

Girl Interrupted Susanna Kaysen

The insanity defense is one of the oldest fixtures of the Anglo-American legal tradition. Though it is available to people charged with virtually any crime, and is often employed without controversy, homicide defendants who raise the insanity defense are often viewed by the public and even the legal system as trying to get away with murder. Often it seems that legal result of an insanity defense is unpredictable, and is determined not by the defendants mental state, but by their lawyers and psychologists influence. From the thousands of murder cases in which defendants have claimed insanity, Doctor Ewing has chosen ten of the most influential and widely varied. Some were successful in their insanity plea, while others were rejected. Some of the defendants remain household names years after the fact, like Jack Ruby, while others were never nationally publicized. Regardless of the circumstances, each case considered here was extremely controversial, hotly contested, and relied heavily on lengthy testimony by expert psychologists and psychiatrists. Several of them played a major role in shaping the criminal justice system as we know it today. In this book, Ewing skillfully conveys the psychological and legal drama of each case, while providing important and fresh professional insights. For the legal or psychological professional, as well as the interested reader, Insanity will take you into the minds of some of the most incomprehensible murderers of our age.

A woman who broadcasted her 2001 suicide attempt live on a webcam describes her battles with anorexia, bulimia, bipolar disorder, and borderline personality disorder and the cures she found in dialectical behavioral therapy, mood stabilizers, and body modification.

The author offers a compelling memoir of her two years as a teenager in a psychiatric hospital, sharing vivid portraits of her fellow patients, their keepers, and her experiences during treatment

Seminar paper from the year 2008 in the subject American Studies - Literature, grade: 2, University of Innsbruck (Institut für Amerikastudien), course: On the Edge of Sanity: Mental Illness and Disordered Behavior in American Literature, language: English, abstract: In her autobiographical novel Girl, Interrupted Susanna Kaysen deals with the probably most difficult and influential period in her life. At the end of the 1960s, when she was eighteen, she was committed to a mental institution after a half-hearted suicide attempt and diagnosed with Borderline Personality Disorder. She spent two years at McLean, where also famous persons like Sylvia Plath, Anne Sexton, Robert Lowell and Ray Charles have been in treatment. This paper will be trying to point out the difficulties with which people, especially women, were confronted in the 1960s, when they were different in some way and how this could result in being caught in a kind of parallel universe or, even worse, being stuck in between two worlds and not knowing where they belong.

Murder, Madness, and the Law

My Misadventures in Motherhood, Love, and Epilepsy

The Very Nice Box

The Sunlight On The Garden

Crazy As Chocolate

The gripping, unforgettable, and deeply affecting story of a young clinical psychologist learning how she can best help her patients, The Skeleton Cupboard is a riveting and revealing memoir that offers fascinating insight into the human mind. In The Skeleton Cupboard, Professor Tanya Byron recounts the stories of the patients who most influenced her career as a mental health practitioner. Spanning her years of training—years in which Byron was forced her to contend with the harsh realities of the lives of her patients and confront a dark moment in her own family's past—The Skeleton Cupboard is a compelling and compassionate account of how much health practitioners can learn from those they treat. Among others, we meet Ray, a violent sociopath desperate to be shown tenderness and compassion; Mollie, a talented teenager intent on starving herself; and Imogen, a twelve-year old so haunted by a secret that she's intent on killing herself. Byron brings the reader along as she uncovers the reasons each of these individuals behave the way they do, resulting in a thrilling, compulsively readable psychological mystery that sheds light on mental illness and what its treatment tells us about ourselves.

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Seminar paper from the year 2002 in the subject American Studies - Literature, grade: 1,3 (A), Technical University of Braunschweig (English Seminar), course: HS Film and Literature, 3 entries in the bibliography, language: English, abstract: "You spent nearly two years in a loony bin! Why in the world were you there? I can't believe it!" Translation: If you're crazy, then I'm crazy, and I'm not, so the whole thing must have been a mistake (125)." How do we know whether someone is insane or sane? Susanna Kaysen's account Girl, Interrupted is told to us through the eyes of a girl who is diagnosed with a borderline personality disorder- can we believe the things she is telling us, or are her memories distorted by her mental illness? The unreliability of the first-person-narrator is not only a question when dealing with the book, but it is also an interesting aspect to consider when taking a closer look at the cinematic version of Girl, Interrupted. In order to analyze how Kaysen's literary work was adapted, I will first shortly introduce the book and the movie. Then I will compare the two works with regard to narrative perspective, plot and time frame, characters, and cultural background.

For fans of Elinor Oliphant Is Completely Fine and Severance: an offbeat, wryly funny debut novel that follows an eccentric product engineer who works for a hip furniture company where sweeping corporate change lands her under the purview of a startlingly charismatic boss who seems determined to get close to her at all costs . . .

How to be a Woman

Skin Game

A Novel

My Recovery from Borderline Personality Disorder

A Noble Fight

1913: Suffragette throws herself under the King's horse. 1969 u Feminists storm Miss World. NOW u Caitlin Moran rewrites The Female Eunuch from a bar stool and demands to know why pants are getting smaller. There's never been a better time to be a woman: we have the vote and the Pill, and we haven't been burnt as witches since 1727.

"In these dark days, Saleema Nawaz dares to write of hope. Songs for the End of the World is a loving, vivid, tenderly felt novel about men, women, and a possible apocalypse. I couldn't put it down." -- Sean Michaels, author of Us Conductors and The Wagers From the award-winning, Canada Reads-shortlisted author of Bone and Bread comes a spellbinding and immersive novel about the power of community and the triumph of human connection, as the bonds of love, family, and duty are tested by an impending pandemic. How quickly he'd forgotten a fundamental truth: the closer you got to the heart of a calamity, the more resilience there was to be found. This is the story of a handful of people who find themselves living through an unfolding catastrophe. Elliot is a first responder in New York, a man running from past failures and struggling to do the right thing. Emma is a pregnant singer preparing to headline a benefit concert for victims of the outbreak--all while questioning what kind of world her child is coming into. Owen is the author of a bestselling plague novel with eerie similarities to the real-life pandemic. As fact and fiction begin to blur, he must decide whether his lifelong instinct for self-preservation has been worth the cost. As the novel moves back and forth in time, we discover these characters' ties to one another and to those whose lives intersect with theirs, in an extraordinary web of connection and community that reveals none of us is ever truly alone. Linking them all is the mystery of the so-called ARAMIS Girl, a woman at the first infection site whose unknown identity and whereabouts cause a furor. Written and revised between 2013 and 2019, and brilliantly told by an unforgettable chorus of voices, Saleema Nawaz's glittering novel is a moving and hopeful meditation on what we owe to ourselves and to each other. It reminds us that disaster can bring out the best in people--and that coming together may be what saves us in the end.

In 1880, Ada Curtis bore Gerald Howard the first of several illegitimate children. Ada was a housemaid, the daughter of a Lincolnshire butcher. Gerald was her employer and the son of a once-grand family now obsessed with its own threadbare nobility. They thereby sent their descendants tumbling chaotically into the twentieth century. More than a century later, inspired by the stories, reinventions and half-truths in her family's past, Elizabeth Speller - Gerald and Ada's great-granddaughter - set out to trace the criss-crossing lines of their history, and, as she recovered from a mental breakdown, she began to wonder if that history offered any explanation of what had happened in her own life. The search brings vividly to life the passions and hopes of four generations, amid tales of wealth inherited and lost, eccentricity, sexual indiscretion and madness. Ultimately, this book will remain in the memory as a beautifully realised sequence of portraits of mothers and daughters.

Dinah Sachs and Asa Thayer have had a love affair, conducted in afternoons stolen from the office of the magazine where they work. But now that the affair is over, Dinah, in an act of lingering passion, invents a narrative of Asa's youth, imagining the events that shaped the "happy, handsome man" who, in her words, "was born to stomp on my heart." Witty and sexy, funny and immediate, Asa, As I Knew Him is a seductive dialogue between love and memory, obsession and illusion.

Walking the Line - Girl, Interrupted on Her Way from Adolescence to Womanhood at a Borderline to a Parallel Universe

Get Me Out of Here

Perforating the Parallel Universe

Disability Theory

Girl Interrupted B Book Club

A compulsively readable novel of enormous charm swimming in the cuisine and culture of the Faroe Islands from the author of *Girl, Interrupted*. Jonathan Brand, a graduate student in anthropology, has decided to do his fieldwork in the remote Faroe Islands in the North Atlantic. But, despite his Harvard training, he can barely understand, let alone "study," the culture he encounters. From his struggles with the local cuisine to his affair with the Danish woman the locals want him to marry, Jonathan is both repelled by and drawn into the Faroese way of life. Wry and insightful, *Far Afield* reveals Susanna Kaysen's gifts of imagination, satire, and compassion.

A young adult debut by the best-selling author of *The Interestings* traces the experiences of Jam, who is sent to a therapeutic Vermont boarding school where she confronts her losses in the aftermath of her beloved boyfriend's shattering death. *Simultaneous eBook*.

"There was very fine, an elegant pain, hardly a pain at all, like the swift and fleeting burn of a drop of hot candle wax...Then the blood welled up and began to distort the pure, stark edges of my delicately wrought wound. "The chaos in my head spun itself into a silk of silence. I had distilled myself to the immediacy of hand, blade, blood, flesh." There are an estimated two to three million "cutters" in America, but experts warn that, as with anorexia, this could be just the tip of the iceberg of those affected by this little-known disorder. Cutting has only just begun to enter public consciousness as a dangerous affliction that tends to take hold of adolescent girls and can last, hidden and untreated, well into adulthood. Caroline Kettlewell is an intelligent woman with a promising career and a family. She is also a former cutter, and the first person to tell her own story about living with and overcoming the disorder. She grew up on the campus of a boys' boarding school where her father taught. As she entered adolescence, the combination of a family where frank discussion was avoided and life in what seemed like a fishbowl, where she and her sister were practically the only girls the students ever saw, became unbearable for Caroline. She discovered that the only way to find relief from overpowering feelings of self-consciousness, discomfort, and alienation was to physically hurt herself. She began cutting her arms and legs in the seventh grade, and continued into her twenties. Why would a rational person resort to such extreme measures? How did she recognize and overcome her problem? In a memoir startling for its honesty, humor, and poignancy, Caroline Kettlewell offers a clear-eyed account of her own struggle to survive this debilitating affliction.

Please note: This is a companion version & not the original book. *Sample Book Insights: #1 The Parallel Universe* is a place where the laws of physics are suspended. What goes up does not necessarily come down, a body at rest does not tend to stay at rest, and not every action can be counted on to provoke an equal and opposite reaction.

The Forager's Guide to Wild Foods

Girl Interrupted: Comparison of Book and Movie

Baby Animal Hidden Pictures Puffy Sticker Playscenes

Loud in the House of Myself: Memoir of a Strange Girl

Literary Contexts in Novels

This baby animal-themed collection of adorable Hidden Pictures puzzles and other activities--plus more than 50 puffy stickers--is perfect for every animal-loving child. Baby animals and puffy stickers meet in this unbeatable collection! Young puzzlers will love hunting for hidden objects in fun Hidden Pictures puzzles and solving other bright, engaging

picture puzzles. Kids can also decorate each scene with the included puffy stickers. Get ready for imaginative fun!

A woman diagnosed with dissociative identity disorder reveals her harrowing journey from abuse to recovery in this New York Times bestselling autobiography written by her own multiple personalities. Successful, happily married Truddi Chase began therapy hoping to find the reasons behind her extreme anxiety, mood swings, and periodic blackouts. What emerged from her sessions was terrifying: Truddi's mind and body were inhabited by the Troops—ninety-two individual voices that emerged to shield her from her traumatizing childhood. For years the Troops created a world where she could hide from the pain of the ritualized sexual abuse she suffered at the hands of her own stepfather—abuse that began when she was only two years old. It was a past that Truddi didn't even know existed, until she and her therapist took a journey to where the nightmare began... Written by the Troops themselves, *When Rabbit Howls* is told by the very alter-egos who once stayed with Truddi Chase, watched over her, and protected her. What they reveal is a spellbinding descent into a personal hell—and an ultimate, triumphant deliverance for the woman they became.

Elizabeth Packard's story is one of courage and accomplishment in the face of injustice and heartbreak. In 1860, her husband, a strong-willed Calvinist minister, committed her to an Illinois insane asylum in an effort to protect their children and his church from what he considered her heretical religious ideas. Upon her release three years later (as her husband sought to return her to an asylum), Packard obtained a jury trial and was declared sane. Before the trial even began, however, her husband sold their home and left for Massachusetts with their young children and her personal property. His actions were perfectly legal under Illinois and Massachusetts law; Packard had no legal recourse by which to reclaim her children and property. This experience in the legal system, along with her experience as an asylum patient, launched Packard into a career as an advocate for the civil rights of married women and the mentally ill. She wrote numerous books and lobbied legislatures literally from coast to coast advocating more stringent commitment laws, protection of the rights of asylum patients, and laws to give married women equal rights in matters of child custody, property, and earnings. Despite strong opposition from the psychiatric community, Packard's laws were passed in state after state, having a lasting impact on commitment and care of the mentally ill in the United States. Packard's life demonstrates how different streams of American social and intellectual history led to conflict between the freethinking Packard, her Calvinist husband, her asylum doctor, and America's fledgling psychiatric profession. It is this conflict--along with her personal battle to transcend the stigma of insanity and regain custody of her children--that makes Elizabeth Packard's story so forceful and compelling.

Two family sabbaticals across the Atlantic and a brilliant orchestra conductor shape the perspectives of a young woman from 1950s Harvard Square, who develops new ways of thinking about music, love and art while struggling with feelings of being a perpetual outsider. By the best-selling author of *Girl, Interrupted*. 35,000 first printing.

Belzhar

Songs for the End of the World

Summary of Susanna Kaysen's *Girl, Interrupted*

Far Afield

Lying

She's depressed, they say. Apathetic. Bridget Murphy, almost eighteen, has had it with her zany family. When she is transferred to the children's hospital's psych ward after giving birth to a baby and putting it up for adoption, it is a welcome relief -- even with the manic ranting of a teen stripper and lurid come-ons of a young megalomaniac. But this oasis of relative calm is short-lived. Christmas is coming, and Uncle Albert arrives to whisk Bridget back to the bedlam of home and the booze-soaked social life that got her into trouble in the first place. Her grandmother raves from her bed, banging the wall with a bedpan through a litany of profanities. Her father curses while her mother tries to keep the lid on developmentally delayed Uncle Rollie. The baby's father wants retribution, and her friends don't get that she's changed.

After a session with a psychiatrist she'd never seen before, 18-year-old Susanna Kaysen is sent to McLean Hospital, where she spends the next two years on a ward for disturbed teenage girls. With astonishing honesty, this memoir reveals what mental illness looks and feels like from the inside, and how healing from borderline personality disorder is possible through intensive therapy and the support of loved ones. With astonishing honesty, this memoir, *Get Me Out of Here*, reveals what mental illness looks and feels like from the inside, and how healing from borderline personality disorder is possible through intensive therapy and the support of loved ones. A mother, wife, and working professional, Reiland was diagnosed with borderline personality disorder at the age of 29--a diagnosis that finally explained her explosive anger, manipulative behaviors, and self-destructive episodes including bouts of anorexia, substance abuse, and promiscuity. A truly riveting read with a hopeful message. Excerpt: "My hidden secrets were not well-concealed. The psychological profile had been right as had the books on BPD. I was manipulative, desperately clinging and prone to tantrums, explosiveness, and frantic acts of desperation when I did not feel the intimacy connection was strong enough. The tough chick loner act of self-reliance was a complete facade."

While other children were daydreaming about dances, first kisses, and college, Jodee Blanco was trying to figure out how to go from homeroom to study hall without being taunted or spit upon as she walked through the halls. This powerful, unforgettable memoir chronicles how one child was shunned—and even physically abused—by her classmates from elementary school through high school. It is an unflinching look at what it means to be the outcast, how even the most loving parents can get it all wrong, why schools are often unable to prevent disaster, and how bullying has been misunderstood and mishandled by the mental health community. You will be shocked, moved, and

ultimately inspired by this harrowing tale of survival against insurmountable odds. This vivid story will open your eyes to the harsh realities and long-term consequences of bullying—and how all of us can make a difference in the lives of teens today.

The Blackman's Guide to Understanding the Blackwoman

Please Stop Laughing at Me

Gotham Girl Interrupted

The Bell Jar

Cambridge

"The beauty of Lauren Slater's prose is shocking," said Newsday about *Welcome to My Country*, and now, in this powerful and provocative new book, Slater brilliantly explores a mind, a body, and a life under siege. Diagnosed as a child with a strange illness, brought up in a family given to fantasy and ambition, Lauren Slater developed seizures, auras, neurological disturbances—and an ability to lie. In *Lying: A Metaphorical Memoir*, Slater blends a coming-of-age story with an electrifying exploration of the nature of truth, and of whether it is ever possible to tell—or to know—the facts about a self, a human being, a life. *Lying* chronicles the doctors, the tests, the seizures, the family embarrassments, even as it explores a sensitive child's illness as both metaphor and a means of attention-getting—a human being's susceptibility to malady, and to storytelling as an act of healing and as part of the quest for love. This mesmerizing memoir openly questions the reliability of memoir itself, the trickiness of the mind in perceiving reality, the slippery nature of illness and diagnosis—the shifting perceptions and images of who we are and what, for God's sake, is the matter with us. In *Lying*, Lauren Slater forces us to redraw the boundary between what we know as fact and what we believe we create as fiction. Here a young woman discovers not only what plagues her but also what heals her—the birth of sensuality, her creativity as an artist—in a book that reaffirms how a fine writer can reveal what is common to us all in the course of telling her own unique story. About *Welcome to My Country*, the *San Francisco Chronicle* said, "Every page brims with beautifully rendered images of thoughts, feelings, emotional states." The same can be said about *Lying: A Metaphorical Memoir*.

Izzy's eccentric, complicated mother committed suicide on her forty-first birthday. Now, on the night before Izzy herself is to turn forty-one, she struggles with the realization that she will be older than her mother ever was. And to make matters worse, her widowed father, unstable sister Ellie, and precocious niece have decided to accompany her to Colorado for what promises to be an emotionally charged weekend. As Izzy is flooded with memories from her past and wonders about her future, she must face a choice that could break her family apart.

The author relates her odyssey through the world of gynecological medicine in an attempt to diagnose a mysterious disorder, and addresses larger questions that arise when sexual pleasure is replaced by pain.

This carefully crafted ebook: "The Bell Jar" is formatted for your eReader with a functional and detailed table of contents. Esther Greenwood, a young woman from the suburbs of Boston, gains a summer internship at a prominent magazine in New York City, under editor Jay Cee; however, Esther is neither stimulated nor excited by either the big city or the glamorous culture and lifestyle that girls her age are expected to idolize and emulate. She instead finds her experience to be frightening and disorienting. From hereafter her mental state keeps deteriorating until she starts feeling helpless as if being kept inside a glass bell jar! *The Bell Jar* is the only novel written by the American writer and poet Sylvia Plath. Originally published under the pseudonym "Victoria Lucas" in 1963, the novel is semi-autobiographical, with the names of places and people changed. The book is often regarded as a roman à clef because the protagonist's descent into mental illness parallels Plath's own experiences with what may have been clinical depression or bipolar II disorder. Plath died by suicide a month after its first UK publication. The novel was published under Plath's name for the first time in 1967 and was not published in the United States until 1971, in accordance with the wishes of both Plath's husband, Ted Hughes, and her mother.

Adapting & Directing Susanna Kaysen's *Girl, Interrupted*

Susanna Kaysen's 'Girl, Interrupted'.

Asa, as I Knew Him

Girl Interrupted B C/Px8

When Rabbit Howls

NATIONAL BESTSELLER • In 1967, after a session with a psychiatrist she'd never seen before, eighteen-year-old Susanna Kaysen was put in a taxi and sent to McLean Hospital. Her memoir of the next two years is a "poignant, honest ... triumphantly funny ... and heartbreaking story" (*The New York Times Book Review*). The ward for teenage girls in the McLean psychiatric hospital was as renowned for its famous clientele—Sylvia Plath, Robert Lowell, James Taylor, and Ray Charles—as for its progressive methods of treating those who could afford its sanctuary. Kaysen's memoir encompasses horror and razor-edged perception while providing vivid portraits of her fellow patients and their keepers. It is a brilliant evocation of a "parallel universe" set within the kaleidoscopically shifting landscape of the late sixties. *Girl, Interrupted* is a clear-sighted, unflinching document that gives lasting and specific dimension to our definitions of sane and insane, mental illness and recovery.

"Disability Theory is just the book we've been waiting for. Clear, cogent, compelling analyses of the tension between the 'social model' of disability and the material details of impairment; of identity politics and unstable identities; of capability rights and human interdependence; of disability and law, disability as masquerade, disability and sexuality, disability and democracy---they're all here, in beautifully crafted and intellectually startling essays. *Disability Theory* is a field-defining book: and if you're curious about what 'disability' has to do with 'theory,' it's just the book you've been waiting for, too." ---Michael Bérubé, Pennsylvania State University "Disability Theory is magisterially written, thoroughly researched, and polemically powerful. It will be controversial in a number of areas and will probably ruffle feathers both in disability studies as well as in realms of cultural theory. And that's all to the good." ---Michael Davidson, University of California, San Diego "Not only is *Disability Theory* a groundbreaking contribution to disability studies, it is also a bold, ambitious and much needed revision to a number of adjacent and overlapping fields including cultural studies, literary theory, queer theory, and critical race studies. Siebers has written a powerful manifesto that calls theory to account and forces readers to think beyond our comfort zones." ---Helen Deutsch, University of California, Los Angeles Intelligent, provocative, and challenging, *Disability Theory* revolutionizes the terrain of theory by providing indisputable evidence of the value and utility that a disability studies perspective can bring to key critical and cultural questions. Tobin Siebers persuasively argues that disability studies transfigures basic assumptions about identity, ideology, language, politics, social oppression, and the body. At the same time, he advances the emerging field of disability studies by putting its core issues into contact with signal thinkers in

cultural studies, literary theory, queer theory, gender studies, and critical race theory. Tobin Siebers is V. L. Parrington Collegiate Professor, Professor of English Language and Literature, and Professor of Art and Design at the University of Michigan. A volume in the series Corporealities: Discourses of Disability Illustration: Pattern by Riva Lehrer, acrylic on panel, 18" X 24", 1995

Nora Ephron and Allie Brosh fans take note: Alisa Jones' memoir *Gotham Girl Interrupted* is a smart stand-up comedy about the power of falling down. "Get to your safe spaces, people. Here comes the shimmer..." From irreverent NYC blogger Alisa Kennedy Jones comes an account of her "misadventures in motherhood, love, and epilepsy" that James Patterson calls "smart, harrowing, heart-warming, and very funny." What do Da Vinci, Agatha Christie, and blogger Alisa Kennedy Jones have in common? If you said "timeless artistic genius", stop sucking up--the answer is ecstatic epilepsy. In this hilarious and moving dispatch from the frontlines of neurodiversity, Jones chronicles life with these terrifying-yet-beautiful grand mal seizures. Characteristic of Jones's condition are attacks which leave her with what Zen Buddhists sometimes refer to as a "beginner's mind": a vast, open expanse of headspace, coupled with a creative euphoria. With bracing candor and humility, Jones describes living with chronic illness, single motherhood, and her day-to-day life as a hapless writer in NYC. Above all, Jones reminds us to fight the battle for becoming who we are supposed to be--no matter how much flopping around on the ground and wetting ourselves we have to do to get there.

The world of the schizophrenic, the depressed, the suicidal can seem a foreign, frightening place. Now, a brilliant writer/psychologist takes readers on a mesmerizing journey into this enigmatic world. As readers interact through Slater with patients Lenny, Moxi, Oscar, and Marie, they come to understand more about the human mind and spirit. First serial to Harper's.

Insanity

The Camera My Mother Gave Me

The Skeleton Cupboard: The Making of a Clinical Psychologist

Welcome to My Country

Strange Heaven

319 color pages, 400 wild foods, plant localization maps for each plant (400 maps), paperback, great print quality, superior plant identification guidelines, recipes for each plant, full page photos of the plants, at least 3 pictures for each plant, medicinal uses. The Forager's Guide to Wild Foods is probably the most important thing you want to have by your side when you go out foraging. Maybe there are times when you're still not sure about a certain plant and you need to consult the book, despite your vast experience. Or maybe you don't have experience at all and just want to find wild goodies using the book. This book is the ultimate resource for every home, kept right next to your emergency foods, in your Bug out Bag, on your coffee table, or in your bookcase. You can use this book to put food on your table in case hard times are coming ahead. This knowledge is better at your fingertips now, as you might not be able to get it when you need it the most. You can also use the book to make your own remedies from plants growing around you. Inside The Forager's Guide to Wild Foods there are hundreds of medicinal plants and detailed, super simple instructions on how to take advantage of them. A lot of high-priced foods you find labeled as ORGANIC, are nothing compared to the ones that grow in the wild. Wild foods mean no GMO, no pesticides, herbicides or harmful contaminants. There are no foods healthier than the ones you pick yourself in the wild. This is FREE food and it's completely up for grabs. The plant knowledge is no longer taught as it has been for thousands of generations before us. If we don't do something about it, this knowledge will be lost forever and one day we might pay the ultimate price for this. When you were growing up, it was probably your parents or grandparents that helped you identify your very first berry.

Two family sabbaticals across the Atlantic and a brilliant orchestra conductor shape the perspectives of a young woman from 1950s Harvard Square, who develops new ways of thinking about music, love, and art while struggling with feelings of being a perpetual outsider.

The truth won't let her go. Sophie Winters nearly died. Twice. The first time, she's fourteen, and escapes a near-fatal car accident with scars, a bum leg, and an addiction to Oxy that'll take years to kick. The second time, she's seventeen, and it's no accident. Sophie and her best friend Mina are confronted by a masked man in the woods. Sophie survives, but Mina is not so lucky. When the cops deem Mina's murder a drug deal gone wrong, casting partial blame on Sophie, no one will believe the truth: Sophie has been clean for months, and it was Mina who led her into the woods that night for a meeting shrouded in mystery. After a forced stint in rehab, Sophie returns home to a chilly new reality. Mina's brother won't speak to her, her parents fear she'll relapse, old friends have become enemies, and Sophie has to learn how to live without her other half. To make matters worse, no one is looking in the right places and Sophie must search for Mina's murderer on her own. But with every step, Sophie comes closer to revealing all: about herself, about Mina---and about the secret they shared.

A Memoir

One Woman's Inspirational Story

A Metaphorical Memoir

Girl, Interrupted

Elizabeth Packard