

Extraordinary Golf The Art Of The Possible

The Mulligan Participant's Guide is designed to help you and your small group more fully engage in The Mulligan six-session DVD group study. Golf pro Wally Armstrong and bestselling author Ken Blanchard will walk you through time-tested steps for improving your golf game and your life. A perfect shot of grace for you, for your foursome, and for every Christian.

"A Golfing Idyll; Or, The Skipper's Round with the Deil On the Links of St. Andrews" by Violet Flint. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten—or yet undiscovered gems—of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

Demonstrates exercises designed to address a range of common golf challenges, enabling novice players to avoid developing bad habits and more experienced golfers to overcome established aspects of their swings, grips, and stances.

*Alister MacKenzie was one of golf's greatest architects. He designed his courses so that players of all skill levels could enjoy the game while still creating fantastic challenges for the most experienced players. Several of MacKenzie's courses, such as Augusta National, Cypress Point, and Pasatiempo, remain in the top 100 today. In his "lost" 1933 manuscript, published for the first time in 1995 and now finally available in paperback, MacKenzie leads you through the evolution of golf—from St. Andrews to the modern-day golf course—and shares his insight on great golf holes, the swing, technology and equipment, putting tips, the USGA, the Royal & Ancient, and more. With fascinating stories about Bobby Jones, Walter Hagen, Gene Sarazen, and many others, *The Spirit of St. Andrews* gives valuable lessons for all golfers as well as an intimate portrait of Alister MacKenzie, a true legend of the game.*

Zen and the Art of Disc Golf

Homer Kelley's Golfing Machine

Golf Practice

Extraordinary Putting

Attention!! the Secret to You Playing Great Golf

Putt Your Best Using the Breakthrough, Science-Based Target Vision Putting Technique

Natural Golf Swing

In this allegorical presentation of everyday life through the game of golf, a wayward golf pro realizes he is failing in the most important parts of his life. He is about ready to give up on the game when he encounters an obscure iconoclastic golfer and teacher whose simple sage advice and methods of teaching transcend anything Geoff has experienced before. 324 pp.

The remarkable true story of a lone genius whose quest to unlock the science behind the perfect swing changed golf forever In 1939, Homer Kelley played golf for the first time and scored 116. Frustrated, he did not play again for six months; when he did he carded a 77. Determined to understand why he was able to shave nearly 40 strokes off his score, Kelley spent three decades of trial and error to unlock the answer and to recapture that one wonderful day when golf was easy and enjoyable. In 1969, Kelley self-published his findings in *The Golfing Machine: The Computer Age Approach to Golfing Perfection*. The bestselling instruction books of the day required golfers to conform their swings to the author's ideals, but Homer Kelley configured swings to fit every golfer. He found an enthusiastic disciple in a Seattle teaching pro named Ben Doyle, who in turn found an eager student in 13-year-old prodigy Bobby Clampett. Clampett's initial success in amateur golf shined a bright spotlight on Homer Kelley and *The Golfing Machine*, but when the young star suffered a painfully public collapse and faltered as a pro, critics were quick to blast Kelley and his complex and controversial ideas. With exclusive access to Homer Kelley's archives, author Scott Gummer paints a fascinating picture of the man behind the machine, the ultimate outsider who changed the game once and for all of us.

June 2008's US Open produced one of the most unexpected and dramatic showdowns in golf history. Day after day the invincible Tiger Woods was challenged by Rocco Mediate, a respected journeyman. On Sunday, both ended play tied at par, forcing a playoff. Defying expectations, Mediate played Woods to yet another tie, losing only after forcing a sudden-death showdown.

Through it all, Rocco Mediate emerged as one of the most likable, open, and fascinating golfers. In *Are You Kidding Me?*, he tells the full story of these five life-changing days. With John Feinstein, whose insider knowledge of the golf world is unparalleled, Mediate relives one of sport's greatest feats, how one man overcame every obstacle to challenge the game's finest.

If your golf game has been plagued by inconsistency and less-than-peak performance, you may be going against your "natural swing". But you can improve your golf game dramatically and you can beat bad habits by drawing on talents you already possess. *The Natural Golf Swing* will: - introduce you to your natural balance and rhythm - let you play consistently to your potential - allow you to enjoy a repeating swing - help you increase power and control with every swing According to champion golfer George Knudson, your swing is governed by laws of nature, and is subject to logical, physical fundamentals that are all too often ignored. By learning the simple principles outlined in this book, you will generate more powerful, accurate swings, reduce your score, and gain control over your game. Take advantage of Knudson's more than 30 years experience on the pro circuit as he guides you step-by-step through the mechanics of the natural swing, from the important first step of maintaining proper balance through the backswing, down-swing, and finishing form. Extensive illustrations and drills help to clarify each step. Knudsen also shares his experience as a golfer on the tour, offering valuable insights into the roles that temperament and concentration play in winning.

Reflections on a Life in Golf

The Golf Book

Are You Kidding Me?

Sketching and Drawing for Children
Look Where You Want to Putt the Ball
Snowflakes in the Sun
Zen Putting

Photographer David Cannon began his career in sports photography twenty-five years ago and is considered the premier golf photographer in the world. Having played at more than seven hundred golf courses in over fifty countries, Cannon photographs with a true golfer's eye, offering an extraordinary window into some of the world's most celebrated courses—with more than 40 in North America, dozens in Asia and the South Pacific, and several in both Africa and the Middle East. Savor a view from the 11th hole of the incomparable and historic St. Andrews's Old Course bathed in golden afternoon light; glimpse giraffes and elephants from any green at Leopard Creek, South Africa; vicariously experience Pirate's Plank, the harrowing 15th hole at Cape Kidnappers, New Zealand, which is set at the very end of the cliff-top fairway surrounded by dramatic 500-foot drops to the ocean; and take in the serene sea view from the signature 18th hole of the very private Seminole Golf Course in Florida. Golf Courses stunningly captures the singular genius and beauty of golf courses. It is a comprehensive collection of the world's best courses by revered designers including Donald Ross, Pete Dye, and Robert Trent Jones, Sr., and such new talent as Steve Smyers and Tom Doak, among many others—all of whom skillfully orchestrate the exceptional union of nature and course design on five continents. This deluxe, limited-edition volume features over two hundred sumptuous color photographs of courses, some of which have never been photographed or published previously, in full spreads and gatefolds—some measuring over five feet in length—and includes a numbered print signed by the photographer. Golf Courses: Fairways of the World will be strictly limited to 5,000 copies.

"Jim Hardy is the most knowledgeable teacher in golf. This extraordinary book will be the most revolutionary instructional book since Ben Hogan's Five Lessons." --Peter Jacobsen, Seven-time PGA Tour event winner Voted one of "America's 50 Greatest Teachers" by Golf Digest and ranked in the "Top 100 Teachers" list of Golf magazine, Jim Hardy is a veritable scholar of swing. He's been fixing the swings of professional and amateur golfers since 1977, and in The Plane Truth for Golfers, he makes his groundbreaking concepts available to you for the first time. Hardy's revolutionary approach is simple: There are two sets of fundamentals to the swing, not one. There is the one-plane swing, for more athletic players, and the two-plane swing, suitable for players of all abilities. Understanding these concepts is crucial to your improvement, and Hardy breaks them down into easy-to-follow steps, complete with dozens of photographs.

This hand volume—filled with more than 350 illustrations—is designed especially for aspiring young artists and for those who simply love to draw. Sketching and Drawing for Children is a user-friendly drawing guide that will be the first choice of all beginning artists. First, Genevieve Vaughan-Jackson teaches you the importance of seeing what you want to draw and knowing its construction before ever touching pencil to paper. Then, after learning the proper hand motions for fluid drawing, you'll start creating works of art—sketching simple objects such as wagons and vases, and later more difficult ones such as airplanes and horses. Step by step, you will learn all the fundamentals of art, including basic shapes, proportion, perspectives, shading, and movement. By following the concise, easy-to-read instructions and the many sample sketches, you'll be drawing everything from flowers and birds, to cars and basketball players, as well as snow-covered log cabins and wind-tossed sailboats on a stormy sea. Sketching and Drawing for Children is sure to be a helping hand to all young people interested in developing their artistic talent.

Dr Bob Rotella is one of the hottest golfing performance consultants in the world today. Unlike other performance consultants, Rotella goes beyond the usual mental aspects of the game and the reliance on specific techniques. In this extraordinary book, and with his clients, he creates an attitude and a mindset about all aspects of the golfer's game, from mental preparation to competition. And, as some of the world's greatest golfers will attest, the results are spectacular. Filled with charming and insightful stories about golf and the golfers Rotella works with, GOLF IS NOT A GAME OF PERFECT will improve the game of even the most casual weekend player.

Orthodoxy of Style

Golf Fundamentals

A Journey to the Heart of Scottish Golf

*The Subtle Art of Not Giving a F*ck*

The Spirit of St. Andrews

Golf in the Kingdom

Shifting the Paradigm

New York Times Bestseller From the archives of Golf Channel comes the ultimate book on the sport—a must for every fan—a comprehensive and engaging full-color compendium of the best moments of the past 20 years, filled with stories from top players, colorful insights from on-air talent and celebrity viewers, essential lists and sidebars, and stunning photographs of legendary golf courses around the world.

Foreword by Arnold Palmer. Over the past two decades, golf has witnessed some of the most exciting play, interesting players, biggest technological advances, deepest controversies, increased participation and viewership, and unprecedented engagement between professionals and fans in its history. Year by year, shot by shot around the globe, Golf Channel has been there to cover it all. Now, for the first time, the network that features more live golf coverage than all others combined opens its archives and offers unprecedented access to its top on-air talent. The result is a dazzling illustrated digest that pays tribute to the sport and the extraordinary players and events that have shaped it over the course of a generation. The Golf Book includes: Stories and anecdotes from on and off the course from famous contributors, including Nick Faldo, Brandel Chamblee, Kelly Tilghman, Rich Lerner, David Feherty, Johnny Miller, and many others Up-close profiles of legendary players and up-and-coming stars Features and photos on the best courses Technological developments that are revolutionizing the game Top 20 lists, unforgettable quotes, and sidebars spotlighting amusing characters, bad lies, and stunning scrambles and more. Engaging, instructive, and fun, The Golf Book is an essential resource and keepsake sure to be treasured by every golfer and fan.

Ed Tischler provides clear insights into how real breakthroughs are achieved, which is not by simply increasing time and effort, but by looking at, and altering, the fundamental way we approach the game. Fred Shoemaker (Extraordinary Golf The Art Of The Possible

An exploration of more than thirty of the best golf courses in South Carolina and coastal Georgia is accompanied by essays and personality profiles of twenty regional players.

Extraordinary Golf: the Art of the Possible Penguin

Classic Golf Instruction

A Counterintuitive Approach to Living a Good Life

Secrets of Developing a Sound Golf Swing

Mastering the Mental Game on the Greens

The Mulligan

Golf All-in-One For Dummies

Own Your Game

The Slight Edge is a way of thinking, a way of processing information that enables you to make the daily choices that will lead you to the success and happiness you desire. Learn why some people make dream after dream come true, while others just continue dreaming and spend their lives building dreams for someone else. It's not just another self-help motivation tool of methods you must learn in order to travel the path to success. It shows you how to create powerful results from the simple daily activities of your life, by using tools that are already within you. In this 8th anniversary edition you'll read not only the life-changing concepts of the original book, but also learn what author Jeff Olson discovered as he continued along the slight edge path: the Secret to Happiness and the Ripple Effect. This edition of The Slight Edge isn't just the story, but also how the story continues to create life-altering dynamics--how a way of thinking, a way of processing information, can impact daily choices that will lead you to the success and happiness you desire. The Slight Edge is "the key" that will make all the other how-to books and self-help information that you read, watch and hear actually work.

A follow-up to the best-selling Zen Golf outlines key principles that invite players to build a greater understanding of the process of putting rather than its results in a guide that describes how to overcome psychological obstacles and achieve peak performance.

"From the bestselling author of Golf Is Not a Game of Perfect and Golf Is a Game of Confidence, a book about how to improve your short game"--

The psychological approach to Golf.

Step-by-Step Fundamentals of Sketching and Drawing for Young Artists

Golf is Not a Game of Perfect

Over 120 Drills that Are Guaranteed to Improve Every Aspect of Your Game and Low Transforming the Whole Game

The Art of Golf

The Golf Mystic

How to Play Your Best Golf All the Time

In this intriguing book, Christopher Obetz has drawn the best illustrations from the complete archive of Anthony Ravielli's work to best illustrate grips, swings, stances, special and trouble shots, and intentional slices and hooks that can be used for a lifetime of successful golf.

A book about golf that will appeal to both players and non players, by Scottish poet and novelist. Surely golf is a game for posh people, country clubs and networking businessmen, for unfortunate sweaters, politics and trousers? Andrew Greig grew up on the East coast of Scotland, where playing golf is as natural as breathing. He sees the game as the great leveller, and has played on the Old course at St Andrews as well as on the miners' courses of Yorkshire. He writes about the different cultural manifestations of the game, the history, the geography, the different social meanings, as well as the subjective experience, the reflections between shots. He plays alone, with friends and brothers, with ghosts. He is looking for the essence of golf, the pure heart of it, which can be found, Andrew Greig believes, on the free 9 hole course on North Ronaldsay.

Discover within these pages the tools and practical techniques to release the golfer you are truly capable of becoming. Understand the power of Focused Attention and how you can improve BOTH your golf swing AND your ability to control yourself and your thinking out on the course. With over 20 years of PRACTICAL experience in the REAL WORLD, Karl Morris shares with you the approach that has worked with golfers at ALL levels from Major Winners to High Handicappers. With a refreshing approach that is neither 'It's all in the mind' nor 'It's all about the swing', you will have the opportunity to create a balance in both your thinking and your technique which will reward you with better scores but, above all, more ENJOYMENT of this great game.

Do you want to make golf swing changes stick? Do you want to take your range game to the golf course? Are you ready to enjoy the process of improving your golf game and have fun shooting lower scores? If you answered yes to any of the above questions, then you need to know this: Simply beating golf balls on the range is like learning to swim in the bath tub - ineffective! That's why we the golf performance coaches at Game Like Training have written this book. We want to share everything we know about learning complex movements (like swinging a golf club) while making it simple, digestible, and practical for every level golfer. If you want to use your golf practice time effectively, take your range game to the course, shoot better scores, and simply get more joy out of your golf game, this is the book to get you there.

Fairways of the World

Instinct Putting

Golf in the Lowcountry

New Horizons Golf Swing Basics

Indelicacy

Total Golf

The Story of Rocco Mediate's Extraordinary Battle with Tiger Woods at the US Open

FINALIST FOR THE CENTER FOR FICTION'S FIRST NOVEL PRIZE "Cain's small but mighty novel reads like a ghost story and packs the punch of a feminist classic." —The New York Times Book Review
A haunted feminist fable, Amina Cain's Indelicacy is the story of a woman navigating between gender and class roles to empower herself and fulfill her dreams. In "a strangely ageless world some between Emily Dickinson and David Lynch" (Blake Butler), a cleaning woman at a museum of art nurtures aspirations to do more than simply dust the paintings around her. She dreams of having to explore them in writing, and so must find a way to win herself the time and security to use her mind. She escapes her lot by marrying a rich man, but having gained a husband, a house, high social status, a maid, she finds that her new life of privilege is no less constrained. Not only has she taken up different forms of time-consuming labor—social and erotic—but she is now, however passively, forcing other women to clean up after her. Perhaps another and more drastic solution is necessary? Reminiscent of a lost Victorian classic in miniature, yet taking equal inspiration from such modern authors as Octavia Butler, Clarice Lispector, and Jean Genet, Amina Cain's Indelicacy is at once a ghost story without a ghost, a fable without a moral, and a down-to-earth investigation of the barriers faced by women in both life and literature. It is a novel about seeing, class, desire, anxiety, pleasure, friendship, and the battle to find one's true calling.

Tommy Armour's classic How to Play Your Best Golf All the Time provides timeless golf instruction on the following subjects: * How to learn your best golf * What can your best golf be? * Taking your first lesson tee * How your clubs can help you * The grip holds your swing together * How to get ready to swing * Footwork, the foundation of best golf * The art of hitting with the hands * The way to swing in miniature * The pause that means good timing * Assembling your game in good order * Saving strokes with simple approach shots * The fascinating, frustrating philosophy of putting * The routine of an orderly golf shot These classic bits of advice are accompanied by over four dozen two-color illustrations.

The co-author of the classic Extraordinary Golf offers an innovative approach to improving the overall game by focusing on putting, which accounts for more than one third of the strokes in a typical round. Not just a tips-and-techniques book, Extraordinary Putting features a series of illustrated exercises that will help golfers: - Develop the inner freedom to trust themselves and recognize self-imposed limitations - Find the peace of mind that comes from letting go of mental chatter and self-judgments - Increase awareness, allowing golfers to pay attention to their experiences - Understand the differences in their own experiences from stroke to stroke - Master the art of self-coaching

The fun way to get a grip on every aspect of golf Golf is a popular spectator sport, but for those who play it's a great source of low impact cardiovascular, strength, and aerobic exercise. In addition to its physical nature a social game that provides the opportunity to meet new people. Golf All-In-One For Dummies shows you not only how to get the most physical benefit from a round of golf, but also the mental and emotional benefits to truly enjoy the game. From perfecting your swing to avoiding injuries, the proven techniques presented in this book give you everything you need to have the time of your life every time you hit the green. The basics of golf Details on the latest golf equipment and technology Tips on how to improve the short game, including putting, chipping, and getting out of tough spots Rules and etiquette that every golfer needs to know Plans for keeping fit and designing workouts to improve your game Mental tricks and exercises to help you succeed Tips on grips, stances, and swings New tips from top players

improve your game Great new courses, tournaments, players who have changed the game, and a review of golf's greatest moments Whether you already have some golf experience or are complete beginner, Golf All-In-One For Dummies will have you playing like a pro in no time.

The Art of Fielding

The Plane Truth for Golfers

Extraordinary Golf: the Art of the Possible

How to Use Your Mind to Play Winning Golf

The Curious Quest That Solved Golf

Twenty Years of the Players, Shots, and Moments That Changed the Game

Counseling golfers on a core philosophy introduced in a popular 2005 Golf Magazine cover story, a scientifically based guide to addressing the mental aspects of putting explains the importance of watching the hole rather than the ball while executing shots. 20,000 first printing.

#1 New York Times Bestseller Over 10 million copies sold In this generation-defining self-help guide, a superstar blogger cuts through the crap to show us how to stop trying to be "positive" all the time so that we can truly become better, happier people. For decades, we've been told that positive thinking is the key to a happy, rich life. "F**k positivity," Mark Manson says. "Let's be honest, shit is f**ked and we have to live with it." In his wildly popular Internet blog, Manson doesn't sugarcoat or equivocate. He tells it like it is—a dose of raw, refreshing, honest truth that is sorely lacking today. The Subtle Art of Not Giving a F**k is his antidote to the coddling, let's-all-feel-good mindset that has infected American society and spoiled a generation, rewarding them with gold medals just for showing up. Manson makes the argument, backed both by academic research and well-timed poop jokes, that improving our lives hinges not on our ability to turn lemons into lemonade, but on learning to stomach lemons better. Human beings are flawed and limited—"not everybody can be extraordinary, there are winners and losers in society, and some of it is not fair or your fault." Manson advises us to get to know our limitations and accept them. Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and start confronting painful truths, we can begin to find the courage, perseverance, honesty, responsibility, curiosity, and forgiveness we seek. There are only so many things we can give a f**k about so we need to figure out which ones really matter, Manson makes clear. While money is nice, caring about what you do with your life is better, because true wealth is about experience. A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, The Subtle Art of Not Giving a F**k is a refreshing slap for a generation to help them lead contented, grounded lives.

"The Pro Tour's hottest coach" (Golf Digest) distills the lessons of a private strategy session into an indispensable "soft skills" companion. Credited with transforming the short games of world-class golfers like Rory McIlroy, Phil Mickelson, Annika Sorenstam, and Yani Tseng, Dave Stockton is one of the most sought-after coaches in golf. Yet Stockton's natural abilities are more like the average player's than those of most tour superstars. Not particularly long off the tee and average in terms of ballstriking, Stockton has won multiple major championships through a willingness to set his ego aside and analyze his game objectively—precisely what make him so effective as an instructor. The hallmark of Stockton's coaching is the idea that "trying doesn't work." He shows students how to get out of their own way and let their subconscious take over. In Own Your Game, Stockton recreates the experience of riding eighteen holes with him at one of his highly sought-after corporate outings. He explains how any player can learn to use his or her mind effectively—both in the microcosm of the shot at hand and in plotting a way through a round. Amateur golfers are tired of trying to imitate the swings of the pros—to mostly disastrous results. Stockton gives players the tools and the freedom to play better with the swing they currently have. Portable, conversational, practical—and complete with a mini-guide to playing business golf with colleagues and clients—Own Your Game shows how players at all levels can master the all-important mental game.

Most golfers approach the tee with a complex mental package: worries and judgments about their swing, the other person's swing, the course, the weather, looking good, looking bad. They think about what's wrong instead of what's possible, and this is what Extraordinary Golf teaches: the art of the possible. Drawing on his experience teaching both amateurs and professionals for more

than fifteen years, in his clinics around the country, in his Golf in the Kingdom seminars at the Esalen Institute, and at his own School for Extraordinary Golf in California, Shoemaker shows how extraordinary golf can be coached, learned, and practiced, with results not only in people's scores but in their sheer pleasure in the game. Combining a host of practical exercises with an entirely new point of view, he demonstrates how to focus not on the voices in your head but on the reality of golf: the club, the ball, your body, the course - the elements that actually make up your game. He shows how to approach shots creatively, instead of mechanically; how to read greens simply by staying awake; how to develop a powerful and consistent swing by rediscovering trust for your instincts; and how to improve yourself in competition by determining what you're competing for. He also gives simple guidelines on how to coach yourself, your spouse, and your children successfully.

A Golfing Idyll; Or, The Skipper's Round with the Deil On the Links of St. Andrews

The Unstoppable Golfer

A Feel for the Game

Golf Courses

Parable of Second Chances

New Golf Mind

How to Practice Golf and Take Your Range Game to the Course

A spiritual journey, a lush travelogue, a parable of sports and philosophy—John Updike called this unique novel “a golf classic if any exists in our day.” When an American traveler on his way to India stops to play a round on one of the most beautiful and legendary golf courses in Scotland, he doesn’t know that his game—and his life—are about to change forever. He is introduced to Shivas Irons, a mysterious golf pro whose sublime insights stick with him long after the eighteenth hole. From the first swing of the Scotsman’s club, he realizes he is in for a most extraordinary day. By turns comic, existential, and semiautobiographical, Michael Murphy’s tale traces the arc of twenty-four hours, from a round of golf on the Links of Burningbush to a night fueled by whiskey, wisdom, and wandering—even a sighting of Seamus MacDuff, the holy man who haunts the hole they call Lucifer’s Rug. “Murphy’s book is going to alter many visions,” The New York Times Book Review declared. More than an unforgettable approach to one of the world’s most popular sports, Golf in the Kingdom is a meditation on the power of a game to transform the self.

At Westish College, a small school on the shore of Lake Michigan, baseball star Henry Skrimshander seems destined for big league stardom. But when a routine throw goes disastrously off course, the fates of five people are upended. Henry's fight against self-doubt threatens to ruin his future. College president Guert Affenlight, a longtime bachelor, has fallen unexpectedly and helplessly in love. Owen Dunne, Henry's gay roommate and teammate, becomes caught up in a dangerous affair. Mike Schwartz, the Harpooners' team captain and Henry's best friend, realizes he has guided Henry's career at the expense of his own. And Pella Affenlight, Guert's daughter, returns to Westish after escaping an ill-fated marriage, determined to start a new life. As the season counts down to its climactic final game, these five are forced to confront their deepest hopes, anxieties, and secrets. In the process they forge new bonds, and help one another find their true paths. Written with boundless intelligence and filled with the tenderness of youth, The Art of Fielding is an expansive, warmhearted novel about ambition and its limits, about family and friendship and love, and about commitment--to oneself and to others. “The one book every disc golfer needs... If you only pick up one book on this list, make it this one... This is one of those books that will end up with highlighter and notes all over it as you read it again and again.” - Mind Body Disc Golf Reading List (MindBodyDisc.com) “It is a cool book to motivate and inspire you, speaking in terms that Disc Golfers can understand. Definitely check this book out.” - Bobby Brown AKA Cool Daddy Slick Breeze (The Disc Golf Answer Man Podcast) “Zen and the Art of Disc Golf is a perfect read anytime of the year to help your disc golf game...It's safe to say that you'll take something away from it and in the end, you'll take steps to being a better disc golfer with the knowledge you'll gain.” - Zach Parcell (All Things Disc Golf) Disc Golf is more than a game, Patrick D. McCormick carefully argues, it can be a window that shows us how we interact with the world. The way we play is the way we live. This book is about the sport of Disc Golf, but it also is about so much more than throwing a disc at a basket. For the passionate practitioner, Disc Golf becomes a meditation, and practicing not only has the potential to make us better players, but better people as we begin to focus on what we are doing on the course that is working or not working versus what we are doing at home or in the office. "Zen and the Art of Disc Golf" is about becoming the best players we can be and in turn becoming the best possible version of ourselves through cultivation of attitude, focus, determination, and mental strength. It is about mastering the mind, body, and spirit in such a way that we score better and live better. Inside this book you will learn: -What Disc Golf can teach us about life and success -The secret formula for success on and off the course. -How to create the proper

attitude and focus to become better Disc Golfers and in turn live better lives. -How visualization improves our game and our lives. -Who you need to be playing with on the course. -How to hit more chains and less trees. -How to take yourself off autopilot and elevate your scores and your game. -The 3 sides of Disc Golf and how to balance them. Most importantly, after reading this book you will walk away ready to Ace holes and Ace life. Disc Golf is life. Life is good.

Instinct Putting is one of the most extraordinary golf instructional books to come along in my lifetime. In a radical break from conventional wisdom, it brings a whole new paradigm on the art and science of putting. -- Carol Mann, LPGA Tour (1961-81), Member of the LPGA and World Golf Hall of Fame. A scientifically proven approach sure to cut strokes on the putting green by tapping the power of intuition. The Instinct Putting method relies on the brain's built-in ability to perform incredible tasks through unconscious information processing, rather than through active thought. Through crystal clear instruction and gorgeous illustrations, the authors explain how to retrain your putting protocol with uncomplicated steps and easy-to-follow drills. From setup to follow-through, this book puts the keys to precision putting into your hands. A revolutionary new method that is based on cutting-edge research, Instinct Putting promises to end frustration on the green.

Preferred Lies

Instinct Putting Revisited

An Extraordinary Journey Through Hilton Head Island & Savannah

Trusting Your Mind & Your Short Game to Achieve Greatness

Breaking Down the One-plane Swing and the Two-Plane Swing and Finding the One That's Right for You

The Slight Edge

Golf Digest's Ultimate Drill Book

Ben Crenshaw is one of the finest professional golfers of the modern era, inner of two US Masters among nineteen PGA tournaments, and member of four Ryder Cup teams, twice on the winning side. But perhaps his supreme achievement was to captain the 1999 American Ryder Cup side to victory for the first time in six years, after an astonishing last-day fightback in controversial circumstances. The Europe captain. Mark James, has already published the bestselling *Into the Bear Pit*: now it's Crenshaw's turn. In his thrilling inside account of one of the most remarkable golfing contests ever, Crenshaw counters the well-worn European allegations of bad sportsmanship after the Americans' hysterical scenes on the 17th green with his own outspoken criticisms of the Europeans for unacceptably slow play. But *A Feeling for the Game* is much more: the story of a man's lifetime in golf, over forty years from taking up his first hickory-shafted putter as a boy back in Texas, to his second US Masters win in 1995, when already well into his forties, on the idyllic Augusta National course whose splendour he eloquently describes.;

A Novel