

Ancient Teachings For Beginners Auras Chakras Angels Rebirth Astral Projectionancient Teachings For Beginnerpaperback

Humanity is entering a new era—we are evolving into super-powered beings of light. Our auric energy bodies are experiencing a transformational shift as new crystalline structures form within and around our auras. Kala Ambrose, a respected wisdom teacher, intuitive, and oracle, teaches how to connect with your rapidly changing energy body to expand your awareness and capabilities on the physical, mental, emotional, and spiritual levels. This groundbreaking guide contains a wealth of practical exercises, diagrams, and instructions that show you how to use transformative energy to create powerful positive change in your own life and in the world. Reconnect with the aura and maintain a balanced, healthy energy body Interpret and work with the auras of infants, children, and teens Understand energy cords and how they attach in relationships Sense and balance energy in buildings and natural locations Sense and communicate with spirit guides in the aura Use elemental energy to enhance your auric field Understand the impact of thoughts and emotions on the aura Access the akashic records through the auric layers Remove negative thought forms in the aura Create powerful protective fields in the aura for psychic protection Praise: "Kala is an amazing metaphysical teacher, with a deep understanding of her subject. In this well-written, personal, and heart-felt book, she reveals the secrets of the auric field, its

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and meaning. This is a very useful and easy-to-understand guide." —Amy Zerner and Monte Farber, authors of *The Soulmate Path*, and the *Chakra Meditation Kit*

The Aura is the invisible emanation radiating from every individual. An ethereal radiation. The egg-shaped human nebula. Psychic atmosphere sensed by everyone, but seen by but few. The clairvoyant vision. The phosphorescent flame, and luminous cloud. The colors in the aura and what they mean. Effect of mental states, emotion and passion, upon its aura. The human aura very important and interesting phase of every personality. The finer forces, the most powerful Human Aura: Astral Colors and Thought Forms by Swami Panchadasi is a wonderful book that goes deep into the reality of the human aura which is said to be the subtle, invisible emanation radiating from every individual. The book teaches method to develop a strong positive aura. It is a valuable book for all those interested in developing occult powers.

Imagine an advanced energy/information system that contains the chronicle of your life—past, present, & future.

"Using the ... techniques in this book, you can consult a pendulum for guidance, self-improvement, psychic development, and a wealth of other practical purposes ..."--Back cover.

12 1/2 Steps to Spiritual Superiority

Crystals for Beginners

The Aura-Soma Sourcebook

Special Teachings from the Arcane Science

Ancient Teachings for Beginners

Chakras, Auras, and the Healing Energy of the Body

Wheels of Light

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Thousands of years ago, the High Priests of Egypt performed a special rite called a Final Initiation. Many of these secret ceremonies took place at the Great Pyramid, where initiates performed sacred rituals involving breathing, meditating, and chanting. Afterwards, the students were ready to enter the world as healers. The author of Ancient Teachings for Beginners, Douglas De Long demonstrates how to perform this Final Initiation rite and other methods for advancing one's psychic and healing abilities. These techniques-involving energy healing, chakra work, color, chanting, breathing-are designed to help one achieve spiritual, emotional, and physical well-being.

Unleash your spirituality and achieve enlightenment with the help of this profound and inspiring spiritual collection! Have you always been searching for an all-in-one, definitive guide to developing your spiritual knowledge, unleashing your inner power, and connecting with the universe? Do you want to channel your true potential and connect with your higher self? Or are you looking for real methods for understanding the ancient wisdom of Eastern cultures? Then keep reading. This incredible spiritual collection unveils the wisdom of ancient cultures, exploring deeply-held spiritual practices and unlocking the secret to achieving enlightenment. Over the course of six powerful and eye-opening books, you'll transform your spiritual growth and learn to flourish by harnessing the limitless potential that the universe holds. Here's what you'll find inside: Book One: Buddhism for Beginners The teachings of the Buddha have existed for thousands of years, and they continue to touch the hearts and souls of people to this day. This practical guide offers a comprehensive beginner's introduction to essential Buddhist teachings, along with how you can use mindfulness and meditation to transform your life. Book Two: Crystals for Beginners Have you ever wondered about the hidden energies

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inside earth's most mystical rocks? Inside, you'll unveil the amazing healing properties of crystals, including 30+ ingenious crystal healing methods for abundance, health, creativity, stress relief and more. Book Three: Kundalini Awakening Stir your inner fire and learn to flourish by unlocking the Kundalini hidden deep inside your soul. With practical exercises for awakening your Kundalini and achieving life-changing spiritual growth, this brilliant guide draws on yoga and pranayama to help you experience the benefits of Kundalini for yourself. Book Four: Third Eye Awakening Far from being another pop-culture phenomenon, your third eye holds surprising potential which will help you shift your mindsets and look at life in a whole new way. This detailed handbook provides you with everything you need to know about awakening your third eye and achieving enlightenment. Book Five: Chakras Blocked, unbalanced, and damaged chakras can wreak havoc on your health. But now, this guide explores how you can heal your 7 chakras to experience lasting physical, mental, and emotional wellbeing. Covering each chakra and how it can help you, this book is perfect for anyone who wants to understand more about this foundation of Eastern religions. Book Six: Reiki Healing Have you ever wanted to heal yourself and others by harnessing the energies of the universe? Now you can. This thorough guide breaks down Reiki healing in a way that anyone can understand, uncovering how you can begin practicing this highly-effective skill and improve your overall wellbeing. This collection holds the key to achieving inner peace, balancing your energies, banishing negativity, and so much more. Whether you're searching for answers to life's most pressing questions, or if you want to embrace your spiritual side and awaken your inner fire, this breathtaking collection will show you the hidden secrets of Eastern traditions. The ultimate guide to harnessing the body's energy for health and wellness Our bodies are

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surrounded by and filled with powerful streams of energy that can be used to improve our mental, physical, and spiritual wellbeing. *Ultimate Energy: Using Your Natural Energies to Balance Body, Mind, and Spirit* is a collection of three books—*Chakras*, *Auras*, and *Energy Healing* by Tori Hartman, Eliza Swann, and Kris Ferraro—that will give readers the tools to tap into their own unique energy using a variety of modalities and practices. *Chakras* explains the associations and strengths of each of the seven chakras along with how to harness their power in your own life. *Auras* explores the many-layered energy field that is the human aura and will teach you to sense and work with your own aura and those of others. *Energy Healing* offers an exploration of a range of energy healing techniques from Reiki to EFT, and will help you find a practice that suits your needs and interests. Written by experts in the field, each book is designed with beginners in mind and includes exercises to kick-start your practice along with a comprehensive resources section to help you continue your exploration of the power of energy. *Ultimate Energy* is the definitive beginner's guide to using energy as part of your health and wellness practice.

Women are naturally healers. Throughout time, they have performed curative roles as mothers, midwives, caregivers, and wisewomen, but modern medicine has suppressed this important tradition. Ancient women healers knew that the body is more than what is seen: through body, emotions, mind, and spirit, we can connect with the Goddess and actively choose to heal ourselves and others. By relearning and using ancient skills like aura and chakra work, creative visualization, meditation, laying on of hands, psychic healing, and working with crystals and gemstones, women can prevent or transform many dis-eases of the body and spirit before they become matters for modern medicine. In *THE WOMEN'S BOOK*

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OF HEALING, Diane Stein, author of the best-selling ESSENTIAL REIKI, demystifies, explains, and teaches these skills in ways that modern women can learn and use. She first introduces basic healing, then applies those skills to healing with crystals and gemstones—a beautiful, effective, and empowering aspect of the ancient woman's healing methods. A comprehensive guide from a knowledgeable healer, THE WOMEN'S BOOK OF HEALING proves that well-being is within a woman's choice and natural abilities, and reaffirms her timeless role as healer of herself and others. • An affirmation of woman's traditional role as healer, speaking to a national trend toward alternative medicine and natural healing methods. • Demystifies, explains, and teaches the healing capabilities of auras, chakras, laying on of hands, crystals, gemstones, and colors. • Thoroughly revised and updated, with a new introduction. • Diane Stein's books have sold more than 600,000 copies.

Three Books in One (Chakras, Auras, and Energy Healing)

Tap Into Your Energy Field For Clarity, Peace of Mind, and Well-Being

Aura Energy for Health, Healing & Balance

The Anatomy of the Aura (A Start Here Guide for Beginners)

The Complete Guide to Crystals and Healing Stones to Increase Your Spiritual Energy,
Balance Your Chakras and Expand Your Positive Mind Power to Heal Your Body and Soul

How to See and Read the Aura

**A breathtaking work of staggering research and synthesis that provides
startling new information and context to the first thirty years of Jesus' life
Where was Jesus for the first thirty years of his life? Where and what was he**

taught? Who were his teachers? Based on new information culled from hard to find Vatican texts, theosophical classics, ancient texts, legends, and systems of hermetic symbolism, Tricia McCannon constructs a radical new timeline of Jesus' life. She asserts Jesus spent at least seven years of study and training in Egypt, a number of years in England, and visited both India and Tibet before beginning his public ministry in Palestine. This is a wide-ranging examination of the direct links and similarities between Jesus' teachings and those of various Mystery religions and sects that were popular during his lifetime, including the Essenes, Buddhist, Mithrans, Zoroastrians, and Druids. McCannon offers compelling evidence that places Jesus's life and mission firmly in the context of the profound spiritual teachings that came before him. Drawing on records from the Vatican, Tibet, India, and Egypt, along with Greek, Aramaic, and Pali text, as well as oral traditions of Jesus's teachings, McCannon uncovers the real reason that he has remained such a powerful and pivotal figure in world consciousness for over two millennia.

Welcome to the Glorious Grandeur of Ultra Spirituality In case you haven't noticed, the New Age has become the Old Age. But don't recycle your crystals just yet! His Enlightenedness JP Sears is ushering in the Newer Age, blinding us with the dawn-like brilliance that is Ultra Spirituality. How

to Be Ultra Spiritual presents Ultra Spiritual JP's none-of-a-kind guidance, so you can better yourself through teachings on: • Competitive spirituality—the Ultra Spiritual foundation that the rest of your Ultra Spiritual path rests on • Why burying your feelings alive makes you thrive • Dreaming up your awakening—how to engineer your carefully contrived spiritual narrative • Rigidly yogic yoga—the moisture-filled cloud formation that drops rain upon your river so your flow can flow • Following the light to the greener spiritual pastures of veganism • He-ness, financial levity, deathliness, and other qualities of the quality guru • Mindfulness—all of the fullness of mindfulness with none of the mind • Merciless meditation—the most effective way to become more meditative (and, duh, more spiritual) • Accessing the forces of critical nonjudgment • Using plant spirit medicine to experience a degree of enlightenment that you aren't enlightened enough to experience without the spirit who lives inside its particular vegetation • Humbleness, and how to employ it in the most superior sense of the word With How to Be Ultra Spiritual, His Enlightenedness JP Sears brings the heart and soul of ancient spirituality back to life with a progressive aggression, replacing the diluted uselessness of modern spirituality with the waaay more spiritual wisdom of Ultra Spirituality. See if you can keep up . . .

If you want to explore the energy and beauty of auras, simply start here!
Auras: The Anatomy of the Aura is a modern illustrated guide to the ancient practice of aura reading. The latest title in The Start Here Guide Series, this is the perfect book to introduce readers to the power and beauty of auras. These layered veils of energy surround all physical things and reflect the state of their internal energy flow. Author and teacher Eliza Swann demystifies the world of auras and brings an ancient tradition into the modern era, teaching readers: - What an “aura” is from both mystical and scientific perspectives - Techniques for learning to perceive auras - The history of the concept of auras - An in-depth explanation of the layers of the human aura - An extensive glossary of terminology relating to the human aura - How to heal the human aura Black and white illustrations throughout the book help readers visualize the techniques as they read. Packed with information yet always fun and accessible, **Auras** is the ultimate beginners guide!

Visit a realm in which time and space have no meaning—the astral realm. Written for beginners, this friendly guide presents step-by-step instructions for six easy and effective astral projection techniques. Travel to different times and eras, visit with departed loved ones, and explore different astral worlds, such as the faerie realm. On the astral plane, it's also possible to

heal yourself and achieve improved health, send healing energy to others, receive direction from your spirit guides, and view your Akashic records, the astral record of each soul's past and future events.

Kundalini Awakening

**Kundalini Awakening, Buddhism, Chakras, Third Eye, Crystals, Reiki
Healing**

Past Lives for Beginners

A Course in Psychic & Spiritual Development

How to See, Feel & Know

The Explosive Story of the 30 Lost Years and the Ancient Mystery Religions

The Power of Auras

A new edition of an occult classic, which includes a new introduction by Mary K. Greer, author of Women of the Golden Dawn, and a new afterword with excerpts from rarely seen documents by Fortune herself describing how the book came about. After finding herself the subject of a powerful psychic attack in the 1930s, famed British occultist Dion Fortune wrote this detailed instruction manual on protecting oneself from paranormal attack. This classic psychic self-defense guide explains how to understand the signs of a psychic attack, vampirism, hauntings, and methods of defense.

Everything you need to know about the methods, motives, and physical aspects of a psychic attack and how to overcome it is here, along with a look at the role psychic elements play in mental illness and how to recognize them. This is one of the best guides to detection and defense against psychic attack from one of the leading occult writers of the twentieth century. This Weiser Classics edition of Dion Fortune's Psychic Self-Defense includes a new forward by Mary K. Greer, author of numerous books including Tarot for Your Self, and a new afterword by Christian Gilson that chronicles the original context surrounding Dion Fortune's writing of the book. Mr. Gibson is the editor of The Inner Light, the journal published by the Society of Inner Light.

Ancient Teachings for Beginners by Douglas De Long reveals the mysteries from the distant past and how they can lead to a brighter future in the New Age. It begins with a brief history of spiritual development from before ancient Egypt right up to the present. It continues by explaining the secrets of the aura and the chakras. In this section you'll learn about the importance of the third eye chakra. It is related to the pineal gland and the third eye. Opening the third eye aids intuition, creativity, and psychic abilities. You can do this easily by "toning," "doing vibrational work" or

chanting Thoh (rhymes with "toe") at a middle or high "C" note. This triggers a vibration in the pineal which cause the third eye and its chakra to open. The exact techniques are included in the book. If you open the crown chakra (associated with the pituitary gland) you can improve some of your natural psychic abilities, including clairaudience, clairvoyance, and clairsentience. Vibrational work for this chakra uses the sound May. Breathing techniques and the exact way of toning to open the chakra are fully explained. You'll also learn how to see the aura and interpret its colors, as well as how to open all of the chakras. The book also explains techniques to send the mysterious kundalini energy through the chakras. But this book has more! It includes the secrets of channeling, such as working with angels and spirit guides. It goes on to share methods of astral projection and then reveals the secrets of reincarnation. Ancient Teachings for Beginners is easy to understand and the techniques are a snap to use. If you are looking for an introduction to the secrets of the teachings of the ancient mystery schools, this book is for you! Awaken your personal power--easy techniques to understand, read, and heal your aura The Little Book of Aura Healing is your beginner's guide to what your aura is and how you can heal and maintain it for better well-

being. Begin with a brief background on how auras work before diving into specifics of each color, each layer, and practical aura balancing techniques that anyone can do. The Little Book of Aura Healing illuminates how your aura is connected to your physical, emotional, mental, and spiritual health. Start healing your aura right away with: Practical techniques--Explore simple practices for reading, healing, and strengthening your aura, with friendly language and helpful illustrations. Learn the signs--Discover ways to identify an aura that's imbalanced and how to align the energy of your thoughts, emotions, intentions, and actions for greater aural symmetry. The seven layers--Learn about the color, size, chakra, and personality traits associated with each of the seven main layers of your aura, and how to heal the ones that need your attention most. This book is your ultimate guide to auras and their colors as well as simple practices to read, cleanse, and heal them.

Have you ever wanted to get an immediate picture of someone's mood, personality, state of health, or true nature? It's easy to learn to recognize and interpret the aura—the colorful bands of energy that emanate from the soul. And once you do, you'll have a powerful edge in achieving goals, improving your health, helping others, and enjoying success in all areas of

your life. Based on decades of teaching thousands of people this life-enriching practice, Richard Webster shares proven, step-by-step techniques for seeing, feeling, strengthening, and cleansing the aura. Through meditations, visualizations, and creative exercises, you'll learn to tap into the body's chakra system—the energy centers that correspond to the aura's seven layers—and discover simple ways to: Clear and balance your chakras using crystals and pendulums Recognize signs of illness and heal yourself Protect your aura from psychic attack Give accurate readings for others Read the auras of your pets and treat their ailments

The Power of Now

A Guide to Reincarnation & Techniques to Improve Your Present Life

An untold story

Kundalini

Return of the Divine Sophia

Auras, Chakras, Angels, Rebirth, Astral Projection

Your Personal Guide

STRENGTHEN YOUR AURA AND EXPERIENCE GREATER ENERGY, LOVE, AND HAPPINESS Thousands of people have found The Power of Auras invaluable—especially those in the holistic health field who use its methods in

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their daily practice. This new edition will bring the message of self-sufficiency to even more people who desperately need greater strength during this time of change. With this book, you will learn how to: See or sense auras. Develop spiritual self-defense and protection. Increase power, balance, focus, and clarity. Heal and release dense vibrations. Release attachments and addictions. Cut psychic ties and cords. And much more!

You don ' t have to be a monk to enter the ultimate realm of happiness! Yes, it ' s true. In his book Kundalini – An Untold Story, Himalayan ascetic Om Swami unveils the enigmatic story of kundalini, the formless aspect of the Goddess or your primordial energy. With workable steps for awakening this energy source, the author explains the esoteric and practical meaning of kundalini and the seven chakras in his usual humorous style. These riveting anecdotes are based on his personal experience gained from years of intense meditation. Take an awe-inspiring journey – something no other book on spirituality can offer – from the origins of kundalini all the way to Swami ' s own sadhana in the modern age. Om Swami is a mystic living in the Himalayan foothills. He has a bachelor ' s degree in business and an MBA from Sydney, Australia. Prior to his renunciation of this world, he founded and ran a multi-million dollar software company successfully. He is the bestselling author of A Fistful of Love.

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An initiatic journey into the Mysteries of the Goddess and humanity ' s return to an age of peace and celestial light • Details the ceremonies and rituals of initiation into the Fellowship of Isis • Reveals the lost teachings of Jesus about the Divine Mother and Father and how the goddess Sophia is connected to Mary Magdalene as the Female Christ • Explores the many archetypes of the Goddess, including Isis, Brigit, and the Black Madonna, and how we can transform into Homo luminous, spiritual beings of light Called through her dreams by the Priestesses of Isis, Tricia McCannon set out on a spiritual journey into the Mysteries of the Goddess. After a fateful encounter with a high initiate of the ancient Fellowship of Isis, she began researching the history of Judaism and Christianity to find out how and when the Divine Feminine became lost. She discovered a forgotten age when the Creator was honored as female and humanity lived in peaceful societies completely free of war. She shows how we can return to an age of peace and celestial light if we work to bring the masculine and feminine energies of the world back into balance. Sharing her journey into the heart of the Divine Mother, McCannon details her initiation into the Fellowship of Isis, a process rich with ceremony, ritual, and myths of the Goddess from ancient Egyptian, Celtic, Greek, Hebrew, and Native American traditions. She reveals how the many archetypes of the Goddess, including Isis, Ishtar, Brigit, and the Black Madonna, can become our

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allies for self-transformation. She explores Mysteries at the heart of Christianity that have remained hidden for nearly 2,000 years and how the Gnostic goddess Sophia is tied to the Second Coming, Mary Magdalene, and the Female Christ. She reveals the lost teachings of Jesus about the Divine Mother and Father and about the Divine Daughter and Son. Through her story and her in-depth research, McCannon takes us on a journey to awaken the creative power of the Divine Feminine within each of us. Equipped with the teachings of the Goddess, we gain the mastery to overcome the deeply rooted masculine-feminine imbalance of the patriarchy and to embark into the future as Homo luminous, beings of light.

Nicholas Flamel appeared in J.K. Rowling ' s Harry Potter—but did you know he really lived? And his secrets aren't safe! Discover the truth in book one of the New York Times bestselling series the Secrets of the Immortal Nicholas Flamel. The truth: Nicholas Flamel's tomb is empty. The legend: Nicholas Flamel lives. Nicholas Flamel is the greatest Alchemist to ever live. The records show that he died in 1418, but what if he's actually been making the elixir of life for centuries? The secrets to eternal life are hidden within the book he protects—the Book of Abraham the Mage. It's the most powerful book that has ever existed, and in the wrong hands, it will destroy the world. And that's exactly what Dr. John Dee plans to do when he steals it. There is one

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hope. If the prophecy is true, Sophie and Josh Newman have the power to save everyone. Now they just have to learn to use it. “ The Secrets of the Immortal Nicholas Flamel has everything you loved about Harry Potter, including magic, mystery, and a constant battle of good versus evil. ” —Bustle Read the whole series! The Alchemyst The Magician The Sorceress The Necromancer The Warlock The Enchantress

Ultimate Energy: Using Your Natural Energies to Balance Body, Mind, and Spirit

Auras: Awakening Awareness

Simple Practices for Cleansing and Reading the Colors of the Aura

Chakras: a Modern Guide

Learn to See, Read, Strengthen & Heal Auras

Auras

Healing the Earth through the Lost Wisdom Teachings of Jesus, Isis, and Mary Magdalene

• Marketing activity is focused on visibility in-store and online • Pre-publication mailings to special interest media, national and regional magazines, • Major focus on gift, travel, tourist sector • Mailings and promotion to Museums and galleries and local exhibitions. All of us - even plants, animals, crystals and places - are surrounded by an aura:

a three-dimensional elliptical energy field composed, to varying degrees, of the seven colours of the rainbow, emitted by the seven chakras. And we all have the innate ability to sense or see this field if we dig deep enough. Our aura reveals the state of our mood and health and even our personality, and it can be enhanced or depleted by our actions and external forces. Auras will introduce you to the life-enhancing effect of aura awareness and the benefits of a healthy aura. In Part One, discover the 'Anatomy of the Aura': what an aura does, what a chakra is, the seven layers of the aura (from the 'etheric body' though the 'astral body' to the 'causal body'), the chakra system (from the 'root' to the 'crown'), how energy flows and colour visualization. Part Two is all about 'Taking Care of Your Aura', with guidance and exercises: ways to shift your consciousness, using the four fundamental 'energy tools' (Awareness, Intention, Presence and Empathy), how to use a crystal to cleanse your aura, smudging for purification, how to strengthen your aura, how to protect your aura, how to interpret your aura using your different senses and understand the meanings of the colours. The clear text, vibrant design and inspirational imagery of this book will set you on the path

to feeling fantastic, having more energy and, most importantly, personal and spiritual evolution.

Ancient Teachings for BeginnersAuras, Chakras, Angels, Rebirth, Astral ProjectionLlewellyn Worldwide

"Anyone can learn to see and experience the aura more effectively."

-Ted Andrews If you've ever felt immediately comfortable-or uncomfortable-around someone you've just met, you've probably sensed a person's aura. Now you can learn to actually see the aura-the energy field that surrounds the human body. Popular author Ted Andrews presents simple and effective techniques for not only seeing auras, but also deciphering what the aura reveals about a person's physical, emotional, and spiritual self. Discover how to: See the colors of the aura and interpret their meanings Make simple tools to measure the aura Cleanse, strengthen, and protect your own aura Increase your sensitivity and intuition Boost your energy and improve your health

Awaken your kundalini and channel your hidden spiritual energy. Are you interested in uncovering the spiritual power of kundalini awakening? Do you want to harness the power of your mind, become

one with the universe, and achieve a higher level of consciousness and awareness? Then this book is for you. Kundalini awakening is a powerful practice which the Buddhist monks have used for thousands of years to improve psychic abilities, intuition, and increase spiritual energy. Kundalini is the secret to a spiritual life, filled with peace, contentment, and oneness with the world around you. Delving into the world of kundalini, inside this book you'll unveil how you can draw on this ancient wisdom using yoga, meditation, pranayama and more. You'll be able to unlock your spiritual power and live a life of prosperity and fulfillment with the help of Kundalini awakening. Here's what you'll discover inside: - Uncovering The Fundamental Aspects of Kundalini Yoga - The Key Differences That Separate Kundalini From Other Forms of Yoga - 30 Proven Benefits of Kundalini Yoga - Step-By-Step Guides For Practicing Yoga, Pranayama, Meditation and More - Kundalini Yoga Poses Perfect For The Beginner - Must-Know Breathing Techniques and Chakra Cleansing Practices - And Much More... With step-by-step instructions and practical strategies that you can begin the second you put this book down, inside you'll find everything you need to experience the countless

benefits of kundalini awakening. Improve your spirituality, heal your body and mind, and develop your psychic abilities today.

Psychic Self-Defense

How to Live a Spiritually Guided Life Through Manifestation, Intuition, Positivity, and Archangel Aromatherapy

The Complete Book of Auras

Cleansing and Strengthening Your Energy Field (16pt Large Print Edition)

The Definitive Manual for Protecting Yourself Against Paranormal Attack

Chakras, Auras, Subtle Bodies

Ancient Healing Techniques

A complete guide to the practice of Aura-Soma color therapy □ Includes illustrated descriptions of all 104 Aura-Soma Equilibrium bottles □ Shows how colors reveal our connection to the living energies around us and our possibilities for growth in consciousness □ Explores the 30 related fragrances that protect the aura and align the individual with specific energies Aura-Soma is an innovative approach to soul therapy that relies on bottles of dual-colored liquids, known as Equilibrium bottles, that incorporate plant extracts, essential oils, and the energies and extracts of precious and semiprecious stones. The energetic properties found in the liquids interact with the individual's aura to help support balance in the body, mind, and spirit. In The Aura-Soma

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Sourcebook authors Mike Booth and Carol McKnight detail the origins, holistic understanding, and consciousness-mirroring effects of each of the 104 equilibrium combinations. The practice of Aura-Soma is initially based on a person's selection of four Equilibrium bottles. The choice of bottles and the sequence in which they are chosen provide keys to understanding past difficulties and mirror the need and potential for growth in one's consciousness. The book includes full-color spreads that juxtapose the colors of the bottle with dramatic photographs that depict the energetic essence of each bottle and that evoke the healing energy of the natural environment. The authors also explain where to apply the essences, which chakra in the subtle anatomy will be affected, and what areas of personal growth can be addressed. Helps you explore your previous lifetimes, embrace your wondrous past, and recognize that you, as a human soul, are eternal. This title describes different types of past-life recall experiences and shares favoured techniques of meditation and visualization used to gain access to those memories.

Explore your Inner Temple—your personal sacred space where there are no boundaries and all things are possible. With study, dedication, and practice, the lessons and exercises in this book will empower you to transform the repetitive rigors of the daily grind into a witch's web of magickal experiences. The Inner Temple of Witchcraft is a thorough course of education, introspection, meditation, and the development of the magickal and psychic abilities that are the birthright of the witch. Four introductory chapters present the history, traditions, and principles of witchcraft, followed by thirteen lessons that start with basic meditation techniques and culminate in a self-initiation ceremony equivalent to the first-degree level of traditional coven-based witchcraft. As you progress through this year-and-a-day course of study, you will

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explore a wide range of topics that support and inform the dedicated witch: Ancient and modern magickal philosophy Modern scientific theories supporting a new definition of reality "Instant" magick techniques for protection, healing, and serenity Energy work and anatomy, including chakras and auras Astral travel, dreams, and spirit guides Healing techniques for body, mind, and spirit This book's non-dogmatic presentation encourages an eclectic, personal approach while providing a strong foundation for the practice of witchcraft and magick. Develop your psychic abilities and practice potent magickal techniques as you explore the source of every witch's power—the temple within. Winner of the 2003 Coalition of Visionary Resources (COVR) Award for Best Magic Book

For thousands of years, a select few attended ancient mystery schools and temples around the world. These schools taught the nature and destiny of mankind, the magical universe in which we reside, and revealed powerful secrets regarding universal natural laws. In *9 Life Altering Lessons: Secrets of the mystery schools unveiled*, esoteric teacher Kala Ambrose brings some of the most important and relevant lessons to the modern world. Kala discusses many of the ancient mystery school topics, which are designed to stir the soul, awaken the mind and reveal long forgotten memories of past lives in these schools, as well as inspire you to explore the magnificence of who you really are.

Power to Achieve All Goals

A Guide to Spiritual Enlightenment

Pendulum Magic for Beginners

9 Life Altering Lessons

Astral Projection for Beginners

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I Am a Soul Champion

Jesus

Auras are layers of energy within our bodies that interact with each other to express our emotional, mental, psychical, and spiritual health. After a thorough introduction of how to read each aura and its unique healing properties, In Focus Auras gives exercises on how to harness the power of each field and direct these powerful energies to: Heal blocked chakras Extend your auras for others to feel it Feel and interpret the auras of other people Use auras to develop your senses and feelings Balance auras to affect your physical health This accessible and beautifully designed guide to auras includes a frameable poster that outlines the unique characteristics of each aura layer. The In Focus series applies a modern approach to teaching the classic body, mind, and spirit subjects. Authored by experts in their respective fields, these beginner's guides feature smartly designed visual material that clearly illustrates key topics within each subject. As a bonus, each book includes reference cards or a poster, held in an envelope inside the back cover, that give you a quick, go-to guide containing the most important information on the subject.

Transform your wellbeing and manifest your dreams with the power of crystals! Do you want to draw on the ancient wisdom of crystals to strengthen your mind, body and soul? Or do you want to learn how to unlock and balance your chakras to become more in-tune with the universe around you? Then keep reading. Whether you want to practice spiritual healing, strengthen your emotional health, or attract abundance and prosperity, crystals are an incredible way of manifesting your desires, curing negativity, and more. Inside Crystals for Beginners, you'll uncover an exploration of

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the best crystals to begin your journey. From a collection of different ways to harness your crystals' energy to how you can inspire creativity, overcome stress, and develop courage, this book is perfect for any beginner who wants to discover the amazing benefits of crystals. Here's just a little of what you'll find inside: - The Ideal Crystals For Beginners (Including Some You Might Not Have Guessed) - 15 Ingenious and Brilliant Ways To Harness Your Crystals' Energy - The Secret To How Crystals Can Protect Your From Negative Energy - An Incredible 30+ Different Crystal Healing Methods (For Abundance, Creativity, Stress Relief and Much More) - How To Clean, Charge, and Care For Your Crystals - And How To Use Crystals With Chakras, Meditation, Reiki and More! Packed with loads of different ways that you can draw on crystals to transform your life, this guide is your all-in-one ticket to the world of crystals. Discover the best crystals for you, learn how to manifest your desires and drive away negativity, and supercharge your spiritual health today! In the new, revolutionary Exploring Auras, you will discover extraordinary breakthroughs about the human energy field that are simply unavailable anywhere else. Through this powerful, informative, practical book, you will discover, experience, cleanse, and strengthen your auric fields through simple methods that produce powerful results. The ancient Greek word "aura" means "breath of air" - the vital energy that breathes life into your being. This subtle energy field, which permeates and envelops your body, is a multifaceted, multidimensional field of immense light, power, and energy. The breath of air that gives you life also breathes life into the cosmos. Thus everything in the universe is filled and surrounded by auric fields that you can experience, measure, evaluate, cleanse, heal, restore, and strengthen. With the easy, proven tools and techniques in Exploring

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Auras, you will learn how to: Develop the subtle sensory perception to see or sense auras. Overcome "psychic - sponge - syndrome", over - sensitivity, and psychic vampirism. Develop spiritual self - defense, auric protection, and self - reliance. Increase power, balance, focus, and clarity in your energy field. Heal and release dense vibrations in your environment. Release attachments and addictions crystallized in your energy field. Cut psychic ties and cords to create healthier relationships. Overcome psychic nets, clamps, plates, hooks, tentacles, arrows, jails, holes, leaks, armors, masks, shells, entities, environmental static, and geopathic zones. Heal and augment energy fields through intuitive dowsing, color, sound, breathing, movement, meditation, affirmation, visualization, and energetic sexual practices.

A leading figure in the field of healing and mind/body research presents an intriguing, multidisciplinary, and multicultural study of the human energy field. "A most impressive blend of extensive research and expert personal observation".--Meditation magazine. Photos; drawings.

The Little Book of Aura Healing

Psychic Sight

Astral Colors and Thought Forms

A Beginner's Guide to Kundalini Yoga Meditation to Increase Psychic Abilities, Mind Power, Third Eye Intuition and Achieve a Higher Level of Consciousness and Spiritual Energy

The Anatomy of the Aura (A Start Here Guide)

Color Therapy for the Soul

The Awakened Aura

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It is a common misconception that only a select few are born with the ability to see auras. I wrote this book to debunk that myth and teach you step by step how to perform the inner cleansing required to give you psychic sight or ability to see what is invisible to the human eye naturally. This book will not only teach you how to develop psychic sight, but it will also act as a beginners guide to spirituality in awakening yourself and the dormant side of your brain. In this book you will find not only the knowledge but also the wisdom of my experience growing up in my personal life to understand how I obtained the sight and how it grew over the years. You will also find references from the Bible and ancient times for credibility. I also give you the knowledge of ancient techniques you can utilize in your everyday life to help you obtain more abundance in your life and understand hidden secrets of our past. As a thank you for purchasing my first book, I have included a bonus chapter on numerology which will provide a basic understanding of numerology and how to calculate your life path to figure out one of the many puzzle pieces of your purpose for this life time with 100% accuracy.

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, *The Power of Now* is one of those rare books

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with the power to create an experience in readers, one that can radically change their lives for the better.

It is not unusual for families to face health issues. Most will turn to conventional medicine to at least treat if not cure them. But what happens when those methods don't work? In fact, instead of getting better, they get worse. This is what happened to author Rachael White and her family. In her book, *I AM a Soul Champion: How to live a spiritually guided life through Manifestation, Intuition, Positivity and Archangel Aromatherapy* she provides an account of her extraordinary life changing journey to heal her family's so-called incurable illnesses. She shares the knowledge and wisdom she gained after she opened up to living a spiritually guided life. *I AM a Soul Champion* is a practical guide for using intuition, healing and manifesting along with archangel aromatherapy. The author has distilled the information into a combination of healing guides, teachings and easy-to-use daily practices and rituals. A soul champion is someone who understands that he or she is more than just mind and body. Rachael believes that everyone has the ability to access healing and guidance from angels and spiritual guides in order to heal, co-create, and manifest in every aspect of life. Are you ready to let go of ego-driven fear, negativity, mental and physical illness out of the driver's seat and let the soul be the champion driver of your life?

"Auras: How to See, Feel & Know," is like three books in one! 1. It's an information packed, full color, complete training manual with 17 time tested exercises and 47 photos and illustrations to help you quickly be able to see Auras in vibrant color! It is the only full color book on auras

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available. 2. An entertaining read as Embrosewyn recalls his early childhood and high school experiences seeing auras, and the often humorous reactions by everyone from his mother to his friends when he told them what he saw. 3. Plus, a fascinating chapter on body language. Embrosewyn teaches in his workshops to not just rely on your interpretation of the aura alone, but to confirm it with another indicator such as body language. "Auras: How to See, Feel & Know," goes in depth with thorough explanations and great pictures to show you all the common body language indicators used to confirm what someone's aura is showing you. Auras includes: 17 dynamic eye exercises to help you rapidly begin to see the beautiful world of auras! 47 full color pictures and illustrations (in the Kindle or Full Color print edition). Anyone with vision in both eyes can begin seeing vividly colored auras around any person with just 5 minutes of practice! Learn how to: See the 7 layers of the aura using Embrosewyn's pioneering technique Understand the meaning of the patterns and shadows observed in the layers Train your eyes to instantly switch back and forth from aura to normal vision Understand the meaning and nuances of every color of the rainbow in an aura Use your aura as a shield against negative energy or people Power up your aura to have greater achievement in any endeavor Interpret body language to confirm observations of the aura Cut negative energy cords to disharmonious people Understand health conditions and ailments through the aura The secret to aura sight is to retrain the focusing parts of your eyes to see things that have always been there, but you have never been able to see before.

How to Be Ultra Spiritual

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A Practical Handbook for Beginners and Beyond
The Human Aura
The Inner Temple of Witchcraft
Experiencing the Evolution of Your Energy Body
The Alchemyst
Exploring Auras