

Counseling Ad Orientamento Umanistico Esistenziale Pluralismo Teorico E Operativo Nella Formazione Integrata Alla Comunicazione Efficace In Ambito Clinico

Academics and managers who strive for a humanistic management education usually care for people, but they are challenged by sophisticated intellectual subjects and practical problems. The authors' experience, competence and commitment enables them to present an extensive coverage of important views and an in-depth study of these issues. Eduard Bonet, ESADE, Spain This volume is a timely initiative. It resonates with important questions on globalization and its consequences, on the unrelenting quest for efficiency and productivity, on recent corporate scandals and on the responsibilities of managers and management education. This book is a manifesto for an intellectual revolution. In a complex and open world, managers often bump into the limits of the decontextualized tools associated with mainstream management knowledge and practice. Managers have to navigate in a world that is not only economic but also political, cultural, shaped by history and ethical traditions and preoccupations not only as a mark of social capital but really as a way to enhance their managerial skills and efficiency. The role of management education should be to prepare them for that odyssey and this volume tells us that humanities could be a powerful tool in that sense. This project is served by a highly legitimate international panel of contributors who collectively point towards an alternative for management thinking and management education. Marie-Laure Djelic, ESSEC Business School, France Management Education and Humanities argues that management teachers and researchers seem to be increasingly dissatisfied with the way managers are usually educated in western countries. It claims that educational practices and methods would greatly benefit from reflection on the implicit assumptions and paradigms behind those practices, and debates the role that humanism and humanities might play in the formation of new managerial elites. The book examines three themes that have emerged as central to the contemporary debate on management education: the profession of management; humanism as a philosophy and worldview; and the humanities as an academic field where management schools could find new inspirations for curricula. All three themes are scrutinized in a frame of reference extended between two different points of view: the traditional view, with its tendency to idealize (and even sometimes romanticize) humanism, the humanities and management as a social function; and the past-modern view, which is inclined to skepticism and to the deconstruction of social and cultural phenomena. Providing a lively account of this ongoing debate and exploring new trends and experiences in management education, this book will be invaluable reading for teachers, students and researchers of management, management strategy, and organizational behaviour.

Counseling ad orientamento umanistico-esistenziale. Pluralismo teorico e operativo nella formazione integrata alla comunicazione efficace in ambito clinico, ...Edizioni PendragonNarcisismiI volti del male nella scena della vita quotidianaEdizioni Pendragon

Discusses relationships between men and women and types of deviant behavior often found in sex role adjustment

Seven Lectures and Answers to Questions Given in Torquay, August 12-20, 1924

The Birth Of A Mother

Neuroni specchio e psicoterapia. Ricerche per apprendere il mestiere con la videodidattica

Antoniani

L'ermeneutica della vita nell'opera di O.F. Bollnow

La relazione che promuove la crescita personale

As you prepare to become a mother, you face an experience unlike any other in your life. Having a baby will redirect your preferences and pleasures and, most likely, will realign some of your values.Asu you undergo this unique psychological transformation, you will be guided by new hopes, fears, and priorities. In a most startling way, having a child will influence all of your closest relationships and redefine your role in your family's history. The charting of this remarkable, new realm is the subject of this compelling book. Nadia Bruschweiler-Stern and journalist Alison Freeland to paint a wonderfully evocative picture of the psychology of motherhood. At the heart of The Birth of a Mother is an arresting premise: Just as a baby develops physically in utero and after birth, so a mother is born psychologically in the many months that precede and follow the birth of her baby.The recognition of this inner transformation emerges from hundreds of interviews with new mothers and decades of clinical experience. Filled with revealing case studies, invaluable sourcebook for new mothers, validating the often confusing emotions that accompany the development of this new identity. In addition to providing insight into the unique state of motherhood, the authors touch on related topics such as going back to work, fatherhood, adoption, and premature birth.During pregnancy, mothers-to-be talk about morning sickness and their changing bodies, and new mothers talk about their exhaustion, the benefits of nursing or bottle-feeding, and the dilemma of whether or overwhelming changes going on in their inner lives. Finally, with The Birth of a Mother, these powerful feelings are eloquently put into words.

Questo libro esce dai canoni del volumi sulla comunicazione e, attraverso un percorso pragmatico, concreto e paradossale, fatto di esempi pratici e spiegazioni chiare, guida il lettore alla scoperta degli errori più madornali da evitare e le modalità più inefficaci da correggere, aiutandolo, passo dopo passo, ad adottare una nuova prospettiva comunicativa, per risultare subito più efficace ed efficiente durante ogni scambio comunicativo.

Il testo introduce alle tecniche di base per l'agevolazione e il sostegno nel Micro- Counseling e nel MicroCoaching. Vengono presentati gli interventi essenziali per consentire una preparazione propedeutica ai corsi professionali sia di Counseling che di MentalCoaching.

la saggezza in pratica

An Evidence-Based Guide to Practice

Il counseling corporeo

The Philosophy of Mutualism

Psicologia clinica

La co-psioterapia. Due è meglio e più di uno in efficacia ed efficienza

La manipolazione è un abuso emotivo che può distruggere la nostra vita. Come riconoscerla, smascherare, affrontare e, se fosse necessario, liberarsi di quei tiranni o ladri di energia che - affascinanti o noiosi, seducenti o apatici, compiacenti o aggressivi - sgretolano le nostre sicurezze e ci conducono a fare le scelte sbagliate? Come imparare a trovare adeguati compromessi che non danneggino la nostra esistenza? Come superare le paure che ci rendono dipendenti e troppo accordati? riflessioni, esercizi pratici ed esempi, per imparare ad affrancarci dalle cattive compagnie e dare nuovo vigore a relazioni autentiche, in cui possiamo riprendere il diritto di gioire, decidere, agire: vivere.

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Critiques existing theoretical approaches and practices of philosophical counseling and presents a new model.

Narcisismi

Pedagogie dialogali e relazioni di aiuto

Management Education and Humanities

Assessment e interventi basati sulla ricerca

Psychoanalytic Case Formulation

A Practical Handbook with Maps and Images

Per tanto tempo il corpo è stato il grande escluso da tutti coloro che tentavano l'ardua strada della cura della psiche umana. Gli autori di questo libro vogliono oggi riportare la dimensione corporea al centro del counseling, di qualsiasi genere esso sia. Una dimensione corporea intesa in senso olistico, cioè come coscienza incarnata, la quale si rapporta sempre all'altro, diventando parte integrante del binomio indissolubile uomo-ambiente che sta alla base di qualsiasi esperienza della realtà. Il corpo diventa così capace, da un lato, di iscrivere nella propria memoria ferite e significati profondi, schemi comportamentali che possono diventare automatici finendo per cristallizzarsi nei muscoli, nella postura, nel respiro; e dall'altro si fa veicolo e centro pulsante del Sé e di ogni possibilità di guarigione, poiché proprio a partire da qui l'anima si riappropria di se stessa e delle sue potenzialità, permettendo alla persona di sciogliere i nodi della sua esistenza.

"The key to health is on your face and in your hands" This book presents a self-care method unique in its genre, which offers extraordinary, sometimes amazing and often immediate results for all kinds of disharmony in the body. The method began life in 1980s Vietnam – like many important discoveries, a result of war and necessity – independent of resource availability. It was developed by a group of acupuncturists to put healing in the hands of the masses by replacing needles with equally effective blunt rounded tools. It is the most recent reflexology on the planet and has nothing to do with other oriental techniques related to the face. Today 'Dien Chan' is a popular and accepted method of healthcare in its home country and part of their official system. However, it is the work of two self declared Italian 'free-sprits', over the past twenty years, which has suitably translated the technique and advanced it to meet the needs of modern Westerners. No longer a painful stimulation of pre-defined points; it has evolved to a relaxing massage of zones and individual, personalised points. 'Dien Chan Zone' incorporates simplified principles and teachings of Traditional Chinese Medicine, protocols for allergies and intolerances, a unique Facial-Cranial reflexology and a beauty treatment to tone muscle and regulate skin function. It is the authors' overriding intention to facilitate learning and to make this method accessible to everyone. In this book they share full instructions for self-treatment which they know present a great frontier of freedom, and the medicine of the future. Contains 95 full colour maps Beatrice Moricoli, founder of S.I.R.F.A./A.I.R.F.I. in Milan, is the first female teacher of Dien Chan (Zone) in Italy, but for many years has practiced also as a therapist and teacher of Reiki, Shiatsu, Tui Na, Chinese Medicine and 'The Blowing Technique'. Vittorio Bergagnini, founder of S.I.R.F.A./A.I.R.F.I. in Milan, is a teacher of Dien Chan Zone as well as Tai Chi Chuan, Reiki, Foot Reflexology and Wung Chun.

7 lectures, Torquay, UK, August 12-20, 1924 (CW 311) These seven intimate, aphoristic talks were presented to a small group on Steiner's final visit to England. Because they were given to "pioneers" dedicated to opening a new Waldorf school, these talks are often considered one of the best introductions to Waldorf education. Steiner shows the necessity for teachers to work on themselves first, in order to transform their own inherent gifts. He explains the need to use humor to keep their teaching lively and imaginative. Above all, he stresses the tremendous importance of doing everything in the knowledge that children are citizens of both the spiritual and the earthly worlds. And, throughout these lectures, he continually returns to the practical value of Waldorf education. These talks are filled with practical illustrations and revolve around certain themes--the need for observation in teachers; the dangers of stressing the intellect too early; children's need for teaching that is concrete and pictorial; the education of children's souls through wonder and reverence; the importance of first presenting the "whole," then the parts, to the children's imagination. Here is one of the best introductions to Waldorf education, straight from the man who started it all. German source: Die Kunst des Erziehens aus dem Erfassen der Menschenwesenheit (GA 311). ∞ ∞ ∞ SYNOPSIS OF THE LECTURES LECTURE 1: The need for a new art of education. The whole of life must be considered. Process of incarnation as a stupendous task of the spirit. Fundamental changes at seven and fourteen. At seven, the forming of the "new body" out of the "model body" inherited at birth. After birth, the bodily milk as sole nourishment. The teacher's task to give "soul milk" at the change of teeth and "spiritual milk" at puberty. LECTURE 2: In first epoch of life child is wholly sense organ. Nature of child's environment and conduct of surrounding adults of paramount importance. Detailed observation of children and its significance. In second epoch, seven to fourteen, fantasy and imagination as life blood of all education, e.g., in teaching of writing and reading, based on free creative activity of each teacher. The child as integral part of the environment until nine. Teaching about nature must be based on this. The "higher truths" in fairy tales and myths. How the teacher can guide the child through the critical moment of the ninth year. LECTURE 3: How to teach about plants and animals (seven to fourteen). Plants must always be considered, not as specimens, but growing in the soil. The plant belongs to the earth. This is the true picture and gives the child an inward joy. Animals must be spoken of always in connection with humans. All animal qualities and physical characteristics are to be found, in some form, in the human being. Humans as synthesis of the whole animal kingdom. Minerals should not be introduced until twelfth year. History should first be presented in living, imaginative pictures through legends, myths, and stories. Only at eleven or twelve should any teaching be based on cause and effect, which is foreign to the young child's nature. Some thoughts on punishment, with examples. LECTURE 4: Development of imaginative qualities in the teacher. The story of the violet and the blue sky. Children's questions. Discipline dependent on the right mood of soul. The teacher's own preparation for this. Seating of children according to temperament. Retelling of stories. Important imaginative stories that can be recalled in later school life. Drawing of diagrams, from ninth year. Completion and metamorphosis of simple figures, to give children feeling of form and symmetry. Concentration exercises to awaken an active thinking as basis of wisdom for later life. Simple color exercises. A Waldorf school timetable. The "main lesson." LECTURE 5: All teaching matter must be intimately connected with life. In counting, each different number should be connected with the child or what the child sees in the environment. Counting and stepping in rhythm. The body counts. The head looks on. Counting with fingers and toes is good (also writing with the feet). The ONE is the whole. Other numbers proceed from it. Building with bricks is against the child's nature, whose impulse is to proceed from whole to parts, as in medieval thinking. Contrast atomic theory. In real life we have first a basket of apples, a purse of coins. In teaching addition, proceed from the whole. In subtraction, start with minuend and remainder; in multiplication, with product and one factor. Theorem of Pythagoras (eleven-twelve years). Details given of a clear, visual proof, based on practical thinking. This will arouse fresh wonder every time. LECTURE 6: In first seven years etheric body is an inward sculptor. After seven, child has impulse to model and to paint. Teacher must learn anatomy by modeling the organs. Teaching of physiology (nine to twelve years) should be based on modeling. Between seven and fourteen astral body gradually draws into physical body, carrying the breathing by way of nerves, as playing on a lyre. Importance of singing. Child's experience of well being like that of cows chewing the cud. Instrumental music from beginning of school life, wind or strings. Teaching of languages; up to nine through imitation, then beginnings of grammar, as little translation as possible. Vowels are expression of feeling, consonants are imitation of external processes. Each language expresses a different conception. Compare head, Kopf, testa. The parts of speech in relation to the life after death. If language is rightly taught, out of feeling, eurythmy will develop naturally, expressing inner and outer experiences in ordered movements--"visible speech." Finding relationship to space in gymnastics. LECTURE 7: Between seven and fourteen soul qualities are paramount. Beginnings of science teaching from twelfth year only, and connected with real phenomena of life. The problem of fatigue. Wrong conceptions of psychologists. The rhythmic system, predominant in second period, never tires. Rhythm and fantasy. Composition. Sums from real life, not abstractions. Einstein's theory. The kindergarten--imitation of life. Teachers' meetings, the heart of the school. Every child to be in the right class for its age. Importance of some knowledge of trades, e.g., shoemaking, handwork, and embroidery. Children's reports-- characterization, but no grading. Contact with the parents. QUESTIONS AND ANSWERS: The close relationship of Multiplication and Division. How to deal with both together. Transition from the concrete to the abstract in Arithmetic. Not before the ninth year. Healthiness of English weights and measures as related to real life. Decimal system as an intellectual abstraction. Drawing. Lines have no reality in drawing and painting, only boundaries. How to teach children to draw a tree in shading, speaking only of light and color. (Illustration). Line drawing belongs only to geometry. Gymnastics and Sport. Sport is of no educational value, but necessary as belonging to English life. Gymnastics should be taught by demonstration. Religious instruction. Religion lessons in the Waldorf school given by Catholic priest and Protestant pastor. "Free" religion lessons provided for the other children. Plan of such teaching described, of which the fundamental aim is an understanding of Christianity. The Sunday services. Modern Language Lessons. Choice of languages must be guided by the demands of English life. These can be introduced at an early age. Direct method in language teaching. Closing words by Dr. Steiner on the seriousness of this first attempt to found a school in England.

La comunicazione del decesso improvviso ai familiari delle vittime

Co-operation Between the Sexes

Cura all'anima, anima alla cura

How The Motherhood Experience Changes You Forever

Umanità fragile

L'approccio multiculturale. Interventi in psicoterapia, counseling e coaching

Este libro pretende ayudar a clarificar algunas de las complejidades psicológicas de los seres humanos, para poder acercarse comprensivamente al significado de sus experiencias. En este sentido, se resaltan diversos conceptos tales como libertad, consciencia, ser-en-el-mundo, experiencia de ansiedad, temporalidad, voluntad, sentido vivenciado, e intencionalidad, entre otros. Igualmente, en lo que se refiere a la psicoterapia, el lector podrá encontrar algunos elementos centrales, indistintamente de los autores en los que se fundamente alguna propuesta puntual; entre estos conceptos centrales a la psicoterapia se encuentran: relación terapéutica entendida como encuentro, aquí y ahora, presencia, proceso experiencial y carácter dialéctico o relacional de la psicoterapia y de la experiencia de los seres humanos.

Avere a disposizione due terapeuti in gruppo risulta un "valore aggiunto" che consente una co-coordinazione di interventi molteplici e complementari a beneficio totale dei partecipanti. La coppia di terapeuti collabora in squadra per ottimizzare con flessibilità il processo e gli esiti di trattamento in co-terapia. Dal sommario: Le fasi della relazione tra i co-terapeuti; Modelli di trattamento; Co-terapia e gruppi; Modello pluralistico integrato: esperienze cliniche di co-terapia.

This state-of-the-art book presents research-based practice guidelines that clinicians of any orientation can use to optimize the therapeutic alliance. Leading proponents of the major psychotherapeutic approaches explain just what a good alliance is, how to create it, and how to recognize and repair alliance ruptures. Applications in individual, group, couple, and family therapy are explored; case examples vividly illustrate the concepts and techniques. Links between the quality of the alliance and client outcomes are elucidated. A section on training fills a major gap in the field, reviewing proven strategies for helping therapists to develop key relationship-building skills.

Writings on Women and Men, Love and Marriage, and Sexuality

Etica del con-tatto fisico in psicoterapia e nel counseling

The Kingdom of Childhood

Cattive compagnie

Filosofia ed esistenza

Voces existenciales en Latinoamérica

Un geniale manuale per insegnare il senso della ricerca interiore e imparare nuovi modi di pensare il mondo e la comunità, avvicinando alla religione il counseling, ovvero l'attività d'orientamento e di guida per aiutare ogni individuo ad auto-conoscersi e ad avere una visione d'insieme del mondo che lo circonda, così da ottimizzare le proprie risorse e il suo stile di vita. Attraverso il dialogo, il counselor si avvale della spiritualità e indaga sulle difficoltà che ciascuno di noi affronta ogni giorno. “Dare anima alla cura e cura all'anima sono due imperativi che chi fa cura deve sentire, amando, servendo, credendo e creando. Quattro gerundi che s’incastano perfettamente l’uno nell’altro, perché se uno ama non può non servire. E servendo non si può non finire per credere. E se si crede, non si può non creare. Tutto questo non si conquista con il nulla ma è il risultato di un cammino comunitario, al quale devono essere invitati anche coloro che ancora non hanno idea di che cosa sia il Cristianesimo, ma che fanno ciò che un perfetto cristiano dovrebbe fare”. (Alessandro Meluzzi)

An internationally recognized expert on behavior change presents a revolutionary approach to personal improvement that converts scientifically proven techniques into a 90-day plan with five simple steps. 35,000 first printing.

Il SuperCoaching è una consulenza attiva di accompagnamento svolta da un Training Coach 'un partner allenatore', che assiste un soggetto o un gruppo per armonizzare l'essere nella vita privata e per ottimizzare il rendimento nel fare professionale. Integra i principi del Counseling breve e del Mentoring e, come MentalCoaching, sviluppa il talento e la passione creativa rimotivando l'individuo durante l'intero arco di vita.

La voce del corpo nella relazione di aiuto

Quando la relazione psicoterapeutica funziona...

Philosophical Counseling

Changeology

Etica e Deontologia nel counseling professionale e nella Mediazione familiare

Il counseling filosofico

What kinds of questions do experienced clinicians ask themselves when meeting a new client for the first time? What are the main issues that must be explored to gain a basic grasp of each individual's unique psychology? How can clinical expertise be taught? From the author of Psychoanalytic Diagnosis, the volume takes clinicians step-by-step through developing a dynamic case formulation and using this information to guide and inform treatment decisions. Synthesizing extensive clinical literature, diverse psychoanalytic viewpoints, and empirical research in psychology and psychiatry, Nancy McWilliams does more than simply bring assessment to life - she illuminates the entire psychotherapeutic process.

Il Counseling ha radici antiche nella cultura vocazionale dell'orientamento scolastico, nel career counselling professionale e nella prevenzione primaria. Dal 1940 si è sviluppato nei trattamenti brevi che includono la valutazione del comportamento tramite l'alleanza psicodiagnostica verso finalità curative. La pratica del Counseling psicologico prevede una formazione per svolgere strategie d'intervento di sostegno specifico tese alla funzionalità adattiva e riabilitativa a prova di evidenza scientifica.

Per tutti i professionisti della relazione d'aiuto una prima guida organica all'etica e alla deontologia per il COUNSELOR e il MEDIATORE FAMILIARE. Un manuale di strumenti operativi per il futuro delle professioni non ancora regolamentate quali: il consenso informato, il contratto, il segreto professionale, la violazione dei confini, l'obbligo di denuncia e un'appendice normativa di orientamento.

Counseling e relazione d'aiuto

The Therapeutic Alliance

Counseling

La forma aperta. L'ermeneutica della vita nell'opera di O.F. Bollnow

Il counseling psicologico

Il counselor è un professionista che accompagna le persone nell'affrontare situazioni di momentanea difficoltà: una scelta impegnativa, un problema da risolvere, un disappore relazionale. Opera attraverso il dialogo e l'attenta partecipazione, guidando il cliente nell'esaminare le situazioni da diversi punti di vista, nel riconoscere le proprie risorse interiori inesprese e nel ritrovare l'energia per affrontare i problemi. «Il cliente è l'esperto di se stesso» affermava Carl Rogers, ponendo le basi per questa professione – finalmente affermata anche in Italia – capace di creare un campo di relazione autentica, improntata all'ascolto, al rispetto e all'empatia. Il counseling è allo stesso tempo un'arte, perché sono proprio le qualità personali del counselor, più che una vera e propria tecnica, i fattori del successo di questo approccio, che unisce la professionalità di un operatore nella relazione di aiuto con la sensibilità e la disponibilità di un amico attento.

Ansiosità, narcisismo, dipendenza. La rimozione del corpo e delle emozioni. La negazione della morte simbolica. L'iper-realtà virtuale. Viviamo in un mondo sempre più globalizzato e mercificato, nel quale assistiamo a un perpetuo sgretolamento psicologico, culturale ed esistenziale. Un mondo in cui la differenza tra realtà e allucinazione collettiva si fa sempre più sottile. Omar Montecchiani, a partire da questo volume comprende una serie di scritti su questi temi, cerca di fare il punto della situazione mettendo in evidenza alcuni dei fenomeni (patologici e non) legati alla cosiddetta "società liquida". Laddove una "umanità fragile" sembra essere sotto scacco, ma al medesimo tempo può ritrovare radici nuove dalle quali risorgere.

Siamo sempre più condizionati da una generalizzata cultura del narcisismo, che si esprime in una miriade di forme: lo sfruttamento, l'utilitarismo, la prepotenza, la violenza gratuita, il successo a tutti i costi, l'isolamento autarchico, il culto del privato, del corpo, della bellezza e l'essasperata ricerca del benessere personale, il rifiuto del dialogo e l'utilizzo non ecologico del potere sia in ambito politico che relazionale, la conquista esasperata di beni di consumo – oggetti, incontri, vacanze – che non sostituiscono e non rispondono al bisogno affettivo e sociale di contatto, ma che ci aliena dai nostri autentici bisogni. Un volume per riconoscere le maschere del narcisismo, attivare i meccanismi di cambiamento necessari e vivere in maggiore serenità il rapporto con se stessi e gli altri.

Comunicazione Efficace Strategica. L'arte di migliorare...comunicando

tra Counseling e Mentoring

Dizionario di counseling

Theory and Practice

Il counseling religioso come guida terapeutica dell'essere umano

Manuale operativo di strategie brevi per la motivazione al cambiamento