

Complete Book Of Partner Massage And Aromatherapy

The power of touch between lovers is what binds us to one another. There is nothing more loving or intimate for couples than bringing comfort, relaxation, stress relief and sensual pleasure to your partner with a simple touch. In this book, written by me, a licensed massage therapist, you will learn how to perform an hour-long, full-body massage without your back or hands hurting. This is the same massage therapy techniques performed by the professionals and the massage style that I used in my own professional massage therapy practice. Included: 1. How to prepare for your session 2. The best location for your lover 3. Oil vs Lotion 4. How to set up your room 5. Music recommendations to set the mood 6. How to approach different personality types and their response to massage 7. Advice for different body-types 8. The complete one-hour massage routine Now, when your partner asks you to rub their back or shoulders, you can massage them with confidence. This how-to massage therapy guide will bring you from a beginner to massage mastery to please your loved one. Please note, this book is not to be used as a textbook

for massage professionals. It is designed for the beginner or non-professional and is meant to enhance massage and loving touch between partners. Perfect gift for birthdays, Valentine's Day, and Christmas! Kandace Blevin is a massage therapist licensed in both Florida and South Carolina. She was the owner of a successful massage therapy practice in Fort Myers, FL from 2013-2017 before moving to her hometown in Charleston, SC. She has worked in exclusive spas such as Playa Largo in Key Largo, FL and the Forbes 5 Star Sanctuary Spa in Kiawah Island, SC. Testimonials: "Kandace is a phenomenal massage therapist! She possesses the knowledge and understanding to help with any ailment. More importantly, she has compassion and empathy to understand your situation. I highly recommend Kandace!" Frank S. "Kandace is an amazing massage therapist. She takes the time prior to the appointment to find out more about the areas you need relief. I always leave feeling relaxed as she has been able to find the tension areas offering me much needed relief from the pain caused by stress or pressure points. After the session, she will give you tips and pointers on stretches and exercises to do to help you feel better and recover faster. I highly recommend Kandace!" Elizabeth D. Kandace has "magic" hands to soothe away anyone's aches and pains! She takes particular care to tailor her massages to fit each client's needs. I have

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been a client for over 2 years and really cannot live without my weekly "Kandace fix!" She has truly worked a miracle in helping me to achieve a more flexible and functioning body. I highly recommend her to anyone in need of a professional massage therapist." "Kandace is by far one of the best massage therapists that I have ever been to. She is always professional, kind and really knows how to find those knots that I seem to always have way down deep :) Finding someone who really knows how to give a deep tissue massage is always a challenge and she is incredible!" Jennifer D. "As a massage therapist myself it is very integral for me to have deep therapeutic massages for my wellness. Kandace is my go-to girl! Her knowledge of the anatomy and physiology mixed with her positive and influencing mood makes her one of the best!" Valerie J. "I have had many massages during my adult life....in many places....and Kandace was by far the best masseuse I have ever had! She immediately assessed my "trouble areas" and expertly eased the pain and spasms that have plagued me for weeks. I will be back..again and again!" Julia W.

With a warm, quiet place and a bottle of oil--and this incredible book--you can spread pleasure over every inch of your partner's body. For more than a million readers The Art of Sensual Massage is more than a book, it's an

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unforgettable sensual experience. Techniques are beautifully illustrated with hundreds of gorgeous black and white photos.. Rare color photos, taken during the book's original photo sessions have been added to this edition. Instructions are easy-to-learn. Ten minutes after you open this book you will be doing a sensual massage. This updated edition has the best paper and photo reproduction plus many text updates. From the book: In a world full of expensive gadgets futilely designed to increase enjoyment of life it is enormously satisfying to realize that you can give so much pleasure just using your hands.

The Couple's Massage Handbook takes readers from stumbling beginners to passionate pros in no time! This step-by-step guide covers the best tools, oils, music, and locations for giving a massage, including a sequence readers can use to stay focused.

Connecting Through Touch
The Couples' Massage Book
New Harbinger
Publications

Complete Massage

New York Road Runners Club Complete Book of Running

The Complete Step-By-Step Guide to Eastern and Western Technique

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The Book of Massage

The Complete Book of Massage and Aromatherapy

How To Massage Your Lover

Starting with a simple setting that can easily be accomplished with few special preparations, you will learn, step-by-step, how to make a deep and meaningful connect with their partner's body. Through a combination of strokes from the most time-honored massage traditions, they will learn to identify areas of where their partner holds stress and tension. As the massage continues, readers will enter into a profound nonverbal dialogue with their partner, learning much from the simple act of contact with another body. All of the techniques are illustrated with black-and-white photographs. Elegant and refined, this book is a perfect gift for a special someone or a friend in love.

A complete top-to-toe practical guide to massage, aromatherapy and reflexology for every part of the body. All you need to know about massage and related therapies - instant quick-fixes, in-depth treatments, luxurious pampering sessions and sensual routines for two.

Discover a deeper connection with your partner through the healing power of massage. There is nothing like the stress-relieving, mood-lifting comfort of physical touch to bring out the best in your relationship. Whether you are helping a partner with aches and pains or looking to foster intimacy, *Massage for Couples* will teach you time-honored techniques from around the world that have made massage a staple for relaxation and relationship longevity since ancient times. Begin by gaining confidence in using your hands to provide a healing touch. Then discover guided massage sequences to soothe, inspire, uplift, relax, or resolve a specific pain point. Support your partner's well-being and enjoy a healthy, enriching way to spend quality time together. Inside *Massage for Couples*, you

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find: Naturally healing together--Practice a holistic method of experiencing pleasure and providing relief from stress and fatigue. Body wisdom--Educate yourself on some light biology and anatomy lessons that will help you refine your skills and give truly transformative, bliss-inspiring massages. Comfort and connection--Master instructions for resolving specific aches and pains as well as connecting with a partner emotionally. Learn the healing power of touch to promote wellness and heighten intimacy with *Massage for Couples*.

A guide to pregnancy and childbirth provides all the information women need to make decisions about prenatal tests, pain control, and how and where to give birth, with advice on the development of the fetus, body changes, and labor preparation techniques.

Deepen Your Relationship with the Healing Power of Touch

The Complete Guide to Massage

Connecting Through Touch

The World's Best Massage Techniques The Complete Illustrated Guide

Innovative Bodywork Practices From Around the Globe for Pleasure, Relaxation, and Pain Relief

Press Here! Massage for Beginners

The Complete Book of Essential Oils and Aromatherapy

A beautifully illustrated introductory guide to the healing powers of a massage, from traditional massage to shiatsu and reflexology. The Book of Massage is the classic guide to the relaxing and healing skills of the hands. Featuring both Eastern and Western methods, it presents step-by-step, beautifully illustrated instructions on everything from traditional massage to shiatsu and reflexology. The Book of Massage offers easy-to-

follow techniques for giving the perfect massage, including advice on creating the right setting and suggestions for using aromatic oils and lotions. Now revised and updated with fresh color photos and drawings throughout, The Book of Massage is a simple and comprehensive handbook that reveals how you can experience the myriad benefits of giving and receiving a soothing massage.

Learn the healing power of touch with a new, up-to-date reference from The Complete Guide to Modern Massage. Massage is a natural method to relieve pain and reduce stress--and anyone can learn how to do it. The Complete Guide to Modern Massage offers an updated reference to learn popular techniques and feel the physical and emotional benefits of massage. From classic styles such as Swedish or Shiatsu to new favorites like Ayurvedic and Thai, this massage guide offers illustrated, step-by-step instruction to master techniques from around the world. Complete with massage practices for pain relief, you'll learn how to heal your family, friends, partners, and even yourself of common ailments with your own two hands. The Complete Guide to Modern Massage includes: An introduction to massage that outlines the history and basic principles of massage and how they relate to modern practice. World-famous massage techniques that include Deep Tissue, Reflexology, Tui Na, Cranialsacral, Reiki, and more! Restorative applications for healing common ailments including headaches, neck pain, PMS, lower back pain, and more. Easy-to-

follow guidance with illustrations, and simple step-by-step directions to master every technique. Give and receive rejuvenating massages with world-famous techniques and step-by-step instructions from The Complete Guide to Modern Massage.

Read This If You Want To Take Your Love-Making To The Next Level How do you learn to have good sex? □ By watching adult videos? □ By trying? □ By reading books? First of all, pornography isn't the best educational material out there. For example, it rarely focuses on female pleasure and authentic female orgasms. Also, many scenes are highly unrealistic. Actual sex experience is very important but you may be missing out on some awesome sexual practices. Even if your partner is a sex god (or goddess) they won't teach you every possible love-making technique. So reading books about sex should be an important part of your sexual life, no matter if you prefer to read alone or with a partner. Erotic fiction will teach you the art of dirty talk and invite you to explore forbidden fantasies. Non-fiction books will teach you everything else. This book is a uniquely comprehensive guide for everyone who wants to have better sex. No matter if you're just getting ready for your first time or you're an experienced lover already - there's something to learn here. Here's a sneak peek of what you'll learn... The mystery of the female orgasm, explained (there is LOTS of disinformation on this topic, so make sure to read this!); Fun challenges for couples seeking to spice up their sex life

Secret tricks used by porn actors to have a stronger erection and to last longer The art of carefully unlocking the deepest sexual fantasies And much, much more! It's easy to think that you know everything about sex. But guess what... you might be married for years and still not know your spouse's favorite erotic fantasy. There's always room to explore, as long as the sex is fun and consensual! Get ready for the best sex of your life. Scroll up, click on "Buy Now with 1-Click", and Get Your Copy Now! Discusses what high blood pressure is, its causes, how it affects the body, and what can be done to treat it, including diet suggestions and natural and homeopathic remedies.

Background and Use of the Health Balls

Erotic Massage for Couples Who Have Been Together for a Long Time

The Definitive, Illustrated Guide to Healthy Living, Exercise, and Sex

The Complete Book of Pregnancy & Childbirth

Over 600 Natural, Non-Toxic and Fragrant Recipes to Create Health

Beauty a Safe Home Environment

Integrating Couples Massage Training Into Your Business - Level 1

Sensual Massage for Couples

Aimed at physiotherapists, fitness and rehabilitation professionals working with athletes. Complete guide to massage techniques for self-massage, partner massage and

deep tissue pain relief.

Reduce Stress!!! Learn Meridian Ball Therapy!! Do you own a set of Chinese Health Balls? Known as BAODING balls, BAUD balls, or just health balls, they're certainly much more than a curio! People have been using them for centuries. The balls are explained, exercises are included, the treatments revealed here, for the first time!

This comprehensive manual is an invitation to discover the secrets of erotic massage for couples. Erotic Massage for Couples teaches you, step-by-step—with the help of one hundred color photos—how to unleash your new sensual experiences onto your partner. This comprehensive, practical book includes:

- A guide to the points of greatest pleasure*
- Advanced techniques for couples*
- Homemade recipes for massage oils*
- Aromatherapy to awaken the five senses*
- Bedroom feng shui*
- Tricks to convert your bathroom to a spa*
- Aphrodisiac dishes and beverages*
- Automassage techniques*
- And much more!*

This is a practical guide to using head, face, body and

foot massage techniques, and a wide variety of aromatherapy treatments, to promote health and harmony. Over 150 illustrated techniques introduce easily learned massage strokes and essential oil applications for quick-fix daily remedies and slow, sensual relaxation.

Couples Sex Guide

The Ultimate Practical Manual of Head, Face, Body and Foot Massage Techniques

A Simple Route To Relaxation And Releasing Tension: Big Activity Book For Couples

Head to Toe Techniques to Arouse and Gratify Your Partner Couple's Massage Handbook

Partner-Massage (The massage book, dt.) Fitness, Schönheit, Freude

Erotic Massage for Couples

Over 250 beautiful full-color photos and clear instructions show you exactly where to touch and what to do. You start with all the classic stretches, rubs, and squeezes, then move on to the unique Rolf deep-massage process and the ancient Shiatsu methods. Also oils, creams, lighting, music and more. 136 pages (all in color), 8 1/4 x 10 1/4.

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There are no special tricks to massage -no hours of practicing weird techniques -no tedious new vocabulary to learn. With a warm quiet place and a bottle of scented oil you can spread pleasure over every inch of your partner's body. You don't need a lot of money or a room full of special equipment to do this. Erotic Massage instructs readers on how to bring their partners to high levels of arousal, keeping them in this state of sexual exaltation for an extended period. It provides erotic massage techniques for both men and women in step-by-step, giving suggestions for appropriate settings This book will fuel and make you experience intense sensual pleasure; it shows how to explore your partner's body effectively Treat your partner to a relaxing massage that will ease away the day's stress, or fully indulge in a longer, more stimulating massage, the senses become heightened as your bodies make full contact. You will learn a lot of stuff including; what an erotic sensual massage is How to prepare yourselves for a Massage and basic massage techniques Arms, Head, Neck Back Body and Front body massage with your partner Genital Massage Techniques not leading to sex, sensual exploration, wet massage, orgasmic massage. An erotic massage can communicate, restore, and arouse: it's a celebration of sensuality, a lover's delight to give and receive. Having the ability to offer your partner this sensual pleasure brings special feelings of satisfaction and confidence This is more than a book; it's an unforgettable sensual experience with Massage strokes beautifully illustrated and remarkably easy-to-learn. Ten minutes after you open this book you will be doing an unforgettable erotic massage.

Demonstrates basic massage techniques, including self-massage and massage for infants and

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children, and discusses pressure techniques, and therapeutic massage

From a founding member of the famous Esalen Massage program at the Esalen Institute in Big Sur, CA, this book guides couples through a sensual and restorative massage exchange. This intimate practice can enhance communication, relieve stress and tension, and to bring more joy into readers lives thorough the healing power of touch.

The Complete Guide to Lowering High Blood Pressure Naturally

A Simple Route to Relaxation and Releasing Tension

The Complete Idiot's Guide to Massage

Achieve Perfect Intimacy and Experience Unparalleled Pleasure Using Ancient Tantric Sex Techniques, Positions for Couples and Massage. A Complete Guide for Beginners.

Whole Body Massage

The Complete Spa Book for Massage Therapists

Essential Guide to Love Making and Couples Massage

As a tool for promoting greater physical and emotional well being and alleviating all sorts of ailments, massage also boosts the circulation, rejuvenates a sluggish system, recharges flagging energy levels, helps to maintain good mobility and flexibility and rehabilitates poor joint and muscle conditions. The Complete Book of Massage is designed to show you how to enjoy the many therapeutic benefits of massage, and share the caring and healing aspects with your partner, friends and family. By

explaining the basic techniques and giving detailed sequences for massaging every part of the body, it enables you to develop your own unique massage style and create specially tailored programmes. This comprehensive and accessible guide is the ideal introduction for anyone who wants to learn professional techniques.

Discover Secrets Massage Techniques such as the Yoni & Lingam in this Amazing Book !! Learn the Ancient Art that will Spice Up your Bedroom - 10 Amazing Tantric Tips and Tricks Included. In this book, you will learn how the practice of the intimate massage has helped many couples achieve greater sexual satisfaction and intimacy. Learning the techniques taught in this book will help you develop closer, more meaningful, and highly rewarding relationships. With the consistent application of these principles, you'll find that your commitment and love will only grow deeper. When you give your lover a sensual and intimate massage, you are not expecting anything in return but you are completely engrossed in giving him or her pleasure. While it helps your lover relax and enjoy the massage, it offers you the freedom and convenience to open not only your eyes, but your mind and body as well to a whole new way of experiencing intimacy. The intimate massage is not a novelty but an ancient ritualistic practice

common in Eastern traditions. In fact, in many cultures, it is a natural expression of love. As we became more materialistic and our lives got busier, nobody had the time or inclination to make love the way it should be done. After all, love is never about you as a person, is it? It is about the experience. Give your lover an intimate massage and bring back the connection that you naturally have on a physical, sensual, spiritual and universal level. Here is a preview of what you will learn... . The ancient and somewhat mysterious origins of some of the most successful massage techniques . How to increase the levels of intimacy with your partner using lighting, sounds and scents... How different breathing techniques will enhance your pleasure and that of your partner . The benefits and methods to incorporate tantra to the massage . Learn the amazing Yoni and Lingam techniques that will drive you partner crazy! Purchase your copy today!

Provides information on health-related topics, exercise, diet, and personal grooming

This new addition to the well-known Complete Guide series will become an instant classic and essential introduction for physiotherapy students or any fitness professional dealing with sports injuries. Written by leading

physiotherapist and successful author Chris Norris, this book covers the background into the structure and function of an area, the key signs for recognising symptoms and how to treat injuries with massage, taping and hot/cold techniques. Fully illustrated and packed with photography ranging from exercises to massages to suit specific injuries, it outlines the correct position and technique. The physiology is clearly illustrated and taping methods are clearly explained step-by-step. Perfect for the non-specialist providing essential management for sports injuries, this book also includes sections on simple self massage, healing timeframes, a treatment toolbox and strategies on structuring rehabilitation effectively.

The Complete Guide to Modern Massage

The Complete Book of Chinese Health Balls

Create greater intimacy and deeper bonds with your Spouse, Lover, or Partner with the loving touch of massage.

The Introduction To Couples Massage

Sports Massage

A Step-by-Step Guide to Achieving the Health and Relaxation Benefits of Massage

Connecting With Your Love Partner Through Touch: Massage Book

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Relieve pain, alleviate tension, increase relaxation, and recover and prepare for physical activities. Fun, modern illustrations and intuitive organization combined with the expertise of licensed massage therapist Rachel Beider allow you to quickly implement this powerful tool. Massage therapy is a great way to connect and engage with your loved ones, apply healing techniques to reduce pain and tension while increasing relaxation and enjoyment. In this guide, learn how to give a deeply enjoyable therapeutic massage to family members or oneself. Beautifully illustrated and designed and with easy-to-follow instructions, *Massage for Beginners* is the perfect guide for learning the fundamentals of giving a really great massage. The Press Here! series offers contemporary takes on traditional hands-on healing practices for a new generation of practitioners. These introductory guides feature easy access organization, clear instructions, and beautiful illustrations of each technique. Other Press Here! topics include reiki, reflexology, and acupressure.

The Art of Tantric Sex: Achieve Perfect Intimacy and Experience Unparalleled Pleasure by Ancient Tantric Sex Techniques Do you want to spice up your sex life in a meaningful way? Are you looking to improve your relationship and deepen intimacy? Tantric sex means 'the union and expansion of energy'. If you feel that your sex life has become a routine affair without spark, tantric sex is for you. When we spend a lot of time with our partners, we get used to each other. We start operating by default, and the spark of spontaneity and newness gets lost. If you don't do something to fix that, sex life can completely fizzle out. Good news? It's not only possible to have amazing sex in longterm relationships-in fact, the more you know each

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the better. Tantric sex is all about that mind-body connection and the feeling of deep intimacy. It's a slow form of sex that enhances pleasures and leads to mind-blowing, long orgasms for both men and women. Here's what you'll learn in this guide to tantric sex: Tantric Sex: Everything you always wanted to know but were too afraid to ask, explained in detail and Preparation: Mind and body exercises that will help you achieve the tantric mindsets that strengthen your desire for each other Positions and Techniques: How to walk the path of a god or goddess and experience mind-blowing pleasure together Multiple Orgasms and Massages: Learn how to prolong the pleasure and reach the stars with these time-tested techniques AND SO MUCH MORE! Even if you might think tantra sounds exotic, it's pretty simple. It all comes down to awakening your primal sexual energy and expressing it through intimacy. You and your partner will reach levels of connection you never thought possible. Scroll up, Click the BUY NOW Button and Get Your Copy Now!

Beautifully optimized for ebook reading, Sensual Massage for Couples makes learning sensual massage easy. Romantic, sensual and immensely relaxing, this is one of the world's best sensual massage books. The book features a full body massage--with step-by-step instructions for every part of the body from head to toes. You'll learn proven recipes for pleasure that last a few minutes or linger for more than an hour. Special sections for stress control, erotic massage and powerful massage techniques that will enhance an exercise program make this book a must-have volume for anyone interested in massage and drug-free relaxation. With literally hundreds of proven sensual massage techniques, the book is both comprehensive and easy-to learn.

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in life will relax you more thoroughly than a well-executed full body massage. Sensual for Couples, was a Literary Guild selection for more than 8 years.

Detailed step-by-step massage techniques from around the globe, including Indian Bri Massage, Shiatsu, and Swedish massage. Explains the history and health benefits of m

The Complete Guide to Sports Injuries

The Complete Book of Men's Health

The Art of Sensual Massage

A Practical Illustrated Step-by-Step Guide to Achieving Relaxation and Well-Being with Toe Body Treatments and Essential Oils

Ultimate Erotic Massage

Heal, Soothe, and Connect with the One You Love

The Complete Guide to Tantric Experiences for Massage, Meditation, Yoga, Dating with Positions. Get Rid of Taboos and Use Sexual Energy to Explore Your Sexuality. Tips for Couples

Have you noticed that passion in your relationships has subsided over the years, and you wanted to change something? Do you think you know your own and your partner's body well enough? How many erogenous zones do you know? You must read this book about massage for couples, to find out the answers to these questions and to awaken the

former desire. Touch is the most intimate sense. Couple massage makes you understand each other without words on the most intimate level. Touch can carry passion and love, confidence, and empathy. It promotes relaxation and healing, is central to our erotic experiences. Touching the body of another person, feeling the skin of your loved one with your skin gives you much more pleasure than any other feeling known to man. However, oddly enough, even lovers rarely use this gift of nature to the full. This couples massage book is a kind of textbook in how to bring your body and your partner's body into a comfortable state through massage, so that it flies away, relaxes, recuperates, and experiences an unearthly pleasure. You will not need any massage accessories for couples, no couple's massage ball, couple's massage toys. Only music, couples massage oil or lotion, and incense will give your communication a special feeling. We'll tell you how to give your partner the greatest possible pleasure! This book is the result of more than a decade of practical experience in

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performing massage and years of teaching experience.

Everything you read in this book is based on knowledge of anatomy, physiology, psychology, sexology, and various types of massage. In the book, there will be no useless information, only the most important practical knowledge about couples sensual massage. So if you want to know all of the secrets about excellent couple massage, and bring back your passion and desire. You should buy this book!

Your partner will thank you!

This 80+ page manual will help the professional massage therapist integrate a Couples Massage Training service into their business. Couples Massage Training is a rewarding and lucrative service designed to help couples begin learning the art and science of massage therapy. This high-quality manual reviews 1) what Couples Massage Training is, 2) the protocol of teaching (step-by-step), 3) how to best instruct your couple, 4) overcoming training obstacles 5) how to market your Couples Massage Training service 6) how Couples Massage Training will help increase not just your

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sales but also the frequency of your couple coming in for massage regularly and 7) the various levels of training you can offer and selling upcoming courses with your couples. This manual is a must-have for any massage therapist working as an independent contractor, therapists working for an employer to add value to their organization, and a massage therapy business owner wanting to offer a unique service guaranteed to spark interest.

The definitive guide to running, from the premier organization in the sport, is now available in an affordable, updated paperback edition. All runners, from weekend joggers to elite athletes, will enjoy and profit from this authoritative book from the world's largest running club. Includes advice, tips and training programs. Are you ready to feel on top of the world and let the stress of daily life drift away? Experience the healing power of touch through massage from someone you already know and trust--your partner! In this Massage For Couples Book, you will discover: - Naturally healing

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together--Practice a holistic method of experiencing pleasure and providing relief from stress and fatigue. - Body wisdom--Educate yourself on some light biology and anatomy lessons that will help you refine your skills and give truly transformative, bliss-inspiring massages. - Comfort and connection--Master instructions for resolving specific aches and pains as well as tips for connecting with a partner emotionally. If you are enthusiastic about deepening relationships through the power of touch, purchase this book!

Step-by-step Massage Basics and Techniques from Around the World

The Complete Book of Massage

Mastering the Intimate Massage: the Ultimate Guide to

Spicing Up the Bedroom: Uncover the Secrets to a Better Sex Life !

Tantric Sex

Erotic Massage for Couples Demonstrated Guide

A Visual Guide to Over 100 Techniques

The Big Book Of Couple Massage

Outlines the history and benefits of massage, and tells how to use massage to reduce stress, improve circulation, and soothe aching muscles

There's nothing like the stress-relieving, mood-lifting comfort of physical touch to bring out the best in your relationship. Whether you are helping a partner with aches and pains or looking to foster intimacy, this How To Massage Your Lover book will teach you time-honored techniques from around the world that have made massage a staple for relaxation and relationship longevity since ancient times. This book includes:

Sensual massage techniques for enhancing sexual pleasure, in e-book format
Explore the full sensual potential of massage with this practical and inspirational companion to enjoying the most erotic, intense and passionate lovemaking experiences. Master over 100 erotic massage techniques to heighten arousal, enhance sex and deepen orgasm. Discover how to pleasure every part of the body, with step-by-step ways to tease and please, from the neck to you and your partner's most intimate parts. Create the ultimate massage experience through fantasy, role-play, toys and erotic love games. With tips on oral and manual strokes and complete guidance on how to perform a full body massage, you'll learn to add a powerful new dimension to

your sex life.

Explore and Invigorate Your Relationship With Tantric Massage! Tantric Massage for Couples: Essential Guide to Love Making and Couples Massage can increase the pleasure you experience during sex, develop greater intimacy between partners, and even make your orgasms last longer. You can even develop a spiritual bond with your partner that transcends time and space! Many people have found that a sexual encounter is more powerful and more pleasing when you have a spiritual connection and not just a physical connection. With tantric massage, you can reignite that spiritual connection! When you purchase Tantric Massage for Couples: Essential Guide to Love making and Couples Massage, you'll learn the basis of massage, tantric touch, and tantric sex. This insightful book helps you understand the female erogenous areas so you can give a successful tantric massage to your sensual woman! Tantric Massage for Couples: Essential Guide to Love making and Couples Massage will even help you increase the intensity of your lovemaking. You'll discover special techniques to "fire up" your love life, including the "Stroke of Compassion and Love"! Order Your Copy of Tantric Massage for Couples: Essential Guide to Love making and Couples Massage Today! How to Return Your Former Passion with the Help of an Erotic Couple Massage

Erotic Partner Massage

The Couples' Massage Book

Tantric Massage for Couples

Massage for Couples

Massage is one of the oldest healing modalities in the world and even modern science is proving its incredible power to soothe anxiety, boost immunity, and alleviate pain. The World's Best Massage Techniques presents the most effective massage and bodywork techniques from around the world—many of which have been used for thousands of years—to soothe stress and tension, alleviate discomfort, and give pleasure. This beautiful hands-on guide teaches you how to skillfully apply a wide variety of massage and bodywork techniques from other cultures for relaxation, stress relief, and wellness. – Swedish Massage: Kneading strokes lengthen tense muscles – Hot Stone Massage: Heated, flowing movements penetrate tight knots – Thai Yoga Massage: Assisted stretches bring the body into alignment – Reflexology: Focused pressure activates energy meridians – Lomi Lomi: Sensuous strokes calm the body and mind – Tantsu: Close, body-to-body contact creates intimacy – Polarity: Gentle rocking movements loosen muscles and joints – Shiatsu: Small compressions reduce pain and aid injury recovery Color photography and step-by-step layout

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make techniques understandable and immediately applicable. With *The World's Best Massage Techniques* you can use the world's most exciting bodywork techniques in your own home.

Discover the healing power of massage therapy! With *The Complete Guide to Massage*, you can use the power of touch to soothe aches and wash away worries. Each page guides you through the time-honored practice with step-by-step instructions and photographs for massaging yourself and others. You'll learn the different strokes and movements within a massage as well as techniques for popular methods, including prenatal massage, Swedish massage, and trigger point therapy. Whether you're looking to relieve muscle tension, alleviate pain, or simply de-stress, *The Complete Guide to Massage* will help you uncover a whole new world of healing and relaxation.

The Complete Spa Book for Massage Therapists is specifically for massage therapy students who want to succeed in the spa industry, whether as an employee or an owner of their own spa. It is the only book that includes extensive information about real-world working conditions in actual spas, with an enormous amount of feedback from working spa directors and owners regarding what they are looking for in employees. Beyond giving explanations and step-by-step instructions regarding a wide range of spa modalities, the book offers an in-depth look at topics that many other resources do not

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cover. **Important Notice:** Media content referenced within the product description or the product text may not be available in the ebook version.

This encyclopedic book contains, in practical and easy-to-understand form, every conceivable use for essential oils and aromatherapy in everyday life. The author, a practicing aromatherapist for more than twenty years, unlocks the power of essential oils in more than 600 original recipes, most needing only a few essential oils. Unlike over-the-counter products, the recipes you make yourself contain no harmful preservatives. Most basic needs can be covered with just ten essential oils.