

Aging And Society A Canadian Perspective Fifth Edition By Novak Mark

Aging well and continuing to be active are often regarded as THE goals in life, from individual, family, community, and population perspectives. This implies good health and physical fitness, good cognitive and positive emotional-motivational functioning, and social participation and engagement. Increasing life expectancy by means of biomedical advances is not on its own enough, however. Research shows that an individual's psychological condition contributes to their quality of life and well-being in old age - and that behavioral and psychological interventions can also prevent illness, improve cognitive and physical fitness, and increase positive emotional functioning and social participation. This book shows how psychologists and psychological science as a whole can face the challenge of promoting optimal and active aging in a society that is growing ever older.

With its implications for health care, the economy, and an assortment of other policy areas, population aging is one of the most pressing issues facing governments and society today, and confronting its complex reality is becoming increasingly urgent, particularly in the age of COVID-19. In The Four Lenses of Population Aging, Patrik Marier looks at how Canada's ten provinces are preparing for an aging society. Focusing on a wide range of administrative and policy challenges, this analysis explores multiple actions from the development of strategic plans to the expansion of long-term care capacity. To enhance this analysis, Marier adopts four lenses: the intergenerational, the medical, the social gerontological, and the organizational. By comparing the unique insights and contributions of each lens, Marier draws attention to the vital lessons and possible solutions to the challenges of an aging society. Drawing on over a hundred interviews with senior civil servants and thousands of policy documents, The Four Lenses of Population Aging is a significant contribution to public administration, provincial politics, and comparative public policy literatures, and a timely resource for policymakers and general readers seeking an informed perspective on a timely and important issue.

Bringing together academic research, practitioner reflections and personal narratives from older adults across Canada, this text provides a rare spotlight on the local implications of aging in Canadian cities and communities. They provide a wide-ranging and comprehensive discussion of how to build supportive communities for Canadians of all ages.

Aging in Contemporary Canada

A Survey

The Role of Immigrant Care Workers in an Aging Society

1989 and Beyond : Challenges of an Aging Canadian Society

Responding to the Aging of Canadian Society

Current Trends, Opportunities and Implications for Standards

The most comprehensive study of the sociology of aging, featuring coverage of the latest issues in the field, recent research and data, and real-world examples from Canada and around the globe Looking beyond biology to explore the complex social process of aging, this text draws on a wide variety of theoretical and methodological perspectives to reveal the individual and societal dimensions of aging in Canada.

Taylor and Johnson blend the science of exercise physiology with the ageing process and identify the positive effects that regular exercise and physical activity have, not only on longevity, but also on delaying specific diseases.

Provides statistical information on the worldwide population of people 65 years old or older.

Canadian Perspectives

Promoting the Health of Older Adults

A Canadian Perspective

An Aging World

Canadian Perspectives, Seventh Edition [by] Mark Novak, Lori Campbell, Herbert C. Northcott

Aging People, Aging Places

Aging as a Social Process: Canadian Perspectives is a synthesis and interpretation of social science research and census data concerning individual and population aging. Throughout, the emphasis is on identifying, describing, and explaining patterns, processes, and current issues associated with individual population aging, rather than on describing programs or providing prescriptions to assist older persons. This approach enables students and practitioners to acquire basic knowledge about older adults and to develop an understanding of aging processes that people may experience throughout the life course.

With a strong focus on health and wellness, this gerontological nursing text offers you a holistic perspective to caring for older adults. Designed to facilitate the healthiest adaptation possible, this text identifies potential problems that may occur and the means to address complications, alleviate discomfort, and help older adults lead healthy lives. Disease processes are discussed in the context of healthy adaptation, nursing support, and nursing responsibilities to help you gain an understanding of your clients' experience. Focus on health and wellness establishes a positive perspective to aging. Careful attention to age, cultural, and gender differences are integrated throughout to help you understand these important considerations when caring for older adults. Healthy aging strategies maximize the healthiest behaviors of clients with dementia and their caregivers. Consistent chapter organization includes learning objectives, research, and study questions/activities to make information easy to find and use. Incorporates assessment guidelines throughout provide useful tools for practice. End-of-chapter activities and discussion questions help you expand your knowledge and understanding of the content. Resource lists provide you with additional means to explore ways to care for the older adult. Incorporates the core competencies identified by the AACN and the Hartford Foundation Institute for Geriatric Nursing. Healthy People 2010 boxes assist you in integrating knowledge about healthy aging considerations. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Expanded sexuality-related content includes older adults living with AIDS and STDs. Genetics section reflects the emergence of the role of genetics in gerontological assessment.

In this deeply considered meditation on aging in Western culture, Jan Baars argues that, in today's world, living longer does not necessarily mean living better. He contends that there has been an overall loss of respect for aging, to the point that understanding and "dealing with" aging people has become a process focused on the decline of potential and the advance of disease rather than on the accumulation of wisdom and the creation of new skills. To make his case, Baars compares and contrasts the works of such modern-era thinkers as Foucault, Heidegger, and Husserl with the thought of Plato, Aristotle, Sophocles, Cicero, and other Ancient and Stoic philosophers. He shows how people in the classical period—less able to control health hazards—had a far better sense of the provisional nature of living, which led to a philosophical and religious emphasis on cultivating the art of living and the idea of wisdom. This is not to say that modern society's assessments of aging are insignificant, but they do need to balance an emphasis on the measuring of age with the concept of "living in time." Gerontologists, philosophers, and students will find Baars' discussion to be a powerful, perceptive conversation starter. -- W. Andrew Achenbaum, author of Older Americans, Vital Communities

Active Aging

Aging in Canadian Society

The Canadian Context and Experience

Planning for the Future in Canada's Provinces

The Contribution of Psychology

Experiences, Opportunities, and Challenges of Growing Older in Canada

This book analyses the actions and plans enacted by the ten Canadian provinces to prepare for the new reality of an aging society.

In 1989, some 2.7 million Canadians are 65 years of age or more. The size of the senior population has tripled in the last 55 years; it is expected to triple again by the year 2030. This booklet attempts to illustrate the kinds of issues that will become more important or that will emerge in the years ahead as a result of the aging of the population. Issues that are dealt with include: health and social care; income; the environment of aging; information and technology for an aging population; activities and ethnic and native groups.

"Written from a social psychological perspectives. Aging in Contemporary Canada provides students with a comprehensive introduction to the subject of aging". Verso de la couv. (p. [4]).

Issues for Canada's Aging Population

Women and Gender Assumptions of Canada's Aging Society

The Canadian Context & Experience

The Urgent Need to Improve the Lives of Canada's Elders in the Wake of a Pandemic

Getting Older and Better

Issues in Aging

This myth-busting and question-focused textbook tackles the fascinating and important social and policy issues posed by the challenges and opportunities of ageing. The unique pedagogical approach recognises the gap between the lives of students and older people, and equips students with the conceptual, analytical and critical tools to understand what it means to grow old and what it means to live in an ageing society. Features include:

- Myth-busting boxes incorporated into each chapter that unpack the common assumptions and stereotypes about ageing and older people in a clear and striking way;
- A multidisciplinary and issue-focused approach, interspersed with lively examples and vignettes bringing the debates to life;
- Group and self-study activities;
- A comprehensive glossary of key terms. Answering questions which have arisen over years of longitudinal and systematic research on the social implications of ageing, this lively and engaging textbook provides an essential foundation for students in gerontology, sociology, social policy and related fields.

Debunking the myth of the ageing time bomb, this timely book from the authors of Retiring with Attitude challenges our assumptions and stereotypes and demonstrates that we are capable of living better together longer in this new, older world.

A NATIONAL BESTSELLER SHORTLISTED FOR THE BALSILLIE PRIZE FOR PUBLIC POLICY It took the coronavirus pandemic to open our eyes to the deplorable state of so many of the nation's long-term care homes: the inhumane conditions, overworked and underpaid staff, and lack of oversight. In this timely new book, esteemed health reporter André Picard reveals the full extent of the crisis in eldercare, and offers an urgently needed prescription to fix a broken system. When COVID-19 spread through seniors' residences across Canada, the impact was horrific. Along with widespread illness and a devastating death toll, the situation exposed a decades-old crisis: the shocking systemic neglect towards our elders. Called in to provide emergency care in some of the hardest-hit facilities in Ontario and Quebec, the military issued damning reports of what they encountered. And yet, the failings that were exposed--unappetizing meals, infrequent baths, overmedication, physical abuse and inadequate personal care--have persisted for years in these institutions. In Neglected No More, André Picard takes a hard look at how we came to embrace mass institutionalization, and lays out what can and must be done to improve the state of care for our elders, a highly vulnerable population with complex needs and little ability to advocate for themselves. Picard shows that the entire eldercare system--fragmented, underfunded and unsupported--is long overdue for a fundamental rethink. We need to find ways to ensure seniors can age gracefully in the community for longer, with supportive home care and respite for family caregivers, and ensure that long-term care homes are not warehouses of isolation and neglect. Our elders deserve nothing less.

Neglected No More

Aging and the Art of Living

The Canadian Experience

How Society Needs to Change

Aging & Society

Aging as a Social Process

The WHO World report on ageing and health is not for the book shelf it is a living breathing testament to all older people who have fought for their voice to be heard at all levels of government across disciplines and sectors. - Mr Bjarne Hastrup President International Federation on Ageing and CEO DaneAge This report outlines a framework for action to foster Healthy Ageing built around the new concept of functional ability. This will require a transformation of health systems away from disease based curative models and towards the provision of older-person-centred and integrated care. It will require the development sometimes from nothing of comprehensive systems of long term care. It will require a coordinated response from many other sectors and multiple levels of government. And it will need to draw on better ways of measuring and monitoring the health and functioning of older populations. These actions are likely to be a sound investment in society's future. A future that gives older people the freedom to live lives that previous generations might never have imagined. The World report on ageing and health responds to these challenges by recommending equally profound changes in the way health policies for ageing populations are formulated and services are provided. As the foundation for its recommendations the report looks at what the latest evidence has to say about the ageing process noting that many common perceptions and assumptions about older people are based on outdated stereotypes. The report's recommendations are anchored in the evidence comprehensive and forward-looking yet eminently practical. Throughout examples of experiences from different countries are used to illustrate how specific problems can be addressed through innovation solutions. Topics explored range from strategies to deliver comprehensive and person-centred services to older populations to policies that enable older people to live in comfort and safety to ways to correct the problems and injustices inherent in current systems for long-term care.

Built around the experiences of older prisoners, Punished for Aging looks at the challenges individuals face in Canadian penitentiaries and their struggles for justice. Through firsthand accounts and quantitative data drawn from extensive interviews, this book brings forward the experiences of federally incarcerated people living their "golden years" behind bars. These experiences show the limited ability of the system to respond to heightened needs, while also raising questions about how international and national laws and policies are applied, and why they fail to ensure the safety and well-being of incarcerated individuals. In so doing, Adelina Ifjene explores the shortcomings of institutional processes, prison-monitoring mechanisms, and legal remedies available in courts and tribunals, which leave prisoners vulnerable to rights abuses. Some of the problems addressed in this book are not new; however, the demographic shift and the increase in people dying in prisons after long, inadequately addressed illnesses, with few release options, adds a renewed sense of urgency to reform. Working from the interview data, contextualized by participants' lived experiences, and building on previous work, Ifjene seeks solutions for such reform, hich would constitute a significant step forward not only in protecting older prisoners, but in consolidating the status of incarcerated individuals as holders of substantive rights.

Acknowledgments Preface 1: The Meaning and Context of Aging 2: Labour Market Issues 3: Pensions and Income Maintenance 4: Education 5: Health Care 6: Housing 7: Economics and Politics 8: Social Services and Other Concerns 9: Inevitable Changes and Critical Decisions List of Sources

World Report on Ageing and Health

CHALLENGES OF AN AGING CANADIAN SOCIETY - 1989 AND BEYOND.

The New Age of Ageing

Canada's Aging Population

Ebersole and Hess' Gerontological Nursing and Healthy Aging

The Four Lenses of Population Aging

Contributors question whether an aging society is necessarily inferior or problematic compared with the recent past, cautioning that exaggerated concerns about population aging can be harmful to rational policy making.

Taking a unique look at health promotion and aging in Canada, this edited collection uses the action framework in the Ottawa Charter for Health Promotion to explore the factors and issues related to the health of older adults.

The book is organized around the five action areas for health promotion: building healthy public policy, creating supportive environments, strengthening community action, developing personal skills, and reorienting health and social services. Adhering to the holistic approach that health in older age involves physical, mental, emotional, and social well-being, this comprehensive collection covers a wide range of interventions that are designed to benefit and protect the aging population's health, quality of life, rights, and dignity, while building intergenerational solidarity and collaboration. Readers will learn about aging from a health promotion perspective; the context, environment, and issues related to older adults in Canada; as well as best practices in health promotion, public health, and the care of older adults. Promoting the Health of Older Adults is an invaluable resource for both graduate and undergraduate students in gerontology, health promotion, nursing, social work, and related fields. FEATURES - Considers the implications of the COVID-19 pandemic for health promotion and aging - Provides an up-to-date profile of older adults in Canada and current/future trends in aging and health, including the use of new technologies and policies and practices in health promotion, public health, and other disciplines - Includes a wealth of pedagogical features, such as learning objectives, critical thinking questions, a glossary, and online supplementary materials

As the 21st century unfolds, the study of aging will increase in importance. Canada's population will have more older people than ever before. These people will make new demands on Canada's healthcare, retirement income, and housing resources. They will also bring new interests, skills, and approaches to later life. People young and old will need to understand the realities of aging in this new era. This text presents a full picture of aging--problems and all. But it also emphasizes the opportunities and advantages of later life to illustrate its underlying theme: successful aging. This theme makes more sense today than ever before. Longer life and more years of activity and good health have changed the landscape of old age. Late old age still brings physical decline. But better health and nutrition at every stage of life, along with advances in medicine, extend the active years of middle age. The sayings "60 is the new 40" and "70 is the new 50" may have begun as clever remarks, but they describe the reality of aging today for more and more people. Above advances in health care, nutrition, and medicine, technological change, a globalized economy, unstable work careers, demographic change, convergence of male and female career opportunities--all call for new models of aging to fit new patterns of social experience. Many changes have taken place in Canadian gerontology. New researchers have entered the field of aging. The government has released many reports that summarize studies of health, housing, and pension policies. And consortia of researchers and research centres have published the results of their studies. This body of knowledge will shape social policy in the future. We have used these sources and many others, including academic journals, books, and online reports to update this text to engage students and provide a deeper understanding of how the topic relates to their lives and society.

Gender, Culture, and Aging

Four Lenses of Population Aging

Punished for Aging

Aging and Demographic Change in Canadian Context

Critical Questions for Ageing Societies

Canadian-American Public Policy

Some of the most intriguing animals in the world live exclusively in Australia. This endearing series teaches kids about the births and early lives of six of these amazing creatures. Astonishing photography and easy-to-read sentences bring these baby animals to life for early readers. Each book highlights a different Australian animal, detailing its growth patterns, eating habits, enemies, and more. Kids will love learning about each animal's parenting style, too! SandCastle is an imprint of ABDO Publishing Company.

What does it mean to grow old in America today? Is 'successful aging' our responsibility? What will happen if we fail to 'grow old gracefully'? Especially for women, the onus on the aging population in the United States is growing rather than diminishing. Gender, race, and sexual orientation have been interpreted as socially constructed phenomena, yet aging is still seen through physically constructed lenses. The second edition of Margaret Cruikshank's Learning to Be Old helps put aging in a new light, neither romanticizing nor demonizing it. Featuring new research and analysis, expanded sections on gay/lesbian/bisexual/transgender aging and critical gerontology, and an updated chapter on feminist gerontology, the second edition even more thoroughly than the first looks at the variety of different forces affecting the progress of aging. Cruikshank pays special attention to the fears and taboos, multicultural traditions, and the medicalization and politicization of natural processes that inform our understanding of age. Through it all, we learn a better way to inhabit our age whatever it is.

Vulnerability, Rights, and Access to Justice in Canadian Penitentiaries

2001
A Canadian Reader
The Over-Forty Society
Aging and Society
What's Fair? : Ethical Decision-making in an Aging Society