

Download Free Creating
Cohousing Building
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***Creating Cohousing
Building Sustainable
Communities***

Transactional lawyers are
needed, en masse, to aid in an

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epic reinvention of our economic system. This reinvention is referred to by many names the "sharing economy," "collaborative consumption," the "grassroots economy" and involves different

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ways of meeting people's needs, participating in production, and transacting with each other.

This book illustrates the nine primary areas of work that a sharing lawyer must know, including drafting agreements,

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structuring entities,
employment regulations,
intellectual property, and much
more. The work of a sharing
lawyer will often be challenging,
but will always be interesting
and demand creativity. Perhaps

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best of all, the work of sharing
lawyer will contribute
importantly to the creation of a
world in which innumerable
people have now decided they
want to live."

This book is about the

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previously unsubstantiated link between 'sustainability' and 'community'. It is based on a ten year investigation of cohousing, a popular new type of housing project that directly addresses both environmental

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degradation and social disintegration. The book argues that social and environmental sustainability are inexorably linked. Whilst the existence of this link is generally recognised, there is little existing literature

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that offers empirical evidence to prove it. In doing so, the book uses case study data (including 120 photographs, 50 tables and 30 diagrams) from twelve recent cohousing developments in Canada, the USA, New Zealand,

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Australia and Japan - concrete examples of working sustainable communities. The book comprises two parts. Part One introduces the twelve cohousing communities - projects with distinct attributes

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of their own that highlight their diversity and cultural specificity. Each is richly illustrated with photographs taken by the author, who (in addition to being an architect and scholar) is a commercial photographer.

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Part Two offers detailed comparative analysis based on substantive quantitative and qualitative data. The strands of the analysis are eventually brought together in a 'holistic' or 'ecological' model, the

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Community Empowerment Model. The model is then utilised in a broader discussion of empowerment, community development and ecologically sustainable development (ESD). The book is scholarly and

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authoritative, yet accessible to a broad intelligent readership as an illustrated account of a fascinating cultural phenomenon. It will be valuable to students of architecture, planning, sociology, community

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psychology and environmental studies. It will also be useful to architects, planners and other professionals. The book contains in-depth information for participants in the growing cohousing, ecovillage,

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sustainability and communities movements. It is well recognised that such activists face a scarcity of successful examples of sustainable communities from which to draw knowledge and

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inspiration. This book will help fill that void.

Commoning was a way of life for most of our ancestors. In *Reclaiming the Commons for the Common Good*, author Heather Menzies journeys to her

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roots in the Scottish Highlands, where her family lived in direct relation with the land since before recorded time. Beginning with an intimate account of unearthing the heritage of the commons and the real tragedy

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of its loss, Menzies offers a detailed description of the self-organizing, self-governing, and self-informing principles of this nearly forgotten way of life, including its spiritual practices and traditions. She then

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identifies pivotal commons practices that could be usefully revived today. A final "manifesto" section pulls these facets together into a unified vision for reclaiming the commons, drawing a number of

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current popular initiatives into the commoning frame, such as local food security, permaculture, and the Occupy Movement. An engaging memoir of personal and political discovery, Reclaiming the

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Commons for the Common

Good combines moving
reflections on our common
heritage with a contemporary
call to action, individually and
collectively; locally and globally.
Readers will be inspired by the

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book's vision of reviving the commons ethos of empathy and mutual respect, and energized by her practical suggestions for connection people and place for the common good. Heather Menzies is an award-winning

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writer and scholar and member of the Order of Canada. She is the author of nine books, including *Whose Brave New World?* and *No Time*.

Bl.a. om bofællesskaberne:
Trudslund, Gyndbjerg, Bakken,

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Stavnbåndet, Sol og Vind,
Overdrevet, Jerngården, Jystrup
Savværk, Mejdal I & II,
Jernstøberiet,
Tornevangsgården,
Drejebænken, Bondebjerget
m.fl., samt bofællesskabernes

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historie

Pioneering a Sustainable
Culture

Many Voices One Song

From Self-organized Camps to
Tiny House Villages

Cottage Communities - The

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American Camp Meeting
Movement

Contemporary Co-housing in
Europe (Open Access)

The Cohousing Handbook
Sustainable Community

Helping People Build

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Cooperatives, Social Enterprise,
and Local Sustainable
Economies

We all want to be a part
of a thriving community.
But few of us know how
to meaningfully

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contribute to the places where we live, work, learn and play. Whether you dream of launching a community innovation center, want to enhance your town with colorful

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murals, or are simply
looking to strengthen
relationships with your
neighbors, Designing
Creative Communities is
the guide for you. Award-
winning community

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builder, Spud Marshall,
coaches emerging leaders
and community members
alike through a simple
process for how to
transform your town into
a creative place to call

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home. Filled with stories from Spud's work over the past decade, *Designing Creative Communities* teaches you how to actively create change and have a lot of

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fun along the way. The book will introduce you to the CANVAS Framework where you'll learn how to: Chart your path (and avoid getting an RV stuck in the mud). Ask

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probing questions (by jumping into an inflatable ball pit on the street). Name early adopters (and create a secret society).

Visualize a prototype

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(while ensuring that bees don't escape into your home). Articulate your story (using a giant blue chameleon car). Sustain efforts with partners (without

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harming a single piano).

Tent City Urbanism

explores the

intersection of the

"tiny house movement"

and tent cities

organized by the

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homeless to present an accessible and sustainable housing paradigm that can improve the quality of life for everyone. While tent cities tend to

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evoke either sympathy or disgust, the author finds such informal settlements actually address many of the shortfalls of more formal responses to

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homelessness. Tent cities often exemplify self-management, direct democracy, tolerance, mutual aid, and resourceful strategies for living with less.

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This book presents a vision for how cities can constructively build upon these positive dynamics rather than continuing to seek evictions and pay the

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high costs of policing
homelessness. The tiny
house village provides a
path forward to
transitional and
affordable housing
within the grasp of a

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local community. It offers a bottom-up approach to the provision of shelter that is economically, socially, and environmentally

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sustainable-both for the individual and the city. The concept was first pioneered by Portland's Dignity Village, and has since been re-imagined by Eugene's Opportunity

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Village and Olympia's Quixote Village. Now this innovative model has emerged from the Northwest to inspire projects in Madison, Austin, and Ithaca, and

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is being pursued by
advocacy groups
throughout the country.
Along with documenting
and articulating the
roots of this budding
movement, the book

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provides a practical
guide to help catalyze
new and existing
initiatives in other
areas.

The compelling story of
an internationally

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recognized example of sustainable development. In her surprising, entertaining and persuasive new book, award-winning author and psychologist Susan

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Pinker shows how face-to-face contact is crucial for learning, happiness, resilience and longevity. From birth to death, human beings are hard-wired to connect to

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other human beings. Face-to-face contact matters: tight bonds of friendship and love heal us, help children learn, extend our lives and make us happy. Looser in-

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person bonds matter,
too, combining with our
close relationships to
form a personal
"village" around us, one
that exerts unique
effects. And not just

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any social networks will do: we need the real, face-to-face, in-the-flesh encounters that tie human families, groups of friends and communities together.

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Marrying the findings of the new field of social neuroscience together with gripping human stories, Susan Pinker explores the impact of face-to-face contact

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from cradle to grave,
from city to Sardinian
mountain village, from
classroom to workplace,
from love to marriage to
divorce. Her results are
enlightening and

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enlivening, and they challenge our assumptions. Most of us have left the literal village behind, and don't want to give up our new technologies to

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go back there. But, as
Pinker writes so
compellingly, we need
close social bonds and
uninterrupted face-time
with our friends and
families in order to

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thrive--even to survive.

Creating our own

"village effect" can

make us happier. It can

also save our lives.

Tent City Urbanism

Your Town Is Your

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Canvas. Learn How To
Make Your Mark

Second Edition

Senior Cohousing Primer

Low Impact Living

Reinventing Community

The House to Ourselves

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Creating Cohousing Building Sustainable
Communities New Society Publishers

Many Voices One Song is a detailed
manual for implementing sociocracy, an
egalitarian form of governance also known
as dynamic governance. The book
includes step-by-step descriptions for

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structuring organizations, making decisions by consent, and generating feedback. The content is illustrated by diagrams, examples and stories from the field.

Stretching beyond the successes and challenges of universal design since the inception of the Americans with

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Disabilities Act in 1990 and its amendment in 2008, Inclusive Design: A Universal Need details how an inclusive approach to design creates an accessible and aesthetically pleasing environment for a total population—not just the aging or differently abled. Fully covering CIDA accreditation standards that include both

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the application of ADA and universal design, the text further specifies the benefits of an inclusive approach to residential and commercial environments, product design, and technology.

For almost twenty years, D Acres of New Hampshire has challenged and expanded the common definition of a farm. As an

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educational centre that researches, applies, and teaches skills of sustainable living and small-scale organic farming, D Acres serves more than just a single function to its community. By turns it is a hostel for travellers to northern New England, a training centre for everything from metal- and woodwork to cob building and

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seasonal cooking, a gathering place for music, poetry, joke-telling, and potluck meals, and much, much more. In *Community-Scale Homesteading*, author and D Acres founder Josh Trought describes not only the history of the project, but its evolving principles and practices, all rooted in the land, its

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inhabitants, and the joy inherent in collective empowerment. From working with oxen to working with a board of directors, no other book contains such a wealth of innovative ideas and ways to make your farm or homestead not only more sustainable, but more inclusive of, and beneficial to, the larger community.

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Practicing Law in the Sharing Economy

Zero-Commute Housing

A Community Approach to Independent
Living - the Handbook

Permaculture in Ecovillages, Urban
Farms, and Communities Worldwide

The D Acres Model for Creating and
Managing an Ecologically Designed

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Educational Center

The Community-Scale Permaculture Farm

The Village Effect

Pocket Neighborhoods

Argues that much of what
surrounds Americans is
depressing, ugly, and

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unhealthy; and traces
America's evolution from
a land of village
commons to a man-made
landscape that ignores
nature and human needs.
This book tells the

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story of how Quimper
Village, a state of the
art senior cohousing
community in Port
Townsend, Washington,
was created.

An intentional community

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is a group of people who have chosen to live or work together in pursuit of a common ideal or vision. An ecovillage is a village-scale intentional community

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that intends to create, ecological, social, economic, and spiritual sustainability over several generations. The 90s saw a revitalized surge of interest in

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intentional communities
and ecovillages in North
America: the number of
intentional communities
listed in the
Communities Directory
increased 60 percent

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between 1990 and 1995.

But only 10 percent of the actual number of forming-community groups actually succeeded.

Ninety percent failed, often in conflict and

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heartbreak. After
visiting and
interviewing founders of
dozens of successful and
failed communities,
along with her own
forming-community

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experiences, the author concluded that "the successful 10 percent" had all done the same five or six things right, and "the unsuccessful 90 percent"

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had made the same handful of mistakes. Recognizing that a wealth of wisdom were contained in these experiences, she set out to distill and capture

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them in one place.

Creating a Life Together
is the only resource
available that provides
step-by-step, practical
"how-to" information on
how to launch and

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sustain a successful
ecovillage or
intentional community.
Through anecdotes,
stories, and cautionary
tales about real
communities, and by

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profiling seven
successful communities
in depth, the book
examines "the successful
10 percent" and why 90
percent fail; the role
of community founders;

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getting a group off to a
good start; vision and
vision documents;
decision-making and
governance; agreements;
legal options; finding,
financing, and

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developing land;
structuring a community
economy; selecting new
members; and
communication, process,
and dealing well with
conflict. Sample vision

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documents, community agreements, and visioning exercises are included, along with abundant resources for learning more.

Urban gardeners. Native

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seed-saving collectives.
Ecovillage developments.
What is the connection
between these seemingly
disparate groups? The
ecological design system
of permaculture is the

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common thread that weaves them into a powerful, potentially revolutionary—or reevolutionary—movement. Permaculture is a philosophy based on

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common ethics of
sustainable cultures
throughout history that
have designed
settlements according to
nature's patterns and
lived within its bounds.

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As a movement that has been building momentum for the past 40 years, it now is taking form as a growing network of sites developed with the intention of

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regenerating local
ecologies and economies.
Permaculture strategies
can be used by
individuals, groups, or
nations to address basic
human needs such as

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food, water, energy, and housing. As a species, humans are being called forth to evolve, using our collective intelligence to meet the challenges of the

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future. Yet if we are to survive our collective planetary crisis, we need to revisit history, integrating successful systems from sustainable cultures. To boldly

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confront our position on
the brink of the earth's
carrying capacity and
make changes that
incorporate the wisdom
of the past is truly
revolutionary.

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Sustainable Revolution features the work of a worldwide network of visionaries, including journalists, activists, indigenous leaders and permaculturists such as

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David Holmgren, Vandana
Shiva, Charles
Eisenstein, Starhawk,
Erik Assadourian,
Victoria Tauli-Corpuz,
Albert Bates, and Geoff
Lawton. This beautifully

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photographed collection
of profiles, interviews,
and essays features 60
innovative community-
based projects in
diverse climates across
the planet. Edited by

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anthropologist Juliana
Birnbaum Fox and award-
winning activist
filmmaker Louis Fox, it
can be read as an
informal ethnography of
an international culture

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that is modeling solutions on the cutting edge of social and environmental change. The research presented in the book frames the permaculture movement as

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a significant ally to
marginalized groups,
such as the urban poor
and native communities
resisting the pressures
of globalization.

Sustainable Revolution

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uplifts and inspires
with its amazing array
of dynamic activists and
thriving, vibrant
communities. From the
Trade Paperback edition.
Consumption and

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Environmentalism

Towards Sustainable
Cities?

Live-Work Planning and
Design

A Community Approach to
Independent Living

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Architecture for an
Ageing Population
Geography Of Nowhere
EcoVillage at Ithaca
Sustainable Communities
and Green Lifestyles
The cohousing "bible" by the US

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originators of the concept.

This book investigates co-housing as an alternative housing form in relation to sustainable urban development. Co-housing is often lauded as a more sustainable way of living. The primary aim of this

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book is to critically explore co-housing in the context of wider social, economic, political and environmental developments. This volume fills a gap in the literature by contextualising co-housing and related housing

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forms. With focus on Denmark, Sweden, Hamburg and Barcelona, the book presents general analyses of co-housing in these contexts and provides specific discussions of co-housing in relation to local government,

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urban activism, family life, spatial logics and socio-ecology. This book will be of interest to students and researchers in a broad range of social-scientific fields concerned with housing, urban development and sustainability,

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as well as to planners, decision-makers and activists.

How to research, visit, evaluate, and join the ecovillage or sustainable community of your dreams. Finding community is as critical as obtaining food and

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shelter, since the need to belong is what makes us human. The isolation and loneliness of modern life have led many people to search for deeper connection, which has resulted in a renewed interest in intentional

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communities. These intentional communities or ecovillages are an appealing choice for like-minded people who seek to create a family-oriented and ecologically sustainable lifestyle—a lifestyle they are unlikely to find anywhere

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else. However, the notion of an intentional community can still be a tremendous leap for some—deterred perhaps by a misguided vision of eking out a hardscrabble existence with little reward. In fact, successful

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ecovillages thrive because of the combined skills and resources of their members. Finding Community presents a thorough overview of ecovillages and intentional communities and offers solid advice on how to research

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thoroughly, visit thoughtfully,
evaluate intelligently, and join
gracefully. Useful considerations
include: Important questions to
ask (of members and of yourself)
Signs of a healthy (and not-so-
healthy) community Cost of

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joining (and staying) Common
blunders to avoid Finding
Community provides intriguing
possibilities to readers who are
seeking a more cooperative,
sustainable, and meaningful life.
Diana Leafe Christian is the

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author of *Creating a Life Together*
and editor of *Communities*
magazine. She lives at
Earthaven Ecovillage in North
Carolina.

The only book that shows how to
transform existing suburbs to

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create environment- and people-
friendly neighborhoods...

Practical Tools to Grow
Ecovillages and Intentional
Communities

Creating a Life Together
Cohousing for Life

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Building Sustainable
Communities

The Rise And Decline of
America's Man-Made Landscape
Sustainable Communities

Reclaiming the Commons for the
Common Good

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Creating Small-scale Community
in a Large-scale World

**The Senior Cohousing
Primer gives an overview
of senior cohousing,
including the process of
creating one's own**

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community and what happens
after residents move in.

Featured projects include:

Oakcreek Community

(Stillwater, OK), Wolf

Creek Lodge (Grass Valley,

CA), and Mountain View

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Cohousing (Mountain View, CA), all active senior cohousing communities created with the help of Durrett's firm, McCamant & Durrett Architects. It is an accessible approach to

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learning what cohousing is
and a great lead-in to The
Senior Cohousing Handbook:
A Community Approach to
Independent Living, 2nd ed
(Durrett) .

' 'Human beings are not

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meant to live alone, or in isolated nuclear family arrangements. We do best in community. But in a few short generations, we've lost many of the social skills necessary for

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successful community living. The folks ... in Reinventing Community are the vanguard for the future - they're learning today ... what it takes to go beyond the solitary and

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alienated survival tactics
of modern urban life to
the full flowering of the
human spirit of
tomorrow.' ' --- Eric Utne,
founder of Utne magazine
and editor of Cosmo

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Doogood's Urban

Almanac.....Cohousing
began in Scandinavia in
the 1960s as a response to
a feeling of isolation
within typical suburban
communities, where you

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don't know your neighbor,
nor can you rely on their
assistance - not even for
a cup of sugar. Cohousing
spread to the United
States in the 1980s, and
there are now several

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hundred such communities
throughout the country in
more than thirty states.
Reinventing Community is
the first cohousing
anthology that tells real-
world stories from the

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perspectives of the unique people who live in these communities, whether they be in urban, suburban, or rural settings. Unlike the few 'how-to' guides in the marketplace today,

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this book details the lives of these close-knit groups of caring and active neighbors who enjoy their own privacy, yet also share a wonderful sense of camaraderie and

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connection. Exploring everything from planning a cohousing community to moving in to the joys and challenges of daily life, Reinventing Community shares with its readers a

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sense of what it takes to build a true community in our often detached and disengaged modern world. The first edition of *Living Downstream*—an exquisite blend of precise

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science and engaging
narrative—set a new
standard for scientific
writing. Poet, biologist,
and cancer survivor,
Steingraber uses all three
kinds of experience to

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investigate the links
between cancer and
environmental toxins. The
updated science in this
exciting new edition
strengthens the case for
banning poisons now

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pervasive in our air, our
food, and our bodies.

Because synthetic
chemicals linked to cancer
come mostly from petroleum
and coal, Steingraber
shows that investing in

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green energy also helps prevent cancer. Saving the planet becomes a matter of saving ourselves and an issue of human rights. A documentary film based on the book will coincide

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with publication.

Radical Housing explores
the planning, technical,
financial, health-based
and social background for
developing multi-
generational homes and co-

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living. Abundantly
illustrated with case
studies and plans from
projects across the UK and
abroad, this book inform
sand inspires the delivery
of alternative approaches

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to affordable and flexible housing, and is an essential text for architecture practitioners, students, and community groups.
Radical Housing

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Designing multi-
generational and co-living
housing for all

Reinventing Home Once the
Kids are Grown
State-Of-the-Art Cohousing

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31 Ways to Create
Sustainable Neighborhoods
The Fifth Sacred Thing
How to Join an Ecovillage
or Intentional Community
“Although the live-work
concept is now accepted

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among progressive urban design and planning professionals, the specifics that define the term, and its application, remain sketchy. This encyclopedic work is sure to change that,

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providing the critical
information that is needed
by architects, planners and
citizens.” -Peter Katz,
Author, The New Urbanism,
and Planning Director,
Arlington County, Virginia

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Live-Work Planning and Design is the only comprehensive guide to the design and planning of live-work spaces for architects, designers, and urban planners. Readers will learn

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from built examples of live-work, both new construction and renovation, in a variety of locations. Urban planners, developers, and economic development staff will learn how various municipalities

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have developed and incorporated live-work within building codes and city plans. The author, whose pioneering website, www.live-work.com, has been guiding practitioners

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and users of live-work since 1998, is the United States' leading expert on the subject.

Cohousing offers an end to the isolation of the single family suburban home.

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Balancing community and personal privacy, cohousing is a chance to create a modern village in an urban or rural setting. Residents own their own homes and can gather in common areas

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to share meals and socialize. An increasingly popular form of housing in both Europe and North America, cohousing addresses and alleviates many of the demands and pressures of

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modern life - everything from day care to aging at home is easier with the help of your neighbors. As pioneers in the development of cohousing in North America, Chris and Kelly

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ScottHanson offer individuals and new groups a wealth of information and practical hints on how the process works. The Cohousing Handbook covers every element that goes into

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the creation of a cohousing project, including group processes, land acquisition, finance and budgets, construction, development professionals, design considerations, permits,

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approvals and membership. This revised and updated edition includes an expanded marketing chapter as well as a foreword by Gifford Pinchot. A source of comfort and inspiration for

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those who want to create their ideal community, The Cohousing Handbook is a ground-breaking and practical guide to building a better society one neighborhood at a time - a

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must-have for the growing number of people who want to create a cohousing community.

This compilation of more than 20 outstanding projects in the areas of assisted

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living, continuing care
retirement communities and
nursing homes represents
the best current work
designed by architects for
the ever-increasing
population of the ageing and

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elderly. Produced by
IMAGES Publishing in
association with the IAHSA,
Architecture for an Ageing
Population complements the
successful Design for Aging
series. Each project is

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presented with photographs,
detailed plans and statistics,
illuminating the high level of
research, planning and
community involvement that
goes into these
advancements in living

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environments for seniors.

This comprehensive review of architectural design trends in aged-care facilities will appeal to aged-care providers, developers, users, and advocates, as well as

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architects, interior
designers, landscapers and
other design professionals.
Cottage Communities is a
study of the American Camp
Meeting Movement, from
1786-present, showing how

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the planning, land use, governance, architecture and detailing created these unique places where a strong experience of community is clear even today. There are still

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approximately 1000 Camp Meeting Grounds left from a high point of over 3000 locations. Camp Meetings are about vernacular or historic design, as well as a resource for those

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interested in urban design, ingenuity in structure and use of materials, and building detailing. As part of the discussion on Lean Urbanism, these places are source information on small

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or tiny houses, cottage
design, pocket
neighborhoods, affordable
housing and self-building for
lean, efficient living. Design
and site planning to
generate community

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through an intuitive understanding of spaces, distances and how it all works is also discussed. The observations on how behavior is affected by built space reflects knowledge

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achieved over time. The beauty of the buildings and design concepts that are cutting-edge even by today's standards, are shown in many color photographs, maps, and drawings. The

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history of the movement is recounted to show the evolution of Camp Meetings alongside the evolution of the United States as the movement started just after the Revolution. Today's

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concepts of land trust communities, resorts, condominiums, trailer parks, co-housing, even town design owe much to the communities designs as Camp Meetings. The book is

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a rich collection of vernacular construction techniques, ideas that support tiny houses, movable houses, and self-build found here. Simple and lean lifestyle and design is

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shown in Camp Meeting
Communities from over 50
Camp Grounds from Maine
to Mississippi and Colorado.
The book is a good resource
for architects, planners and
designers, but it also

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provides an overview of the subject appropriate to anyone interested in Camp Meetings.

Living Downstream
A Universal Need
Inclusive Design

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Sustainable Revolution
A Field Guide to Ecological,
Affordable Community
Building
Rightsizing Your Life
Superbia!
Senior Cohousing

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The cohousing "bible" by the US originators of the concept. An empty nester's guide to remodeling features twenty-one homes and hundreds of color illustrations and photographs highlighting floor plans and

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design ideas for a wide variety of homes that will ease the transition from busy family household to quiet homestead. 30,000 first printing. This book by architect and author Chapin describes

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**existing pocket neighborhoods
and co-housing
communities--and provides
inspiration for creating new
ones.**

**This book is the inspirational
story of one project that shows**

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you how you can become involved in building and running your neighbourhood. The author, co-founder of Lilac (Low Impact Living Affordable Community), along with other members of the community and the project team,

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**explains how a group of people
got together to build one of the
most pioneering ecological,
affordable cohousing
neighbourhoods in the world.
The book is a story of
perseverance, vision and**

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passion, demonstrating how ordinary people can build their own affordable, ecological community. The book starts with the clear values that motivated and guided the project's members: sustainability, co-

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operativism, equality, social justice and self-management. It outlines how they were driven by challenges and concerns over the need to respond to climate change and energy scarcity, the limits of the 'business as usual'

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model of pro-growth economics, and the need to develop resources so that communities can determine and manage their own land and resources. The author's story is interspersed with vignettes on topics such as

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decision making, landscaping, finance and design. The book summarises academic debates on the key issues that informed the project, and gives technical data on energy and land issues as well as practical 'how-to'

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guides on a range of issues such as designing meetings, budget planning and community agreements. Low Impact Living provides clear and easy to follow advice for community groups, practitioners, government,

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business and the development sector and is heavily illustrated with drawings and photographs from the architectural team.

Learning from the Cohousing Model

Building A Place For Community

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**The First Cat in Space Ate Pizza
Shared Power with Sociocracy
A Contemporary Approach to
Housing Ourselves
How Face-to-face Contact Can
Make Us Healthier and Happier
Stories from the Walkways of**

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**Cohousing: Easyread Large
Edition**

**The Senior Cohousing
Handbook-2nd Edition**

How to make your senior
years healthy, safe,
social, and stimulating.

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"Architect and author
Chuck Durrett's recently
released book Senior
Cohousing Handbook comes
at a time of high interest
in greening, sustainable
housing and affordable

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living concerns. Durrett's new book is a comprehensive guide for baby boomers wishing to continue vibrant, active lifestyles." - EPR Real Estate News "Make your

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senior years safe and socially fun with the idea of senior cohousing and a book on the topic that shows how seniors can custom-build their neighborhood to fit their

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needs. This is housing built by seniors, not for them, and emphasizes independence and social networking. Any library strong in gerontology or social science and many a

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general lending library
needs this. - James A.
Cox, The Midwest Book
Review "As a Baby Boomer,
I've joked for a few years
that we'll all end up
living communally again

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because Social Security
will be broke...This is
one of the better ways to
envision it."-- Sacramento
Bee No matter how rich
life is in youth and
middle age, the elder

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years can bring on increasing isolation and loneliness as social connections lessen, especially if friends and family members move away. Senior cohousing fills a

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niche for this demographic—the healthy, educated, and proactive adults who want to live in a social and environmentally vibrant community. These seniors

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are already wanting to ward off the aging process, so they are unlikely to want to live in assisted housing. Senior cohousing revolves around custom-built

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neighborhoods organized by the seniors themselves in order to fit in with their real needs, wants, and aspirations for health, longevity, and quality of life. Senior Cohousing is

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a comprehensive guide to joining or creating a cohousing project, written by the US leader in the field. The author deals with all the psychological and logistical aspects of

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senior cohousing and addresses common concerns, fears, and misunderstandings. He emphasizes the many positive benefits of cohousing, including:

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Better physical, mental,
emotional, and spiritual
health Friendships and
accessible social contact
Safety and security
Affordability Shared
resources Successful aging

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requires control of one's life, and today's generation of seniors—the baby boomers—will find that this book holds a compelling vision for their future. Charles

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Durrett is a principal at McCamant & Durrett in Nevada City, California, a firm that specializes in affordable cohousing. He co-authored the groundbreaking Cohousing

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with his wife and business partner, Kathryn McCamant. New York Times bestselling Mac Barnett and Caldecott Honor award-winning illustrator Shawn Harris turn their massively

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popular The First Cat in
Space Ate Pizza live
cartoon into an action-
packed and hysterical
graphic novel
series—perfect for fans of
Dav Pilkey, Raina

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Telgemeier, and Jeff
Kinney. A Kids' Indie Next
List Pick! Something
terrible is happening in
the skies! Rats are eating
the MOON! There's only ONE
hero for the job, a bold

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and fearsome beast
bioengineered in a secret
lab to be the moon's
savior and Earth's last
hope! And that hero is . .
. . a cat. A cat who will be
blasted into space!

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Accompanied by the imperious Moon Queen and LOZ 4000, a toenail clipping robot, the First Cat in Space journeys across a fantastic lunar landscape in a quest to

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save the world. Will these unlikely heroes save the moon in time? Can a toenail-clipping robot find its purpose in the vast universe? And will the First Cat in Space

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ever eat some pizza?

Whether it's going from the multi-bedroom suburban house to the city condo, or from a country and city house to one cozy cottage, millions of Americans in

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the coming years will face the task of planning a shift to smaller or more practical quarters, paring down a lifetime of possessions and furnishing their new lives with

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things that have meaning.
This simplification of
surroundings and "stuff"
will liberate people in
mid-life to pursue their
passions such as travel or
hobbies without the

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responsibilities of a big house weighing them down. Rightsizing will be more than a handbook about the process of planning a new environment, jettisoning a lifetime's worth fo

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surplus household items,
and moving painlessly into
a more suitable space. It
will also be the first
comprehensive guide to the
emotional passage that
this winnowing process

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entails, providing a prescription for the internal hurdles that can easily sabotage sensible decision making.

Senior cohousing is an entirely new way for

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seniors to house themselves with dignity, independence, safety, mutual concern, and fun. Developed with the residents themselves, senior cohousing combines

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the autonomy of private dwelling with the advantages of shared facilities and community living. Senior cohousing residents live among people with whom they

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share a common bond of age, experience, and community -a community they themselves built to specifically meet their own needs. Providing a proven, phase-by-phase

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methodology for creating
senior cohousing and an
inside look at existing
senior cohousing
communities -the people,
the places - this
comprehensive book is for

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seniors, housing
professionals, designers,
and anyone seeking
appropriate housing
alternatives for today's
dynamic seniors. Take a
moment. Browse through

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this book. Visit the communities and meet the people who have made the conscious choice to take control of their lives, to live by living independently through

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community.

Creating Cohousing
The Potential for Eco-
Neighbourhoods
A Study in Lean Urbanism
Simplifying Your
Surroundings While Keeping

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What Matters Most
Finding Community
Designing Creative
Communities
Lessons Learned from
Quimper Village
An Ecologist's Personal

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Investigation of Cancer and the Environment

An epic tale of freedom and slavery, love and war, and the potential futures of humankind tells of a twenty-first century California clan caught between two clashing worlds, one based on tolerance, the other on repression. Declaration of the

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Four Sacred Things The earth is a living, conscious being. In company with cultures of many different times and places, we name these things as sacred: air, fire, water, and earth. Whether we see them as the breath, energy, blood, and body of the Mother, or as the blessed gifts of a Creator, or as symbols of the

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interconnected systems that sustain life, we know that nothing can live without them. To call these things sacred is to say that they have a value beyond their usefulness for human ends, that they themselves became the standards by which our acts, our economics, our laws, and our purposes must be judged. no one has the right to

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appropriate them or profit from them at the expense of others. Any government that fails to protect them forfeits its legitimacy. All people, all living things, are part of the earth life, and so are sacred. No one of us stands higher or lower than any other. Only justice can assure balance: only ecological balance can sustain freedom.

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Only in freedom can that fifth sacred thing we call spirit flourish in its full diversity.

To honor the sacred is to create conditions in which nourishment, sustenance, habitat, knowledge, freedom, and beauty can thrive. To honor the sacred is to make love possible. To this we dedicate our curiosity, our will, our courage, our silences, and our

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voices. To this we dedicate our lives.

Praise for *The Fifth Sacred Thing* “This is wisdom wrapped in drama.”—Tom

Hayden, California state senator “*Starhawk* makes the jump to fiction quite smoothly with this memorable first novel.”—Locus

“Totally captivating . . . a vision of the paradigm shift that is essential for our very

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survival as a species on this planet.”—Elinor Gadon, author of *The Once and Future Goddess* “This strong debut fits well against feminist futuristic, utopic, and dystopic works by the likes of Charlotte Perkins Gilman, Ursula LeGuin, and Margaret Atwood.”—*Library Journal*

Sustainable communities raise questions

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about the compatibility of capitalism and environmentalism and how we can green our way of life in a capitalist economy that values short-term production and consumption over long-term conservation and simple living. If capitalism and its drive towards consumption has produced social and environmental degradation, is it

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the best medium to identify solutions?

Sustainable Communities and Green

Lifestyles examines one ecovillage as it attempts to create a sense of community while reducing its impact on the natural environment. Through extensive participant observation, the book demonstrates how ecovillages are

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immersed within a larger discourse of class, race, and lifestyle choices, highlighting the inseparability of environmental sustainability and social justice. Sustainable communities are confronted by the contradictions of green consumption and must address social inequality or risk focusing inward on

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personal green consumerism, creating mere green havens for the few who can afford to live in them. This book, cautious of redirecting environmentalist efforts away from structural solutions and onto personal environmentalism, offers a critical perspective on the challenges of an emerging green lifestyle. This book offers

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a critical perspective on the direction of US environmentalism and contributes to debates in environmental studies, anthropology, and urban planning. 'This book re-addresses the concepts of neighbourhood and community in a refreshing and challenging way. It will be of immense benefit, not only to town

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planners but also to all those professional and voluntary groups and politicians who seek to create the new communities of tomorrow' From the Foreword by Jed Griffiths, Past President of the Royal Town Planning Institute. There is widespread support for the principle of creating more sustainable communities, but

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much hazy, wishful-thinking about what this might mean in practice. In reality, we witness more the death of local neighbourhoods than their creation or rejuvenation, reflecting an increasingly mobile, privatized and commodified society. Sustainable Communities examines the practicalities of re-inventing

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neighbourhoods. It is neither an idealistic, utopian tract nor a designer's manual, but is, rather, a serious attempt to address the real issues. This collection of expert contributions: * examines the nature of local community and methods of building social capital * presents the findings of a world-wide survey of eco-neighbourhoods

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and eco-villages with case studies from the United Kingdom, Europe, America and Australia * develops a fresh perspective on the planning and design of neighbourhoods in urban areas, based on the eco-system approach * explores practical programmes for local resource management and the implications for community-based decision-

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making * provides a detailed appendix listing current eco-village and eco-neighbourhood schemes by country. Written by an interdisciplinary team of social and environmental scientists, town planners and urban designers, this is a thought-provoking and important contribution to both the theory and

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practice of the development of sustainable communities.