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What, and who, are we working for? A thoughtful assessment on our current society from “probably America’s most prominent Marxist economist” (The New York Times). Capitalism as a system has spawned deepening economic

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crisis alongside its bought-and-paid-for political establishment. Neither serves the needs of our society. Whether it is secure, well-paid, and meaningful jobs or a sustainable relationship with the natural environment that we depend on, our society is not

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delivering the results people need and deserve. One key cause for this intolerable state of affairs is the lack of genuine democracy in our economy as well as in our politics. The solution requires the institution of genuine economic democracy, starting with workers

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***managing their own workplaces,
as the basis for a genuine
political democracy. Here
Richard D. Wolff lays out a
hopeful and concrete vision of
how to make that possible,
addressing the many people who
have concluded economic***

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***inequality and politics as usual
can no longer be tolerated and
are looking for a concrete
program of action. "Wolff's
constructive and innovative ideas
suggest new and promising
foundations for much more
authentic democracy and***

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***sustainable and equitable
development, ideas that can be
implemented directly and carried
forward. A very valuable
contribution in troubled times.”
—Noam Chomsky, leading public
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If you create, manage, operate, or configure systems running in the cloud, you're a cloud engineer--even if you work as a system administrator, software developer, data scientist, or site reliability engineer. With this book, professionals from around

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the world provide valuable insight into today's cloud engineering role. These concise articles explore the entire cloud computing experience, including fundamentals, architecture, and migration. You'll delve into security and compliance,

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*enduring grace of friendship”
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born into, and those that we
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first century. A NATIONAL BOOK
AWARD FINALIST • A MAN
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WINNER OF THE KIRKUS PRIZE

A Little Life follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by

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***addiction, success, and pride,
deepen over the decades, the men
are held together by their
devotion to the brilliant,
enigmatic Jude, a man scarred by
an unspeakable childhood
trauma. A hymn to brotherly
bonds and a masterful depiction***

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of love in the twenty-first century, Hanya Yanagihara's stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara's new novel, To Paradise, coming in January 2022.

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The best way to defend the
cause of human flourishing
against this current

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onslaught of dangerous economic thinking is to relearn time-tested economic truths. The verdict is in: Free enterprise has lifted billions of people out of abject poverty all over the world and provided a higher

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quality of life than has ever been thought possible. But a growing case is forming in public opinion against free markets, and for a significantly larger command & control management of the economy. Whether you

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call it socialism or
progressive leftism, more
and more people are turning
away from the forces of
freedom and social
cooperation that made the
last two hundred years of
prosperity possible, and

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embracing a system that deprives human beings of their dignity, impoverishing whole societies both financially and spiritually. What David Bahnsen does here is pull from the masters—the great economic voices of the

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past and the present—to remind readers of the basic economic truths that must serve as our foundation in understanding the challenges of today. In 250 vital points, he combines pearls of wisdom from economic

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legends with his own careful commentary to provide readers the perspective, information, and reaffirmation they need in order to see economics for what it is. It will empower you and equip you with the

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truth—250 truths—that are
crucially needed to keep the
lights on in civilization
and advance the cause of
human flourishing.

The Great American Recession
resulted in the loss of
eight million jobs between

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2007 and 2009. More than four million homes were lost to foreclosures. Is it a coincidence that the United States witnessed a dramatic rise in household debt in the years before the recession—that the total

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amount of debt for American households doubled between 2000 and 2007 to \$14 trillion? Definitely not. Armed with clear and powerful evidence, Atif Mian and Amir Sufi reveal in House of Debt how the Great

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Recession and Great Depression, as well as the current economic malaise in Europe, were caused by a large run-up in household debt followed by a significantly large drop in household spending. Though

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the banking crisis captured the public's attention, Mian and Sufi argue strongly with actual data that current policy is too heavily biased toward protecting banks and creditors. Increasing the flow of credit, they show,

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is disastrously counterproductive when the fundamental problem is too much debt. As their research shows, excessive household debt leads to foreclosures, causing individuals to spend less and save more. Less

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spending means less demand for goods, followed by declines in production and huge job losses. How do we end such a cycle? With a direct attack on debt, say Mian and Sufi. More aggressive debt forgiveness

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after the crash helps, but as they illustrate, we can be rid of painful bubble-and-bust episodes only if the financial system moves away from its reliance on inflexible debt contracts. As an example, they propose

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new mortgage contracts that are built on the principle of risk-sharing, a concept that would have prevented the housing bubble from emerging in the first place. Thoroughly grounded in compelling economic

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evidence, House of Debt offers convincing answers to some of the most important questions facing the modern economy today: Why do severe recessions happen? Could we have prevented the Great Recession and its

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consequences? And what actions are needed to prevent such crises going forward?

Two of Forbes magazine's "world's most powerful economists" provide the breakthrough ideas to

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challenge the assumptions of human decision-making. Can economics be passionate? Can it centre on people and what really matters to them? And can it help us understand why they do what they do in everyday life? Two

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revolutionary economists believe it can. In *The Why Axis*, Uri Gneezy and John List lead us on a journey to discover the economics underlying human motivation and how to structure the incentives that can get

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people to move mountains. Finding the right incentive can be like looking for a needle in a haystack, but Gneezy and List have pioneered an innovative approach to zeroing in on those needles. Like other

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economists, they gather data and build models, but then they go much, much further, embedding themselves in our messy world—the factories, schools, communities and offices where people live, work and play. Their goal:

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to discover solutions to the big, difficult problems, such as the gap between rich and poor, the violence plaguing inner city schools, why people really discriminate, and whether women are really less

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competitive than men. Their revelatory and startling discoveries about how incentives really work are both groundbreaking and immensely practical. This research will change the way we both think about and take

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action on big and little problems. Anyone working in business, politics, education or philanthropy can use the approach Gneezy and List describe in *The Why Axis* to reach a deeper, more nuanced understanding of

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human behaviour and a better grasp of what motivates people and why.

The economy has never been so relevant to so many people as it is now, and it's vital that we understand how it affects

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our lives. 'There's no such thing as a free lunch' is the one phrase everyone has heard from economics - not even for bankers. But why not? What does economics tell us about the price of lunch - and everything else?

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Free Lunch makes the economics pages of the newspaper intelligible and addresses the concerns that worry us all. It will enable you to understand - and challenge - the claims made by politicians Set out like

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a good lunch-time conversation, the book will guide you through the mysteries of the economy. Your guides will be some of the greatest names in the field, including Smith, Marx and Keynes. This clever and

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witty introduction to economics costs less than even the cheapest meal. It is essential reading in these times of economic uncertainty, and is far more satisfying than even the most gourmet banquet.

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Made It Happen

The Art and Science of Delay

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A New York Times Bestseller

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visible public advocate of

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modern monetary theory --
the freshest and most
important idea about
economics in decades --
delivers a radically different,
bold, new understanding for
how to build a just and

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prosperous society. Stephanie Kelton's brilliant exploration of modern monetary theory (MMT) dramatically changes our understanding of how we can best deal with crucial issues ranging from poverty

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and inequality to creating jobs, expanding health care coverage, climate change, and building resilient infrastructure. Any ambitious proposal, however, inevitably runs into the buzz saw of how

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to find the money to pay for it, rooted in myths about deficits that are hobbling us as a country. Kelton busts through the myths that prevent us from taking action: that the federal government

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should budget like a household, that deficits will harm the next generation, crowd out private investment, and undermine long-term growth, and that entitlements are propelling us toward a

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grave fiscal crisis. MMT, as Kelton shows, shifts the terrain from narrow budgetary questions to one of broader economic and social benefits. With its important new ways of understanding

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money, taxes, and the critical role of deficit spending, MMT redefines how to responsibly use our resources so that we can maximize our potential as a society. MMT gives us the power to imagine a new

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politics and a new economy
and move from a narrative of
scarcity to one of
opportunity.

In "The Irresponsible Pursuit
of Paradise," Dr. Jim L.
Bowyer clearly documents an

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ethically bankrupt position that underlies much of our environmental policy. High consumption in wealthy countries usually goes hand-in-hand with resistance to domestic raw materials

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extraction and half-hearted interest in recycling. Because of this, the worlds wealthiest countries increasingly rely on imported raw materials from poorer nations to fuel consumption. This, in turn,

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allows citizens of wealthy countries to smugly enjoy high levels of consumption with minimal exposure to the environmental impacts of that consumption. Bowyer concludes, "Contrary to

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common practice today, high consuming nations need to be asking, Why not in my back yard?"

The ascension of China and India will be the outstanding development of the 21st

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century, raising fundamental questions about both the structure of the world economy and the balance of global geopolitical power. How aggressive a superpower will China be?

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And what about India, whose vast population and economic prospects appear to guarantee prosperity? Economist David Smith analyzes in depth the rapid eastward shift in global power

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to Beijing and Delhi — and its enormous ramifications for the west.

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tendencies that defined them for much of recent history, and toward stagnation and comfort, and how this development has the potential to make future changes more disruptive. --Publisher's

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An Introduction to Research,
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*From Thurber finalist and former
star Time columnist Joel Stein comes
a "brilliant exploration" (Walter
Isaacson) of America's political*

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culture war and a hilarious call to arms for the elite. "I can think of no one more suited to defend elitism than Stein, a funny man with hands as delicate as a baby full of soft-boiled eggs." —Jimmy Kimmel, host of Jimmy Kimmel Live! The night Donald Trump won the presidency,

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our author Joel Stein, Thurber Prize finalist and former staff writer for Time Magazine, instantly knew why. The main reason wasn't economic anxiety or racism. It was that he was anti-elitist. Hillary Clinton represented Wall Street, academics, policy papers, Davos, international

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treaties and the people who think they're better than you. People like Joel Stein. Trump represented something far more appealing, which was beating up people like Joel Stein. In a full-throated defense of academia, the mainstream press, medium-rare steak, and civility, Joel

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Stein fights against populism. He fears a new tribal elite is coming to replace him, one that will fend off expertise of all kinds and send the country hurtling backward to a time of wars, economic stagnation and the well-done steaks doused with ketchup that Trump eats. To find out

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how this shift happened and what can be done, Stein spends a week in Roberts County, Texas, which had the highest percentage of Trump voters in the country. He goes to the home of Trump-loving Dilbert cartoonist Scott Adams; meets people who create fake news; and

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finds the new elitist organizations merging both right and left to fight the populists. All the while using the biggest words he knows.

The challenges to humanity posed by the digital future, the first detailed examination of the unprecedented form of power called "surveillance

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capitalism," and the quest by powerful corporations to predict and control our behavior. In this masterwork of original thinking and research, Shoshana Zuboff provides startling insights into the phenomenon that she has named surveillance capitalism. The stakes

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could not be higher: a global architecture of behavior modification threatens human nature in the twenty-first century just as industrial capitalism disfigured the natural world in the twentieth. Zuboff vividly brings to life the consequences as surveillance capitalism advances

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from Silicon Valley into every economic sector. Vast wealth and power are accumulated in ominous new "behavioral futures markets," where predictions about our behavior are bought and sold, and the production of goods and services is subordinated to a new "means of

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behavioral modification." The threat has shifted from a totalitarian Big Brother state to a ubiquitous digital architecture: a "Big Other" operating in the interests of surveillance capital. Here is the crucible of an unprecedented form of power marked by extreme concentrations of

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knowledge and free from democratic oversight. Zuboff's comprehensive and moving analysis lays bare the threats to twenty-first century society: a controlled "hive" of total connection that seduces with promises of total certainty for maximum profit -- at the expense of

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democracy, freedom, and our human future. With little resistance from law or society, surveillance capitalism is on the verge of dominating the social order and shaping the digital future -- if we let it.

The rise of China and India will be the outstanding development of the

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21st century, raising fundamental questions about both the structure of the world economy and the balance of global geopolitical power. Will China still be a repressive and undemocratic regime, embracing free market economics but only when it suits? How aggressive a

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superpower will it be? And what about India, whose huge and growing population and economic prospects appear to guarantee prosperity? David Smith analyses the ways in which the world is tilting rapidly Eastwards, and examines all the implications of the shift in global

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*power to Beijing, Delhi and
Washington - a shift that will creep
up on us before we know it.*

*Explains why the environmental
crisis should lead to an abandonment
of "free market" ideologies and
current political systems, arguing
that a massive reduction of*

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*greenhouse emissions may offer a
best chance for correcting problems.*

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**the nutrition-autism
connection: the foods,
meals, and supplements to
feed your child to improve
an autism spectrum
condition**
The US is facing enormous

challenges as it enters the second decade of the twenty-first century. Some of these major issues are environmentalism and its claim of global warming; the danger from terrorism

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**generated by Islamic
fundamentalism; and
affordable, quality health
care. Additionally,
education in America
remains an unresolved
dilemma contributing to**

America's lack of economic competitiveness. Andrew Bernstein argues that the US government is pushing the nation toward socialism in its attempt to resolve America's problems. The

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government's increasing control of the banking industry, its massive bailouts of auto makers, and its proposal of emissions legislation are also examples of the

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**expansion of government's
power. Bernstein argues
that whatever the
intentions of the
government, or its illusions
about the workability of its
proposals, morally upright**

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and practical solutions can only come from moving to the opposite end of the political-economic spectrum: the establishment of laissez-faire capitalism. In Atlas

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Shrugged, and in her non-fiction works, Ayn Rand developed a systematic body of thought, a comprehensive philosophy she dubbed "Objectivism." This philosophy has been

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**neglected by most
professional intellectuals,
but it is now beginning to
be seriously studied in
academic philosophy
departments. Objectivism
provides the moral and**

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**philosophic validation of
the political-economic
principles of individual
rights and free markets.
Analysis of today's gravest
social and political issues
within this philosophic**

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**framework, as undertaken
by Bernstein in this volume,
constitutes a unique way of
identifying rational
solutions to these pressing
issues.**

Summary Discover how

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has written dozens of books on information technology topics. Jeffery Hicks is a PowerShell MVP and an independent consultant, trainer, and author. Don and Jeff coauthored

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PART 1 - INTRODUCTION**

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Undiscovered Economics of Everyday Life

Presents information from
scientific studies and
interviews with experts in
several fields that suggests
that delaying responses when
making a decision can

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improve the decision
quality, even in situations
where time is in short
supply.

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Island. Today it is the center of the financial world, the pivot point on which economies turn, companies rise and fall, and daring men and women go from rags to unbelievable riches, and sometimes back again.

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Along the way, Wall Street also has transformed itself and society, growing from an exclusive gentlemen's club to the place that millions of people now trust with their financial futures. Never has it been more

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important to understand how modern Wall Street truly works. And never before has the story of modern Wall Street been told by those who were there, personally, in their own words, uncensored, unfiltered,

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reveals a sweeping
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humanity's greatest
challenge: climate
change. In 2006, John
Doerr was moved by Al
Gore's An Inconvenient
Truth and a challenge
from his teenage

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daughter: “Dad, your generation created this problem. You better fix it.” Since then, Doerr has searched for solutions to this existential problem—as

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an investor, an
advocate, and a
philanthropist. Fifteen
years later, despite
breakthroughs in
batteries, electric
vehicles, plant-based

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proteins, and solar and
wind power, global
warming continues to get
worse. Its impact is all
around us: droughts,
floods, wildfires, the
melting of the polar ice

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caps. Our world is
squarely in a climate
crisis and on the brink
of a climate disaster.
Yet despite our state of
emergency, climate
change has yet to be

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tackled with the urgency
and ambition it demands.
More than ever, we need
a clear course of
action. What if the goal-
setting techniques that
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today's most innovative organizations were brought to bear on humanity's greatest challenge? Fueled by a powerful tool called Objectives and Key

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Results (OKRs), SPEED &
SCALE offers an
unprecedented global
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gas emissions before
it's too late. Used by
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foundation, and
thousands of startups
the world over, OKRs
have scaled ideas into
achievements that
changed the world. With
clear-eyed realism and

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an engineer's precision,
Doerr identifies the
measurable OKRs we need
to reduce emissions
across the board and to
arrive by 2050 at net
zero—the point where we

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are no longer adding to the heat-trapping carbon in the atmosphere. By turns pragmatic and inspiring, SPEED & SCALE intersperses Doerr's wide-ranging analysis

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with firsthand accounts
from Jeff Bezos,
Christiana Figueres, Al
Gore, Mary Barra, Bill
Gates, and other
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scientists, and
activists. A launchpad
for those who are ready
to act now, this book is
geared to leaders in
every walk of life. With
a definitive action

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plan, the latest science, and a rising climate movement on our side, we can still reach net zero before it is too late. But as Doerr reminds us, there is no

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more time to waste.

Everyone eats, but rarely do we investigate why we eat what we eat. Why do we love spices, sweets, coffee? How did rice become such a

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staple food throughout
so much of eastern Asia?
Everyone Eats examines
the social and cultural
reasons for our food
choices and provides an
explanation of the

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nutritional reasons for why humans eat what they do, resulting in a unique cultural and biological approach to the topic. E. N.

Anderson explains the

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economics of food in the
globalization era;
food's relationship to
religion, medicine, and
ethnicity; and offers
suggestions on how to
end hunger, starvation,

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and malnutrition. This
thoroughly updated
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incorporates the latest
food scholarship, most
notably recognizing the
impact of sustainable

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eating advocacy and the
state of food security
in the world today.

Anderson also brings
more insight than ever
before into the
historical and

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scientific underpinnings
of our food customs,
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anthropology of food,
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need to understand human
ecology by explaining
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structure the edible

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environment.

This Book Has

Consistently Been Used

By Students Studying The

First Course In Food

Science And Nutrition.

In Several Universities,

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Diet Therapy Topics Have
Been Added In The
Curricula Of This
Course. Therefore, Diet
Therapy Has Been Added
In This Revision, With A
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Beautiful Style With An
Understandable Approach.
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Terms Are Given.

Glossary Is Also

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Lists, Recommended

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Composition Tables Have
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Book of the Year From an
obesity and neuroscience
researcher with a knack
for engaging, humorous
storytelling, The Hungry

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Brain uses cutting-edge science to answer the questions: why do we overeat, and what can we do about it? No one wants to overeat. And certainly no one wants

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to overeat for years,
become overweight, and
end up with a high risk
of diabetes or heart
disease--yet two thirds
of Americans do
precisely that. Even

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though we know better,
we often eat too much.
Why does our behavior
betray our own
intentions to be lean
and healthy? The
problem, argues obesity

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and neuroscience
researcher Stephan J.
Guyenet, is not
necessarily a lack of
willpower or an
incorrect understanding
of what to eat. Rather,

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our appetites and food choices are led astray by ancient, instinctive brain circuits that play by the rules of a survival game that no longer exists. And these

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circuits don't care about how you look in a bathing suit next summer. To make the case, *The Hungry Brain* takes readers on an eye-opening journey through

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cutting-edge
neuroscience that has
never before been
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audience. The Hungry
Brain delivers profound
insights into why the

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brain undermines our
weight goals and
transforms these
insights into practical
guidelines for eating
well and staying slim.
Along the way, it

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explores how the human
brain works, revealing
how this mysterious
organ makes us who we
are.

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Growling Tiger, Roaring
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In Defense of Elitism

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A Manual of the

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Appliances for Cooking
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250 Recipes

Scarcity

India, China, and the

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Since 1946, Henry Hazlitt's bestselling Economics in One Lesson has popularized the belief that economics can be boiled down to one simple lesson: market prices represent the true cost of everything. But one-lesson

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economics tells only half the story. It can explain why markets often work so well, but it can't explain why they often fail so badly--or what we should do when they stumble. As Nobel Prize-winning economist Paul

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Samuelson quipped, "When someone preaches 'Economics in one lesson, ' I advise: Go back for the second lesson." In Economics in Two Lessons, John Quiggin teaches both lessons, offering a masterful

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introduction to the key ideas behind the successes--and failures--of free markets. Economics in Two Lessons explains why market prices often fail to reflect the full cost of our choices to society as a

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whole. For example, every time we drive a car, fly in a plane, or flick a light switch, we contribute to global warming. But, in the absence of a price on carbon emissions, the costs of our actions are borne by

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everyone else. In such cases, government action is needed to achieve better outcomes. Two-lesson economics means giving up the dogmatism of laissez-faire as well as the reflexive assumption that

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any economic problem can be solved by government action, since the right answer often involves a mixture of market forces and government policy. But the payoff is huge: understanding how markets actually work--and

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at the heart of any economic
question.*

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Cowen brings a
groundbreaking analysis of
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the one percent and minimum
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that high earners are taking
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*machine intelligence and
achieving ever-better
results. Meanwhile, nearly
every business sector relies
less and less on manual
labor, and that means a
steady, secure life
somewhere in the*

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*middle-average-is over. In
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works and identifies what
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young and old must do to
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**collective identities.
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Eastern Neolithic, Han**

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Classic Maya, the Inka
and many other periods
and regions, to ask how
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but also at the
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or hike in food prices.
But do we understand the
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Fail So Badly
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**Obstacles to Prosperity
and Happiness Every
Citizen Should Know**

The grown-up Germany of today is able to explore its cultural identity, including its food culture. For some years now, German food has seen a

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return to regionalism, and beloved traditional dishes have been rediscovered and revived, counteracting to some extent the effects of globalization and industrialization. As well, a host of new culinary traditions brought in with new immigrants makes for an

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exciting food scene. Food Culture in Germany, written by a native Berliner, is destined to become a classic as the best source in English for a thorough and up-to-date understanding of Germans and their food—the history, foodstuffs, cooking, special occasions, lifestyle

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eating habits, and diet and health. The Historical Overview chapter takes the reader on a culinary tour from ancient times through the Holy Roman Empire to the Lebensraum of Hitler and on to reunification of the two Germanys until today's return to normalcy. Chapter 2, Major

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Foods and Ingredients, highlights the classic German staples. Chapter 3, Cooking, discusses the family and gender dynamics plus cooking techniques and utensils, the German kitchen, and the professional chef as media figure phenomenon. The Typical Meals

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chapter gives an in-depth insider's look at how and what Germans eat today. Chapter 5, Eating Out, describes the wide range of opportunities for eating out, from grabbing Currywurst on the street, to lunching in office and school cafeterias, to meeting friends for

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coffee and cake at the Konditerei. German holidays and special occasions are elaborated on in the context of more secular and younger influences in Chapter 6. Chapter 7 covers the German diet and the strong interest in health in the country, with its holistic roots.

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Food safety, a big topic in Europe today, is also discussed at length. An introduction, chronology, glossary, resource guide, selected bibliography, and illustrations complete this outstanding resource. As the prevailing winds of the global economy have changed, so

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Britain has been buffeted from boom to bust and back again. But how much is our country's economic landscape shaped by the huge forces of international capital - and the hope that 'something will turn up' - and how much by the individual men and women at the

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***heart of our economic policy?
David Smith forged his career as
Britain's leading economic
journalist during the country's
traumatic transition from the
'workshop of the world' in the
Midlands where he grew up, to an
economy built on the sometimes***

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shaky foundations of services and the City. Something Will Turn Up is his account of the chancellors, prime ministers, Bank of England governors and senior officials he has encountered and interviewed over the last five decades, and their impact on the realities of modern

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British life since the war. Smith leads us through the mire of government policy and long-term trends with wit and clarity to paint a vivid, personal picture of how we got to now - and where we might go from here.

From New York Times bestselling

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***author and economics columnist
Robert Frank, a compelling book
that explains why the rich
underestimate the importance of
luck in their success, why that hurts
everyone, and what we can do
about it How important is luck in
economic success? No question***

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more reliably divides conservatives from liberals. As conservatives correctly observe, people who amass great fortunes are almost always talented and hardworking. But liberals are also correct to note that countless others have those same qualities yet never earn much.

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In recent years, social scientists have discovered that chance plays a much larger role in important life outcomes than most people imagine. In Success and Luck, bestselling author and New York Times economics columnist Robert Frank explores the surprising

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implications of those findings to show why the rich underestimate the importance of luck in success—and why that hurts everyone, even the wealthy. Frank describes how, in a world increasingly dominated by winner-take-all markets, chance

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opportunities and trivial initial advantages often translate into much larger ones—and enormous income differences—over time; how false beliefs about luck persist, despite compelling evidence against them; and how myths about personal success and luck shape

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individual and political choices in harmful ways. But, Frank argues, we could decrease the inequality driven by sheer luck by adopting simple, unintrusive policies that would free up trillions of dollars each year—more than enough to fix our crumbling infrastructure,

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expand healthcare coverage, fight global warming, and reduce poverty, all without requiring painful sacrifices from anyone. If this sounds implausible, you'll be surprised to discover that the solution requires only a few, noncontroversial steps.

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Compellingly readable, Success and Luck shows how a more accurate understanding of the role of chance in life could lead to better, richer, and fairer economies and societies.

Free Lunch

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American Dream