

Five Elements And Ten Stems

"The Heavenly Stems and Earthly Branches constitute an ancient Chinese cosmological science—a complex calendrical system—which codifies the patterns of life and of the universe. The ten Stem symbols express the yin/yang perspective of the Five Elements and embody the Way of Heaven. The 12 Branch symbols manifest in the 12 animals of the Chinese zodiac, and hold the root of each Element, embracing the Way of Earth. With this set of study cards, Daoist Master Wu Zhong Xian decodes some of the fundamental messages for the 22 Stem/Branch symbols. The Chinese character and key characteristics of each Stem or Branch are shown, with insights into their symbolic and numerological meanings. The stroke order is clearly illustrated on 11 separate calligraphy cards. With introductory cards that concisely explicate the ancient cosmology, this set makes a convenient study tool for those interested in Chinese classical texts, Chinese medicine, Fengshui, Chinese astrology and cosmology, Qigong, Neigong, Taiji, and other inner cultivation practices."—The Publisher's website. This guide brings Chinese astrology back to its ancient roots, providing all the information you need for understanding one of the world's oldest systems of divination. The ancient Chinese people developed a sophisticated science of astrology that continues to have profound influence in China today. Rooted in the fundamentals of Taoism, it evolved into a system vastly different from Western astrology. Rather than determining personality by the time of the year in which you are born, in Taoist astrology it is the year itself that determines your character. The years form a twelve-year cycle of signs, each named after an animal. Additionally, your personality depends on which of the five traditional Taoist elements you are born under—water, wood, fire, earth, or metal. This makes for a cycle of sixty unique signs. Taoist Astrology includes information for each sign's personality, compatibility, child-parent relations, and rising and falling fortunes during the twelve-year cycle. Discussions of yin and yang, Confucianism and Buddhism, Taoist alchemy, and the connection between Taoist astrology and Western astrology give you all the background you need for understanding one of the oldest systems of divination known to humanity. Taoist Astrology differs from other books on the subject by grounding its concepts in the ancient traditions from which it originated.

The Chinese model of the Five Elements (wood, fire, metal, earth, and water) and the Twelve Officials (the organ systems that comprise the map of traditional Chinese medicine) has been applied as a system of medicine for three thousand years to balance chi, the vital force of the body. Archetypal Acupuncture explains to both acupuncturists and the general public how to work with these maps of energy and use them to diagnose physical illness, resolve emotional imbalances, and navigate the stages of life. Dr. Dolowitz's goal is to revitalize these traditional teachings for the modern world—and in the process bring East and West together. Through an archetypal approach to Chinese medicine, he shows how we can gain fresh insights into the roots of illness while uncovering a positive vision of wellness and the healing process. The book draws on case histories, spiritual poetry (especially Rilke and Rumi), classic sources such as the I Ching, and examples from contemporary culture in order to bring the elements alive. Individual chapters explore the interface of Eastern and Western medicine, Chinese numerology, spiritual aspects of the elements, archetypal patterns in popular culture, and strategies for cultivating a life in harmony with the rhythms of nature. From the Trade Paperback edition.

The most detailed exposition of the vessels in the English language.
Nine Chapters on Mathematical Modernity
Scientific Feng Shui for the Built Environment
Five Element Constitutional Acupuncture E-Book
Taoist Astrology
An Encyclopedic Guide to the Sacred Languages and Magical Systems of the World
Korean Constitutional Acupuncture - Theory and Clinical Application of the Hwa and Taegueuk Five Elemental Methods
The 36 Deadly Bubishi Points

UNLOCK THE MEANING OF EASTERN MAGICK In scope and clarity, there is no book that can compare to The Eastern Mysteries. This reissue of David Allen Hulse's landmark work is the one book all students of the occult must own. It catalogs and distills, in hundreds of tables of secret symbolism, the true import of each ancient Eastern magickal tradition. Each chapter is a key that unlocks the meaning behind one of the magickal languages. Through painstaking research and analysis, Hulse has accomplished an unprecedented feat – that of reconstructing the basic underlying systems that form the vast legacy of mystery traditions. The real genius of this accomplishment is that it is presented in a way that is immediately understandable and usable. Although the book deals with many foreign scripts, ancient tongues, and lost symbols, it is designed for the beginning student. Included is a wealth of cross references, excellent introductory material and overviews, an extensive annotated bibliography, and – new to this edition – a complete index.

The Kitans established the Liao dynasty in northern China, which lasted for over two centuries (916-1125). In this survey the reader will find what is currently known about the Liao language and scripts. The language was very likely distantly related to Mongolian, with two quite different scripts in use. A few generations after their state was defeated, almost all trace of the Kitan spoken and written languages disappeared, except a few words in Chinese texts. Over the past few decades, however, inscriptions from the tombs of the Liao emperors and the Kitan aristocracy have been at least partially deciphered, resulting in a significant increase of our knowledge of the Kitan lexicon, morphology and syntax.

The World's most advanced Diagnostic Health Tool is at your fingertips...Your own body can "talk" to you, telling you what it knows and needs for health and well being. **** A simple method of energetic muscle testing can help you to decode symptoms and become sensitive to early warnings of body dysfunction...on a daily basis-long before life-threatening illness can develop. **** Without question, a classic...destined to become one of healing's greatest reference books of modern times. I highly recommend it - John A. Amaro, D.C., F.I.A.C.A., Dipl. Ac.; International Academy of Clinical Acupuncture, President **** These simple testing procedures...can be followed easily by anyone. Gives hope and enlightenment on what can be done for the mysterious symptoms that have no pathological basis", according to orthodox approaches. I recommend it to anyone who isn't feeling optimum health. - John F. The, D.C., author and founder, Tough of Health International College of Applied Kinesiology, Founding chairman, Los Angeles College of Chiropractic, adjunct faculty. **** Muscle testing provides instant access to the knowledge which the body and mind are offering us...integrated knowledge about the body and the way to stay well. An excellent book. - Daniel R. Condon, D.M., D.D., M.S., Chancellor, College of Metaphysics, author, Permanent Healing. **** One of the finest texts on Clinical Kinesiology. A must have. - Christopher Beardall, B.S., D.C.

The Hwa and Taegueuk Five Element acupuncture techniques are among the most commonly practiced constitutionally-based methods in modern day Korea. These simple and effective methods incorporate Five Elemental Theory to address a myriad of physical and psychological issues. The Hwa Acupuncture method emphasizes the use of pulse examination, and the Taegueuk method, the insertion of needles to determine the patient's constitution. Treatment according to these methods is primarily focused on balancing constitutionally excessive and deficient organ systems while simultaneously addressing the patients direct concerns.

The Chinese Repository

Power of the Five Elements
Your Body Can Talk
The Culture of Fengshui in Korea
Heavenly Stems and Earthly Branches - TianGan DiZhi
Your Body Can Talk How to Use Simple Muscle Testing for Health and Well-Being
Essential reading for serious students of Chinese practical arts, including medicine, martial arts and FengShui, Master Zhongxian Wu and Dr Karin Taylor Wu provide a detailed explanation of the 22 GanZhi symbols in this book, outlining the characteristics of each, and their interactions and relationships. TianGan (Heavenly Stems) and DiZhi (Earthly Branches), commonly abbreviated to GanZhi, originated in the ancient Chinese cosmological sciences and is a complex calendrical system which was created to codify the patterns of life and of the universe itself. The ten symbols of Gan express the Yin or Yang perspective of Five Elements and embody the Way of Heaven. The 12 symbols of Zhi, made manifest in the 12 animals of the Chinese zodiac, hold the root of each Element and embrace the Way of Earth. Poetic summaries from the Song dynasty give the reader a deep understanding of the nature of each Stem and their relationship to each other. Offering an unprecedented insight into the subtleties and far-reaching influence of this ancient system, this book will be invaluable for the study or practice of Chinese medicine, FengShui, Chinese astrology, traditional Chinese cosmology, Qigong, Taiji, and other inner cultivation practices. A set of study cards (9781848191501), also published by Singing Dragon, are available to accompany this book.

The book addresses for the first time the dynamics associated with the modernization of mathematics in China from the nineteenth to the mid-twentieth century from a transcultural global historical perspective. Rather than depict the transformations of mathematical knowledge in terms of a process of westernization, the book analyzes the complex interactions between different scientific communities and the ways in which the past, modernity, language, and mathematics were negotiated in a global context. In each chapter, Andrea Bréard provides vivid portraits of a series of go-betweens (such as translators, educators, or state statisticians) based on a vast array of translated primary sources hitherto unavailable to a non-Chinese readership. They not only illustrate how Chinese scholars mediated between new mathematical objects and discursive modes, but also how they instrumentalized their autochthonous scientific roots in specific political and intellectual contexts. While sometimes technical in style, the book addresses all readers who are interested in the global and cultural history of science and the complexities involved in the making of universal mathematics. "While the pursuit of modernity is in the title, entanglement is of as much interest. Using the famous 'Nine Chapters' as a framework, Bréard considers a wide range of that entanglement from divination to data management. Bréard's analysis and thought-provoking insights show once again how much we can learn when two cultures intersect. A fascinating read!" (John Day, Boston University).

Baffled by Chinese astrology? Confused by Feng Shui? Author Sasha Fenton delves into 11 major divination systems based on ancient Chinese practices, providing easily accessible introductions and instructions so the beginner can put these methods to use./PPIncluded are the following:BRULLIChinese astrology/LLIFeng Shui/LLIII Ching/LLIChinese hand reading/LLIFace reading/LLILunar oracle/LLIMah Jong reading/LLILo Shu Square/LLIWeighing the bones/LLIYarrow stick divination/LLIFour Pillars of Destiny/LIULUP Secrets of Chinese Divination

Feng Shui
The Monist
Essays on the Global Historical Entanglements of the Science of Numbers in China
The Science and Technique of Pressure Point Fighting - Defend Yourself Against Pressure Point Attacks!
The Chinese Medicine Path to Healthy Aging and Stress Resistance
A Notice of the Chinese Calendar and a Concordance with the European Calendar

Learn how to target the weaknesses of an attacker and effectively exploit them in order to defend yourself. The 36 Deadly Bubishi Points gives detailed explanations on how the pressure points of traditional Chinese medicine found in the Bubishi, the venerable "Bible of Karate," are used in attacking an opponent and how to defend yourself against such attacks. This book closely examines these vital points and the science behind them. While much has been written about the vital points and their medicinal importance, thanks to the popularity of practices such as acupuncture, martial research on the subject has been lacking. Cardwell discusses the vital points from the perspective of an experienced martial artist—including how the body's vital points are related to the 8 extraordinary vessels and 12 meridians which circulate energy throughout the body. Through detailed step-by-step instructions and over 96 photographs and illustrations, The 36 Deadly Bubishi Points shows how this knowledge can be employed in self-defense. Respond to an attacker by employing these ancient methods in modern, violent situations.

If you are looking for an oracle system that can provide direct, precise, detailed, accurate, and straight to the point, no-nonsense answers. This book will serve you well! We will be discussing different examples (with real-life case studies) of questions that can be answered by WWG, such as employment and career, wealth (from personal to business and investment), health (From general health to a professional application that not limited to Chinese and Modern Medicine), relationships (in any kind of relationships), property and feng shui, luck (including those that is intangible), and so much more. Wen Wang Gua is another I Ching practice that has a history of more than a thousand years. The accuracy of this system is extremely high. The designed framework of WWG adopts only the yin and yang to read the hexagrams and this makes deciphering so much easier. (i.e. if it wasn't yin, then it must be yang) Hence, there is no need for text during the entire deciphering process. Please be rest assured you will not need to pick up another translation of the I Ching again. This book simply does not copy just from the ancients. In fact, it has not much to do with the ancient texts. Despite saying this, this book is still using the basic and original designed structure, that was built thousands of years ago. It reveals many secret techniques and explains why some theories are not working. For the first time ever, I am revealing all those privately passed down techniques about this little known system of I Ching. I will lead the reader step by step through this fantastic and rewarding oracle from ancient China. To perform divination, it is absolutely not just about throwing coins and using one's intuition. It is a fully analytical system. That is why everyone can learn to read in the future. This book will guide you step by step with lessons (with proper listing and organising) from A to Z. I can assure you that this book is the one that you have been searching for a long time.

Easy to follow and easy to use, this comprehensive volume guides practitioners in the use of a patient's Stem and Branches birth chart to allow them to combine this information with their own therapeutic approach to formulate tailor-made treatments for each client. Unlike traditional forms of Numerology, which add or reduce larger sets of numbers, Zeus Sensor Numerology correlates the 10 singular numbers of 0-9 to the Five Elements of Earth, Metal, Water, Wood, and Fire. Adding a Yin and Yang polarity to each element creates a matching ten-components. Users of our books and mobile apps can identify the innate energy that comprises our Body and Soul, as well as recognizing the natural, cyclical energy in our environment. Using the traditional Eastern theory of Bazi or Body Source Code, Zeus Sensor reveals the distinctive energy in the universe at our birth time and birthplace that comprises our configuration. This innate psychological and physiological energy can be manipulated through the use of numbers and colors to create personal balance and harmony. Using the traditional Eastern theory of timekeeping based on the 10 Heavenly Stems and 12 Earthly Branches, Zeus Sensor applies a singular number and color to each of the 60 components of a clock or calendar. This external energy is not ongoing and irregular; instead it is cyclical and predictable. Zeus Sensor Numerology removes all arithmetic, matching a singular number to the natural components of our birth time and place using Body Source Code. With the use of numbers and colors based on the Five Elements, we can easily manipulate our innate energy, as well as the energy in our environment to match our unique structure.

The Keys to the Sublime
The Twelve Elements
A Beginner's Guide to 11 Ancient Oracle Systems
The Theory and Practice of Acupuncture in the Work of Yoshio Manaka
Five Elements and Ten Stems
The Heart of Chinese Wisdom Traditions
A Layman's Guide to Chinese Geomancy

The text introduces Dr Manaka's major clinical and theoretical accomplishments by describing how the 'X-signal system' is the foundation of human topography, function, and response. In essence, the X-signal system defines qi, yin-yang, and the five phases as clinical events, rather than as abstract theories. The text gives Western readers the first complete description of this treatment system. The world has never seen such a huge business opportunity for which they have so little understanding of how to address it. Many entrepreneurs have, more or less seriously, dreamt of being able to sell just one product to every single Chinese. That dream is now quickly turning into a possibility for many hotels, restaurants, shops and attractions. As of 2012, Chinese tourists are the largest group of travellers in the world. Unfortunately, understanding of the needs that these Chinese tourists have is exceptionally poor. What do they want to eat, do or buy? Where do they want to stay, and what places do they want to visit? All these differ radically from the needs of other tourists. In this book, we will take you through what is different and why it is so. In the book, we will also offer ideas on how to easily shift your offering to match what Chinese tourists want. We will also provide plenty of examples on what others have done to attract their business – since, naturally, many have already invested heavily to do this. So yes, competition for Chinese tourists has undoubtedly begun, but an equally vital investment for winning this fight is understanding. Why do you know about their needs? INGEMAR FREDRIKSSON has 30+ years experience in top management, business development, profitability development and marketing. He has worked with plenty of SMEs in different industries (including tourism) and also with Fnatic, IKEA, Invest Sweden, Miss Sweden and the Swedish government. He has also been vice chairman of The Swedish Federation of Business Owners. Since a few years back he lives and works in the UAE. All four books by Ingemar Fredriksson, in their original Swedish edition, have featured on top lists together with names like Steve Jobs, Daniel Kahneman, Thomas Piketty, Sun Tzu and even the Fifty shades-series. Search on YouTube for "Ingemar Fredriksson's books - Bestsellers for 15 years!" for a full video of random list positions over the years. LYU WEN has a degree in Economics from Fudan University in Shanghai, with an extensive finance background. Together, they have the academic background with down-to-earth know-how and experience of the meeting between East and West, and how this can be used in business development. Said about the Swedish edition of this book: "This book is basically a huge checklist and a fantastic basis for those who would like to attract Chinese tourists." Monika Fleming-Glozoga, West Sweden Tourist Board Hwa Wen has always been interested in Chinese geomancy or feng shui, but could never find anyone to explain it to you? Well, this is the book for you. It informs the beginner on: the rich historical background to feng shui Yin-Yang principles; the five elements, ten stems and twelve branches; trigrams or hexagrams; methods of divination; standard rules-of-thumb of geomancy; examples of buildings influenced by feng shui; how to remedy geomantic defects; and geomantic colors. This book is for architects, interior decorators, contractors, designers, and everyone interested in finding out more about feng shui. The author, Dr. Evelyn Lip, a trained architect, is also a specialist consultant in feng shui. Color and black and white illustrations.

Based on his thirty years of using acupuncture in an integrative medical practice, Power of the Five Elements presents the Five Adaptation Types. Dr. Charles Moss's modern application of the Five Elements of Chinese medicine. This book provides you with:
• A roadmap to understanding why you react to stress the way you do and a comprehensive new approach to improving your ability to adapt
• A fascinating synthesis, presented for the first time, of the ancient wisdom of Taoist Chinese Medicine and current mind-body research
• Case histories and questionnaires to identify your Adaptation Type and specific, individualized recommendations—behavioral changes, exercises, meditations—to improve adaptation, reduce stress, and enhance healthy aging
• A clear understanding of the importance of lowering abnormal levels of cortisol, the main stress hormone associated with heart disease, diabetes, and cancer
If you are ready to increase your energy levels, improve your mood, and reduce your risk for serious illness, get started today and discover your Adaptation Type through Power of the Five Elements.

Bringing the Art of Finger Pressure to the Massage Table
10,000 Chinese Numbers
Practical Techniques for Controlling Your Destiny
A Handbook of the Authentic Chinese Tradition
Extraordinary Vessels
Integrating Body, Psyche & Spirit
Höblian Cycle

Point names, the traditional means of identifying acupoints, have meanings that are hard to grasp. This text promotes understanding of each point's use in acupuncture practice by considering the meaning, context and significance of each. The 363 points covered are listed according to the system currently in use in China.

No available information at this time. Author will provide once available.

TianGan (Heavenly Stems) and DiZhi (Earthly Branches), commonly abbreviated to GanZhi, originated in the ancient Chinese cosmological sciences and is a complex calendrical system which was created to codify the patterns of life and of the universe itself. The ten symbols of Gan express the Yin or Yang perspective of Five Elements and embody the Way of Heaven. The 12 symbols of Zhi, made manifest in the 12 animals of the Chinese zodiac, hold the root of each Element and embrace the Way of Earth. This set of study cards beautifully presents the key characteristics of each of the 22 GanZhi symbols, making it a unique learning tool and reference guide. The Chinese character of each Stem or Branch is shown, and for calligraphers and those who want to draw the characters correctly the stroke order is clearly illustrated on separate cards. This accessible learning tool offers essential information on the fundamental building blocks upon which Chinese classical texts, classical Chinese medicine, Fengshui, Chinese astrology, traditional Chinese cosmology, Qigong, Neigong, Taiji, and other inner cultivation practices are built. These cards provide a key starting point for the beginning student and offer invaluable information for the seasoned practitioner to deepen their practice. A companion book (9781848191518), also published by Singing Dragon, is available.

Strengthen the qualities in your Taoist astrological chart with Inner Alchemy techniques and Universal Healing Tao exercises - Describes how to interpret your Taoist astrology birth chart and discover the unique combination of Five Elements underlying your personality, health, and destiny - Reveals how to strengthen your birth chi with Inner Alchemy techniques and Universal Healing Tao exercises - Explains how to calculate your wealth phase, organ health, and luck cycles Each of us is born with a unique combination of heavenly and earthly energies dictated by the stars overhead and the season on Earth at the moment you take your first breath. Known in Taoist astrology as the Four Pillars of Destiny, this "birth chi" can be calculated using the year, month, day, and time of your birth. Master Mantak Chia and astrologer Christine Harkness-Giles reveal how to interpret your birth chi and strengthen weaknesses within your astrological energies. They explain how each of us is ruled by one of the Five Elements—Wood, Fire, Earth, Metal, and Water—in a Yin or Yang state. For each Element and Yin or Yang combination, the authors describe personality traits, ideal career paths, and emotional and health issues. They reveal how to discover your levels of success, wealth, and power; how your astrological strengths will manifest; and how to understand your relationships with partners, friends, and family. They also explain how to use your chart to calculate your organ health and annual luck cycles. The authors show how to use Inner Alchemy techniques, such as color therapy and feng shui, and Universal Healing Tao exercises, such as the Healing Sounds and Chi Kung, to harmonize and strengthen the inborn imbalances and weaknesses in your chart. This hands-on method of astrology allows you to take control of your health and destiny by connecting your personal energy with the energies of the cosmos.

Chasing the Dragon's Tail
The Eastern Mysteries
When I Ching Has No Text
A Biblical Approach to Feng Shui & Divination
Inner Alchemy Astrology
Wen Wang Gua Coins Divination
Zeus Sensor ND Numerology

VoIs. 2 and 5 include appendices.

Presenting a clear explanation of the role that spirituality plays in psychology, and contains what some regard as the best definition of the soul ever formulated.

In this essential text, the authors explore concepts from the Su Wen, Ling Shu and Nan Jing to bring us a view of ideas that flowered in an age with Chinese medical history. They discuss the philosophical and theoretical development of the five-phase system, in particular the relationship of five phases to the I Ching, Tao Te Ching, and other classical Chinese texts, then present the correspondences that a practitioner can apply to the problems of diagnosis and treatment. The diagnostic section is a complete and practical discussion of technique, including pulse, body type, visual diagnosis, and hara or abdominal diagnosis. The treatment section describes basic exercises, breathing techniques, treatment principles, and techniques from eminent classical texts. Modern treatment protocols are presented in clear, easy to use tables. It is one of the best sources of technique currently available and it reaches beyond technique to the art of healing. This exciting new edition of Five Element Constitutional Acupuncture gives a clear, detailed, and accessible presentation of the main features of constitutional Five Element acupuncture. It covers the context and history of this form of acupuncture, as well as the relevant Chinese medicine theory. After examining the Elements themselves and the functions of the Organs, the book explores the basis of diagnosis in Five Element acupuncture, possible blocks to treatment and the treatment itself. It puts this style of treatment into the context of other styles of acupuncture treatment ¶ especially Traditional Chinese Medicine (TCM) as it is used in the West today. Features The Five Elements referred to in the title are Wood, Fire, Earth, Metal, and Water. Gives a clear, detailed and accessible presentation of the main features of Five Element Constitutional Acupuncture treatment. Covers the context and history of this form of acupuncture, as well as the relevant Chinese medicine theory. Includes an unambiguous description of the principle aspects of this system, ironing out inconsistencies often present in discussions of these aspects. This edition has been thoroughly revised throughout and includes a new and improved colour page design. Quotes from the foreword to the first edition by Peter Eckman, San Francisco: "...the authors have shown how their approach can even integrate with TCM findings to treat patients more completely and rapidly. As the case histories illustrate, Five Element Constitutional Acupuncture is a style of practice that is second to none, and this innovative text is an excellent resource for learning it"

Soul Return
Grammar, Texts, Vocabulary
The Kitan Language and Script
BodyWork Shiatsu
Japanese Journal of Astronomy and Geophysics
Hara Diagnosis

Chinese tourists - what do they want? Facts, ideas and successful examples

The term Fengshui, which literally means 'wind and water,' is the ancient Chinese art of selecting an auspicious site to provide the most harmonious relationship between human and earth. The term is generally translated as "geomancy," and has had a deep and extensive impact on Korean, Chinese, and other East Asian cultures. Hong-key Yoon's book explores the nature of geomantic principles and the culture of practicing them in Korean cultural contexts. Yoon first examines the nature and historical background of geomancy, geomantic principles for auspicious sites (houses, graves, and cities) and provides an interpretation of geomantic principles as practiced in Korea. Yoon looks at geomancy's influence on cartography, religion and philosophy, and urban development in both Korea and China. Finally, Yoon debates the role of geomancy in the iconographic warfare between Japanese colonialism and Korean nationalism as it affected the cultural landscape of Kyongbok Palace in Seoul.

This collection of twenty-one articles represents some of the major writings by one of the United States' leading Sinologists, Derk Bodde. Originally published in 1982, The Princeton Legacy Library uses the latest print-on-demand technology to again make available previously out-of-print books from the distinguished backlist of Princeton University Press. These editions preserve the original texts of these important books while presenting them in durable paperback and hardcover editions. The goal of the Princeton Legacy Library is to vastly increase access to the rich scholarly heritage found in the thousands of books published by Princeton University Press since its founding in 1905.

This book, about the art and application of Clinical Kinesiology, introduces the energetic system that links mind and body. It shows how the body can "talk," and therefore be used as a diagnostic tool, and to determine which healing approach will best suit an individual. Clinical Kinesiology allows us to interpret this new "body talk." This method of muscle-testing "reads" the body's innate wisdom; when "asked" a question, or presented with a stimulus, the muscles respond clearly, either strongly or weakly. This system, which expedites the application of acupuncture, also helps realign the body's energy imbalances. Readers will find specific methods of fighting disease that emphasize the dangers of unnecessary drugs, antibiotics and immunization, and the need for a fortified immune system - especially through natural foods. Other topics include: rebuilding the body's ecology after an overgrowth of unhealthy bacteria or Candidiasis; how to maintain the integrity of the energy system through minimizing exposure to unhealthy electromagnetic fields or EMFs; optimal health for woman; and issues of men's health. New material in this 2nd edition includes an extensive chapter on children's health, which addresses pregnancy, birthing procedures and breastfeeding, and illustrates a road map for giving your children (and children yet to come) the best potential for optimal health.

Feng Shui is not all about feng shui. The integration and harmony between the natural and built environment-astro cosmology modern architecture has long been discussed in Feng Shui, or more academically, Kan Yu. Based on Scientific Feng Shui for the Built Environment: Fundamentals and Case Studies published in 2011, this enhanced new edition has further taken into account the enhancements and new inputs in theories and applications. Emphasis is placed on two themes, sustainability and science. New case studies regarding sustainable design as viewed from a Feng Shui perspective, and integrated applications of different architectural models and their associations with Feng Shui concepts are added and elaborated. On science, other than exploring the new development of particle physics in relation to Feng Shui studies, a totally new approach to numerology and Luo Shu study based on modern linear algebra may bring readers new insight into the possibility of researching Feng Shui mathematically, in addition to the use of spherical trigonometry. This book offers a remarkable in-depth view of Feng Shui by integrating the historical theories with scientific explorations and examples of applications. It once again demonstrates that Feng Shui can be studied scientifically, and eventually scientific Feng Shui may become a new field of science in the academic world as well as a professional and orthodox discipline of architectural design for the built environment.

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The Complete Stems and Branches
Facts, ideas and successful examples
An Exploration of East Asian Geomancy
Healing with the Five Elements
Theories and Applications (Enhanced New Edition)
Essays on Chinese Civilization
Time and Space in Traditional Acupuncture

Explains the art of finger-pressure massage.

Archetypal Acupuncture
Heavenly Streams and Earthly Branches-Tiangan Dizhi
Reflections on the Sea
Selected Papers from the Hall of Harmonious Wind
Cosmographical Roots of Traditional Chinese Medicine
The Art and Application of Clinical Kinesiology / How to use simple Muscle Testing to learn what you
Your Body Can Talk, Revised 2nd Edition