

Book Rediscovering Life Awaken To Reality

"Both what you run from -- and what you yearn for -- are within you." --Anthony de Mello, S.J. In the tradition of his bestselling Song of the Bird, de Mello has written these story meditations as stepping stones toward a spiritual life based on self-knowledge and understanding. This book contains over 250 stories, grouped under the themes of Prayer, Awareness, Religion, Grace, "Saints," Self, Love, and Truth. Although derived from a variety of countries and cultures, these tales share the spiritual heritage and popular humor of the entire human race. As he does so skillfully in his other books, de Mello uses the medium of the story to enable his readers to work through their problems and arrive at essential Truth. With each seemingly simple anecdote comes a lesson powerful enough to break down barriers that limit self-understanding -- which in turn fosters a better understanding of others, in all situations in life. "Even if you read the stories in this book only for the entertainment," he warns, "be sure that on occasion the story will not slip through your defenses and explode when you least expect it as." Taking Flight offers a joyful, transcendental experience. De Mello pilots a spiritual journey with the skill of a true master.

Presents a series of profiles of individuals from around the world who have found meaningful answers to some of life's most difficult questions, explaining how they can serve as examples for others.

Imagine for a moment that all the pressures in your life were off--no problems to fix, no deadlines to meet, no struggles to overcome. Do you feel that sense of spacious relief? It's not an illusion, teaches Mary O'Malley. It really is possible to live with that profound openness every moment, even while tending to our everyday tasks and obligations. What's in the Way Is the Way is the new book from this highly regarded teacher, offering practical guidance for meeting all of our experience with an unshding sense of ease, trust, and peace of mind. This accessible book is divided into 10 phases, featuring inspiring wisdom and step-by-step exercises to heal the core beliefs that keep you stuck. With each chapter, Mary invites you to come into the present and see yourself and your circumstances in a different way—with openness and curiosity, unclouded by struggle, judgment, and fear. Discover why Eckhart Tolle calls Mary O'Malley's work "a treasure of practical wisdom and profound insights, all pointing to one essential Truth: how to awaken into present-moment awareness and live in acceptance of what is."

A healthy and united America--perhaps a country more united than it has ever been--is truly possible, and it starts with us. John Kingston draws on wisdom from history, science, faith, and culture, along with his own experiences, to offer eight principles for discovering purpose, meaning, and true community. We live in the greatest peace and prosperity that the world has ever known, but Americans are feeling more division, isolation, depression, and despair than ever before. These are issues of the soul. We seem unable to find purpose and meaning. We can't find "the life that is truly life"--a vibrant and purpose-filled way of living best experienced together. From his youth, Kingston has always carried a vision for a free and united America. With an approachable and conversational style, as well as a dash of humor, Kingston draws on a diverse and compelling collection of wisdom--the parables of the Bible and the philosophy of Aristotle, the legacies of Nelson Mandela and the speeches of Abraham Lincoln, the songs of Bruce Springsteen and current studies from the best neuro and social scientists today--to remind us that there is no "them," there is only us, and we're in this together. In American Awakening, Kingston offers eight timeless principles for breaking through this darkness and despair and cultivating a radical togetherness, both here in this country and around the globe. You'll discover the profound impact of: -In-person connection Making more from less Discovering purpose Redeeming adversity Responding instead of reacting Finding your unique sense of belonging Wherever you go, find yourself politically or spiritually, a healthy and united America starts with you. Join the Awakening movement and let's rediscover who we are--together.

The Last Meditations of Anthony de Mello

God's Lavish Response to Your Ache for Something More

The First Year and the Rest of Your Life

Calvinism

Imagining a Childlike Faith beyond the Baggage of Western Culture

Awareness

Sarah

From the bestselling author of Awareness and The Way to Love comes a classic reissue of lessons to inspire readers every day of the year. With more than two million books sold and countless admirers throughout the world, Anthony de Mello is regarded as one of the most influential religious teachers of the past fifty years. Since his death in 1987, widespread recognition of his work’s enduring value has continued to grow. In Awakening, de Mello explores “the wisdom that cannot be conveyed in human speech.” Through 365 meditations, blending the mystical traditions of both East and West, he creates the lessons of a profound “master” to his “pupil,” illustrating our common need for harmony and enlightenment. The daily parables, sometimes cryptic and often witty, are not meant so much to instruct as to awaken the understanding deep within the human heart.

Can you imagine how liberating it would be to never be disillusioned again, never be disappointed again, never feel let down again? Want to wake up, come alive, and be free? Anthony De Mello’s Stop Fixing Yourself is the answer you have been looking for. The question Anthony De Mello’s Stop Fixing Yourself poses and successfully answers is: Can you attain enlightenment without the slightest effort on your part? Spiritual seekers exhausted from years of fruitless striving might well sigh deeply and think, “If only that were true.” Well, Anthony De Mello does ease that frustration, providing the simple path to living an enlightened life. De Mello tells us that if you are watchful and awake, all that is false and neurotic within you will drop away and you will begin to live increasingly from moment to moment in a life made whole and happy and transparent through awareness. Awareness transforms you from a seeker to a finder, opening your eyes to the reality of the love, peace, and beauty that has always surrounded you. Awareness will set you free. In Stop Fixing Yourself, De Mello’s down-to-earth teaching method helps you discover true awareness, releasing the divinity all around you and making your life meaningful, beautiful, and prosperous.

A book of modern mysticism about rediscovering the true meaning of faith and how to reclaim our spiritual wisdom. Light on Fire is the soulful exploration of one woman’s journey to awakening and becoming a modern-day Christian mystic. It’s a compassionate guide that will support others on the path to awakening by offering new insights and practical guidance on how to reconnect with our innate spirituality. In her search to understand her own spontaneous awakening, Aedamar discovered that awakening is a natural life process from which we have become estranged. In beautifully poetic language, and through accessible philosophy, Aedamar shares how and why we are designed to wake up, and to experience Divine Love, in the ordinary course of life. Waking up is what is now needed to heal ourselves and the deeply rooted traumas of Western society. Light on Fire concludes with ‘The Path of Gold’, Aedamar’s seven-stage guide to awakening that offers a model for rediscovering Divine Love in everyday life. It helps us to reconnect with our spiritual wisdom, which is critical as we enter a new era that uniquely calls us to mysticism and to love.

"Wisdom from one of the greatest spiritual masters of our time."--James Martin, SJ, author of Jesus: A Pilgrimage The heart of Anthony de Mello's bestselling spiritual message is awareness. Mixing Christian spirituality, Buddhist parables, Hindu breathing exercises, and psychological insight, de Mello's words of hope come together in Awareness in a grand synthesis. In short chapters for reading in quiet moments at home or at the office, he cajoles and challenges: We must leave this go-go-go world of illusion and become aware. And this only happens, he insists, by becoming alive to the needs and potential of others, whether at home or in the workplace. Here, then, is a masterful book of the spirit, challenging us to wake up in every aspect of our lives.

What Should I Do with My Life?

Sadhana, a Way to God

The Spiritual Wisdom of Anthony de Mello

The Attentive Life

Finding Your Way Back to God

Wellsprings

Rediscovering Joy and Wonder: A Guide to Renewal in Work Relati Ons and Daily Life

An informal, individual retreat with the works of the great Indian Jesuit psychologist and spiritual master, Anthony de Mello, SJ.

A series of spiritual exercises which combine Eastern meditation techniques with Christian prayer is designed to aid in achieving inner peace

Offers thirty-one meditations, each preceded by a Gospel quotation, providing insight on the ultimate question of how to live

Do you long for something more in your relationship with God? The good news is that "something more" does not mean "doing more." God is not waiting for you to get your spiritual life "right." He wants to be with you right where you are. The real question is not "What does God want from you?" but "What does God want for you?" Sharon Jaynes understands what it's like to have a "glory ache" and to be present on a daily basis. She also knows how easily working for God can get in the way of intimacy with God. And she's discovered that we tend to make our faith journey much too hard. In A Sudden Glory, Sharon uses Scripture and story to help you erase the line between your "spiritual life" and your "daily life" as you enter the sanctuary of God's presence even in the middle of your busy, messy days. You'll discover how to open your eyes to moments of sudden glory in which the Creator assures you of His love as you live and move and have your being in Him. Here you will discover true freedom—the freedom of experiencing God in a deeper and more intimate way than ever before. Includes Bible study and discussion guide.

The Song of the Bird

Praying Naked

A Practical Guide for Waking Up to Life

Wake Up, All Is Well

A Book of Spiritual Exercises

The Lessons of Love

Conversations with the Masters

A companion to Anthony De Mello's all-time bestselling work of inspiration, Awareness, Anthony De Mello was one of the most important spiritual writers of the 20th century. Since his death in 1987, his stature has only increased. His books, including Song of the Bird, Sadhana, and the international bestselling Awareness are considered by many to be some of the most influential spiritual teachings of the last 50 years. Now, to commemorate the 25th anniversary of his passing, Image Books is proud to present what may very well prove to be the last published work of this beloved spiritual teacher. Based on a lecture given just months before his death, Rediscovering Life invites us to unlock the deeper meaning of our lives. By becoming aware of the circuitous and habitual nature of our limiting thoughts, we can find simple solutions that will release us from feelings of isolation, anger, sadness and depression. In short, De Mello offers us a new way to look at the world and God that will transform our lives. Rediscovering Life is a timeless and compassionate book that will awaken you to the beauty of human experience and increase your ability to see God in all things.

From telemarketers to traffic jams to twenty-item shoppers in the ten-item line, our lives are full of interruptions. They're often aggravating, sometimes infuriating, and can make us want to tell people what we really think about them. But they also tell us something quite important about ourselves. The prophet Jonah's life was interrupted by a clear call of God that made him mad enough and scared enough to run in the completely opposite direction. Yet it wasn't really an interruption. It was an opportunity for Jonah to be involved in something the likes of which the Old Testament world had never seen: national revival in a Gentile country. What if Jonah had seen God's interruption for what it truly was—a divine intervention that held more adventure and possibility than any other thing he could have been doing at the time? What could have felt any better than being directly in the center of God's will? Yet we play it that same way—always running from major pains and minor problems that just don't seem to suit us at the time. Who knows what we're missing by being so interruption avoidant? In this very personal account of opportunities lost and lessons learned, popular conference speaker and author Priscilla Shirer shows how to embrace the amazing freedom and fulfillment that comes from going with God's plan when He's going against your grain.

DIVThis brasky told history of Reformed Protestantism takes these churches through their entire 500-year history—from sixteenth-century Zurich and Geneva to modern locations as far flung as Seoul and São Paulo. D. G. Hart explores specifically the social and political developments that enabled Calvinism to establish a global presence./divDIV /div/DIVHart's approach features significant episodes in the institutional history of Calvinism that are responsible for its contemporary profile. He traces the political and religious circumstances that first created space for Reformed churches in Europe and later contributed to Calvinism's expansion around the world. He discusses the effects of the American and French Revolutions on ecclesiastical establishments as well as nineteenth- and twentieth-century communions, particularly in Scotland, the Netherlands, the United States, and Germany, that directly challenged church dependence on the state. Raising important questions about secularization, religious freedom, privatization of faith, and the place of religion in public life, this book will appeal not only to readers with interests in the history of religion but also in the role of religion in political and social life today./div

The movement repertoire that develops in the first year of life is a language in itself and conveys desires, intentions, and emotions. This early life in motion serves as the roots of ongoing nonverbal interaction and later verbal expression – in short, this language remains a key element in communication throughout life. In their path-breaking book, gestalt therapist Ruella Frank and psychoanalyst Frances La Barre give readers the tools to see and understand the logic of this nonverbal realm. They demonstrate how observations of fundamental movement interactions between babies and parents cue us to constructed experiences that underlie psychological development. Numerous clinical vignettes and detailed case studies show how movement observation opens the door to understanding problems that develop in infancy and also those that appear in adulthood, such as the dimensions of adult communication. Their useful, friendly nonverbal lexicon – foundational movement analysis – enhances perception of emerging interactive patterns of parents and their babies, couples, and individual adults within psychotherapy. Clinicians in any setting will find this book to be a masterful application of infant research and movement theory that significantly augments clinical acumen and promotes greater understanding of the nonverbal basis of all relationships.

The Life of God in the Soul of Man

Rediscovering Our Passion for Live When It All Seems Too Hard to Take

A New Approach to Faith, Fasting, and Spiritual Freedom

A Sudden Glory

Seeds of Awakening

Christian Exercises in Eastern Form

Unfettered

"God, if you're real, make yourself real to me." Each of us spends our lives on a journey toward God. Yet often our most deeply felt longings--for meaning, for love, for significance--end up leading us away from, instead of toward, our Creator and the person he made us to be. Finding Your Way Back to God shows you how to understand and listen to your longings in a whole new way. It's about waking up to who you really are, and daring to believe that God wants to be found even more than you want to find him. It's about making the biggest wager of your life as you ask God to make himself known to you. And it's about watching what happens next.

"Smith's sage advice will aid Christians in recognizing the simple joys of practicing their faith."--Publishers Weekly Western culture is in a tailspin, and Christian faith is entangled in it: we do kingdom things in empire ways. Western approaches to faith leave us feeling depressed, doubting, anxious, and burned out. We know something is wrong with the way we do faith and church in the West, but we're so steeped in it that we don't know where to begin to break old habits. Popular pastor and speaker Mandy Smith invites us to be unfettered from the deeply ingrained habits of Western culture so we can do kingdom things in kingdom ways again. She explores how we can be transformed by new postures and habits that help us see God already at work in and around us. The way forward isn't more ideas, programs, and problem-solving but in Jesus's surprising invitation to the kingdom through childlikeness. Ultimately, rediscovering childlike habits is a way for us to remember how to be human. Unfettered helps us reimagine how to live.

One of the most important inspirational writers of our time, and an internationally acclaimed spiritual guide, Anthony de Mello here presents a way toward peace of mind, inner power, and joy through simple spiritual exercises that blend the ancient traditions of the East with the psychological and philosophical perspectives of the West. Wellsprings is intended to guide us to a deeper appreciation of the physical and mystical realms within us. In these pages, numerous aspects of self-awareness are explored that for many people are often left uncultivated in the rapid pace of modern life. In the tradition of the great spiritual leaders of the past, de Mello directs the whole person toward a state of harmony and grace -- in heart and mind, body and soul. This book's great insights into our universal spiritual yearnings have had tremendous resonance the world over, and its simple lessons of the spirit have touched the lives of millions. Wellsprings is indeed a book for everyone who thirsts for inner growth -- regardless of age, religion, or cultural background. If read carefully, its exercises will lead from mind to body, from thought to fantasy and feeling. It is then that we are both freed and empowered, awakened to reality and our real selves. For, as the teacher explains, "In solitude your self is given back to you."

Anthony deMello, an Indian Jesuit who died in 1987, was along the most popular and influential spiritual teachers of our time. Through his books and retreats he achieved a world-wide following that has only continued to grow in recent years. But who was Anthony deMello? What were the sources that nourished his spiritual development? In this biography, Bill deMello, Tony's younger brother, provides an honest and intimate portrait.

Using Everyday Experiences for Inner Fulfillment

The True Story of People who Answered the Ultimate Question

Movement, Development, and Psychotherapeutic Change

God So Close

An Awakened Life

Awaken to Reality

Discerning God's Presence in All Things

With clarity, humor, and insight, award-winning filmmaker Barnett Bain guides readers to unlock the raw power of the creative self. Sharing creativity principles and practices at the leading edge. The Book of Doing and Being offers a life-altering map for stepping beyond what we already know and into a dimension of imagination from which innovation is born. Known for his inspiring movies and documentaries, as well as his popular creativity workshops, Barnett Bain makes available his teachings for the first time in book form. Discover how will and action come together with imagination and feeling to form the very foundation of creativity by working with this treasury of more than forty transformative exercises. Each one is designed to spark new creative connections by challenging our usual ways of thinking, feeling, and perceiving. These lessons, tools, and techniques serve to unlock great reservoirs of creativity in every individual, whether it' s jumpstarting or completing a project, launching a new business, creating a work of art, experiencing more fulfilling relationships, or making other dreams come true. Bain' s motivational guidance includes: rewiring your brain to unleash ultra-creativity; finding freedom from self-criticism, perfectionism, and other obstructions to productivity and creative expression; harnessing the two forces of creativity: inspiration and action; discovering your emotions as the doorway to creative aliveness and ingenuity; and hearing the call of your Real Work, regardless of age, education, or experience. Step by step, you will make the discovery of a lifetime: how to stop being ruled by your past and start consciously creating your present and future.

You will be surprised and energized—by your next creative impulse, the next idea that excites you, the next experience that moves you—and you will live a creative life.

In thirty-one meditations, the author inspires his readers to break through illusion, the great obstacle to love.

In an awakened life, our hearts are open, steady and purposeful. Most people today have a greater income, as well as more goods and labour - saving devices, than any other generation in history. Yet stress, discontent, personal and social problems abound. Drawing on the deepest discoveries of the Buddhist tradition, well-known retreat master, Christopher Titmuss, suggests we spend far too much time in superficial preoccupations and not enough in looking deeply into things. He urges us to fearlessly transform the forces of desire and dissatisfaction that haunt our daily lives - and to awaken to the Immeasurable. Inspired by the 20th Century classic, Zen Mind, Beginner's mind, he gives practical advice on such subjects as: understanding our feelings , taking risks, becoming more detached and rediscovering our true selves. And he shows us how to have free, fulfilled and uninhibited lives amidst the frenzy of everyday activity.

Through original spiritual insights and joyful stories, in the world's most widely acclaimed author Anthony de Mello points the way toward new levels of contemplation, happiness, love, wisdom, and enlightenment. In more than two hundred parables and lessons about living life fully yet simply, de Mello gives examples filled with wisdom that cannot be conveyed in regular direct discourse. Rooted in the spirit of the Gospel and spanning the mystical traditions of East and West, this invigorating volume -- like all the author's previous books -- is intended to enliven our faith and free us from whatever imprisons our mind, body, and soul. One Minute Wisdom will lead from sense to sensitivity, from mood to meaning, from thought to feeling. And as de Mello writes, "Wisdom can come without the slightest effort—in the time it takes to open your eyes." Wherever your spiritual belief may lie—or even if you have no beliefs at all—you will find in these pages needed and helpful direction on continuing the process of self-discovering and on finding the satisfying riches that lie deep within you.

The Spirituality of Anthony de Mello

Waking Up to Divine Love

The Book of Doing and Being

Stop Fixing Yourself

The Awakening

Rediscovering Life

American Awakening

Anthony de Mello was a Jesuit priest from India. He fuses spiritual ideas from many religions in a way that makes them accessible to readers. This book is in the form of a lecture at a retreat and it deals with the notion that we walk through life in a kind of sleep that prevents us from achieving a real connection to God and to ourselves. This book contains the following lectures: On Waking Up Will I Be Of Help To You? On The Proper Kind Of Selfishness On Wanting Happiness Are We Talking About Psychology In This Spirituality Course? Neither Is Renunciation The Solution Listen And Unlearn What's On Your Mind? Good Bye Dr. Lust On Illusion About Others Self-Observation Awareness Without Evaluating Everything The Illusion Of Rewards Finding Yourself Stripping Down To The "I" Negative Feelings Toward Others On Dependence How Happiness Happens Fear The Root Of Violence Awareness And Contact With Reality Good Religion -The Antithesis Of Unawareness Labels Obstacles To Happiness Four Steps To Wisdom All's Right With The World Sleepwalking Change As Greed A Changed Person Arriving At Silence Losing The Rat Race Permanent Worth Desire, Not Preference Clinging To Illusion Hugging Memories Getting Concrete At A Loss For Words Cultural Conditioning Filtered Reality Detachment Addictive Love More Words Hidden Agendas Giving In Assorted Landmines The Death Of Me Insight And Understanding Not Pushing It Getting Real Assorted Images Saying Nothing About Love Losing Control Listening To Life The End Of Analysis Dead Ahead The Land Of Love

""What's so original about this manny?" asked a visitor. "All he gives you is a hash of stories, proverbs, and sayings from other masters."" "A woman disciple smiled. She once had a cook, she said, who made the most wonderful hash in the world."" ""How on earth do you make it, my dear? You must give me the recipe."" "The cook's face glowed with pride. She said, "Well, Ma'am, I'll tell yer: beef's nothin'; pepper's nothin'; onion's nothin'; but when I throws myself into the hash -that's what makes it what it is."" "That's what you'll find in the second part to De Mello's one minute nonsense - more one minute nonsense - an assortment of stories, proverbs, and sayings from a master thrown together with a dash of Anthony De Mello. The master referred to is no one in particular - he is a Hindu guru, a Jewish rabbi, a Zen Roshi, a Taoist sage. He is Jesus, Lao Tzu, and Socrates. The master's teaching is timeless. These anecdotes were not be easy to understand and should be read and pondered one at a time. Within the pages of more one minute nonsense you'll find wise, witty, yet puzzling responses to life's many questions."--BOOK JACKET.Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

In his books Awareness and The Way to Love, among others, the internationally acclaimed spiritual guide Anthony de Mello presented an approach to spirituality that integrated the ancient traditions of the East with the psychological and philosophical perspectives of the West. Twenty years after his death, de Mello's books continue to attract readers and his work remains a powerful influence on contemporary spiritual thought and practices. J. Francis Stroud, S.J., who helped de Mello with his hugely successful lectures, seminars, and books, has dedicated himself to keeping de Mello's teachings alive through the de Mello Spirituality Center at Fordham University. In Praying Naked, Father Stroud draws on his peerless understanding of de Mello's works to help readers keep their lives on track and navigate their own spiritual journeys. In clear, simple language, he explains how to master de Mello's approach to meditation and shows that meditating for even as little as three minutes a day can resolve the problems caused by difficult life conditions and guide us on the quest for spiritual happiness, self-discovery, and self-awareness.

A man's search for his identity takes him across the United States, Europe and the Caribbean. While he finds friends along the way he also uncovers a sinister enemy from his past.

Second Innocence

Call to Love Meditations

Life Interrupted

Light on Fire

From Fear to Serenity with Anthony de Mello

Five Awakenings to Your New Life

The Happy Wanderer

How well do you know the Holy Spirit? How clearly do you hear His voice? How real is He in your everyday life? Bestselling author and creator of the Midnight Mom Devotional community Becky Thompson invites you into a closer relationship with the Holy Spirit by scripturally unpacking who he is and how he moves in and through the life of a believer. In God So Close, Thompson wants to lead you into a deeper understanding of the Holy Spirit so you can have a closer connection with God. Becky will help you explore who the Holy Spirit is and why He is important become aware of God moving around you and within you learn how to listen for the prompting of the Holy Spirit discern when God is leading you Long gone are the days of believing that the Spirit of God only attends certain church services or speaks to or through particular people. God So Close shows you are a carrier of his Spirit and have been filled with his power and presence. It's for His glory that you've been given gifts to impact the world and reveal the message of Jesus.

Everything about Sarah Bernhardi is fascinating, from her obscure birth to her glorious career--redefining the very nature of her art--to her amazing (and highly public) romantic life, to her indomitable spirit. Well into her seventies, after the amputation of her leg, she was performing under bombardment for soldiers during World War I and toured America for the ninth time. Though the Bernhardt literature is vast, this is the first English-language biography to appear in decades, tracking the trajectory through which an illegitimate--and scandalous--daughter of a Jewish courtesan transformed herself into the most famous actress who ever lived, and into a national icon, a symbol of France.--From publisher description.

Shares a new way to look at the world and God, by being aware of the circuitous and habitual nature of thought, allowing readers to find hope and release feelings of isolation, anger, depression, and sadness.

A collection of seventeen short essays on the awakening of consciousness, based on the author's personal journey and insights. It includes topics such as the essence of spirituality, the search for happiness, meditation, letting go, our true nature, the pure self, love, forgiveness, synchronicity, and the nature of consciousness.

A History

Eight Principles to Restore the Soul of America

The Way to Love

Awakening

A Book of Story Meditations

Taking Flight

Rediscovering Creativity in Life, Love, and Work

The timeless, magical story of one woman's return to life and love when she thought she had lost it all.

"Every one of these stories is about YOU." --Anthony de Mello Everyone loves stories; and in this book the bestselling author of Sadhana: A Way to God shares 124 stories and parables from a variety of traditions both ancient and modern. Each story resonates with life lessons that can teach us inescapable truths about ourselves and our world. De Mello's international acclaim rests on his unique approach to contemplation and ability to heighten self-awareness and self-discovery. His is a holistic approach, and in the words of one reviewer: "his mysticism cuts across all times and peoples and is truly a universal invitation." The Song of the Bird uses the familiar yet enduring medium of the story to illustrate profound realities that bring us in touch with the problems and concerns of daily life, as well as with our common spiritual quest. The aim is to develop the art of tasting and feeling the message of each story to the point that we are transformed. "Let the story speak to your heart, not to your brain," the author directs. "This may make something of a mystic out of you." Enhanced by lovely ink drawings, this is indeed a volume to treasure, to share, and to read many times over, for it is everyone's best companion on the road to spiritual growth.

Stop hitting the spiritual snooze button. Would you describe your walk with God as fresh and exciting? Would you describe your spiritual life as vibrant and passionate? If not, would you like these attributes to be the norm in your everyday relationship with God? Are you ready to experience an awakening? Awakening helps you stir up your slumbering soul.

You'll discover how to break out of your season of dryness or get off to a great start either in the New Year or the next season in life. Take your faith-walk from a "going through the motions" or "have to" mindset to the stimulating, fresh "want to" experience of enjoying God's presence--24/7. Weems encourages you to surrender fully, to discover the right kind of fuel for the journey, and to learn a new way to pray and fast. This lifestyle is not based on rules or religion, but on a deep, satisfying, motivating relationship with God. Included in Awakening is a 21-Day Plan that will guide you through the principles that ensure a lasting, fresh relationship with God--even in a world where everything quickly becomes stale.

"It's time to wake up and put an end to spiritual sluggishness! I promise this year will be the best of your life if it is your best year spiritually." -- Stovall Weems

Mixing Christian spirituality, Buddhist parables, Islamic sayings, Hindu breathing exercises, and psychological insight, spiritualist and Jesuit priest Anthony de Mello challenges readers to identify our most submerged, darkest feeling, accept them, not let them rule us, and allow this new awareness of ourselves to change us. Copyright © Libri GmbH. All rights reserved.

What's in the Way Is the Way

Meditations for Life

The Life of Sarah Bernhardt

One Minute Wisdom

Experience a Life Awakened to His Spirit

More One Minute Nonsense

Anthony Demello SJ

A spiritual guide based on the tradition of praying the hours invites readers to develop greater awareness of God's role in all moments of the day, in a reference that draws on literary resources to demonstrate key themes.

Second Innocence is a book about rediscovering the wonder and joys of life at whatever age we find ourselves. Full of witty and provocative stories, it explores how to renew our life in four realms - daily life, faith, work, and relationships. Based on the author's own life and 25 years of experience as a minister, author and corporate advisor, it will inspire readers to take a fresh look at their lives. Both practical and compelling, it combines wonderful stories with a unique perspective on keeping our idealism and enthusiasm as we age.