

Filipino9 Maikling Kwentong Makabanghay

A former international hostage negotiator for the FBI offers a new, field-tested approach to high-stakes negotiations—whether in the boardroom or at home. After a stint policing the rough streets of Kansas City, Missouri, Chris Voss joined the FBI, where his career as a hostage negotiator brought him face-to-face with a range of criminals, including bank robbers and terrorists. Reaching the pinnacle of his profession, he became the FBI's lead international kidnapping negotiator. Never Split the Difference takes you inside the

world of high-stakes negotiations and into Voss's head, revealing the skills that helped him and his colleagues succeed where it mattered most: saving lives. In this practical guide, he shares the nine effective principles—counterintuitive tactics and strategies—you too can use to become more persuasive in both your professional and personal life. Life is a series of negotiations you should be prepared for: buying a car, negotiating a salary, buying a home, renegotiating rent, deliberating with your partner. Taking emotional intelligence and intuition to the next level, *Never Split the Difference* gives you the competitive edge in any

discussion.

Join the millions who have learned how to take control of their lives by setting healthy boundaries with their spouses, children, friends, parents, coworkers, and even themselves, in order to live life to the fullest. Do you feel like your life has spiraled out of control? Have you focused so much on being loving and unselfish that you've forgotten your own limits? Do you find yourself taking responsibility for other people's feelings and problems? In Boundaries, Drs. Henry Cloud and John Townsend teach you the ins and outs of setting the boundaries that will transform your daily life. Boundaries, a New York Times bestseller, will give you the tools

you need to learn to say yes and know how to say no. Drs. Henry Cloud and John Townsend are here to share the lessons they've learned in their years of practicing psychology and studying the patterns and practices that support clear biblical boundaries. Since it was first published, Boundaries has supported millions of people around the world as they discover the importance of understanding their limitations and upholding their boundaries. In this updated and expanded edition of Boundaries, Drs. Cloud and Townsend answer the most common questions they've received in more than thirty years that they've studied the science behind establishing boundaries:

Can I set limits and still be a loving person? What are legitimate boundaries? How do I effectively manage my digital life so that it doesn't control me? What if someone is upset or hurt by my boundaries? How do I answer someone who wants my time, love, energy, or money? Why do I feel guilty or afraid when I consider setting boundaries? How do boundaries relate to mutual submission within marriage? Aren't boundaries selfish? Discover the countless ways that Boundaries can change your life for the better today!

"Minsan may Isang Puta at iba pa" is a compilation of the most popular articles in Filipino and English written by Ms. Mike

Portes, alongside her compelling short novel: "Ang Bata sa Dilim."

Aside from the the viral "Minsan may Isang Puta," there are chapters provided with references to assist students who have continued to use the more than a decade old allegory of the "prostitute" for Oral

Interpretation presentations and Filipino, Political Science and Theater subjects. Included in the pages is the actual screenplay of the film adaptation of "Minsan may Isang Puta" by Director Sarah Roxas which is a film grant winner to the multi-narrative indie film "Ganap na Babae" (International title: Garden of Eve}. The movie was honored as Cinemalaya 2010's opening film and has won international and

local recognition, including the Harvest of Honor (Ani ng Dangal) award conferred by the Philippine National Commission for Culture and the Arts (NCCA) and the Office of the President.

**When to Say Yes, How to Say No
To Take Control of Your Life**

Big Little Man

Essential Tagalog Grammar

The Hunchback of Notre Dame

Annotated

Smaller and Smaller Circles

Isa Sa Dalawang Dakilang

Gantimpala ; 1983-84

Negotiating As If Your Life

Depended On It

#1 NEW YORK TIMES

BESTSELLER 53rd NAACP

*Image Awards Winner You
are seen, you are loved,*

and you are heard!

Before Tabitha Brown was one of the most popular personalities in the world, sharing her delicious vegan home cooking and compassionate wisdom with millions of followers across social media, she was an aspiring actress who in 2016 began struggling with undiagnosed chronic autoimmune pain. Her condition made her believe she wouldn't live to see forty--until she started listening to

what her soul and her body truly needed. Now, in this life-changing book, Tabitha shares the wisdom she gained from her own journey, showing readers how to make a life for themselves that is rooted in nonjudgmental kindness and love, both for themselves and for others. Tabitha grounds her lessons in stories about her own life, career, faith, and family in this funny, down-to-earth book, built around the

catchphrases that her fans know and love, including: Hello There!: Why hope, joy, and clarity are so very needed That's Your Business: Defining yourself, and being okay with that Have the Most Amazing Day . . . : Choosing joy and living with intention But Don't Go Messin' Up No One Else's: Learning to walk in kindness even when the world doesn't feel kind Like So, Like That: Living life without measurement Very Good:

Living in peace and creating good from the bad Rich with personal stories and inspirational quotes, and sprinkled with a few easy vegan recipes, Feeding the Soul is a book to share--and to return to when you want to feel seen, loved, and heard.

By the time of 1906, the book of "Who created the Florante," by Mr. Hermenegildo Cruz, the book "Out Of The Florante" , is said to have some 106,000

*translations of
"Florante and Laura"
others; and since then
it has been so many
years ago, and during
that time-especially
when it was time for the
development of the
Tagalog Literature and
the adventure of emotion
and the love that made
us more love
unparalleled that Makati
Francisco Baltazar-is
undoubtedly the precise
figure of 106,000 not
too small and no more
than a thousand more.
Collection of essays on*

various aspects of life.

Literature

The Art of Social Media

Minsan May Isang Puta

Girl, Stop Apologizing

Retorikang Pangkolehiyo

The Story of Bonifacio

and the Katipunan

The essential companion workbook to the international bestseller *The 7 Habits of Highly Effective People*.

Stephen Covey ' s *The 7 Habits of Highly Effective People* took the self-help market by storm in 1990 and has enjoyed phenomenal sales ever since.

The integrated, principle-centered *7 Habits* philosophy has helped readers find solutions to their personal and professional problems and achieve a

life characterized by fairness, integrity, honesty, and dignity. Covey ' s tried and true step-by-step approach is explored even more fully in this workbook, which leads readers through the 7 Habits and shows them how to put these ideas into action everyday. With the same clarity and assurance that Covey ' s readers have come to know and love, the workbook helps readers further understand, appreciate, and internalize the power of the 7 Habits. These engaging, in-depth exercises allow readers—both devotees and newcomers—to get their hands dirty as they develop a philosophy for success, set personal goals, and improve their relationships. The overwhelming success of Stephen R. Covey ' s principle-centered philosophy is a testament to the millions who have benefited from his lessons, and now,

with The 7 Habits of Highly Effective People Personal Workbook, they can further explore and understand this tried-and-true approach. This reference offers solutions to both personal and professional problems by promoting and teaching fairness, integrity, honesty, and dignity. An engaging companion to a bestselling classic, The 7 Habits of Highly Effective People Personal Workbook will help readers set goals, improve relationships, and create a path to life effectiveness.

Essential Tagalog Grammar: A Reference for Learners of Tagalog offers clear, simple and concise explanations and lots of practical everyday examples in a simple well-organized format. This comprehensive and user-friendly grammar also provides accurate definitions and

translations, pronunciation marks (all long vowels and glottal stops are indicated throughout the book), extensive cross-referencing and a comprehensive index. Free audio recordings of the examples in the chapter on pronunciation can be downloaded from learningtagalog.com. Essential Tagalog Grammar is recommended for learners of Tagalog who want to understand how the language works and have a quick reference handy, native speakers who want to gain insights into their own language, and anyone who wants to gain a deeper understanding of Tagalog grammar.

The Reign of Greed
A Complete English Version of El Filibusterismo,
from the Spanish of José Rizal
How to Take the Lead, Play Bigger,
and Multiply Your Impact

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Maikling Kwentong
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Timawa

Leaving Behind Frantic for a Simpler,
More Soulful Way of Living

The Complete Idiot's Guide to
Success as a Teacher

The Ants and the Grasshopper

The Revolt of the Masses

The 7 Habits of Highly Effective
People Personal Workbook

Why do some people break through and make an impact while others get stuck going through the motions? In every organization there are Impact Players—those indispensable colleagues who can be counted on in critical situations and who consistently receive high-profile assignments and new opportunities. Whether they are on center stage or

behind the scenes, managers know who these top players are, understand their worth, and want more of them on their team. While their impact is obvious, it's not always clear what actually makes these professionals different from their peers. In *Impact Players*, New York Times bestselling author and researcher Liz Wiseman reveals the secrets of these stellar professionals who play the game at a higher level. Drawing on insights from leaders at top companies, Wiseman explains what the most influential players are doing differently, how small and seemingly insignificant

differences in how we think and act can make an enormous impact, and why—with a little coaching—this mindset is available to everyone who wants to contribute at their highest level. Based on a study of 170 top contributors, Wiseman identifies the mindsets that prevent otherwise smart, capable people from contributing to their full potential and the five practices that differentiate Impact Players: While others do their job, Impact Players figure out the real job to be done. While others wait for direction, Impact Players step up and lead. While others escalate

problems, Impact Players move things across the finish line. While others attempt to minimize change, Impact Players are learning and adapting to change. While others add to the load, the Impact Players make heavy demands feel lighter. Wiseman makes clear that these practices—and the right mindset—can help any employee contribute at their fullest and shows leaders how they can raise the level of play for everyone on the team. Impact Players is your playbook for the new workplace.

New York Times bestselling author Shauna Niequist invites you to look at the

landscape of your own life, consider how it might feel to leave behind the pressure to be perfect, and begin the practice of simply being present in the middle of the mess. A few years ago, Shauna found herself exhausted and isolated, her soul and body sick. She was tired of being tired and burned out on busy. It seemed like almost everyone she talked to was in the same boat: longing for connection, meaning, and depth, but settling for busy. But then something changed. She decided to trade the hustle and bustle for grace, love, stillness, and play, and it changed

everything. Shauna offers an honest account of what led her to begin this journey and a compelling vision for an entirely new way to live: soaked in rest, silence, simplicity, prayer, and connection with the people who matter most to us. As you witness Shauna's journey, you'll be inspired to embark on one of your own. She gives you the encouragement you need to: Put an end to people-pleasing tendencies Embrace moments of simplicity, quiet, and stillness Accept that you are worthy of love, belonging, and joy Written in Shauna's warm and vulnerable style, this

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collection of essays focuses on the most important transformation in her life, and maybe yours too: leaving behind busyness and frantic living and rediscovering the person you were made to be. Present Over Perfect is a hand reaching out, pulling you free from the constant pressure to perform faster, push harder, and produce more while maintaining an exhausting image of perfection. Join the over 500,000 others who have already started walking this new path away from frantic pushing and proving and toward their true selves. By now it's clear that whether you're promoting a

business, a product, or yourself, social media is near the top of what determines your success or failure. And there are countless pundits, authors, and consultants eager to advise you. But there's no one quite like Guy Kawasaki, the legendary former chief evangelist for Apple and one of the pioneers of business blogging, tweeting, Facebooking, Tumbling, and much, much more. Now Guy has teamed up with Peg Fitzpatrick, who he says is the best social-media person he's ever met, to offer *The Art of Social Media*—the one essential guide you need to get the most bang for your

time, effort, and money. With over one hundred practical tips, tricks, and insights, Guy and Peg present a bottom-up strategy to produce a focused, thorough, and compelling presence on the most popular social-media platforms. They guide you through steps to build your foundation, amass your digital assets, optimize your profile, attract more followers, and effectively integrate social media and blogging. For beginners overwhelmed by too many choices as well as seasoned professionals eager to improve their game, *The Art of Social Media* is full of tactics that have been

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proven to work in the real world. Or as Guy puts it, "great stuff, no fluff."

Girl, Wash Your Face

A Reference for Learners of Tagalog

The Reign of Greed

A Shame-Free Plan for

Embracing and Achieving Your Goals

Feeding the Soul (Because It's My Business)

Trillion Dollar Coach

The Book of Hope

From the creator of The Good Place and the cocreator of Parks and Recreation, a hilarious, thought-provoking guide to living an ethical life, drawing on 2,400 years of deep thinking from around the world. Most people

think of themselves as “good,” but it’s not always easy to determine what’s “good” or “bad”—especially in a world filled with complicated choices and pitfalls and booby traps and bad advice. Fortunately, many smart philosophers have been pondering this conundrum for millennia and they have guidance for us. With bright wit and deep insight, How to Be Perfect explains concepts like deontology, utilitarianism, existentialism, ubuntu, and more so we can sound cool at parties and become better people. Schur starts off with easy ethical questions like “Should I punch my friend in the face for no reason?”

(No.) and works his way up to the most complex moral issues we all face. Such as: Can I still enjoy great art if it was created by terrible people? How much money should I give to charity? Why bother being good at all when there are no consequences for being bad? And much more. By the time the book is done, we'll know exactly how to act in every conceivable situation, so as to produce a verifiably maximal amount of moral good. We will be perfect, and all our friends will be jealous. OK, not quite. Instead, we'll gain fresh, funny, inspiring wisdom on the toughest issues we face every day.

**#1 Wall Street Journal Bestseller
New York Times Bestseller USA
Today Bestseller** The team behind **How Google Works** returns with management lessons from legendary coach and business executive, **Bill Campbell**, whose mentoring of some of our most successful modern entrepreneurs has helped create well over a trillion dollars in market value. **Bill Campbell** played an instrumental role in the growth of several prominent companies, such as **Google, Apple, and Intuit**, fostering deep relationships with **Silicon Valley visionaries**, including **Steve Jobs, Larry Page, and Eric Schmidt**. In addition,

this business genius mentored dozens of other important leaders on both coasts, from entrepreneurs to venture capitalists to educators to football players, leaving behind a legacy of growing companies, successful people, respect, friendship, and love after his death in 2016.

Leaders at Google for over a decade, Eric Schmidt, Jonathan Rosenberg, and Alan Eagle experienced firsthand how the man fondly known as Coach Bill built trusting relationships, fostered personal growth—even in those at the pinnacle of their careers—inspired courage, and identified and resolved simmering

tensions that inevitably arise in fast-moving environments. To honor their mentor and inspire and teach future generations, they have codified his wisdom in this essential guide. Based on interviews with over eighty people who knew and loved Bill Campbell, Trillion Dollar Coach explains the Coach's principles and illustrates them with stories from the many great people and companies with which he worked. The result is a blueprint for forward-thinking business leaders and managers that will help them create higher performing and faster moving cultures, teams, and companies.

****THE INSTANT NEW YORK TIMES BESTSELLER**** In a world that seems so troubled, how do we hold on to hope? Looking at the headlines—the worsening climate crisis, a global pandemic, loss of biodiversity, political upheaval—it can be hard to feel optimistic. And yet hope has never been more desperately needed. In this urgent book, Jane Goodall, the world's most famous living naturalist, and Douglas Abrams, the internationally bestselling co-author of *The Book of Joy*, explore through intimate and thought-provoking dialogue one of the most sought after and least understood elements of human

nature: hope. In The Book of Hope, Jane focuses on her "Four Reasons for Hope": The Amazing Human Intellect, The Resilience of Nature, The Power of Young People, and The Indomitable Human Spirit. Drawing on decades of work that has helped expand our understanding of what it means to be human and what we all need to do to help build a better world, The Book of Hope touches on vital questions, including: How do we stay hopeful when everything seems hopeless? How do we cultivate hope in our children? What is the relationship between hope and action? Filled with moving and

inspirational stories and photographs from Jane's remarkable career, The Book of Hope is a deeply personal conversation with one of the most beloved figures in the world today. While discussing the experiences that shaped her discoveries and beliefs, Jane tells the story of how she became a messenger of hope, from living through World War II to her years in Gombe to realizing she had to leave the forest to travel the world in her role as an advocate for environmental justice. And for the first time, she shares her profound revelations about her next, and perhaps final,

adventure. The second book in the Global Icons Series—which launched with the instant classic The Book of Joy with His Holiness the Dalai Lama and Archbishop Desmond Tutu—The Book of Hope is a rare and intimate look not only at the nature of hope but also into the heart and mind of a woman who revolutionized how we view the world around us and has spent a lifetime fighting for our future. There is still hope, and this book will help guide us to it.

How to Be Perfect

A Survival Guide for Trying Times

Noli Me Tangere

Bata, Bata ... Paño Ka Ginawa?

Banaag at Sikat

Mi Ultimo Adiós

Anim na sabado ng beyblade at

iba pang sanaysay

The Golden Ass is the only Ancient Roman novel in Latin to survive in its entirety. The protagonist of the novel is called Lucius, like the author. At the end of the novel, he is revealed to be from Madaurus, the hometown of Apuleius himself. The plot revolves around the protagonist's curiosity (curiositas) and insatiable desire to see and practice magic. While trying to perform a spell to transform into a bird, he is accidentally transformed into an ass. This leads to a long journey, literal and metaphorical, filled with in-set tales. He finally finds salvation through the intervention of the goddess Isis, whose cult he joins. Classic story of the last days of Spanish

rule in the Philippines.

Filipino national hero Jose Rizal wrote *The Social Cancer* in Berlin in 1887.

Upon his return to his country, he was summoned to the palace by the Governor

General because of the subversive ideas his book had inspired in the nation. Rizal

wrote of his consequent persecution by the church: "My book made a lot of

noise; everywhere, I am asked about it.

They wanted to anathematize me ['to excommunicate me'] because of it ... I am

considered a German spy, an agent of Bismarck, they say I am a Protestant, a

freemason, a sorcerer, a damned soul and evil. It is whispered that I want to

draw plans, that I have a foreign passport and that I wander through the streets by

night ..."

A Complete English Version of *El*

Filibusterismo, from the Spanish of José Rizal

Impact Players

Present Over Perfect

The Aesop for Children

Of Human Bondage

And Selected Works in English

Cupid & Psyche

"A spectacular achievement and one of the very best travel books I have read." —Simon Winchester, Wall Street Journal Declaring independence in 1945, Indonesia said it would "work out the details of the transfer of power etc. as soon as possible." With over 300 ethnic groups spread across over 13,500 islands, the world's fourth most populous nation has been working on that "etc." ever since. Author Elizabeth Pisani traveled 26,000

miles in search of the links that bind this disparate nation.

A Pulitzer Prize-winning journalist's memoir, in the spirit of Richard Rodriguez's *Hunger for Memory* and Nathan McCall's *Makes Me Wanna Holler*—an intimate look at the mythology, experience, and psyche of the Asian American male

One hundred twenty-six best-loved fables of Aesop.

The Golden Ass

Lupang Tinubuan

The Correct Answer to Every Moral Question

Indonesia, Etc.: Exploring the Improbable Nation

Finding Our Way to Joy, Love, and Freedom

Everything Is F*cked

Florante and Laura

A resourceful young boy's adventures introduce him to a host of characters, including Bigfoot, a mummy, pirates, monkeys, and his very own Booger-Man.

Rachel Hollis points out the pitfalls, challenges, and excuses that stop us from achieving our aspirations. Rachel Hollis has seen it too often: Women not living into their full potential. They feel a tugging on their hearts for something more, but they're afraid of embarrassment, of falling short of perfection, of not being enough. In Girl, Stop

Apologizing, #1 New York Times bestselling author and founder of a multimillion-dollar media company Rachel Hollis sounds a wake-up call. She knows that many women have been taught to define themselves in light of other people—whether as wife, mother, daughter, or employee—instead of learning how to own who they are and what they want. In this book, Hollis helps you to: identify the excuses to let go of, the behaviors to adopt, And the skills to acquire on the path to growth, confidence, and believing in yourself. Hollis shares stories and principles

with raw honesty that inspires her readers to discover and take the practical steps that will put them on a lifelong path of personal growth. Girl, Stop Apologizing is the life-changing guide you need to dump your excuses, embrace your dreams, set boundaries, and gain real confidence in life.

This harrowing mystery, winner of the Philippine National Book Award, follows two Catholic priests on the hunt through Manila for a brutal serial killer Payatas, a 50-acre dump northeast of Manila's Quezon City, is home to thousands of people who

live off of what they can scavenge there. It is one of the poorest neighborhoods in a city whose law enforcement is already stretched thin, devoid of forensic resources and rife with corruption. So when the eviscerated bodies of preteen boys begin to appear in the dump heaps, there is no one to seek justice on their behalf. In the rainy summer of 1997, two Jesuit priests take the matter of protecting their flock into their own hands. Father Gus Saenz is a respected forensic anthropologist, one of the few in the Philippines, and has been tapped by the Director of the National Bureau of

Investigations as a backup for police efforts. Together with his protégé, Father Jerome Lucero, a psychologist, Saenz dedicates himself to tracking down the monster preying on these impoverished boys.

Smaller and Smaller Circles, widely regarded as the first Filipino crime novel, is a poetic masterpiece of literary noir, a sensitive depiction of a time and place, and a fascinating story about the Catholic Church and its place in its devotees' lives.

***Power Tips for Power Users
In Search of My Asian Self
Rubáiyát of Omar Khayyám,
the Astronomer-poet of Persia***

A Book About Hope

A Novel

World Masterpieces

Never Split the Difference

The Hunchback of Notre-Dame is a French Gothic novel by Victor Hugo published in January 14, 1831. The title refers to the Notre Dame Cathedral in Paris, on which the story is centered. Set in medieval Paris, it tells the story of the beautiful gypsy Esmeralda, condemned as a witch by the tormented archdeacon Claude Frolo, who lusts after her. Quasimodo, the deformed bell ringer of Notre-Dame Cathedral, having fallen in love with the kindhearted Esmeralda, tries to save

her by hiding her in the cathedral's tower.

NEW YORK TIMES

BESTSELLER From the author of the international mega-bestseller *The Subtle Art of Not Giving a F*ck* comes a counterintuitive guide to the problems of hope. We live in an interesting time. Materially, everything is the best it's ever been—we are freer, healthier and wealthier than any people in human history. Yet, somehow everything seems to be irreparably and horribly f*cked—the planet is warming, governments are failing, economies are collapsing, and everyone is perpetually offended on Twitter. At this moment in history, when we

have access to technology, education and communication our ancestors couldn't even dream of, so many of us come back to an overriding feeling of hopelessness. What's going on? If anyone can put a name to our current malaise and help fix it, it's Mark Manson. In 2016, Manson published *The Subtle Art of Not Giving A F*ck*, a book that brilliantly gave shape to the ever-present, low-level hum of anxiety that permeates modern living. He showed us that technology had made it too easy to care about the wrong things, that our culture had convinced us that the world owed us something when it didn't—and worst of all, that our

modern and maddening urge to always find happiness only served to make us unhappier. Instead, the “subtle art” of that title turned out to be a bold challenge: to choose your struggle; to narrow and focus and find the pain you want to sustain.

The result was a book that became an international phenomenon, selling millions of copies worldwide while becoming the #1 bestseller in 13 different countries. Now, in *Everthing Is F*cked*, Manson turns his gaze from the inevitable flaws within each individual self to the endless calamities taking place in the world around us. Drawing from the pool of psychological research on these topics, as well as the

timeless wisdom of philosophers such as Plato, Nietzsche, and Tom Waits, he dissects religion and politics and the uncomfortable ways they have come to resemble one another. He looks at our relationships with money, entertainment and the internet, and how too much of a good thing can psychologically eat us alive. He openly defies our definitions of faith, happiness, freedom—and even of hope itself. With his usual mix of erudition and where-the-f*ck-did-that-come-from humor, Manson takes us by the collar and challenges us to be more honest with ourselves and connected with the world in ways we probably haven't

considered before. It's another counterintuitive romp through the pain in our hearts and the stress of our soul. One of the great modern writers has produced another book that will set the agenda for years to come.

Presents information on ways to be an effective teacher, covering such topics as lesson plans, standards, technology, testing, motivation, discipline, homework, teaching special needs students, and working with parents.

Stop Believing the Lies About Who You Are so You Can Become Who You Were Meant to Be

The Adventures of Benny

The Social Cancer

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Makabanghay

Boundaries Updated and Expanded
Edition

The Leadership Playbook of Silicon
Valley's Bill Campbell

Ang Wikang Filipino Sa

Information Age

Noveller fra Filippinerne - den
første også på tagalog - af
kendt diplomat, der også var
ASEAN's første
generalsekretær

A club-footed orphan
struggles for independence,
his intellectual development
and his attempt to become an
artist.

#1 NEW YORK TIMES

BESTSELLER – OVER 3

MILLION COPIES SOLD Do

you ever suspect that everyone else has life figured out and you don't have a clue? If so, Rachel Hollis has something to tell you: that's a lie. If you have ever said any of these things to yourself Something else will make me happy. I'm not a good mom. I will never get past this. I am defined by my weight. I should be further along by now. . . . then you could benefit from the unflinching faith and rock-hard tenacity Rachel Hollis has in store for you. In this challenging but conversational book, Rachel exposes the twenty lies and

misconceptions that too often hold us back from living joyfully and productively, lies we've told ourselves so often we don't even hear them anymore. Rachel is real and talks about real issues. More than that, she reveals the specific practical strategies that helped her move past them. In the process, she encourages, entertains, and even kicks a little butt, all to convince you to do whatever it takes to get real and become the joyous, confident woman you were meant to be. Because you really can live with passion and hustle – and

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give yourself grace without
giving up.