

Read Book Alcoholics
Anonymous 4th Edition

Alcoholics Anonymous 4th Edition

The text of Alcoholics Anonymous with pages opposite text for notes. Includes a word index, subject index and dictionary. Complete retyped "Original Manuscript" of the text. 2 place keeping ribbons. Burgundy leather cover. The words of this book's title are said aloud every day by thousands of people meeting together to help each other recover from addiction.s the addictions may be to alcohol or cocaine, gambling or food, violence or sex, but the path to

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recovery is the same. The exciting thing about the Twelve Steps is that they teach us how to live. Once we know the design of living and the principles of living a successful life, we find that we not only get over the problems we see, but we avoid many other problems we would have had. To me, the miracle is that all this was boiled down into twelve simple Steps that anybody can apply. This is a book of plain-spoken wisdom for people with addictions and people who love them. Joe McQ has been a student of the Twelve Steps for more than three decades. He, like tens of

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thousands of others, lives them every day, one day at a time. In The Steps We Took, Joe takes us through them, one Step at a time, and helps us understand how they work-and how they can change our lives.

A 75th anniversary e-book version of the most important and practical self-help book ever written, Alcoholics Anonymous. Here is a special deluxe edition of a book that has changed millions of lives and launched the modern recovery movement: Alcoholics Anonymous. This edition not only reproduces the original 1939 text of Alcoholics Anonymous, but as a special

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bonus features the complete 1941 Saturday Evening Post article "Alcoholics Anonymous" by journalist Jack Alexander, which, at the time, did as much as the book itself to introduce millions of seekers to AA's program. Alcoholics Anonymous has touched and transformed myriad lives, and finally appears in a volume that honors its posterity and impact.

The basic text for Alcoholics Anonymous.

A brief history of a unique movement

Personal Transformation: The Promise of the Twelve-Step Process

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*2015 Revised Edition
The Big Book of Alcoholics
Anonymous*

*Twenty-Four Hours a Day
The Story of how Many
Thousands of Men and Women
Have Recovered from
Alcoholism*

*Ensayos sobre los Pasos y
las Tradiciones escritos por
Bill W. hablan de los
principios de la
recuperacion personal y la
unidad del grupo.*

*Finally! The book that
thousands of alcoholics have
been waiting for! An updated
version of the "Big Book of
Alcoholics Anonymous." This
edited revision of the old,*

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basic text is reader-friendly and carries the exact same message as the 1939 version of "Alcoholics Anonymous." It's written in a style that's friendly to readers of any gender, race, or spiritual path. Until now, Bill Wilson's 1939 book has never been edited for modern readers. This book is for: Women who object to the sexist language in the original Big Book. The EZ Big Book is gender neutral. All partners of alcoholics, including gays and lesbians. The EZ Big Book makes no assumption about the genders or marital status of partners. Alcoholics at all reading levels. The language

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is reader-friendly and journalistic in tone. Readers of any faith, including agnostics. The spiritual references in the book are all-encompassing. Non-English speakers. Readers for whom English is a second language buy the EZ Big Book because the writing is simple and direct. About the Author The author is a retired science and nature writer with double-digit of sobriety. Her last years of drinking took her to emergency rooms several times and finally to rehab. Big Book of Alcoholics Anonymous, 4th Edition. This book contains large text and ample margins for

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sponsor/sponsee review sessions and/or note taking. Beginning with the Doctors Opinion and ending at Dr. Bob's Nightmare, this is the same as any other Big Book besides the personal stories which consist of last 300 pages of the book have been removed.

A practical guide to letting go of the character defects that get in the way of true and joyful recovery.

Resentment. Fear. Self-Pity. Intolerance. Anger. As Bill P. explains, these are the "rocks" that can sink recovery- or at the least, block further progress. Based on the principles behind Steps Six and Seven,

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Drop the Rock combines personal stories, practical advice, and powerful insights to help readers move forward in recovery. The second edition features additional stories and a reference section.

Obstacles Most Often Encountered That Keep Us From Growing In Recovery Alcoholics Anonymous Daily Reflections

Drop the Rock Experience, Strength and Hope When Man Listens

ALCOHOLICS ANONYMOUS: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism (generally known as The

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Big Book) is a 1939 basic text, describing how to recover from alcoholism, written by the founders of Alcoholics Anonymous (AA), Bill W. & Dr. Bob. It is the originator of the seminal "twelve-step method" widely used to attempt to treat many addictions, from alcoholism and heroin addiction to marijuana addiction, as well as overeating, sex addiction, gambling addiction, and family members of alcoholics, with a strong spiritual and social emphasis. It is one of the best-selling books of all time, having sold 30 million copies. In 2011, Time magazine placed the book on its list of the 100 best and most influential books written in English since 1923, the beginning of the magazine.

Al-Anon Family Groups.

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Written to be used in conjunction with, not instead of the "Big Book of Alcoholics anonymous." This book will help guide you through a personal experience with all "Twelve Steps" as they are outlined in the "AA Big Book." You write notes and questions from the "Big Book Awakening" into your own "Big Book" for personal consideration. After you have completed this process yourself your "Big Book" is now a powerful "working with others book" with questions and considerations that will help you work with others both one-on-one and in workshops. They themselves write the same notes into their own "Big Book" to one day do the same.

Narcotics Anonymous Step Working Guides are meant to be used by NA

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members at any stage of recovery, whether it's the first time through the steps, or whether they have been a guiding force for many years. This book is intentionally written to be relevant to newcomers and to help more experienced members develop a deeper understanding of the Twelve Steps.

Sober But Stuck

A Program For You

The Original Text of the Life-Changing
Landmark, Deluxe Edition

The Big Book and a Study Guide of the
12 Steps of AA

Twelve Steps and Twelve Traditions
Trade Edition

A guide to all kinds of addiction from a
star who has struggled with heroin,

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alcohol, sex, fame, food and eBay, that will help addicts and their loved ones make the first steps into recovery “This manual for self-realization comes not from a mountain but from the mud...My qualification is not that I am better than you but I am worse.” —Russell Brand With a rare mix of honesty, humor, and compassion, comedian and movie star Russell Brand mines his own wild story and shares the advice and wisdom he has gained through his fourteen years of recovery. Brand speaks to those suffering along the full spectrum of addiction—from drugs, alcohol, caffeine, and sugar addictions to addictions to work, stress, bad relationships, digital media, and fame. Brand understands that addiction can take many shapes and sizes and how the process of staying clean, sane, and unhooked is a daily activity. He believes that the question is not “Why are you

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addicted?" but "What pain is your addiction masking? Why are you running—into the wrong job, the wrong life, the wrong person's arms?" Russell has been in all the twelve-step fellowships going, he's started his own men's group, he's a therapy regular and a practiced yogi—and while he's worked on this material as part of his comedy and previous bestsellers, he's never before shared the tools that really took him out of it, that keep him clean and clear. Here he provides not only a recovery plan, but an attempt to make sense of the ailing world. Designed as an aid for the study of the book, Alcoholics Anonymous, The Little Red Book contains many helpful topics for discussion meetings. This is the original study guide to the Big Book, Alcoholics Anonymous. Filled with practical information for those first days of sober living, this little book: offers newcomers

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advice about the program, how long it takes, and what to look for in a sponsor provides in-depth discussions of each of the Twelve Steps and related character defects poses common questions about AA and helping others, identifying where to find answers in the Big Book features non-sexist language. This is the Big Book of Alcoholics Anonymous, describing how to recover from alcoholism, written by the founders of Alcoholics Anonymous (AA), Bill W. & Dr. Bob. It is the originator of the seminal "twelve-step method" widely used to treat addictions that range from alcoholism, heroin, meth and marijuana addiction, as well as overeating, sex addiction and gambling addiction. Also included: A current 200 page study guide for the 12 Steps of Alcoholics Anonymous. There are hundreds of questions to answer for The Doctor's

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Opinion, Bill's Story, The is a Solution,
More About Alcoholism and the rest.
Summaries and main point for each
chapter are also included.

A biography, with recollections of early
A.A. in the Midwest.

Living Sober Trade Edition

Alcoholics Anonymous Big Book

Best of the Grapevine

Twelve-Step Guide to Using the

Alcoholics Anonymous Big Book

The Book That Started It All

Dr. Bob and the Good Oldtimers

***Includes How to listen to God / by
John E. Batterson (pages 63-72)***

***and The seven-day mental diet /
by Emmet Fox (pages 73-91).***

2011 Reprint of 1954 Edition.

***Richard Walker, the author of
this work, is the second most
popular Twelve Step recovery
author in total sales, after Bill***

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Wilson. Walker has helped untold numbers of alcoholics through his writings. "Twenty-Four Hours a Day" is a book of meditation, thought, and prayer that is soul inspiring, spiritually uplifting, and filled with sage words of wisdom. While geared toward members of Alcoholics Anonymous to help them in their daily program of recovery, the book has much to offer any individual who is working on self-improvement and personal growth, and who is searching for spiritual uplifting and guidance. The book is divided into the 365 days of the calendar year, offering a thought, meditation, and related short prayer on each day. Much of the material is based on the Big Book and other

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A.A. literature. A classic work. You can't beat the basics in times of trouble. During the the coronavirus pandemic, take a fresh look at the twelve steps, and the Big Book's wisdom for healing and hope. A Program for You leads each of us--newcomer or old-timer--to a deeper understanding of recovery as a way of life. A Program for You clears our way for discovering positive, powerful answers to these questions. In the years since 1939, the Big Book, Alcoholics Anonymous, has guided millions in their search for a design for healthy living free of addictive behaviors. Now, two program old-timers share their years of intensive study of the Big Book, revealing the vitality of

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its message for those of us reading it today. This celebration of the basic text of Twelve Step recovery breathes new life into the Big Book's timeless wisdom. Thoroughly annotated line and page, written with down-to-earth humor and simplicity, and providing a contemporary context for understanding, A Program for You helps us experience the same path of renewal that Bill W. and the first on hundred AA members did. Co-founder Bill W. was keenly aware of the importance of personal stories, writing, "The story section of the Big Book ... is our principal means of identifying with the reader outside of A.A., it is the written equivalent of hearing speakers at an A.A.

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meeting; it is our show window of the results.” Experience, Strength and Hope offers back to the A.A. Fellowship the candor, wisdom and wit of 56 members whose stories are no longer available in the fourth edition of Alcoholics Anonymous. With each edition, new stories were added to reflect A.A.’s changing membership, while others had to be dropped. Numerous requests from A.A. members led to the publication of this book, where now can be found such classics as “A Feminine Victory,” written by one of A.A.’s very first female members, and “The Car Smasher,” by “A.A. Number 3” — third after the co-founders themselves. A.A. membership continues to grow and change,

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but the voices contained here will never be outdated. From poignant accounts of sorrow and loss to more raucous tales laced with deprecating humor, this collection of stories offer today's A.A. members the timeless gift of experience, strength and hope. Experience, Strength and Hope has been approved by the General Service Conference of Alcoholics Anonymous.

The Little Big Book Dictionary and Concordance for Included Words

Narcotics Anonymous

The EZ Big Book of Alcoholics Anonymous

The Narcotics Anonymous Step Working Guides

Doce Pasos Y Doce Tradiciones

The Creation of A.A.

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Narcotics Anonymous (NA) describes itself as a "nonprofit fellowship or society of men and women for whom drugs had become a major problem".

Narcotics Anonymous uses a traditional 12 step model that has been expanded and developed for people with varied substance abuse issues. This work is the so-called "Basic Text" and is divided into two parts. Part 1 discusses the basics of the NA fellowship program and the twelve steps and traditions. Part 2 is composed of many personal recovery stories. For members of any twelve-step fellowship, this book provides a simple and clear guide to the

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instructions for working the steps as outlined in A.A.'s Big Book. It reveals, in easy to understand language, the process for working each step, so that the reader can experience the Twelfth Step promise of a spiritual awakening. Over 2200 of the most difficult words and terms found in the "Big Book" of Alcoholics Anonymous.- Many program topical words included.- Simple phonic pronunciation guides.- Page number references for included words.- Text referenced definitions.- Fits in your Big Book. This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to

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fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A. Conference-approved literature, such as Alcoholics Anonymous, Twelve Steps and Twelve Traditions, As Bill Sees It and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of

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members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. Daily Reflections has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

A Book of Reflections by A.A.

Members for A.A. Members

ALCOHOLICS ANONYMOUS

By member request: stories from the first three editions of the Big Book

Writing the Big Book

Alcoholics Anonymous Study

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Edition

Same Message-Simple Language

Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Basic, essential information from Alcoholics Anonymous. As the book states, "Anyone can get sober. . .the trick is to live sober."

Learn about how different animals move.

Many thousands have benefited from "The Big Book" and its simple but profound explanation

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of the doctrines behind Alcoholics Anonymous, which was founded in 1935 by Bill Wilson and Dr. Bob Smith. This original 1939 edition outlines the famous 12 steps, and offers counsel for those who wish to join the program but doubt the existence of a higher power. It also contains encouraging personal stories, in which AA members relate their experiences with alcohol and how they found the path to sobriety. "The Big Book" has gone through numerous editions and remains the most widely used resource for recovering alcoholics. Only this original 1939 edition includes all 29 stories of the program's pioneers, which share the details of their full journey, including initial recovery, sometimes

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followed by relapse and eventual success. This edition also features the key to the solution claimed by Bill Wilson: a vital spiritual experience that allows followers to rediscover, or discover, God. This realistic portrayal of the program as offered by its founders has been lost in subsequent editions of the work, and is presented here to serve as a reminder that success comes in many forms.

A.A. co-founder Bill W. tells the story of the growth of Alcoholics Anonymous from its make-or-break beginnings in New York and Akron in the early 1930s to its spread across the country and overseas in the years that followed. A wealth of personal accounts and anecdotes portray

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the dramatic power of the A.A. Twelve Step program of recovery — unique not only in its approach to treating alcoholism but also in its spiritual impact and social influence. Bill recounts the evolution of the Twelve Steps, the Twelve Traditions and the Twelve Concepts for World Service — those principles and practices that protect A.A.'s Three Legacies of Recovery, Unity and Service — and how in 1955 the responsibility for these were passed on by the founding members to the Fellowship (A.A.'s membership at large). In closing chapters of *Alcoholics Anonymous Comes of Age*, early "friends of A.A.," including the influential Dr. Silkworth and Father Ed Dowling, share their perspectives. Includes

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16 pages of archival photographs. For those interested in the history of A.A. and how it has withstood the test of time, Alcoholics Anonymous Comes of Age offers on the growth of this groundbreaking movement. Alcoholics Anonymous Comes of Age has been approved by the General Service Conference.

Move! Big Book

Freedom from Our Addictions

By the Anonymous Press

The Little Red Book

A Guide To the Big Book's Design for Living

A Biography, with Recollections of Early A.A. in the Midwest

Twelve Steps to recovery.

The Book That Started It All Hardcover
Alcoholics Anonymous was founded in 1935 by Bill Wilson and Dr. Bob Smith,

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who developed the organization's 12-step program. In 1939, they published this volume, which sets forth the cornerstone concepts of recovery and relates stories of those who have overcome alcoholism. A lifeline to millions worldwide, it is the most widely used resource for recovering alcoholics.

THE STORY OF HOW MANY
THOUSANDS OF MEN AND WOMEN
HAVE RECOVERED FROM
ALCOHOLISM.

Big Book of Alcoholics Anonymous
Alcoholics Anonymous Comes of Age
Big Book Awakening
4TH EDITION.

Everyone Can Listen to God
Alcoholics Anonymous Study Edition -
Burgundy

The definitive history of

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writing and producing the "Big Book" of Alcoholics Anonymous, told through extensive access to the group's archives. Alcoholics Anonymous is arguably the most significant self-help book published in the twentieth century. Released in 1939, the "Big Book," as it's commonly known, has sold an estimated 37 million copies, been translated into seventy languages, and spawned numerous recovery communities around the world while remaining a vibrant plan for recovery from addiction in all its

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forms for millions of people. While there are many books about A.A. history, most rely on anecdotal stories told well after the fact by Bill Wilson and other early members—accounts that have proved to be woefully inaccurate at times. Writing the Big Book brings exhaustive research, academic discipline, and informed insight to the subject not seen since Ernest Kurtz's Not-God, published forty years ago. Focusing primarily on the eighteen months from October 1937, when a book

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was first proposed, and April 1939 when Alcoholics Anonymous was published, Schaberg's history is based on eleven years of research into the wealth of 1930s documents currently preserved in several A.A. archives. Woven together into an exciting narrative, these real-time documents tell an almost week-by-week story of how the book was created, providing more than a few unexpected turns and surprising departures from the hallowed stories that have been so widely circulated about early A.A.

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history. Fast-paced, engaging, and contrary, Writing the Big Book presents a vivid picture of how early A.A. operated and grew and reveals many previously unreported details about the colorful cast of characters who were responsible for making that group so successful. Sober But Stuck addresses common issues, such as fear of failure, unhealthy relationships, and resentments, that can act as barriers to serenity and ultimately threaten sobriety. People in recovery soon find

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out that maintaining abstinence from alcohol and other drugs is only half the battle. Sober But Stuck addresses the issues that can act as barriers to serenity and ultimately threaten sobriety. Sober But Stuck topics include fear of failure, unhealthy or dependent relationships, resentments, and more. Provides needed encouragement for maintaining recovery from alcohol and other drugs. Alcoholics Anonymous The Story of how Many Thousands of Men and

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*Women Have Recovered
from Alcoholism*

Seventeen years ago, I am was on the verge of either dying or being locked up for a very long time. Instead, he became a very active member of AA and has stayed in the middle of AA ever since and has been sponsoring new members for over sixteen years. He loves AA so much that other members laugh when they hear him sing his favorite jingle: I am stuck on AA, cause AAs stuck on me! Today, I am lives in southwest Florida with his

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*wonderful Al Anon wife and
their happy seven-year-old
daughter and delightful
eight-month-old baby boy,
Iam Junior.*

Recovery

The Big Book

The Steps We Took

12-Step Workbook for

Recovering Alcoholics,

Including Powerful 4Th-Step

Worksheets

The Original 1939 Edition

A New Pair of Glasses

Alcoholics Anonymous has
served as a lifeline to millions
worldwide. This special edition
contains new, powerful, and
inspiring personal stories for

**Read Book Alcoholics
Anonymous 4th Edition**

2007.

Removing Character Defects -
Steps Six and Seven

How Al-Anon Works for Families
& Friends of Alcoholics

The Original Working Manuscript
of Alcoholics Anonymous