

Flylady Office Control Journal

“Lord, Whatever It Takes, Make Me Like You!” You long to serve God with grace and strength, to reflect Christ in every word and action. Yet you find yourself continually struggling to bring that vision to life in your daily walk. At our very core, every one of us is a “twisted sister” within whom the flesh and spirit battle constantly for control. We are afflicted with spiritual schizophrenia, the disconnect between our “good girl” desire to put Jesus first and our “bad girl” realities that crowd our thoughts and push him out of the way. In this life-changing book, Joanna Weaver, author of the perennial bestseller, Having a Mary Heart in a Martha World, directs your gaze past your own shortcomings to the God who stands ready, willing, and able to make a new woman out of you. She equips you with biblical insights and practical tools to partner with Christ, inviting him into the hidden places of your soul and giving him full permission to redeem and renovate. Drawing on the stories of biblical Marys and others whose experience with God transformed their lives, Joanna shows how you can find the hope, healing, wholeness, and joy your heart longs for. Having a Mary Spirit will launch you toward lasting personal transformation-soul-deep change that results in a complete makeover, from the inside out. **Includes a 12-week Bible study for both individual reflection and group discussion**

Organization expert and founder of Unclutterer.com Erin Rooney Doland shows you how to declutter and simplify your surroundings, and create the stress-free life you deserve—in just one week. Simplicity is revolutionary! Doland's down-to-earth approach and useful, innovative suggestions for tackling the physical, mental, and systemic distractions in your home and office will help you: -Part with sentimental clutter -Organize your closet based on how you process information -Build an effective and personalized filing system -Avoid the procrastination that often hinders the process -Maintain your harmonious home and work environments with minimal daily effort -And much more! Includes a foreword from David Allen, bestselling author of Getting Things Done

Prioritizing your time and your life, you'll be able to manage a bustling home in a way that honors God and builds up family relationships. By following the clear model of Proverbs 31:10, and adapting the characteristics that make up a faithful homekeeper, you too can become an "Excellent Wife."

Two sisters share the system of organising household chores that they created to make managing a home less time consuming and more efficient, in an updated handbook that explains how to reduce chaos and clutter and achieve organisation in the home.

The Simple Living Guide

Lose the Clutter, Lose the Weight

Transform your home in 30 minutes a day

History of the Fylde of Lancashire

In 31 Easy BabySteps

A Sourcebook for Less Stressful, More Joyful Living

Saving Dinner

Simply Clean

What happens when a self-proclaimed Buddhist gets a visit from the Virgin Mary? For Wendy Miyake, it meant opening up a dialogue with the Great Mother about love, relationships, sex, true spirituality, faith and finding your true self in the midst of it all. Miyake's journey with the Virgin Mary took her through Paris, the Loire Valley, Lourdes, Provence and finally back home again to Hawaii.

Always create. Never compromise. Our iconic, high-performing Essentials notebooks inspire expression and fuel creativity. You'll find this sleek design -- in understated black with grid-lined pages -- indispensable, whether you use it for designing, sketching, planning, note-taking, or jotting down ideas. And with 25 percent heavier paper stock than Moleskine brand notebooks, bleed-through is a thing of the past. FEATURES Durable hardcover looks great and resists scuff marks and scratches. This notebook is the classic A5 size (5-1/2 inches x 8 inches). 192 grid-lined pages. Elastic band attached to back cover keeps journal closed. Ribbon bookmark keeps your place. 100-gsm acid-free/archival paper preserves your work. Binding lies flat for ease of use. Inside back cover pocket holds notes, receipts, business cards, etc.

Declutter Your Home, Declutter Your Life Organize your life: Do you dream of getting organized, but have no idea where to start? Cluttered Mess to Organized Success: A Real Life Approach to Decluttering and Tidying-up your Home and Life offers you everything you need to organize your home, family and your time. This book not only provides helpful tips and advice, but it is jam packed with over 100 worksheets, forms, labels, schedules and everything else you need to organize your life. Declutter your way to happiness: Cassandra Aarssen is a Professional Organizer and creator of the successful blog and YouTube channel, ClutterBug. After struggling for years with chaos and clutter, Cassandra transformed her home and her life through organization. She now shares her favorite organizing tips, tricks and secrets in order to help others declutter their way to happiness. Cassandra’s debut book, Real Life Organizing has been inspiring families from all over the world to get control of their clutter and fall in love with their home all over again.

CLUTTER FREE SOLUTIONS FOR AN ORGANIZED HOME Real Life Organizing offers clutter free storage solutions and advice that can help you create a Pinterest worthy home on a small budget: Learn how to organize your home, simplify life and have more time for the things you love. Organizational expert Cassandra ‘Cas’ Aarssen, the guru from YouTube’s ClutterBug channel, reveals her tips, tricks and secrets to a clean and clutter free home in just 15 minutes a day. Aarssen, spends her time organizing other people’s homes, teaching college workshops on organization, and creating weekly videos and blog posts. Cas offers diy Pinterest type tips to people like you who are interested in how to get rid of clutter and how to organize your home. Organized person on the outside: The secret to her success? She’s a giant mess on the inside, but an organized person who can teach you how to get rid of clutter and organize your home once and for all. Simplify your life: In her debut book, Real Life Organizing, Cas walks you through the steps you can take to create a beautiful, organized, clutter free, and almost self-cleaning home – a DIY Pinterest home. Simplify your life. You do not have to get rid of all of your things, you do not have to be a yoga loving minimalist, and you do not have to radically change your lifestyle or personality in order to simplify your life and have an organized home. The truth is that you do not need to actually be an organized person to live like an organized person. Organize home: Through her years of experience as an industry expert, Cas has uncovered easy and inexpensive tips, tricks and solutions that allow her to maintain a clean, organized and functional home with minimal effort. After you’ve read Real Life Organizing, you too will be able to live a more organized life without having to give up your sanity. In Real Life Organizing: Get a Clean and Clutter-Free Home in Just 15 Minutes, you will learn how to: • Create a Household Management Binder • Make a “Kids Cupboard” in your kitchen • Create an IN/OUT system • Organize paperwork based on your unique style • Create a Kitchen Command Center • Organize your holidays with a gift closet • Build the best toy organizing system • And, enjoy a DIY Pinterest home

Prayers to Calm Your Anxious Heart

The Simple, Room-by-Room Plan for a Natural Home

Clean Mama's Guide to a Healthy Home

From Pigpen to Paradise

Adventures in France with the Great Mother

Kick the Clutter

Clean Mama's Guide to a Peaceful Home

365 Lessons to Create Spaciousness In Your Home and Heart

This hip, fabric-covered guide includes creative ways to style a table--whether for a sit-down dinner, cocktail party, brunch buffet, picnic in the park, and other fun get-togethers Whether you live in a small apartment or sprawling suburban kitchen, How to Set a Table features stylish, modern ideas for welcoming family and friends in your home. This gift book, wrapped in a pretty, printed fabric, serves as a practical step-by-step guide to entertaining--with extra information on etiquette, place setting basics, centerpieces, mixing and matching, essential glassware, and napkin folds. With unexpected ideas for using all the great tableware you can find at flea markets, chain stores, or around the house, How to Set a Table updates a classic topic for a new generation of hosts.

With all the demands on moms these days, no wonder they can feel overwhelmed, disorganized, unhealthy, and empty. Hannah Keeley to the rescue! Hannah Keeley—founder of TotalMom.com, author, speaker, television personality, life coach, and full-time homeschooling mother of seven—knows of what she speaks. By following her simple and inspiring program, Keeley promises in just six weeks mothers everywhere can: - look better and sexier than ever - create beautiful, clean, clutter-free homes - build great relationships with their husbands and kids - cook healthy meals for their families - control chaos, fear, and worry in their lives - and much more With advice and tips on everything from housecleaning to personal growth, this is a must-have for any mother ready to reinvent herself and her family and to live life to the fullest.

From the professional named "Best Organizer in Los Angeles," a comprehensive, week-by-week bible to completely streamline all aspects of your life-from your closets to your finances. Who would you be if you felt at peace and had more time and money? An organized life enables you to have more freedom, less aggravation, better health, and to get more done. For nearly twenty years, Regina Leeds has helped even the messiest turn their lives around. One Year to an Organized Life is a unique week-by-week approach that you can begin at any time of year. Regina helps you break down tasks and build routines over time so that life becomes simple, not overwhelming. Whether you're living in chaos or just looking for new ways to simplify, this essential book will help you get the whole household organized-and stay that way.

You were created for a purpose, and it's time to make it happen. Make It Happen is the story of how I surrendered my fear, took the leap, and got a life. In my case, a perfectly imperfect, fulfilling life as a mama, a working woman, and a grateful wife. This is the story of how I chose to make "it"—a greater purpose than mine—happen, and how you can too. Make It Happen is for women who find themselves worried, anxious, and completely overwhelmed by the constant chase for perfection those seeking the courage to jump into a new venture working women who are struggling to "do it all" weary wives and moms looking for relief from burning the candle at both ends anyone who dreams of a life lived not by accident, but on purpose Your time has come to take a leap of faith. Join me as we surrender our fears, end the chase for perfection, and say yes to cultivating the meaningful lives God desires for us. You know all those things you've always wanted to do?You should go do them.

Banish Clutter Forever

CHAOS to Clean

Kira-Kira

The CHAOS Cure

A Year to Clear

Sink Reflections

The Bodhisattva Club

Bring your home out of the mess it’s in—and learn how to keep it under control! Housekeeping expert Dana K. White shares reality-based cleaning and organizing techniques that will help you learn what really works. Do you experience heart palpitations at the sound of an unexpected doorbell? Do you stare in bewilderment at your messy home, wondering how in the world it got this way again? You’re not alone. But there is hope for you and your home. Managing your home isn’t an all-or-nothing approach, and Dana has broken down the most critical things that you’ll need to do to keep up with the housework. With understanding, honesty, and her trademark humor, Dana shares her field-tested strategies including: Exactly where to start to tame the chaos Which habits deserve your focus and will make the most impact How to gain traction in your quest for a manageable home Practical tips you can implement and immediately to declutter huge amount of stuff with minimal emotional drama Cleaning your house is not a one-time project—it’s a series of ongoing and daily decisions. Start learning Dana’s reality-based cleaning and organizing techniques—and see how they really work! Praise from Readers: “This book lays out the hard truths of a clean house but in a way that doesn’t make me feel silly for not having embraced them before.” “Dana leads you step-by-step with the heart of a woman who has been there and struggled with the same issues you are currently struggling with. Really, this is a must read for anyone who wants to learn the secrets that all those organized types seem to know.” “I felt like a failure already. Did I really need to read yet another book full of tips and tricks that would leave me feeling worse? From the first page, I was put at ease.” Get ready to say goodbye to the stacks of dirty dishes crowding your kitchen counters, conquer the never-ending piles of laundry, and stop tripping over clutter on your living room floor as Dana helps you discover what works for you, for your unique personality, and in your unique home.

The creator of the popular cleaning website Clean Mama and author of Clean Mama’s Guide to a Healthy Home shows you how to establish systems and rituals to transform your home into a clean, organized, and comfortable space for you and your family. We all want our homes to be cozy and comfortable spaces where we can leave the challenges of the outside world behind and connect with our families. But too often the mess and disorder only add stress. For years, Becky Rapinchuk has taught people how to simplify and improve cleaning routines, and now she reveals a game-changing method to help us find joy and make our chores effortless. By pairing up systems—how we get things done so that they become automatic—with rituals—tasks that bring calm and happiness—we can feel more at peace in our homes. Walking readers through each room of the house, Rapinchuk shows how to put new systems and rituals in place that will make the whole home operate more efficiently. Featuring decision trees, checklists, and space to reflect and record progress, Clean Mama’s Guide to a Peaceful Home makes homekeeping a breeze, allowing us to slow down and focus on the things that really matter.

Shares hundreds of strategies, fast fixes, and trouble-shooting tips for organizing living spaces and controlling clutter, in a guide that counsels readers on how to identify objects that are truly loved and needed while preventing vulnerable areas from becoming problems. Original. 25,000 first printing.

"The perfect housekeeping guide for somebody who is overwhelmed with their mess and can't figure out how to start." -Lifehacker "An accessible guide on how to clean for normal people." -Livestrong "It actually changed my life and my home; I'm serious." -Book Riot Finally, a housekeeping and organizational system developed for those of us who'd describe our current living situation as a "f*cking mess" that we're desperate to fix. Unf*ck Your Habitat is for anyone who has been left behind by traditional aspirational systems. The ones that ignore single people with full-time jobs; people without kids but living with roommates; and people with mental illnesses or physical limitations. Most organizational books are aimed at traditional homemakers, DIYers, and people who seem to have unimaginable amounts of free time. They assume we all iron our sheets, have linen napkins to match our table runners, and can keep plants alive for longer than a week. Basically, they ignore most of us living here in the real world! Interspersed with lists and challenges, this practical, no-nonsense advice relies on a 20/10 system (20 minutes of cleaning followed by a 10-minute break; no marathon cleaning allowed) to help you develop lifelong habits. It motivates you to embrace a new lifestyle in manageable sections so you can actually start applying the tactics as you progress. For everyone stuck between The Life-Changing Magic of Tidying Up and Adulting, this philosophy is more realistic than aspirational, but the goal is the same: not everyone will have a showcase of a home, but whatever your habitat, you deserve for it to bring you happiness, not stress.

The 9 Habits of Extreme Productivity

Dealing with Your House's Dirty Little Secrets

The FlyLady's Simple Flying Lessons Will Show You How to Get Your Home and Your Life in Order

Raising Your Child with Special Needs

Cluttered Mess to Organized Success Workbook

Declutter and Organize your Home and Life with over 100 Checklists and Worksheets (Plus Free Full Downloads)

Inspiration, Ideas, and Etiquette for Hosting Friends and Family

Effortless Systems and Joyful Rituals for a Calm, Cozy Home

With the help of New York Times bestselling author and housekeeping guru Marla Cilley, you'll cure your household CHAOS (Can't Have Anyone Over Syndrome) by changing your messy home into a soothing sanctuary Are you suffering from CHAOS, otherwise known as Can't Have Anyone Over Syndrome? If your house is a jumble of dirty dishes, piles of paper, and never-ending laundry, you are probably afflicted. But don't give up hope, because now there's an antidote: The CHAOS Cure. In her eagerly anticipated new book, Marla Cilley--aka "The FlyLady" to the hundreds of thousands who visit her website for daily domestic inspiration--reaches into our homes to help make housecleaning more meaningful and life less messy. With a little bit of armchair therapy and plenty of practical, tactical tips--such as "On the Fly!" quick fixes and genius uses for sticky notes--she'll help us get our houses in shipshape order before we can break a sweat. Along the way, the FlyLady teaches us to embrace household maintenance as an act of self-care, and to enjoy the soothing satisfaction of an orderly habitat. Before you know it, you'll be on the fast-track to living CHAOS-free, surrounded by sparkling serenity.

A houseful of clutter may not be the only reason people pack on extra pounds, but research proves that it plays a big role. A recent study showed that people with supercluttered homes were 77 percent more likely to be overweight or obese! Why? Author Peter Walsh thinks it's because people can't make their best choices--their healthiest choices--in a cluttered, messy, disorganized home. In Lose the Clutter, Lose the Weight, organizing guru Walsh comes to the rescue with a simple 6-week plan to help readers: • Clear their homes of excess "stuff" as they discover their vision for their personal space • Clear their bodies of excess pounds as they follow a healthy, supersimple eating and exercise plan • Clear their minds and spirits of the excess weight of too many possessions All the pieces are connected--and Walsh weaves them together for a 6-week program that leads readers step-by-step through decluttering their homes, their bodies, and their lives. Rodale took the program for a testdrive with two dozen volunteers who followed his plan. All reported great results--from significant weight loss to calmer minds and more organized, happier, and more efficient lives. With a room-by room organizing guide, plus supersimple recipes and an easy exercise plan, Lose the Clutter, Lose the Weight is the only book to help readers clear the clutter while they zap the pounds all at the same time.

In The Simple Living Guide Janet Luhrs demonstrates how to live a deliberate, simpler life--and savor it. As Janet Luhrs says, "Simple living is about living deliberately. Simple living is not about austerity, or frugality, or income level. It's about being fully aware of why you are living your particular life, and knowing that life is one you have chosen thoughtfully. Simple living is about designing our lives to coincide with our ideals." Whether you are looking at small solutions for cutting down the stress in your life or taking the big leap toward the simpler life, this book can be your guide. Janet Luhrs, the nationally recognized founder and editor of the Simple Living Journal, brings together strategies, inspiration, resources, and real-life profiles of people who have slowed down, overcome obstacles, and created richer lives. Discover Simple Living approaches to: money, work, holidays, cooking and nutrition, health and exercise, clutter, gardening, travel, and more!

From the creator of the popular website Ask a Manager and New York’s work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There’s a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don’t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You’ll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you’re being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate’s loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green’s] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author’s friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers’ lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green’s Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

- Unclutter Your Life in One Week
- Parent to Parent
- Traditions, Superstitions, and Folklore, (chiefly Lancashire and the North of England:) Their Affinity to Others in Widely-distributed Localities; Their Eastern Origin and Mythical Significance
- Make it Happen
- Large Family Logistics
- Ask a Manager
- Real Life Organizing
- You're Better Than Your Mess

No matter how big your home or busy your schedule, Rapinchuk believes that in just ten minutes a day you can keep your house clean and decluttered. She shares her system to turn cleaning from a chore into an effortless habit, and also shares recipes for organic, environmentally conscious cleaning supplies.

Sink ReflectionsThe FlyLady’s Simple Flying Lessons Will Show You How to Get Your Home and Your Life in OrderBantam

THE SUNDAY TIMES BESTSELLER The Organised Mum Method is THE housekeeping bible that will completely revolutionize your home. Say goodbye to mess, clutter and weekends spent tidying and cleaning! Gemma Bray (a.k.a The Organised Mum) is a firm believer that there is more to life than housework, and over the last decade she has perfected The Organised Mum Method (TOMM).* The Organised Mum Method is a structured, manageable and ultra-efficient cleaning routine that ensures all areas of the home are taken care of. It's easy to follow, effective and ensures that everything gets done in just 30 minutes a day, Monday to Friday ... and you get weekends off! Perfect for existing fans of TOMM or anyone looking for ways to fit cleaning around a busy lifestyle, The Organised Mum Method includes life-changing tips, tricks, cleaning schedules, shopping lists, meal plans and quick recipes that will help you get your housework done fast. *Don't worry dads -- it works for you too.

In Clean Mama’s Guide to a Healthy Home, Becky Rapinchuk, author of Simply Clean and creator of the popular cleaning website Clean Mama, provides a step-by-step guide to take charge of your home’s wellness with a comprehensive, all-natural cleaning system. Scientific evidence points to a clear link between household chemicals and a number of diseases and chronic health issues. Drawing on this research, Rapinchuk’s program delivers an organized, beautiful, toxic-free, environmental-friendly household by providing readers with: A room-by-room guide to cleaning and removing harmful toxins in one’s home A Weekend Kick-Start Detox to ease readers into the program Over 50 simple, organic DIY cleaning product recipes Easy to digest research on common toxic products in the home, why they are dangerous to our health, and what to replace them with Tips and tools from a trusted source to create cleaner, safer homes, resulting in healthier families Cleanliness is about detoxing, embracing organic, all-natural methods and products, and protecting the environment. Moms look to Becky to guide them in the best cleaning practices for their home, and will welcome Clean Mama’s Guide to a Healthy Home, which shows that going natural isn’t just a better way to a cleaner home—it’s vital to the health of our bodies, our families, and our planet.

Love Your Body, Love Yourself

Fly Girl: A Memoir

Clean Your House and Calm Your Soul in 15 Minutes

100 Reassuring Devotions

Essentials Large Black Grid-Lined Notebook, A5 Size

The Six-Week Total-Life Slim Down

The Organised Mum Method

The Proven Method for Keeping Your Home Organized, Clean, and Beautiful in Just 10 Minutes a Day

An entertaining and fascinating memoir of "gifted storyteller" (People) Ann Hood’s adventurous years as a TWA flight attendant. In 1978, in the tailwind of the golden age of air travel, flight attendants were the epitome of glamor and sophistication. Fresh out of college and hungry to experience the world—and maybe, one day, write about it—Ann Hood joined their ranks. After a grueling job search, Hood survived TWA’s rigorous Breech Training Academy and learned to evacuate seven kinds of aircraft, deliver a baby, mix proper cocktails, administer oxygen, and stay calm no matter what the situation. In the air, Hood found both the adventure she’d dreamt of and the unexpected realities of life on the job. She carved chateaubriand in the first-class cabin and dined in front of the pyramids in Cairo, fended off passengers’ advances and found romance on layovers in London and Lisbon, and walked more than a million miles in high heels. She flew through the start of deregulation, an oil crisis, massive furloughs, and a labor strike. As the airline industry changed around her, Hood began to write—even drafting snatches of her first novel from the jump-seat. She reveals how the job empowered her, despite its roots in sexist standards. Packed with funny, moving, and shocking stories of life as a flight attendant, Fly Girl captures the nostalgia and magic of air travel at its height, and the thrill that remains with every takeoff.

Transform Your Blog into a Book! The world of blogging changes rapidly, but it remains one of the most efficient ways to share your work with an eager audience. In fact, you can purposefully hone your blog content into a uniquely positioned book--one that agents and publishers will want to acquire or that you can self-publish successfully. How to Blog a Book Revised and Expanded Edition is a completely updated guide to writing and publishing a saleable book based on a blog. Expert author and blogger Nina Amir guides you through the process of developing targeted blog content that increases your chances of attracting a publisher and maximizing your visibility and authority as an author. In this revised edition you'll find: • The latest information on how to set up, maintain, and optimize a blog • Steps for writing a book easily using blog posts • Advice for crafting effective, compelling blog posts • Tips on gaining visibility and promoting your work both online and off • Current tools for driving traffic to your blog • Strategies for monetizing your existing blog content as a book or other products • Profiles of bloggers who received blog-to-book deals and four new "blogged-book" success stories Whether you're a seasoned blogger or have never blogged before, How to Blog a Book Revised and Expanded Edition offers a fun, effective way to write, publish, and promote your book, one post at a time.

Why is it that even the most disorganised person never seems to lose their toothbrush? How can this simple fact solve all our clutter problems? The Toothbrush Principle is a simple yet inspired approach to de-cluttering your home. Whether you live in a mansion or a bedsit, this book will show you how to: organise according to the unconscious blueprint that naturally tidy people have, so that getting and staying organised is easy; know what to throw away with confidence; set up your wardrobe so you get much more use out of the clothes you have; work from home productively in a clear, designated space; tame your inbox! Step-by-step, room-by-room, you'll soon find that you hardly ever lose things, massive clear outs become a thing of the past and you never spend more than 10 minutes a day tidying up. So stop drowning in piles of clutter, learn how to be organised and start creating space to live out the life of your dreams!

A complete yearlong course in clearing yourself of excess stress and stuff, this book features short contemplations, personal stories, tools, tips, one-minute practices, guided meditations, and wonderful questions to help readers create spaciousness in their lives. Stephanie Bennett Vogt will teach you how to unplug, detach, and clear to create more space and serenity in your life, what she describes as "the sacred process of removing clutter from both your house and your mind." Included are 365 daily lessons organized into 52 weekly segments, with each lesson building on the others to develop one’s clearing muscle and grow new habits that will last a lifetime. The week usually begins with a personal story to introduce the theme and ends on the 7th day with a “Check In” to review and integrate the experience. Sprinkled throughout are meditations, Q&As, and testimonials. At the end of each lesson the author gives the reader an opportunity to “explore” a topic with several open-ended statements designed to bypass the thinking mind and open the channels to one’s highest wisdom. Weekly themes covered include: Moving Stuck EnergyConnecting with HomeBeing EnoughShining Light on Invisible ClutterLiving ImperfectlyWaiting It OutCultivating StillnessForgivingFlourishing

From Your Closets to Your Finances, the Week-by-Week Guide to Getting Completely Organized for Good

Unf*ck Your Habitat

How to Manage Your Home Without Losing Your Mind

The 9 Steps to Financial Freedom

The Art and Science of Managing the Large Family

Sidetracked Home Executives(TM)

Not Today

Surrender Your Fear. Take the Leap. Live On Purpose.

Suze Orman has transformed the concept of personal finance for millions by teaching us how to gain control of our money -- so that money does not control us. She goes beyond the nuts and bolts of managing money to explore the psychological, even spiritual power money has in our lives. The 9 Steps to Financial Freedom is the first personal finance book that gives you not only the knowledge of how to handle money, but also the will to break through all the barriers that hold you back. Combining real-life recommendations with the motivation to overcome financial anxieties, Suze Orman offers the keys to providing for yourself and your family, including: * seeing how the past holds the key to your financial future * facing your fears and creating new truths * trusting yourself more than you trust others * being open to receiving all that you are meant to have * understanding the lessons of the money cycle The 9 Steps to Financial Freedom is useful advice and inspiration from the leading voice in personal finance. As Orman shows, managing money is far more than a matter of balancing your checkbook or picking the right investments. It's about redefining financial freedom -- and realizing that you are worth far more than your money.

Fly out of CHAOS (Can't Have Anyone Over Syndrome) into Order—one baby step at a time. With her special blend of housecleaning tips, humor, and musings about daily life, Marla Cilley, a.k.a. The FlyLady, shows you how to manage clutter and chaos and get your home—and your life—in order. Drawn from the lessons and tools used in her popular mentoring program, the FlyLady system helps you create doable housekeeping routines and break down overwhelming chores into manageable missions that will restore peace to your home—and your psyche. Soon you'll be able to greet guests without fear, find your keys, locate your kids, and, most of all, learn how to FLY: Finally Love Yourself.

What’s being widely regarded as "one of the most life changing books ever written" may be the simplest approach to achieving everything you’ve ever wanted, and faster than you ever thought possible. What if you could wake up tomorrow and any-or EVERY-area of your life was beginning to transform? What would you change? The Miracle Morning is already transforming the lives of tens of thousands of people around the world by showing them how to wake up each day with more ENERGY, MOTIVATION, and FOCUS to take your life to the next level. It’s been right here in front of us all along, but this book has finally brought it to life. Are you ready? The next chapter of YOUR life, the most extraordinary life you’ve ever imagined-is about to begin. It’s time to WAKE UP to your full potential...

Organized by season, provides nutritious recipes, side dish tips, cooking hints, shortcut techniques, meal planning advice, and an itemized grocery list arranged by product.

Body Clutter

Write, Publish, and Promote Your Work One Post at a Time

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work

How to Blog a Book Revised and Expanded Edition

Clean and Clutter-Free in 15 Minutes a Day

Having a Mary Spirit

The Six-Week Plan to Completely Transform Your Home, Health, Family, and Life

The Menus, Recipes, And Shopping Lists To Bring Your Family Back To The Table

kira-kira (kee' ra kee' ra): glittering; shining Glittering. That's how Katie Takehima's sister, Lynn, makes everything seem. The sky is kira-kira because its color is deep but see-through at the same time. The sea is kira-kira for the same reason. And so are people's eyes. When Katie and her family move from a Japanese community in Iowa to the Deep South of Georgia, it's Lynn who explains to her why people stop them on the street to stare. And it's Lynn who, with her special way of viewing the world, teaches Katie to look beyond tomorrow. But when Lynn becomes desperately ill, and the whole family begins to fall apart, it is up to Katie to find a way to remind them all that there is always something glittering -- kira-kira -- in the future. Luminous in its persistence of love and hope, Kira-Kira is Cynthia Kadohata's stunning debut in middle-grade fiction.

Beautiful, Calming Peace When anxiety is an intrusive reality that steals your peace, holds you captive to fear, and imposes itself between you and longed-for calmness, the God of all comfort invites you to turn your gaze toward heaven. Prayers to Calm Your Anxious Heart offers 100 reassuring devotions and Scripture-based prayers that will shift your focus toward truth, restore your hope, and fill your soul with peace. Every devotion offers... brief yet meaningful teachings to give you encouragement and inspiration relevant Scripture verses to ground you in God’s promises expressive prayers to keep your heart riveted on truth You don’t have to dwell in anxiety. Instead, pray. Breathe. And let your heart rest in God’s calming presence.

When their five-year-old son fought for his life, business leaders Erica and Mike Schultz learned a new way to live, work, and succeed—discovering how to achieve extreme productivity with heart and purpose. Ari Schultz was an extraordinary baby, beginning life in a pitched battle against heart disease. The same year, his parents launched their business, and they had to keep it going strong, even while living full-time at the hospital for months on end. For the next five years, Erica and Mike Schultz learned how to balance the demands of their jobs, commuting to the hospital, and spending time with their growing family—along the way, noting the tricks and techniques that allowed them to get work done, even while living in the cardiac ICU and later through heartbreaking loss. After reflection and recovery, Mike and Erica codified their method of coping and working, and set out to study the work habits of extremely productive people. They discovered what extremely productive people do differently than everyone else, and went on to create The Productivity Code—a new approach to productivity that has helped tens of thousands of people manage their time for greatest effectiveness, fulfillment, and happiness. Now, Erica and Mike reveal the 9 Habits of Extreme Productivity along with easy-to-apply techniques, including: • How to stay focused—and positive—even in difficult times • Clearly defining your motivations through written goals and four-three-four planning • Helpful hacks to stop procrastinating • How to disrupt unproductive thought cycles and break bad habits for good • Changing your mindset to prioritize time doing things you love • Setting boundaries and saying no to tasks that don't serve you • Tricks to become impossible to distract • Working in powerful planned "sprints" to get in the zone • Finding ways to refuel your mental and physical energy • Resetting and correcting when you've gone off course Interweaving their son's poignant story with effective productivity and happiness strategies, Not Today shows how anyone can better manage their time—while living a more energetic and meaningful life.

In Sink Reflections, Marla Cilley -- the FlyLady -- helped hundreds of thousands of her fans combat overwhelming household C.H.A.O.S. (Can't Have Anyone Over Syndrome). Taking a "baby-steps" approach, she offered little chores to do every day, to wipe out clutter and feelings of inadequacy. Now, in Body Clutter, the

FlyLady and Leanne Ely, the Dinner Diva and creator of the Saving Dinner series, team up to teach readers how to handle and erase the clutter they carry on their bodies and minds when it comes to body image. The FlyLady and Leanne say that it's not about finding the perfect diet, it's about the way you feel about food and your body and understanding sound nutrition. With warm voices, unique lingo, and no preaching, they apply a step-by-step technique, coaching the readers from beginning to end and sharing their own success stories along the way.

Allowing God to Change Us from the Inside Out

How the Toothbrush Principle Will Change Your Life

Clear Out Excess Stuff Without Losing What You Love

Hannah Keeley's Total Mom Makeover

One Year to an Organized Life

Practical and Spiritual Steps So You Can Stop Worrying

How to Set a Table

The Miracle Morning