

## Gem Elixirs And Vibrational Healing Volume 1

Her most controversial book is one you will never forget. An outspoken thinker, a celebrated actress, a truly independent woman, Shirley MacLaine goes beyond her previous two bestsellers to take us on an intimate yet powerful journey into her personal life and inner self. An intense, clandestine love affair with a prominent politician sparks Shirley MacLaine's quest of self-discovery. From Stockholm to Hawaii to the mountain vastness of Peru, from disbelief to radiant affirmation, she at last discovers the roots of her very existence. . . and the infinite possibilities of life. Shirley MacLaine opens her heart to explore the meaning of a great and enduring passion with her lover Gerry; the mystery of her soul's connection with her best friend David; the tantalizing secrets behind a great actor's inspiration with the late Peter Sellers. And through it all, Shirley MacLaine's courage and candor new doors, new insights, new revelations-and a luminous new world she invites us all to share.

This second A-Z directory by the author of The Crystal Bibles introduces a new generation of healing stones. Many are fresh to the market and have exceedingly high vibrations that raise consciousness to the next level of awareness whilst still having practical healing applications. Crystal healing is a gentle, non-invasive system that it returns the body to optimum balance. This directory assists in identifying exactly the right crystal for your needs, whether it is for healing mind, body, psyche or spirit; balancing your chakras or supporting your well-being. Listing over 1,250 'conditions', the directory also includes essential information for keeping your crystals working for you.

This book is distinguished from other current books on gem therapy because of its careful presentation of new and original research material. Most of the information presented in this book was obtained by Gurudas through working with two channels. The channeled material is carefully explained and supported with numerous footnotes and commentaries. This text focuses on the practical side of gem therapy. Encyclopedic in content, this text presents 144 gemstones and 81 combinations. Up to 25 issues are examined with each gemstone. In this encyclopedic text, Gurudas introduces you to such topics as: Real cause of AIDS, Case reports, Bath therapies, 334 footnotes, Principles of channeling, Amplification techniques, Use of gemstones in Atlantis and Lemuria, Practical advice on using gem elixirs, Cleansing and storing gem elixirs, New information on the subtle bodies, 5 key chakras above the head, 56 pages of detailed charts and lists to apply this data.

A full-color practical handbook of essential techniques with an in-depth directory of healing stones • Offers guidance on selecting your crystals and gemstones and step-by-step instructions on how to cleanse, charge, activate, and program them • Includes templates for crystal grids and healing layouts, recipes for crystal elixirs, and directions for crystal meditations and energy clearing with crystals • The full-color directory includes 200 different rocks, minerals, gemstones, and crystal formations, organized alphabetically and featuring the physical, psychological, and spiritual healing qualities for every stone In this in-depth yet easy-to-follow guide, crystal healing teacher Nicholas Pearson offers a full-color compendium of 200 crystals and gemstones as well as a hands-on practical handbook on crystal healing, perfect for those just beginning their crystal journey as well as long-time stone lovers seeking an all-in-one reference. The handbook of crystal use opens with a thorough explanation of crystal energy, including its interactions with the human energy field, and teaches readers how to extrapolate what a crystal does based on its composition, crystal structure, formation process, and other properties. In the chapters on techniques, Pearson offers guidance on selecting your crystals and gemstones, then step-by-step instructions on how to cleanse, charge, activate, and program them. He explains how to make crystal grids and healing layouts, including templates for both, and also discusses the numerology and geometry of crystal grids. He explores the essentials of crystal elixirs, complete with elixir recipes, and details how to perform crystal meditations, clear the energy centers and the aura, and practice more advanced techniques, such as engaging with the crystal devas, creating sacred space, and practices for spiritual hygiene and protection. The compendium includes 200 rocks, minerals, gemstones, and crystal formations, organized alphabetically and featuring full-color photographs. Each entry includes geological information and the physical, psychological, and spiritual healing qualities for every stone. Some stones, such as jasper and quartz, have multiple varieties, each given their own entries to provide a thorough reference guide for crystal healers and collectors. This accessible yet comprehensive guide offers the essentials of crystal energy healing paired with a highly illustrated stone directory to give you everything you need to know about crystal basics in one handy volume.

Light from the Angels

Stones of the New Consciousness

A Chinese Medical Guide to Healing with Gems and Minerals

New Choices for Healing Ourselves

Integrating Tuning Forks with Needles

The A-Z Guide to Over 1,200 Symptoms and Their Healing Crystals

Fully illustrated guide that gives an informative picture of 50 bush flower essences from all over the country, as well as detailed information about their preparation and use in all the areas of healing.

Animal Healing and Vibrational Medicine by Sage Holloway Dogs, cats, birds, reptiles, rodents, fish, horses, dolphins and farm animals benefit from the gentle healing methods of vibrational medicine. Animal Healing and Vibrational Medicine explains how to create remedies specifically for individual ailments ... with no harmful side effects! Essences, or vibrational remedies, are elixirs of water infused with the energy frequency of flowers, gems, minerals, elements, stars, or sacred earth spaces. These high-energy frequencies invite the individual's energetic field to resonate at the higher vibration, balancing and healing the energy system through the body. Animal Healing is a resource and reference guide for over 1,000 energetic remedies. It provides a variety of ways to administer them to animals, and it takes the guesswork out of how they work. You will find remedies for: Addition or loss of a family member (animal or human) Fear of not enough attention to go around, Moving anxiety, Stress from specialized and obedience training, Living predominantly indoors, Immune system dysfunctions cause by processed pet food, Medical and surgical procedure recovery, Injuries and infestations, Exposure to environmental and household toxins, And many more. "Quietly, gently, radically, Sage Holloway challenges the veterinary industry to open its mind and its heart to a whole new range and vocabulary of care-giving. Every human being who resides with, or has feelings for, a member of some other species would do well to become familiar with these 'alternative' insights into health. As an interspecies guide, it is absorbing. Whether one agrees with all of its assertions matters not, for the underlying love of all plants and animals that emerges from the book can only help to stop the cruelty that Homo sapiens have collectively, insanely inflicted on mother earth and all her precious progeny for thousands of years." Dr. Michael Tobias, author of World War III: Population and the Biosphere at the End of the Millennium and A Vision of Nature: Traces of the Original World "This book deserves to be read and its contents explored and tested by open-minded individuals interested in the process of healing." Bernie Siegel, M.D., author of Love, Medicine and Miracles and Prescriptions for Living "An illuminating guide of holistic wisdom that is essential to survival as a species and a wake up call that speaks to the amnesia of mainstream consciousness. As humankind awakens to its own need for natural rhythm and seeks to heal the separation of body and soul ... this sensitive book will serve as the map ... a way for us to see the road back to being keepers of the Earth and all her living creatures. Animal Healing And Vibrational Medicine is a resonate voice of the Ancient Future ... it is time to celebrate" Springs Romano, Ph.D., author of Powers That Be "For years I have utilized vibrational remedies with animals - wild and domestic. They are one of the most effective healing methods for work with wildlife. Sage Holloway's Animal Healing and Vibrational Medicine provides very practical and easy-to-follow guidelines for using vibrational remedies with the animal kingdom. Whether a professional healer, a pet owner or even a wildlife rehabilitator - you will benefit from this text. More importantly, the animals in your life will as well." Ted Andrews, author of Animal-Speak and Animal-Wise.

Effective and healthy remedies produced by infusing water with appealing crystalline energies are carefully described in this informative manual. The first part covers aspects of preparation, featuring deceptively simple processes such as the boiling method, the water vapor method, and the test tube method--all of which can be easily mastered by crystal healing enthusiasts. After outlining the correct methods to use and listing poisonous crystals as a safety precaution, the book examines more than 100 usable crystals and 34 special mixtures, revealing their intended uses and effects for the optimum in therapeutic results. An overview of theory, history and spiritual philosophy of energetic medicine. Covers homeopathic remedies, flower essences, crystal healing, therapeutic touch, acupuncture, radionics, electrotherapy, herbal medicine, psychic healing, and therapeutic radiology. The New World Order The Essence Practitioner Crystal Basics Floral Acupuncture Starlight Elixirs and Cosmic Vibrational Healing Acutonics from Galaxies to Cells, Planetary Science, Harmony and Medicine The most detailed exposition of the vessels in the English language. A comprehensive manual for using crystals, gems, and stones to address physical, emotional, and spiritual health conditions • Includes an extensive Materia Medica detailing the healing and spiritual properties of 200 crystals and stones based on Classical Chinese Medicine • Explores the role played by the color of each stone, its Yin and Yang qualities, crystalline structure, chemical composition, and topical and internal applications • Explains how to make stone and crystal elixirs, wear stones as healing jewelry, use them in massage and energy work, and cleanse and recharge them • Based on the oral teachings of Dr. Jeffrey C. Yuen, a Taoist priest from the ancient lineage of the Jade Purity School (88th generation) master addition to herbalism and acupuncture, Chinese Medicine has a rich tradition of using stones as medicine, passed from generation to generation for thousands of years. In this comprehensive guide and extensive Materia Medica, Leslie J. Franks presents the Stone Medicine teachings of Dr. Jeffrey C. Yuen, an 88th generation Taoist priest from the ancient lineage of the Jade Purity School, which dates to the Han dynasty, 206 BCE. Detailing the therapeutic properties of 200 gems, stones, minerals, and crystals, Franks begins with an extensive look at 15 different forms of quartz, followed by chapters on transformative stones, protective stones, nourishing stones, source energy stones, and alchemical stones. She explains the physical, emotional, and spiritual conditions each stone can treat and how their color, form, hardness, and energetic qualities affect us according to Chinese Medicine. She discusses how to make stone and crystal elixirs for internal and topical use, how to charge quartz with the healing properties of other stones, how to cleanse and recharge a stone after use, and how to combine stones to create healing formulas for individual conditions. She explains different techniques of wearing stones as healing jewelry and how to use them in massage and energy work. She examines the chemistry and sacred geometry of crystal structure, revealing how the minerals contained in the stones affect our physiology by supporting our Jing (Essence) by nourishing Qi (energy), blood, and fluids; and by clearing Wind, Cold, Damp, and Heat conditions that can lead to disease. Including a thorough primer on Traditional Chinese Medicine and backed by modern scientific research, this book explains how stones access our deepest layers, vibrating ever so slowly, to initiate deep lasting change. The original comprehensive guide to energetic healing with a new preface by the author and updated resources. • More than 125,000 copies sold. • Explores the actual science of etheric energies, replacing the Newtonian worldview with a new model based on Einstein's physics of energy. • Summarizes key points at the end of each chapter to help the serious student absorb and retain the wealth of information presented. Vibrational Medicine has gained widespread acceptance by individuals, schools, and health-care institutions nationwide as the textbook of choice for the study of alternative medicine. Trained in a variety of alternative therapies as well as conventional Western medicine, Dr. Gerber provides an encyclopedic treatment of energetic healing, covering subtle-energy fields, acupuncture, Bach flower remedies, homeopathy, radionics, crystal healing, electrotherapy, radiology, chakras, meditation, and psychic healing. He explains current theories about how various energy therapies work and offers readers new insights into the physical and spiritual perspectives of health and disease.

"Working With The Mineral Kingdom" is a metaphysical recipe book for making your own mineral water elixirs. The human body needs vitamins and minerals to be at its optimal health and gemstones make up the mineral kingdom. These suggested recipes are tools for your body to use to strengthen and help heal itself. This book contains a few grid layouts, what combinations of stones can do metaphysically, mentally, emotionally, spiritually and physically as well as which stones to combine for use for specific conditions, how to make an elixir or tincture, how to create a mandala, altar or medicine wheel of gemstones plus 100 different gemstone elixir recipes. "Working With The Mineral Kingdom" also contains information about different ways to use gemstones and elixirs. Over 20 years of use, research and working with gemstones have lead to these helpful recipes. Each condition lists multiple gemstones and how the gemstone works on that condition whether it is physical, emotional, intellectual, energetic or spiritual. Conditions include job, financial and relationship stress, depression, cold/flu/virus, immune boosters, addiction, weight issues, heart, kidney, lungs, skeletal, PMS, infertility, libido, chronic diseases and more. There are also recipes for heart break, attracting love, chakra balancing, healthy hair and plant spray. Many of these recipes are based on what has worked for the author as well as people who seek her advice on what stones are the best tools for their needs. This book is great for beginners as well as for the more experienced gemstone lover wanting to use these recipes and personalize them. Auralite-23 Transformational Amethyst from the Cave of Wonders Unification Medical Science The #1 Handbook of Subtle-Energy Therapies Applying the Flower Essences of Dr. Bach to Acupuncture Sites The Spiritual Properties of Herbs The Therapeutic Use of Gems and Minerals This is one of the few books available that focuses on understanding and treating addiction from a holistic and spiritual perspective. Numerous vibrational therapies are suggested, a deeper appreciation of the subtle energy bodies and chakras is offered, and there is a study of the karma of addiction and relevant past life patterns. Specific addictions include coffee, tobacco, marijuana, sugar, alcohol, and gambling. "Author of the excellent The Crystal Bible, Judy Hall is truly a master of her subject and the book is a clever idea well executed." Paradigm Shift Listing over 1,200 symptoms, this is a practical first-aid guide based on sound crystal-healing principles that have been practiced for millennia. Crystals are a gentle, non-invasive system of holistic healing with no side effects. Suitable for children and adults. Sound healing therapy is rapidly gaining recognition as an important complementary medicine modality; this ground-breaking book uniquely presents techniques, based upon Chinese medicine theory, for integrating the use of precision calibrated Ohm planetary tuning forks and acupuncture needles, to create a new modality, Vibrational Acupuncture™. The chapters include: An overview of Quantum Physics and how it relates to sound healing; The science of sound healing; The use of precision calibrated Ohm planetary tuning forks and acupuncture needles, to create a new modality, Vibrational Acupuncture™. The chapters include: An overview of Quantum Physics and how it relates to sound healing; The science of sound healing; The use of precision calibrated Ohm planetary tuning forks and acupuncture needles, to create a new modality, Vibrational Acupuncture™. 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*An aspirational guide to incorporating the transformative power of crystals and gemstones into a stylish life, from the founder of luxury crystal-infused skincare line Själ. There are many reference books on crystals on the market, but there is no book like Elemental Energy, which guides readers through incorporating the beauty, allure, and power of crystals into a stylish life. With its elegant aesthetic and lush, fashion-forward photography, Elemental Energy is an entirely new take on crystals—one that captures their magic and magnetism, but for a decidedly modern twenty-first century life, from organic skin care to at home spa treatments. Part aspirational, part prescriptive, Elemental Energy combines full-color photography throughout with innovative practices, tips, and techniques for harnessing the transformative energy of crystals and gemstones for optimal wellness and beauty. Author Kristin Petrovich—founder of luxury gem-infused skincare line Själ—takes readers from the basics of crystal and gemstone energy to building an affordable, essential crystal collection; from crafting crystal-infused skincare to self-care with crystal and gemstone massage; from creating luxurious and restorative crystal-centric rituals to finding the perfect stone to enhance every occasion. Timely and on-trend, Elemental Energy is the must have resource to a beautiful life infused with the energy of crystals and gemstones, from an unparalleled expert in the holistic, luxury beauty world—perfect for crystal obsessives and fashion savvy readers alike.*

*Awakening the Holographic Human is a comprehensive reference book on healing and higher consciousness through the use of the natural intelligence found in flowers, herbs, gems, color, the human energy system, and the astrological archetypes. It is for anyone interested in physical, psycho-spiritual, and emotional healing; personal and/or planetary transformation; the development of higher states of consciousness; or actualizing human potential.*

*Choosing and using flower and other essences*

*How to Prepare and Use More than 130 Crystal Waters for Therapeutic Treatments*

*Vibrational Acupuncture*

*Healing, Awakening, and Co-creating with Crystals, Minerals, and Gems*

*Essential Elixirs for the Mind, Body, and Spirit*

*Revealing the Essence of Nature through Aromatherapy and Essential Oils*

Certified flower essence practitioner Deborah Craydon and licensed acupuncturist Warren Bellows combine their expertise to present an innovative and highly effective holistic method to treat body, mind, and spirit. By applying flower essences (in place of needles) to acupuncture points, it is possible to stimulate the movement of energy (chi), starting a powerful healing process. Filled with full-color photography, this practical manual, suitable for both professional and home use, includes treatments for common ailments, such as depression, anxiety, and loneliness. The authors also explain the theory behind this technique and provide general instructions for application of flower essence tinctures, creating a comprehensive view of this exciting new form of alternative healing. The first guidebook to show how to apply the flower essences of Dr. Bach to acupuncture points for treatment of emotional and physical conditions, such as depression, anxiety, neck and shoulder pain, and headaches—without the use of needles. Bach flower essences can be purchased in most health food stores and homeopathic pharmacies and are safe for use on children, pregnant women, the elderly, and pets. Includes more than 50 full-color instructional photographs.

Do you need help reclaiming your spiritual center? Enter the fascinating world of Auralite-23 and shift your consciousness with crystals! Learn how you can use the highly transformative Auralite-23 crystals in your everyday spiritual practice (as a powerful crystal ally and healing tool). With the techniques in this book, you will learn to reclaim your spiritual center as well as begin (or continue) your special crystal journey for personal healing and growth. Part how-to book, part work-book, part science, and part fun, this book gives an overview of the varieties of Auralite and their associated properties, instructions for creating your own Auralite-23 crystal elixirs, using the crystals in meditation, creating Auralite crystal grids, and performing auralite crystal layouts. The author also touches on wearing and using Auralite jewelry, the geological history of Auralite, and her reflections on using the crystal (which sets the record straight about many of the misconceptions concerning these crystals). Additionally, the book includes a very special interview with the Auralite Project Geologist. This book also includes special bonus downloads that will further enhance your connection with these special members of the mineral kingdom. Your book will give instructions on how to access these bonus gifts including: 11 PDF files, 3 mp4 video files, and 4 mp3 Guided Meditation files.

This book combines insights from the Unification Thought of Reverend Moon with those of modern medical science

New flower essences including ginseng, bo, and rosa webbiana, detailed information on treating animals and plants with flower essences, and new material for the current 108 essences described in the book including their relation to astrology, the 12 rays, animals, and plants.

Stone Medicine

A Gemstone Elixir Recipe Book

Gem Elixirs and Vibrational Healing

The A-Z Guide to Over 1,250 Conditions and Their New Generation Healing Crystals

Star Mana

The Bloom Book

**A significant and shocking exposé of one of the greatest health dangers of our time. The amalgam used to fill teeth is 40 to 50 percent mercury, a known poison. This book explains how mercury migrates from the teeth into the body, affecting our overall health in a dramatic manner. This groundbreaking book includes the following topics and questions: Mercury in Medicine and Dentistry; The History of Mercury in Medicine; The Arguments For and Against; Do we really have electricity in our mouths? Measurement of Mercury in the urine; How long does it stay in the body? Mercury in the body, where does it go? Does Mercury cause any changes in our tissues and organs? Does Mercury cause psychiatric and behavioural changes? Micromercurialism, signs and symptoms. This pioneering book is written in a clear, straightforward manner, ideal for the layman and professional who want to become aware of the body of information currently available on mercury toxicity from dental amalgams. Then, informed, each individual can draw his own conclusions.**

**This book is distinguished from other current texts on gem therapy because of its careful presentation of new and original research material. Most of the information presented in this book was obtained by Gurudas through working with two channels. The channeled material is carefully explained and supported with numerous footnotes and commentaries. In this encyclopedic text, Gurudas introduces you to such topics as: Quartz crystal technologies, music with natural quartz crystals, astrology and gem elixirs, how vibrational remedies work, Earth as a living being, talismans and amulets, new physics and gems, new data on the 7 rays, bath therapies and gems, future prospects, and the use of gemstones in Atlantis and Lemuria. The use of gem elixirs to aid spiritual and psychic growth. New data on the miasms and the real causes of all diseases. Comparison of gems to homeopathy, flower essences, and herbs. Use of gem elixirs in birthing, agriculture, color, and with animals. Five unisolated elements that will soon appear in new minerals to play a key role in manifesting the New Age consciousness. Ancient technology to project into and change the future using astrology and gemstones in a mandala pattern. Nostradamus used this system. The return of the Teacher of Righteousness and the possibility that he will soon step forward to expand the Christ consciousness.**

**“Flowers represent a branch of plant medicine that is specifically concerned with our consciousness and evolution. To connect with their essence catalyzes the blossoming of our own healing and spiritual journeys.” —Heidi Smith From lavender’s ability to soothe frazzled nerves to rose’s charms in healing the heart, flowers don’t just delight the senses—they have a secret history as doorways to transformation. With The Bloom Book, Heidi Smith offers a holistic and comprehensive guide for working with flower essences—the vibrational signatures of our botanical allies—to bring about healing, awakening, and deep change. A psychosomatic therapist, flower essence practitioner, registered herbalist, and long-time student of ancient wisdom traditions, Smith seamlessly integrates the healing power of flower essences with vibrational medicine and the rise of the divine feminine. The result is a cosmic doctrine of healing that empowers readers to align with their highest selves and help to bring about planetary transformation. Highlights include: An intuitive approach to working with flower essences for balance and optimal health Detailed instructions for making, selecting, and formulating flower essences Rituals, recipes, and case studies for protection, grounding, dreamwork, grief, love, and more Complementary applications of vibrational healing—including breath work, moon cycles, colors, chakras, and sacred symbols Working with trauma and systemic oppression—how flower essences can support multi-generational, intersectional healing Reconnecting with nature, the divine feminine, and your true self through the healing power of flowers Filled with gorgeous illustrations by artist Chelsea Granger, The Bloom Book is both an information-rich resource and interactive guidebook for anyone who wants to awaken their most vibrant, balanced, and empowered self through the healing power of flower essences.**

**When we eat, can we feed the soul as well as the body? Can a diet have an impact on spirituality? Spiritual Nutrition empowers readers to develop personal diets that are appropriate to their lifestyles and spiritual practices. Drawing on 14 years of clinical experience and research, Dr. Gabriel Cousens discusses nutritional issues that can help answer these questions, including raw vs. cooked food; high vs. low protein; the concepts of assimilation and fasting; alkaline--acid balance; attitudes about food; nutrients, energy, and structure building. In addition, Cousens shares his new dietary system of "spiritual nutrition" that is based on the relationship that the color of the food has to corresponding colors of the human chakra system, hence, the "rainbow diet." For true nourishment, he strongly promotes the connection of diet to meditation, fellowship, wisdom, and love.**

**Alchemical Engravings of the Seventeenth Century**

**Out on a Limb**

**Gem Water**

**Crystal and Gemstone Rituals for a Beautiful Life**

**A Beginner’s Guide to Energy Healing for Yourself and Others**

**Animal Healing and Vibrational Medicine**

Doreen Virtue has presented her Angel Therapy Practitioner™ course since 1996, helping thousands learn the skills of spiritual healing and psychic readings in concert with the angels and archangels. Now, she has amassed the tools, secrets, and exercises that she teaches her students in this comprehensive handbook. Within these pages, Doreen provides you with a thorough overview of the angelic realm and the methods of Angel Therapy, outlining how to communicate with Heaven for yourself and on behalf of others. In addition, she offers compas-sionate guidance and practical action steps for lightworkers who want to take up a spiritually based career. Doreen says, “My prayer is that this book will be a re-source to awaken you to your clear connection with the Divine and lead you upon the path of your life purpose. Whether you’re a professional healer or just want to polish your natural spiritual gifts, this handbook is a vital reference tool that you can turn to again and again.

Comprehensive analysis of Patriot movement and New World Order. A reference work with 833 footnotes. Warnings from many authorities about a corporate police state. Hundreds of influential people call for a one world government, end of U.S. sovereignty, end of the U.S. Constitution, transference of the U.S. military to the UN, and a global police force. The UN is to become the center of a world government. The destruction of nationalism, patriotism, property rights, and the family unit is promoted. All nations must ultimately join a world government and those who resist will be attacked. The media never discusses this. Topics reviewed: corporate dominance, the secret government, state sovereignty vs. federal control, out of control intelligence community, Oklahoma bombing and cover-up, left and right working together, hidden U.S. history, role of the militias in U.S. history, past martial law in the U.S., murder as a political weapon, GATT and NAFTA, radiation/biological experiments on people, and a corporate plot for a dictatorship in the 1930s which Congress confirmed.

Topics: 144 individual gem elixirs, 12 different quartz gem elixirs, amplification techniques, use of gemstones in Atlantis and Lemuria, real causes of AIDS, information on the subtle bodies, 5 key chakras above the head, and 56 pages of detailed charts

This practical handbook covers everything you need to know to use flower and other essences effectively with clients. Sue Lilly explains what is happening energetically when essences are at work and draws on her wealth of essence knowledge to provide guidelines on: · Assessing - techniques for testing clients · Choosing - how to select appropriate essences for a range of conditions · Using - new and innovative applications of essences · Creating - different methods of creating essences and guidelines for selling them · Expanding knowledge - how essences can be linked to chakras, meridians and subtle bodies and how this knowledge can enhance practice This comprehensive guide is ideal for any student starting out or any practitioner wanting to explore new ways of using essences.

Healing Stoned

The Angel Therapy Handbook

Chakra Tonics

Further Dimensions of Healing Addictions

Six Foundations for Spiritual Life and the Awakening of Kundalini

Working with the Mineral Kingdom

This trance channeled material provides a detailed description of the spiritual effects that herbs have on people. Over 100 Western and Chinese herbs are presented. Topics reviewed include: the spiritual use of herbs in Atlantis, Lemuria, China, Egypt; crystals and flower essences with herbs; how herbs affect plants and animals spiritually; and negative thought forms and disease.

Noted healer and author Ted Andrews reveals how unbalanced or blocked emotions, attitudes, and thoughts deplete our natural physical energies and make us more susceptible to illness. The Healer’s Manual shows specific techniques involving color, sound, fragrance, herbs, and gemstones:to restore the natural flow of energy. Use the simple practices in this book to activate healing, alleviate aches and pains, and become the healthy person you’re meant to be.

In a therapeutic blend bringing together Chinese Medicine, reflexology, and craniosacral therapy, massage therapist Deborah Eidson shows how essential oils and Bach Flower Remedies can be used to identify and free up emotional blockages which may be causing health problems. Eidson explains that all chakras have a location associated with organs, as well as a sound, color, and element. Giving a good massage can involve stimulating meridians and meridian points, finding the location of blocked energy, and then working with oils to affect change. Eidson writes in an unabashedly spiritual context, using her intuitive energetic abilities to help clients open to their own development and spiritual path. In a thorough listing of essential oils, Eidson describes each in terms of its use in life transformations, relevant growth and healing issues, the oil’s energetic influences on blockages and distortions, relevant organs, and the botanical origin of the plant. Her trust in plants to reveal the nature and problems of a person amounts to a fascinating statement on the nature of the relationship between plants and people, as well as an important healing text.

Alchemy and the quest for the Philosopher’s Stone have been a strand in the development of European culture from antiquity onwards. With the spread of printing, the whole fantastic iconography flowered as never before. This fascinating book presents a selection of the finest alchemical engravings, brought together for the first time, and describes their origins and meanings. 533 illustrations.

AWAKENING THE HOLOGRAPHIC HUMA

Vibrational Medicine

The Healer’s Manual

Spiritual Nutrition

The Energetic, Healing, and Spiritual Power of 200 Gemstones

The Golden Game

**Energy Healing with Potions, Tonics, and Concoctions The art of chakra balancing has never been tastier. Spiritual counselor and yoga instructor Elise Collins has created the perfect guide and recipe book of smoothies, teas, and tonics to boost your energy centers. Chakras and shakers. Our ancestors believed ingredients from the natural world cured not only physical ailments, but spiritual ones as well. Drawing on ancient wisdom, Elise’s restorative recipes contain powerful superfoods, herbs, minerals, and ph-balanced liquids designed to nourish the physical body and revitalize its central energy system. Target your chakras with tonics. As you make your way through the chakra chart, find recipes that specifically target each chakra and clear out stale energy. And with bonus yoga techniques, learn how to release energy for Vedic vitality. For prolonged balance of mind and body, look for recipes like: Sunrise juice for the sacral chakra Prana rising smoothie for the root chakra Carmelite water for the heart chakra If you enjoyed books like Healing Tonics, Juices, and Smoothies, The Ultimate Guide to Chakras, and Chakra Healing, then Chakra Tonics is your next read!**

**• Details the spiritual, healing, and energetic qualities of stones such as Moldavite, Nuummite, Circle Stones, Nirvana Quartz from the Himalayas, and high-vibrational Natrolite from the emerald mines of Russia • Features color photos of exceptional examples of each of the stones • Includes practices for deepening one’s awareness of the stones’ gifts--from expanding consciousness, to healing, to awakening the Light Body, to fulfilling one’s personal and collective destiny In Stones of the New Consciousness Robert Simmons examines the 62 most important stones to help accelerate and enhance conscious evolution and spiritual awakening. Each entry is illustrated with color photos of exceptional examples. The stones include Moldavite, the extraterrestrial amorphous crystal; Nuummite, the oldest gemstone on Earth; and Circle Stones, the highly energetic Flint found in crop circle formations. Other featured rarities include Nirvana Quartz from the Himalayas and high-vibrational Natrolite from the emerald mines of Russia. Simmons begins with a new approach to meditation with stones and to the possibility of conscious relationship with the spiritual beings who express themselves in our world as crystals and minerals. He includes historical and mythological references for each stone, positing that the fabled Stone of the Holy Grail and the Philosopher’s Stone of the alchemists may have physical counterparts among the minerals discussed. Simmons presents practices for deepening one’s awareness of the stones’ gifts--from expanding one’s consciousness, to healing, to awakening the Light Body, to fulfilling one’s personal and collective destiny. While emphasizing direct contact with stones, the book also explores crystal energy tools, energy environments, and applications such as stone elixirs and essences that can aid anyone on a spiritual path.**

**Elemental Energy**

**Flower Essences and Vibrational Healing**

**Australian Bush Flower Essences**  
**Treason**  
**Crystal Enlightenment**  
**Vibrational Healing**