

## ***Get It Together A Guide To Surviving Your Quarterlife Crisis***

New title in the Smart Girl's Guides line of advice books. Includes quizzes, and quotes and advice from real girls. Loaded with tips and advice for getting control of your space, your belongings, your schedule, and your responsibilities#8212at home and at school. Major help with de-cluttering, starting small with a girl's backpack and locker, and then moving on to "5 zones" of her room: study, entertainment, clothing, get-ready, and sleep. Focus on emotional well-being#8212less frustration, less stress, more calm and confident, better relationships, better performance, increased happiness with life#8212when not late or losing or forgetting things. Includes "One Small Step" sidebars throughout, to help a girl get started with each area of organization and not feel overwhelmed.

Shares the stories of men and women, including filmmakers and CEOs, who have set their own paths toward the careers of their dreams.

This is a constructive and down-to-earth guide to all the milestones you face in your twenties - first job, debt, considering pensions, redundancy, buying a place or renting, moving in together - and how to deal with them. Get It Together is structured in four parts - Work, Money, Housing and Relationships - and examines the problems they raise as well as providing lists of resources, helpful advice, and answers to the some of the questions most affecting people in their twenties - and beyond: How do you negotiate pay in your first job? Do you have to have a pension or should you just sell a kidney to buy a flat? How much debt is too much? and is it possible to be terminally single? After surviving his own quarterlife crisis, and interviewing hundreds of others in the same situation, Damian Barr has written a practical, reassuring and funny guide to sorting yourself out in your wilderness years.

Move aside, Martha. Out of the way, Oprah. Pack your bags, Amy Sedaris. There's a new lifestyle guru in town! After getting his start years ago on HGTV, Orlando Soria has made his way to the upper strata of the blogosphere with Hommemaker, his blog about home décor, art, style, and life. His distinctive voice--funny, confessional, and honest--has made him the Dan Savage of millennial homemaking. Now he brings together his most original, endearing, and irreverent advice in one gorgeous book that will help readers out of all kinds of tight spots--whether it's throwing a dinner party when you're broke, hanging art like a gallery owner, or preparing your home for an unwanted guest. In sections on interior style, design, "Homme Life," DIY, and general life lessons, Orlando offers advice on topics such as "How to Make Non-Garbagey Flower Arrangements" and "How to Deal with a Soul-Sucking Breakup." He helps readers problem solve, avoid rookie mistakes, and choose a wall color that won't make them puke. Photographer Zeke Ruelas's stunning images accompany Orlando's tips on designing for dudes, making your own coffee table, and decorating a kid's room. Whether you're short on cash or have money to burn, Orlando's unique and highly contagious take on life will inspire, comfort, and reassure you that anyone can Get It Together!

A Get-It-Together Guide for Grads, Students and Career Newbies

How to Make Life Work

Get It Together

How to Manage Your Time and Life in Recovery

A Real Guide to Really Getting It Together Once and for All

A Guide for Good Groups

Get Your S. H. I. P. Together!

Getting Away to Get It Together: A Getaway Guide for Couples

A shot of encouragement, a kick in the ass, and a loving push for young people who have no idea what they want or how to get it Career Rookie is a book for every grad, student,

and 20-something who feels lost, overwhelmed, and anxious. It tackles the emotional and logistical WTF-ness of starting your career, answering questions like, What if I don't have any experience? What if I went to school for something I hated? What if I have NO IDEA what I actually want? Should I just suck it up and settle? Because, honestly, this career thing is starting to give me an ulcer. This fresh, fun guide gives even the most lost and overwhelmed a way forward. It explores passion, curiosity, uncertainty, self-sabotage, and more on the quest to shake off post-graduation paralysis. Finding the right career can seem impossible, but Sarah Vermunt is the fun-loving, straight-talking coach we all need to make feel-good work a reality.

Guess which couple got more of what they wanted: Charles and Charlotte, who worked out a negotiated settlement together? Or John and Joyce, who let the court settle their differences? Couples who want to negotiate their own divorce settlements now have a comprehensive self-help guide, complete with ground rules, agendas for discussion, sample forms, and options for divorce mediation without "bloodshed." Not quite a "do-it-yourself" manual - you'll still need an attorney - but packed with real-couple examples of successful agreements on Co-Parenting, Custody, Financial Support, College Planning, Property, Insurance, Taxes.... An organized, thorough guide to the important issues for every separating couple, and an effective aid for those who seek professional mediation. "Your chances of getting the outcome you want are best when you take control of the decision-making process," says Martin Kranitz, Director of the National Center for Mediation Education in Annapolis, Maryland. "Couples can work out their own decisions, if they know what to talk about."

Bestselling diva Michelle McKinney Hammond dishes on her tips for making the most of every day in this sassy "owner's guide" to living the life you want. Are circumstances of life pushing you around? Are you tired of feeling like a victim? It's time to stand up and live large! In this hands-on owners guide to life, Michelle McKinney Hammond teaches you to take a deep breath, stand tall, and take charge of your situation. Taking a look at readers' innate gifts, Michelle studies the clues to finding our purpose, nurturing our spirits, minds, and bodies, and establishing balance in our many different relationships. Through it all, Michelle gives us a refreshing picture of what life is supposed to look like according to the Manufacturer's design. HOW TO MAKE LIFE WORK includes a fun, high-design interior that makes it a breezy, playful read.

A brilliant new life in seven easy-to-follow steps. What could possibly go wrong? At twenty-four, Megan Riley has a boring job and a humdrum life. Then she stumbles across a magazine article called "How to Be a Confident Woman." Her flatmate, Zara, thinks it's daft, but Megan is certain that this list is her path to a more exciting future. Clearing the chocolate stash out of her desk and investing in good lingerie are simple enough. It's the part about asking out a guy who's way out of her league that's a disaster waiting to happen. Liam Wiseman is gorgeous, funny and...totally not into Megan. It's almost enough to drive her into the arms of the "successful London lawyer" Megan's mum has picked out for her. Almost. As Megan strides boldly from one misadventure to the next, she discovers that being a strong, independent woman doesn't mean wearing an expensive bra or learning to make a chicken curry. True confidence means being herself—and being herself might just

result in finding love along the way.

How to Do It Now Because It's Not Going Away

A No-Pressure Guide for Real-Life Self-Growth

Get It Together!

A Step-by-Step Plan for Surviving Your Quarterlife Crisis

You Do You

Get Your Financial Sh\*t Together

How to Be Who You Are and Use What You've Got to Get What You Want

The Practical Reference Guide

In this candid, refreshing guide for young women to take with us as we run the world, Emilie Aries shows you how to own your power, know your worth, and design your career and life accordingly. Young women today face an uncertain job market, the pressure to ascend at all costs, and a fear of burning out. But the landscape is changing, and women are taking an assertive role in shaping our careers and lives, while investing more and more in our community of support. *Bossed Up* teaches you how to: Break out of the "martyrdom mindset," and cultivate your Boss Identity by getting clear on what you really want for your career and life without apology; Hone the self-advocacy skills necessary for success; Understand the differences between being assertive (which is part of being a leader) and being aggressive (which is more like being a bully) - and how that clarity can transform your trajectory; Beat burnout by identifying how the warning signs may be showing up in your life and how to prioritize bringing more rest, purpose, agency, and community to your day-to-day life; Unpack the steps to cultivating something more than just confidence; a boss identity, which will establish your ability to be the boss of your life no matter what comes your way. Drawing from timely research, and with personal stories, and spotlights on a diverse group of women from the *Bossed Up* community, this book will show you how to craft a happy, healthy, and sustainable career path you'll love.

*Guitar Scales in Context* goes further than every other scale dictionary available: it provides you with backing tracks and licks for every one of the essential 18 scales and modes that it covers. With over 50 backing tracks included, each scale is analysed, discussed and shown in the five most commonly used patterns. Each scale shape is given with a corresponding chord, triad and arpeggio pattern to help you build and memorise the scale, both physically and aurally. Each scale has an extensive information page giving examples of its use and a description of its unique character. Finally, so you can experience how each scale sounds and feels, three live-recorded example licks are given so you can instantly put the scales into musical context. *Guitar Scales in Context* is essential reading and practical application for anyone wanting to develop their fretboard skills, music theory and aural awareness. Scales Covered Include: The Major Scale The Dorian Mode The Phrygian Mode The Lydian Mode The Mixolydian Mode The Aeolian Mode The Locrian Mode The Minor Pentatonic (Blues) Scale The Major Pentatonic (Blues) Scale The Melodic Minor Mode The Lydian Dominant Mode The Altered Scale The Harmonic Minor Scale The Phrygian Dominant Mode The Mixolydian Bebop Scale The Dorian Bebop Scale The Half Whole Diminished Scale The Whole Tone Scale Scroll up to buy *Guitar Scales in Context* now.

The author shares anecdotes, advice, and cringe-inducing jokes based on her own experiences of being an insecure misfit, and counsels readers on fitness, grooming, and pursuing healthy goals.

An introduction to the techniques of psychological analysis: how to recognize one's hang-ups, what causes them, and how to seek professional help.

Get Your Life Together(ish)

An Expert Guide to Getting Stuff Done

A Guide to Navigating the Tricky World of Personal Finance, Income, Expenses, Debt and Future Planning

Guitar Scales in Context

The Unique Challenges of Life in Your Twenties

Bossed Up

Skint? Single? Stressed? - A Guide to Surviving Your Quarterlife Crisis

Organized Serenity

**Em Griffin describes three kinds of groups (task groups, relationship groups and influence groups) and explores their dynamics.**

**This super-practical guide to personal success is packed with no-nonsense tips that will get anyone where they want to be in business and in life Why do you always feel so BUSY? You are constantly adding to your to-do list, drowning in tasks at the office, and still can't get on top of your workload. You work so hard and yet you're not where you want to be in your career and in your life. How can that be? Get It Together gets to the bottom of this question and provides you with the tools and insights you need to transform your career—and finally live the life you always dreamed of. Career-management expert, bestselling author, and in-demand speaker, Lauren Berger is here to help you break your current habits, get out of your own way, and not only set, but master your very own personalized goals. Get It Together provides 17 guiding principles for achieving ultimate success, including:**

**•Always self-evaluate •Cope with failure—it's inevitable •Determine your goals •Stop getting ready to get ready •Know your priorities Embrace and apply these principles and you'll have the foundation you need to create real and lasting success—both professionally and personally. Before you know it, you'll be thinking more clearly, approaching tasks with a greater sense of purpose, and generating unthinkable results . It's time to stop spinning your wheels and make the most of your time by aligning your actions with your priorities. It's time, once and for all, to GET IT TOGETHER.**

**You're 25 but feel 45. You should be having the time of your life, but all you do is stress about your future-free job, low salary, alleged friends and non-existent partner. If your life were a movie it would go straight to video. And no-one would rent it. their twenties and thirties from all over the UK - everybody had a different story, but there were common themes. Almost everyone felt they should be doing better, earning more, living faster and looking better than they do now. about. The quarterlife crisis can affect any, or all, of these areas and this title looks in depth at each area. Is it worth doing a postgrad or working abroad? Should you buy or rent? What are the true start-up costs of your first job and how do you negotiate pay? Is the person you first started going out with as a fresher still right for you? Are you still**

**right for them? Is the answer non-monogamy? apart? If so, you're in good company. If not go away. Nobody wants to hear about how fabulous your life is.**

**Achieve your goals—no matter how big or small—with these 50 simple challenges that actually fit into your life, using this accessible and self-paced approach to self-improvement. Looking to improve your relationships? Be more confident at work? Eat less sugar? However you want to be better, Get Your Life Together (Ish) is here to help with fifty simple, actionable challenges to self-improvement. With reward-based challenges ranging from easy to hard, this book will be with you every step of the way in your journey to the person you want to be. Try an easy level challenge that can be completed in a single day—like waking up fifteen minutes early to give yourself a little morning “me-time.” Or work up to a harder challenge that you’ll tackle over the course of a month—like signing up for a weekly yoga class and making a commitment to attend every single one. Learn from easy-to-follow, step-by-step instructions and track your goals and successes with interactive worksheets. And with manageable, realistic timelines for each challenge, you’ll find it easy to make changes in your daily life—without any added pressure! With this book in hand, you’ll discover everything from how to start saving money to how to develop a cleaning routine, to creating an emergency fund and avoiding burnout at work. Whatever changes you’re looking to make in your life and in yourself, there’s a plan for you here. Start to change your life...one challenge at a time!**

**The Awesome Guide to Life**

**Getting It Together How to Organize Your Space, Your Stuff, Your Time-And Your Life**

**Get Fit, Get Laid, Get Your Sh\*t Together**

**Organize Your Records So Your Family Won't Have to**

**The Complete Idiot's Guide to Living Together**

**The Couple's Guide to a Fair Divorce Or Separation**

**Getting Apart Together  
(Really)**

*Describes what obsessive-compulsive disorder is and how it works, and teaches young readers techniques to reduce and overcome it through writing and drawing activities and self-help exercises and strategies.*

*An undated 52-week planner with organizational tools and inspirational messages to help kick-start the year ahead (whenever you want to begin!) and direct you toward a life filled with purpose, intentionality, and fruitfulness. "Be strong and courageous, and do the work. Don't be afraid or*

*discouraged, for the Lord God, my God, is with you. He will not fail you or forsake you." --1 Chronicles 28-20, NLT* The Get It Together Planner features classic Scriptures on fruitfulness and productivity as well as timeless quotes from inspirational experts in the fields of purpose, mindfulness, and intentionality. The beautifully designed interior has ample room for recording appointments and deadlines, shopping and to-do lists, meal plans and budgets, and much more. Each month, space is dedicated for reflection on the month past and setting firm intentions and goals for the month ahead.

Your guide to making it as a real-life grownup! Like a lot of people, author Mary Traina spent her early twenties making a mess out of her life--until she realized it was time to toss the red Solo cups and finally grow up. In *The Twentysomething Guide to Getting It Together*, she teaches you how to bust out of your rut with practical advice for kicking your bad habits, taking action toward your goals, and moving on to the next stage of your life as an adult. From answering tough relationship questions to advancing your career, she'll tackle all your biggest issues as well as give you a step-by-step plan for getting through your twenties in one piece. Through Traina's signature humor, research, and real-world tips, this groundbreaking guide shows you how to: Date a real man. Escape entry-level hell. Stop binge-drinking and overeating. Emerge from a mountain of debt. Cut those toxic friends of convenience. With the same hip pop-culture references and endless wit that landed her a regular column on Zooey Deschanel's website, Mary Traina makes getting life together fun, easy, and--gasp--the cool thing to do!

From the New York Times bestselling author of *The Life-Changing Magic of Not Giving a F\*ck* and *Get Your Sh\*t Together* comes more straight talk about how to stand up for who you are and what you really want, need, and deserve -- showing when it's okay to be selfish, why it's pointless to be perfect, and how to be "difficult." Being yourself should be easy, yet too many of us struggle to live on other people's terms instead of our own. Rather than feeling large and in charge, we feel little and belittled. Sound familiar? Bestselling "anti-guru" Sarah Knight has three simple words for you: YOU DO YOU. It's time to start putting your happiness first -- and stop letting other people tell you

*what to do, how to do it, or why it can't be done. And don't panic! You can do it without losing friends and alienating people. Knight delivers her trademark no-bullsh\*t advice about: The Tyranny of "Just Because" The social contract and how to amend it Turning "flaws" into strengths -- aka "mental redecorating" Why it's not your job to be nice Letting your freak flag fly How to take risks, silence the doubters, and prove the haters wrong Praise for Sarah Knight: "Genius." -- Cosmopolitan "Self-help to swear by." -- The Boston Globe "Hilarious... truly practical." -- Booklist*

*Getting Together*

*The Wealthy Travel Agent Guide to Sales*

*Get It Together Girl!*

*How To Get Your Act Together*

*A Guide to Surviving Your Quarterlife Crisis*

*The Well-Being Guide*

*A Grown Woman's Guide to Getting Your Sh\*t Together*

*What to Do when Your Brain Gets Stuck*

**A tool to help gain momentum and clarity in the sometimes-confusing maze called life and work. The book covers subjects as diverse as parenting, finances, relationships, career, and more. With distance learning, teens are having to manage their time and attention now more than ever. Procrastination is especially tough for young adults. Getting started is overwhelming, it's hard to get motivated, not knowing how long things take messes up planning, and distractions are everywhere. We are all wired to put things off, but we can learn tools and techniques to kick this habit. This book is a user-friendly guide to help teens get their tasks done. Simple, straightforward, and with a touch of humor, it's packed with practical solutions and easily digestible tips to stay on top of homework, develop a sense of time, manage digital distractions, create easy-to-follow routines, and get unstuck. In her breezy, witty style, internationally recognized academic and parenting coach Leslie Josel opens the door to a student's view of procrastination, dives deep into what that really looks like, and offers up her Triple Ts—tips, tools and techniques—to teach students how to get stuff done...now. "Hey Guys! This book is the easiest and fastest way for you to learn how to help yourself. If your parents are constantly on you about school stuff, how you manage your time or things like that you'll definitely want to use this book." □ Ryan Wexelblatt, LCSW (ADHD Dude) "Listen up, parents! This is the book that will get teens nodding their heads—and actually using the strategies and tips as they transform their study time! Teens and college students alike will feel totally empowered as they tackle their toughest obstacles:**

**procrastination, distraction, organization, and all the rest. With real-life examples and a super-readable format, students will gain the practical help they need to power through their studies and do their best work." Amy McCready, author of The "Me, Me, Me" Epidemic: A Step-by-Step Guide to Raising Capable, Grateful Kids in an Over-Entitled World**

**The New York Times bestseller is back! The career workbook Roadmap is better than ever. Roadmap has been updated and expanded with tons of brand new content—including chapters on changing directions mid-career and not letting your past define your future. Through inspirational stories and interviews, journal-like prompts, and practical career development information, this helpful resource will steer students, recent graduates, and career-changers toward an authentic, fulfilling life. • Features fresh perspectives from people like singer-songwriter John Legend, surfing world champion Layne Beachley, and MacArthur fellow and radio host Jad Abumrad • Full of advice for people seeking a fulfilling work life that will make them happy and keep them engaged • A self-mapped guide to creating a rewarding and satisfying work life Roadtrip Nation, based in Costa Mesa, was founded by Nathan Gebhard, Mike Marriner, and Brian McAllister in 2001, and has grown into a national career exploration movement, educational organization, and PBS series. Since its original publication in 2015, the team at Roadtrip Nation has continued to travel the world and interview accomplished individuals about their path to success. • Great for recent college graduates, interns, or anyone questioning their career path and in need of advice and a fresh perspective • Useful as a resource for career advisers, educators, and companies who want to foster an engaged workforce • Add it to the collection of books like What Color Is Your Parachute? 2019: A Practical Manual for Job-Hunters and Career-Changers by Richard N. Bolles, Designing Your Life: How to Build a Well-Lived, Joyful Life by Bill Burnett and Dave Evans, and How to Have a Good Day: Harness the Power of Behavioral Science to Transform Your Working Life by Caroline Webb**

**Are you a fan of Raina Telgemeier or Shannon Hale? Then don't miss PAWS, a new graphic novel series about best friends, cute dogs, and all the fun (and trouble) that comes with them. Perfect for fans of Real Friends, Roller Girl, and Allergic, this funny and heartwarming series is the Baby-Sitters Club for pets! Meet best friends Gabby Jordan, Priya Gupta, and Mindy Kim. They're different in just about every way—personalities, hobbies, family, and more—but they have a few important things in common: they're all in the same class, they absolutely love animals, and for reasons that are as varied as the trio themselves none of them can actually have any pets. Unable to resist the adorable temptation any longer, the**

**girls decide to come up with a way to finally get their hands on some furry friends. And, as luck would have it, it seems like their neighborhood is in need of some afterschool dog-walkers. So, just like that, PAWS is born! But it turns out that running a business is harder than it looks, especially with three co-owners who are such different people. The girls soon argue about everything, from how to prioritize their commitments to the best way to keep their doggy clients happy. And when their fighting ultimately leads to a doggo crisis, will it tear their business and friendship apart or will they be able to get it together to save the day?**

**Second Edition: The Get-It-Together Guide for Figuring Out What To Do with Your Life (Career Change Advice Book, Self Help Job Workbook)**

**The Twentysomething Guide to Getting It Together**

**PAWS: Gabby Gets It Together**

**Living with Intention Week by Week**

**Find Your Path in Life**

**A Beauty, Style, and Wellness Guide to Getting Your #It# Together Girl, Get It Together**

**Get It!**

*While the midlife crisis has been thoroughly explored by experts, there is another landmine period in our adult development, called the quarterlife crisis, which can be just as devastating. When young adults emerge at graduation from almost two decades of schooling, during which each step to take is clearly marked, they encounter an overwhelming number of choices regarding their careers, finances, homes, and social networks. Confronted by an often shattering whirlwind of new responsibilities, new liberties, and new options, they feel helpless, panicked, indecisive, and apprehensive. Quarterlife Crisis is the first book to document this phenomenon and offer insightful advice on smoothly navigating the challenging transition from childhood to adulthood, from school to the world beyond. It includes the personal stories of more than one hundred twentysomethings who describe their struggles to carve out personal identities; to cope with their fears of failure; to face making choices rather than avoiding them; and to balance all the demanding aspects of personal and professional life. From "What do all my doubts mean?" to "How do I know if the decisions I'm making are right?" this book compellingly addresses the hardest questions facing young adults today.*

*From the New York Times bestselling author, pro skater, satellite radio star and host of The Jason Ellis Show comes The Awesome Guide to Life, a hilarious follow-up full of no-holds-barred advice to help you get the most out of life. Drawing from his own experiences, Ellis offers the wisdom he's accumulated to help you handle any situation. Laugh-out-*

loud funny, told in the irreverent voice that draws legions of fans to his radio show, *The Awesome Guide to Life* teaches you how to create your signature look, how to party, how get laid, how to maintain a relationship, how to pick up a hooker—and more. But to maximize the opportunities that life has to offer you have to have confidence, Ellis argues—the confidence to define what you want, pursue your passion, and make your dreams a reality. In *The Awesome Guide to Life* Jason Ellis shows you how to develop the positive attitude you need to truly make things happen.

*The New York Times* bestseller from the author of *The Life-Changing Magic of Not Giving a F\*ck and You Do You*. The no-f\*cks-given, no-holds-barred guide to living your best life. Ever find yourself stuck at the office-or even just glued to the couch -- when you really want to get out (for once), get to the gym (at last), and get started on that "someday" project you're always putting off? It's time to get your sh\*t together. In *The Life-Changing Magic of Not Giving a F\*ck*, "anti-guru" Sarah Knight introduced readers to the joys of mental decluttering . This book takes you one step further -- organizing the f\*cks you want and need to give, and cutting through the bullsh\*t cycle of self-sabotage to get happy and stay that way. You'll discover: *The Power of Negative Thinking* Three simple tools for getting your sh\*t together *How to spend less and save more* *Ways to manage anxiety, avoid avoidance, and conquer your fear of failure* And tons of other awesome sh\*t! Praise for Sarah Knight: "Genius." -- *Cosmopolitan* "Self-help to swear by." -- *The Boston Globe* "Hilarious... truly practical." -- *Booklist* Since 1987, *Anyone Can Intubate* has been the book for teaching intubation and related techniques. This 5th edition has been extensively rewritten and many new figures have been added. -- Provided by publisher.

*Girls' Guide to Getting It Together*

*Making the Most of Life and Work*

*A 28-Day Guide to Practical NOT Perfect Home Organization*

*Roadmap*

*A Teen's Guide to Getting Stuff Done*

*Get It Together: Ditch the Chaos, Do the Work, and Design your Success*

*An Interior Designer's Guide to Creating Your Best Life*

*A Guide to Modern Psychological Analysis*

Make it easy for your family to track down and organize your important paperwork with this step-by-step guide!

LEAD MEANINGFUL AND POSITIVE CHANGE WITH THE ULTIMATE GUIDE TO IMPLEMENTING DIVERSITY AND INCLUSION Of the very few Fortune 500

companies that share diversity data, 72% of their senior executives are white men. And it's been proven that companies with more diverse

management teams have nearly 20% higher revenues. Surely YOU don't want to be left behind? Moral imperatives aside, the business case for diversity and inclusion is clear - they are clear drivers of innovation, profit and employer brand. But how can male white leadership implement this change? There's no denying it's difficult - perhaps you feel left out of the conversation, afraid to make mistakes, and confused about the evolving language of diversity and inclusion. In this practical guide, leading diversity specialists Felicity Hassan and Suki Sandhu OBE teach you how to create an inclusive environment for your employees and have educated conversations about diversity, illuminating what can sometimes be tricky territory with humour and heart.

Designed for the woman who doesn't have the time to get organized! Get It Together Girl! uses the time and the money you have to get you the organization you crave. Tired of losing your keys? Scared to eat half the stuff in your refrigerator? Tired of wading through outdated clothes and a sea of shoes? You've come to the right place. Get It Together Girl! gets you together in just 15 minutes a day, 5 days a week. Weekends are optional!

A witty, hands-on guide to recovering from an unmanageably chaotic personal life addresses the "Sinister C's"--chaos, clutter, and confusion. Original.

A Judgement-Free Guide to Diversity and Inclusion for Straight White Men

A Smart Girl's Guide

A Step-By-Step Guide

Quarterlife Crisis

The Get It Together Planner

Get it Together

Discover Your Procrastination Type, Stop Putting Things Off, and Reach Your Goals

Getting it Together

*Are you tired of living the same life day after day with no progression? Are you feeling stagnate in life and can't seem to shift into "get it together" mode? Have you found yourself saying the classic phrase - This year will be the year - only to still be in the same place? I'm going to let you in on a little secret: Girl, You Need to Get It Together. Yes, the struggle is real and with this book you'll learn to turn struggle into success. With real talk and girl to girl knowledge sharing, Girl, Get It Together is a road map to assist you with unlocking your passion, formulating your thoughts, and putting your plan in action. All you need is persistence and passion to get on this ride. If you are ready to take your life to the next level and move from where you are to where you want to be, put on your best heels because you're about to arrive in style. Now girl...I say to you...let's Get It Together! For more information about Amber Dee, visit [www.theamberdee.com](http://www.theamberdee.com)*

*Do you procrastinate? And if so, what's your procrastination type? In this fun and illustrated guide, author Jennifer Shannon blends acceptance and commitment therapy (ACT) and cognitive behavioral strategies to help you recognize your procrastination habits, discover the strengths of your unique procrastination type, and find the motivation you need to meet important deadlines and reach your highest goals. In the midst of modern-day distractions like smartphones, social media, and endless hours of movie and television streaming, it's no wonder you procrastinate! But despite what you may have heard, procrastination doesn't make you a bad or lazy person. In fact, procrastination may even work for you sometimes—creating a sense of urgency that can help you focus. But if procrastination doesn't work for you, it can get in the way of meeting your full potential—in high school, college, your career, and life. So, how can you get things done*

*and be your very best? In *A Teen's Guide to Getting Stuff Done*, you'll discover your procrastination type—warrior, pleaser, perfectionist, or rebel—as well as the unique strengths inherent in each type. If you're a warrior, you love a good challenge, but may not be able to complete tasks you find uninteresting. If you're a pleaser, you may be so concerned about disappointing others that you postpone doing something. If you're a perfectionist, you may put things off because you're worried about your work being judged by teachers, parents, or peers. And finally, if you're a rebel, you're driven by a strong sense of independence. By understanding your type and using the practical strategies laid out in each chapter of this book, you'll be able to break the cycle of procrastination once and for all. This isn't a manual on how to please your parents, teachers, professors, or friends. This is a book to help you understand why you procrastinate, whether or not procrastination works for you, and if not, how to improve your work habits and really get things done. By helping you uncover your own unique strengths, this book will help you master your to-do list—and your life!*

*Get Your Financial Sh\*t Together is written by Andrew Turner, a UK based entrepreneur. He was once in serious debt. In his early twenties, with no financial nous and nobody around to turn to for advice, he made a series of mistakes which left him with a mountain of debt and consequently very few options. Close to bankruptcy and on the verge of losing the family house, he made some decisions about how he managed his money that would change the course of his life. Thanks to the changes he made to the way he thought about and managed his money, he is now living a largely financially stress free life. If you are struggling to understand how to live within your means. If you want to get a sense of how you might best use the money that you make. If you want to know what your options might be in terms of sensible expenses, savings, investments, property, cars, then this book will get you thinking. No matter what your current situation, whether you are in debt, want to learn how best to stay out of it, or whether you just want to get some ideas about how to manage your money, this book is for you.*

*Provides advice for unmarried couples who are planning on cohabitating includes advice on how to keep the relationship from becoming mundane and etiquette for living together in harmony.*

*How to Stop Worrying About What You Should Do So You Can Finish What You Need to Do and Start Doing What You Want to Do*

*Roadtrip Nation*

*Anyone Can Intubate*

*Get Your Sh\*t Together*

*A Kid's Guide to Overcoming OCD*

*The Guide to Getting It Together and Keeping It Together*

*Career Rookie*

*How to Write an Obituary*

Hey, gorgeous! You know how you're always thinking about getting more organized? More focused? Healthier? Changing up your hair routine? And so many other things? It's time to stop thinking about it and do it! We know getting started seems overwhelming; we've been there. We're both busy professionals and moms, so we know how self-care gets pushed to the side. But that's not the way it should be! We want to help you become your best self—that's why we teamed up to write *Get It!* And gathered all our favorite tips, tricks, and secrets to help you get whatever "it" you want: *Get Centered*, *Get on Track*, *Get Organized*, *Get Healthy*, *Get Fit*, *Get Beautiful Hair*, *Get Flawless Skin*, *Get Made Up*, *Get Stylish and Sexy*—in just minutes a day. From finding a calm center amidst chaos and dressing for your body type in your 30s, 40s, and beyond, to getting in shape no matter what your schedule looks like and saving time on hair, makeup, and looking and feeling young, *Get It!* is the ultimate handbook to finding style, beauty, and wellness within yourself while getting exactly what you want out of life. We're so excited to share this book with you. Whatever you want—it's time to get it! XOXO, Jacqueline and Jené

Get Your S.H.I.P. Together: The Wealthy Travel Agent Guide to Sales draws on author Dan Chappelle's decades of experience in the travel sales industry and provides a comprehensive guidebook for new and experienced salespeople alike. His no-BS style and personal anecdotes bring real, actionable advice to life to help readers achieve their sales and business goals. It's not just for travel professionals, either, though it's packed with industry advice. The book covers five key areas:

1. The Opportunity- Discover why the next twenty years are the best time in the history of the world to be involved in travel and tourism sales.
2. The Wealthy Travel Agent Mindset- Explore Dan's trademarked "Get Your S.H.I.P. Together" approach to building a successful business. Master the Skills, Habits, Inspiration, and Performance and Planning that every salesperson needs to excel.
3. The Business of the Travel Business- Learn how to make money selling travel! Develop strategies for increasing brand expertise, find out how to compete with the big guys, get advice for choosing partners, and discover the secret to finding new prospects.
4. The Wealthy Travel Agent Sales System- Use this complete roadmap to start selling right now. Developed by Dan over thirty years in sales, the WTA Sales System is a foolproof method for sales, covering prospecting through follow up.
5. Why Travel Agents Fail- Avoid the pitfalls in travel sales. Want to know the difference between agents who fail and those who become Wealthy Travel Agents? Dan lays it out in the final chapter.