

How To Give Yourself Raise In Mmmrsn

Ruben provides a complete survival kit on how to meet, date, and romance sexual partners. This easy-to-read book can increase sexual aptitude with secrets of finding eager partners, why they are eager, and what turns them on.

Discusses the qualities necessary to become a good salesperson, and explains how to become more persuasive, evaluate one's own presentations, and use time more effectively This book provides you with the practical know-how to manifest whatever it is you choose in your life, whether that is financial freedom, better relationships, your dream home, better health, loving friendships, a successful business or a healthy, happy family. The power is in your hands. After a very low point in my life i decided enough was enough. I had to take charge and get my life back on track. Using everything i had learned about the law of attraction, i compiled a selection of practical exercises for my own personal use and challenged myself to regularly use them for 60 days. In this book you are being offered some insightful lessons on :- How to use law of attraction for 100% manifestation success Tips for accelerating your manifestations Pitfalls and mistakes that you must avoid while manifesting How feelings affect your manifestations How to attract wealth and abundance Role of faith and gratitude in manifestations When we place our attention on being overweight, we usually experience a disempowering emotion such as guilt, shame, hopelessness, or anger. This most subtle and seemingly innocent act of placing our attention on being overweight and feeling negative emotions activates the law of attraction to manifest all the conditions that are consistent with the energy level of that emotion. Get the book today!!

A look at how relationships can drive successful negotiation, from an award-winning faculty member at the Wharton School of Business. Contrary to conventional wisdom about what makes a good negotiator - namely, being aggressive and unemotional - in Bring Yourself, Taheripour offers a radically different perspective. In her own life, and in her more than 15 years of experience teaching negotiation, she's found that the best negotiators are empathetic, curious, and present. The essence of bargaining isn't the transaction, but the conversation and human connection. It is when we bring our whole, authentic selves to the table that we can advocate for ourselves fearlessly and find creative solutions that benefit everyone. Taheripour has seen the power of this mindset shift firsthand. In her consulting, her classes at Wharton, and in her work teaching negotiation for the Goldman Sachs 10,000 Small Businesses program, her students and clients experience personal breakthroughs as they face the fears and false narratives that held them back. Bring Yourself explains how our pressure points, personal experience, and even our cultural expectations can become roadblocks to finding common ground, and it offers essential strategies to move beyond them and open our minds. Taheripour argues that regardless of our own perceived ability to negotiate, we must have the courage to engage because bargaining plays a crucial role in every aspect of our lives. We negotiate boundaries with our parents and partners, bedtimes with our kids, and even with ourselves every time we make a pros and cons list to weigh a major decision. Negotiation is how we problem solve and how we find our voice. With eye-opening and empowering stories throughout, Bring Yourself helps readers gain the confidence they need to achieve their goals in work and in life. Timely and provocative, this paradigm-shifting book can transform our world and the way we work together.

More Monday by Monday

How to Get a Raise, Close the Wage Gap, and Build Stronger Businesses

How to Give Yourself a 15% Raise by Earning More and Spending Less

Don't Raise Your Children Raise Yourself

With a Better Health Plan

Learn How Successful People Lead!: How to Increase Your Influence & Raise a Boy

How to Give Yourself a Raise in Selling

What is that thing that really makes someone successful? What kind of abilities or knowledge do successful people have? The truth is that success is made of a lot of simple and little things that can create great results when used together. For example: When it comes to parenting, it's a known fact that we tend to raise our children in the same way our parents raised us. Now, we don't want to do that, we want only to take the best of our parents efforts and leave all the rest. Our children will be able to grow up in a complete different way only because of this little difference. To examine how you can raise your children to be not only successful, but kind and independent too than you'll need a guide like: Here's a little preview of what you will find inside of the book: the Esther Wojcicki story let your children discover their passions build rock solid relationships the importance of discipline how much collaboration is important to become successful...and much, much more!

With the wisdom of Intuitive Eating, a manifesto for parents to help them reject diet culture and raise the next generation to have a healthy relationship with food and their bodies. Kids are born intuitive eaters. Well-meaning parents, influenced by the diet culture that surrounds us all, are often concerned about how to best feed their children. Nearly everyone is talking about what to do about the childhood obesity epidemic. Meanwhile, every proposed solution for how to feed kids to promote health and prevent weight-related health concerns don't mention the importance of one thing: a healthy relationship with food. The consequences can be disastrous and are indistinguishable from the predictable and well-researched impact that dieting has on adults. Weight cycling, low self-esteem, deviations from normal growth, and eating disorders are just some of the negative health effects children can experience from the fear-based approach to food and eating that has become the norm in our culture. Summer Brooks and Ameer Seervon believe that parents want the best for their kids and know a parent's job is to make them feel safe in the world and their bodies. They want them to grow up to be competent, healthy eaters, living their best lives in the bodies they were born to have. Intuitive Eating is more talked about than ever, and the time is now to make sure parents truly understand what it means to raise an intuitive eater. With a compassionate and relatable voice, How to Raise an Intuitive Eater is the only book of its kind to teach parents what they need to know to improve health, happiness, and wellbeing for the littlest among us.

Get paid what you're worth, build secure relationships, and make your money last with this valuable guide from a Today show financial editor and bestselling author. Ask successful women what they want from their money and they'll tell you: independence, security, choices, a better world, and--oh yes--way less stress, not just for themselves but for their kids, partners, parents, and friends. Through a series of HerMoney Happy Hour discussions (when money is the topic, wine helps) and one-on-one conversations, Jean Chatzky gets women to open up about the one topic we still never talk about. Then she flips the script and charts a pathway to this joyful, purpose-filled life that today's women not only want but also, finally, have the resources to afford. Through Chatzky's candid three-part plan--formed through detailed reporting with the world's top economists, psychiatrists, behaviorists, financial planners, and attorneys, as well as her own two decades of experience in the field--readers will learn to: 1. Explore their relationships with money, 2. Take control of their money, and 3. Use their money to create the life they want. Women With Money shows readers how to wrap their hands around tactical solutions to get paid what they deserve, become inspired to start businesses, invest for tomorrow, make their money last, and then use that money to foster secure relationships, raise independent and confident children, send those kids to college, care for their aging parents, leave a legacy, and--best of all--bring them joy!

Of all the judgments you make in life, none is as important as the one you make about yourself. The difference between low self-esteem and high self-esteem is the difference between passivity and action, between failure and success. Now, one of America's foremost psychologists and a pioneer in self-esteem development offers a step-by-step guide to strengthening your sense of self-worth. Here are simple, straightforward and effective techniques that will dramatically improve the way you think and feel about yourself. You'll learn: How to break free of negative self-concepts and self-defeating behavior. How to dissolve internal barriers to success in work and love. How to overcome anxiety, depression, guilt and anger. How to conquer the fear of intimacy and success. How to find -- and keep -- the courage to love yourself. And much more.

A Step-By-step Guide to Getting Paid What You're Worth

That Sounds Fun

Australian Shepherd: How to Select, Train and Raise a Healthy and Happy Australian Shepherd

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work

How To Ask For A Raise At Work

How to Raise Highly Successful People

47 Ways to Raise Prices... Without Losing Customers

HOW TO ASK FOR A RAISE AT WORK LEARN TO ASK FOR THE SALARY YOU DESERVE AT THE RIGHT TIME AND WITHOUT FEAR OR DIFFICULTY ABOUT THIS BOOK You might be asking yourself, "Why doesn't it have to be difficult to ask for a raise?" The answer is simple: because of the power of preparation. If you're clear on what you want and why, then you've already done most of the work before approaching your boss. And once they say yes, you can celebrate right away! That said, depending on what kind of workplace culture you live in (and how much your company values its employees), there are some things to consider. For example: if asking for a raise feels like an awkward conversation or even an uncomfortable negotiation where one person wins and another loses--get ready for some stress! But as long as everyone respects each other's time and effort at work--which should be happening in every professional environment--it shouldn't feel like anything more than two people working together towards mutually beneficial outcomes. **CONTENT Introduction: Why Doesn't It Have To Be Difficult To Ask For A Raise? Why Is It Nerve-Racking To Ask For A Raise? Why Must You Never Be Afraid Of Discussing Your Salary? How To Craft Your Pitch For A Pay Raise? How To Back Up Your Claims For A Pay Raise? Why Must You Consider Your Boss's Mood When Asking For A Pay Raise? Why Must You Consider The Office's Environment When Asking For A Pay Raise? How To Present Positive Praise You've Received From Colleagues When Asking For A Pay Raise? Why Do You Deserve A Pay Raise? Why Must You Do A Self-Evaluation Before Asking For A Pay Raise? Why Must You Always Bring Data And Numbers When Asking For A Pay Raise? Why Explain How Your Company Has Benefited From Your Work When Asking For A Pay Raise? Why Explain The Important Projects You've Completed When Asking For A Pay Raise? Why Must You Show Your Improvements When Asking For A Pay Raise? Should You Explain How You'll Continue Growing Within The Company If You Get A Pay Raise? Why Must You Think About Where You Want Your Career To Go Before Asking For A Pay Raise? Why Must You Consider What's In It For Your Boss Before Asking For A Pay Raise? Why Must You Consider The Time Of Year In The Company Before Asking For A Pay Raise? When Is The Best Time Of The Year To Ask For A Pay Raise? Why Must You Never Say You Want A Pay Raise Due To Your Cost Of Living? Why Do You Need To Know In Advance What Salary Number You Want Before Asking For A Pay Raise? Should You Know How Much Others In Similar Roles Make Before Asking For A Pay Raise? Why Must You Schedule A Specific Meeting With Your Boss Before Asking For A Pay Raise? How To Practice Your Pitch Before Asking For A Pay Raise? Why Must You Never Sell Yourself Short When Asking For A Pay Raise? ABOUT THE SAPIENS NETWORK The content in this guide is based on extensive official research and comes from a variety of sources, mostly from books published by experts who have mastered each of the topics presented here and who are backed by internationally recognized careers. Therefore, the reader will be able to acquire a large amount of knowledge from more than one reliable and specialized source. This happens because we rely only on official and endorsed media. In addition, we also collect information from different web pages, courses, biographies, and interviews, so we give the reader a broad overview of their topics of interest. We have not only checked that the sources of knowledge are relevant, but we have also made a very careful selection of the final information that makes up this guide. With great practicality, we have compiled the most useful concepts and put them in a way that are easiest for the reader to learn. Our ultimate goal is to simplify all the ideas that they are fully understandable and so that the reader can enjoy a pleasant, practical, and simple reading. This is why we strive to provide only the key information from each expert. In this guide, the reader will not find redundancies or unnecessary or irrelevant content. Each chapter covers the essential and leaves out everything that could be deemed as extra or that does not add anything new to the selected concepts. Thus, the reader will be able to enjoy a text where they will easily find specialized information that comes exclusively from experts and that has been selected with the greatest effectiveness.**

From bestselling author and Shark Tank star Robert Herjavec comes a business book in which he transcends the business world, helping us all learn the art of persuasion in order to get ahead in our personal and professional lives. A Wall Street Journal Bestseller! Many people assume that effective sales ability demands a unique personality and an aggressive attitude. It's not true, and Robert Herjavec is proof. Known as the "Nice Shark" on the ABC's Emmy Award-winning hit show SHARK TANK, Robert Herjavec is loved by viewers, who respond to his affable nature. He has developed an honest and genuine approach to life and selling that has set him apart from his cut-throat colleagues, and rewarded him with a degree of wealth measured in hundreds of millions of dollars. In You Don't Have to Be a Shark, Robert transcends pure sales technique and teaches "non-business people" what they need to know in order to sell themselves successfully. We are each our own greatest asset, and in order to achieve our goals, we need to be able to communicate with others, position ourselves and even look the part. Robert's philosophy is simple: Great salespeople are made, not born, and no one achieves success in life without knowing how to sell. Entertaining, enlightening and effective, You Don't Have to Be a Shark will reveal the secrets of one of North America's most successful businessmen, who also happens to be one of today's most prominent TV personalities, delivered in a friendly, down-to-earth manner, and filled with anecdotes and observations to support its hard-nosed advice.

The owner's guide to the voice, this book will help you develop an understanding of the voice and how it works.

Give Yourself A RAISE is a complete how-to guide for finding more money to reduce the stress in your life and lead you to financial freedom. Suitable for beginners and professionals alike, it will lead you to more contentment about money! Unique to this book are: The Financial Freedom Risk Assessment Quiz-take it and evaluate your own risk! Goals made easy-the complete foundation for personal money management The Freedom Money Management System -harness the power of electronic banking to organize your personal finances You will also learn how to: Control impulse spending Eliminate family conflict Get out of debt and stay out Practice spending strategies to stretch your income Stop wasting money

I Will Teach You to Be Rich

America's Best Kept Secret: Fairtax

Simple Tools to Increase Your Spiritual Energy for Balance, Purpose, and Joy

No Guilt, No Excuses - Just a 6-Week Programme That Works

What Next?

Law Firms, Legal Culture, and Legal Practice

Clever Girl Finance

You Are About To Discover The Secret Soft And Hard Strategies That Parents Of Successful, Happy And Responsible Adult Children Have Consistently Attributed To For The Results They Got From Parenting Their Children Into Adulthood!

We all want to raise healthy and successful children- there's no doubt about that. But have you ever wondered.... Is there any way a parent can ensure a better and brighter future for their children? Do parents really have any contribution to

how successful or healthy their children become in the long-term? What can I do to guide my children, protect them, mentor them and ensure they live their best life? If you've answered YES, keep reading.... If you're a parent, I'm sure

you've had these thoughts and questions countless times. And even though we are told too many times that we don't have control over every aspect of their lives, it's often difficult to imagine not being there to guide them, even though most of us tend to be clueless about the best steps to take. But there is a sure way you can contribute positively to your child's life and ensure they have the best life; in fact, there are quite a number of them. And this 2 in 1 book has all of

them neatly and concisely detailed along with everything else you need to know to create a good environment and foundation for a good physical and emotional health, as well as success for your child in anything they do. Whether you're a

beginner to parenting or you've been doing it for a while, this book is tailored for you! If you have questions such as... What is it that I may be doing that puts my child's future in jeopardy that I need to stop? How do I build the right

foundation to help my child have a better chance of becoming healthy, happy, responsible and successful? What secret parenting tips and tricks have parents of successful children used to bring the best in their children? How do you keep

up with parenting in the modern times of social media, rights groups and regulations that dictate many of the things you can and cannot do as a parent? And many others, this book is for you so keep reading... Here's a bit of what you'll

find in it: • Why the responsibility of the child solely lies on their parents • The importance of self-discipline • How your child can benefit from success • Procrastination and why it's limiting as well as what to do about it • Why and how your fears can spread and become a reality to your child • How pessimism spreads to your child and how to tame it • How to teach your child to be mindful • How to effectively let your child discover their own passions in a safe space • The role of independence in raising happy, responsible children • How to build rock-solid relationships • The role of trust in parenting and how to build trust • How to build discipline in your child • How you can be an excellent role model for your child • How to look after yourself in all this, including why this is important ...And so much more! It might seem difficult to turn a child into the classic "successful" adult, especially if you've not been able to achieve much in your own life, or if you have a particularly difficult child. But many people have been able to do it, and by making the step to look for a resource to guide you, you've just proven that you have what it takes. Click Buy Now With 1-Click or Buy Now to get started!

Our tax code, the slave tax, has no limits. You have no say in it. It takes freedom of choice away from you. The FairTax sets you free. You decide when and how much tax to pay.

The show horse or the racing steed, the friendly mount or the breeding stallion, the draft horse or the companion: Whatever sort of horse you're raising—or even thinking about raising—this book provides all the information you'll need,

such as basic health care, housing, feed, and raising foals. An essential primer for the newcomer to horse care as well as an invaluable resource for the veteran, this clearly and amply illustrated guide covers the basics and the finer points of breeding and health care, housing and exercising, feed and nutrition requirements. It should find a place in every horse lover's library.

Do You Know The Science Of Living A CASH ONLY LIFE? I want you to think about something very seriously for a moment. If you had the opportunity to be granted any financial wish for your life, what would it be? If you could design and create your personal financial lifestyle, right now, how would it look? Would it be having all of your debts paid off? You need to start thinking about living financially-smart. There is no better time to start having the best interest of your future in mind than now. If you go the extra mile and strive to live a Cash Only Life, you will have the kind of life you deserve- one that is free from debt and one that you have smartly put into action.

The Joys of Being an Amateur, the Power of Falling in Love, and Why You Need a Hobby

Law of Attraction: Successfully Manifest Love, Abundance, Happiness and Wealth (Raise Your Vibrations Using Visualizations and Begin Your Spiritual Journey)

Fearless Salary Negotiation

Give Yourself a 25% Raise

The Science of How To Live A Cash Only Life

Give Yourself a Pay Raise

You Don't Have to Be a Shark

Inspirational, spiritual, emotional, and practical – this is how I will describe the book. I wish Swati wrote it when I became a parent. Motilal Oswal, Chairman and MD, Motilal Oswal Financial Services Ltd I recommend this well researched book not only for parents but also for future parents & grand parents. Go parenting the Indian way. Take my word. It works. Radhakrishnan Pillai, Author of Bestseller "Corporate Chanakya" This book brightens and enlightens the soul of all those parents who value parenting. Diana Dentinger – Life Coach, Italy Neither preachy nor judgemental, the book is a wonderful mosaic of mythology leading to parenting insights. heroes.in Dr. Swati Lodha is a best-selling author of 'Who is Revathi Roy?' (2019), '54 Reasons Why Parents Suck' (2018), 'Why Women Are What They Are' (2004) and 'Come on! Get Set Go...' (2002). Passionate about innovation and entrepreneurship, she has been Dean and Director of many B-Schools in India. A recipient of awards like 'Rashtriya Rajbhasha Puraskar', 'Bharat Gaurav' and 'Suryadutta National Award', her venture Life Lemonade offers learning and development solutions to various sectors across the country. This new edition of How to Raise Your Own Salary is filled with foolproof techniques for acquiring the knowledge and skills for increasing your share of life's riches. The detailed dialog between Andrew Carnegie and Napoleon Hill will mesmerize you with its message. Simultaneously, this classic work will stimulate your subconscious mind to put into immediate operation your desire for individual achievement. This book will teach you how to: -Win riches, power, and prestige. -Discover how to set your own goal in life and achieve it. -Make life pay you for your personal efforts. -Uncover Andrew Carnegie's entire secret of success. -Retrace step by step the principles of achievement that lifted Carnegie to a position of great affluence and wealth. -Achieve the right mental attitude that places you on the next rung in your ladder to success. -Manifest success in your day-to-day life. Connect with your core spiritual self and increase your vibrational rate with 365 easy ideas quick enough to enjoy every day. When you use this guide to raise your frequency, you empower yourself to turn positive energy into happiness and abundance. Elevated spiritual energy attracts purpose and joy into your life. Use these inspiring daily entries to create positive intention as you discover: How to identify your present frequency and build a foundation for growth Simple exercises for letting go of the negative energy that lowers your frequency Techniques for interpreting messages from your spirit guides Creative ways to use crystals, stones, and colors to attract positive energy

A simple guide to growing fruits, vegetables, nuts & berries, raising chickens, goats, & bees, and making beer, wine, & cider from your backyard. If you want to take control of the food you eat and the products you use, Backyard Homesteading will help you learn how to do it—even if you live in an urban or suburban house on a typical-size lot. Inside, you'll discover how to turn a yard into a productive and wholesome "homestead" that allows you to grow your own fruits and vegetables and raise farm animals, including chickens and goats. You'll also find the laws and regulations of raising livestock in populated areas, as well as ways to use and preserve the bounty your land produces. GETTING STARTED Benefits of pure food Family recreation Local regulations Potential yields and savings RAISING VEGETABLES AND HERBS Garden planning/layout Structures/irrigation Vegetable profiles Planting techniques Composting/healthy soil Seasonal gardening GROWING FRUITS, BERRIES, AND NUTS Planting fruit trees and bushes Fruit profiles Organic pest control Grafting and pruning Harvesting methods RAISING CHICKENS The joy of chickens Collecting eggs Care and feeding tips Other small animals RAISING GOATS Benefits of goat milk Structures/fencing Care and feeding tips Other large animals BEEKEEPING Benefits of beekeeping Care and harvesting Building hives Collecting honey HARVEST HOME Canning/drying/freezing Making beer, wine, cider

Making jerky, sausage Making jams, jellies Pickling/salting/smoking Building roof cellars

Learn To Ask For The Salary You Deserve At The Right Time And Without Fear Or Difficulty (Extended Edition)

Women with Money
 How to Put Yourself First and (Finally) Take Control of Your Career
 How to Raise an Adult and Successful People (2 Books in 1). How to Raise Easy
 Creating Your Own Success
 Bring Yourself
 Cashology

"Indispensable reading for anyone seeking to improve their professional selves." —Daniel H. Pink, #1 New York Times bestselling author of When An essential guide for how to snap out of autopilot and become your own best advocate, with candid anecdotes and easy-to-adopt steps, from veteran HR specialist and popular podcast host Laurie Ruettimann Chances are you've spent the past few months cooped up inside, buried under a relentless news cycle and work that never seems to switch off. Millions of us worldwide are overworked, exhausted, and trying our hardest—yet not getting the recognition we deserve. It's time for a fix. Top career coach and HR consultant Laurie Ruettimann knows firsthand that work can get a hell of a lot better. A decade ago, Ruettimann was uninspired, blaming others and herself for the unhappiness she felt. Until she had an epiphany: if she wanted a fulfilling existence, she couldn't sit around and wait for change. She had to be her own leader. She had to truly take ahold of life—the good, the bad, and the downright ugly—in order to transform her future. Today, as businesses prioritize their bottom line over employee satisfaction and workers become increasingly isolated, the need to safeguard your well-being is crucial. And though this sounds intimidating, it's easier to do than you think. Through tactical advice on how to approach work in a smart and healthy manner, which includes knowing when to sign off for the day, doubling down on our capacity to learn, fixing those finances, and beating impostor syndrome once and for all, Ruettimann lays out the framework necessary to champion your interests and create a life you actually enjoy. Packed with advice and stories of others who regained control of their lives, Betting on You is a game-changing must-read for how to radically improve your day-to-day, working more effectively and enthusiastically starting now.

An expert guide for professionals seeking to understand how to navigate the world of work. Kimberly Brown, author of Next Move, Best Move: Transitioning into a Career You'll Love, leaves no stone unturned with this thorough, expert guide for professionals seeking to understand how to navigate the world of work, from beginning to end, starting with uncovering personal and professional values in an effort to align their expertise and skills to roles and companies that will finally change the trajectory of their career and set them up to be leaders in the workforce. As a former career development adviser in some of the nation's top universities and a diversity + inclusion professional in a Fortune 100 company, Brown has recognized that people work for the sake of working without understanding how to leverage their unique gifts and position themselves for success. As a result, Next Move, Best Move: Transitioning into a Career You'll Love shares transformational lessons to ensure success and puts the ball back in your court. In Brown's highly acclaimed book, a specific, effective framework is unveiled to ensure each reader channels and utilizes their highest potential as they regain control and steer professional opportunities in their favor, gaining key information as to: Taking stock of their experiences to ensure strategic career moves Discovering how to cultivate and maintain fruitful relationships that support career growth Uncovering how to build a two-year career strategy to move you into future leadership positions Gaining a deeper look into personal and professional branding to ensure alignment with leadership capabilities and career goals Learning how to use their voice in the workplace to advocate for themselves

Large law firms have become a dominant feature of the legal landscape in the United States and elsewhere. This volume of Studies in Law, Politics, and Society examines the situation of large law firms. It's a tough time to have a small business! Shrinking sales and rising costs have many entrepreneurs: * Waking up in a cold sweat afraid their business can't survive * Pouring over financials — without finding anything else they can cut In this economy, there's only one answer that can help the business survive — you have to raise prices. But what will your customers do? You won't find a faster, easier blueprint for raising prices without alienating your customers. Thirteen of the tactics don't require you do anything else but raise the price — each utilizing a different psychological principle. Others are tactics you can use in negotiations, or with changes in the product, promotion, positioning, packaging, or distribution. And you get the 1-2-3 PriceChangeModel™ that lets you assess the likely results of your price changes — and whether to respond to a competitor's change. You can read a tactic, raise your price, and immediately protect your business. AND you have this "idea book" for any time in the future when you face another pricing decision.

111 Practices to Increase Your Spiritual Connection

How To Raise Horses

Everything You Need To Know

The Judgment-Free Guide to Creating the Joyful, Less Stressed, Purposeful (and, Yes, Rich) Life You Deserve

365 Ways to Raise Your Frequency

First Lessons in Spoken French, for Doctors and Nurses

How to Raise an Intuitive Eater

Take charge of your finances and achieve financial independence – the Clever Girl way Join the ranks of thousands of smart and savvy women who have turned to money expert and author Bola Sokunbi for guidance on ditching debt, saving money, and building real wealth. Sokunbi, the force behind the hugely popular Clever Girl Finance website, draws on her personal money mistakes and financial redemption to educate and empower a new generation of women on their journey to financial freedom. Lighthearted and accessible, Clever Girl Finance encourages women to talk about money and financial wellness and shows them how to navigate their own murky financial waters and come out afloat on the other side. Monitor your expenses, build a budget, and stick with it Make the most of a modest salary and still have money to spare Keep your credit in check and clean up credit card chaos Start and succeed at your side hustle Build a nest egg and invest in your future Transform your money mindset and be accountable for your financial well-being Feel the power of real-world stories from other "clever girls" Put yourself on the path to financial success with the valuable lessons learned from Clever Girl Finance.

A New York Times Bestseller! We know there are certain things we must have to survive—food, shelter, and safety to name a few. But there are also aspects of life that truly allow us to be joyful and fulfilled. For popular podcaster and bestselling author Annie F. Downs, fun is close to the top of that list. Few would argue that having fun doesn't enrich our lives, but so much gets in the way of prioritizing it. Tough days, busyness, and feelings that are hard to talk about keep us from the fun that's out there waiting to be found. With That Sounds Fun, Annie offers an irresistible invitation to understand the meaning of fun, to embrace it and chase it, and to figure out what, exactly, sounds fun to you—then do it! Exploring some research and sharing some thoughts behind why fun matters, she shows you how to find, experience, and multiply your fun. With her signature storytelling style and whimsical vulnerability, Annie is the friend we all need to guide us back to staying true to ourselves and finding the fun we need.

Numerous studies have found that personal financial stress hinders workplace performance. Since these studies were published personal financial turmoil has only increased, creating an even larger negative impact on individuals and the companies that employ them. In order to more fully engage employees, companies must find ways to answer the basic question of how their people can be more satisfied with current pay levels. Simply increasing pay may not be possible, and wouldn't necessarily address the problem of poor or absent money management skills. More Money by Monday will be a practical tool that companies can use to assist employees in making their paychecks go farther—giving the same benefit as a pay raise—without actually paying them more money. By learning and applying financial skills on a personal level, individuals will be learning the same principles necessary for the organization to increase its profits, making it a win-win situation.

This book explains alternative capital raising strategies available to mission driven entrepreneurs and provides a six-step process for finding and enlisting investors.

How to Raise Your Own Salary

Raising the Next Generation with Food and Body Confidence

How to Harness the Power of Connection to Negotiate Fearlessly

Your Five-Year Plan for Life after College

How to Raise Rabbits

How to Fund Your Business Without Selling Your Soul

The Proven Action-Oriented Approach to Greater Self-Respect and Self-Confidence

How To Ask For A Raise At WorkLearn To Ask For The Salary You Deserve At The Right Time And Without Fear Or Difficulty (Extended Edition)Hernando Chavez

Create a five-year plan that covers all aspects of daily life—including work, finances, and health—with this all-inclusive guide to successfully reaching your goals after college graduation. The celebrations have ended and you ' ve finally graduated from college. But the one looming question remains over every recent grad ' s head: what ' s next? In this book, you ' ll find a detailed guide to putting together a five-year plan to set yourself up for success. No need to stress about having the rest of your life mapped out—instead, you ' ll focus on how to make the most after graduation so you can thrive in the years to come. Whether you ' re looking for advice on turning your first job out of college to a long-term career or need some tips on managing your money so you can pay down your student debt (and treat yourself), you ' ll find all that and more in What Next?. Filled with advice from journalist and lifestyle blogger Elana Lyn Gross, What Next? includes all the tools you need to achieve your goals one step at a time. Offering helpful guidance on every aspect of life, you ' ll have no problem answering the question: what ' s next?

" Having a daily spiritual practice is the key to developing your spiritual skills, gifts, and qualities. When you take the time to acknowledge who you are, focus your mind, and meditate, you create room in your life to grow and you encourage your heart to open up and connect deeply with the flow of life. " - Kyle Gray Kyle Gray ' s remarkable intuitive gifts have made him one of the UK ' s most sought-after experts in the field. Now, following huge demand from his readers, Kyle unveils the 111 essential practices that he has been using for over 10 years to develop his spiritual skills. In this book, Kyle explains how you too can deepen your connection with the Divine. The key is to raise your vibration, and Kyle teaches how you can do this by cultivating practices and habits such as: • trusting and developing your inner guidance • expressing yourself in a way that ' s filled with the purest integrity • giving and receiving in a way that ' s balanced • manifesting and creating a life you love and deserve. . . and much more! Get ready to shift your energy, access a higher frequency, and start receiving more joy, love, and miracles in your life!

Australian Shepherd is one of the most beautiful canines, no doubt about it. If you understand his origin, how he was bred in the first place and his traits, he'd make the perfect companion for you and your family. Australian Shepherd is an active dog so it's important that he gets room, your time and your patience. There are many things you need to know first before you adopt an Aussie. Inside you'll find: -how to choose your first Australian Shepherd Puppy -how to puppy proof your home before you bring him/her into your house -the nutritional needs that you need to know -his/her unique health conditions -how to housebreak and train him -how to care your older Aussie -and many more I wrote this book to who you how to be the very best Australian Shepherd parent you can be. This book will definitely help you to achieve all that.

A Back-to-Basics Guide to Self-Sufficiency

Special Issue: Law Firms, Legal Culture and Legal Practice

Ask a Manager

Betting on You

How to Raise Your Sexual I.Q

How to Raise Your Self-Esteem

Longlisted for the 2021 Porchlight Business Book Awards, Management & Workplace Culture An expert takes on the crisis of income inequality, addressing the problems with our current compensation model, demystifying pay practices, and providing practical information employees can use when negotiating their salaries and discussing how we can close the gender and racial pay gap. American workers are suffering economically and fewer are earning a living wage. The situation is only worsening. We do not have a common language to talk about pay, how it works at most companies, or a cohesive set of practical solutions for making pay more fair. Most blame the greed of America's executive class, the ineptitude of government, or a general lack of personal motivation. But the negative effects of income inequality are a problem that can be solved. We don't have to choose between effective government policy and the free market, between the working class and the job creators, or between socialism and capitalism, David Buckmaster, the Director of Global Compensation for Nike, argues. We do not have to give up on fixing what people are paid. Ideas like Universal Basic Income will not be enough to avoid the severe cultural disruption coming our way. Buckmaster examines income inequality through the design and distribution of income itself. He explains why businesses are producing no meaningful wage growth, regardless of the unemployment rate and despite sitting on record piles of cash and the lowest tax rates[0] in a generation . He pulls back the curtain on how corporations make decisions about wages and provides practical solutions—as well as the corporate language—workers need to get the best results when talking about money with a boss. The way pay works now will not overcome our most persistent pay challenges, including low and stagnant wages, unequal pay by race and gender, and executive pay levels untethered from the realities of the average worker. The compensation system is working as designed, but that system is broken. Fair Pay opens the corporate black box of pay decisions to show why businesses pay what they pay and how to make them pay more.

This book details information on raising animals in both urban and rural situations, breed types, housing and food requirements, and general health care for the rabbit.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when □ coworkers push their work on you—then take credit for it □ you accidentally trash-talk someone in an email then hit "reply all" □ you're being micromanaged—or not being managed at all □ you catch a colleague in a lie □ your boss seems unhappy with your work □ your cubemate's loud speakerphone is making you homicidal □ you got drunk at the holiday party Praise for Ask a Manager "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

If you think financial health is beyond your reach, think again. I Will Teach You To Be Rich is the modern money classic that has revolutionised the lives of countless people all over the world, teaching them how to effectively manage their finances, demolish their debt, save better and get the most out of their bank accounts, credit cards and investments. Now, Ramit Sethi, who has been described by Forbes as a 'wealth wizard' and by Fortune as 'the new finance guru', is back with a completely revised second edition of I Will Teach You To Be Rich, updating it with new tools and insights on money and psychology, along with fantastic stories of how previous readers have used the book to enrich their lives. From crushing your debt and student loans to talking your way out of late fees, to dead simple investment strategies and negotiating that big raise at work, this is the no-guilt, no-excuses, no-BS 6-week programme that will help you get your finances where you want them to be.

Raise Your Vibration

Fair Pay

Transitioning Into a Career You'll Love

Ditch debt, save money and build real wealth

Raise Your Voice

Give Yourself a Raise

Backyard Homesteading