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**Counseling Children and**

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Adolescents provides readers with a comprehensive exploration of the practice of counseling young clients. The book introduces several theories that have proven effective with young clients, then couples that

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emotive behavior therapy. Each theory is described with specific applications with children and adolescents. Additional chapters explore working with at-risk youth, exceptional children, and youth affected by challenging

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circumstances. Other topics addressed in the text include working with parents and families in school and mental health counseling, basic counseling skills and ethical considerations specific to children and

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date, evidence-based practice manual for clinical psychologists in training. The Handbook of Child and Adolescent Clinical Psychology is one of a set of 3 books published by Routledge which includes The Handbook of



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therapists. Expert guidance covers techniques for working with individuals, groups, and parents, and explores the efficacy of the theories under discussion.

Christiane Brems, in

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collaboration with new coauthor  
Christina Rasmussen, introduces  
prospective and practicing  
clinicians to theories and  
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with children ages three to  
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chapters include a discussion of theoretical issues, the primary emphasis is on intervention techniques and strategies for changing various behavior and learning problems. Case examples are

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often used to illustrate treatment procedures.

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encouraged to review the  
entire treatment literature and  
to construct their  
presentations on the basis of  
empirically supported  
treatment techniques and  
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Psychopharmacotherapy  
Chapter—The chapter on child  
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psychopharmacotherapy  
focuses on  
psychopharmacological  
interventions rather than on

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which drugs should be prescribed for specific behavior or learning problems. Author Expertise—Each chapter is written by experts who are well qualified to discuss treatment practices



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for the specific topic under discussion. This book is intended for individuals who have entered or plan to enter the mental health profession or such related professions as counseling, special education,

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nursing and rehabilitation. It is especially useful for individuals taking child and adolescent therapy and intervention courses and practicum courses. Finally, it is suitable for persons who

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disorder (ADHD) and ADHD  
medications, bipolar disorder,  
psychotic episodes and eating  
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adolescents, the use of  
antipsychotics in children and  
adolescents, non-medication

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approaches and adjuncts to medications, and how to assess and treat noncompliance and "breakthrough" symptoms. Also included are fact sheets that clearly delineate

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medications for each disorder  
along with medication side  
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model for conducting  
multifaceted treatment that is  
sensitive to individual and  
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Chapters by leading clinician-  
researchers then address  
specific behavioral and

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emotional problems, including aggression, anger, ADHD, depression, anxiety disorders, and difficulties faced by children with chronic health conditions. Providing a practical overview of salient

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clinical techniques, each up-to-date chapter summarizes related literature and considers future directions for research and practice. Also examined are developmental issues specific to work with

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adolescents and the current status of empirically supported interventions. Informed by an amalgamation of psychoanalytic and attachment theories, the techniques offered in this

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book can be employed  
alongside a variety of  
therapeutic modalities, such  
as evidenced-based cognitive-  
behavioral treatment; social  
learning, family systems,  
emotion-focused, Ericksonian,



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and solution-focused approaches; gestalt, psychodynamic, and narrative therapies; as well as play therapy and the therapies of the creative arts. 'Evocative strategies' have been

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developed for the purpose of engaging children in an emotionally meaningful process. Crenshaw illustrates that in order to create moments of transformation and change in and through the

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therapy process, we have to learn the language of the heart-where children in their essence live.

For many parents of troubled teenagers, a therapeutic program that takes the child

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from the home for a period of time offers some respite from the daily tumult of acting out, lies, and tension that has left the family under siege.

However, just as the teenager is embarking on a journey of

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self-discovery, skill-  
development, and emotional  
maturation, so parents too  
need to use this time to  
recognize that their own  
patterns may have contributed  
to their family's downward

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spiral. This is The Parallel  
Process. Using case studies  
garnered from her many years  
as an adolescent and family  
therapist, Krissy Pozatek  
shows parents of pre-teens,  
adolescents, and young adults

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how they can help their children by attuning to emotions, setting limits, not rushing to their rescue, and allowing them to take responsibility for their actions, while recognizing their own

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patterns of emotional withdrawal, workaholism, and of surrendering their lives and personalities to parenting. The Parallel Process is an essential primer for all parents, whether of troubled



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teens or not, who are seeking to help the family stay and grow together as they negotiate the potentially difficult teenage years.

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principles with the realities of drug interactions. This edition has been reorganized into a more compact, clinically relevant book and completely updated, with two-thirds new contributing authors. The new structure incorporates

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other people. This second edition of *The Development of Play* addresses these key functions that play serves. David Cohen examines how children play with objects, with language, and most importantly, with each other and

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their parents. He goes on to ask why we stop playing, and looks at adult games. The Development of Play argues that psychology has accepted too uncritically the Victorian opposition of work and play, and argues that adults can

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learn to play more. With its  
extensive account of recent work  
in this area, this book is the most  
up-to-date work on the importance  
of play and will be of interest to  
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a wide number of professionals involved with children.

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importantly, it discusses how underlying brain abnormalities and dysfunction may contribute to the development and help in the treatment of these serious disorders. Neuropsychological studies show impairments in specific cognitive

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functions, especially executive and visuo-spatial skills. Neuroimaging studies show structural and functional abnormalities, including cortical atrophy and neural circuit abnormalities, the latter appearing to be playing a major part in the

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development of anorexia nervosa.

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neurotransmitter systems, with  
effects upon the modulation of  
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rate, sympathetic tone and temperature. The first chapter, by an eating disorders clinician, explains the importance of a neuroscience perspective for clinicians. This is followed by an overview of the common eating disorders, then

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chapters on what we know of them from studies of neuroimaging, neuropsychology and neurochemistry. The mysterious phenomenon of body image disturbance is then described and explained from a neuroscience

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perspective. The next two chapters focus on neuroscience models of eating disorders, the first offering an overview and the second a new and comprehensive explanatory model of anorexia nervosa. The following two chapters offer a clinical

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perspective, with attention on the implications of a neuroscience perspective for patients and their families, the second providing details of clinical applications of neuroscience understanding. The final chapter looks to the future.

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attention-deficit/hyperactivity disorder, anxiety disorders, depression and suicidality, obsessive?compulsive disorder, eating disorders, and trauma. Ways to involve parents in treatment are addressed throughout. New to This



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Barlow. It provides a concise overview of the disorders most commonly encountered in clinical practice and details evidence-based treatment approaches, largely grounded in cognitive-behavioral therapy (CBT). Procedures for

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formulation, intervention, and  
progress monitoring are illustrated  
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book addresses nuts-and-bolts issues  
such as how to set up each session,

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what to cover, and how to broach difficult topics with children and parents. See also *Clinical Handbook of Psychological Disorders, Fifth Edition* (on adults), edited by David H. Barlow.

**FAMILY THERAPY**

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deficit/hyperactivity disorder, anxiety disorders, depression and suicidality, obsessive – compulsive disorder, eating disorders, and trauma. Ways to involve parents in treatment are addressed throughout. New to This Edition\*Presents advances in



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