

*Army Oer Support
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This book surveys the entire field of body composition as it relates to performance. It includes a clear definition of terminology and a discussion of the various methods for measuring body composition. The authored papers represent a state-of-the-art review of this controversial field and address questions such as: What is a better measure of body composition--body fat or lean body mass? Does being overweight for one's

height really affect performance? The book also addresses the issue of physical appearance as it relates to body fatness and performance. It includes an in-depth discussion of many of the topics of interest to those involved in sports medicine and exercise physiology.

To celebrate the 75th in-print anniversary of the Army Officer's Guide, Stackpole Books is offering a deluxe bound, hard cover limited printing of its famous Army Officer's Guide, now in its 50th

Edition. Included are a history of this venerable book and excerpts from the 1930 first edition of the Guide and the influence it has had on the United States Army officer corps in World War II, the Korean War, the Vietnam War, and today's conflicts.

Quartermaster Professional Bulletin

Army Leadership and the Profession (ADP 6-22)

Mission Command (ADRP 6-0)

**Privacy Act Issuances ...
Compilation**

The First 100 Days of

Platoon Leadership - Handbook (Lessons and Best Practices)

ADP 6-22 describes enduring concepts of leadership through the core competencies and attributes required of leaders of all cohorts and all organizations, regardless of mission or setting. These principles reflect decades of experience and validated scientific knowledge. An ideal Army leader serves as a role model through strong intellect, physical presence, professional competence, and moral character. An Army leader is able and willing to act decisively, within superior leaders' intent and purpose, and in the organization's best interests. Army leaders recognize that organizations, built on mutual trust and confidence,

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accomplish missions. Every member of the Army, military or civilian, is part of a team and functions in the role of leader and subordinate. Being a good subordinate is part of being an effective leader. Leaders do not just lead subordinates-they also lead other leaders. Leaders are not limited to just those designated by position, rank, or authority.

Army Officer's Guide
Stackpole Books
Air University Library Index to
Military Periodicals

The History of the U.S. Army Medical
Service Corps

Leader Development in Army Units

The Iron Major Survival Guide

The Engineer

"Developing leaders is critical for the Army; given the amount of time officers spend in units, that experience should be important to

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their development. Yet few studies indicate whether Army units even have leader development programs, and, if they do, what the programs consist of and how well they are executed. To gain insight into these issues, Arroyo Center researchers met with over 450 officers (lieutenants through colonels) to discuss leader development within Army units. The discussions revealed that no set of activities exists that could be characterized as a standard unit-level leader development program. Instead, leader development tends to be informal, personality-driven, and dependent on the abilities, experience, and inclinations of the unit commander. The researchers do not recommend that the Army impose more formal programs or requirements on

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commanders, but instead that the Army's school system demonstrate the proper way to do counseling; introduce Army leaders to an array of leader development tools that could be adapted to a unit's needs in different situations; and, most importantly, foster the expectation that leader development will take place, according to Army standards, in operational units. The authors note that the Center for Army Leadership can support these efforts by fostering the sharing of leader development tools and ideas, possibly online, and exercising continuing quality control over the ideas being shared, based at least in part on user feedback." -- publisher's website.

Contains systems of records maintained on individuals by Federal agencies which were published in the

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Federal Register and rules of each agency concerning the procedures the agency will use in helping individuals who request information about their records.

Views from the Field

Soldiers

Lying to Ourselves :.

The Definitive Performance Writing Guide

The Army Officer's Guide

- **Practical advice on Army leadership and command**
- **Fully updated with the latest information for officers of all ranks, branches, and components**
- **Uniforms and insignia, duties and responsibilities, privileges and restrictions, courtesy and customs, posts and organizations,**

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**regulations and references • Color
images of medals and badges**

***Leadership and
officership*Rights, privileges, and
restrictions*Assignments, pay,
career development, and
promotions*Uniforms, awards,
and decorations*Family matters
and the social side of Army life:**

**Published by Stackpole and its
corporate predecessors for more
than seventy-five years, this book
is the bible for U.S. Army officers.**

**Condensed from Army
regulations--and the customs and
traditions of the service--the guide
provides the latest soldier
information and frank advice on a
variety of issues relating to service**

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life. Also included is a directory of current Army web sites and installations worldwide.

Army RD & A Bulletin

Colburn's United Service

Magazine and Naval and Military Journal

The Army Lawyer

Ordnance

Infantry

A professional bulletin for redlegs.

Army Doctrine Reference

Publication (ADRP) 6-0 augments

the mission command doctrine

established in Army Doctrine

Publication (ADP) 6-0, also titled

Mission Command. This

publication contains an expanded

discussion on the overarching

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doctrinal guidance on command, control, and the mission command warfighting function. It describes how commanders, supported by their staffs, combine the art of command and the science of control to understand situations, make decisions, direct action, and lead forces toward mission accomplishment. The principal audience for ADRP 6-0 is all members of the profession of Arms. Commanders and staffs of Army headquarters serving as joint task force or multinational headquarters should also refer to applicable joint or multinational doctrine concerning command and control of joint or multinational forces. Trainers and educators

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throughout the Army will also use this publication. Commanders, staffs, and subordinates ensure their decisions and actions comply with applicable U.S., international, and, in some cases, host-nation laws and regulations. Commanders at all levels ensure their Soldiers operate in accordance with the law of war and the rules of engagement. ADRP 6-0 applies to the Active Army, Army National Guard/Army National Guard of the United States, and United States Army Reserve unless otherwise stated.

Adaptive Leadership
Commander's Legal Handbook
Body Composition and Physical
Performance

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Field Artillery

Department of the Army Pamphlet

This Handbook is designed to assist Army Commanders in taking proper immediate action when faced with a variety of legal issues that might arise during your command. The purpose of your actions should be to preserve the legal situation until you can consult with your servicing Judge Advocate.

However, like most aspects of your command responsibilities, you can fail if you just wait for things to come to you. You need to be proactive in preventing problems before they occur. In the legal arena, this means establishing and enforcing high standards, ensuring your Soldiers are fully aware of those standards

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and properly trained to comply with them. You must also properly train your Soldiers on all Army policies and higher level command standards so that they also understand and comply with them. Soldiers must also be well-versed in the Army Values and be able to apply those values to real-world situations, which will usually keep them well within legal bounds. Topics include:

THE TOP TEN SITUATIONS WHERE YOU SHOULD IMMEDIATELY CONSULT YOUR SERVICING JUDGE ADVOCATE MILITARY JUSTICE/CRIMINAL LAW

Introduction to Military Criminal Law
Misconduct: Options and Duties Of The Commander
Unlawful Command Influence
R.C.M. 303 Preliminary Inquiry

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Non-Judicial Punishment, Article
15, UCMJ Article 15 ScriptSearch
and Seizure Self-Incrimination,
Confessions, and Rights Warning
UCMJ Punitive Articles Urinalysis,
Drug and Alcohol Policies
Fraternization and Improper
Senior-Subordinate Relationships
Proper Responses to Reports of
Sexual Assault Victim -Witness
IssuesINVESTIGATIONS
Administrative
Investigations/References Intro
AR 15-6 Investigations Accident
Investigations (AR 385-10) Line of
Duty Investigations (AR 600-8-4)
Fatal Training/Operational
Accident Presentations to Next Of
Kin (AR 600-34) Financial Liability
Investigations (AR
735-5)STANDARDS OF ETHICAL
CONDUCT Standards of Conduct

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Commanders Coins Support to
Non-Federal Entities Government
Motor Vehicle Transportation
Family Readiness Groups
Accompanying Spousal Travel
Annual Filing of Financial
Disclosure FormsADMINISTRATIVE
LAW AND PERSONNEL ACTIONS
“Flagging” Soldiers from Positive
Personnel Actions Enlisted
Separations Officer Separations
Bars To Reenlistment - Field
Initiated Qualitative Service
Program (QSP) Removal of
Enlisted Soldiers From Promotion
Lists Removal of Commissioned
and Warrant Officers From
Promotion Lists Security
Clearances - Suspension and
Revocation Sexual Harassment
Domestic Violence Amendment to
the Gun Control Act (Lautenberg

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Amendment) & FAP Article 138
Complaints Relief from
Command INDIVIDUAL SOLDIER
RIGHTS Body Piercing & Tattoo
Policy Conscientious Objection
Behavioral Health Evaluations
Command Access to a Soldier's
Protected Health Information
(HIPAA) Extremist Organizations
and Activities Political Activities
by Members of The Armed Forces
Whistleblower Protection Service
Member's Civil Relief Act (SCRA)
Religious Accommodation
INTERNATIONAL & OPERATIONAL
LAW Rules of Engagement Law of
Armed Conflict CLAIMS AND
CLIENT SERVICES Article 139
Claims Foreign and Deployment
Claims Family Support Obligations
(AR 608-99) Debt and Consumer
Protection GOVERNMENT

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INFORMATION PRACTICES

Freedom of Information Act

Program Privacy Act

Program FISCAL LAW Fiscal Law
for Commanders

The platoon leader and platoon sergeant are two of the most important leaders in the U.S. Army. The way platoon leaders and sergeants work together as a team can cause the success or failure of companies, battalions, brigades, and divisions. They represent the leading edge of leadership on and off the battlefield. On the battlefield, platoon leaders and sergeants build their platoons, empower squad leaders, integrate outside elements, and use troop-leading procedures to plan and lead. Off the battlefield, platoon leaders

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and sergeants prepare their platoon for combat through tough training. The platoon leader and platoon sergeant's ability to coach, teach, and mentor their Soldiers leads directly to the readiness of our formations.

World-wide, platoon leaders and sergeants are personally leading the U.S. Army at the lowest level.

This handbook is a guide for new leaders to help prepare them for a critical crucible of leadership that will determine the U.S.

Army's ability to fight and win our country's wars.

Military Intelligence Professional
Bulletin

A Guide to the Evaluation of
Educational Experiences in the
Armed Services

Military Intelligence

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Army
Applications for the Military
Services