning 1-2-3 Magic technique to
raise happier families and put the
fun back into parenting. 1-2-3
Magic is one of Healthline's Best

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Parenting Books of 2017, a 2016
Mom's Choice Award Winner, a
2016 National Parenting Product
Award Winner and a 2016 Family
Choice Award Winner.
A Guide to Self-diagnosis for
Hypochondriacs
Parenting With Ptsd

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What Every Parent Needs to
Know Deliberately And With Skill
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And Other Stories from a Child
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Traumatized Children Can Teach
Us About Loss, Love, and Healing
Go the F**k to Sleep

*The bestselling book on childhood trauma
and the enduring effects of repressed anger
and pain Why are many of the most
successful people plagued by feelings of
emptiness and alienation? This wise and*

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profound book has provided millions of readers with an answer--and has helped them to apply it to their own lives. Far too many of us had to learn as children to hide our own feelings, needs, and memories skillfully in order to meet our parents' expectations and win their "love." Alice Miller writes, "When I used the word 'gifted'

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in the title, I had in mind neither children who receive high grades in school nor children talented in a special way. I simply meant all of us who have survived an abusive childhood thanks to an ability to adapt even to unspeakable cruelty by becoming numb.... Without this 'gift' offered us by nature, we would not have survived."

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But merely surviving is not enough. The Drama of the Gifted Child helps us to reclaim our life by discovering our own crucial needs and our own truth.

A psychologist with a reputation for penetrating to the heart of complex parenting issues joins forces with a physician and bestselling author to tackle

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*one of the most disturbing and
misunderstood trends of our time -- peers
replacing parents in the lives of our
children. Dr. Neufeld has dubbed this
phenomenon peer orientation, which refers
to the tendency of children and youth to
look to their peers for direction: for a sense
of right and wrong, for values, identity and*

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codes of behaviour. But peer orientation undermines family cohesion, poisons the school atmosphere, and fosters an aggressively hostile and sexualized youth culture. It provides a powerful explanation for schoolyard bullying and youth violence; its effects are painfully evident in the context of teenage gangs and criminal

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*activity, in tragedies such as in Littleton,
Colorado; Tabor, Alberta and Victoria,
B.C. It is an escalating trend that has never
been adequately described or contested until
Hold On to Your Kids. Once understood, it
becomes self-evident -- as do the solutions.
Hold On to Your Kids will restore parenting
to its natural intuitive basis and the parent-*

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child relationship to its rightful preeminence.

*The concepts, principles and practical
advice contained in Hold On to Your Kids
will empower parents to satisfy their
children's inborn need to find direction by
turning towards a source of authority,
contact and warmth. Something has
changed. One can sense it, one can feel it,*

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just not find the words for it. Children are not quite the same as we remember being.

They seem less likely to take their cues from adults, less inclined to please those in charge, less afraid of getting into trouble.

Parenting, too, seems to have changed. Our parents seemed more confident, more certain of themselves and had more impact

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on us, for better or for worse. For many, parenting does not feel natural. Adults through the ages have complained about children being less respectful of their elders and more difficult to manage than preceding generations, but could it be that this time it is for real? -- from Hold On to Your Kids

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*With its laugh-out-loud guidance on baby care, **Safe Baby Handling Tips** is a must-have for anyone overwhelmed—and befuddled—when it comes to caring for their bundle of joy. Now, it's updated and refreshed to be even more helpful and relevant to the modern parent. Incompetent parents everywhere can benefit from this*

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*indispensable guide—complete with The
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Wheel of Responsibility to help moms and
dads negotiate baby responsibilities (and
shirk diaper duty!) whenever they can.
Makes baby-rearing a blast!*

*Popular parenting expert Dr. Laura
Markham, author of PEACEFUL
PARENTS, HAPPY SIBLINGS, has*

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*garnered a large and loyal readership
around the world, thanks to her simple,
insightful approach that values the
emotional bond between parent and child.
As any parent of more than one child
knows, though, it's challenging for even the
most engaged parent to maintain harmony
and a strong connection when competition,*

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tempers, and irritation run high. In this highly anticipated guide, Dr. Markham presents simple yet powerful ways to cut through the squabbling and foster a loving, supportive bond between siblings, while giving each child the vital connection that he or she needs. PEACEFUL PARENT, HAPPY SIBLINGS includes hands-on,

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research-based advice on:

- *Creating deep connections with each one of your children, so that each truly believes that you couldn't possibly love anyone else more.*
- *Fostering a loving family culture that encourages laughter and minimizes fighting*
- *Teaching your children healthy emotional self-management and conflict resolution*

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skills—so that they can work things out with each other, get their own needs met and respect the needs of others • Helping your kids forge a close lifelong sibling bond—as well as the relationship skills they will need for a life of healthy friendships, work relationships, and eventually their own family bonds.

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*50 Amazing Science Projects You Can
Perform on Your Kid*

*True Tales of Loving My Kids While Losing
My Mind*

Experimenting with Babies

The Boy Who Was Raised as a Dog

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The Perfect Child

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*3-Step Discipline for Calm, Effective, and
Happy Parenting*
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In Bad Little Children's
Books, illustrator Arthur C.
Gackley creates hysterical
parodies of children's book
covers from more innocent

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times. Many of these original books focus on life's lessons, joys, and curiosities. Gackley cleverly takes the books' classic covers and turns them into unforgettable, edgy, politically incorrect

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parodies that speak to the
bad little kid in all of us. With
a catalog of children's book
titles like Peeping Tommy
Goes Cougar Hunting, Cousin
Milky Is Lactose Intolerant,
and The Blind Child's Picture

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Dictionary, this collection will have readers in stitches. A fun read for parents, grown-ups, and kids-at-heart everywhere, Bad Little Children's Books leaves no bad joke unmade.

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Janet Lansbury's advice on respectful parenting is quoted and shared by millions of readers worldwide. Inspired by the pioneering parenting philosophy of her friend and

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mentor, Magda Gerber, Janet's influential voice encourages parents and child care professionals to perceive babies as unique, capable human beings with natural abilities to learn

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without being taught; to
develop motor and cognitive
skills; communicate; face
age appropriate struggles;
initiate and direct
independent play for
extended periods; and much

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more. Once we are able to
view our children in this
light, even the most common
daily parenting experiences
become stimulating
opportunities to learn,
discover, and to connect

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with our child. "Elevating Child Care" is a collection of 30 popular and widely read articles from Janet's website that focus on some of the most common infant/toddler issues: eating, sleeping,

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diaper changes,
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communication, separation,
focus and attention span,
creativity, boundaries, and
more. Eschewing the quick-
fix 'tips and tricks' of popular
parenting culture, Janet's

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insightful philosophy lays the foundation for a closer, more fulfilling parent/child relationship, and children who grow up to be authentic, confident, successful adults.

What Not to Say