

## Egyptian Yoga The Philosophy Of Enlightenment

'An indispensable companion for all interested in yoga, both scholars and practitioners' Professor Alexis G. J. S. Sanderson Despite yoga's huge global popularity, relatively little of its roots is known among practitioners. This compendium includes a wide range of texts from different schools of yoga, languages and eras: among others, key passages from the early Upanisads and the Mahabharata, and from the Tantric, Buddhist and Jaina traditions, with many pieces in scholarly translation for the first time. Covering yoga's varying definitions, its most important practices, such as posture, breath control, sensory withdrawal and meditation, as well as models of the esoteric and physical bodies, Roots of Yoga is a unique and essential source of knowledge. Translated and Edited with an Introduction by James Mallinson and Mark Singleton  
 This Volume is a landmark study by a renounced mystic philosopher, Sebai Dr. Muata Ashby. It is study not just to philosophize but to be practiced for the purpose of attaining enlightenment. The book is divided into three sections. Part 1 INTRODUCTION presents a brief history of Hermeticism, its origins in the Ancient Egyptian Mysteries (Neterianism) the Kybalion and the origins of the personality known as Hermes Trismegistus. Part 2 presents the essential teachings of the Kybalion text, a set of MAXIMS, without interpretation. Part 3 presents glosses (commentary and explanation) on the essential teachings of the Kybalion based on the philosophy of the Ancient Egyptian Mysteries as determined by Sebai Dr. Muata Ashby based on studies and translations of original Ancient Egyptian Hieroglyphic texts; the source from which the Kybalion teaching is derived. The Glosses are an edited and expanded version of Lessons given by Sebai Dr. Muata Ashby in the form of lectures on the teachings of the Kybalion.

THE MYSTIC PATH OF DIVINE LOVE The Process of Mystical Transformation and The Path of Divine Love This Volume focuses on the ancient wisdom teachings of "Neter Merri" -the Ancient Egyptian philosophy of Divine Love and how to use them in a scientific process for self-transformation. Love is one of the most powerful human emotions. It is also the source of Divine feeling that unifies God and the individual human being. When love is fragmented and diminished by egoism the Divine connection is lost. The Ancient tradition of Neter Merri leads human beings back to their Divine connection, allowing them to discover their innate glorious self that is actually Divine and immortal. This volume will detail the process of transformation from ordinary consciousness to cosmic consciousness through the integrated practice of the teachings and the path of Devotional Love toward the Divine.  
 Find freedom in your yoga practice with this empowering guide from beloved yoga teacher and social justice activist Dianne Bondy and Yoga International editor-in-chief Kat Heagberg. Yoga Where You Are welcomes readers of all backgrounds, body sizes, and abilities into the practice of yoga. Dianne Bondy and Kat Heagberg offer everything you need to know to build a custom yoga practice that supports you exactly where you are--now and at every stage of your life's journey. Yoga Where You Are discusses how yoga intersects with body image, introduces essential information on elements like breathwork and meditation, and celebrates yoga's diverse roots through an introductory chapter on its origins and history. Whether you're a beginner, a seasoned practitioner, or a yoga teacher, the step-by-step instructions for hundreds of customizable pose variations provide an essential resource you can turn to as your practice evolves. Bondy and Heagberg also present tips to find inspiration and creativity on the mat. With truly inclusive language, alignment options for real bodies, and photos of a range of practitioners, the book provides you with everything you need to customize and deepen your practice with clarity and confidence.

Egyptian Yoga  
 Awakening Higher Consciousness  
 The African Origins of Hatha Yoga  
 Meditation  
 Roots of Yoga  
 African Origins

A Dictionary Of Arts, Sciences, Literature And General Information (Volume I) A To Androphagi

**THE SERPENT POWER: The Ancient Egyptian Mystical Wisdom of the Inner Life Force.** This volume shows how the discipline of spiritual evolution through life force cultivation-known as Kundalini in India- was actually known about and practiced in ancient Egypt-Africa thousands of years before. This Volume specifically deals with the latent life Force energy of the universe and in the human body, its control and sublimation. How to develop the Life Force energy of the subtle body. This Volume will introduce the esoteric wisdom of the science of how virtuous living acts in a subtle and mysterious way to cleanse the latent psychic energy conduits and vortices of the spiritual body. Translations of Ancient Egyptian Hieroglyphic chapters and sections of the Book of the Dead with Trilinear translation format. Understanding the Mystic Path to Enlightenment Through Direct Readings of the Sacred Signs and Symbols of Ancient Egyptian Language With Trilinear Deciphering Method. This new volume contains original translations of Chapters of the Ancient Egyptian Book of the Dead (Book of Coming Forth By Day) displaying the Ancient Egyptian Hieroglyphs with word for word translations plus the innovative "Trilinear System," a technique developed by Dr. Muata Ashby to bring out the depths of the Kemetic/Neterian Sebaït or Ancient Egyptian Mysteries philosophy. This is an ideal study guide for approaching the Ancient Egyptian Hieroglyphic writing in a step by step manner through three layers of descriptive translation. This volume includes translations presented at the annual Neterian Conferences over the last fifteen years and also includes new texts never before published. This book provides new and deeper and direct insights into the Egyptian Mysteries for beginning, advancing and advanced aspirants alike as it may be used as a philosophy study reference, a textbook, or as a reader for daily spiritual study or ritual worship.  
**THE FORTY TWO PRECEPTS OF MAAT, THE PHILOSOPHY OF RIGHTEOUS ACTION AND THE ANCIENT EGYPTIAN WISDOM TEXTS ADVANCED STUDIES** This manual is designed for use with the 1998 Maat Philosophy Class conducted by Dr. Muata Ashby. This is a detailed study of Maat Philosophy. It contains a compilation of the 42 laws or precepts of Maat and the corresponding principles which they represent along with the teachings of the ancient Egyptian Sages relating to each. Maat philosophy was the basis of Ancient Egyptian society and government as well as the heart of Ancient Egyptian myth and spirituality. Maat is at once a goddess, a cosmic force and a living social doctrine, which promotes social harmony and thereby paves the way for spiritual evolution in all levels of society.

**9. THE MYSTERIES OF ISIS: The Ancient Egyptian Philosophy of Self-Realization - There are several paths to discover the Divine and the mysteries of the higher Self.** This volume details the mystery teachings of the goddess Aset (Isis) from Ancient Egypt- the path of wisdom. It includes the teachings of her temple and the disciplines that are enjoined for the initiates of the temple of Aset as they were given in ancient times. Also, this book includes the teachings of the main myths of Aset that lead a human being to spiritual enlightenment and immortality. Through the study of ancient myth and the illumination of initiatic understanding the idea of God is expanded from the mythological comprehension to the metaphysical. Then this metaphysical understanding is related to you, the student, so as to begin understanding your true divine nature.

*Understanding the Mystic Path to Enlightenment Through Direct Readings of the Sacred Signs and Symbols of Ancient Egyptian Language With Trilinear Deciphering Method*

*Egyptian Yoga Vol. 2*  
*The Art of Sex Sublimation and Universal Consciousness*  
*Guide to Kemetic Relationships*  
*Awaken Your Personal Power and Expand Your Consciousness*

*The Path of Energy*  
*The Ancient Egyptian Origins of Ancient Greek Myth, Culture, Religion and Philosophy, and Modern Masonry, Greek Fraternities, Sororities*  
 This volume presents historical contacts and philosophical and religious correlations between Ancient Egyptian religion and Buddhism to contradict the idea that Buddhism originated in India independently.  
**EGYPT AND INDIA (AFRICAN ORIGINS BOOK 3 PART 3) African Origins of Eastern Civilization, Religion, Yoga Mysticism and Philosophy-** This volume details the connection between Ancient Egypt and India and the development of Indian religion and shows documented evidences of the existence of the teachings that became known as Yoga, Hinduism and Buddhism existed previously in Ancient Africa. The questions of the history of Ancient Egypt, and the latest archeological evidences showing civilization and culture in Ancient Egypt and its spread to other countries, has intrigued many scholars as well as mystics over the years. Also, the possibility that Ancient Egyptian Priests and Priestesses migrated to Greece, India and other countries to carry on the traditions of the Ancient Egyptian Mysteries, has been speculated over the years as well. In chapter 1 of the book Egyptian Yoga The Philosophy of Enlightenment, 1995, I first introduced the deepest comparison between Ancient Egypt and India that had been brought forth up to that time. Now, in the year 2001 this new book, THE AFRICAN ORIGINS OF CIVILIZATION, MYSTICAL RELIGION AND YOGA PHILOSOPHY, more fully explores the motifs, symbols and philosophical correlations between Ancient Egyptian and Indian mysticism and clearly shows not only that Ancient Egypt and India were connected culturally but also spiritually. How does this knowledge help the spiritual aspirant? This discovery has great importance for the Yogis and mystics who follow the philosophy of Ancient Egypt and the mysticism of India. It means that India has a longer history and heritage than was previously understood. It shows that the mysteries of Ancient Egypt were essentially a yoga tradition which did not die but rather developed into the modern day systems of Yoga technology of India. It further shows that African culture developed Yoga Mysticism earlier than any other civilization in history. All of this expands our understanding of the unity of culture and the deep legacy of Yoga, which stretches into the distant past, beyond the Indus Valley civilization, the earliest known high culture in India as well as the Vedic tradition of Aryan culture. Therefore, Yoga culture and mysticism is the oldest known tradition of spiritual development and Indian mysticism is an extension of the Ancient Egyptian mysticism. By understanding the legacy which Ancient Egypt gave to India the mysticism of India is better understood and by comprehending the heritage of Indian Yoga, which is rooted in Ancient Egypt the Mysticism of Ancient Egypt is also better understood. This expanded understanding allows us to prove the underlying kinship of humanity, through the common symbols, motifs and philosophies which are not disparate and confusing teachings but in reality expressions of the same study of truth through metaphysics and mystical realization of God.

This book has been considered by academicians and scholars of great significance and value to literature. This forms a part of the knowledge base for future generations. So that the book is never forgotten we have represented this book in a print format as the same form as it was originally first published. Hence any marks or annotations seen are left intentionally to preserve its true nature.

**EGYPTIAN YOGA II: The Supreme Wisdom of Enlightenment and the Mysteries of Amun Religion** by Dr. Muata Ashby In this long awaited sequel to Egyptian Yoga: The Philosophy of Enlightenment you will take a fascinating and enlightening journey back in time and discover the teachings which constituted the epitome of Ancient Egyptian spiritual wisdom. What are the disciplines which lead to the fulfillment of all desires? Delve into the three states of consciousness (waking, dream and deep sleep) and the fourth state which transcends them all, Neberdjer, "The Absolute." These teachings of the Ancient Egyptian city of Waset (Thebes) were the crowning achievement of the Sages of Ancient Egypt and culminated in Amun Religion based on the God Amun and his company of gods and goddesses which represent special mystical teachings that lead the practitioner to spiritual enlightenment. They establish the standard mystical keys for understanding the profound mystical symbolism of the Triad of human consciousness.

Yoga Where You Are  
 African Dionysus  
 Introduction to Shetaut Neter, Metaphysics

Initiation Into Egyptian Yoga  
 AFRICAN RELIGION VOLUME 1  
 Spiritual Evolution Through Pure Feeling and Emotion

*The Cycles of Time*  
**THE MYSTICAL JOURNEY FROM JESUS TO CHRIST** Discover the ancient Egyptian origins of Christianity before the Catholic Church and learn the mystical teachings given by Jesus to assist all humanity in becoming Christlike. Discover the secret meaning of the Gospels that were discovered in Egypt. Also discover how and why so many Christian churches came into being. Discover that the Bible still holds the keys to mystical realization even though its original writings were changed by the church. Discover how to practice the original teachings of Christianity which leads to the Kingdom of Heaven.

Finances and money are an integral part of Ancient Egyptian culture as an instrument for promoting Maat in the form of the well-being of the 'hekat'. The hekat are the people and the "Heka" is the Pharaoh. The Pharaoh was like a shepherd leading a flock and moneys were controlled righteously to promote the welfare of the people. In that tradition we have applied the philosophy of maatian economics to promote the well-being of those who are officially part of the Temple as well as those who may read the books so they may avoid financial trouble as much as possible and have better capacity to practice the teachings. In order to have a successful life human beings need a certain amount of money and wealth but money and wealth are not the goal. They are a foundation that enables the true goal of life, enlightenment, to be realized. Therefore, we are only fulfilling the duty of transmitting wisdom about wealth to promote righteousness, truth and well-being for all. This volume explores the mysteries of wealth based on the teachings of the sages of Ancient Egypt and the means to promote prosperity that allows a person to create the conditions for discovering inner peace and spiritual enlightenment.

**1.EGYPTIAN YOGA: THE PHILOSOPHY OF ENLIGHTENMENT** An original, fully illustrated work, including hieroglyphs, detailing the meaning of the Egyptian mysteries, tantric yoga, psycho-spiritual and physical exercises. Egyptian Yoga is a guide to the practice of the highest spiritual philosophy which leads to absolute freedom from human misery and to immortality. It is well known by scholars that Egyptian philosophy is the basis of Western and Middle Eastern religious philosophies such as Christianity, Islam, Judaism, the Kabala, and Greek philosophy, but what about Indian philosophy, Yoga and Taoism? What were the original teachings? How can they be practiced today? What is the source of pain and suffering in the world and what is the solution? Discover the deepest mysteries of the mind and universe within and outside of your self. ISBN: 1-884564-01-1

**16.EGYPTIAN YOGA** The Postures of The Gods and Goddesses Discover the physical postures and exercises practiced thousands of years ago in Ancient Egypt which are today known as Yoga exercises. Discover the history of the postures and how they were transferred from Ancient Egypt in Africa to India through Buddhist Tantrism. Then practice the postures as you discover the mythic teaching that originally gave birth to the postures and was practiced by the Ancient Egyptian priests and priestesses. This work is based on the pictures and teachings from the Creation story of Ra, The Asarian Resurrection Myth and the carvings and reliefs from various Temples in Ancient Egypt 8.5" X 11"

*The Serpent Power*  
*The Glorious Light Meditation Technique of Ancient Egypt*  
*The 13th Chakra System of Ancient Egypt: Healing Your Body Naturally*  
**EGYPTIAN BOOK OF THE DEAD HIEROGLYPH TRANSLATIONS USING THE TRILINEAR METHOD**  
*Decoded Temple Mysteries Translations of Temple Inscriptions and Walking Path Through The Temple Mysteries, Iconography and Architecture in Color*

**ANCIENT EGYPTIAN MYSTERIES OF THE KYBALION**

*Guidance from Ancient Egypt and Sumer*  
 Publisher 's Note: A new edition has replaced this book under the title Subtle Energy Work, ISBN 9781637480083. A unique guide to principles, practices, and exercises that help you access your energy awareness and live a more empowered life. Learning to consciously interact in the domain of subtle energy is the next step in personal and planetary transformation. The Path of Energy is a unique handbook of principles, practices and exercises to help you access your energy awareness and live a more empowered life. In the book are 13 meditations that activate patterns of light within your energy body to awaken specific abilities and levels of awareness. Each meditation includes benefits and purpose, step-by-step written directions augmented with line drawings, and an interpretive illustration of the completed energy pattern. Subtle energy is more than life force; it is the substance of reality and the vehicle of consciousness. Your body is wired to navigate this domain. You are equipped with everything needed to engage the world of energy and creatively change your life. You simply need to remember how. The Path of Energy is a guide to living with expanded consciousness. Included are techniques that build energy awareness and use this skill to deepen your spiritual path, intimacy in relationships, align with earth energy, clear space, create protection, manifest goals, facilitate healing, and more.

Explains the relevance of ancient myths to the awakening to higher states of consciousness and enlivened experience of the world • Shows how higher consciousness can arise within each of us by following the guidance found in ancient myths • Reveals how myths influence our personal development without our awareness through their influence on our core values and culture • Examines ancient Sumerian, Egyptian, Babylonian, and Hebrew myths, such as the Epic of Gilgamesh and the story of Osiris and Isis In this study of ancient Sumerian, Egyptian, Babylonian, and Hebrew myths, authors Lloyd M. Dickie and Paul R. Boudreau show that many classic myths contain instructions for awakening higher consciousness, allowing access to enlivened experience of the world and awareness of the divine within and around us. Inspired by the work of R. A. Schwaller de Lubicz, the authors deeply examine creation myths and well-known ancient myths from Mesopotamia and Egypt, such as the Epic of Gilgamesh and the story of Osiris and Isis. They reveal that these myths are not behavioral morality tales but actual delineations of how a higher order can arise within each of us. The authors explain how these stories teach us to distinguish the heaven within from the earth within us, to find the essential part of our being that provides a link with our higher powers. Spending more than a year onsite in Egypt to personally connect with the myths, the authors explain how ancient storytellers intentionally chose myths as a vehicle for teachings because story has a seed-like capacity to implant itself in the unconscious and influence development without the individual being aware of it. By crafting these sacred narratives, the ancient Sumerians and Egyptians provide tools to awaken to the presence of higher consciousness as well as a road map for the individual to come into conscious alignment with the perpetual unfolding of the universe.

How to awaken the Ureaus--the serpent power of spiritual transcendence within each of us--and connect to the superconscious of the universe • Reveals the biochemistry of how the body 's melanin provides the template for the subtle energy body or light body • Shows how embracing the dark light consciousness of the awakened Ureaus opens a portal to the sacred darkness of the superconscious • Provides illustrated instructions for meditation practices, breathing exercises, and yoga postures to safely awaken Ureaus/Kundalini energy Within each of us lies the potential to activate a personal connection to the superconscious. Called "Ureaus" in ancient Egyptian texts and "Kundalini" in ancient Hindu yoga traditions, our innate serpent power of spiritual transcendence inhabits the base of the spine in its dormant state. When awakened, it unfurls along the spinal column to the brain, connecting individual consciousness to the consciousness of the universe enfolded within the dark matter of space. At the root of creativity and spiritual genius across innumerable cultures and civilizations, this intelligent force reveals portals that enfold time, space, and the luminous matrix of reality itself. Combining physics, neuroscience, and biochemistry with ancient traditions from Africa and India, Edward Bruce Bynum, Ph.D., explores the ancient Egyptian science of the Ureaus and reveals how it is intimately connected to dark matter and to melanin, a light-sensitive, energy-conducting substance found in the brain, nervous system, and organs of all higher life-forms. He explains how the dark light of melanin serves as the biochemical infrastructure for the subtle energy body, just as dark matter, together with gravity, holds the galaxies and constellations together. With illustrated instructions, he shows how to safely awaken and stabilize the spiritual energy of the Ureaus through meditation practices, breathing exercises, and yoga postures as well as how to prepare the subtle body for transdimensional soul travel. By embracing the dark light of the shining serpent within, we overcome our collective fear of the vast living darkness without. By embracing the dark, we transcend reality to the dimension of light.

**SACRED SEXUALITY: EGYPTIAN TANTRA YOGA: The Art of Sex Sublimation and Universal Consciousness** This Volume will expand on the male and female principles within the human body and in the universe and further detail the sublimation of sexual energy into spiritual energy. The student will study the deities Min and Hathor, Asar and Aset, Geb and Nut and discover the mystical implications for a practical spiritual discipline. This Volume will also focus on the Tantric aspects of Ancient Egyptian and Indian mysticism, the purpose of sex and the mystical teachings of sexual sublimation which lead to self-knowledge and Enlightenment.

Ancient Egyptian Book of the Dead  
 The Ancient Egyptian Mystical Wisdom of the Inner Life Force  
 Egyptian Mysteries  
 Customize Your Practice for Your Body and Your Life

## The Mystic Path of Divine Love

### Catalog of Shetaut Neter

#### African Origins of African Civilization, Religion, Yoga Spirituality and Ethics Philosophy

African Religion VOL. 1- ANUNIAN THEOLOGY THE MYSTERIES OF RA The Philosophy of Anu and The Mystical Teachings of The Ancient Egyptian Creation Myth Discover the mystical teachings contained in the Creation Myth and the gods and goddesses who brought creation and human beings into existence. The Creation Myth holds the key to understanding the universe and for attaining spiritual Enlightenment. New updated and expanded edition of the groundbreaking book that ignited a firestorm in the scientific world with its radical approach to evolution • Explains how past forms and behaviors of organisms determine those of similar organisms in the present through morphic resonance • Reveals the nonmaterial connections that allow direct communication across time and space When A New Science of Life was first published the British journal Nature called it “the best candidate for burning there has been for many years.” The book called into question the prevailing mechanistic theory of life when its author, Rupert Sheldrake, a former research fellow of the Royal Society, proposed that morphogenetic fields are responsible for the characteristic form and organization of systems in biology, chemistry, and physics--and that they have measurable physical effects. Using his theory of morphic resonance, Sheldrake was able to reinterpret the regularities of nature as being more like habits than immutable laws, offering a new understanding of life and consciousness. In the years since its first publication, Sheldrake has continued his research to demonstrate that the past forms and behavior of organisms influence present organisms through direct immaterial connections across time and space. This can explain why new chemicals become easier to crystallize all over the world the more often their crystals have already formed, and why when laboratory rats have learned how to navigate a maze in one place, rats elsewhere appear to learn it more easily. With more than two decades of new research and data, Rupert Sheldrake makes an even stronger case for the validity of the theory of formative causation that can radically transform how we see our world and our future.

Initiation in the Temple of Osiris at Abydos, Egypt with Hieroglyph Translations of Temple Inscriptions detailing the Initiation Zones and Walking Path through The Temple Mysteries of the Priests and Priestesses.Detailed inscription translations of the discovered temple narrative path for initiates. This book presents detailed hieroglyphic panels showing the mystery wisdom and the path for initiates through the temple leading to the final attainment of spiritual enlightenment. An architectural, ichonographical and hieroglyphic study that melds photographic and spherical 360 images complemented with a web site to engage an immersive temple experience.

Catalog of Shetaut Neter: Books, DVD, Audio by Dr. Muata Ashby on the origins, history, philosophy and mysticism of Ancient Egyptian religion -Ancient Egyptian Mysteries, Philosophy and Metaphysics

Practice -African Religion and Philosophy And also, origins of World Religions, World History, Spiritual Politics and Economics and Sustainable environments, based on Kemetic Philosophy

Ancient Egyptian Philosophy of Self-Realization and Enlightenment

The Encyclopaedia Britannica

The Nature of Formative Causation

The Ancient Egyptian Path to Enlightenment

The Mystical Journey from Jesus to Christ

The Ancient Egyptian Buddha

Temple of the Soul Initiation Philosophy in the Temple of Osiris at Abydos

**33. AFRICAN DIONYSUS: FROM EGYPT TO GREECE: The Kamitan Origins of Greek Culture and Religion ISBN: 1-884564-47-X FROM EGYPT TO GREECE** This insightful manual is a reference to Ancient Egyptian mythology and philosophy and its correlation to what later became known as Greek and Rome mythology and philosophy. It outlines the basic tenets of the mythologies and shows the ancient origins of Greek culture in Ancient Egypt. This volume also documents the origins of the Greek alphabet in Egypt as well as Greek religion, myth and philosophy of the gods and goddesses from Egypt from the myth of Atlantis and archaic period with the Minoans to the Classical period. This volume also acts as a resource for Colleges students who would like to set up fraternities and sororities based on the original Ancient Egyptian principles of Sheti and Maat philosophy.

**The Little Book of Neter is a summary of the most important teachings of Shetaut Neter for all aspirants to have for easy reference and distribution. It is designed to be portable and low cost so that all can have the main teachings of Shetaut Neter at easy access for personal use and also for sharing with others the basic tenets of Neterian spirituality.**

**What is Initiation? The great personalities of the past known to the world as Isis, Hathor, Jesus, Buddha and many other great Sages and Saints were initiated into their spiritual path but how did initiation help them and what were they specifically initiated into? This volume is a template for such lofty studies, a guidebook and blueprint for aspirants who want to understand what the path is all about, its requirements and goals, as they work with a qualified spiritual guide as they tread the path of Kemetic Spirituality and Yoga disciplines. This workbook helps by presenting the fundamental teachings of Egyptian Yoga and Neterian Spirituality with questions and exercises to help the aspirant gain a foundation for more advanced studies and practices**

**THE GLORIOUS LIGHT MEDITATION TECHNIQUE OF ANCIENT EGYPT** New for the year 2000. This volume is based on the earliest known instruction in history given for the practice of formal meditation. Discovered by Dr. Muata Ashby, it is inscribed on the walls of the Tomb of Seti I in Thebes Egypt. This volume details the philosophy and practice of this unique system of meditation originated in Ancient Egypt and the earliest practice of meditation known in the world which occurred in the most advanced African Culture.

**The Ancient Egyptian Origins of Buddhism**

**A Workbook for Beginners and Advancing Aspirants**

**The Wisdom of Matti**

**Redemption of the Criminal Heart Through Kemetic Spirituality**

**The Philosophy of Enlightenment**

**The Philosophy of Righteous Action and the Ancient Egyptian Wisdom Texts**

Egyptian YogaThe Philosophy of Enlightenment

THE AFRICAN ORIGINS OF CIVILIZATION, MYSTICAL RELIGION AND YOGA PHILOSOPHY 81/2" X 11" Part 1, in one volume First Edition Three volumes in one. Over the past several years I have been asked to put together in one volume the most important evidences showing the correlations and common teachings between Kamitan (Ancient Egyptian) culture and religion and that of India. The questions of the history of Ancient Egypt, and the latest archeological evidences showing civilization and culture in Ancient Egypt and its spread to other countries, has intrigued many scholars as well as mystics over the years. Also, the possibility that Ancient Egyptian Priests and Priestesses migrated to Greece, India and other countries to carry on the traditions of the Ancient Egyptian Mysteries, has been speculated over the years as well. In chapter 1 of the book Egyptian Yoga The Philosophy of Enlightenment, 1995, I first introduced the deepest comparison between Ancient Egypt and India that had been brought forth up to that time. Now, in the year 2001 this new book, THE AFRICAN ORIGINS OF CIVILIZATION, MYSTICAL RELIGION AND YOGA PHILOSOPHY, more fully explores the motifs, symbols and philosophical correlations between Ancient Egyptian and Indian mysticism and clearly shows not only that Ancient Egypt and India were connected culturally but also spiritually. How does this knowledge help the spiritual aspirant? This discovery has great importance for the Yogis and mystics who follow the philosophy of Ancient Egypt and the mysticism of India. It means that India has a longer history and heritage than was previously understood. It shows that the mysteries of Ancient Egypt were essentially a yoga tradition which did not die but rather developed into the modern day systems of Yoga technology of India. It further shows that African culture developed Yoga Mysticism earlier than any other civilization in history. All of this expands our understanding of the unity of culture and the deep legacy of Yoga, which stretches into the distant past, beyond the Indus Valley civilization, the earliest known high culture in India as well as the Vedic tradition of Aryan culture. Therefore, Yoga culture and mysticism is the oldest known tradition of spiritual development and Indian mysticism is an extension of the Ancient Egyptian mysticism. By understanding the legacy which Ancient Egypt gave to India the mysticism of India is better understood and by comprehending the heritage of Indian Yoga, which is rooted in Ancient Egypt the Mysticism of Ancient Egypt is also better understood. This expanded understanding allows us to prove the underlying kinship of humanity, through the common symbols, motifs and philosophies which are not disparate and confusing teachings but in reality expressions of the same study of truth through metaphysics and mystical realization of Self.

Ashby has combined in one volume the most important evidence showing the correlations and common teachings between Kamitan (ancient Egyptian) culture and religion and that of India. He provides an expanded understanding of the underlying kinship of humanity.

Ashby explains the Tree of Life metaphysical teachings, disciplines, and techniques from the hieroglyphic texts.

The Kemetic Tree of Life Ancient Egyptian Metaphysics and Cosmology for Higher Consciousness

Mysteries of Isis

Egypt and India

African Origins of Eastern Civilization, Religion, Yoga Spirituality and Ethics Philosophy

The Secrets of Sheti

Dark Light Consciousness

Morphic Resonance

Ancient Egyptian Maat Wisdom of Relationships, a Comprehensive Philosophical, Legal and Psychological Manual to Apply Ethical Conscience in All Relations in Life to Promote Peace, Progress and Spiritual Enlightenment

**MEDITATION** The Ancient Egyptian Path to Enlightenment Many people do not know about the rich history of meditation practice in Ancient Egypt. This volume outlines the theory of meditation and presents the Ancient Egyptian Hieroglyphic text which give instruction as to the nature of the mind and its three modes of expression. It also presents the texts which give instruction on the practice of meditation for spiritual Enlightenment and unity with the Divine. This volume allows the reader to begin practicing meditation by explaining, in easy to understand terms, the simplest form of meditation and working up to the most advanced form which was practiced in ancient times and which is still practiced by yogis around the world in modern times.

**INITIATION INTO EGYPTIAN YOGA** Shedy: Spiritual discipline or program, to go deeply into the mysteries, to study the mystery teachings and literature profoundly, to penetrate the mysteries. You will learn about the mysteries of initiation into the teachings and practice of Yoga and how to become an initiate of the mystical sciences. This insightful manual is the first in a series which introduces you to the goals of daily spiritual and yoga practices: Meditation, Diet, Words of Power and the ancient wisdom teachings.

**I Know myself, I know myself, I am One With God -From the Pert Em Heru "The Ru Pert em Heru" or "Ancient Egyptian Book of The Dead," or "Book of Coming Forth By Day"** as it is more popularly known, has fascinated the world since the successful translation of Ancient Egyptian hieroglyphic scripture over 150 years ago. The astonishing writings in it reveal that the Ancient Egyptians believed in life after death and in an ultimate destiny to discover the Divine. The elegance and aesthetic beauty of the hieroglyphic text itself has inspired many see it as an art form in and of itself. But is there more to it than that? Did the Ancient Egyptian wisdom contain more than just aphorisms and hopes of eternal life beyond death? In this volume Dr. Muata Ashby, the author of over 25 books on Ancient Egyptian Yoga Philosophy has produced a new translation of the original texts which uncovers a mystical teaching underlying the sayings and rituals instituted by the Ancient Egyptian Sages and Saints. "Once the philosophy of Ancient Egypt is understood as a mystical tradition instead of as a religion or primitive mythology, it reveals its secrets which if practiced today will lead anyone to discover the glory of spiritual self-discovery. The Pert em Heru is in every way comparable to the Indian Upanishads or the Tibetan Book of the Dead." || \$28.95 ISBN# 1-884564-28-3 Size: 81/2" X

Melanin, Serpent Power, and the Luminous Matrix of Reality

Initiation Into Egyptian Yoga and Neterian Spirituality

Ancient Egyptian Maat Wisdom of Relationships, a Comprehensive Philosophical, Legal and Psychological Manual to Apply Ethical Conscience in All Relations in Life to Promote Peace, Progress and Spiritual Enlightenment

Egyptian Tantra Yoga

The Supreme Wisdom of Enlightenment and Theban Theology

ANUNIAN THEOLOGY & THE MYSTERIES OF RA

The Forty-two Precepts of Maat

This book shows how anyone who has committed a sin or has been convicted of a crime or accused of a sin or a crime can redeem their life and move forwards with peace, forgiveness and spiritual enlightenment based on Ancient Egyptian wisdom of Maat Philosophy.

This book helps you regain your health through the use of natural methods, simple and easy to use. The book explains each chakra in detail, what is a healthy chakra and an unbalanced chakra. Is the blockage emotional, mental, spiritual, physical or etheric? Then it lists a number of ways for you to heal the imbalance through the use of Crystals, Yoga, Meditation, Nutrition, Aromatherapy, and the help of Archangel and ascended masters.the book was written by Sonya Roy who has developed her healing skills for the past 30 years by following training courses such as Reiki Master USUI sacred fire, Master Teacher Karuna Reiki, Master of the Akashic Archives, Shamanic practitioner, certified reader for Tarot and cards oracles. She studied at the University from Montreal and obtained a degree in Psycho-education, she worked as a police officer until her retirement. She wrote the first two books of Series: Tinay the Warrior Princess; The Initiation and The Apprentice. She developed her gifts as medium, master holistic healer to restore a balance in all our bodies: physical, mental, emotional, spiritual including the etheric body.Now she teaches and shares her knowledge through workshops; at the Redu Wellness Center in Vancouver, BC, Canada and through lectures for well-being around the world. It empowers people with whom she works, encourages their awareness and helps develop their skills and talents. She works with Elementals and she also has a special affinity with angels, guides and other beings of different dimensions.

**MAAT** is a philosophy and a spiritual symbol as well as a cosmic energy or force which pervades the entire universe. MAAT is an ancient way of life based on ethical, moral and spiritual principles which promote order and harmony in society and spiritual evolution in the life of every individual. MAAT was the basis of ancient Egyptian civilization which lasted for over thousands of years. MAATI is the dual form of the goddess of Truth and Cosmic Order who presides over the universe and the karmic destiny of every individual.

A follow-up to "African Origins of Civilization Religion, Yoga Mysticism and Ethics Philosophy," this volume also contains some additional information not contained in the previous work to discount the idea that yoga and, specifically, yoga postures were invented and developed only in India.

The African Origins of Civilization, Religion, Yoga Mystical Spirituality, Ethics Philosophy and a History of Egyptian Yoga

Postures of the Gods and Goddesses

A Hermetic Mystic Psychology Primer

Little Book of Neter: Introduction to Shetaut Neter Spirituality and Religion