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# Nursing Health Assessment A Best Practice Approach

ACE Nursing Assessment:: On the go Head-to-Toe Health Assessment The physical assessment can bring butterflies to any nursing student . . . it did for me! It's hard to remember the order, the technique, the process, and all the abnormalities. This health assessment book for nursing students helps relieve that pressure and anxiety by providing a NO FLUFF, easy to

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The Future of Nursing explores how nurses' roles, responsibilities, and education

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should change significantly to meet the increased demand for care that will be created by health care reform and to advance improvements in America's increasingly complex health system. At more than 3 million in number, nurses make up the single largest segment of the health care work force. They also spend the greatest amount of time in delivering patient care as a profession. Nurses therefore have valuable insights and unique abilities to contribute as partners with other health care professionals in

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improving the quality and safety of care as envisioned in the Affordable Care Act (ACA) enacted this year. Nurses should be fully engaged with other health professionals and assume leadership roles in redesigning care in the United States. To ensure its members are well-prepared, the profession should institute residency training for nurses, increase the percentage of nurses who attain a bachelor's degree to 80 percent by 2020, and double the number who pursue doctorates. Furthermore, regulatory and

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institutional obstacles -- including limits on nurses' scope of practice -- should be removed so that the health system can reap the full benefit of nurses' training, skills, and knowledge in patient care. In this book, the Institute of Medicine makes recommendations for an action-oriented blueprint for the future of nursing.

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2e 9781451193695 Jensen Pocket Guide for Nursing Health Assessment, 2e Using a nursing-oriented, holistic approach, this straightforward text provides you with a visual presentation to conducting physical examinations. This textbook clearly delineates the routine exam techniques from those exams for special circumstances or advanced practice. UNIQUE! Routine exams and exams for advanced practice are identified with a special icon to help you quickly and easily determine essential assessment

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content. Body system chapters are subdivided into clearly delineated sections to allow easy navigation among these consistent sections within the chapters. UNIQUE! End-of-chapter Documentation Samples demonstrate how to document client data and provide a practice context for client charting. UNIQUE! Special feature boxes outline common, Frequently Asked Questions (FAQs) about health assessment and provide corresponding answers. Ethnic and Cultural Variations boxes present differences to



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anticipate among today's multicultural client population and show how to vary the exam for varied populations. Separate sections for special circumstances or special needs show how to vary the exam for clients with special needs. Feature boxes outline Healthy People 2010 objectives to provide you thorough discussions of recommendations for health promotion and reducing risk. Interactive Activity Lists at the end of each chapter outline corresponding exercises, checklists, and lab forms that can be

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found on the companion CD-ROM. Case Studies with Clinical Reasoning Questions are provided at the end of each chapter to test your application of textbook material. NCLEX® exam-style review questions are included at the end of each chapter. PDA-Downloadable Exam Techniques are included on the Evolve companion website to allow you to easily access important summary exam information. UNIQUE! The 30 Core Assessment Skills identified by research as most commonly performed by nurses are now highlighted

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with a unique icon. UNIQUE! The companion CD-ROM now provides the Core Assessment Skills Checklists as quick step-by-step summaries for each of the 30 Core Assessment Skills. Two new chapters pull all of the essential exam and assessment content together into cohesive chapters for the infant and child and the older adult. UNIQUE! Clinical Reasoning Exemplars walk you through the thinking process of how an experienced nurse makes decisions. UNIQUE! Concept boxes feature eight concepts in the context of health

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assessment including pain, sleep, oxygenation, perfusion, tissue integrity, motion, sensory, and intracranial regulation.

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*as a laboratory manual and a study guide for the student. Each chapter of the lab manual corresponds to a chapter in the main textbook assisting students with comprehending and applying the theoretical content. Students will fully develop their assessment skills using the new interview guides and assessment guides. Students will also develop independence and readiness for test-taking by answering questions designed to hone these skills. Critical thinking skills are further developed when students participate in the Critical Thinking and Case Study activities.*

*Mastering critical thinking skills can be challenging for*

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Preceded by: Nursing health assessment. Clinical pocket guide / Patricia M. Dillon. 2nd ed. c2007.

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