

Example Of Diary Journal

Record your dreams, make grand plans, and discover your true self as you journal within the pages of this elegant journal. Lightly-lined writing pages provide plenty of space for personal reflection, sketching, making lists, or jotting down quotations or poems. Acid-free archival paper takes pen beautifully. Journal cover is a reproduction of a 19th-century gold-tooled binding of a volume of poems by Dante Gabriel Rossetti, who wrote, "Bless love and hope, true soul; for we are here." Sophisticated design is embellished with delicate gold foil tracery. Raised embossing lends dimension. A gold satin ribbon bookmark marks your place. Gilded-gold page edging is a classic touch. Journal measures 6-1/4 inches wide by 8-1/4 inches high. 160 pages.

When nomad artist and free spirit Dan Price began jotting down his musings in the form of whimsical drawings and inspired prose, he hardly could have imagined that his self-published journal-zine, the MOONLIGHT CHRONICLES, would earn him a cult following across the country. Now in its twentieth edition, the MOONLIGHT CHRONICLES has brought Dan’s creed of “truth, beauty, and really big sabbaticals from the convention of life” to thousands across the country!With such a following, Dan figured it was time to collect his offbeat observations into book form in hopes of inspiring other would-be journal writers to take pen, camera, and brush in hand. As Dan is fond of noting “Seems there’s tons of empty journal books, but not too many on how to fill ‘em up!” In HOW TO MAKE A JOURNAL, Dan answers the call, teaching readers how to tap into those pent-up creative juices and collect their life experiences on paper.

*The #1 New York Times bestseller. Over 4 million copies sold! Tiny Changes, Remarkable Results No matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world’s leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you’re having trouble changing your habits, the problem isn’t you. The problem is your system. Bad habits repeat themselves again and again not because you don’t want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you’ll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to:
• make time for new habits (even when life gets crazy);
• overcome a lack of motivation and willpower;
• design your environment to make success easier;
• get back on track when you fall off course;
...and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.*

This women's diary journal is 7x10 inches with 150 pages for you to date and write your deepest thoughts, feelings, memories, emotions, poetry etc. It is the time to reflect on your best moments to perhaps even your not so greatest moments and vent. A diary is a great way to know what is going on inside you. there is no better way to get to know your true self and heal, than to write down your very thoughts emotions and feelings. Did you also know that writingt down what you appreciated about your day will help you be more grateful, which in turn will automatically bring more joy into your world? You are working on your soul and getting to know yourself every time your pen touches the paper.

A Year in the Life of a Shattered Rock Star

The Heroin Diaries

Christmas Notebook

My Liverpool Romance

Large Notebook/Diary/Journal for Writing 100 Pages, Marshmello Gift for Fans

Alia

What Would Michelle Obama Do?

How to Make a Journal of Your Life

******* CLICK THE AUTHOR NAME "SILVA JOURNALS" FOR MORE NAMES ***** Be prepared and keep yourself organized for anything with this stylish Journal! The perfect companion to write about your life experiences. This name customized journal provides the ideal way to stay organized. A special place to record daily events, record small wins, arm yourself with words of wisdom and capturing brilliant ideas. It’s also a popular tool for documenting your daily life. This matte finished journal comes complete with over 100 pages (approx. 52 sheets) . It has a flexible lightweight paperback cover, which makes it lighter and easier to carry around, and comes complete with a cool & trendy colorful cover. Dimensions: 6 x 9 giving plenty of writing space to prepare for each day ahead. This Journal is perfect to help: Keep on top of tasks & activities Stay organized with planning Keep track of personal health & medications Noting down things you want to do or read Documenting Life Noting down ideas for blog writing or other forms of writing And so much more... Time to take the stress out of your life and become more organized. Set yourself up for success to help you reach your goals and aspirations with this cute journal. Please note that this product does not contain real gold or real marble. The rose gold text & marble background is an ink-printed design graphic for effects only. Order yours now!**

Writing Journal: Big Ben. 6 x 9 personal notebook journal diary. Journal has 140 blank pages and is thin lined, wide ruled. Great for use as a journal, notebook, diary, field notes, travel logs, random thoughts and ideas, spiritual experiences, dates, appointments and more. Makes a great gift! Vintage Monogram Notebook This is a lined writing journal that's perfect to use every day. The smooth glossy black cover features an Art Nouveau faux multi colored foiled letter W. Inside, there is room for writing notes, stories, and ideas. It can be used as a notebook, journal, diary, or composition book. This paperback composition book is 6" x 9" and fits perfectly into a purse or backpack. There are 140 medium-ruled pages (70 sheets) . Notebooks and journals are perfect gifts for holidays, graduations and celebrations.

THE DEFINITIVE EDITION • *Discovered in the attic in which she spent the last years of her life, Anne Frank’s remarkable diary has since become a world classic—a powerful reminder of the horrors of war and an eloquent testament to the human spirit. Updated for the 75th Anniversary of the Diary’s first publication with a new introduction by Nobel Prize-winner Nadia Murad “The single most compelling personal account of the Holocaust . . . remains astonishing and excruciating.”—The New York Times Book Review In 1942, with Nazis occupying Holland, a thirteen-year-old Jewish girl and her family fled their home in Amsterdam and went into hiding. For the next two years, until their whereabouts were betrayed to the Gestapo, they and another family lived cloistered in the “Secret Annex” of an old office building. Cut off from the outside world, they faced hunger, boredom, the constant cruelties of living in confined quarters, and the ever-present threat of discovery and death. In her diary Anne Frank recorded vivid impressions of her experiences during this period. By turns thoughtful, moving, and amusing, her account offers a fascinating commentary on human courage and frailty and a compelling self-portrait of a sensitive and spirited young woman whose promise was tragically cut short.*

Daily Diary / Journal / Notebook to Write In, for Creative Writing, for Creating Lists, for Scheduling, Organizing and Recording Your Thoughts.

Journal with Purpose

Large Notebook/Diary/Journal for Writing 100 Pages, Fun Gigi Gift for Grandma, Women and Girls

What Would Halsey Do?

This Cute Mermaid Is 8

Cute Notebook Diary Journal

Writing Journal for Women; Free Gift Inside

What Would Norah Jones Do?

Notebook by Kensington Press. Perfect for writing notes, letters and journaling. High quality white lined paperback. 100 pages per book. Size A4 approximately (8.5" x 11"). Finished in a stunning glossy cover to protect against marks.

Vintage Monogram Notebook This is a lined writing journal that’s perfect to use every day. The smooth glossy black cover features a Celtic faux multi color foiled letter M with a throne. Inside, there is room for writing notes, stories, and ideas. It can be used as a notebook, journal, diary, or composition book. This paperback composition book is 6” x 9” and fits perfectly into a purse or backpack. There are 140 medium-ruled pages (70 sheets). Notebooks and journals are perfect gifts for holidays, graduations and celebrations.

Notebook by Kensington Press. Perfect for writing notes, letters and journaling. Ideal gift for birthdays, mother’s day & Christmas. High quality white lined paperback 100 pages per book. Size A4 approximately (8.5" x 11"). Finished in a stunning glossy cover to protect against marks.

Daily Diary / journal / notebook to write in, for creative writing, for creating lists, for Scheduling, Organizing and Recording your thoughts. Makes an excellent gift for any special person in your life. Perfectly sized at 6 x 9 100 pages Softcover bookbinding Flexible Paperback

Calden

The Art and Craft of Writing a Creative Journal

An Easy & Proven Way to Build Good Habits & Break Bad Ones

Nathalie

Gilded Rosettes Journal

A Five-Year Journal

How to Use a Journal for Self Guidance and Expanded Creativity

What Would GiGi Do?

Anyone who’s ever lost sleep over an unreturned phone call or the neighbor’s Lexus had better read Alain de Botton’s irresistibly clear-headed new book, immediately. For in its pages, a master explicator of our civilization and its discontents turns his attention to the insatiable quest for status, a quest that has less to do with material comfort than with love. To demonstrate his thesis, de Botton ranges through Western history and thought from St. Augustine to Andrew Carnegie and Machiavelli to Anthony Robbins. Whether it’s assessing the class-consciousness of Christianity or the convulsions of consumer capitalism, dueling or home-furnishing, Status Anxiety is infallibly entertaining. And when it examines the virtues of informed misanthropy, art appreciation, or walking a lobster on a leash, it is not only wise but helpful.

The Heroin DiariesA Year in the Life of a Shattered Rock StarSimon and Schuster

Describes techniques and exercises for creating a journal, and shares the rewards that keeping a journal can bring

160 lined pages. 6.25" wide x 8.25" high. Wire-o bound hardcover. Elastic band place-holder. Acid-free, archival paper. Foil stamping and rounded corners. Cover quote: The roots of wisdom feed the tree of knowledge.

Deluxe Edition

Celtic Initial M - Multi Color on Black - Lined Diary / Journal

Journal Diary | Personalized First Name Personal Writing | Letter C Initial Custom Black Galaxy Universe Stars Silver Effect Cover | Daily Diaries for Journalists and Writers | Journaling and Note Taking | Write about Your Life and Interests

Journal Buddies

Klopp

Journal Diary - Personalized First Name Personal Writing - Letter a White Marble Rose Gold Pink Effect Cover - Daily Diaries for Journalists & Writers - Journaling & Note Taking - Write about Your Life & Interests

Journal Diary | Personalized First Name Personal Writing | Letter Q Initial Custom Black Galaxy Universe Stars Silver Effect Cover | Daily Diaries for Journalists and Writers | Journaling and Note Taking | Write about Your Life and Interests

Atomic Habits

100 page lined journal (college-ruled) : Dark Aesthetic Journal : 5x8 size journal

Journal with Purpose is the ultimate reference for journaling, packed with over 1000 motifs that you can use to decorate and enhance your bullet or dot journal pages. Copy or trace direct from the page, or follow one of the quick exercises to improve your skills. Featuring all the journal elements you could wish for – banners, arrows, dividers, scrolls, icons, borders and alphabets – this amazing value book will be a constant source of inspiration for journaling and an 'instant fix' for people who find the more artistic side of journaling a challenge.

NAMED A BOOK OF THE YEAR BY THE ECONOMIST AND ONE OF THE BEST BOOKS OF 2021 BY THE TIMES AND THE SUNDAY TIMES "Irreversible Damage . . . has caused a storm. Abigail Shrier, a Wall Street Journal writer, does something simple yet devastating: she rigorously lays out the facts." —Janice Turner, The Times of London Until just a few years ago, gender dysphoria—severe discomfort in one’s biological sex—was vanishingly rare. It was typically found in less than .01 percent of the population, emerged in early childhood, and afflicted males almost exclusively. But today whole groups of female friends in colleges, high schools, and even middle schools across the country are coming out as “transgender.” These are girls who had never experienced any discomfort in their biological sex until they heard a coming-out story from a speaker at a school assembly or discovered the internet community of trans “influencers.” Unsuspecting parents are awakening to find their daughters in thrall to hip trans YouTube stars and “gender-affirming” educators and therapists who push life-changing interventions on young girls—including medically unnecessary double mastectomies and puberty blockers that can cause permanent infertility. Abigail Shrier, a writer for the Wall Street Journal, has dug deep into the trans epidemic, talking to the girls, their agonized parents, and the counselors and doctors who enable gender transitions, as well as to “detransitioners”—young women who bitterly regret what they have done to themselves. Coming out as transgender immediately boosts these girls’ social status, Shrier finds, but once they take the first steps of transition, it is not easy to walk back. She offers urgently needed advice about how parents can protect their daughters. A generation of girls is at risk. Abigail Shrier’s essential book will help you understand what the trans craze is and how you can inoculate your child against it—or how to retrieve her from this dangerous path.

From the team that brought you The Obstacle Is the Way and Ego Is the Enemy, a beautiful daily devotional of Stoic meditations—an instant Wall Street Journal and USA Today Bestseller. Why have history’s greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today’s top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. The Daily Stoic offers 366 days of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you’ll find one of their pithy, powerful quotations, as well as historical anecdotes, provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you’ll find the serenity, self-knowledge, and resilience you need to live well.

Journals and Diaries.

Mama Bird

Irreversible Damage

Dear Diary

Blank Lined Notebook: 6x9 Crazy Funny Face Writing Journal - 110 Blank Pages - Plain White Paper - Soft Cover Book

Art Nouveau Initial W - Multi Color on Black - Lined Diary / Journal

366 Meditations on Wisdom, Perseverance, and the Art of Living

A simple journal that offers one question per day, to be answered on the same day for five years in a row. The questions range from the prosaic ("What did you have for lunch today?") to the contemplative ("Can people really change?"), giving readers a comprehensive look back at their thoughts and feelings over a five-year span. For anybody who has ever given up journaling after being intimidated when facing a blank page, this book makes it easy to take a snapshot of your inner life in just a few minutes each day. The beauty of this journal is that it enables readers to track their emotional growth as well as keep track of memories, and provides an interesting walk down memory lane a few years later. The simple one-question prompts make this book to journaling as adult coloring books are to art - a gateway product with built-in creative inspiration. The specially-sized package features a printed flexi-bound cover, four-color endpapers, quality paper, and bookmark ribbon.

Awesome Composition Notebook Journal for Journaling, School Note Taking & Diary Entry Writing. This unique journal provides the ideal way to stay organized, record your progress either at school and reinforce your lessons. A special place to note life experiences, highlights and goals, this book offers families a keepsake treasure. Great for taking documenting daily life, journal writing and essays. This matte finished notebook has 120 pages (60 sheets) of college-ruled paper, and has a flexible paperback cover in a cool, trendy design. Dimensions: 7.44 " x 9.69" giving plenty of writing space to immerse yourself in their own writing and creativity. This journal will become an awesome childhood memory keepsake book that you can cherish forever. This notebook for adults and kids allows you to foster your imagination while making it fun. This Blank Composition Notebook makes the perfect: Busy Book For Kids While Travelling Journal Writing & Essays Diary Writing Note taking whilst in class Creative tool to help foster your child’s imagination Back To School Fun Birthday and Christmas Gifts For Kids Let’s get kids off the video games and back into draw comics. Grab a copy for your kid or as give this as the perfect gift today!

******* CLICK THE AUTHOR NAME "ROSEWORLD JOURNALS" FOR MORE NAMES ******* Be prepared and keep yourself organized for anything with this stylish Journal! The perfect companion to write about your life experiences. This name customized journal provides the ideal way to stay organized. A special place to record daily events, record small wins, arm yourself with words of wisdom and capturing brilliant ideas. It s also a popular tool for documenting your daily life. This matte finished journal comes complete with over 100 pages (approx. 52 sheets). It has a flexible lightweight paperback cover, which makes it lighter and easier to carry around, and comes complete with a cool & trendy colorful cover. Dimensions: 6 x 9 giving plenty of writing space to prepare for each day ahead. This Journal is perfect to help: Keep on top of tasks & activities Stay organized with planning Keep track of personal health & medications Noting down things you want to do or read Documenting Life Noting down ideas for blog writing or other forms of writing And so

much more... Time to take the stress out of your life and become more organized. Set yourself up for success to help you reach your goals and aspirations with this cute journal. Please note that this product does not contain real gold or real marble. The rose gold text & marble background is an ink-printed design graphic for effects only. Order yours now! Featuring an original introduction by Oprah Winfrey, this beautiful journal is destined to become a trusted companion as you reflect on your own life ' s journey. " The most valuable gift you can give yourself is the time to nurture the unique spirit that is you. " —Oprah Winfrey Oprah Winfrey has been keeping journals since she was fifteen years old. She has long considered the act of writing down her most personal experiences and giving thanks at the end of the day to be a form of therapy. For Oprah, journaling is a life-long, spiritual practice inspiring some of her most powerful aha moments and offering insight into her own evolution. The Wisdom Journal features an exclusive introduction by Oprah and showcases the hand-picked quotations from the world renowned thought-leaders who have enlightened and her throughout the years. Destined to become a trusted companion and beloved keepsake, recording your own life ' s journey, The Wisdom Journal will prompt you to express all that you hold within your heart and to discover what it means to actualize the truest expression of yourself.

Quinton
One Question a Day
140 Page 6x9 Notebook Journal Diary
Notebook
The Wisdom Journal
What Would Marshmello Do?
Women's Diary Journal

Over 1000 motifs, alphabets and icons to personalize your bullet or dot journal
'*Immensely readable*' Hannah Jane Parkinson, *OBSERVER* 'Informative and emotive' **THIS IS ANFIELD** *As featured in the Guardian's Biggest Books of Autumn 2020* In the first book by a British writer about this extraordinary football manager, lifelong Liverpool fan Anthony Quinn has crafted a uniquely revealing love-letter to Jürgen Klopp. In early March 2020 Liverpool were two wins away from an extraordinary achievement, on course for their first league title win in 30 years - since the heads days of Kenny Dalglish - and likely to seal it in the Liverpool derby against their great rivals Everton. And all this an incredible two months before the season was due to end. Then, as we all know, the season was postponed. The architect of the club's great resurgence - including their 2019 UEFA Champions League win - has been Jürgen Klopp. In his personal love-letter to the man, Anthony Quinn, journalist, novelist and life-long Liverpool fan, has written an inspiring and affectionate portrait of the incredible German manager, who came to Liverpool in late 2015, with a growing reputation from his successes at Borussia Dortmund. Closely following the three month break, as well as the club's title-clinching return, Quinn offers a uniquely revealing and personal take on this long-awaited triumph.

Elegantly repackaged, *The Morning Pages Journal* is one of *The Artist's Way's* most effective tools for cultivating creativity, personal growth, and change. Now more compact and featuring spiral binding to make for easier use, these *Morning Pages* invite you to do three pages daily of longhand writing, strictly stream-of-consciousness, which provoke, clarify, comfort, cajole, prioritize, and synchronize the day at hand. This daily writing, coupled with the twelve-week program outlined in *The Artist's Way*, will help you discover and recover your personal creativity, artistic confidence, and productivity. *The Artist's Way Morning Pages Journal* includes an introduction by Julia Cameron, complete instructions on how to use the *Morning Pages* and benefit fully from their daily use, and inspiring quotations that will guide you through the process. Beautifully illustrated on this 6x9" high-quality, soft matte cover funny face journals to putting a smile on your face as you go through your day. Filled with 110 lined pages, this blank lined journal notebook is perfect for writers, artists, students and note takers for use at school, home or work. *Blank Lined Journals* are perfect for: *Diary Doodle Diaries Travel Journals Artist Journal Brainstorming Note Taking Stocking Stuffers & Gift Baskets Christmas Gift Birthday Gifts Graduation & End of School Year Gifts Teacher Gifts Study Note Journals & so much more.... Write, Note Take,Doodle the Choice Is Yours!* Set against the frenzied world of heavy metal superstardom, the co-founder of legendary Motley Crue offers an unflinching and gripping look at his own descent into drug addiction. When Motley Crue were at the height of their fame, there wasn't a drug Nikki Sixx wouldn't do. He spent days - sometimes alone, sometimes with others addicts, friends and lovers - in a coke- and heroin-fuelled daze. *THE HEROIN DIARIES* reveals Nikki's personal diary entries alongside commentary from the people who know Nikki best including band mates Tommy, Vince and Mick. The book is a candid look at a nightmare come true: a punishing heroin addiction that brought Nikki to the edge of losing his talent, his career, his family and finally to a near-fatal overdose which left him clinically dead for a few minutes before being revived. Brutally honest, utterly riveting and shockingly moving, *THE HEROIN DIARIES* follows Nikki during the year he plunged to rock bottom and his courageous decision to pick himself up and start living again.

Tree of Life Journal
Large Notebook/Diary/Journal for Writing 100 Pages, Michelle Obama Gift for Fans
Aesthetic Journal
Writing Journal Big Ben
The Transgender Craze Seducing Our Daughters

Journal Diary - Personalized First Name Personal Writing - Letter P White Marble Rose Gold Pink Effect Cover - Daily Diaries for Journalists & Writers - Journaling & Note Taking - Write about Your Life & Interests
Journal Diary - Personalized First Name Personal Writing - Letter N White Marble Rose Gold Pink Effect Cover - Daily Diaries for Journalists & Writers - Journaling & Note Taking - Write about Your Life & Interests
Journal - 8th Birthday Candle Personal Writing Diary for Eight Year Old Girl - Journaling for Journalists & Writers for Note Taking & Daily Entries - Write about Your Life Experiences & Interests

***** CLICK THE AUTHOR NAME "EXP PUBLICATIONS" FOR MORE JOURNALS & DIARIES ***** Be prepared and keep yourself organized for anything with this stylish Journal! The perfect companion to write about your life experiences. This dairy provides the ideal way to stay organized. A special place to record daily events, record small wins, arm yourself with words of wisdom and capturing brilliant ideas. Its also a popular tool for documenting your daily life. This matte finished Journal comes complete with over 100 Pages (52 sheets). It has a flexible lightweight paperback cover, which makes it lighter and easier to carry around, and comes complete with a cool & trendy colorful cover. Dimensions: 6 x 9 giving plenty of writing space to prepare for each day ahead. This Journal is perfect to help: Keep on top of tasks & activities Stay organized with planning Keep track of personal health & medications Noting down things you want to do or read Documenting Life Noting down ideas for blog writing or other forms of writing And so much more... Time to take the stress out of your life and become more organized. Set yourself up for success to help you reach your goals and aspirations with this cute journal. Order yours now!

***** CLICK THE AUTHOR NAME "MYDIARY PUBLICATIONS" FOR MORE NAMES ***** Be prepared and keep yourself organized for anything with this stylish Journal! The perfect companion to write about your life experiences. This name customized journal provides the ideal way to stay organized. A special place to record daily events, record small wins, arm yourself with words of wisdom and capturing brilliant ideas. Its also a popular tool for documenting your daily life. This matte finished journal comes complete with over 100 pages (approx. 52 sheets). It has a flexible lightweight paperback cover, which makes it lighter and easier to carry around, and comes complete with a cool & trendy colorful cover. Dimensions: 6 x 9 giving plenty of writing space to prepare for each day ahead. This Journal is perfect to help: Keep on top of tasks & activities Stay organized with planning Keep track of personal health & medications Noting down things you want to do or read Documenting Life Noting down ideas for blog writing or other forms of writing And so much more... Time to take the stress out of your life and become more organized. Set yourself up for success to help you reach your goals and aspirations with this cute journal. Please note that this product does not contain real gold or real marble. The rose gold text & marble background is an ink-printed design graphic for effects only. Order yours now!

Simple but powerful, *Journal Buddies* is no ordinary journal. It is an invitation to experience a journaling adventure and to expand creativity and express feelings. It is an opportunity to strengthen self-esteem, build healthy relationships and create a positive outlook on life. It is a unique journal created with the help of important people in life, such as friends, parents, teachers, family members, etc.

This unit introduces journals and diaries, discusses three models, analyzes standards, and provides steps to writing in the genre. Includes classroom reproducibles.

Paisleigh
The New Diary
Walden
A Boy's Journal for Discovering and Sharing Excellence
The Artist's Way Morning Pages Journal
Ainsley

Large Notebook/Diary/Journal for Writing 100 Pages, Halsey Gift for Fans
Notebook Diary Journal Organizer Girls Youth and Kids: 90s Colors Retro Pink: Notes for Kindergarten, Elementary, Preschool, High School, University Math English Art Science: 7. 44 X 9. 69 College Ruled Lined Paper 120 Pages with 60 Sheets: Under 10 Dollars