

Environmental Psychology An Introduction

An international team of leading scholars explores the latest theories, research, and applications critical to environmental psychology. Featuring the latest research and concepts in the field straight from the world's leading scholars and practitioners, Handbook of Environmental Psychology provides a balanced and comprehensive overview of this rapidly growing field. Bringing together contributions from an international team of top researchers representing a myriad of disciplines, this groundbreaking resource provides you with a pluralistic approach to the field as an interdisciplinary effort with links to other disciplines. Addressing a variety of issues and practice settings, Handbook of Environmental Psychology is divided into five organized and accessible parts to provide a thorough overview of the theories, research, and applications at the forefront of environmental psychology today. Part I

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deals with sharpening theories; Part II links the subject to other disciplines; Part III focuses on methods; Part IV highlights applications; and Part V examines the future of the field.

*Defining the ongoing revolution in thinking about how the environment and psychology interact, Handbook of Environmental Psychology is must reading for anyone coping directly with the attitudes, beliefs, and behaviors that are destroying our environment and putting our lives in jeopardy. Topics include: * Healthy design * Restorative environments * Links to urban planning * Contaminated environments * Women's issues * Environments for aging * Climate, weather, and crime * The history and future of disaster research * Children's environments * Personal space in a digital age * Community planning*

This textbook introduces the reader to the new and emerging field of Conservation Psychology, which explores connections between the study of human behavior and the achievement of conservation goals. People are often cast as villains in the story of

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environmental degradation, seen primarily as a threat to healthy ecosystems and an obstacle to conservation. But humans are inseparable from natural ecosystems. Understanding how people think about, experience, and interact with nature is crucial for promoting environmental sustainability as well as human well-being. The book first summarizes theory and research on human cognitive, emotional, and behavioral responses to nature and goes on to review research on people's experience of nature in wild, managed, and urban settings. Finally, it examines ways to encourage conservation-oriented behavior at both individual and societal levels. Throughout, the authors integrate a wide body of published literature to demonstrate how and why psychology is relevant to promoting a more sustainable relationship between humans and nature.

Environmental Psychology: An Introduction offers a research-based introduction to the psychological relationship between humans and their built and natural environments and

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discusses how sustainable environments can be created to the benefit of both people and nature Explores the environment's effects on human wellbeing and behaviour, factors influencing environmental behaviour and ways of encouraging pro-environmental action Provides a state-of-the-art overview of recent developments in environmental psychology, with an emphasis on sustainability as a unifying principle for theory, research and interventions While focusing primarily on Europe and North America, also discusses environmental psychology in non-Western and developing countries Responds to a growing interest in the contribution of environmental psychologists to understanding and solving environmental problems and promoting the effects of environmental conditions on health and wellbeing Gratitude, like other positive emotions, has inspired many theological and philosophical writings, but it has inspired very little vigorous, empirical research. In an effort to remedy this oversight, this volume brings together prominent scientists

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from various disciplines to examine what has become known as the most-neglected emotion. The volume begins with the historical, philosophical, and theoretical foundations of gratitude, then presents the current research perspectives from social, personality, and developmental psychology, as well as from primatology, anthropology, and biology. The volume also includes a comprehensive, annotated bibliography of research on gratitude. This work contributes a great deal to the growing positive psychology initiative and to the scientific investigation of positive human emotions. It will be an invaluable resource for researchers and students in social, personality, and developmental, clinical, and health psychology, as well as to sociologists and cultural anthropologists.

*Encouraging Pro-Environmental Behaviour
Handbook of Environmental Psychology
and Quality of Life Research*

Green Organizations

*Biological, Cognitive, Developmental,
and Social Pathways to Well-being*

Positive Psychology

This textbook provides a clear and comprehensive

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introduction to the rapidly expanding field of environmental psychology. The authors start with a review of the history of environmental psychology, highlighting its interdisciplinary nature. They trace its roots in architecture, ecology and geography, and examine the continuing relationship of these subjects to the psychological tradition. The book then moves through key contemporary lines of research in the field, contrasting models from perception and cognition, such as those of Gibson and Brunswick, with major social psychological approaches as represented by Lewin, Barker and others. The book concludes with an analysis of the most promising areas of research and practice. This book is a landmark in showing how industrial-organizational psychology and related fields contribute to environmental sustainability in organizations. Industrial-organizational psychology embraces a scientist/practitioner model: evidence-based best practice to solve real-world issues. The contributors to this book are experts in science and practice, demonstrating the ways in which human-organization interactions can drive change to produce environmentally beneficial outcomes. Overall, the authors address cogent issues and provide specific examples of how industrial-organizational psychology can guide interventions that support and maintain environmentally sound practices in organizations. Green Organizations can be used as a general reference for researchers, in courses on sustainable business, corporate social responsibility,

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ethical management practices and social entrepreneurship. The book will provide an excellent overview for anyone interested in sustainability in organizations, and will serve as a valuable guide to industrial-organizational psychology and management professionals.

Psychology and Climate Change: Human Perceptions, Impacts, and Responses organizes and summarizes recent psychological research that relates to the issue of climate change. The book covers topics such as how people perceive and respond to climate change, how people understand and communicate about the issue, how it impacts individuals and communities, particularly vulnerable communities, and how individuals and communities can best prepare for and mitigate negative climate change impacts. It addresses the topic at multiple scales, from individuals to close social networks and communities. Further, it considers the role of social diversity in shaping vulnerability and reactions to climate change. Psychology and Climate Change describes the implications of psychological processes such as perceptions and motivations (e.g., risk perception, motivated cognition, denial), emotional responses, group identities, mental health and well-being, sense of place, and behavior (mitigation and adaptation). The book strives to engage diverse stakeholders, from multiple disciplines in addition to psychology, and at every level of decision making - individual, community, national, and international, to understand the ways in which human

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capabilities and tendencies can and should shape policy and action to address the urgent and very real issue of climate change. Examines the role of knowledge, norms, experience, and social context in climate change awareness and action Considers the role of identity threat, identity-based motivation, and belonging Presents a conceptual framework for classifying individual and household behavior Develops a model to explain environmentally sustainable behavior Draws on what we know about participation in collective action Describes ways to improve the effectiveness of climate change communication efforts Discusses the difference between acute climate change events and slowly-emerging changes on our mental health Addresses psychological stress and injury related to global climate change from an intersectional justice perspective Promotes individual and community resilience

This handbook brings together contributions from experts in environmental and/or conservation psychology to review the current state of research. In addition to summarizing current knowledge, it provides an understanding of the relationship between environmental and conservation psychology, and of the directions in which these interdependent areas of study are heading.

An Interdisciplinary Perspective

Environmental Psychology

Environmental Psychology and Human Well-Being

Effects of Built and Natural Settings

Introduction to Psychology

This book stimulates thinking on the topic of detrimental environmental change and how research psychologists can help to address the problem. In addition to reporting environmentally relevant psychological research, the author identifies the most pressing questions from an environmental point of view. Psychology and Environmental Change: *focuses on ways in which human behavior contributes to the problem; *deals with the assessment and change of attitudes and with studies of change of behavior; *proposes ways in which psychological research can contribute to making technology and its products more environmentally benign; and *introduces topics such as consumption, risk assessment, cost-benefit and tradeoff analyses, competition, negotiation, and policymaking, and how they relate to the objective of protecting the environment.

Covering the full spectrum of methodology, the timely and indispensable Research Methods for Environmental surveys the research and application methods for studying, changing, and improving human attitudes, behaviour and well-being in relation to the physical environment. The first new book covering research methods in environmental psychology in over 25 years. Brings the subject completely up-to-date with coverage of the latest methodology in the field The level of public concern over the impact of the environment on humans is high, making this

book timely and of real interest to a fast growing discipline Comprehensively surveys the research and application methods for studying, changing, and improving human attitudes, behavior, and well-being in relation to the physical

environment Robert Gifford is internationally recognised as one of the leading individuals in this field, and the contributors include many of the major leaders in the discipline

This book distils thirty years of research on the impacts of jail and prison environments. The research program began with evaluations of new jails that were created by the US Bureau of Prisons, which had a novel design intended to provide a non-traditional and safe environment for pre-trial inmates and documented the stunning success of these jails in reducing tension and violence. This book uses assessments of this new model as a basis for considering the nature of environment and behavior in correctional settings and more broadly in all human settings. It provides a critical review of research on jail environments and of specific issues critical to the way they are experienced and places them in historical and theoretical context. It presents a contextual model for the way environment influences the chance of violence.

This Handbook presents a broad overview of the current research carried out in environmental psychology which puts into perspective quality of

life and relationships with living spaces, and shows how this original analytical framework can be used to understand different environmental and societal issues. Adopting an original approach, this Handbook focuses on the links with other specialties in psychology, especially social and health psychology, together with other disciplines such as geography, architecture, sociology, anthropology, urbanism and engineering. Faced with the problems of society which involve the quality of life of individuals and communities, it is fundamental to consider the relationships an individual has with his different living spaces. This issue of the links between quality of life and environment is becoming increasingly significant with, at a local level, problems resulting from different types of annoyances, such as pollution and noise, while, at a global level, there is the central question of climate change with its harmful consequences for humans and the planet. How can the impact on well-being of environmental nuisances and threats (for example, natural risks, pollution, and noise) be reduced? How can the quality of life within daily living spaces (home, cities, work environments) be improved? Why is it important to understand the psychological issues of our relationship with the global environment (climatic warming, ecological behaviours)? This Handbook is intended not only for students of various disciplines (geography, architecture,

psychology, town planning, etc.) but also for social decision-makers and players who will find in it both theoretical and methodological perspectives, so that psychological and environmental dimensions can be better taken into account in their working practices.

The Oxford Handbook of Environmental and Conservation Psychology

The Psychology of Environmental Problems

Psychology and Climate Change

The Basics

An Introduction to Critical Social Psychology

The Environment Had To Be Dealt With In Simple, Objective, And Verifiable Terms, A Matter That To A Large Degree Was Already Being Taken Care Of By The Physic Al And Natural Sciences.Of Late, Environmental Psychology Gained The Status Of A Distinct Branch Of Study. This Book Compiles Useful Material, Gathered From Various Authoritative Sources, As Introductory Text In The Field. Experiences Gained From Experts From Various Corners Are Highlighted. The Entire Information Is Grouped Under The Following Chapters: Introduction; Environmental Psychology: Research Methods And Approaches; Perception On Environment; Environment And Young Children; Man And Environment; Role Of Environment In Individual Development; Map Reading; Environment And Social Interaction; Etc.It Is Hoped That This Book Will Prove Informative And Useful To Academics As Well As Laymen.

Environmental psychology is an increasingly important area of research, focusing on the individual and social factors responsible for many critical human responses to the physical environment. With such rapid and widespread growth, the main theoretical strands have often been left unclear and their scientific and practical implications have been underdeveloped. This essential and

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stimulating book contextualizes and critically analyzes the main theoretical ideas. It compares the different theories, assessing each one's possibilities and limitations, and demonstrates how each approach has been used for the development of knowledge of environmental psychology. The research area infiltrates a broad selection of disciplines, including psychology, architecture, planning, geography, sociology, environmental issues, economics and law. It also offers significant contributions to a wide range of policy evaluations. It will prove invaluable to academics and practitioners from across these disciplines, above all those in planning, environmental studies, human geography and psychology. Since its inception, the Journal of Environmental Psychology has demonstrated its pre-eminence through publishing original, innovative papers. By bringing them together in one volume, ready access has been provided to the first-hand accounts of a range of explorations that are central to the growth and development of environmental psychology itself. This collection of papers from the journal provides a convenient, first-hand account of the studies that environmental psychologists have conducted in clearing the ground for explorations of the experience of landscapes. It encapsulates the actual studies that form the basis of this rapidly growing area of environmental psychology, thus providing new students and experienced researchers with direct examples of the actual studies that have been conducted. For psychologists schooled in laboratory research the natural landscape may seem to be the last frontier that still has to be conquered. But many other disciplines have been at home in these wilder regions for a number of years. Those geographers, landscape architects, biological ecologists, and others will find the present volume a helpful introduction to the opening stages of psychological forays into areas that they may possibly consider their own inviolable domain. The initial papers in a new area of study are often crucial to the development of that field. By bringing the original papers together in one volume it is possible to gain a detailed awareness of the contributions these studies are

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making to our understanding of the human significance of nature. This volume is comprised of contributions to the 67th Nebraska Symposium on Motivation, which brought together various research disciplines such as psychology, education, health sciences, natural resources, environmental studies to investigate the ways in which nature influences cognition, health, human behavior, and well-being. The symposium is positioned to explore two proposed mechanisms in the most depth: 1) the psycho-evolutionary theory of stress recovery and 2) Attention Restoration Theory. The contributions in the volume represent research guided by both of these posited mechanisms, rigorously examine these theories and processes, and share methodological innovations that can be utilized across programs of research. This volume will be of great interest to researchers on natural environments, practitioners and clinicians working with an environmental lens at the intersection of psychology, social work, education and the health sciences, as well as researchers and students in environmental and conservation psychology. Chapter 5 is available open access under a Creative Commons Attribution 4.0 International License via link.springer.com.

Environmental Stress

The Psychology of Pro-Environmental Communication

Person-Environment Psychology

Psychological Theories for Environmental Issues

4th Edition

A revision of Winter's Ecological Psychology (1996), this book applies psychological theory and research to environmental problems. After outlining current environmental difficulties, the authors demonstrate how 6 major approaches in psychology (social psychological, psychoanalytic, behavioral, physiological, cognitive, and holistic) can be applied

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to environmental problems. The authors demonstrate why it is critical to address environmental threats now, and offer ideas on how psychological principles can contribute to building a sustainable culture. Personal examples engage the reader and provide suggestions for changing behavior and political structures. Reorganized and updated throughout, the second edition features a new chapter on neuropsychological and health issues and a list of key concepts in each chapter. Cartoons and humorous analogies add a light touch to the book's serious message. Written for psychology and environmental studies students, the book is an excellent teaching tool in courses on environmental, conservation, or ecological issues, found in departments of psychology, sociology, environmental science, and biology. It will also appeal to anyone interested in psychology's potential contributions to mounting ecological difficulties. This book provides an accessible and balanced introduction to positive psychology scholarship and its applications, incorporating an overview of the development of positive psychology. *Positive Psychology: The Basics* delineates positive psychology's journey as a discipline, takes stock of its achievements and provides an updated overview of its core topics, exploring the theory, research and interventions in each. Launched as a rebellious discipline just over two decades ago, positive

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psychology challenged the emphasis of applied psychology on disease and dysfunction and offered a new, more balanced perspective on human life. From its foundations in the late 20th century to recent "second-wave" theories around the importance of recognizing negative emotions, this compact overview covers the key ideas and principles, from research around emotional wellbeing, optimism and change, to posttraumatic growth and positive relationships. The first jargon-free introduction to the subject, Hart introduces the reader to a range of issues, including self-regulation and flow, character strengths and virtues and positive relationships, concluding with a chapter on how interventions can affect happiness and wellbeing. Positive Psychology: The Basics is an essential resource for students, practitioners, academics and anyone who is interested in understanding the essence of a life well lived.

What is critical social psychology? In what ways can social psychology be progressive or radical? How can it be involved in political critique and reconstruction? Is social psychology itself the problem? Critical social psychology offers a confusing array of diverse answers to these questions. This book cuts through the confusion by revealing the very different assumptions at work in this fast growing field. A critical approach depends on a range of often-implicit theories of society,

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knowledge, as well as the subject. This book will show the crucial role of these theories for directing critique at different parts of society, suggesting alternative ways of doing research, and effecting social change. It includes chapters fr
Demonstrating that all notions of nature are inextricably entangled in different forms of social life, the text elaborates the many ways in which the apparently natural world has been produced from within particular social practices. These are analyzed in terms of different senses, different times and the production of distinct spaces, including the local, the national and the global. The authors emphasize the importance of cultural understandings of the physical world, highlighting the ways in which these have been routinely misunderstood by academic and policy discourses. They show that popular conceptions of, and attitudes to, nature are often contradictory and that there are no simple ways of prevailing upon people to`

Human Perceptions, Impacts, and Responses
An Introduction

Environmental Psychology for Design: Bundle Book + Studio Access Card

Driving Change with I-O Psychology

Research Methods for Environmental Psychology

The updated edition of the essential guide to environmental psychology Thoroughly revised and updated, the second edition, Environmental Psychology:

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An Introduction offers an overview of the interplay between humans and their environments. The text examines the influence of the environment on human experiences, behaviour and well-being and explores the factors influencing environmental behaviour, and ways to encourage pro-environmental behaviour. The revised edition is a state-of-the art review of relevant theories and research on each of these topics. With contributions from an international panel of noted experts, the text addresses a wealth of topics including the main research methods in environmental psychology; effects of environmental stress; emotional impacts and meanings of natural environment experience; aesthetic appraisals of architecture; how to measure environmental behaviour; cognitive, emotional and social factors explaining environmental behaviour; effects and acceptability of strategies to promote pro-environmental factors; and much more. This important book: Discusses the environmental factors that threaten and promote human wellbeing Explores a wide range of factors influencing actions that affect environmental conditions Discusses the effects and acceptability of approaches that aim to encourage pro-environmental behavior Presents research results conducted in different regions in the world Contains contributions from noted experts Written for scholars and practitioners in the field, the revised edition of Environmental Psychology offers a comprehensive review of the most recent research available in environmental psychology.

This book provides a complete overview of motivation and emotion. Well-grounded in the history of the field, the fourth edition of Motivation: Biological, Psychological, and Environmental combines classic studies with current research. The text provides an

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overarching organizational scheme of how motivation (the inducement of action, feelings, and thought) leads to behavior from physiological, psychological, and environmental sources. The material draws on topics that are familiar to students while maintaining a conversational tone to sustain student interest.

Encouraging Pro-Environmental Behavior: What Works, What Doesn't, and Why examines the main drivers of human behavior related to environmental sustainability and how we can encourage environmental behavior change in humans. The book explores the underlying barriers and enablers of environmental behavior and outlines key theoretical advances from psychology to improve understanding. It then uses theory-based research in the development of behavior change interventions to critically evaluate empirical evidence on the effectiveness of those interventions. This book will help inform and improve the success of behavior change initiatives to mitigate climate change. Explores what influences behavior: who conserves and why Includes both theory and practice Focuses on water and energy use, food choice and travel behavior Identifies impacts of incentives and interventions

The Handbook of Interior Architecture and Design offers a compelling collection of original essays that seek to examine the shifting role of interior architecture and interior design, and their importance and meaning within the contemporary world. Interior architecture and interior design are disciplines that span a complexity of ideas, ranging from human behaviour and anthropology to history and the technology of the future. Approaches to designing the interior are in a constant state of flux, reflecting and adapting to the changing systems of history, culture and politics. It is this process that allows

interior design to be used as evidence for identifying patterns of consumption, gender, identity and social issues. The Handbook of Interior Architecture and Design provides a pioneering overview of the ideas and arrangements within the two disciplines that make them such important platforms from which to study the way humans interact with the space around them. Covering a wide range of thought and research, the book enables the reader to investigate fully the changing face of interior architecture and interior design, while offering questions about their future trajectory.

Landscape Perception

The Green Book

The Psychology of Gratitude

Creating Humane Spaces in Secure Settings

Beyond Standard Information Strategies

Depth Psychology and Climate Change offers a sensitive and insightful look at how ideas from depth psychology can move us beyond psychological overwhelm when facing the ecological disaster of climate change and its denial. Integrating ideas from disciplines including anthropology, politics, spirituality, mythology and philosophy, contributors consider how climate change affects psychological well-being and how we can place hope and radical uncertainty alongside rage and despair. The book explores symbols of transformation, myths and futures; and is structured to encourage regular reflection. Each contributor brings their own perspective – green politics, change and loss, climate change denial, consumerism and our connection to nature –

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suggesting responses to mental suffering arising from an unstable and uncertain international outlook. They examine how subsequent changes in consciousness can develop. This book will be essential reading for analytical psychologists, Jungian analysts and psychotherapists, as well as academics and students of Jungian and post-Jungian studies. It will also be of great interest to academics and students of the politics and policy of climate change, anthropology, myth and symbolism and ecopsychology, and to anyone seeking a new perspective on the climate emergency.

The far right is back with a vengeance. After several decades at the political margins, far-right politics has again taken center stage. Three of the world's largest democracies – Brazil, India, and the United States – now have a radical right leader, while far-right parties continue to increase their profile and support within Europe. In this timely book, leading global expert on political extremism Cas Mudde provides a concise overview of the fourth wave of postwar far-right politics, exploring its history, ideology, organization, causes, and consequences, as well as the responses available to civil society, party, and state actors to challenge its ideas and influence. What defines this current far-right renaissance, Mudde argues, is its mainstreaming and normalization within the contemporary political landscape. Challenging orthodox thinking on the relationship between conventional and far-right politics, Mudde offers a

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complex and insightful picture of one of the key political challenges of our time.

Explores current issues, empirical research and literature central to the relationship between human behaviour and the environment. Adopting an interdisciplinary approach, the authors discuss applications of environmental psychology and strategies for environmental problem-solving.

"This book is designed to help students organize their thinking about psychology at a conceptual level. The focus on behaviour and empiricism has produced a text that is better organized, has fewer chapters, and is somewhat shorter than many of the leading books. The beginning of each section includes learning objectives; throughout the body of each section are key terms in bold followed by their definitions in italics; key takeaways, and exercises and critical thinking activities end each section"--BCcampus website.

What Works, What Doesn't, and Why

The Far Right Today

Psychology and Environmental Change

Environmental Psychology: Man and His Physical Setting

Handbook of Environmental Psychology

A variety of theoretical approaches to person-environment psychology has been developed over the years, representing a rich range of intellectual perspectives. This second edition links the past and present and looks toward the future in reviewing new directions and perspectives in person-environment

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psychology. Stated differently, the main thrust of this volume is to present contemporary models and perspectives that make some sensible predictions concerning the individual and the environment using the person-environment relationship. Within a person-environment framework, these models and perspectives are concerned with how people tend to influence environments and how environments reciprocally tend to influence people. Thus, this second edition presents new directions in person-environment psychology and the implications for theory, research, and application.

*The environment is part of everyone's life but there are difficulties in communicating complex environmental problems, such as climate change, to a lay audience. In this book Klöckner defines environmental communication, providing a comprehensive and up-to-date analysis of the issues involved in encouraging pro-environmental behaviour. *Environmental Psychology and Human Well-Being: Effects of Built and Natural Settings* provides a better understanding of the way in which mental and physical well-being is affected by physical environments, along with insights into how the design of these environments might be improved to support better health outcomes. The book reviews the history of the field, discusses theoretical constructs in guiding research and design, and provides an up-to-date survey of research findings. Core psychological constructs, such as personal space, territoriality, privacy, resilience, stress, and more are integrated into each environment covered. Provides research-based insight into how an environment can impact mental and physical health and well-being Integrates*

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core psychological constructs, such as coping, place attachment, social support, and perceived control into each environment discussed Includes discussion of Kaplan's Attention Restoration Theory and Ulrich's Stress Reduction Theory Covers educational settings, workplace settings, environments for active living, housing for the elderly, natural settings, correctional facilities, and more

Applied Social Psychology combines the science of social psychology with the practical application of solving social problems that exist in the real world. This exciting textbook provides a thorough explanation of how social psychologists can contribute to the understanding and management of different social problems. A highly prestigious team of contributors from across Europe and the United States illustrate how social psychological theories, research methods and intervention techniques can be successfully applied to problems encountered in the fields of physical and mental health, immigration and integration, economic behaviour, political behaviour, environmental behaviour, organisations and the classroom. This expanded edition also features new chapters on the dynamic fields of consumer behaviour, traffic behaviour, criminal behaviour, sport and development aid. Each field studied features an overview of important problems, the role of human behaviour in these problems, the factors influencing relevant behaviour, and effective ways to change this behaviour. This is an essential volume for all undergraduate and graduate students studying applied social psychology.

Conservation Psychology
Motivation

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*The Handbook of Interior Architecture and Design
Depth Psychology and Climate Change
Biological, Psychological, and Environmental, Fourth
Edition*

A systematic 1982 on human reactions to five environmental stress factors. Psychology for Sustainability, 4th Edition -- known as Psychology of Environmental Problems: Psychology for Sustainability in its previous edition -- applies psychological theory and research to so-called "environmental" problems, which actually result from human behavior that degrades natural systems. This upbeat, user-friendly edition represents a dramatic reorganization and includes a substantial amount of new content that will be useful to students and faculty in a variety of disciplines—and to people outside of academia, as well. The literature reviewed throughout the text is up-to-date, and reflects the burgeoning efforts of many in the behavioral sciences who are working to create a more sustainable society. The 4th Edition is organized in four sections. The first section provides a foundation by familiarizing readers

with the current ecological crisis and its historical origins, and by offering a vision for a sustainable future. The next five chapters present psychological research methods, theory, and findings pertinent to understanding, and changing, unsustainable behavior. The third section addresses the reciprocal relationship between planetary and human wellbeing and the final chapter encourages readers to take what they have learned and apply it to move behavior in a sustainable direction. The book concludes with a variety of theoretically and empirically grounded ideas for how to face this challenging task with positivity, wisdom, and enthusiasm. This textbook may be used as a primary or secondary textbook in a wide range of courses on Ecological Psychology, Environmental Science, Sustainability Sciences, Environmental Education, and Social Marketing. It also provides a valuable resource for professional audiences of policymakers, legislators, and those working on sustainable communities.

Understanding and Promoting Human Care

for Nature

New Directions and Perspectives

Contested Natures

Nature and Psychology

An Introduction to Environmental Psychology