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The SAGE Encyclopedia of
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***Marriage, Family and Couples
Counseling is a new, all-
encompassing, landmark work
for researchers seeking to
broaden their knowledge of
this vast and diffuse field.
Marriage and family
counseling programs are***

established at institutions worldwide, yet there is no current work focused specifically on family therapy. While other works have discussed various methodologies, cases, niche aspects of the field and some

***broader views of counseling
in general, this authoritative
Encyclopedia provides
readers with a fully
comprehensive and accessible
reference to aid in
understanding the full scope
and diversity of theories,***

***approaches, and techniques
and how they address various
life events within the unique
dynamics of families, couples,
and related interpersonal
relationships. Key topics
include: Assessment
Communication Coping***

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***Diversity Interventions and
Techniques Life
Events/Transitions Sexuality
Work/Life Issues, and more
Key features include: More
than 500 signed articles
written by key figures in the
field span four comprehensive***

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**volumes Front matter
includes a Reader's Guide
that groups related entries
thematically Back matter
includes a history of the
development of the field, a
Resource Guide to key
associations, websites, and**

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***journals, a selected
Bibliography of classic
publications, and a detailed
Index All entries conclude
with Further Readings and
Cross References to related
entries to aid the reader in
their research journey***

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***A long-awaited workbook
companion to Monica
McGoldrick's highly
successful textbook
Genograms. This clinical
companion to the bestselling
Genograms: Assessment &
Intervention uses case***

examples to articulate the most effective ways to use genograms in clinical practice. Widely utilized by family therapists and health care professionals, the genogram is a graphic way of organizing the mass of

information gathered during a family assessment and finding patterns in the family system for more targeted treatment. For a client with cutoff relationships or a history of trauma, it can be hard to talk to a therapist

about past and present relationships. Genograms are a non-intrusive and non-confrontational way to learn about a client's history and chart crucial, complex information for effective assessment and therapy. The

Genogram Casebook deploys richly detailed case examples to address resistance to genograms, overcoming dysfunctional relationship patterns, working with couples, navigating issues of divorce and remarriage, using

genograms in family sessions with children, repairing conflict and cutoff with family members, looking at the therapist's own family, and much more. It's a vibrantly practical, decisively essential guide to the use of

genograms in mental health practice.

The graphic representation of client experience has long been acknowledged as an invaluable therapeutic tool. In this pragmatic book, the authors have brought the use

of the most widely used graphic device "the family genogram" into the wider context of community and culture, to help counsellors and therapists better understand individuals and families-in-context. For

clinicians as well as clients, the community genogram is a practical and versatile tool that places emphasis on the positive strengths and resources that can be brought to bear in the therapeutic process.

Mental health professionals spend their days helping others, but who is there to help them when stress and burnout threaten their own well-being? Filled with self-assessments, journaling exercises, and activities

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***designed to facilitate
renewal, growth, and change,
this timely book helps
clinicians help themselves
with coverage of career
threatening issues, such as
fear of failure, loss of
confidence, and the financial***

***stress and loss of autonomy
that many clinician's
experience as a result of
managed care and its
constraints.***

***Reconnecting with Your
Family
A Family-Of-Origin***

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Consultation

Coming Home Again

**101 Interventions in Family
Therapy**

**New Approaches to Family
Practice**

The Therapist's Workbook

Intergenerational Assessment

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***of Individuals, Couples, and
Families***

The latest theory, research, and practice information for familytherapy The last twenty years have seen an explosion of new, innovative, and empirically

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supported therapeutic approaches for treating families. Mental health professionals working with families today apply a wide range of approaches to a variety of situations and clients using

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techniques based on their clinically and empirically proven effectiveness, their focus on specific individual and relational disorders, their applicability in various contexts, and their prominence in the field. In this

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accessible and comprehensive text, each chapter covers specific problems, the theoretical and practical elements of the treatment approach, recommended intervention strategies,

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special considerations,
supporting research, and clinical
examples. The contributors
provide step-by-step guidelines
for implementing
the approaches described and
discuss particular issues that

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arise indifferent couple, family,
and cultural contexts. Handbook
of Clinical Family Therapy
covers treatment strategies for
the most common problems
encountered in family
therapy, including: Domestic

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violence Adolescent defiance,
anxiety, and depression Trauma-
induced problems Stepfamily
conflicts ADHD disruption
Substance abuse in adults and
adolescents Couple conflict and
divorce Chronic illness A

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detailed reference for today's best treatment strategies, the Handbook of Clinical Family Therapy brings together the top practitioners and scholars to produce an innovative and user-friendly guide for clinicians and

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students alike.

Mindfulness for Therapists:
Practice for the Heart
encourages therapists to
embrace mindfulness practice
to create presence and depth in
their work with clients.

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Mindfulness helps therapists cultivate compassion, relieve stress, and weather the often emotionally difficult work of providing therapy. In addition, the therapist's own meditation practice is a necessary

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foundation for teaching mindfulness to clients. Through a variety of exercises and stories from his own clinical experience, McCollum helps therapists understand the usefulness of mindfulness, and

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develop their own practice.
A complete and accessible
resource for working with
couples and families *Becoming
a Family Counselor* sets a new
standard for family therapy
texts. Working from a broad

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historical orientation, it focuses on the common themes that reappear across various theoretical approaches and connects family practice with individual approaches. Crossing boundaries of generation,

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gender, race, and culture, this useful introduction presents current thinking related to today's practice issues. The text begins with an overview of couple and family counseling, emphasizing the diversity and

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unity in the field. The development of the field is examined, from its roots in the nineteenth century through its identity crisis in the 1980s. Subsequent chapters lay out an integrated approach to

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contemporary family research, theory, and therapy; core chapters focus on understanding the contributions of behavioral, organizational, narrative, emotional, and spiritual perspectives. The last

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section of the book offers practical chapters on conducting family therapy in organizational contexts that often define the client in individual terms. Readers are encouraged to balance a

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change orientation with a respect for continuity and tradition. Complete with illuminating case studies, self-evaluation exercises, suggestions for independent study, and current ethics codes,

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Becoming a Family Counselor is a dynamic resource suitable for both students and practicing mental health professionals. Walsh and McGoldrick have fully revised and expanded this landmark work on the impact of

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death on the family system.

Child Protective Services

Handbook of Clinical Family

Therapy

Confronting Economic Stress

The SAGE Encyclopedia of

Abnormal and Clinical

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Psychology

Living Beyond Loss

Self-Assessment, Self-Care, and
Self-Improvement Exercises for
Mental Health Professionals
Assessment And Intervention
Third Edition

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Widely used by both family therapists and family physicians, the genogram is a graphic way of organizing the mass of information gathered during a family assessment and finding patterns in the family system. Both entertaining

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and instructive, this book is the ideal way to introduce all those involved in family treatment to this essential assessment tool.

Harness the power of the nurse-family relationship! Use the thoroughly revised Calgary Family

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Assessment and Intervention

Models to assess families effectively and know when and how to intervene to reduce suffering and promote health.

Trainees in all mental health professions need basic knowledge

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of the key therapeutic approaches in counselling and psychotherapy. The Pocket Guide to Therapy is therefore the essential companion, placing specific emphasis on practical application to guide the reader in the 'how to' of conducting

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each therapeutic model.

Approaches covered include established models such as Cognitive Behavioural Therapy and Psychodynamic Psychotherapy, narrative therapies such as Systemic Therapy and Solution-

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Focussed Brief Therapy, and more recent additions to mainstream therapy such as Mindfulness and Narrative Therapy. Each chapter is written by an up-and-coming name in the field of counselling and psychotherapy, offering a unique

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insight into the challenges and possibilities of training in each model. The book: - includes case examples from a wide range of mental health care settings - is embedded with extensive pedagogy, including worksheets,

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- sample questions and diagrams
- highlights the challenges, strengths and weaknesses of each approach
- details the background to each model
- focuses on the practical application of therapeutic models
- discusses evidence-based practice

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and outcomes Written in language familiar to first-year trainees and using a range of features to enhance learning, this pocket guide is ideal for those embarking on mental health training across counselling, psychotherapy,

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psychology, health, nursing and social work. It will also serve as a reference point for more experienced readers looking to refresh their understanding of other approaches.

To what extent do economic

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stresses - such as dual-earner parents, unemployment//underemployment and poverty in the family - affect a social worker's assessment of the families in their care? Families, Work, and Poverty applies a wealth

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of current research driven by the family systems theoretical framework to social work practice with families in three specific areas: employed-work and family- work; unemployment; and poverty. The book presents chapters on the

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theory and research in these three target areas, each followed by a chapter on applications and tools for direct practice in that area. Each applications chapter includes a case study, assessment tools, multilevel interventions and

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evaluations, and strategies for
social

A Guide to Family Assessment and
Intervention

A 'How to' of the Core Models

A Clinical Companion to

Genograms: Assessment and

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Intervention

The Pocket Guide to Therapy
Theory and Practice of Family
Therapy and Counseling
Theory, Practice, and Research
Assessment and Treatment
Career Assessment: Qualitative

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Approaches will assume a seminal place in the field of career development as the first book to focus solely on qualitative approaches to career assessment. This book represents a timely and important contribution to career

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development as it seeks to meet the needs of increasingly diverse client groups. Part 1, Foundations strongly positions qualitative career assessment in its historical, philosophical, theoretical and research contexts. The book is

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innovative by considering qualitative career assessment through the lens of learning. Part 2, Instruments, presents the first collation of chapters on a comprehensive range of qualitative career assessment instruments and processes written to

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a standard format to enable readers to compare, contrast and evaluate approaches. Part 3, Using quantitative career assessment qualitatively, mitigates against depicting an unnecessary divide in the field between quantitative and

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qualitative career assessment by considering their complementarities. Part 4, *Diverse Contexts*, considers qualitative approaches to career assessment in contexts other than able western, middle class settings. Part 5, *Future Directions*, reflects on

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the chapters and poses suggestions for the future. With high profile authors from nine different countries, the book represents a truly international contribution to the field of career development. In its focus on qualitative career assessment, this

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book holds a unique position as the only such text and will therefore assume an important place in the libraries of researchers, academics, and career practitioners.

Abnormal and clinical psychology courses are offered in psychology

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programs at universities worldwide, but the most recent major encyclopedia on the topic was published many years ago. Although general psychology handbooks and encyclopedias include essays on abnormal and clinical psychology,

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such works do not provide students with an accessible reference for understanding the full scope of the field. The SAGE Encyclopedia of Abnormal and Clinical Psychology, a 7-volume, A-Z work (print and electronic formats), will be such an

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authoritative work. Its more than 1,400 entries will provide information on fundamental approaches and theories, various mental health disorders, assessment tools and psychotherapeutic interventions, and the social, legal,

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and cultural frameworks that have contributed to debates in abnormal and clinical psychology. Key features include: 1,400 signed articles contained in 7 volumes and available in choice of print and/or electronic formats Although

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organized A-to-Z, front matter includes a Reader's Guide grouping related entries thematically Back matter includes a Chronology, Resource Guide, Bibliography, and detailed Index Entries conclude with References/Further Readings and

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Cross-References to related entries
The Index, Reader's Guide themes,
and Cross-References between and
among entries all combine to provide
robust search-and-browse features in
the electronic version.

The latest edition of this definitive

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book in the field of family therapy—the first update in ten years. Widely used by family therapists— and by health care professionals in general—the genogram is a graphic way of organizing the mass of information

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gathered during a family assessment. This visual representation allows the practitioner to find patterns in the family system for more targeted treatment. Now in its fourth edition, Genograms has been fully updated by renowned therapist Monica

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McGoldrick. Expanded with four-color images throughout, additional material explaining the use of genograms with siblings and couples, and a thorough updating to essential concepts, this edition provides a fascinating view into the richness of

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family dynamics. Informative, comprehensive, and beautifully written and illustrated, this book helps bring to life principles of family system theory and systemic interviewing, as well as walk readers through the basics of constructing a

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genogram, doing a genogram interview, and interpreting the results.

Prepare for the real world of family nursing care! Explore family nursing the way it's practiced today—with a theory-guided, evidence-based

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approach to care throughout the family life cycle that responds to the needs of families and adapts to the changing dynamics of the health care system. From health promotion to end of life, a streamlined organization delivers the clinical

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guidance you need to care for families. Significantly updated and thoroughly revised, the 6th Edition reflects the art and science of family nursing practice in today's rapidly evolving healthcare environments. A New Hope-Focused Approach

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Handbook of Play Therapy,

Advances and Innovations

Genograms in Family Assessment

Career Assessment

The Genogram Casebook: A Clinical

Companion to Genograms:

Assessment and Intervention

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Using Individual, Family, and
Cultural Narratives with Clients
Latino Families in Therapy, Second
Edition

A family therapist uses the family
trees of famous dynasties--such as
the Kennedys--to show how

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behavior repeats itself from one generation to the next and to examine the effects of birth order and other factors

Have you ever done something you knew would make someone else happy, sad or angry? Have you

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ever bought a thoughtful gift for someone you love? Or realized someone was being sarcastic with you? Or enjoyed someone else's misfortune? These everyday events involve mind mapping, your brain's ability to create mental pictures of

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how someone else's mind works. Mind mapping underlies all aspects of daily life, from the best to the worst. You won't find an aspect of your life where mind mapping isn't involved-and you probably never heard about mind mapping before!

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Brain Talk offers what you need to know about mind mapping and the emerging brain science of interpersonal neurobiology (how interacting with other people affects your brain). Brain Talk is written for the general public in an easy-to-

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read style and establishes a personal relationship with you. It creates vivid pictures in your mind with attention-grabbling examples, and walks you into powerful new insights about yourself and the important people in your life.

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Reading Brain Talk can be a life-changing experience. * Part One explains mind mapping and increases your ability to "read" people and map their minds (and your own). It helps you know what they want, what they're feeling and

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thinking, and what they're likely to do. Part One also covers mind masking (shielding your mind from being mapped), lying and deception. Brain Talk revolutionizes your understandings of yourself, your spouse or romantic partner,

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and your children, parents, siblings, and coworkers. * Part Two explores the darker aspects of mind mapping, like traumatic mind mapping and antisocial empathy. Traumatic mind mapping occurs when mapping some else's

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mind leaves your brain/mind
traumatized. Did you grow up in a
troubled home with experiences
that produced vivid "flashbulb
memories" lingering in your mind?
Do you have recurring thoughts
about someone you're dealing with

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who does disturbing things? Brain Talk helps you understand subtle interpersonal trauma and reveals the short- and long-term negative impacts of traumatic mind mapping.
* Part Three shows you how to repair the negative impacts of

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traumatic mind mapping and effectively handle the difficult people in your life. Brain Talk also details how to use mind mapping to create positive healthy interactions with those you love, and ends on an uplifting note. Brain Talk is

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based on Crucible(r)

Neurobiological Therapy,
developed through fifteen years of
clinical research with highly
troubled clients. Brain Talk is also a
crossover book for therapists,
educators, and avid readers of

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brain science. * Four Appendices contain the scientific research underlying the main text and offer in-depth discussions of important topics and treatment details (over 100 pages and 400 references). Brain Talk is available in three

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versions: paperback and TWO
Kindle versions (Standard and
Professional). Brain Talk
Professional Edition offers the
additional functionality of directly
downloading FREE scientific brain
research articles published online.

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Consider this electronic edition if you a mental health professional, academic, graduate student, or die-hard brain wonk.(Read about Brain Talk Pro here.) Brain Talk is written by the award-winning clinical psychologist, Dr. David Schnarch,

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renowned relationship expert and author of the international best-selling books, *Passionate Marriage* and *Intimacy & Desire*. He has a proven track record for creating innovative therapies, and making complex brain science

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understandable and useful to the general public. His ground-breaking professional contributions have received awards from the American Psychological Association, the American Assn. for Marriage and Family Therapy, and the American

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Assn. of Sex Educators,
Counselors, and Therapists. He is
Board Certified in Couple and
Family Psychology (ABPP), and his
textbook Constructing the Sexual
Crucible is used by therapist
training programs around the world.

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This work has rapidly achieved prominence as a standard text in social work curricula, family therapy training programs, and clinical practice. Diverse ethnic and socio-economic lifestyles are examined through shared developmental

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stages, offering student and therapist alike new insights on family problems and ways of approaching and alleviating them. Weaving together classic cases outlined in Hope-Focused Marriage Counseling and over seventy-five

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brand new practical interventions,
Jennifer Ripley and Everett
Worthington Jr. expand and deepen
their theoretical approach while
providing new practical
interventions for couple counseling
and enrichment.

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Couple Therapy

Mindfulness for Therapists

Re-visioning Family Therapy

Art Therapy, Race and Culture

Virtual Therapy for Groups and
Individuals

Individual, Family, and Social

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Perspectives

From the Preface: This manual, *Child Protective Services: A Guide for Caseworkers*, examines the roles and responsibilities of child protective services (CPS) workers, who are at the forefront of every community's child

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protection efforts. The manual describes the basic stages of the CPS process and the steps necessary to accomplish each stage: intake, initial assessment or investigation, family assessment, case planning, service provision, evaluation of family progress, and case closure. Best practices and

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critical issues in casework practice are underscored throughout. The primary audience for this manual includes CPS caseworkers, supervisors, and administrators. State and local CPS agency trainers may use the manual for preservice or inservice training of CPS caseworkers, while schools of social

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work may add it to class reading lists to orient students to the field of child protection. In addition, other professionals and concerned community members may consult the manual for a greater understanding of the child protection process. This manual builds on the information

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presented in A Coordinated Response to Child Abuse and Neglect: The Foundation for Practice. Readers are encouraged to begin with that manual as it addresses important information on which CPS practice is based- including definitions of child maltreatment, risk factors,

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consequences, and the Federal and State basis for intervention. Some manuals in the series also may be of interest in understanding the roles of other professional groups in responding to child abuse and neglect, including:

- Substance abuse treatment providers;
- Domestic violence victim advocates;

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Educators; Law enforcement personnel. Other manuals address special issues, such as building partnerships and working with the courts on CPS cases. The book is a stimulating and inspiring collection which explores the often contentious themes of race, racism and culture in relation to the experience of

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art therapy, in a constructive way. Contributors examine the impact of racial perceptions in their own experience, their clients' lives, and on the interaction of therapist and client. Counseling Latinos and la familia provides an integrated approach to understanding Latino families and

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increasing competency for counselors and other mental health professional who work with Latinos and their families. It provides essential background information about the Latino population and the family unit, which is so central to Latino culture, including the diversity of various

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Spanish-speaking groups, socio-political issues, and changing family forms. The book also includes practical counseling strategies, focusing on the multicultural competencies approach. In a revised edition of her revelatory work *You Can Go Home Again*, veteran family therapist Monica McGoldrick

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explains how understanding family patterns and history through the use of the genogram - a more in-depth version of the traditional family tree - can reveal a family's history of estrangement, alliance, divorce, suicide, or disease and help us to learn, grow, and deepen the bonds with our own families.

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McGoldrick uses famous families as examples to bring the discussion to life - the Obamas, the Ghandis, the Roosevelts, the Kennedy's, Frida Khalo, Freud, Che Guerva and the Hepburns, among others, are all included. By drawing on these examples and incorporating new

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illustrations and updated genograms, she shows how issues of sibling rivalry, birth order, family myth, marital relations and parent-child relationships can all play a role in how we perceive our family history, our sense of 'home,' and, therefore, our identity. In *The Genogram Journey* McGoldrick

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examines our collective past while informing us about how to use it wisely to shape the future.

Community Genograms

Counseling Latinos and la Familia

Becoming a Family Counselor

FAMILY THERAPY TECHNIQUES

Genograms: Assessment and

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Treatment

Social History Assessment

The Changing Family Life Cycle

*"Her book takes us on a journey
back to the basics of conducting a
thorough and informative social
history and is an account of what*

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*a real social history involves...I
recommend this book not only for
the novice but also for all
clinicians who want an edge on
how to accumulate more pertinent
information concerning their
patients and to guide their*

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treatment." —PSYCCRITIQUES In the mental health and human service professions, taking a social history assessment marks the start of most therapeutic interventions. Social History Assessment is the first resource to

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offer practical guidance about interpreting the social history. Author Arlene Bowers Andrews provides rich resources to assist helping professionals as they gather and-most importantly-interpret information

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about social relationships in the lives of individuals.

In the decade since its publication, Handbook of Play Therapy has attained the status of a classic in the field. Writing in the most glowing terms,

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enthusiastic reviewers in North America and abroad hailed that book as "an excellent resource for workers in all disciplines concerned with children's mental health" (Contemporary Psychology). Now, in this

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companion volume, editors Kevin O'Connor and Charles Schaefer continue the important work they began in their 1984 classic, bringing readers an in-depth look at state-of-the-art play therapy practices and principles. While it

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updates readers on significant advances in sand play diagnosis, theraplay, group play, and other well-known approaches, Volume Two also covers important adaptations of play therapy to client populations such as the

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elderly, and new applications of play therapeutic methods such as in the assessment of sexually abused children. Featuring contributions by twenty leading authorities from psychology, social work, psychiatry,

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psychoanalysis, and other related disciplines, Handbook of Play Therapy, Volume two draws on clinical and research material previously scattered throughout the professional literature and organizes it into four main

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sections for easy reference:

*Theoretical approaches—
including Adlerian, cognitive,
behavioral, gestalt, and control
theory approaches as well as
family, ecosystem, and others
Developmental adaptations—*

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covers ground-breaking new adaptations for adolescents, adults, and the elderly Methods and techniques— explores advances in traditional techniques such as sand play, Jungian play therapy, and art therapy, and

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*examines other new, high-tech
play therapies Applications—
reports on therapeutic
applications for psychic trauma,
sex abuse, cancer patients,
psychotics, and many others The
companion volume to the*

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*celebrated classic in the field,
Handbook of Play Therapy,
Volume Two is an indispensable
resource for play therapists, child
psychologists and psychiatrists,
school counselors and
psychologists, and all mental*

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*health professionals. HANDBOOK
OF PLAY THERAPY Edited by
Charles E. Schaefer and Kevin J.
O'Connor ". . . an excellent
primary text for upper level
students, and a valuable resource
for practitioners in the field of*

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child psychotherapy."— American Journal of Mental Deficiency ". . . a thorough, thoughtful, and theoretically sound compilation of much of the accumulated knowledge. . . . Like a well-executed stained-glass window

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that yields beauty and many shades of light through an integrated whole, so too this book synthesizes and reveals many creative facets of this important area of practice."— *Social Work in Education 1983 (0-471-09462-5)*

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489 pp. *THE PLAY THERAPY
PRIMER* Kevin J. O'Connor *The
Play Therapy Primer covers the
impact of personal values and
beliefs on therapeutic work, and
provides a detailed description of
the process preceding the*

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beginning of therapy. It then offers guidelines and strategies for developing treatment plans respective of the various phases of therapy, including specific in-session techniques, modifications for different ages, transference

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*considerations, and the
termination and follow-up of
clinical cases. 1991
(0-471-52543-X) 371 pp. PLAY
DIAGNOSIS AND ASSESSMENT
Edited by Charles E. Schaefer,
Karen Gitlin, and Alice Sandgrund*

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The first and only book to fully explore the assessment potential of play evaluation, this book offers an impressive array of papers by nearly fifty authorities in the field. Following a logical progression, it is divided into six parts covering

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the full range of practical and theoretical concerns, including developmental play scales for normal children from preschool to adolescence; diagnostic play scales including those for the evaluation of children with a

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*variety of cognitive, behavioral,
and/or emotional disorders;
parent/child interaction play
scales; projective play techniques;
and scales for assessing a child's
behavior during play therapy.
1991 (0-471-62166-8) 718 pp.*

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GAME PLAY Edited by Charles E. Schaefer and Steven E. Reid This important work highlights the psychological significance of using games to assess and treat various childhood disorders. In chapters written by leading authorities, it

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examines the content of various types of games and provides theoretical approaches, techniques, and practical guidelines for applying games to play therapy with children. Case histories demonstrate the use of

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*game play with childhood
problems ranging from
hyperactivity to divorce
counseling and juvenile
delinquency. 1986
(0-471-81972-7) 349 pp.
Widely used by both family*

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therapists and family physicians, the genogram is a graphic way of organizing the mass of information gathered during a family assessment and finding patterns in the family system. This popular text, now updated and

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expanded, provides a standard method for constructing a genogram, doing a genogram interview, and interpreting the results. Both entertaining and instructive, Genograms is an ideal way to introduce all those

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*involved in family treatment -
family therapists, physicians,
nurses, social workers, pastoral
counselors, and trainees in these
fields - to this essential
assessment and intervention tool.*
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Can Change Your Life and
Everyone in It
Death in the Family*

This innovative new resource
outlines the process of
conducting individual, family and

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group therapy online with the use of video conferencing tools, and explores the unique concerns associated with this increasingly popular and convenient approach to treatment. Offering mental health

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practitioners a definitive presentation on how to use online tools to facilitate psychological intervention, the book will also enable readers to learn about the processes of virtual individual, couple, family

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and group therapy, specific concerns related to online group dynamics, as well as the responsibilities of the therapist and group leader in online sessions. This is the perfect companion for counselors of all

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backgrounds and disciplines who are interested in offering or improving their approach to virtual services.

Here is an exciting collection of favorite and successful family therapy interventions from

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and faculty of family therapy training programs. Each clinician presents a creative and useful intervention beginning with a complete description of the method, followed by the specific indications and

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contraindications for its application, and concludes with a particular case illustration. These engaging and informative stories document helpful interventions that really work, not the exotic and impractical

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methods of prolific marriage and family authors. Therapists at all levels can learn and incorporate these into their work with families. Practicing clinicians will learn what works for other therapists while graduate-level

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students and beginning counselors will benefit from the integration of theory and practice exemplified in the practical case examples. The rich and varied writing styles in this enjoyable volume reflect a multitude of

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personal therapeutic styles. You will find valuable insight and innovative treatment methods on critical family therapy topics such as eating disorders, the adolescent years, marriage counseling, stepfamilies, divorce

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therapy, communication difficulties, and conflicts with dual career couples. The smorgasbord of interventions found in this book include bibliotherapy, use of touch, creative use of space, ritual

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enactment, gift-giving, storytelling and countless other interventions, both revolutionary and commonsense, to enhance and improve your therapy with families.

The interpersonal relationships

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that make up family life are a complex web between many individuals spanning several generations at one time. This web is further complicated by the influence of other factors such as culture and gender. It can be a

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daunting task for a therapist to unravel this tangle and understand the specific dynamics and individual development within the family. The Multifocused Family Genogram (MFG) is a powerful

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tool that allows the therapist to record and structure these different elements that make up the family system. By combining the Basic Genogram, the Family Map, and several Focused Genograms, the MFG provides a

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clear picture of dynamic family history that aids in individual and family assessment. Focused Genograms provides a thorough account of the use of MFGs in family therapy and practice. The authors present a clinically

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useful method for collecting the information in key areas of individual and family functioning needed to create Focused Genograms. In addition, the authors carefully explain the diagnostic use and therapeutic

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applications of this tool. The book is supplemented by extensive examples of Focused Genograms, Family Maps, and Time Lines used in MFG construction. Suggested readings listed at the close of

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each chapter provide links between techniques fully described in the book and other therapeutic techniques beyond the scope of this work. A thorough presentation of innovative methods for using

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Focused Genograms makes this an important text for students of marriage and family therapy, as well as an indispensable resource for professionals.

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influences in family therapy, and
considers marriage, motherhood,
sisters, and lesbian couples

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work illuminates how racism,
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oppression constrain the lives of diverse clients a " and family therapy itself. Practitioners and students gain vital tools for re-evaluating prevailing conceptions of family health and pathology; tapping into

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clients' cultural resources; and developing more inclusive theories and therapeutic practices. From leaders in the field, the second edition features many new chapters, case examples, and specific recommendations

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for culturally competent assessment, treatment, and clinical training. The section in which authors reflect on their own cultural and family legacies also has been significantly expanded.

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Widely used by both family therapists and all health care professionals, the genogram is a graphic way of organizing the mass of information gathered during a family assessment and finding patterns in the

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family system for more targeted treatment. Now updated and expanded in its third edition, and featuring revised genograms for easier reading, reflecting the growing and widespread use of genograms for clinical

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intervention, this best-selling text provides a standard method for constructing a genogram, doing a genogram interview, and interpreting the results. Genograms of famous families—Sigmund Freud,

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Woody Allen and Mia Farrow,
the Kennedys, Jane Fonda and
Ted Turner, Bill Clinton,
Princess Diana, the
Roosevelts, and Thomas
Jefferson, to name a
few—bring the text to life,
and help to elucidate the

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principles of family systems theory and systemic interviewing, which form the basis of genogram work. Once these principles have been explained, the authors go on to present the important clinical applications of

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genograms in both family therapy and family medicine. These applications include the effective assessment of patients' risk for emotional problems such as anxiety or depression; structural patterns among families such

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as divorce and remarriage;
relationship patterns such
as enmeshment, conflicts,
and cut-offs; recent and
chronic life stressors such
as pregnancy, acute illness,
poverty, and racism; and
family life cycle

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transitions and developmental crises, among other uses. By providing a fascinating view into the richness of family dynamics, McGoldrick and her coauthors provide an invaluable guide to clinicians for accurately

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charting a family's structure, making it easier to scan for potential problems and take proactive steps to utilize resources when necessary.

The Classics Edition of The Expanded Family Life Cycle,

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with a new foreword by Donald Bloch, continues to provide "a new and more comprehensive way to think about human development and the life cycle," reflecting society's shift away from the nuclear family toward a

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more diverse and inclusive definition of family. Theory and research are integrated with clinical guidelines and cases by two of the most respected authors, teachers, and clinicians in the field of family therapy—Betty

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Carter and Monica
McGoldrick. "This text is a
classic in the field of
family psychology and family
therapy. It provides a
framework in which current
family life cycle stressors,
family intergenerational

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history, and current sociocultural factors are beautifully integrated and applied to an understanding of family functioning. Further, it is one of the few texts I know that can span undergraduate and

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graduate education,
providing information
relevant for both beginning
and more advanced students.
The information is presented
clearly and is written by
experienced clinicians who
supply lots of clinical

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cases to exemplify the points they are trying to make, resulting in absorbing reading. I have been using this text for the past ten years or so, and plan to use it indefinitely." —Leslie Brody, Boston University

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"The text's primary theme is diversity. The contents cover a broad range of topics from Latino family life cycle to gay and lesbian life cycle. Issues such as death, migration, violence, and gender add to

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the breadth and interest of this text and its position it to be useful to many....The text is easy to understand and engaging,...is written with clarity and an excellent balance between knowledge and application.

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The case illustrations throughout the book are helpful in providing an illustration of the concepts and holding the interest of the reader." —Kathleen Briggs, Oklahoma State University "The text is well

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written, which makes it a pleasure to read. I find the use of metaphors and analogies very effective....The Adam and Eve reference in the conclusion of chapter one is a favorite quote of mine

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regarding the timelessness of family violence....The chapter on self in context is particularly valuable. It introduces some key concepts regarding developmental and social issues relevant to gay and lesbian youth that

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continue throughout the text....The Carter and McGoldrick text is a valuable component of students' foundation studies related to family issues."

—Margarete Parrish,
University of Maryland,

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Baltimore

A master of family therapy, Salvador Minuchin, traces for the first time the minute operations of day-to-day practice. Dr. Minuchin has achieved renown for his theoretical breakthroughs

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and his success at treatment. Now he explains in close detail those precise and difficult maneuvers that constitute his art. The book thus codifies the method of one of the country's most

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Reconnecting With Your
Family

The SAGE Encyclopedia of
Marriage, Family, and
Couples Counseling

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You Can Go Home Again

The Expanded Family Life
Cycle

Race, Culture, and Gender in
Clinical Practice

A Bridge to Family Therapy
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Widely used to train health and

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mental health professionals, the genogram is a graphic way of organizing information gathered during a family assessment and identifying patterns in the family system. This popular text -- updated and expanded to highlight

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new developments in genogram use -- thoroughly explains how to draw, interpret, and apply the genogram. Using genograms of famous families as examples -- including those of Sigmund Freud, the Kennedys, Bill Clinton, and

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Thomas Jefferson, to name a few -- the authors examine the principles of family systems theory and systemic interviewing. Clinical applications of genograms in both family therapy and family medicine are described, and new frontiers of

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research are explored, particularly the use of computer-generated genograms. Entertaining and instructive, Genograms is the ideal guide for introducing all those involved in family treatment -- family therapists, physicians,

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nurses, social workers, counselors,
and trainees in these fields -- to
this essential assessment and
intervention tool.

This acclaimed work--now in an
extensively revised second
edition--provides an up-to-date

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conceptual framework and hands-on strategies for culturally competent clinical practice with Latino families and individuals. Practitioners and students gain an understanding of the family dynamics, migration experiences,

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ecological stressors, and cultural resources that are frequently shared by Latino families, as well as variations among them. Through many in-depth case illustrations, the author shows how to apply a multicultural and social justice lens

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to assessment and intervention that draw on each client's strengths. Creative ideas are presented for addressing frequently encountered clinical issues and challenges at all stages of the family life cycle. New to This

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Edition *Delineates the author's multidimensional, ecosystemic, and comparative approach (MECA) in greater detail; presents MECAmaps, MECAgenograms, and other innovative clinical tools.

*Incorporates the latest research

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and over a decade of social and demographic changes. *Chapter on working with geographically separated families, including innovative uses of technology. *Chapters on health disparities and on adolescents. *Expanded

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discussions of second-generation risks and strengths and of same-sex marriage, intermarriage, divorce, and stepparenting.

A model for successful integration of multiple points of view, James R. Bitter's THEORY AND PRACTICE

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approaches, as well as diagnostics

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and visual tools, allow students to observe others in groups. Updated to reflect recent research and current practice, the Second Edition also includes a new chapter on Object Relations Family Therapy. Case studies, sample

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dialogues, and exercises help students apply the concepts they have learned.

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A Framework for Family Therapy

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