

Concentration By Ernest Wood

"A Moveable Feast" by Ernest Hemingway. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten-or yet undiscovered gems-of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

Presents interior and exterior shots of historic homes and includes such information as the building's style, architect, builder, original or most famous owner, and date of construction A helpful A-to-Z guide to the terms, central concepts, and history of Zen Buddhism by the acclaimed scholar and author of Concentration. From the seemingly unlimited field of knowledge and sayings by Zen masters, theosophist Ernest Wood has carefully compiled a reference guide that details the most important Zen ideas, along with a general history of the growth of Zen in China and Japan. Presenting names and terms in alphabetical order, Zen Dictionary is an ideal reference text for any student of Zen. From the seemingly unlimited field of knowledge and sayings by Zen masters, theosophist Ernest Wood has carefully compiled a reference guide that details the most important Zen ideas, along with a general history of the growth of Zen in China and Japan. Presenting names and terms in alphabetical order, Zen Dictionary is an ideal reference text for any student of Zen.

A Tale of the Open Country

The Art of Thinking

A Manual of Mind Development

Concentration: a Practical Course. 8th Ed

The Seven Rays

The Preacher of Cedar Mountain

Winner of the Pulitzer prize in 1974 and the culmination of a life's work, The Denial of Death is Ernest Becker's brilliant and impassioned answer to the 'why' of human existence. In bold contrast to the predominant Freudian school of thought, Becker tackles the problem of the vital lie - man's refusal to acknowledge his own mortality. The book argues that human civilisation is a defence against the knowledge that we are mortal beings. Becker states that humans live in both the physical world and a symbolic world of meaning, which is where our 'immortality project' resides. We create in order to become immortal - to become part of something we believe will last forever. In this way we hope to give our lives meaning.In The Denial of Death, Becker sheds new light on the nature of humanity and issues a call to life and its living that still resonates decades after it was written.

Excerpt from Memory Training: A Practical Course Images To Remember a Series of Numbers To Remember Words and Sounds The picture-system of the Ancients To Prepare Articles, Speeches Answers in Debate On Study and the Fixing of Ideas Interesting Experiments The Indian Ash tvadhana. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at www.forgottenbooks.com This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully; any imperfections that remain are intentionally left to preserve the state of such historical works.

Explores the homogenization of American culture and the impact of the fast food industry on modern-day health, economy, politics, popular culture, entertainment, and food production.

Termites and Soils

Six Women Writers on the Front Lines of World War II

The Nazi Leadership at Rest and Play

An Introduction

Mind and Memory Training

The Correspondents

ConcentrationAn Approach to MeditationQuest Books

Ernest K. Gann's classic memoir is an up-close and thrilling account of the treacherous early days of commercial aviation. In his inimitable style, Gann brings you right into the cockpit, recounting both the triumphs and terrors of pilots who flew when flying was anything but routine.

The riveting, untold history of a group of heroic women reporters who revolutionized the narrative of World War II—from Martha Gellhorn, who out-scooped her husband, Ernest Hemingway, to Lee Miller, a Vogue cover model turned war correspondent. "Thrilling from the first page to the last." —Mary Gabriel, author of Ninth Street Women "Just as women are so often written out of war, so it seems are the female correspondents. Mackrell corrects this omission admirably with stories of six of the best...Mackrell has done us all a great service by assembling their own fascinating stories." —New York Times Book Review On the front lines of the Second World War, a contingent of female journalists were bravely waging their own battle. Barred from combat zones and faced with entrenched prejudice and bureaucratic restrictions, these women were forced to fight for the right to work on equal terms with men. The Correspondents follows six remarkable women as their lives and careers intertwined: Martha Gellhorn, who got the scoop on Ernest Hemingway on D-Day by traveling to Normandy as a stowaway on a Red Cross ship; Lee Miller, who went from being a Vogue cover model to the magazine's official war correspondent; Sigr d Schultz, who hid her Jewish identity and risked her life by reporting on the Nazi regime; Virginia Cowles, a "society girl columnist" turned combat reporter; Clare Hollingworth, the first English journalist to break the news of World War II; and Helen Kirkpatrick, the first woman to report from an Allied war zone with equal privileges to men. From chasing down sources and narrowly dodging gunfire to conducting tumultuous love affairs and socializing with luminaries like Eleanor Roosevelt, Picasso, and Man Ray, these six women are captured in all their complexity. With her gripping, intimate, and nuanced portrait, Judith Mackrell celebrates these courageous reporters who risked their lives for the scoop.

Carbon Dioxide Capture and Storage

Art of Living

An Introduction to Marxist Economic Theory

Memory Training

Fast Food Nation

Cannabis sativa is best known as the source of marijuana, the world's most widely consumed illicit recreational drug. However, the plant is also extremely useful as a source of stem fiber, edible seed oil, and medicinal compounds, all of which are undergoing extremely promising research, technological applications, and business investment. Indeed, despite its capacity for harm as a recreational drug, cannabis has phenomenal potential for providing new products to benefit society and for generating extensive employment and huge profits. Misguided policies, until recently, have prevented legitimate research on the beneficial properties of cannabis, but there is now an explosion of societal, scientific, and political support to reappraise and remove some of the barriers to usage. Unfortunately, there is also a corresponding dearth of objective analysis. Towards redressing the limitation of information, Cannabis: A Complete Guide is a comprehensive reference summarizing botanical, business, chemical, ecological, genetic, historical, horticultural, legal, and medical considerations that are critical for the wise advancement and management of cannabis in its various forms. This book documents both the risks and benefits of what is indisputably one of the world's most important species. The conflicting claims for medicinal virtues and toxicological vices are examined, based mainly on the most recent authoritative scientific reviews. The attempt is made consistently to reflect majority scientific opinion, although many aspects of cannabis are controversial. Aside from the relevance to specialists, the general public should find the presentation attractive because of the huge interest today in marijuana. Unfortunately, society has become so specialized and compartmentalized that most people have limited appreciation of the importance of science to their lives, except when a topic like marijuana becomes sensationalized. This review of cannabis can serve as a vehicle for public education in the realm of science and technology. Indeed, towards the goal of disseminating the important information in this book to a wide audience, the presentation is user-friendly, concise, and well-illustrated in the hope that non-specialists will find the topics both informative and entertaining.

Wood examines the intriguing esoteric idea that humanity is divided into seven spiritual groups, according to our fundamental drives and aspirations.

This perennial best-seller by a distinguished educator assembles 36 mental and physical exercises for taming the natural drifting of the mind. Newly designed edition of a practical manual for success.

Great Systems of Yoga

A Moveable Feast

The Dark Side of the All-American Meal

Zen Dictionary

Cannabis

Concentration and Meditation

This comprehensive account of the human herpesviruses provides an encyclopedic overview of their basic virology and clinical manifestations. This group of viruses includes human simplex type 1 and 2, Epstein–Barr virus, Kaposi's Sarcoma-associated herpesvirus, cytomegalovirus, HHV6A, 6B and 7, and varicella-zoster virus. The viral diseases and cancers they cause are significant and often recurrent. Their prevalence in the developed world accounts for a major burden of disease, and as a result there is a great deal of research into the pathophysiology of infection and immunobiology. Another important area covered within this volume concerns antiviral therapy and the development of vaccines. All these aspects are covered in depth, both scientifically and in terms of clinical guidelines for patient care. The text is illustrated generously throughout and is fully referenced to the latest research and developments.

The award-winning author of Hitler's Prisons presents an unprecedented, integrated account of the Nazi concentration camps from their inception in 1933 through their demise in the spring of 1945.

Dateline 1941: Hitler's forces have smashed into western Europe, defeated France, threatened England, and attacked Russia. Many people think of them as "an awe-inspiring group of ascetic, fanatic, and inhuman supermen." Ernest R. Pope knew all too well how illusory this idea was. As senior correspondent for Reuters in Munich from 1936-1941, American Ernest Pope saw the cruel and outrageous behavior of Nazis in their native habitat. In Munich they ran wild, let their hair down, and indulged in every fantasy money and power could avail them. Pope has all the gossip...and the confirmed stories. "I have seen the leading actors in the Nazi tragedy, playing their parts on the Bavarian stage. Long before the climax--the outbreak of the war--I knew what the denouement in Hitler's theater would be." Pope knew, saw, and/or interviewed all the top Nazis and dozens of lower-level officials, including some of Hitler's security. He saw the Nazis for what they were: a corrupt, debauched, all-too-human menace.

Concentration

An Approach to Meditation

A Pilot's Memoir

Little Book of Whittling Gift Edition

Yoga

Historic Homes of America

This is an excellent summary of ten oriental yoga systems, in which the Author who speaks from more than forty years of experience in Eastern Philosophy, tells us in a very well written and easy to understand language about the teachings and philosophy of these major yoga systems. At the same time, he has also endeavored to preserve the perfect authenticity and clearness of the original teachings of these ten different well-known Oriental schools of yoga teaching and practice. The ten yoga systems are: Raja Yoga, Gita-Yoga, Gnyana-Yoga, Hatha and Laya Yogas, Bhakti and Mantra Yogas, Buddhist Yoga, The Chinese Yoga or Zen, and finally the Sufi Yogas, which includes discussions on Maulana Rumi, Omar Khayyam and other well-known Sufi poets and mystics.

Originally published in the '40s, this book was the first to accurately and clearly present the Buddhist practice of meditation and adapt it to Western understanding and lifestyles. Now considered one of the standard manuals, this practical guide begins by strengthening the mind through concentration, then explains the deeper spiritual development available through meditation.

Available in English for the first time, Joaquim Amat-Piniella's searing Catalan novel, K.L. Reich, is a central work of testimonial literature of the Nazi concentration camps. Begun immediately after Amat-Piniella's liberation in 1945, the book is based on his own four-year internment at Mauthausen. "When the war is over, remember all this. Remember me," implores one of the book's characters on his deathbed, and it is this call to bear witness that Amat-Piniella takes up in his account of the Spanish Republican fighters who were exiled in France at the end of the Spanish Civil War in 1939 and soon swept up into the German concentration camp system. As an already organized anti-fascist army, they played an important role as a nucleus of resistance within the camps, and their story is little known to English-language readers. Because of the length of his internment, his decision to write his book as fiction, and his staggering powers of observation and recollection, Amat-Piniella's portrayal of life in the camps is unmatched in scope and detail. It is also a compelling study of three powerful ideological movements at work at the time: anarchism, communism, and fascism, all within the desperate and brutal world of the camps. "My book does not seek to deepen wounds or differences, but to unite people before cruelty," said Amat-Piniella. This is an essential text as we ponder the twentieth century and its meaning to us today. This edition includes a new preface, annotations, and a translators' note.

An Inquiry Into Its Laws and Consequences

Special Report of the Intergovernmental Panel on Climate Change

K.L. Reich

The Sun Also Rises

The Vedanta Philosophy Including Shankara's Ode to the South-facing Form

Munich Playground

Now available in a handsome new hardcover gift edition, this friendly guidebook will encourage readers to whittle away the hours. Great for beginners looking for an easy way to get started and more advanced carvers looking for a relaxing way to spend their time, Little Book of Whittling Gift Edition provides 18 projects, including knives, forks, birds, animals, trees, and flowers. Chapters detail the proper whittling tools and materials, including what woods are best to carve, and how to start projects by selecting and safely sharpening the best knife for each project.

Termite classification, biology and geographical distribution, Nests, mounds and galleries, Termites as soil animals, Termite populations, Effects on physical and chemical characteristics of soils, Effects on decomposition of organic matter and its incorporation in the soil, Modifications of soil profile morphology, Effects on vegetation, Agricultural significance of termites, Some ecological comparisons.

IPCC Report on sources, capture, transport, and storage of CO2, for researchers, policy-makers and engineers.

The Garu a Pur a (S raddh ra)

Air Force Combat Units of World War II

Hereditary Genius

Fate is the Hunter

A Practical Course (Classic Reprint)

Biology, Therapy, and Immunoprophylaxis

Leader of the international Trotskyist movement, lifelong revolutionary and scholar of world renown, Ernest Mandel managed to combine the role of respected intellectual and political leader. This book critically appraises his theoretical work.

By Ernest E. Wood

Passing Time on the Trail, on the Porch, and Under the Stars

A Practical Course

Seven Schools of Yoga

A Practical Course with a Supplement on Meditation

The Legacy of Ernest Mandel