

## Ebersole Hess Toward Healthy Aging Human Needs And Nursing Response 8e Toward Healthy Aging Ebersole

This is a Pageburst digital textbook; Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, Ebersole & Hess' Toward Healthy Aging, 8th Edition is the most comprehensive resource on health promotion and maintenance for older adults and their caregivers. With coverage of communication, safety and ethical considerations, new genetic research, key aging issues, and common and uncommon conditions, you will have the knowledge you need to promote healthy lifestyle choices, properly address end-of-life issues, and provide effective, holistic care for older adults. Consistent chapter organization with objectives, case studies with critical thinking questions, and research questions make information easy to access and use. A strong focus on health and wellness emphasizes a positive approach to aging. Disease processes are discussed in the context of healthy adaptation, nursing support, and responsibilities. Research highlights help incorporate the latest research findings into practice. Nutrition chapter includes the most current guidelines for older adults and addresses patients' dietary needs. Scales and guidelines for proper health assessment provide the essential information for assessing the older adult patient. Case studies with critical thinking questions offer realistic situations to expand your knowledge and understanding. Careful attention to age, cultural, and gender differences are integrated throughout and highlight important considerations when caring for older adults. Content grounded in the core competencies offers the knowledge needed to achieve the National League for Nursing ACES program's Essential Nursing Actions and meets the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults, the Geriatric Nursing Education State of the Science Papers, and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults. NEW! QSEN content highlights quality and safety issues students need to know when treating older patients. NEW! Chapter covering the role of communication emphasizes the importance of communication in improving care. NEW! Focus on genetics highlights the vast amount of new genetic research and its effects on all aspects of health and aging. NEW! Information on ethical considerations explores and illustrates potential issues when dealing with older adults. NEW! Healthy People 2020 information assists your students in integrating their knowledge about healthy aging considerations into care.

GERONTOLOGIC NURSING provides comprehensive coverage of health promotion, gerontologic concepts and issues, and medical-surgical problems associated with the older adult. Divided into seven parts, each chapter follows a consistent organization including learning objectives, emergency boxes, client and family teaching boxes, research boxes, key points, special insights, and new health promotion and nutrition boxes. The second edition also includes a new chapter on health promotion, expanded chapters on nutrition and functional assessment, and a dedicated MERLIN which provides the student and instructor with additional up-to-date tools and resources to enhance and expand their content knowledge. Highlights fundamental aging theories to provide a basis for biological and psychosocial aspects of quality nursing care. Provides complete and comprehensive coverage of assessment recapping normal, deviations from normal and abnormal findings. Uses a 5-step nursing process format to provide the consistent framework for presentation of nursing care. Features care plans with clinical situations for those disorders most prevalent in the elderly. Includes a separate chapter on cultural influences and integrates cultural awareness boxes throughout to focus on specific customs related to how a nurse might care for the aging client. Includes separate chapters focusing on acute, home and long term care to provide a complete discussion of care in each of these settings. Provides detailed coverage of pain, infection, cancer, chronic illness, loss, death and dying, and substance abuse to explain potentially complex aspects of aging and the related care. Provides a consistent chapter pedagogy including learning objectives, summary, key points, and critical thinking exercises. Includes Client/Family teaching boxes that emphasize key aspects of practice and teaching for self-care. Highlights Home Care Tips Boxes to promote practical, effective care for the home-bound older client. Integrates Insight boxes that provide realistic vignettes on caring for the elderly and helpful hints from today's practicing gerontological nurses. Provides Emergency Treatment boxes that alert the student to danger signs and list immediate interventions. Includes research boxes with abstracts of current research and implications for practice. Provides a nuts-and-bolts guide to blood-product administration for adult and pediatric patients. Outlines and explains transfusion reactions. Describes the effect of different types of fluids used in resuscitation. Includes formulas used in fluid administration. Provides the most up-to-date information about oxygen delivery devices. Presents information on how to help a Spanish-speaking child identify his/her level of pain. Includes the pediatric coma scale. Features the pediatric trauma score which is used to help evaluate the severity of injury. Provides information about domestic violence in the Mental Health Conditions chapter. Includes a section on the role of the Sexual Assault Nurse Examiner (SANE) and the latest findings on sexual assault. Presents additional information on mammalian bites and anaphylactic shock. Highlights major points of care for quick reference with bold or italicized text. Presents pediatric and adult content separately in the reference section of the book for fast and easy access. Includes stroke and hypertension algorithms. Covers the latest information on conscious sedation according to JCAHO standards, including a table on deep sedation. Features several new and updated tables which include the following information: conversion of Centigrade and Fahrenheit, updated normal lab values, updated medication tables, etc. (Includes a FREE MERLIN website at: www.harcourthealth.com/MERLIN/Lueckenotte/)

This book-and-audio-CD package offers nurses, nurse practitioners, and physician assistants a solid basis for recognizing and differentiating among abnormal breath and heart sounds. Forty-six tracks of breath sounds and 50 heart sounds complement the full-color text.

Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition. Gerontological Nursing: Competencies for Care, Second Edition is a comprehensive and student-accessible text that offers a holistic and inter-disciplinary approach to caring for the elderly. The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing (AACN) and the John A. Hartford Foundation Institute for Geriatric Nursing. Building upon their knowledge in prior medical surgical courses, this text gives students the skills and theory needed to provide outstanding care for the growing elderly population. It is the first of its kind to have more than 40 contributing authors from many different disciplines. Some of the key features include chapter outlines, learning objectives, discussion questions, personal reflection boxes, and case studies.

Community Oral Health Practice for the Dental Hygienist

Gerontological Nursing

New Nurse's Survival Guide

Ebersole and Hess' Gerontological Nursing and Healthy Aging

Ebersole & Hess' Toward Healthy Aging - E-Book

*Nursing Leadership & Management, Fourth Edition provides a comprehensive look at the knowledge and skills required to lead and manage at every level of nursing, emphasizing the crucial role nurses play in patient safety and the delivery of quality health care. Presented in three units, readers are introduced to a conceptual framework that highlights nursing leadership and management responsibilities for patient-centered care delivery to the patient, to the community, to the agency, and to the self. This valuable new edition: Includes new and up-to-date information from national and state health care and nursing organizations, as well as new chapters on the historical context of nursing leadership and management and the organization of patient care in high reliability health care organizations Explores each of the six Quality and Safety in Nursing (QSEN) competencies: Patient-Centered Care, Teamwork and Collaboration, Evidence-based Practice (EBP), Quality Improvement (QI), Safety, and Informatics Provides review questions for all chapters to help students prepare for course exams and NCLEX state board exams Features contributions from experts in the field, with perspectives from bedside nurses, faculty, directors of nursing, nursing historians, physicians, lawyers, psychologists and more Nursing Leadership & Management, Fourth Edition provides a strong foundation for evidence-based, high-quality health care for undergraduate nursing students, working nurses, managers, educators, and clinical specialists.*

*Theoretical foundation for nursing as a science/ Ragnar Fjelland and Eva Gjengedal -- Is a science of caring possible?/Margaret J. Dunlop -- A Heideggerian phenomenological perspective on the concept of person/ Victoria W. Leonard -- Hermeneutic phenomenology: a methodology for family health and health promotion study in nursing/ Karen A. Plager -- Toward a new medical ethics: implications for ethics in nursing/ David C. Thomasma -- The tradition and skill of interpretive phenomenology in studying health, illness and caring practices/ Patricia Benner -- MARTIN, a computer software program: on listening to what the text says/ Nancy L. Diekelmann, Robert Schuster, and Sui-Lun Lam -- Beyond normalizing: the role of narrative in understanding teenage mothers' transition to mothering/ Lee Smithballe -- Patients' caring practices with schizophrenic offspring/ Catherine A. Chesla -- Parenting in public: parental participation and involvement in the care of their hospitalized child/ Philip Darbyshire -- A clinical ethnography of stroke recovery/ Nancy D. Doolittle -- Moral dimensions of living with a chronic illness: autonomy, responsibility, and limits of control/ Patricia Benner, Susan Janson-Bjerklie, Sandra Ferketich and Gay Becker -- The ethical context of nursing care of dying patients in critical care/ Peggy L. Wros -- The ethics of ambiguity and concealment around cancer: interpretations through a local Italian world/ Deborah R. Gordon -- Narrative methodology in disaster studies: rescuers of Cyprus/ Cynthia M. Stuhlmiller.*

*TOWARD HEALTHY AGING is based on Maslow's conceptual framework of human needs from the basic to the transcendental. With a focus on wellness and healthy aging, this fifth edition emphasizes the individuality of the aged and the humanistic and spiritual potential for further development in late life. Disease processes are discussed in the context of healthy adaptation, nursing support and responsibilities. The text is organized from the basic to the complex in terms of understanding the aged and their needs. Extensive current references, nursing care plans, case studies, student activities, research questions, resources, and appendices are included in each chapter. \* Focuses on health and wellness to establish a positive perspective to aging. \* Discusses disease processes in the context of healthy adaptation, nursing support and responsibilities to help the reader gain an understanding of their client's experience. \* Integrates considerations for age, cultural, and gender differences throughout to help the nurse understand these important aspects of caring for older adults. \* Provides a consistent chapter organization including objectives, nursing care plans, research questions, and study questions/activities to make information easy to find and use. \* Includes case studies at end of every chapter to expand student knowledge and understanding. \* Features a separate chapter on laboratory values including comparisons and implications for the aged. \* Integrates federal guidelines for Healthy People 2000 that reflect current practice about healthy aging considerations. \* Includes appendices and resource lists to assist the student in further exploration of material.*

*This 2nd edition focuses on the role of the public health professional in improving the oral health of people of all ages and cultures throughout the community. It covers all the topics in community dental health in a simple, concise, student-friendly way. It explores the advances made in the field and in national legislature since the first edition published and also highlights the many rewarding career opportunities available within the public health sector. Includes helpful student learning features in each chapter such as objectives, key terms, an opening statement featuring the main concepts covered, bulleted lists of key concepts, and ideas for putting knowledge into practice within the community. Students will benefit from ADEA Dental Hygiene Competencies at the end of each chapter (along with a complete list in an appendix). Test Taking Strategies and Community Cases chapter provides an overview of the National Board Dental Hygiene Exam, gives tips for test preparation, and includes additional practice community case "testlets" similar to those on the actual exam to increase students' confidence in taking the examination. Its trusted content is used by the Joint Commission on National Dental Examinations to create NBDH test questions. New chapters on service learning and cultural competency give students information about how to appropriately and effectively interact with and teach oral health concepts to various populations. A new Status and Trends in Oral Health chapter helps students understand issues in the field and how they can encourage positive changes in their clients. New community case studies with 4 to 5 critical-thinking, multiple-choice questions end each chapter to help prepare students for real-life practice and for board exams. Answers and rationales are provided for instructors on the new Evolve website. New dental hygienist mini-profiles highlight the careers of recognized dental hygienists in the public health sector to show students the various roles they can play as dental hygienists in public health. The text includes the most recent advances made in the field and in the national legislature, along with current trends in oral health. You'll find oral health-related coverage of Healthy People 2010, the Surgeon General's Report, and the National Call to Action. New Future of Dentistry report by the ADA communicates in-depth analyses of trends and issues in six areas critical to dental professionals and students. Integration of this information into chapters shows students how to apply these statements to appropriate areas of community oral health care. Many chapters include new websites for organizations and government entities for further research and the latest updates.*

Geriatric Nursing

Visual, Mnemonic, and Memory Aids for Nurses

Client Education

Toward Healthy Aging

Gerontologic Nursing

*Ensure you thoroughly understand the intricate details of providing effective care for adults as they age. Ebersole & Hess' Toward Healthy Aging, 10th Edition is the only comprehensive gerontological nursing text that effectively communicates how to provide holistic care, promote healthy lives, and address end-of-life issues and concerns. Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, the tenth edition has been extensively revised and updated with shorter, more streamlined chapters and pedagogical features to facilitate learning. It covers the areas of safety and ethical considerations, genetics, communication with the patient and caregiver, promoting health in persons with conditions commonly occurring in later-life world-wide addressing loss and palliative care and much more. Special sections provide an honest look at the universal experience of aging and the nurse's role in the reduction of health disparities and inequities as a member of the global community. Plus, it contains a variety of new learning features that focus on applying research and thinking critically in when providing care to aging adults across the care continuum. UPDATED COPD guidelines ensure you understand the latest information used by clinicians. UPDATED Theories of Aging chapter discusses the latest covers current findings on this timely issue. UPDATED Information on medication use and misuse instructs you in what to look for when working with prescription medications. UPDATED chapters incorporate the latest information on timely topics such as Palliative Care and Sleep. UPDATED Wound care guidelines reflect nationally recognized standards. UPDATED Information on LGBT family relationships and sexuality in older adults. A Student Speaks and An Elder Speaks sections at the beginning of every chapter provide honest and candid thoughts from students and elders. Learning objectives found at the beginning of every chapter help you to identify the primary take away messages they should learn from the chapter. Promoting Healthy Aging: Implications for Gerontological Nursing sections provide best practice guidelines for management and promotion of wellness for older adults with chronic illness and those at the end of life. Key concepts are bulleted at the end of every chapter to provide a quick review of the most important concepts found in the chapter. Nursing Studies provide practice examples designed to assist you in assessment, planning, interventions, and outcomes to promote healthy aging Critical Thinking Questions and Activities assist you in developing critical thinking skills related to chapter and nursing study content and include suggestions for in-classroom activities to enhance learning. Content consistent with the core competencies for geriatric nursing incorporates the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults, the Geriatric Nursing Education State of the Science Papers, and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults. The latest information on biological theories of aging and evolving genomic research covers current findings on these timely issues. Research Highlights Boxes highlight important research studies in the field of gerontology Research Questions found at the end of chapters gives you a chance to do further research outside of your book study to give you a better grasp of the field as a whole. Safety Alert Boxes emphasize important safety tips to consider while working in a clinical setting. Resources for Best Practice boxes contain suggestions for further information on various chapter topics and tools for practice. Tips for Best Practice boxes feature summarized lists of evidence-based nursing interventions for practice. Healthy People boxes reference the goals cited in Healthy People 2020. NEW! Additional coverage of frailty in older adults helps you to understand the precautions you need to take when working with this population. NEW! Increased information on Health Literacy assists you in learning the right terms to promote healthy aging. NEW! Added information on herbs/supplements includes essential oils and green tea.*

*Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. This text covers the theory and practice of wellness-oriented gerontological nursing, addressing both physiologic and psychosocial aspects of aging. Organized around the author's unique Functional Consequences Theory, the book explores age-related changes as well as the risk factors that often interfere with optimal health and functioning. Key features include: NEW! Technology to Promote Wellness in Older Adults boxes describe examples of technology-based interventions that can be effective for promoting wellness for older adults. NEW! Interprofessional Collaboration (IPC) material, which is found in boxes or is highlighted with orange bars in the margins, indicates the responsibilities of nurses to collaborate with other professionals and paraprofessionals in health care and community-based settings when caring for older adults. NEW! Global Perspective boxes provide examples of the various ways in which health care professionals in other countries provide care for older adults. NEW! Unfolding Patient Stories, written by the National League for Nursing, are an engaging way to begin meaningful conversations in the classroom. These vignettes, which open each unit, feature patients from Wolters Kluwer's iSim for Nursing | Gerontology (co-developed with Laerdal Medical) and DocuCare products; however, each Unfolding Patient Story in the book stands alone, not requiring purchase of these products. For your convenience, a list of these case studies, along with their location in the book, appears in the "Case Studies in This Book" section later in this frontmatter. NEW! Transitional Care Unfolding Case Studies, which unfold across Chapters 27 through 29, to illustrate ways in which nurses can provide effective transitional care to an older adult whose progressively worsening condition requires that her needs be met in several settings. For your convenience, a list of these case studies, along with their location in the book, appears in the "Case Studies in This Book" section later in this frontmatter. Updated unfolding case studies illustrate common experiences of older adults as they progress from young-old to old-old and are affected by combinations of age-related changes and risk factors. Evidence-based information is threaded through the content and summarized in boxes in clinically oriented chapters. Assessment and intervention guidelines help nurses identify and address factors that affect the functioning and quality of life of older adults. Nursing interventions focus on teaching older adults and their caregivers about actions they can take to promote wellness. Case studies include content on transitional care, interprofessional collaboration, and QSEN!*

*Reflects the most important theoretical foundations and research directions concerning aging and older adulthood This authoritative volume provides the latest insights into, and theoretical interpretation of, our understanding of the human aging process. Newly updated and revised, this edition of the well-established student textbook offers relatable scenarios that touch upon real-world issues faced by older adults and their families. The book explains how research studies attempt to answer questions of both theoretical and practical importance as they relate to aging and older adulthood, and it explains the hypotheses and findings of the studies in a manner that is comprehensible to readers of all levels of research experience. Aging and Older Adulthood begins by describing the demographic characteristics of the older population, and follows with a chapter on theoretical models that apply to the study of adult development and aging, as well as approaches commonly taken to conduct research and ethical concerns involved in the study of this group. It then offers a series of chapters exploring biological aging, sensation perception and attention, memory, intellectual functioning, cognition and real-world problem-solving, personality and coping, social interaction and social ties, lifestyles and retirement, mental health and psychotherapy, and death and bereavement. The final chapter looks at aging in the future. Each chapter includes fully updated research findings, as well as new and expanded coverage of concepts and ideas in areas such as neuroscience, and diabetes. New edition of a highly respected text exploring our contemporary understanding of a broad range of topics related to older adulthood and the psychology of aging Offers thematic treatment of core issues including health, sensory perception, memory, intellect, social interactions, employment and retirement, and mental health Uses a dual lens of two models – the selective optimization with compensation model and the ecological model – to provide cohesiveness to the presentation of both theoretical and applied material Introduces each chapter with a relevant real-world scenario and refers back to it throughout the chapter Includes pedagogical feature boxes that reflect current understanding of contemporary issues in the field as well as key points and issues for further discussion Aging and Older Adulthood, 4th Edition is an excellent text for upper division undergraduate and graduate courses focusing on the older adulthood and aging, the psychology of aging, gerontological studies, and lifespan development.*

*This money-saving package is a must-have for students! It includes Legal and Ethical Issues in Health Occupations, 2nd edition and an electronic version of the textbook that allows students to search, highlight information, take notes, share notes and more. This package makes it simple for students to make the most of their study time and get more use out of their textbooks!*

Interpretive Phenomenology

Ebersole and Hess' Toward Healthy Aging

Foundations of Maternal-Newborn and Women's Health Nursing

Spirituality and Aging

Auscultation Skills

Ebersole & Hess' Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness-based, holistic approach to older adult care. Designed to facilitate healthy aging regardless of the situation or disease process, this text goes beyond simply tracking recommended treatments to address complications, alleviate discomfort, and help older adults lead healthy lives. Featuring evidence-based practice boxes, safety alerts, expanded tables, and careful attention to age, gender, and cultural differences, Ebersole & Hess' Gerontological Nursing and Healthy Aging is the most complete text on the market. Focus on health and wellness helps you gain an understanding of the patient's experience. AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout. Consistent chapter organization and pedagogy, including Learning Objectives, Glossary, and Research and Study Questions/Activities. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Careful attention to age, cultural, and gender differences helps you understand these important considerations in caring for older adults Expanded tables, boxes, and forms, including the latest scales and guidelines for proper health assessment make information easy to find and use. Activities and discussion questions at the end of every chapter equip you with the information you need to assess the patient. UPDATED! Healthy People 2020 boxes integrate information about healthy aging. NEW! Safety Alerts highlight safe practices and quality of care QSEN competencies. NEW! Chapter on Neurologic Compromise expands content on stroke and Parkinson's disease.

Physical Activity Instruction of Older Adults, Second Edition, is the most comprehensive text available for current and future fitness professionals who want to design and implement effective, safe, and fun physical activity programs for older adults with diverse functional capabilities.

GERONTOLOGICAL NURSING, 3/e is a comprehensive, research-based, and up-to-date guide to nursing care for older adults in all settings. It brings together essential information about normal and pathological changes associated with aging; healthy aging; common diseases of aging; and key psychosocial, cultural, and public health issues. Reflecting today's emphasis on evidence-based practice and appropriate delivery of scarce healthcare resources, this text presents new best practices and QSEN standards throughout, promoting more effective assessment, diagnosis, planning, and outcome evaluation. The text's multidisciplinary approaches help nurses "add life to years," not just extend life. Its coverage of acute and chronic diseases includes nursing implications, atypical presentation, functional implications, pharmacology, evaluation, etiology, risk factors, and complications; the text also includes a full chapter on multisystem diseases. This book supports safe, effective, and appropriate practice in the home, hospitals, long-term care, and hospice settings.

This book is a UK adaptation of a Mosby US text, Ebersole & Hess: Toward Health and Aging: Human Needs and Nursing Response. It outlines the theoretical foundations which underpin caring for elderly people, before moving on to consider the specific physiological and psychological problems that the elderly face and that those caring for them have to deal with. The latest research, theory and discussions of current practice are integrated throughout the book. The book acknowledges the diversity of older peoples' lives and the environment they inhabit in the UK. It also adopts a theoretical framework "Maslow's Hierarchy of Needs". This states that each individual has an innate hierarchy of needs that motivates all human behavior. These human needs have different priorities. When people achieve fulfillment of elementary needs, they strive to meet those on the next level until the highest order of needs is reached. Maslow's model is widely known and has been found particularly helpful in facilitating a holistic view of older people. \* Adopts Maslow's Hierarchy of Needs model, helpful in facilitating a holistic view of older people. \* Provides bridge between theoretical foundations of care and actual care provision. \* Incorporates 115 illustrations which enhance the text and clarify concepts. \* Provide Case Studies for real-life learning. \* Includes Chapter Introductions and Chapter Summaries which point out main concepts and provide a useful revision tool. \* Features Further Reading lists with the most current book and journal articles for additional information. Not available in the U.S

Genetics and Genomics in Nursing and Health Care

The Spiritual Dimension of Ageing

Ebersole and Hess' Gerontological Nursing & Healthy Aging

Nursing Older People

Kelly Vana's Nursing Leadership and Management

As the most comprehensive resource on health promotion and maintenance for older adults and their families and caregivers, Toward Healthy Aging, 7th Edition includes the most current information you need to provide effective holistic care, promote healthy lifestyle choices, and address end-of-life issues. Grounded in the core competencies recommended by the AACN in collaboration with the Hartfound Institute for Geriatric Nursing and using Maslow's hierarchy of needs, this book includes complete coverage of both common and uncommon conditions in the older adult. Towards Healthy Aging also highlights key aging issues with sections devoted to basic physiologic needs, safety and security, the need to belong, self-esteem, and self-actualization. A strong focus on health and wellness emphasizes a positive approach to aging. Disease processes are discussed in the context of healthy adaptation, nursing support, and responsibilities. Careful attention to age, cultural, and gender differences are integrated throughout to help you remember these important considerations when caring for older adults. Up-to-date content on AIDS provides important information on addressing this growing concern among older adults. Consistent chapter is organization with objectives, case studies, critical thinking questions, research, and study questions make information easy to find and use. Assessment guidelines are incorporated throughout in helpful tables, boxes, and forms for quick access. Case studies at the end of most chapters explore realistic patient care scenarios to help you expand your knowledge and understanding. Resource lists and appendices provide opportunities for further research and study. With over 200

illustrations, the full-color design is engaging and easy to read. Healthy People 2010 boxes address healthy aging considerations. Evidence-Based Practice boxes help you incorporate the latest research findings into practice and advise you on how to avoid potentially harmful practices. A Nutritional Needs chapter includes the most current nutritional guidelines for older adults to help you better address patients' nutritional needs. Includes the latest scales and guidelines for assessing the gerontologic patient in the Health Assessment in Gerontological Nursing chapter. Expanded coverage of end-of-life issues helps you meet the needs of older adults and their families and caregivers during this difficult transition. Economics of aging discussions help you better understand the financial challenges your patients may face. The latest pharmacologic and nonpharmacologic pain management information helps you reduce pain and discomfort for your patients and helps you provide more effective care.

Memorize the pharmacology facts you need to know — in a flash! Featuring more than 100 colorful 4 x 6 note cards, Mosby's Pharmacology Memory NoteCards: Visual, Mnemonic, & Memory Aids for Nurses, 6th Edition uses illustrations and humor to make studying easier and more fun. This unique pharmacology review may be used as either a spiral-bound notebook or as individual flashcards, so it's perfect for studying while on the go. Created by nursing educators JoAnn Zerwekh and Ashley Garneau, these durable note cards will help you prepare for class, clinicals, or the NCLEX® examination. There's no other study tool like it! UNIQUE! Color-highlighted monographs emphasize important nursing implications, frequent side effects, serious or life-threatening implications, and patient teaching, making it easier to identify nursing priorities on common medications. UNIQUE! Mnemonics and other proven memory aids help you grasp and remember even the most complex concepts. UNIQUE! More than 100 colorful cartoons offer humorous and memorable presentations of key drugs, and are ideal for visual learners. What You Need to Know sections on each card cover the most essential information in a quick and easy-to-review format. Thick pages and a spiral-bound format create a portable tool that is durable enough for use in the clinical environment. Colored thumb tabs at the bottom of the page allow you to find topics quickly. NEW! 8 brand-new cards are added on these topics: Pre-Exposure Prophylaxis (PrEP), Azoles, Mupirocin, Cyanocobalamin, Gabapentin, Corticosteroids, Clobetasol, and Folic Acid. NEW! Updated content is thoroughly reviewed and included throughout the cards.

Structured Life Review is a one-on-one therapeutic technique that guides people in reflecting on their lives from early childhood to the present. It allows individuals to learn from past experiences, settle unresolved issues, and ultimately achieve a state of life acceptance. Participants benefit from increased life satisfaction, reduced depression, and the opportunity for reconciliation, acceptance, and serenity.

A spiritual life, one focused on personal growth and deep human experience, is a major focus and motivator for people over the age of forty. Yet there is a marked lack of rigorous academic study of spirituality's importance in the lives of aging people. Noted gerontologist Robert C. Atchley remedies this problem by developing complex concepts and language about spirituality. Spirituality and Aging incorporates material from two decades of interviews, observations, study, and reflection to illustrate ways of thinking about and discussing spirituality—what it is, why it is important, and how it influences the experience of aging. This book provides a nuanced view of spirituality and the richness it brings to the lives of older people. The book is divided into three sections, with the first providing basic frames of reference for examining spirituality and aging, such as the nature of spirituality, spiritual development, and the spiritual self. Atchley next focuses on two dimensions of spirituality that are likely to manifest later in life: becoming a sage (developing the capacity to bring spiritual light to everyday issues) and serving from spirit (creating opportunities for service that are rooted in spirituality). The last section illustrates how spirituality informs other aspects of late life, such as psychological coping and the experience of dying and death. Separating spirituality from religion—something few books on this topic do—Spirituality and Aging offers a plan for incorporating spirituality into gerontological scholarship, research, education, and practice.

Case Studies in Gerontological Nursing for the Advanced Practice Nurse

Human Needs and Nursing Response

Concepts & Challenges

Embodiment, Caring, and Ethics in Health and Illness

Legal and Ethical Issues in Health Occupations - Text and E-Book Package

Discover what it means to be a professional nurse — the history, values and standards, and commitment to life-long learning. Professional Nursing: Concepts & Challenges, 9th Edition equips you with current professional nursing practices to-read text helps you gain insight into the current state of the profession and benefit from a thorough examination of standards and scope of practice, with new information on the Affordable Care Act, real-life interview narratives, cover professional practice, health care delivery systems, future challenges for the nursing profession. and more. Valuable learning aids throughout this text include: case studies, cultural challenges, evidence-based practice, critical thinking, inter notes, nursing research, and ideas for further exploration. Professional Profiles boxes provide prospective from nurses in the field. Case Study boxes feature scenarios involving relevant issues in patient care. Considering Culture boxes highlight nurse's role and responsibilities and the patient's healthcare experience. Evidence-based Practice boxes identify leading findings in nursing topics and trends. Nurses Doing Research boxes highlight problems identified in patient care and the interventions. Interview narratives explore the issues like culture and faith from the perspectives of leaders in those fields. Discussions on the implications of social media on nursing, including ethics and boundaries. Historical Notes highlight nursing profession. Key terms are bolded where defined in the text. A Glossary is included at the end of the text. Learning outcomes are presented at the chapter openings. Concepts and Challenges and Ideas for Further Exploration at the test prep. NEW! Updated information on the Affordable Care Act keeps you in the know. NEW! Information on care coordination prepares you to make more informed decisions about patient care. NEW! Information on care transitions so you workforce. NEW! Increased content on diversity in nursing, ethnocentrism, moral distress and moral courage, communication models (SBAR, CUS and others), and RN to BSN education. NEW! Cognitive rehearsal prepares you for the unlikely documentation include both electronic and paper types. NEW! Social justice in nursing helps you to learn to advocate for patients who need your help.

Designated a Doody's Core Title! Named an Outstanding Academic Title for 2006 by CHOICE "Those who are interested in the care of older individuals will find this book thoughtful, exciting, and useful...Highly recommended." --CHOICE Learn geriatric nursing as a specialty, as well as the current state of geriatric nursing, from the stories of pioneers in this field. Through the history of those who laid the foundations for the profession to the geriatric nurse leaders who continue geriatric nursing began, evolved, and continues to flourish. Covering the scope of the specialty: How to become a geriatric nurse Geriatric nursing organizations and publications Standards of practice Certification and licensure Future directions of nursing and practical information on how you can find resources, develop ideas, and access research in order to become a successful geriatric nurse.

As the fastest growing population sector worldwide, older adults are seen in almost every care setting in which clinicians practice. Developed as a resource for advanced practice nurses in any setting, Case Studies in Gerontological Nursing offers readers with a range of both typical and atypical cases from real clinical scenarios. The book is organized into six units covering cases related to aging, common health challenges, health promotion, environments of care, cognitive and psychosocial aging and independence. Each case follows a similar format including the patient's presentation, critical thinking questions, and a thorough discussion of the case resolution through which students and clinicians can enhance their clinical reasoning. geriatric clinical education through self-assessment or classroom use, Case Studies in Gerontological Nursing for the Advanced Practice Nurse is a key resource for all those dedicated to improving care for older adults.

Client Education: Theory and Practice focuses on health education and the role of health care providers, especially nurses, in working with clients such as individuals, families and groups, in health care institutions and community health settings. Client Education: Theory and Practice examines the unique characteristics of children, adults, and culturally diverse learners. Client Education: Theory and Practice details how to prepare a teaching plan, write learning objectives, and develop instructional materials with ample examples. Further, a comprehensive examination of formative and summative evaluation completes the book. Each chapter includes a sample client-based teaching plan that incorporates the theory presented in their knowledge.

Gerontological Nursing: Competencies for Care

Theory and Practice

The Handbook of Structured Life Review

Healthy Ageing

Ebersole & Hess' Toward Healthy Aging - Binder Ready

Binder-Ready Edition: This loose-leaf copy of the full text is a convenient, accessible, and customizable alternative to the bound book. With this binder-ready edition, you can personalize the text to match your unique study needs! Ensure you thoroughly understand the intricate details of providing effective care for adults as they age. Ebersole & Hess' Toward Healthy Aging, 10th Edition is the only comprehensive gerontological nursing text that effectively communicates how to provide holistic care, promote healthy lives, and address end-of-life issues and concerns. Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, the tenth edition has been extensively revised and updated with shorter, more streamlined chapters and pedagogical features to facilitate learning. It covers the areas of safety and ethical considerations, genetics, communication with the patient and caregiver, promoting health in persons with conditions commonly occurring in later-life world-wide addressing loss and palliative care and much more. Special sections provide an honest look at the universal experience of aging and the nurse's role in the reduction of health disparities and inequities as a member of the global community. Plus, it contains a variety of new learning features that focus on applying research and thinking critically in when providing care to aging adults across the care continuum. UPDATED COPD guidelines ensure you understand the latest information used by clinicians. UPDATED Theories of Aging chapter discusses the latest covers current findings on this timely issue. UPDATED Information on medication use and misuse instructs you in what to look for when working with prescription medications. UPDATED chapters incorporate the latest information on timely topics such as Palliative Care and Sleep. UPDATED Wound care guidelines reflect nationally recognized standards. UPDATED Information on LGBT family relationships and sexuality in older adults. A Student Speaks and An Elder Speaks sections at the beginning of every chapter provide honest and candid thoughts from students and elders. Learning objectives found at the beginning of every chapter help you to identify the primary take away messages they should learn from the chapter. Promoting Healthy Aging: Implications for Gerontological Nursing sections provide best practice guidelines for management and promotion of wellness for older adults with chronic illness and those at the end of life. Key concepts are bulleted at the end of every chapter to provide a quick review of the most important concepts found in the chapter. Nursing Studies provide practice examples designed to assist you in assessment, planning, interventions, and outcomes to promote healthy aging Critical Thinking Questions and Activities assist you in developing critical thinking skills related to chapter and nursing study content and include suggestions for in-classroom activities to enhance learning. Content consistent with the core competencies for geriatric nursing incorporates the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults, the Geriatric Nursing Education State of the Science Papers, and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults. The latest information on biological theories of aging and evolving genomic research covers current findings on these timely issues. Research Highlights Boxes highlight important research studies in the field of gerontology Research Questions found at the end of chapters gives you a chance to do further research outside of your book study to give you a better grasp of the field as a whole. Safety Alert Boxes emphasize important safety tips to consider while working in a clinical setting. Resources for Best Practice boxes contain suggestions for further information on various chapter topics and tools for practice. Tips for Best Practice boxes feature summarized lists of evidence-based nursing interventions for practice. Healthy People boxes reference the goals cited in Healthy People 2020. NEW! Additional coverage of frailty in older adults helps you to understand the precautions you need to take when working with this population. NEW! Increased information on Health Literacy assists you in learning the right terms to promote healthy aging. NEW! Added information on herbs/supplements includes essential oils and green tea.

"Drawing on in-depth interviews with older people, Elizabeth MacKinlay, develops an understanding of spirituality that enables the reader to explore the spiritual dimension of ageing and to learn how it contributes to well being and health in later life. This book will be a useful text for students, trainers and academics, policy makers and practitioners in health and social care, as well as religious professionals, in hospital, residential and other caring settings."--BOOK JACKET. Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

Each unit builds the fundamental concepts required to effectively treat older adults and teaches how to help them to reach their highest level of wellness regardless of their physical disorder.

With easy-to-read coverage of nursing care for women and newborns, Foundations of Maternal-Newborn & Women's Health Nursing, 6th Edition shows how to provide safe, competent care in the clinical setting. Evidence-based guidelines and step-by-step instructions for assessments and interventions help you quickly master key skills and techniques. Also emphasized is the importance of understanding family, communication, culture, client teaching, and clinical decision making. Written by specialists in maternity nursing, Sharon Smith Murray and Emily Slone McKinney, this text reflects the latest QSEN competencies, and the accompanying Evolve website includes review questions to prepare you for the NCLEX® exam! Nursing Care Plans help you apply the nursing process to clinical situations. Procedure boxes provide clear instructions for performing common maternity skills, with rationales for each step. UNIQUE! Therapeutic Communications boxes present realistic nurse-patient dialogues, identifying communication techniques and showing to respond when encountering communication blocks. Communication Cues offer tips for interpreting patients' and families' verbal and nonverbal communication. Critical Thinking exercises focus on clinical situations designed to test your skills in prioritizing and critical thinking. Updated drug guides list important indications, adverse reactions, and nursing considerations for the most commonly used medications. Check Your Reading helps you assess your mastery of key content. Critical to Remember boxes highlight and summarize need-to-know information. Want to Know boxes provide guidelines for successful client education. Glossary provides definitions of all key terms. NEW! Safety Alerts help you develop competencies related to QSEN and safe nursing practice. NEW! Unfolding case studies help you apply what you've learned to practice. UPDATED Evidence-Based Practice boxes highlight the latest research and the most current QSEN (Quality and Safety Education for Nurses) practice guidelines for quality care. UPDATED content includes the late preterm infant, fetal heart rate pattern identification, obesity in the pregnant woman, and the QSEN competencies.

Aging and Older Adulthood

Introduction to Evidence-Based Practice

Middle Range and Situation Specific Theories in Nursing Research and Practice

Transitions Theory

Ebersole and Hess' Toward Healthy Aging Human Needs and Nursing Response

With a strong focus on health and wellness, this gerontological nursing text offers you a holistic perspective to caring for older adults. Designed to facilitate the healthiest adaptation possible, this text identifies potential problems that may occur and the means to address complications, alleviate discomfort, and help older adults lead healthy lives. Disease processes are discussed in the context of healthy adaptation, nursing support, and nursing responsibilities to help you gain an understanding of your clients' experience. Focus on health and wellness establishes a positive perspective to aging. Careful attention to age, cultural, and gender differences are integrated throughout to help you understand these important considerations when caring for older adults. Healthy aging strategies maximize the healthiest behaviors of clients with dementia and their caregivers. Consistent chapter organization includes learning objectives, research, and study questions/activities to make information easy to find and use. Incorporates assessment guidelines throughout provide useful tools for practice. End-of-chapter activities and discussion questions help you expand your knowledge and understanding of the content. Resource lists provide you with additional means to explore ways to care for the older adult. Incorporates the core competencies identified by the AACN and the Hartford Foundation Institute for Geriatric Nursing. Healthy People 2010 boxes assist you in integrating knowledge about healthy aging considerations. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Expanded sexuality-related content includes older adults living with AIDS and STDs. Genetics section reflects the emergence of the role of genetics in gerontological assessment.

"It is very exciting to see all of these studies compiled in one book. It can be read sequentially or just for certain transitions. It also can be used as a template for compilation of other concepts central to nursing and can serve as a resource for further studies in transitions. It is an excellent addition to the nursing literature." Score: 95, 4 Stars. --Doody's "Understanding and recognizing transitions are at the heart of health care reform and this current edition, with its numerous clinical examples and descriptions of nursing interventions, provides important lessons that can and should be incorporated into health policy. It is a brilliant book and an important contribution to nursing theory." Kathleen Dracup, RN, DNSc, Dean and Professor, School of Nursing University of California San Francisco Afaf Meleis, the dean of the University of Pennsylvania School

of Nursing, presents for the first time in a single volume her original "transitions theory" that integrates middle-range theory to assist nurses in facilitating positive transitions for patients, families, and communities. Nurses are consistently relied on to coach and support patients going through major life transitions, such as illness, recovery, pregnancy, old age, and many more. A collection of over 50 articles published from 1975 through 2007 and five newly commissioned articles, Transitions Theory covers developmental, situational, health and illness, organizational, and therapeutic transitions. Each section includes an introduction written by Dr. Meleis in which she offers her historical and practical perspective on transitions. Many of the articles consider the transitional experiences of ethnically diverse patients, women, the elderly, and other minority populations. Key Topics Discussed: Situational transitions, including discharge and relocation transitions (hospital to home, stroke recovery) and immigration transitions (psychological adaptation and impact of migration on family health) Educational transitions, including professional transitions (from RN to BSN and student to professional) Health and illness transitions, including self-care post heart failure, living with chronic illness, living with early dementia, and accepting palliative care Organization transitions, including role transitions from acute care to collaborative practice, and hospital to community practice Nursing therapeutics models of transition, including role supplementation models and debriefing models

Complex concepts made manageable! Build the foundation you need to understand the science of genetics and its growing role in the diagnosis and treatment of diseases and disorders. Confidently tackle the basics of genetic inheritance, the influence of somatic and germline mutations, the multifactorial relationship of gene-environment interactions, and the foundation of ethical behavior. Everyday language makes these often-intimidating topics easy to understand, while clearly defined principles, logical explanations, illustrations, tables, and clinical examples ensure you master the material.

A Practical Guide for Nursing

Ebersole & Hess' Toward Healthy Aging

Growth of a Specialty

Ebersole & Hess' Toward Healthy Aging Pageburst on Kno Access Code

Mosby's Pharmacology Memory NoteCards - E-Book

**The most comprehensive psychiatric nursing care planning text available assists students and practitioners in providing effective care in a variety of settings. Clear presentation of information, consistent use of the nursing process, correlation of nursing and medical diagnoses, and prioritization of interventions make this text an invaluable resource. Grounded in the latest classification of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR) and the most current list of NANDA-approved nursing diagnoses, this text covers a wide range of disorders, their psychopathology, and appropriate nursing interventions with rationales. Care plans use real clinical situations and include therapeutic and nontherapeutic dialogue examples to familiarize nurses with likely scenarios and equip them with the tools they need to feel confident in any clinical setting. The first chapter, The Nursing Process, effectively describes the central principles of psychiatric nursing practice in detailing the ANA's six-step nursing process along with additional information on therapeutic nurse-client communication skills, client history and assessment tools, NIC and NOC, and more. The six-step nursing process format is maintained throughout to emphasize a practice-oriented, problem-solving approach to psychiatric care. Major psychiatric disorders are reviewed consistently and completely with sections including Etiology, Epidemiology, Assessment and Diagnostic Criteria, Interventions, and Prognosis and Discharge Criteria. With this basis of knowledge, relevant care plans are offered in the second section of each chapter. Care plans based on DSM-IV-TR medical and NANDA nursing diagnoses are logically and consistently organized with Assessment Data, Outcome Criteria, Planning and Implementation, and Evaluation sections. Assessment Data sections include detailed related factors (etiology) and defining characteristics or risk factors as appropriate for the specific diagnosis. Outcome Criteria sections give the reader clear indications of the desired end state. Planning and Implementation sections list specific, relevant, and practical nursing interventions with rationales in a clear, comprehensible two-column format. UNIQUE! Therapeutic and non-therapeutic dialogue examples are presented throughout to promote more effective client communication. Evaluation sections state the role of outcome evaluation as a critical and ongoing step in the nursing process. Client and Family Teaching boxes include Nurse Needs to Know and Teach Client and Family sections covering all aspects of post-treatment instructions for clients and caregivers. DSM-IV-TR boxes list all related DSM-IV-TR diagnoses for quick reference. Helpful appendices contain information and strategies that are timely and useful in the care of clients with mental and emotional disorders including such topics as psychiatric and psychosocial therapies, grief and loss, spirituality, and many more.**

**Do you speak EPB? Be prepared for the world of evidence-based practice which is now an integral part of nursing. It's at the heart of the decisions you'll make every day and the language common to all healthcare professionals. This practical, step-by-step approach introduces you to who, what, why, when, and how of evidence-based practice. You'll develop the critical-thinking and decision-making skills you need to meet the expectations of employers to deliver safe and effective patient care. Perfect for a stand-alone, evidence-based course or for integrating throughout the nursing curriculum.**

**Your transition from nursing student to practicing nurse begins here! "As a nursing faculty member, I found the book informative, interesting, and just a pleasure to read. There is a lot of useful information for the new graduate nurse. 3 Stars."--Doody's Review Service Packed with real-life examples and indispensable advice from novice nurses and staff development experts, New Nurse's Survival Guide is the single best book available on how to get the job you want and become the nurse you aspire to be after you graduate from nursing school. You'll learn exactly what you must know and do in order to stand out from all the other new graduates and make yourself irresistible to employers -- in even the most challenging job market. And you'll find out what it really takes to thrive, not just survive, during your first year on the job. Land a great job in any economy by learning: What you can do to gain on-the-job experience while you are still in school How to prepare for your job search, interview, and orientation What hospitals are looking for and what you need to bring to the table How you can demonstrate that you are a nurse that takes the initiative How to demonstrate leadership to potential employers**

**Get all the knowledge you need to provide effective care for adults as they age. Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, Ebersole & Hess' Toward Healthy Aging, 9th Edition is the only comprehensive text to address all aspects of gerontological nursing care. The new ninth edition has been extensively revised and updated and now includes shorter, more streamlined chapters and pedagogical features to facilitate learning, covering the areas of safety and ethical considerations, genetics, communication with the patient and caregiver, promoting health in persons with conditions commonly occurring in later-life worldwide addressing loss and palliative care and much more. This new edition considers the experience of aging as a universal experience and the nurse's role in the reduction of health disparities and inequities as a member of the global community. Plus, it contains a variety of new learning features that focus the readers' attention on applying research and thinking critically in providing care to aging adults across the care continuum.**

**Psychiatric Nursing Care Plans - E-Book**

**Ebersole and Hess' Gerontological Nursing & Healthy Aging4**

**Geriatric Nursing & Healthy Aging**

**Human Needs & Nursing Response**

**Physical Activity Instruction of Older Adults, 2E**