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students with
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muscles and
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demonstrates
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techniques.
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***of internal
structures are
embedded into
photographs of
live models to
show each
muscle or
muscle group,
surrounding
structures,
surface
landmarks, and
the therapist's***

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hands. Students see clearly which muscle is being worked, where it is, where it is attached, how it can be accessed manually, what problems it can cause, and how treatment

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features

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illustrations

of draping and

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each muscle. An

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its great
success, while

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instruction of

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anatomy in

order to

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information on the
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and specific

techniques for a

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step, this

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introduces you to

the importance of

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demands of legal
and ethical practice
in a litigious society.

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Focuses on the examination of forces that create entire body motion, and develops the biomechanical knowledge of the reader.

Whittle's Gait
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Analysis: an

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introduction – is now
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led by David Levine
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team maintains a clear
and accessible
approach to basic gait
analysis. It will assist
both students and
clinicians in the

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diagnosis of and
treatment plans for
patients suffering
from medical
conditions that affect
the way they walk.

Highly readable, the
book builds upon the
basics of anatomy,
physiology and
biomechanics

Describes both normal
and pathological gait

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Covers the range of methods available to perform gait analysis, from the very simple to the very complex.

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orthotics Methods of

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gait analysis Design

features including key

points A team of

specialist contributors

led by two internationa

lly-renowned expert

editors 60 illustrations,

taking the total

number to over 180

Evolve Resources

containing video clips
and animated

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skeletons of normal gait supported by MCQs, an image bank, online glossary and sources of further information. Log on to <http://evolve.elsevier.com/Whittle/gait> to register and start using these resources today! This comprehensive text provides a thorough and realistic

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overview of both the profession and the practice of physical therapy. The first half of the book introduces readers to key aspects of a career in physical therapy, such as physical therapy roles, practice settings, the APTA, and laws, policies, and regulations. The

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second half describes the practice of physical therapy, detailing the functions, disorders, and therapies of the major organ systems.

Visually appealing, this text includes both classic photos that illustrate the history of the profession, as well as practical photos that

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demonstrate current physical therapy procedures. This is the only introductory textbook to include an overview of both the profession and the clinical practice of physical therapy and physical therapy assisting. Each chapter offers helpful learning tools, including a

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chapter outline, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings, and review questions.

Features the latest information on current trends in health care and the profession of physical therapy such

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as laws and regulations, reimbursement, the roles of the PTA and PT, new terminology, and key concepts. A new chapter on reimbursement introduces readers to the administrative side of physical therapy practice and its effect on the profession. A

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new chapter on communication and cultural competence explores how cultural differences can influence patient behavior and interaction.

Karen Clippinger's first edition of Dance Anatomy and Kinesiology was hailed as the definitive text

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on the topic. This new edition builds on that success by retaining its scientific perspective while making the material more accessible to students and teachers. What's New? • A suite of online instructor and student ancillaries to support the text • An improved organization

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that will help teachers
better cover the
content in their

courses • A reduction
of the scientific depth
to produce a more
reader-friendly book
that focuses on the
musculoskeletal
anatomy and
kinesiology that
dancers need to know

• Graphics, photos,

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and anatomical illustrations that demonstrate muscle movements and technique considerations and set the book apart from others in its field
Primary Focus While much is new in this second edition, Clippinger retains her emphasis on

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presenting the anatomical and kinesiological material that is essential for dancers to understand. The text includes descriptions of joint structure, key muscles, common alignment problems, select joint mechanics, and movement analysis and includes sample

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strength and flexibility
exercises for each
region of the body.

Accessible to a Wider
Audience Clippinger
has made this second
edition more engaging
to a wider audience
and narrowed the
scope of the material
so it can be more
readily covered in a
single undergraduate

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course. And while many of the text examples are dance-specific, its applied nature and its many illustrations make it a great reference for Pilates, yoga, and fitness instructors as well as dance educators and dedicated dancers.

New Ancillaries • An
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syllabus and course
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outlines, lab
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resource including
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and correction
guidelines This new
edition will give
teachers a clearer
picture of the
anatomical and
kinesiological factors
that aid in generating

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technique cues and identifying technique problems. It will provide dancers with a better understanding of overcoming technique challenges and preventing injuries. Its solid grounding in the sciences, along with the art and accessible text, will help teachers

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become more effective and empower dancers to realize their potential and artistic vision.

Quotes The first edition of Dance Anatomy and Kinesiology was hailed by reviewers as “most likely to become the definitive text in dance anatomy, kinesiology,

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and conditioning classes” (Journal of Dance Medicine and Science); “a must for any dance teacher who is serious about helping their students” (Australia Dance Teacher Magazine); and “the most substantive dance science resource to date” (Journal of

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Advanced Practice
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work through
your lab
activities, and
review the
results.

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principles that will be

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on positioning and

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patient transfer,
ambulation activities,
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Full-color drawing of the muscle, attached to the bone. Name of the muscle. Origin,

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insertion, action, and innervations. 112

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that examine

muscles from the

shoulder, elbow,

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Several test
options are
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most of those
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