

Affirmations The Top 100 Positive Affirmations Of Successful Lifelong Learners Manifest Change In Your Life Free Affirmations Audio Sample Included Audiobook Power Of Positive Thinking

Positive Affirmation Notebook Ever wished you could be more confident? Or feel more positive? Positive Affirmations can challenge previously held negative thinking patterns. They can change the way you think, feel and even the way you behave. The process of writing about each positive affirmation and applying your own thoughts and experiences to each one, makes this extremely powerful. By reading and writing in this Positive Affirmation Notebook, you are beginning a path to more positive thinking, greater confidence and more assertive behavior. Inspirational gift to yourself or a special friend or family member 101 different positive affirmations with two suggested writing prompts on each page Glossy front cover design Top quality 100% acid free paper Start your journey towards positive thinking with this unique and inspirational Positive Affirmation Notebook.

The Speak Life Journal is a writing journal that includes 100 positive affirmations across the top of each page and includes tips on how to incorporate affirmations into your daily life. It is perfect for writing your daily thoughts, dreams, aspirations, notes, lists or ideas. The journal is available in matte and glossy. This journal is the glossy format.

- 40 Affirmations to help you build new, positive beliefs about yourself and to regain control over your thoughts and emotions. - 40 Beautiful mandala images for you to color in and get creative. - Note pages for you to use as you want to Post Traumatic Stress Disorder is an anxiety disorder caused by a stressful event in which the person often re-lives the event and feels the emotions that came with it. The affirmations in this book have been specially designed to help someone with the disorder to re-build what was lost in their heart and mind in relation to the event. They focus on re-establishing self worth, self love, confidence and trust in themselves and others.

Ruminating over the negative, painful experiences is of no benefit to anyone, so I really hope this book can help create new thinking habits where the sufferer is able to control their thoughts and emotions and gain back control of their life again. Please note: Each book in the series has the same affirmations according to their subject. So if you purchase the PTSD coloring book and the workbook, the affirmations are the same however the content and processes differ.

Audio Version is Now Available with Audible! Exclusive Offer - Today Includes 2 Amazing Bonus Books: The 100 Most Powerful Affirmations for Real Estate Agents & The 100 Most Powerful Affirmations for Money You will not achieve fulfillment and happiness until YOU become the architect of your own reality. Imagine that with a few moments each day, you could begin the powerful transformation toward complete control of your own life and well being through positive affirmation. Because you can. You will be able to release all fear and doubt simply because you know that you can. Utilize this simple, proven technique to regain the lost comforts of joy, love, and fulfillment in your life. You have the ability to unlock your full inner-potential and achieve your ultimate goals. This is the age-old secret of the financial elite, world class scholars, and Olympic champions. For example, when you watch the Olympics, you'll find one consistency in all of the champions. Each one closes their eyes for a moment and clearly affirms & visualizes themselves completing the event flawlessly just before starting. Then they win gold medals and become champions. That's merely one example of how the real power of affirmation can elevate you above any of life's challenges. Life is too short to be exhausted on thousands of everyday anxieties and fears. Sadly, the average person will get to the end of their life and realize that more than half of it was spent struggling with these kind of problems. Because they didn't know what to do, many of these people never found any satisfaction in life. You can and will become bigger than those struggles by enhancing the energy that already exists within you. Your days are held hostage and limited by a cycle of negative thinking and pessimism. This kind of thinking creates a streak of what many choose to call, "bad luck". I have good news for you. There is no such thing as "bad luck". This phenomenon is merely a cycle of negative affirmation that must be broken and mended with a fresh regimen of positive affirmation and vision. By repeating and remembering these affirmations in times of difficulty, we transform our rigid affirmations of defeat and intimidation into warm, confident manifestations of the world as we choose it to be. Get what you want and desire from the world like millions of others around the globe using affirmations. You already possess the power to assert your own perceptions and transform your thoughts and desires into reality. By using positive affirmations daily, you will unlock that natural potential inside of you. If you want to see positive change now, you'll find the quickest path to fulfillment with positive affirmation and visualization. There is no time to spend on loss, negativity, and defeat when you can be achieving tangible, historically proven results with minimum time and effort invested. There is no limit to changes that can be made through the power of creating truth with affirmation... Read This Book To Change Your Life Today!

Also available in Audiobook & Ebook Format

365 Affirmations for a Year of Positive Thinking

Badass Affirmations

Daily Affirmations for Attracting Health, Healing, & Happiness Into Your Life.

Promoting Positive Thinking, a Different Positive Affirmation on Each Page with Two Associated Ideas to Get You Writing. Write Your Way to Thinking Positively

Speak Life Journal

An Inspirational Coloring Book with Empowering Quotes

Daily Affirmations of Gratitude and Happiness

Inspirational Quotes Coloring Book. Feel good about yourself as you use the inspirational quotes coloring book!Inspirational quotes Coloring Book for Girls is a beautifully curated collection of 100 scripture verses.Be inspired to your best potential with this motivational coloring book. Each richly-detailed page of the quotes coloring book features uplifting images along with sayings that will inspire anyone. Our Inspirational Quotes coloring book promises hours of relaxation and stress relief. Radiate good vibes and feel happy while coloring your favorite affirmations.So grab

your colored pencils and start spending some time with the Lord

Smile, say "thank you," and find your inner peace. It's time to start appreciating life more. This affirmation journal is the best way to start. With 100 positive affirmations, it's easy to find inspiration on each page. You'll stop feeling down, be inspired every day, and live a happier life!

Our daily affirmation journal guides you on the journey of self-discovery, personal growth, and inner peace. Fill up pages with positive thoughts to create meaning out of your life. Find your meaning. Find your value. Find your happiness.

HOW TO EMPOWER YOURSELF SO YOU CAN BE CONFIDENT AND HAPPIER, EVEN IF OTHERS LOOK DOWN ON YOU Other people don't have the power to measure your worth – their opinion is not your truth. While you can't control what others think of you and how they treat you, building yourself up from within can

make you more confident in your own skin and unstoppable in pursuing your dreams. As Oprah once said, "If you want your life to be more rewarding, you have to change the way you think." This takes constantly renewing your mind if you want to get stronger and stronger every day. And here's

How to boost your confidence and happiness levels, even if it seems like the most far-fetched possibility – How to overcome the emotional challenges of pregnancy and motherhood And much more. There's so much potential in you... and you're capable of unlocking it only if you choose to take

action. BOOST YOUR CONFIDENCE FROM WITHIN SO YOU CAN LIVE A HAPPIER LIFE DESPITE DISCRIMINATION.

Words are powerful. It shapes and creates our world. It becomes embedded into our subconscious and become a reality eventually. We must therefore be vigilant with our words knowing how it affects our lives. Affirmations are positive declarations we can say over our lives to help us develop

high self-esteem, attract wealth, enjoy our relationships, and achieve success in our lives. '100 Positive Affirmations: 100 Short Positive Affirmations and Positive Thinking Ideas to Help You Make Your Everyday Better.' contains affirmations about: Achieving Dreams Living In The Moment

Relationships Healing Wealth Loving Oneself Self-Confidence Joy and so much more! Get a copy of this book now and change your life with these affirmations!

Affirmations for Happiness

Re-Program Your Subconscious Mind and Consciously Create Your Dream Reality

Includes 100 Affirmations

The Happy Empath's Little Book of Affirmations

The Wit and Wisdom of Wild Women

323 Affirmations that Change Everyday Problems Into Moments of Potential

The Women's Book of Empowerment

40 Affirmations For PTSD

? Inspirational Coloring Book For Adults and Teens ? 50 inspirational positive quotes with beautiful floral and seamless geometric backgrounds to color. Best gift for your loved ones or for yourself. Creates hours of positive affirmations and stress relieving activity. This Book Features: 8.5 x 11 inches 102 Pages 50 Designs of Inspirational Quotes? One-sided coloring page helps to prevent bleed-through Printed on bright white High-quality, Soft and Glossy cover Get it right now and start having FUN!

Affirmations journal for women, A perfect gift for your wife, your mother or your sister, 100 pages 6"x9" Matte Finish cover for an elegant look and feel Allow this journal to be a part of your great success towards your deliberate intents. You can do anything. Are you ready to realize that? Well let's manifest it and start living your BEST LIFE EVER!

A book full of positive affirmations and whimsical illustrations, designed to build confidence and self-esteem in young girls and women. This book is dedicated to my daughter "Naiasha" and many other girls who want to lead, be confident, beautiful, brave and inspire others. Features & Highlights: A creative way to remind girls of how great they are Positive and Empowering 25+ quotes with hand drawn designs for girls to help boost self esteem Perfect Coloring and Activity book for girls to discover an imaginative play Best gift for young girls promises hours of relaxation and stress relief Single-sided pages for easy coloring Positive affirmations helps teens to confidently make smarter decisions, manage expectations better, experience more success, and be happy and healthy in school and beyond.

If you purchase the PTSD coloring book and the workbook, the affirmations are the same however the content and processes differ. Discover Powerful Affirmations & Self-Talk Techniques to Attract Your Life, Even If You Think It's Impossible Now.... Are you ready to reclaim your mind and make it work for you? Whether you realize it or not, you are constantly affirming something... But, if you're like most people, you probably, unconsciously keep affirming what you don't want... It's time to say "no" to all those hidden limiting beliefs and self-sabotage and finally empower your self-talk, re-program your subconscious mind, and become the conscious creator of your reality with positive affirmations. Here's Exactly What You Will Discover Inside: -how affirmations really work (more powerful than you think!) -positive, love-based, high-vibe affirmations to make you feel good and become a magnet for your desires -the 3 most effective, transformative kinds of affirmations you can't miss -proven manifestation techniques to create your own personalized affirmations -the Breathe-Your-Own-Words method to amplify your affirmations and re-program your subconscious mind in a really powerful way -the Master Affirmation that can accelerate your manifestation journey (and really supercharge any manifestation technique you choose to do)

-the Intuition Amplifier Declaration to help you embrace and trust your inner wisdom to make amazing decisions (to reach your goals faster and with more ease) -best affirmations to instantly feel worthy and deserving of manifesting your deepest desires (while releasing self-doubt and limiting beliefs for good) -how to dissolve overwhelm with this one magical affirmation -how not to affirm (affirmation mistakes that most people make, even advanced manifestors, and how to avoid them) -words you must never use in your affirmations (and powerful words you should use instead) -the main reason why affirmations don't work for some people (even though they do the work and repeat them constantly) and what to do to be successful -the 24/7 affirmation on autopilot technique revealed (making affirmations work for you without having to constantly repeat them) -the ONE missing ingredient for a massive awareness shift to transform your life forever -how long should my affirmations be? How many to use? For how long? +more questions answered in detail to help you succeed! (from experienced manifestation practitioners and affirmation experts) -the hidden secrets of controlling your inner state to manifest your desires with joy and ease (most LOA and affirmation gurus miss it!) + over 100 positive affirmations to transform all areas of your life (the best affirmations for personal and professional success, attracting money, abundance, better job, incredible relationships, material things, spiritual experiences + love) – use them daily and watch your life improve! Positive, empowering affirmations created consciously, in alignment with your deepest desires, are like a GPS of your subconscious mind. All you need to do is to program it by giving it your desired destination... Then...let it guide you and enjoy the journey of getting closer to your goals every day! If you want to manifest your goals and dreams while reaching inner peace, then read this book and unleash the power of positive affirmations!

100 Short Positive Affirmations and Positive Thinking Ideas to Help You Make Your Everyday Better

Quotes Inspirational Coloring Book

52 Illustrated Practices for a Peaceful and Open Mind

A Guide to Help You Find Happiness and Joy

100 Best Daily Affirmations

Power Thoughts

Positive Affirmations Coloring Book for Adults

Motivational Inspiring Quotes Coloring Book

This book is guaranteed to lift your spirits and make a noticeable improvement in your life. These wonderful words of wisdom invite each of us to spend less time thinking of any problems we may be facing and more time thinking of the possibilities. They ask us to fill our hearts, minds, and souls with feelings of optimism and hope. In Positive Affirmations & Inspiring Quotes, they speak of embracing what is truly important and letting go of the rest. Sections from this uplifting collection can be read daily as a reminder to count your blessings and make the most of whatever comes your way.

Encouraging your child to think BIG and feel GREAT about life! 2-in-1 Blank lined notebook with positive self-affirmations on top of each page Perfect for daily use and get inspiration both at the same time. This notebook is your kid's new friend to speak to and feel great & inspired again. 8.5 x 11 – 100 pages – click on "look inside" to see interior

100 Affirmations for Black Girls is about connecting to the best possible version of self that you can be. Many of us do not understand the power of speaking positive affirmations daily. These pages speak to us as Black women/girls in order to tap into the things that we want in life, happiness and love. Here, you'll find 10 affirmations for each category – confidence, self-love, anxiety, success, love, abundance, encouragement, wealth, health, and happiness – as well as a 60-page gratitude journal. 100 Affirmations For Black Girls is dedicated to changing the mind, body, and life to all who want to captivate a newly found lifestyle!

Positive Affirmations and Motivational Quotes for a Badass "No matter how you use it, there can be benefits for you and your daily life." "Nerdy Girl Express #1 Best Seller in Popular Culture, Quotations, Women's Studies, Love & Marriage Humor, Self-Esteem, LGBT, and Trivia Badass Affirmations is full of positive affirmations, profiles of powerful real-life heroines, and inspirational quotes for women. Packed with just the right amount of sass, this book is the perfect women empowerment gift for you and all your fabulous BFFs. Even a badass needs positive affirmations. No one leaps out of bed knowing they're amazing and about to have an incredible day. We find ourselves rushing around, working hard to please others and often we find ourselves making everyone happy but our own damn selves. Badass Affirmations is here to stop the negativity with positive quotes and affirmations from powerful women. Discover strong women quotes and encouraging self-affirmations. In Badass Affirmations, positive living and affirmation queen Becca Anderson reminds you that you are pretty darn great. Inside this motivational quotes and affirmations book, you'll be fired up by inspirational quotes for women, by women. Alongside these women empowerment quotes, you'll gain new knowledge of the badass ladies who have left their mark on the world with a mix of short bios and longer profiles. And when you're done learning from other fierce females, you can work on affirming yourself with uplifting journal prompts. Read Badass Affirmations and: • Learn the habit of affirming yourself daily • Empower yourself and strengthen your self-esteem • Be encouraged by words of wit and wisdom Readers of affirmations books and positive quote books for women like Let That Sh*t Go, A Year of Positive Thinking, or Beautifully Said will love the inspirational quotes for women in Badass Affirmations.

Revire Your Brain

100 Positive Affirmations

Daily Affirmations for Women

An Adult Coloring Book with 100 Stress Relieving Bible Quotes Coloring Book with Love and Romance Inspiring and Positive Affirmations

Change Your Mind and Habits for a Better Life Without Anxiety. Neuroscience and EFT Tapping + 100 Positive Affirmations to Increase Productivity, Wealth, Health and Weight Loss

50 Motivational Quotes For Good Vibes, Positive Affirmations and Stress Relaxation

Do the Work

Stop Selling and Grow Your Business

Do you want to feel less anxious and more positive? Do you want to change the unhealthy habits that are destroying you? Do you want to get rid of the fears and feelings of guilt that you feel inside you? Sometimes we need to meet so many expectations, obligations, and duties that we end up crumbling under them, failing to meet any. Neuroscience and technical EFT Tapping can help you a lot an without any concerning side effects. So... keep reading. To improve your life, you need to understand the simple techniques to help you reprogram the brain easily. Neuroplasticity is a process that occurs inside the human brain, that allow new brain cells to grow from new experiences. Neuroplasticity allow you self to transform you into a better or worse person based on what you want. Then there is EFT tapping (Emotionally Focused Therapy) that is a treatment for physical pain and emotional distress and will help you to rewire your mind with easy methods and restore balance to your body's energy. This book shows you how you can rewire parts of the brain to feel more positive about your life, remain calm during stressful times, and improve your social relationships. It Reveals how cutting-edge developments in neuroscience and evidence-based practices can be used to improve your everyday life. The book clears a path to lasting and effective change for behaviors that include: - Procrastination, - Overeating, - Staying in bad situations, - Overthinking And you will learn: - To literally "rewire" the brain processes that lie at the root of your fears, getting rid from chronic pain, phobias and addictions. - Using the EFT techniques to release unproductive memories, emotions, and beliefs which cause the blockages. - Science-proven exercises that will help recognize the worry mongering thoughts and let go of them. - The relationship between your beliefs and your actions. - How to change your emotions and create better habits with little effort every day. - Mindfulness in relationship to Emotional Intelligence. - Sim

Exercises and Healthy Advice. - 100 Affirmations and how to use them every day in order to empower yourself This book is a user-friendly manual with self-help techniques that can be read for any person of any age. You find the road map to overcoming whatever self-destructive habits are plaguing you and it will offer easy-to-read with practical steps. By learning valuable skills and habits including mindfulness, self-control and EFT, you can open yourselves to vastly more successful, productive, and happy life. Remember: we are not victims of our biology. You have to change the programming in the subconscious. Install new, healthy habits into your daily life. Scroll up and click the "BUY NOW" button!

Welcome to a little book that could change your life! When I was in my teens, I suffered from a lack of confidence and self-worth. Like many people, I believed my negative thoughts and feelings were simply who I was. They were coming from my mind. I felt them in my body. They must be real. And that's exactly how most people live their life on autopilot, letting their thoughts and emotions run wild, then hanging on for dear life as they try to cope. Can you relate? But you don't have to live that way. Your thoughts are not an accurate reflection of who you truly are. You can take control of the conversations going on in your own head. And affirmations are the perfect tool to do that. Using the power of positive self-talk, you will no longer be a victim of negative thinking. You will be in the driver's seat of your mind - and your life! So, get ready to live a happier, more fulfilling life!

100 Best Daily Affirmations for you to read everyday to stay in a positive mindset. It is encouragement for yourself to say to yourself or even out loud. Sometimes we do not always get what we need from other people, but It is a easy way for you to get it from yourself and remind you of your worth and the little things to appreciate in

Positive Affirmations – Empowering Daily Affirmations to Easily Attract Health, Healing, and Happiness Into Your Life. Discover what positive affirmations are all about, why they are so powerful at affecting change, and how to integrate them effortlessly into your daily life. Do you consciously control your thoughts to focus on positive outcomes, or allow your subconscious mind to let negative or unhelpful thoughts take over? Fortunately, positive affirmations can be used to transform our lives in exceptional ways. Throughout the book you'll learn how to use affirmations to permanently alter the way you think, to move away from damaging self-beliefs, and to actively pu

the life you really want. Inside the book you'll discover: What affirmations really are• Why they are so powerful • How to use them productively • Simple techniques to radically alter your subconscious thoughts• Easy methods to replace negative thoughts• Empowering tips to ensure your personal affirmations really work• Positive affirmati

examples• Step by step actions to immediately attract health, healing and happinessPositive affirmation statements can help remove mental barriers, replace negative self-talk, and develop empowering daily habits. Our aim is to provide you with ideas, inspiration, and encouragement to craft your own uplifting affirmation statements, which will repeatedly deliver the rewards you desire.Follow the techniques, methods and tips in this book, and you'll be empowered to: • Stop negative thoughts or self-doubt holding you back• Start focusing on positive change • Control your subconscious thoughts with empowering affirmations• Feel happier, healthier, and full of positive

energyThrough the use of positive affirmations you can consistently improve your health, heal your body and mind, and move toward daily happiness.Jump in and discover how you can influence your thoughts, attract great things into your life, and step closer to your ideal future.

Kids Journal Notebook with Positive Self Affirmation Quotes for Daily Inspiration

Mindful Mantras for Daily Self-Care

Affirmation – the 100 Most Powerful Affirmations for Sales - 2 Amazing Affirmative Bonus Books Included for Real Estate Agents and Money

Positive Affirmations for Black Women

Condition Your Mind to Perform Your Best. Land New Deals and Earn

A Year of Powerful Daily Inspirational Thoughts for Creating Change in Your Life and Attracting Health, Wealth, Love, Happiness, Confidence and Self-esteem.

An Adult Coloring Book with 100 Motivational & Inspirational Quotes Coloring Book with Love and Romance Inspiring and Positive Affirmations

Affirmations Demystified

Repeating affirmations is simple - but an effective affirmation involves much more than the words you speak! That's why Positive Affirmations Journal is not your typical interactive workbook. It includes 50 positive affirmations with TWO different writing prompts for each one. Yes, two, and it's designed this way for good reason. These 100 unique writing prompts help you dig deep by approaching your thoughts from more than one perspective. Instead of only scratching the surface, you'll take a close look at what's really going on in your head. What hidden negative thoughts are holding you back? Are you truly open to new possibilities, or are you letting your mind run on autopilot? Are you pursuing your passions or living by default? Do you have a clear picture of exactly what you want, or only a vague notion? This book takes you on a quest to find answers to those questions and more. The affirmations cover a broad range of topics, and the engaging prompts make your journey interesting and fun. From serious self-reflection to letting your imagination run wild, you will be encouraged and inspired to rethink your positive thinking. Most importantly, you'll explore the connections between your thoughts and the emotions behind them. Creative journaling is an excellent way to raise your self-awareness, and these 100 writing ideas provide keys to transforming meaningless statements into powerful, positive affirmations.

Bring happiness into your life with these 200 inspiring, smile-inducing, positive affirmations that will brighten your day and help you embrace joy from within. Affirmations are a powerful tool to bring joy into your life. Both inspiring and mood-boosting, these positive phrases are the perfect way to cheer you up and help you live a more positive lifestyle. Infuse your day with happiness by using these encouraging affirmations to help you find something to smile about anytime of the day. You can find the message that's perfectly suited for you from this appealing collection of 200 short, simple, and easy-to-remember phrases. From acknowledging the good around you to cherishing simple pleasures, these quick affirmations will lift your spirits and put a smile on your face regardless of what you might be going through.

Resolve - 100 Affirmations is a book written with original quotes by Anthony T. Davis. Become the greatest version of yourself with self-motivating, self-empowering and insight into unlocking your greatest potential. Sweep away the negativity that you are facing in life with the power of positivity and personal development. Develop an I can and I will attitude through reciting affirmations aloud. Are you living the life of your dreams? Do you feel that something is missing? Do you have a desire to change? Resolve - 100 Affirmations will give you guidance into healthier relationships, finances, lifestyle choices and leadership qualities that you did not know you were missing. Enjoy 100 Affirmations and use this book in your daily life to reflect on who you are becoming as a person. You are great. You are powerful and you are capable of living your best life unique to who you are. Embrace the positivity and open 100 Affirmations whenever you need it as a well needed boost in your day.

100 Positive Affirmations100 Short Positive Affirmations and Positive Thinking Ideas to Help You Make Your Everyday BetterCreatesSpace

100 Affirmations for Black Girls Affirmations Positive Mental Attitude Brown

The Power of Affirmations and Positive Self-Talk

Positive Daily Affirmations Journal

100 Journal Writing Prompts to Explore Your Thoughts, Focus on the Positive, and Visualize the Life You Really Want

Motivational and Inspirational Journal,Perfect Gift for Your Wife,your Mother Or Your Sister, 100 Pages

The Coloring Book: Positive Motivational Texts With 40 Beautiful Mandala Designs For Post Traumatic Stress Disorder - Suitable For Adults, Teens and Children - Re-Build Self Love, and Trusting In Others - Mindful Creativity

An Inspirational Coloring Book for Girls

100 Motivational & Inspirational Quotes Coloring Book with Love and Romance Inspiring and Positive Affirmations

Are you ready to make some BIG changes in your life? Let's set some goals together and begin using Daily Positive Affirmations to manifest them and make some changes in your life starting today! Do you wake up every morning excited and ready to take on the day? If you're like me this is not always as easy as it sounds. Positive affirmations are like snow tires in the blizzard of life. So whether you're feeling trapped and unproductive in your current situation or you are ready to take your life to the next level of success and fulfillment, these affirmations are for you! My name is Nicole Lockhart and I have been studying affirmations, change, success and attraction for over 25 years. 365 Days of Positive Affirmations is a collection of the most powerful affirmations I have come across over 25 years. Each affirmation has a description to better help you understand that thought and really drive it home so it can take hold of your mind and work. Get ready for 365 days of wisdom and secrets that I have collected to quickly and efficiently get you what you want out of life. In 365 Days of Positive Affirmations you will learn: Why affirmations work How to use affirmations How to set some BIG goals for your future and how to make a plan to achieve them How to set some daily goals for your present happiness Daily affirmations for wealth, health, success, confidence, independence, self-esteem Additional access to download my BONUS book "Creating a Vision Board," and so much more! You will literally be transformed after finishing this book. The world has changed a lot in recent years. Maybe you need to adapt, or maybe your old life just isn't aligning with your future goals. Maybe you are ready to just go for it and finally achieve your dreams. Are you feeling trapped by your present circumstances? There is no time to waste, let's get started setting some goals and reprogramming your mind to achieve them quickly and easily. 365 Days of Positive Affirmations is power packed with affirmations that will get you started on the path to your goals. Don't wait, click the "Add to Cart" button to get started today and create the future that you have been dreaming about!

This beautiful little volume combines 52 accessible and open-hearted affirmations from the beloved Tibetan Buddhist teacher Ani Trime with illustrated interpretations from a wide range of popular contemporary artists.

Protect yourself against negative energy, soothe anxious thoughts, and empower your inner empath with this book of thoughtful quotes, positive sayings, and inspiring affirmations. Taking on the emotions of others in addition to your own can be a challenge. Surviving and thriving as an empath requires reflection, meditation, and daily self-care. With The Happy Empath's Little Book of Affirmations, now you can take a little piece of positivity with you wherever you go. Written by a fellow empath and intuitive healer, author Stephanie Jameson offers short, simple mantras you can use in any situation to reset and refocus your mindset, including messages like: - It all starts with my heart. - My intuition is for trusting, not rationalizing. - I am strong, I am capable, I am worthy. - I have always felt different, because I am. - I honor my blueprint within. Make every day as an empath a positive, inspiring experience! Each time you feel stuck, open this book and ask yourself the question : What are the things I keep saying I'm going to do, but for whatever reason never end up doing?? Write down the answer, visualize yourself doing it and then take action. Document your journey to greatness with this motivational journal, make sure to grab a copy and start making an impact on your life ! Features - Unique design - 6" x 9" | 100 Pages - Blank lined paper with motivational quotes and affirmations at the top. - Portable size for school, home or work. - Can be used as a diary, journal or a notebook. - High-quality white paper. - Professionally designed thick cover. - Perfect for gel, pen, ink, marker or pencils.

A Motivational Adult Coloring Book with 100 Motivational & Inspirational Quotes Coloring Book with Love and Romance Inspiring and Positive Affirmations (Adults Coloring Book)

Start Your Day With Katie

Positive Affirmation Notebook with Writing Prompts

Ani Trime's Little Book of Affirmations

Inspirational Affirmation Journal for Daily Journal Writing

Joy: 100 Affirmations for Happiness

Affirmation Book

Resolve

Feeling your best is made easy and simple with Joy: 100 Affirmations for Happiness, your new ritual filled with positive affirmations and guided prompts to help you achieve personal growth.

What you think about, you bring about! Positive affirmations are instrumental to challenge any distorted and negative thinking. Whilst concentrating on coloring these fun & positive images, it is likely that any negative thoughts and images will be replaced with pleasant ones. Additionally, it is likely that your stress and anxiety levels will be lowered. This 100% unique and inspiring coloring book for adults contains 30 coloring pages. Each page has a positive affirmation quote and background image for you to color. This coloring book features: 1) 60 pages. 2) A premium matte cover. 3) Flexible paperback design. 4) Conveniently sized at 8.5 inches x 11 inches. Challenge any negative thoughts by replacing them with positive ones - scroll to the top of the page and click the Add to Cart button.

"This little book is filled with positive affirmations. Every thought you think and every word you speak is an affirmation. So why not choose to use only positive affirmations to create a new way of thinking, acting, and feeling?"By reading these affirmations/one a day, several at a time, or just by opening the book at random/you're taking the first step toward building a more rewarding life!I know you can do it!" © Louise L. Hay

The Servng Mindset

100 Affirmations for Positive Life Manifestations

200 Positive Affirmations for a Joyful Mindset Every Day

I AM Positive Affirmations Journal for Women

Positive Affirmations Journal

The Powerful Book of I Am Affirmations

Positive Affirmations

Motivation Quotes Coloring Book