

Sherry Turkle

Alone Together Why We Expect More From Technology And Less Each Other Sherry Turkle

From the acclaimed author of *Imagine Wanting Only This*—a timely and moving meditation on isolation and longing, both as individuals and as a society There is a silent epidemic in America: loneliness. Shameful to talk about and often misunderstood, loneliness is everywhere, from the most major of metropolises to the smallest of towns. In *Seek You* Kristen Radtke's wide-ranging exploration of our inner lives and public selves, Radtke digs into the ways in which we attempt to feel closer to one another, and the distance that remains. Through the lenses of gender and violence, technology and art, Radtke ushers us through a history of loneliness and longing, and shares what feels impossible to share. Ranging from the invention of the laugh-track to the rise of Instagram, the bootstrap-pulling cowboy to the bru experiments of Harry Harlow, Radtke investigates why we engage with each other, and what we risk when we turn away. With her distinctive, emotionally-charged drawings and deeply empathetic prose, Kristen Radtke masterfully shines a light on some of our most vulnerable and sublime moments, and asks how we might keep the spaces between from splitting entirely.

From the creator of the popular website *Ask a Manager* and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a

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workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party

Praise for *Ask a Manager* "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of *Broke*

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Millennial: Stop Scraping By and Get Your Financial Life Together

Life and its meaning is a mystery almost impossible to solve but what can the leading theories teach us about the search for purpose? For most of us, the major questions of life continue to perplex: Who am I? Why am I here? How should I live? In the late nineteenth century, a class of thinkers emerged who made solving these problems central to their work. They understood that human questions demand human answers and that without understanding what it means to be human, there are no answers. Through the biographies and theories of luminaries ranging from Sigmund Freud to Erich Fromm, Frank Tallis show us how to think about companionship and parenting, identity and aging, and much more. Accessible yet erudite, *The Act of Living* is essential reading for anyone seeking answers to life's biggest questions.

Reflecting the many contributions of Muzafer Sherif to social psychology during the past thirty years, this volume presents selections from among Sherif's most widely known essays and provides a systematic overview of his evolving interests, concepts, methods and research findings. Twenty-five essays are divided into five sections according to content: the theoretical and methodological problems at the heart of Sherif's work; the experimental model for interaction process and products; problems of self and reference group concepts, attitudes and ego-involvements; and contributions to problems of in-group and intergroup relations through experimental and field research. Though the selections range over a broad spectrum each is characterized by the precise and incisive work techniques Sherif devised as well as by its

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intrinsic relevance to significant issues. Sherif writes to clarify theory, to define conceptual tools, and to use tools theory to demonstrate the substantive results of his researches. Each research finding is added to its predecessors as the author advances to his goal of a social psychology that is consistent as it moves from the most basic psychological processes to the complexities of individual involvement in collective activity

Objects in Mind

Why Helping Others Drives Our Success

Love, Grief, and Comfort in the Time of COVID-19

Human Capacity in the Attention Economy

Dreams of the Overworked

Lonely

Alone Together by Sherry Turkle (Summary)

An inspiring look at the hidden stars in every field who perform essential work without recognition In a culture where so many strive for praise and glory, what kind of person finds the greatest reward in anonymous work? Expanding from his acclaimed Atlantic article, "What Do Fact-Checkers and Anesthesiologists Have in Common?" David Zweig explores what we can all learn from a modest group he calls "Invisibles." Their careers require expertise, skill, and dedication, yet they receive little or no public credit. And that's just fine with them. Zweig met with a wide range of Invisibles to discover first hand what motivates them and how they define success and satisfaction. His fascinating

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subjects include: * a virtuoso cinematographer for major films. * the lead engineer on some of the world's tallest skyscrapers. * a high-end perfume maker. * an elite interpreter at the United Nations. Despite the diversity of their careers, Zweig found that all Invisibles embody the same core traits. And he shows why the rest of us might be more fulfilled if we followed their example.

Passion for objects and love for science: scientists and students reflect on how objects fired their scientific imaginations. "This is a book about science, technology, and love," writes Sherry Turkle. In it, we learn how a love for science can start with a love for an object—a microscope, a modem, a mud pie, a pair of dice, a fishing rod. Objects fire imagination and set young people on a path to a career in science. In this collection, distinguished scientists, engineers, and designers as well as twenty-five years of MIT students describe how objects encountered in childhood became part of the fabric of their scientific selves. In two major essays that frame the collection, Turkle tells a story of inspiration and connection through objects that is often neglected in standard science education and in our preoccupation with the virtual. The senior scientists' essays trace the arc of a life: the gears of a toy car introduce

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the chain of cause and effect to artificial intelligence pioneer Seymour Papert; microscopes disclose the mystery of how things work to MIT President and neuroanatomist Susan Hockfield; architect Moshe Safdie describes how his boyhood fascination with steps, terraces, and the wax hexagons of beehives lead him to a life immersed in the complexities of design. The student essays tell stories that echo these narratives: plastic eggs in an Easter basket reveal the power of centripetal force; experiments with baking illuminate the geology of planets; LEGO bricks model worlds, carefully engineered and colonized. All of these voices—students and mentors—testify to the power of objects to awaken and inform young scientific minds. This is a truth that is simple, intuitive, and easily overlooked.

A groundbreaking book by one of the most important thinkers of our time shows how technology is warping our social lives and our inner ones. Technology has become the architect of our intimacies. Online, we fall prey to the illusion of companionship, gathering thousands of Twitter and Facebook friends, and confusing tweets and wall posts with authentic communication. But this relentless connection leads to a deep solitude. MIT professor Sherry

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Turkle argues that as technology ramps up, our emotional lives ramp down. Based on hundreds of interviews and with a new introduction taking us to the present day, *Alone Together* describes changing, unsettling relationships between friends, lovers, and families.

Memoir, clinical writings, and ethnography inform new perspectives on the experience of technology; personal stories illuminate how technology enters the inner life. For more than two decades, in such landmark studies as *The Second Self* and *Life on the Screen*, Sherry Turkle has challenged our collective imagination with her insights about how technology enters our private worlds. In *The Inner History of Devices*, she describes her process, an approach that reveals how what we make is woven into our ways of seeing ourselves. She brings together three traditions of listening—that of the memoirist, the clinician, and the ethnographer. Each informs the others to compose an inner history of devices. We read about objects ranging from cell phones and video poker to prosthetic eyes, from Web sites and television to dialysis machines. In an introductory essay, Turkle makes the case for an “intimate ethnography” that challenges conventional wisdom. One personal computer owner tells Turkle: “This computer means everything to me.

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It's where I put my hope." Turkle explains that she began that conversation thinking she would learn how people put computers to work. By its end, her question has changed: "What was there about personal computers that offered such deep connection? What did a computer have that offered hope?" The Inner History of Devices teaches us to listen for the answer. In the memoirs, ethnographies, and clinical cases collected in this volume, we read about an American student who comes to terms with her conflicting identities as she contemplates a cell phone she used in Japan ("Tokyo sat trapped inside it"); a troubled patient who uses email both to criticize her therapist and to be reassured by her; a compulsive gambler who does not want to win steadily at video poker because a pattern of losing and winning keeps her more connected to the body of the machine. In these writings, we hear untold stories. We learn that received wisdom never goes far enough.

Give and Take

Things We Think With

A Memoir

Invisibles

Social Interaction

The Empathy Diaries

What the Great Psychologists Can Teach Us

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About Finding Fulfillment

"In a time in which the ways we communicate and connect are constantly changing, and not always for the better, Sherry Turkle provides a much needed voice of caution and reason to help explain what the f*** is going on." -Aziz Ansari, author of Modern Romance

Renowned media scholar Sherry Turkle investigates how a flight from conversation undermines our relationships, creativity, and productivity—and why reclaiming face-to-face conversation can help us regain lost ground. We live in a technological universe in which we are always communicating. And yet we have sacrificed conversation for mere connection. Preeminent author and researcher Sherry Turkle has been studying digital culture for over thirty years. Long an enthusiast for its possibilities, here she investigates a troubling consequence: at work, at home, in politics, and in love, we find ways around conversation, tempted by the possibilities of a text or an email in which we don't have to look, listen, or reveal ourselves. We

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develop a taste for what mere connection offers. The dinner table falls silent as children compete with phones for their parents' attention. Friends learn strategies to keep conversations going when only a few people are looking up from their phones. At work, we retreat to our screens although it is conversation at the water cooler that increases not only productivity but commitment to work. Online, we only want to share opinions that our followers will agree with - a politics that shies away from the real conflicts and solutions of the public square. The case for conversation begins with the necessary conversations of solitude and self-reflection. They are endangered: these days, always connected, we see loneliness as a problem that technology should solve. Afraid of being alone, we rely on other people to give us a sense of ourselves, and our capacity for empathy and relationship suffers. We see the costs of the flight from conversation everywhere: conversation is the cornerstone for democracy and in business it is good for the bottom

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line. In the private sphere, it builds empathy, friendship, love, learning, and productivity. But there is good news: we are resilient. Conversation cures. Based on five years of research and interviews in homes, schools, and the workplace, Turkle argues that we have come to a better understanding of where our technology can and cannot take us and that the time is right to reclaim conversation. The most human—and humanizing—thing that we do. The virtues of person-to-person conversation are timeless, and our most basic technology, talk, responds to our modern challenges. We have everything we need to start, we have each other. Turkle's latest book, *The Empathy Diaries* (3/2/21) is available now. How the simulation and visualization technologies so pervasive in science, engineering, and design have changed our way of seeing the world. Over the past twenty years, the technologies of simulation and visualization have changed our ways of looking at the world. In *Simulation and Its Discontents*, Sherry Turkle examines the now dominant medium of our working

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lives and finds that simulation has become its own sensibility. We hear it in Turkle's description of architecture students who no longer design with a pencil, of science and engineering students who admit that computer models seem more "real" than experiments in physical laboratories. Echoing architect Louis Kahn's famous question, "What does a brick want?", Turkle asks, "What does simulation want?" Simulations want, even demand, immersion, and the benefits are clear. Architects create buildings unimaginable before virtual design; scientists determine the structure of molecules by manipulating them in virtual space; physicians practice anatomy on digitized humans. But immersed in simulation, we are vulnerable. There are losses as well as gains. Older scientists describe a younger generation as "drunk with code." Young scientists, engineers, and designers, full citizens of the virtual, scramble to capture their mentors' tacit knowledge of buildings and bodies. From both sides of a generational divide, there is anxiety

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that in simulation, something important is slipping away. Turkle's examination of simulation over the past twenty years is followed by four in-depth investigations of contemporary simulation culture: space exploration, oceanography, architecture, and biology.

In *Pressed for Time*, Judy Wajcman explains why we immediately interpret our experiences with digital technology as inexorably accelerating everyday life. She argues that we are not mere hostages to communication devices, and the sense of always being rushed is the result of the priorities and parameters we ourselves set rather than the machines that help us set them."--Jacket.

Do you want more free book summaries like this? Download our app for free at <https://www.QuickRead.com/App> and get access to hundreds of free book and audiobook summaries. Why We Expect More from Technology and Less from Each Other. Today, it's easier than ever to connect with another person. Thanks to social media apps like Facebook, we have opened ourselves up to become

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available at all hours of the day.

While this makes people stay connected virtually, our modern lives are making us less connected as we no longer connect with physical people but simulations of them. And not only is technology providing us with an endless network of people, but it is also equipping us with robots who can do more than just take on mindless or dangerous tasks. Now, robots are providing humans with care and demanding that we care for them. In *Alone Together*, author Sherry Turkle explores the power of these new technologies and shares both sides of today's digital culture. As you read, you'll learn how robots can be therapeutic for the elderly, why being constantly connected leads to stress, and why people use virtual avatars to cope with the stresses of life.

Reclaiming Conversation

Terms of Service

Making an Asperger Marriage Work

How Marriage in America Is Changing

The Happiness Effect

How to Navigate Clueless Colleagues,

Lunch-Stealing Bosses, and the Rest of

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Your Life at Work

Ten Emerging Technologies That'll Improve and/or Ruin Everything

A brave and revealing examination of an overlooked affliction that affects one in four Canadians. Despite having a demanding job, good friends, and a supportive family, Emily White spent many of her nights and weekends alone at home, trying to understand why she felt so disconnected from everyone. To keep up the façade of an active social life and hide the painful truth, that she was suffering from severe loneliness, the successful young lawyer often lied to those around her — and to herself. In this insightful, soul-baring, and illuminating memoir, White chronicles her battle to understand and overcome this debilitating condition, and contends that chronic loneliness deserves the same attention as other mental difficulties, such as depression. "Right now, loneliness is something few people are willing to admit to," she writes. "There's no need for this silence, no need for the shame and self-blame it creates." By investigating the science of loneliness, challenging its stigma, encouraging other lonely people to talk about their struggles, and defining one person's experience, *Lonely* redefines how we look at loneliness and helps those afflicted see and understand their mood in an entirely new light, ultimately providing solace and hope. It is a moving, compassionate, and important book about a topic that is affecting more among us each day. The rise of ubiquitous information technology--smartphones, unbridled Internet access, and various applications of these tools--has interacted with the ways we are wired to think, feel, and behave. This book provides a fascinating look at the impact of the Internet and technology through the lens of human capacity. Chapters examine what makes these technologies so addictive; their effect on emotional well-

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being, memory, learning, and driving; replenishing depleted cognitive reserves; and how to chart a way forward in the attention economy.

A novel in essays that locates a “romance” within the mesh of electronic communication. So I didn't call you: instead I posted a new avatar of myself without my habitual dark glasses. I have learned: an image, any image, is a blind. All avatars give different information, illusions of contact called Telepresence, none of them the real thing. You texted me, 3 am, from some station ... As though it made any difference. But it did. —from *Break.up* In this “novel in essays,” Joanna Walsh simultaneously flees and pursues an ambiguous partner in an affair conducted mostly online. Traversing Europe, she awaits emails and texts and PMs, awash in her dreams, offering succinct meditations on connection and communication. If Marguerite Duras situated the telephone as the twentieth century's preferred hopeless form of connection, Walsh pinpoints the nodal points of a “romance” within today's mesh of electronic communication. As Deborah Levy observed recently, “Joanna Walsh is fast becoming one of our most important writers.” Her 2015 book *Hotel*, an investigation of transience conducted through hotel reviews, was described by *The Paris Review* as “a slim, sharp meditation on hotels and desires. [Walsh is] funny throughout, even as she documents the dissolution of her marriage and the peculiar brand of alienation on offer in lavish places.” Praise for Joanna Walsh “Walsh's writing has intellectual rigor and bags of formal bravery.” —*The Financial Times* “*Hotel* feels like something you want to endlessly quote: sharp, knowing, casually erudite ... there is power and an affecting gravitas in what Walsh does with detail.” —*Sydney Review of Books* “Walsh is a sublimely elegant writer ... artful and intelligent.” —*The New Statesman*

* Our summary is short, simple and pragmatic. It allows you

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to have the essential ideas of a big book in less than 30 minutes. *By reading this summary, you will discover how the development of new technologies has an influence on our lives, our relationship to the world, and even on the construction and exploration of our identity. *You will also discover that : the frontier between the real and the virtual is constantly blurred and fuzzy; robots tend to have a major place in our daily lives; we seem to undeniably get caught up in the game of interaction with robots if we get the chance; social networks are changing our perception of sociability and friendship; technology has changed our lives dramatically; this should attract our attention and invite us to adopt a critical attitude. *Technology is part of our lives, part of our daily lives. Technology can sometimes give rise to surprising attitudes. For example, we might send an S.M.S. to someone in the next room, when all we would have to do is move a few meters away to talk directly to them. It can also be about groups of friends, physically all together while everyone is on their smartphone, attention elsewhere. What is virtual is now familiar to us, to the point where we feel more comfortable in a virtual space than in a real one. In this hyper-connected world open to technologies, the place of robots is growing, and seems natural. However, they promise relationships that we do not master. In this summary, you will learn to better consider our current relationship to these networks and machines, developing a critical approach to what might seem banal and inevitable. *Buy now the summary of this book for the modest price of a cup of coffee!

The Acceleration of Life in Digital Capitalism

Social Media and the Price of Constant Connection

Why the Ups and Downs of Relationships Are the Secret to Building Intimacy, Resilience, and Trust

Seek You

Life on the Screen

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What Technology Does to Meeting and Mating

A Journey Through American Loneliness

“Engineers are titans of real-world problem-solving. . . . In this riveting study of how they think, [Guru Madhavan] puts behind-the-scenes geniuses . . . center stage.”—Nature In this engaging account of innovative triumphs, Guru Madhavan examines the ways in which engineers throughout history created world-changing tools, from ATMs and ZIP codes to the digital camera and the disposable diaper. Equal parts personal, practical, and profound, *Applied Minds* charts a path to a future where we borrow strategies from engineering to find inspired solutions to our most pressing challenges.

"Savvy and insightful." --New York Times Technology has become the architect of our intimacies. Online, we fall prey to the illusion of companionship, gathering thousands of Twitter and Facebook friends, and confusing tweets and wall posts with authentic communication. But this relentless connection leads to a deep solitude. MIT professor Sherry Turkle

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argues that as technology ramps up, our emotional lives ramp down. Based on hundreds of interviews and with a new introduction taking us to the present day, *Alone Together* describes changing, unsettling relationships between friends, lovers, and families.

"Could there be a timelier gift to quarantined readers...? I doubt it."—The Washington Post "A heartening gathering of writers joining forces for community support."—Kirkus Reviews

"Connects writers, readers, and booksellers in a wonderfully imaginative way. It's a really good book for a really good cause"—Bestselling author James Patterson *ALONE TOGETHER: Love, Grief, and Comfort in the Time of COVID-19* is a collection of essays, poems, and interviews to serve as a lifeline for negotiating how to connect and thrive during this stressful time of isolation as well as a historical perspective that will remain relevant for years to come. All contributing authors and business partners are donating their share to The Book Industry Charitable Foundation (Binc), a nonprofit

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organization that coordinates charitable programs to strengthen the bookselling community. The roster of diverse voices includes Faith Adiele, Kwame Alexander, Jenna Blum, Andre Dubus III, Jamie Ford, Nikki Giovanni, Pam Houston, Jean Kwok, Major Jackson, Devi S. Laskar, Caroline Leavitt, Ada Limón, Dani Shapiro, David Sheff, Garth Stein, Luis Alberto Urrea, Steve Yarbrough, and Lidia Yuknavitch. The overarching theme is how this age of isolation and uncertainty is changing us as individuals and a society. "Alone Together showcases the human desire to grieve, explore, comfort, connect, and simply sit with the world as it weathers the pandemic. Jennifer Haupt's timely and moving anthology also benefits the Book Industry Charitable Foundation, making it a project that is noble in both word and deed."—Ann Patchett, Bestselling author, bookseller, and Co-Ambassador for The Book Industry Charitable Foundation Experience is making a comeback. Learn how to repurpose your wisdom. At age 52, after selling the company he founded and ran as CEO for 24 years,

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rebel boutique hotelier Chip Conley was looking at an open horizon in midlife. Then he received a call from the young founders of Airbnb, asking him to help grow their disruptive start-up into a global hospitality giant. He had the industry experience, but Conley was lacking in the digital fluency of his 20-something colleagues. He didn't write code, or have an Uber or Lyft app on his phone, was twice the age of the average Airbnb employee, and would be reporting to a CEO young enough to be his son. Conley quickly discovered that while he'd been hired as a teacher and mentor, he was also in many ways a student and intern. What emerged is the secret to thriving as a mid-life worker: learning to marry wisdom and experience with curiosity, a beginner's mind, and a willingness to evolve, all hallmarks of the "Modern Elder." In a world that venerates the new, bright, and shiny, many of us are left feeling invisible, undervalued, and threatened by the "digital natives" nipping at our heels. But Conley argues that experience is on the brink of a comeback. Because at a time when power

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is shifting younger, companies are finally waking up to the value of the humility, emotional intelligence, and wisdom that come with age. And while digital skills might have only the shelf life of the latest fad or gadget, the human skills that mid-career workers possess--like good judgment, specialized knowledge, and the ability to collaborate and coach - never expire. Part manifesto and part playbook, *Wisdom@Work* ignites an urgent conversation about ageism in the workplace, calling on us to treat age as we would other type of diversity. In the process, Conley liberates the term "elder" from the stigma of "elderly," and inspires us to embrace wisdom as a path to growing whole, not old. Whether you've been forced to make a mid-career change, are choosing to work past retirement age, or are struggling to keep up with the millennials rising up the ranks, *Wisdom@Work* will help you write your next chapter.

The Power of Anonymous Work in an Age of Relentless Self-Promotion

Pressed for Time

Soonish

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Ask a Manager

The Second Self

Break.up

How Social Media Is Driving a
Generation to Appear Perfect at Any
Cost

Based on two studies of marital quality in America twenty years apart, *Alone Together* shows that while the divorce rate has leveled off, spouses are spending less time together. The authors argue that marriage is an adaptable institution, and in accommodating the changes that have occurred in society, it has become a less cohesive, yet less confining arrangement.

This "profoundly wise" look at how to foster connections, attachment, and resiliency explains why working through discord is the key to better relationships. (Sue Johnson, bestselling author of *Hold Me Tight*) You might think that perfect harmony is the defining characteristic of healthy relationships, but the truth is that human interactions are messy, complicated, and confusing. And according to renowned psychologist Ed Tronick and pediatrician Claudia Gold, that is not only okay, it is actually crucial to our social and emotional development. In *The Power of Discord* they show how working through the inevitable dissonance of human connection is the path to better relationships with romantic partners, family, friends, and colleagues. Dr. Tronick was one of the first researchers to show that babies are profoundly affected by their parents' emotions and behavior via "The Still-Face Experiment." His work, which brought about a foundational shift in our understanding of human development, shows that our

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highly evolved sense of self makes us separate, yet our survival depends on connection. And so we approximate, iteratively learning about one another's desires and intentions, and gaining confidence in the process as we correct the mistakes and misunderstandings that arise. Working through the volley of mismatch and repair in everyday life helps us form deep, lasting, trusting relationships, resilience in times of stress and trauma, and a solid sense of self in the world. Drawing on Dr. Tronick's research and Dr. Gold's clinical experience, *The Power of Discord* is a refreshing and original look at our ability to relate to others and to ourselves.

Argues that social-networking sites, companion robots and other technology are fueling disturbing levels of isolation and are causing humans to mistake digital communication for actual human connection. By the author of *Simulations and Its Discontents*.

Thousands of people live in Asperger marriages without recognizing the signs that their spouse has AS. When Swiss-born Katrin met Gavin while backpacking in Australia, she fell in love with a man that was kind, good looking and different. He followed her to Switzerland where they married eight months later. At first everything seemed fine, but once back in Australia things changed very drastically. *Alone Together* shares the struggle of one couple to rescue their marriage. It explains the clues that suggest a person might have AS and explores the effect of diagnosis. It is uplifting and humorous and includes plenty of tips for making an Asperger marriage succeed. This book offers couples hope, encouragement and strategies for their own relationships.

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Happiness, Technology and Innovation

Process and Products

Computers and the Human Spirit

The Making of a Modern Elder

The Code

How Today's Youth Navigate Identity, Intimacy, and Imagination in a Digital World

Wisdom at Work

This book asks what kind of impacts innovations and technology have on subjective well-being and happiness. It presents the state of the art both in terms of results and theoretical questioning on these topics. It proposes a new concept: innovation that leads to greater happiness, and highlights new research in this area. In so doing, it addresses a less researched area in the field of well-being research. The authors state that notwithstanding the indisputable positive contributions of innovation and technology, there are also drawbacks, which need equal attention in research. This book is of interest to students and researchers of quality of life and well-being, as well as innovation research.

“If online dating can blunt the emotional pain of separation, if adults can afford to be increasingly demanding about what they want from a relationship, the effect of online dating seems positive. But what if it’s also the case that the prospect of finding an ever more compatible mate with the click of a mouse means a future of relationship instability, a paradox of choice that keeps us chasing the illusive bunny around the dating track?” It’s the mother of all search problems: how to find a spouse, a mate, a date. The escalating marriage age and declining marriage rate mean we’re spending a greater portion of our lives unattached, searching for love well into our thirties and forties. It’s no wonder that a third of America’s 90 million singles are turning to dating Web sites. Once considered the realm of the lonely and desperate, sites like eHarmony, Match, OkCupid, and Plenty of Fish have been embraced by pretty much every demographic. Thanks to the

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increasingly efficient algorithms that power these sites, dating has been transformed from a daunting transaction based on scarcity to one in which the possibilities are almost endless. Now anyone—young, old, straight, gay, and even married—can search for exactly what they want, connect with more people, and get more information about those people than ever before. As journalist Dan Slater shows, online dating is changing society in more profound ways than we imagine. He explores how these new technologies, by altering our perception of what’s possible, are reconditioning our feelings about commitment and challenging the traditional paradigm of adult life. Like the sexual revolution of the 1960s and ’70s, the digital revolution is forcing us to ask new questions about what constitutes “normal”: Why should we settle for someone who falls short of our expectations if there are thousands of other options just a click away? Can commitment thrive in a world of unlimited choice? Can chemistry really be quantified by math geeks? As one of Slater’s subjects wonders, “What’s the etiquette here?” Blending history, psychology, and interviews with site creators and users, Slater takes readers behind the scenes of a fascinating business. Dating sites capitalize on our quest for love, but how do their creators’ ideas about profits, morality, and the nature of desire shape the virtual worlds they’ve created for us? Should we trust an industry whose revenue model benefits from our avoiding monogamy? Documenting the untold story of the online-dating industry’s rise from ignominy to ubiquity—beginning with its early days as “computer dating” at Harvard in 1965—Slater offers a lively, entertaining, and thought provoking account of how we have, for better and worse, embraced technology in the most intimate aspect of our lives. A groundbreaking look at why our interactions with others hold the key to success, from the bestselling author of Think Again and Originals For generations, we have focused on the individual drivers of success: passion, hard work, talent, and luck. But in today’s dramatically reconfigured world, success is increasingly

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dependent on how we interact with others. In Give and Take, Adam Grant, an award-winning researcher and Wharton's highest-rated professor, examines the surprising forces that shape why some people rise to the top of the success ladder while others sink to the bottom. Praised by social scientists, business theorists, and corporate leaders, Give and Take opens up an approach to work, interactions, and productivity that is nothing short of revolutionary.

Examines the effect of the new "computer culture" on both children and adults and theorizes that computers are responsible for the new wave of mechanical determinism and a revival of mysticism and spirituality

The Power of Discord

Going Solo

A Novel in Essays

The App Generation

Falling for Science

Applied Minds: How Engineers Think

Evocative Objects

Life on the Screen is a book not about computers, but about people and how computers are causing us to reevaluate our identities in the age of the Internet. We are using life on the screen to engage in new ways of thinking about evolution, relationships, politics, sex, and the self. Life on the Screen traces a set of boundary negotiations, telling the story of the changing impact of the computer on our psychological lives and our evolving ideas about minds, bodies, and machines. What is emerging, Turkle says, is a new sense of identity—as decentered and multiple. She describes trends in computer design, in artificial intelligence, and in

people's experiences of virtual environments that confirm a dramatic shift in our notions of self, other, machine, and world. The computer emerges as an object that brings postmodernism down to earth. A riveting look at the real reasons Americans feel inadequate in the face of their dreams, and a call to celebrate how we support one another in the service of family and work in our daily life. Jay's days are filled with back-to-back meetings, but he always leaves work in time to pick his daughter up from swimming at 7pm, knowing he'll be back on his laptop later that night. Linda thinks wistfully of the treadmill in her garage as she finishes folding the laundry that's been in the dryer for the last week. Rebecca sits with one child in front of a packet of math homework, while three others clamor for her attention. In *Dreams of the Overworked*, Christine M. Beckman and Melissa Mazmanian offer vivid sketches of daily life for nine families, capturing what it means to live, work, and parent in a world of impossible expectations, now amplified unlike ever before by smart devices. We are invited into homes and offices, where we recognize the crushing pressure of unraveling plans, and the healing warmth of being together. Moreover, we witness the constant planning that goes into a "good" day, often with the aid of phones and apps. Yet, as technologies empower us to do more, they also promise limitless availability and connection. Checking email on the weekend, monitoring screen time, and counting steps are all part of the daily

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routine. The stories in this book challenge the seductive myth of the phone-clad individual, by showing that beneath the plastic veneer of technology is a complex, hidden system of support—our dreams being scaffolded by retired in-laws, friendly neighbors, spouses, and paid help. This book makes a compelling case for celebrating the structures that allow us to strive for our dreams, by supporting public policies and community organizations, challenging workplace norms, reimagining family, and valuing the joy of human connection.

Winner of the 2021 National Jewish Book Award in Autobiography & Memoir! “A beautiful book... an instant classic of the genre.” —Dwight Garner, New York Times • A New York Times Critics’ Top Book of 2021 • A New York Times Book Review Editors’ Choice • Named a Best Nonfiction Book of 2021 by Kirkus MIT psychologist and bestselling author of Reclaiming Conversation and Alone Together, Sherry Turkle’s intimate memoir of love and work For decades, Sherry Turkle has shown how we remake ourselves in the mirror of our machines. Here, she illuminates our present search for authentic connection in a time of uncharted challenges. Turkle has spent a career composing an intimate ethnography of our digital world; now, marked by insight, humility, and compassion, we have her own. In this vivid and poignant narrative, Turkle ties together her coming-of-age and her pathbreaking research on technology, empathy, and

ethics. Growing up in postwar Brooklyn, Turkle searched for clues to her identity in a house filled with mysteries. She mastered the codes that governed her mother's secretive life. She learned never to ask about her absent scientist father--and never to use his name, her name. Before empathy became a way to find connection, it was her strategy for survival. Turkle's intellect and curiosity brought her to worlds on the threshold of change. She learned friendship at a Harvard-Radcliffe on the cusp of coeducation during the antiwar movement, she mourned the loss of her mother in Paris as students returned from the 1968 barricades, and she followed her ambition while fighting for her place as a woman and a humanist at MIT. There, Turkle found turbulent love and chronicled the wonders of the new computer culture, even as she warned of its threat to our most essential human connections. The Empathy Diaries captures all this in rich detail--and offers a master class in finding meaning through a life's work.

"A new edition with a final chapter written forty years after the explosion."

The Inner History of Devices

The Extraordinary Rise and Surprising Appeal of Living Alone

Hiroshima

SUMMARY - Alone Together: Why We Expect More From Technology And Less From Each Other By Sherry Turkle

Learning to Live with Solitude

Simulation and Its Discontents

The Act of Living

Social networking has grown into a staple of modern society, but its continued evolution is becoming increasingly detrimental to our lives. Shifts in communication and privacy are affecting us more than we realize or understand. Terms of Service crystallizes this current moment in technology and contemplates its implications: the identity-validating pleasures and perils of online visibility; our newly adopted view of daily life through the lens of what is share-worthy; and the surveillance state operated by social media platforms—Facebook, Google, Twitter, and others—to mine our personal data for advertising revenue, an invasion of our lives that is as pervasive as government spying. Jacob Silverman calls for social media users to take back ownership of their digital selves from the Silicon Valley corporations who claim to know what's best for them. Integrating politics, sociology, national security, pop culture, and technology, he reveals the surprising conformity at the heart of Internet culture—explaining how social media companies engineer their products to encourage shallow engagement and discourage dissent. Reflecting on the collapsed barriers between our private and public lives, Silverman brings into focus the inner conflict we feel when deciding what to share and what to "like," and explains how we can take the steps we need to free ourselves from its grip. Consider Facebook - it's human contact, only easier to engage with and easier to avoid. Developing technology promises closeness. Sometimes it delivers, but much of our modern life leaves us less connected with people and more connected to simulations of them. In Alone Together, MIT technology and society professor Sherry Turkle explores the power of our new tools and toys to dramatically alter our social lives. It's a nuanced exploration of what we are looking for - and sacrificing - in a world of electronic companions and social networking tools, and an argument that, despite the hand-waving of today's self-described prophets of the future, it will be the

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next generation who will chart the path between isolation and connectivity.

The instant New York Times bestseller! A Wall Street Journal Best Science Book of the Year! A Popular Science Best Science Book of the Year! From a top scientist and the creator of the hugely popular web comic Saturday Morning Breakfast Cereal, a hilariously illustrated investigation into future technologies -- from how to fling a ship into deep space on the cheap to 3D organ printing What will the world of tomorrow be like? How does progress happen? And why do we not have a lunar colony already? What is the hold-up? In this smart and funny book, celebrated cartoonist Zach Weinersmith and noted researcher Dr. Kelly Weinersmith give us a snapshot of what's coming next -- from robot swarms to nuclear fusion powered-toasters. By weaving their own research, interviews with the scientists who are making these advances happen, and Zach's trademark comics, the Weinersmiths investigate why these technologies are needed, how they would work, and what is standing in their way. New technologies are almost never the work of isolated geniuses with a neat idea. A given future technology may need any number of intermediate technologies to develop first, and many of these critical advances may appear to be irrelevant when they are first discovered. The journey to progress is full of strange detours and blind alleys that tell us so much about the human mind and the march of civilization. To this end, *Soonish* investigates ten different emerging fields, from programmable matter to augmented reality, from space elevators to robotic construction, to show us the amazing world we will have, you know, soonish. *Soonish* is the perfect gift for science lovers for the holidays!

With eye-opening statistics, original data, and vivid portraits of people who live alone, renowned sociologist Eric Klinenberg upends conventional wisdom to deliver the definitive take on how the rise of going solo is transforming the American experience. Klinenberg shows that most single dwellers—whether in their

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twenties or eighties—are deeply engaged in social and civic life.

There's even evidence that people who live alone enjoy better mental health and have more environmentally sustainable lifestyles.

Drawing on more than three hundred in-depth interviews,

Klinenberg presents a revelatory examination of the most significant demographic shift since the baby boom and offers surprising insights on the benefits of this epochal change.

Why We Expect More from Technology and Less from Each Other
Love in the Time of Algorithms

Alone Together

The Power of Talk in a Digital Age

Living, Working, and Parenting in the Digital Age

Silicon Valley and the Remaking of America

One of New York Magazine's best books on Silicon Valley! The true, behind-the-scenes history of the people who built Silicon Valley and shaped Big Tech in America Long before Margaret O'Mara became one of our most consequential historians of the American-led digital revolution, she worked in the White House of Bill Clinton and Al Gore in the earliest days of the commercial Internet. There she saw firsthand how deeply intertwined Silicon Valley was with the federal government--and always had been--and how shallow the common understanding of the secrets of the Valley's success actually was. Now, after almost five years of pioneering research, O'Mara has produced the definitive history of Silicon Valley for our time, the story of mavericks and visionaries, but also of powerful institutions creating the framework for innovation, from the Pentagon to Stanford University. It is also a story of a community

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that started off remarkably homogeneous and tight-knit and stayed that way, and whose belief in its own mythology has deepened into a collective hubris that has led to astonishing triumphs as well as devastating second-order effects. Deploying a wonderfully rich and diverse cast of protagonists, from the justly famous to the unjustly obscure, across four generations of explosive growth in the Valley, from the forties to the present, O'Mara has wrestled one of the most fateful developments in modern American history into magnificent narrative form. She is on the ground with all of the key tech companies, chronicling the evolution in their offerings through each successive era, and she has a profound fingertip feel for the politics of the sector and its relation to the larger cultural narrative about tech as it has evolved over the years. Perhaps most impressive, O'Mara has penetrated the inner kingdom of tech venture capital firms, the insular and still remarkably old-boy world that became the cockpit of American capitalism and the crucible for bringing technological innovation to market, or not. The transformation of big tech into the engine room of the American economy and the nexus of so many of our hopes and dreams--and, increasingly, our nightmares--can be understood, in Margaret O'Mara's masterful hands, as the story of one California valley. As her majestic history makes clear, its fate is the fate of us all.

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Sexting. Cyberbullying. Narcissism. Social media has become the dominant force in young people's lives, and each day seems to bring another shocking tale of private pictures getting into the wrong hands, or a lament that young people feel compelled to share their each and every thought with the entire world. Have smartphones and social media created a generation of self-obsessed egomaniacs? Absolutely not, Donna Freitas argues in this provocative book. And, she says, these alarmist fears are drawing attention away from the real issues that young adults are facing. Drawing on a large-scale survey and interviews with students on thirteen college campuses, Freitas finds that what young people are overwhelmingly concerned with--what they really want to talk about--is happiness. They face enormous pressure to look perfect online--not just happy, but blissful, ecstatic, and fabulously successful. Unable to achieve this impossible standard, they are anxious about letting the less-than-perfect parts of themselves become public. Far from wanting to share everything, they are brutally selective when it comes to curating their personal profiles, and worry obsessively that they might unwittingly post something that could come back to haunt them later in life. Through candid conversations with young people from diverse backgrounds, Freitas reveals how even the most well-adjusted individuals can be stricken by self-

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doubt when they compare their experiences with the vast collective utopia that they see online. And sometimes, as on anonymous platforms like Yik Yak, what they see instead is a depressing cesspool of racism and misogyny. Yet young people are also extremely attached to their smartphones and apps, which sometimes bring them great pleasure. It is very much a love-hate relationship. While much of the public's attention has been focused on headline-grabbing stories, the everyday struggles and joys of young people have remained under the radar.

Freitas brings their feelings to the fore, in the words of young people themselves. *The Happiness Effect* is an eye-opening window into their first-hand experiences of social media and its impact on them. Autobiographical essays, framed by two interpretive essays by the editor, describe the power of an object to evoke emotion and provoke thought: reflections on a cello, a laptop computer, a 1964 Ford Falcon, an apple, a mummy in a museum, and other "things-to-think-with." For Sherry Turkle, "We think with the objects we love; we love the objects we think with." In *Evocative Objects*, Turkle collects writings by scientists, humanists, artists, and designers that trace the power of everyday things. These essays reveal objects as emotional and intellectual companions that anchor memory, sustain relationships, and provoke new ideas. These days, scholars show new interest in the importance of the

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concrete. This volume's special contribution is its focus on everyday riches: the simplest of objects—an apple, a datebook, a laptop computer—are shown to bring philosophy down to earth. The poet contends, "No ideas but in things." The notion of evocative objects goes further: objects carry both ideas and passions. In our relations to things, thought and feeling are inseparable. Whether it's a student's beloved 1964 Ford Falcon (left behind for a station wagon and motherhood), or a cello that inspires a meditation on fatherhood, the intimate objects in this collection are used to reflect on larger themes—the role of objects in design and play, discipline and desire, history and exchange, mourning and memory, transition and passage, meditation and new vision. In the interest of enriching these connections, Turkle pairs each autobiographical essay with a text from philosophy, history, literature, or theory, creating juxtapositions at once playful and profound. So we have Howard Gardner's keyboards and Lev Vygotsky's hobbyhorses; William Mitchell's Melbourne train and Roland Barthes' pleasures of text; Joseph Cevetello's glucometer and Donna Haraway's cyborgs. Each essay is framed by images that are themselves evocative. Essays by Turkle begin and end the collection, inviting us to look more closely at the everyday objects of our lives, the familiar objects that drive our routines, hold our affections, and open

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out our world in unexpected ways.

No one has failed to notice that the current generation of youth is deeply--some would say totally--involved with digital media. Professors Howard Gardner and Katie Davis name today's young people The App Generation, and in this spellbinding book they explore what it means to be "app-dependent" versus "app-enabled" and how life for this generation differs from life before the digital era. Gardner and Davis are concerned with three vital areas of adolescent life: identity, intimacy, and imagination. Through innovative research, including interviews of young people, focus groups of those who work with them, and a unique comparison of youthful artistic productions before and after the digital revolution, the authors uncover the drawbacks of apps: they may foreclose a sense of identity, encourage superficial relations with others, and stunt creative imagination. On the other hand, the benefits of apps are equally striking: they can promote a strong sense of identity, allow deep relationships, and stimulate creativity. The challenge is to venture beyond the ways that apps are designed to be used, Gardner and Davis conclude, and they suggest how the power of apps can be a springboard to greater creativity and higher aspirations.