

Don T Eat The Marshmallow Yet The Secret To Sweet Success In Work And Life

Most marshmallows are born into marshmallow families, play with marshmallow friends, and go to marshmallow school where they learn to be squishy. Most marshmallows read a book before bed and then fall asleep to dream ordinary marshmallow dreams. Is this book about most marshmallows? It isn't. Because Rowboat Watkins knows that just like some marshmallows have big dreams, and just like you, these marshmallows can do anything they set their minds to. This sweet and silly book is an inspiring reminder that by being true to ourselves each of us can be truly extraordinary. Popular YouTubers Cole and Savannah LaBrant share their inspiring love story, highlighting the redemptive, surprising nature of God at work in our lives, and how He graciously steps in and turns our messes into something beautiful. Millions around the world followed the fairytale love story of viral YouTube stars Cole and Savannah LaBrant and watched as she said "I do." Their subsequent YouTube channel, dedicated to family and faith, garners more than 100 million views each month. But now for the first time ever, Cole and Sav invite you beyond the highlight reel and into the beautiful and funny and tender story of how God brought two unlikely people together in a surprising, unexpected way. With their signature charming and engaging style, Cole and Sav take you behind the camera and open up about past heartache, mistakes; painful secrets and difficult expectations; the joys and challenges of raising their daughter, Everleigh; and a spiritual journey that changed their hearts—and relationship—forever.

It's the first day of school for Penelope Rex, and she can't wait to meet her classmates. But it's hard to make human friends when they're so darn delicious! That is, until Penelope gets a taste of her own medicine and finds she may not be at the top of the food chain after all. . . . Readers will gobble up this hilarious new story from award-winning author-illustrator Ryan Higgins.

Diane Bencoter grew up in the heartland of America in a small Nebraska town with a loving family. At 17, motivated by idealism and inspired by the lyrics of her favorite songs, she left home in search of a way to end war. She found ease to life's hard questions in the form of a religious cult commonly known as the Moonies. In "Shoes of a Servant" Bencoter weaves a gripping story of her servitude in the cult, the deprogramming staged by her desperate family, and her subsequent involvement in the underground world of deprogramming, culminating in her arrest for kidnapping. Often humorous and always heartbreaking, Bencoter's story carries the reader on a journey into the world of mental manipulation, providing compelling insight on how human vulnerabilities open the door for extremism. . ."Read this book and share it with everyone because everyone is vulnerable." Dr. Joachim De Posada "Don't Eat the Marshmallow...yet"

A Question and Answer Book about Animal Diets

The Case Against Sugar

Finding Home in the Last Place I Thought to Look

Don't Eat the Marshmallow

Do Monkeys Eat Marshmallows?

The Secrets of Highly Successful Groups

Tips, Techniques, Strategies, and Materials to Win

" Ellen Galinsky—already the go-to person on interaction between families and the workplace—draws on fresh research to explain what we ought to be teaching our children. This is must-reading for everyone who cares about America ' s fate in the 21st century. " — Judy Woodruff, Senior Correspondent for The PBS NewsHour Families and Work Institute President Ellen Galinsky (Ask the Children, The Six Stages of Parenthood) presents a book of groundbreaking advice based on the latest research on child development.

Turn your favorite marshmallow Chicks and Bunnies into delicious, unique desserts of all kinds with recipes from top food bloggers and the PEEP makers themselves with Peeps-a-licious! Whether you prefer Chicks or Bunnies, chocolate-dipped or traditional, Easter or Halloween—everyone has a favorite PEEPS Brand Marshmallow treat. Now you can incorporate PEEPS into all of your desserts with the delicious culinary creations in this fun and colorful cookbook. Peeps-a-licious! features 50 winning PEEPS-inspired recipes from some of your favorite food bloggers, along with some fantastic original recipes from the folks at Just Born, the makers of PEEPS. You'll learn how to make adorable PEEPS-styled cupcakes, pops, cookies, cakes, brownies, and more. Indulge in PEEPS-Stuffed Chocolate Chip Cookies, PEEPS Party Cupcake Cones, No-Bake Lemon PEEPS Cake, PEEPS Macarons, and even Frozen PEEPS-icles. PEEPS are the perfect dessert treat, and each recipe is sure to please all ages. Plus with recipes for Easter, Halloween, Thanksgiving, Christmas, and Valentine's Day, you can make PEEPS treats all-year round...it's the perfect book for the PEEPS lover in your life! Features contributions by: Sally McKenney of Sally's Baking Addiction Christi Johnstone of Love from the Oven Jennifer Lee of Kirbie's Cravings Alicia Peiffer of Making Time for Mommy Chef Melanie Underwood at MelanieUnderwood.com Ashley Fox Whipple of Cute as a Fox Marge Perry of A Sweet and Savory Life Michelle Cordero of That's So Michelle Michelle Clausen of Sugar Swings! Serve Some Jessica McCoy of All She Cooks

Disillusioned and yearning for freedom, Emily Wierenga left home at age eighteen with no intention of ever returning. Broken down by organized religion, a childhood battle with anorexia, and her parents' rigidity, she set out to find God somewhere else--anywhere else. Her travels took her across Canada, Central America, the United States, the Middle East, Asia, and Australia. She had no idea that her faith was waiting for her the whole time--in the place she least expected it. Poignant and passionate, Atlas Girl is a very personal story of a universal yearning for home and the assurance that we are known, forgiven, and beloved. Readers will find in this memoir a true description of living faith as a two-way pursuit in a world fraught with distraction. Anyone who wrestles with the brokenness we find in the world will love this emotional journey into the arms of the God who heals all wounds.

"From the author of Vegetarian Cooking for Everyone ("The Queen of Greens" --The Washington Post)--a warm, bracingly honest memoir that also gives us an insider's look at the vegetarian movement. Thanks to her beloved cookbooks and groundbreaking work as the chef at Greens Restaurant in San Francisco, Deborah Madison, though not a vegetarian herself, has long been revered as this country's leading authority on vegetables. She profoundly changed the way generations of Americans think about cooking with vegetables, helping to transform "vegetarian" from a dirty word into a mainstream way of eating. But before she became a household name, Madison spent almost twenty years as an ordained Buddhist priest, coming of age in the midst of counterculture San Francisco. In this charmingly intimate and refreshingly frank memoir, she tells her story--and with it the story of the vegetarian movement--for the very first time. From her childhood in Big Ag Northern California to working in the kitchen of the then-new Chez Panisse, and from the birth of food TV to the age of green markets

everywhere, *An Onion in My Pocket* is as much the story of the evolution of American foodways as it is the memoir of the woman at the forefront. It is a deeply personal look at the rise of vegetable-forward cooking, and a manifesto for how to eat well"--

Olive Marshmallow

Activities and Games for Curious Kids

Marshmallow Magic

The Seven Essential Life Skills Every Child Needs

Eat That Frog!

A Disney Hyperion E-book With Audio

The Marshmallow Test

Move over cupcakes! Marshmallows – sweet, comforting, versatile and utterly delicious – have arrived with style. The childhood favourite has had an extraordinary makeover. Easy and cheap to make, and a low-fat treat that is perfect for puddings, parties and presents, these sensational, pillowy delights will leave your mouth watering. Try: Nostalgic Marshmallows: Neapolitan ice-cream marshmallow; marshmallow and jam ‘teacakes’; chocolate orange squares... Marshmallows for celebrating: Hallowe’en and party pops; marshmallow frosted cakes; lovehearts and s’mores... Grown-up Marshmallows: coffee and walnut marshmallows; Turkish delights; mojito marshmallows... With techniques and tips for making the perfect marshmallow, and with a vegetarian option, this collection of glorious artisan sweets will change the way you think about marshmallows for ever!

"Coyle spent three years researching the question of what makes a successful group tick, visiting some of the world's most productive groups--including Pixar, Navy SEALs, Zappos, IDEO, and the San Antonio Spurs. Coyle discovered that high-performing groups ... generate three key messages that enable them to excel: 1. Safety (we are connected), 2. Shared risk (we are vulnerable together), 3. Purpose (we are part of the same story)"-- Another delightful feel-good romantic Christmas comedy from CP Ward... When downtrodden checkout assistant Bonnie Green receives a letter from a mysterious uncle, she can hardly believe her eyes. Gifted a hundred-year lease on a famous cafe situated in the middle of a mythical theme park, Bonnie sets off with her best friend Debbie on an adventure to a hidden valley in the Lake District where they will find new friendship, love, and happiness, all set against the magic of Christmas ... and more marshmallows than they can possibly eat....

Maintain the Marshmallow Principle-with this follow-up to the international bestseller! Everyone's favorite stumbling striver returns in another simple and telling parable from acclaimed motivational expert Joachim de Posada. Arthur has been practicing the principles of success, but after he accepts a lucrative new job, he finds himself reverting to his old gobbling habits. Perfect for anyone in transition, this book explains how to apply the principles of success to changing circumstances. In our go-go culture, "wait" has become the most offensive of four-letter words, but patience is not the same as self-sacrifice, and holding out for something you really want is far more satisfying than settling for whatever is available. Don't Gobble the Marshmallow...Ever! teaches the importance of lifelong non-nibbling-and promises sweet rewards.

Rediscovering the Greatest Human Strength

The Marshmallow Incident

Sally's Baking Addiction

No

An Onion in My Pocket

The Secret to Sweet Success in Times of Change

Our Surprising Love Story

Do monkeys eat marshmallows? Find the answer to this and much more in this book all about what animals eat.

Owen has a basket of treats: jelly beans, gumdrops, a chocolate bunny -- and best of all, a little marshmallow chick. "My favorite," says Owen to a surprise that's too good to eat. Gift set contains: The Complete, original board book 5-inch finger puppet

"Natalie Holbrook's sensibility is stylish and playful, as well as practical, loving, and down-to-earth. Hey Natalie Jean is a terrific read for anyone who wants to make her life more beautiful." – Gretchen Rubin The blog Hey Natalie Jean has won a cult following with writer Natalie Holbrook's honest, inspiring, and often witty posts on topics like marriage, babies, nesting, and style. Natalie's first book, Hey Natalie Jean is one part manifesto and three parts ideas, projects, and advice. Beautifully illustrated and whimsically designed, the book offers twenty-five essays and how-tos that serve as a guide to life: making date-night magic in the middle of the mundane, successfully exploring the city with a three-year-old, and creating a satisfying daily routine that still leaves room for little adventures and lots of magic. Natalie's optimism, creativity, keen eye, and zeal for life are palpable, and she encourages others to make their lives beautiful with ease. This heartfelt, personal collection of essays and photographs shows Natalie's ability to identify and describe life's lovely incidentals in the everyday routine of errands, play dates, and naps.

Inspiring, moving, and whip-smart, Hey Natalie Jean is an honest look at the hard work and courage that go into creating a beautiful life.

The “refreshing . . . laugh-out-loud” #1 New York Times bestseller about life in the suburbs that was adapted into a classic film comedy (Kirkus Reviews). One day, Tony Award-winning playwright Jean Kerr packed up her four kids (and husband, Walter, one of Broadway’s sharpest critics), and left New York City. They moved to a faraway part of the world that promised a grassy utopia where daisies grew wild and homes were described as neo-gingerbread. In this collection of “wryly observant” essays, Kerr chronicles her new life in this strange land called Larchmont (TheWashington Post). It sounds like bliss—no more cramped apartments and nightmarish after-theater cocktail parties where the martinis were never dry enough. Now she has her very own washer/dryer, a garden, choice seats at the hottest new third-grade school plays (low overhead but they’ll never recoup their losses), and a fresh new kind of lunacy. In Please Don’t Eat the Daisies “Jean Kerr cooks with laughing gas” as she explores the everyday absurdities, anxieties, and joys of marriage, family, friends, home decorating, and maintaining a career—but this time with a garage! (Time).

How to Survive Among Piranhas

Homemade Gourmet Treats

Family Child Care Money Management and Retirement Guide

Shoes of a Servant

Irresistible Cookies, Cupcakes, and Desserts for Your Sweet-Tooth Fix

Vampires Do Hunt Marshmallow Bunnies

The Abominable Snowman Doesn't Roast Marshmallows

From traditional toffee, fluffy clouds of marshmallow and creamy maple and pecan fudge to sherbet with lolly dippers, the recipes in Sweet Things are the stuff of childhood dreams. Soft, delicately flavoured nougat bars, topped with vanilla caramel and covered in chocolate are just big enough for three or four (big) bites and far surpass the shop-bought equivalent. Crisp butterscotch popcorn with just a hint of sea salt is the perfect adult indulgence, a box of Praline Hearts makes a delightful Valentine's Day gift and chocolate dipped honeycomb is tailor-made for Father's Day. The recipes come with failsafe instructions that will ensure success every time, even for novice confectioners, plus creative packaging ideas, making this the ideal book whether you want an imaginative present for someone special or merely to treat yourself.

IACP AWARD FINALIST • The expert baker and bestselling author behind the Magnolia Network original series Zoë Bakes explores her favorite dessert—cakes!—with more than 85 recipes to create flavorful and beautiful layers, loafs, Bundts, and more. “Zoë’s relentless curiosity has made her an artist in the truest sense of the word.”—Joanna Gaines, co-founder of Magnolia NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY TIME OUT Cake is the ultimate symbol of celebration, used to mark birthdays, weddings, or even just a Tuesday night. In Zoë Bakes Cakes, bestselling author and expert baker Zoë François demystifies the craft of cakes through more than eighty-five simple and straightforward recipes. Discover treats such as Coconut–Candy Bar Cake, Apple Cake with Honey-Bourbon Glaze, and decadent Chocolate Devil’s Food Cake. With step-by-step photo guides that break down baking fundamentals—like creaming butter and sugar—and Zoë’s expert knowledge to guide you, anyone can make these delightful creations. Featuring everything from Bundt cakes and loaves to a beautifully layered wedding confection, Zoë shows you how to celebrate any occasion, big or small, with delicious homemade cake.

Renowned psychologist Walter Mischel, designer of the famous Marshmallow Test, explains what self-control is and how to master it. A child is presented with a marshmallow and given a choice: Eat this one now, or wait and enjoy two later. What will she do? And what are the implications for her behavior later in life? The world's leading expert on self-control, Walter Mischel has proven that the ability to delay gratification is critical for a successful life, predicting higher SAT scores, better social and cognitive functioning, a healthier lifestyle and a greater sense of self-worth. But is willpower prewired, or can it be taught? In The Marshmallow Test, Mischel explains how self-control can be mastered and applied to challenges in everyday life--from weight control to quitting smoking, overcoming heartbreak, making major decisions, and planning for retirement. With profound implications for the choices we make in parenting, education, public policy and self-care, The Marshmallow Test will change the way you think about who we are and what we can be.

From the creators of the #1 kids podcast Wow in the World comes an interactive, science-based activity book based on their daily game show, Two Whats?! and a Wow! Choose between three unbelievable science statements to identify the true wow fact from the fallacies--and then learn thewhyandhowbehind thewow! But that's not all! After each round, tackle a STEAM-based challenge using a few household items and a lot of creativity. And discover even more science fun in the sidebars, which are filled with brain-bursting facts and figures. Packed withWow in the World's signature, family-friendly humor and fascinating science facts, theTwo Whats?! and a Wow! Think & Tinker Playbookwill provide hours of learning, laughs, and wows.

Most Marshmallows

Cole and Sav

50 Irresistibly Fun Marshmallow Creations

Christmas at the Marshmallow Cafe

My Unconditional Devotion to a Lie

Sweet Things

Mastering Self-Control

From the creators of the bestseller CLOUDY WITH A CHANCE OF MEATBALLS comes another zany, laugh-out-loud picture book! The Town of Left and the Town of Right are separated by a dotted yellow line, and no one on either side can remember how things got to be this way! One day, an unlucky citizen crosses the line--forcing the Order of the Ambidextrous Knights who guard

the border to take action. Unfortunately, the only ammunition they have around is marshmallows--50,000 boxes worth! So begins the Marshmallow Incident, a tale of Left and Right, and Right and Wrong, with an incredibly silly but delicious dose of Mallo-Puffs and Marsh-Pillows thrown in. Kids will read it once and then beg for s'more!

From the best-selling author of *Why We Get Fat*, a groundbreaking, eye-opening exposé that makes the convincing case that sugar is the tobacco of the new millennium: backed by powerful lobbies, entrenched in our lives, and making us very sick. Among Americans, diabetes is more prevalent today than ever; obesity is at epidemic proportions; nearly 10% of children are thought to have nonalcoholic fatty liver disease. And sugar is at the root of these, and other, critical society-wide, health-related problems. With his signature command of both science and straight talk, Gary Taubes delves into Americans' history with sugar: its uses as a preservative, as an additive in cigarettes, the contemporary overuse of high-fructose corn syrup. He explains what research has shown about our addiction to sweets. He clarifies the arguments against sugar, corrects misconceptions about the relationship between sugar and weight loss; and provides the perspective necessary to make informed decisions about sugar as individuals and as a society.

The bestselling author of "Why Do They Act That Way?" writes the book his readers have been asking him for: how and when to say no to kids and make it stick.

A yet heartbreakingly honest, endearing memoir of incredible weight loss by a young food blogger who battles body image issues and overcomes food addiction to find self-acceptance. All her life, Andie Mitchell had eaten lustily and mindlessly. Food was her babysitter, her best friend, her confidant, and it provided a refuge from her fractured family. But when she stepped on the scale on her twentieth birthday and it registered a shocking 268 pounds, she knew she had to change the way she thought about food and herself; that her life was at stake. *It Was Me All Along* takes Andie from working class Boston to the romantic streets of Rome, from morbidly obese to half her size, from seeking comfort in anything that came cream-filled and two-to-a-pack to finding balance in exquisite (but modest) bowls of handmade pasta. This story is about much more than a woman who loves food and abhors her body. It is about someone who made changes when her situation seemed too far gone and how she discovered balance in an off-kilter world. More than anything, though, it is the story of her finding beauty in acceptance and learning to love all parts of herself.

Please Don't Eat the Daisies

Sweet and Savory Vegan Recipes Made Egg-Free with the Magic of Bean Water

Wow in the World: Two Whats?! and a Wow! Think and Tinker Playbook

21 Great Ways to Stop Procrastinating and Get More Done in Less Time

A Memoir

Atlas Girl

My Life with Vegetables

Helps family child care providers gain more financial control over their lives.

One of the world's most esteemed and influential psychologists, Roy F. Baumeister, teams with New York Times science writer John Tierney to reveal the secrets of self-control and how to master it. "Deep and provocative analysis of people's battle with temptation and masterful insights into understanding willpower: why we have it, why we don't, and how to build it. A terrific read." —Ravi Dhar, Yale School of Management, Director of Center for Customer Insights Pioneering research psychologist Roy F.

Baumeister collaborates with New York Times science writer John Tierney to revolutionize our understanding of the most coveted human virtue: self-control. Drawing on cutting-edge research and the wisdom of real-life experts, *Willpower* shares lessons on how to focus our strength, resist temptation, and redirect our lives. It shows readers how to be realistic when setting goals, monitor their progress, and how to keep faith when they falter. By blending practical wisdom with the best of recent research science, *Willpower* makes it clear that whatever we seek—from happiness to good health to financial security—we won't reach our goals without first learning to harness self-control.

A sweet, humorous picture book for all new brothers and sisters who are anticipating the arrival of a new sibling. When Archie notices his Mommy's tummy growing, he knows something strange is happening. Not only that: Mommy's office is suddenly completely pink! Mommy shows Archie a picture of his sister growing in her tummy, but Archie thinks it looks like an alien. Archie isn't sure that he wants a baby sister. He likes cars and trains and playing cowboys. He knows for sure that he doesn't like fluffy, frilly, and very pink things! But soon, a fluffy, frilly, and very pink bundle arrives at home. It's his new baby sister, Olive! Big brother Archie thinks she looks like a marshmallow, and he wonders if life will ever be the same again. All the candy is suddenly missing in Bailey City. What will happen to the Easter egg hunt without candy?

Owen's Marshmallow Chick Book and Finger Puppet

Advice, Musings, and Inspiration on Marriage, Motherhood, and Style

The Culture Code

Peeps-a-licious!

Mind in the Making

Willpower

Marshmallows

Explaining how make one's own marshmallows and the treats to go with them, a delicious cookbook features helpful information on ingredients, equipment, tips and techniques, the history of the marshmallow, and more than one hundred recipes for Confetti Crispy Rice Treats, Chocolate-Dipped Strawberries, Chocolate-Speckled Banana Fluff, and the family-favorite S'Mores.

Updated with a brand-new selection of desserts and treats, the fully illustrated Sally's Baking Addiction cookbook offers more than 80 scrumptious recipes for indulging your sweet tooth—featuring a chapter of healthier dessert options, including some vegan and gluten-free

recipes. It's no secret that Sally McKenney loves to bake. Her popular blog, Sally's Baking Addiction, has become a trusted source for fellow dessert lovers who are also eager to bake from scratch. Sally's famous recipes include award-winning Salted Caramel Dark Chocolate Cookies, No-Bake Peanut Butter Banana Pie, delectable Dark Chocolate Butterscotch Cupcakes, and yummy Marshmallow Swirl S'mores Fudge. Find tried-and-true sweet recipes for all kinds of delicious: Breads & Muffins Breakfasts Brownies & Bars Cakes, Pies & Crisps Candy & Sweet Snacks Cookies Cupcakes Healthier Choices With tons of simple, easy-to-follow recipes, you get all of the sweet with none of the fuss! Hungry for more? Learn to create even more irresistible sweets with Sally's Candy Addiction and Sally's Cookie Addiction.

There are some pretty weird grown-ups living in Bailey City. But could the frosty stranger in town for the Winter Carnival really be the Abominable Snowman? Chapter Book: Argues that the key difference between success and failure lies, not only in hard work or superior intelligence and talent, but also in the ability to delay gratification, in a guide that combines a simple parable with real-life examples.

The Secret to Sweet Success in Work and Life

Don't Gobble the Marshmallow Ever!

Challenging the Conventional Wisdom about Children and Parenting

Why Kids--of All Ages--Need to Hear It and Ways Parents Can Say It

Aquafaba

The Myth of the Spoiled Child

The Fun and Easy Way to Teach Your Kids about Money

Learn how to achieve success—and eat your marshmallows, too—with this motivational, life-changing book. What explains the difference between success and failure? And what does it mean to you and your children? The answer lies in a landmark Stanford University study. Children were left in a room, each with a marshmallow, and given the choice of eating it then or fifteen minutes later, when they were promised an extra marshmallow as a reward for waiting. Some ate theirs right away. Others waited. But the study's real significance came a decade later when the researchers discovered that the children who held out for the reward had become more successful adults than the children who gobbled their marshmallows immediately. The lesson wasn't lost on Joachim de Posada, a world-renowned motivational speaker to thousands of corporate executives and professional athletes. The "marshmallow theory" answered a thirty-year quest to find a compelling explanation for why some people succeed and others fail. Posada was convinced that the key difference between success and failure is not merely hard work or superior intelligence but the ability to delay gratification. "Marshmallow resisters" achieve high levels of success while the rest of us eat all our marshmallows at once, so to speak—accumulating debt and dissatisfaction no matter what our occupations or incomes. But it doesn't have to be that way. Using a simple parable and real-life examples (including basketball great Larry Bird and major league baseball catcher Jorge Posada, Joachim's cousin), this book shows you how the moves you make today can pay off big tomorrow—if you just don't eat the marshmallow...yet!

DEVOCIONAL DE PODER Leyendo Y Confesando A La Luz De Las Escrituras En el corazón de cada hijo de Dios hay un deseo sincero para ayudar a personas que están con problemas y patrones de vida equivocados. Dios ha provisto un arma para pelear la batalla de la fe que es la Palabra de Dios. Este libro que Mercedes Mejia ha escrito va a bendecir a muchas personas para que puedan salir de sus problemas. La Palabra de Dios es nuestro espejo que nos muestra las áreas que debemos arreglar en nuestras vidas. Esa Palabra escrita, cuando la confesamos se convierte en la Palabra revelada y es la manera de resistir al diablo.

Parenting and education expert Alfie Kohn tackles the misconception that overparenting and overindulgence has produced a modern generation of entitled children incapable of making their way in the world.

Every idea in this book is focused on increasing your overall levels of productivity, performance, and output and on making you more valuable in whatever you do. You can apply many of these ideas to your personal life as well. Each of these twenty-one methods and techniques is complete in itself. All are necessary. One strategy might be effective in one situation and another might apply to another task. All together, these twenty-one ideas represent a smorgasbord of personal effectiveness techniques that you can use at any time, in any order or sequence that makes sense to you at the moment. The key to success is action. These principles work to bring about fast, predictable improvements in performance and results. The faster you learn and apply them, the faster you will move ahead in your career - guaranteed! There will be no limit to what you can accomplish when you learn how to Eat That Frog!

Zoë Bakes Cakes

Everything You Need to Know to Make Your Favorite Layers, Bundts, Loaves, and More [A Baking Book]

Don't Eat the Marshmallow-- Yet!

Don't Eat The Marshmallow Yet!

Marshmallow River Friends Presents Daddy Ate The Cake

Hey Natalie Jean

It Was Me All Along

The bean liquid we used to throw away turns out to be one of the most astonishing culinary discoveries of the decade. With its

amazing egg-replacement abilities, miraculous "aquafaba" can be used as an egg-replacer to make everything from French toast to lemon meringue pie. Aquafaba can be used as a binder in both sweet and savory recipes and is a boon to vegans, people with egg allergies, as well as anyone interested in innovative cooking with a magical new ingredient. Aquafaba includes the story of how the bean liquid properties were discovered, how to use it, and how to make fabulous recipes, including: waffles crepes quiche burgers macarons marshmallows Aquafaba can even be used to make dairy-free cheese, ice cream, butter, and so much more. The book also includes a chapter filled with recipes that use the chickpeas and beans that remain after using their liquid to make aquafaba. The latest title by San-Diego-based author Zsu Dever (author of Vegan Bowls and Everyday Vegan Eats), Aquafaba features Zsu's signature photography, her easy-to-follow instructions, and metric conversion charts.

We Don't Eat Our Classmates