

A Survival To The Misinformation Age Scientific Habits Of Mind

A chilling exposé of the international effort to minimize the health and environmental consequences of nuclear radiation in the wake of Chernobyl. Dear Comrades! Since the accident at the Chernobyl power plant, there has been a detailed analysis of the radioactivity of the food and territory of your population point. The results show that living and working in your village will cause no harm to adults or children. So began a pamphlet issued by the Ukrainian Ministry of Health—which, despite its optimistic beginnings, went on to warn its readers against consuming local milk, berries, or mushrooms, or going into the surrounding forest. This was only one of many misleading bureaucratic manuals that, with apparent good intentions, seriously underestimated the far-reaching consequences of the Chernobyl nuclear catastrophe. After 1991, international organizations from the Red Cross to Greenpeace sought to help the victims, yet found themselves stymied by post-Soviet political circumstances they did not understand. International diplomats and scientists allied to the nuclear industry evaded or denied the fact of a wide-scale public health disaster caused by radiation exposure. Efforts to spin the story about Chernobyl were largely successful; the official death toll ranges between thirty-one and fifty-four people. In reality, radiation exposure from the disaster caused between 35,000 and 150,000 deaths in Ukraine alone. No major international study tallied the damage, leaving Japanese leaders to repeat many of the same mistakes after the Fukushima nuclear disaster in 2011. Drawing on a decade of archival research and on-the-ground interviews in Ukraine, Russia, and Belarus, Kate Brown unveils the full breadth of the devastation and the whitewash that followed. Her findings make clear the irreversible impact of man-made radioactivity on every living thing; and hauntingly, they force us to confront the untold legacy of decades of weapons-testing and other nuclear incidents, and the fact that we are emerging into a future for which the survival manual has yet to be written. College. . . Will your classes be as fun and exciting as they sound in the course catalog? Or will you find that you need to take advantage of your professors' office hours in order to keep up? Will ramen become your only meal? Will you get along with your roommate? From handling studying and dorm life to parties and campus safety, this guide gives you straight answers to help you survive college life. Experts Susan Fitzgerald and J. Lee Peters show you how to: Ace your papers and exams Deal with loud, rude, or eccentric roommates Prepare for financial shock--and manage student loans Plan an incredible study abroad experience Take care of yourself and keep your sanity You will also find tips for packing for the big move, managing your money, making new friends, and balancing academics and your social life. With The Everything College Survival Book, 3rd Edition, you'll arrive on campus less stressed, ready for fun--and poised for success!

TIME For Kids The Book of How: All About Survival presents kids 8-12 years old with answers to the kinds of intriguing questions that appeal to their sense of curiosity. Colorful graphics, spectacular photos and clear, engaging diagrams will help answer questions such as: How do you stay safe in a hurricane? How do you stay safe in a fire? How does a search dog find a missing person? And many more. *TIME For Kids* goes beyond just answering the question, and engages kids with hands-on activities at the end of each chapter that bring life to a topic or idea they just read about. *The Book of How: All About Survival* is a must-have book to satisfy the most curious of kids.

Description

How City Dwellers Can Live Well, and Frugally, Even in Dire Times

Expert Advice for Extreme Situations

Blunt Talk about Art as Intellectual Property

Survival Tails: The Titanic

The Popular Mechanics Essential Survival Guide

The Book of Stress Survival

The Young Lawyer's Jungle Book

Practical Guidelines to Resourceful City Living, Self-reliance, Emergency Preparedness, and Getting More for Less A survival guidebook that reflects the world in which we now find ourselves. The post 9/11 world seems a bit more hostile, as terrorist threats and attacks are no longer a surprise. The Great Tsunami of Christmas 2004 showed us that quick extinctions (like Noah’s flood) can and do happen without apparent warning. Hurricanes Katrina and Sandy not only told us that it can happen to us, but that it is foolhardy to make no preparations and pretend that the government will take care of you in the post-disaster landscape. The price of gold id rising again. War, rumors of war, famines, political instability, economic instability, global pandemics – all these and more are causes of concern to the average family. Economic survival is also addresses, since this is such a fundamental building block of everything else in modern society. Money cannot be ignored.

Travel safely through extreme environments Find water, dress for the environment, create a campsite, signal, and navigate in the desert Series author Greg Davenport has appeared on ABC’s Primetime Thursday and CBS’s 48 Hours The techniques and equipment necessary for surviving in the desert are made more challenging by the intense sunlight, wide temperature range, sparse vegetation, and sandstorms, but Greg Davenport shares how to deal with the toughest conditions. Learn how to avoid insects and snakes. Photos and drawings illustrate gear and techniques necessary for survival in the rough and dangerous terrain.

Make the most of your next road trip with these essential tips and tricks for planning the ultimate epic adventure. During COVID-19, we’ve all had to find different ways to travel. From the disruptions of airlines to the possibility of many travel restrictions at your destination, the car has become a more attractive (and safer) option. One part Bushcraft 101 and one part vacation planning workbook, The Road Trip Survival Guide provides guidance for new road trippers as well as essential tips and tricks for even the most experienced roadsters including: -How to organize your car for trips -Packing lists for different types of vacations, from city breaks to outdoor adventures -How to develop the perfect road trip itinerary that will suit the whole family -Recipes and recommendations for the best car snacks (easy access and less mess!) -Tips and tricks for making your trip more eco-friendly -How to reroute a road trip gone wrong -And more! The Road Trip Survival Guide is a must-have for anyone planning a vacation. Perfectly designed to fit in a glove box or back-seat pocket, you can now stop dreaming, hit the open road, and start experiencing the perfect road trip.

Examines the causes and effects of stress, covering everything from personal relationships to work, time management, and diet, offers advice on stressful situations--including air travel and changing jobs

Essays

All About Survival (TIME For Kids Book of HOW)

Survival of the Friendliest

A Field Guide to the Art of Wilderness Survival

The Book All Survivalist and Preppers Need

The Book of No Worries

All you need to get the most out of college life

Pets face danger on the Titanic in the first thrilling installment of the Survival Tails, perfect for readers of the I Survived and Ranger in Time series! When loyal dog Mutt discovers that his owner and best friend Alice is set to board the RMS Titanic without him, he is determined to follow her across the ocean. With the help of King Leon the rat, Mutt sneaks aboard, but it isn’t long before the Captain’s cat, Clara, discovers the stowaway. Reluctantly, Clara agrees to help Mutt find Alice, on the condition that he help her look after a trio of abandoned kittens she found in a lifeboat. But when the unthinkable happens and the so-called unsinkable ship hits an iceberg, Mutt and his new friends have to race against the clock to reunite with their humans--and to survive. Survival Tails: The Titanic is the first in a series of heart-stopping, action-packed, animal-starring adventure stories that will captivate and educate young readers.

If readers are caught in a calamity, the advice given in "The Book of Survival" can save their life. Forewarned is forearmed, and this book equips readers with the knowledge necessary to fend off a stick-up artist, work out of ropes that bind, start a fire with a camera and much more. 100 b/w photos.

Life in the wild teaches us invaluable lessons. Extreme situations force us to seize opportunities, face up to dangers and rely on our instincts. But living a purpose-driven, impactful life can be an even greater challenge... In A Survival Guide for Life, Bear Grylls shares the hard-earned lessons heâe(tm)s learned from some of the harshest environments on earth. How do you keep going when all the odds are stacked against you? How can you inspire a team to follow you in spite of obvious danger? What are the most important skills to learn if you really want to achieve your maximum potential? Bearâe(tm)s instantly inspiring tales from his adventures in all four corners of the globe include his personal life lessons you will never forget. Weâe(tm)re all capable of living life more boldly and of having more fun along the way. Hereâe(tm)s to your own great adventure!

An indispensable survival guide to some of life’s toughest situations, from New York Times bestselling author Bear Grylls. The world-famous survival expert and reality television star teaches you how to make everyday an unforgettable adventure Life in the outdoors teaches us invaluable lessons. Encountering the wild forces us to plan and execute goals, face danger, push our “limits,” and sharpen our instincts. But our most important adventures don’t always happen in nature’s extremes. Living a purpose-driven, meaningful life can often be an even greater challenge. . . . In A Survival Guide for Life, Bear Grylls, globally renowned adventurer and television host, shares the hard-earned wisdom he’s gained in the harshest environments on earth, from the summit of Mt. Everest to the boot camps of the British Special Forces. Filled with exclusive, never-before-told tales from Bear’s globe-trekking expeditions, A Survival Guide for Life teaches every reader—no matter your age or experience—that we’re all capable of living life more boldly, of achieving our most daring dreams, and of having more fun along the way. Here’s to your own great adventure!

The Road Trip Survival Guide

The Ultimate Book of Survival Gear

Bushcraft 101

Tips and Tricks for Planning Routes, Packing Up, and Preparing for Any Unexpected Encounter Along the Way

Survival Guide

Survival English

The Book of Survival

A guide to aid and insure survival after emergency aircraft landings regardless of geographic location.

"Adapted from Ambush, originally published in the United Kingdom by Puffin Books in 2015."--Title page verso.

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Survival Guide How to Live without Electricity Welcome to the Survival Guide: How to Live without Electricity and Get Out of A Disaster, a D.I.Y. book designed to show you alternative energy sources that are not based on the electrical grid that you can use during any situation to receive any level of electricity. More and more, individuals are trying to get off the electrical grid anyway they can to either avoid paying a high bill, become more self-sufficient, or replace the need for any type of utility company influence in their life so that they have control over their utilities. In this book, we will go over useful and pointless alternative energies, showing you most of the nitty and gritty mathematics needed to determine what energy sources are viable for you. First, we will go over an energy source that can be used in any emergency situation that is cheap and affordable; Electrical Food. In this section, we will cover: What foods work Which foods are better How they work We'll go ahead and cover solar energy, but in a unique way; we'll tell you how to transform solar energy into Hydrogen Fuel. Then we'll go over Pointless Energy to help clear your way through the scams of the internet, giving you solid explanations backed by science or mathematics as to why you shouldn't trust those sources for reliable energy. Then the remainder of the book will be about other energy forms, such as Water Wheels Steam Engines Portable Wind Turbines These methods will show you pictures and instructions on either how to make your own or why you should buy your own. This is just a descriptive overview to help beginners live off of the grid. Download your E book "Survival Guide: How to Live without Electricity" by scrolling up and clicking "Buy Now with 1-Click" button!

Survival Guide: The Book All Survivalist and Preppers Need (3 in 1)

Survival Games Personalities Play

Strategies and Stories from the Transformative Justice Movement

Survival Mom

Camping & Survival

The Rules of Survival

What You Need to Survive When You’re on Your Own

The Ultimate Outdoors Book

If a picture is worth a thousand words, then it’s a good bet that at least half of those words relate to the picture’s copyright status. Art historians, artists, and anyone who wants to use the images of others will find themselves awash in byzantine legal terms, constantly evolving copyright law, varying interpretations by museums and estates, and despair over the complexity of the whole situation. Here, on a white—not a high—horse, Susan Bielstein offers her decades of experience as an editor working with illustrated books. In doing so, she unsnarls the threads of permissions that have ensnared scholars, critics, and artists for years. Organized as a series of “takes” that range from short sidebars to extended discussions, Permissions, A Survival Guide explores intellectual property law as it pertains to visual imagery. How can you determine whether an artwork is copyrighted? How do you procure a high-quality reproduction of an image? What does “fair use” really mean? Is it ever legitimate to use the work of an artist without permission? Bielstein discusses the many uncertainties that plague writers who work with images in this highly visual age, and she does so based on her years navigating precisely these issues. As an editor who has hired a photographer to shoot an incredibly obscure work in the Italian mountains (a plan that backfired hilariously), who has tried to reason with artists’ estates in languages she doesn’t speak, and who has spent her time in the archival trenches, she offers a snappy and humane guide to this difficult terrain. Filled with anecdotes, asides, and real courage, Permissions, A Survival Guide is a unique handbook that anyone working in the visual arts will find invaluable, if not indispensable.

This monograph contains many ideas on the analysis of survival data to present a comprehensive account of the field. The value of survival analysis is not confined to medical statistics, where the benefit of the analysis of data on such factors as life expectancy and duration of periods of freedom from symptoms of a disease as related to a treatment applied individual histories and so on, is obvious. The techniques also find important applications in industrial life testing and a range of subjects from physics to econometrics. In the eleven chapters of the book the methods and applications of are discussed and illustrated by examples.

This National Book Award Finalist is a thought-provoking exploration of emotional abuse, self-reliance and the nature of evil. A heart-wrenching portrait of family crisis, this is perfect for fans of Laurie Halse Anderson’s *Speak* and Jay Asher’s *Thirteen Reasons Why*. For Matt and his sisters, life with their cruel, physically abusive mother is a day-to-day struggle for survival. But then Matt witnesses a man named Murdoch coming to a child’s rescue in a convenience store; and for the first time, he feels a glimmer of hope. Then, amazingly, Murdoch begins dating Matt’s mother. Life is suddenly almost good. But the relief lasts only a short time. When Murdoch inevitable breaks up with their mother, Matt knows that he’ll need to take some action. Can he call upon Murdoch to be his hero? Or will Matt have to take measures into his own hands? A gripping, powerful novel that will stay with you long after you’ve read it. Nancy Werlin, the New York Times Bestselling author of *Impossible*, shows why she is a master of her genre. “[A] dark but hopeful tale, with pacing and suspense guaranteed to leave readers breathlessly turning the pages.”—Booklist (starred review) “Beautifully framed as a letter from Matthew to his younger sister, the suspense is paced to keep Matthew’s survival and personal revelations chock-full of dramatic tension. Bring tissues.”—Kirkus (starred review) “Grace and insight.”—School Library Journal (starred review) National Book Award Finalist LA Times Book Prize Finalist ALA Best Books of the Year ALA Quick Pick

When the Sh*t Hits the Fan and The End of The World As We Know It Has Arrived, Who Will Survive and Who Will Perish? Chances are that those people who seriously prepare ahead of time, who have contingency survival plans, will have a definite edge over most other people. Part of those contingency plans involve having the right gear to help you make it. In this book, survival expert James C. Jones lists every item of gear you need to have in order to survive and, eventually, thrive. Here you will find detailed descriptions of the following gear: sleeping bags, shovels and saws, stoves, clothing and footwear, advanced medical care equipment, communications and monitoring devices, biological and chemical survival equipment, and much more. Not only is every item examined carefully, but Jones also tells you how to use it, and how to maintain it. You may not take the possible ending of the world seriously, but you need to, as it is a real possibility - and those who survive are those who are prepared.

Last Hope for Survival

Identifying and Reducing the Stress in Your Life

Urban Survival Guide

Survival of the Beautiful

SURVIVAL TO THRIVAL

Permissions, A Survival Guide

Art, Science, and Evolution

Without question, you love your bride-to-be and want to spend the rest of your life with her. Ever since you popped the question, however, she's seemed somewhat different--more anxious, more neurotic, and more fixated on the "little things" like flowers, bridal registry china, and why the bridesmaids hate their dresses. Before you head for the back door, take a deep breath--help is on the way. The Everything Groom Book is here to help you keep your sanity while your fiancé loses hers. Get no-nonsense advice on how to: Handle the emotional roller coaster Choose a wedding location and date Narrow down the guest list Know when to give your opinion--and when to hold back Smooth over disagreements From timing the engagement to enjoying your honey-moon, The Everything Groom Book is your ticket to a hassle-free wedding.

This book helps you acquire and sharpen skills required to safely enjoy the outdoors. You will find details on how to hike/travel, in the summer and winter, "make a camp", choose suitable equipment, and understand your environment. You will learn how to search for food and water, find shelter, "read" the weather, and how to take care of yourself if you are injured (First Aid). Interesting topics as PANNING FOR GOLD, tracking, camouflage, dangerous wild animals, birds, fish, edible plants, poisonous mushrooms, and basic survival techniques are also covered.

This essential guide covers a multitude of worries and anxieties that a young person may face while growing up – from peer pressure to puberty and all the worries in between. This friendly and funny book aims to reassure tweens that their worries and fears are normal and offers practical tips for managing anxiety and stress, such as practicing mindfulness and meditation. Children over 10 often have to deal with a bigger, scarier school, and increased pressure to study and get good grades while making and maintaining friendships. Add to that the non-stop nature of social media and the added pressure that it brings, and it's no surprise anxiety and depression is on the increase. From problems at school to relationship woes, body image issues to troubles at home, all worries are recognised and case studies and questions from 'real-life' anonymous readers offer positive tips and advice to help young people survive angst and stress that can bring them down. Among the other topics covered: Bullying Drugs and alcohol Separation and divorce Sex and sexuality Unrequited love and being dumped Focusing on the emotional wellbeing and mental health of tweens, this survival guide to help young people cope with the worries and anxieties of growing up is full of thoughtful and humorous illustrations and provides sensitive treatment of difficult issues.

Essential survival advice from a former U.S. Army Intelligence Corps Officer and the world's preeminent expert in preparedness. For years, James Wesley, Rawles has lived a self-sufficient lifestyle along with his family on a property surrounded by National Forest. In his earlier bestselling nonfiction book, How to Survive the End of the World as We Know It, Rawles outlined the foundations for survivalist living. Now, he details the tools needed to survive anything from a short-term disruption to a long-term, grid-down scenario. Here, Rawles covers tools for every aspect of self sufficient living, including: • Food preservation and cooking • Welding and blacksmithing • Timber, firewood, and lumber • Firefighting • Archery and less-than-lethal defense tools • And more... Field-tested and comprehensive, Tools for Survival is a must-have reference for anyone who wants to know how to prepare for the worst.

The Dangerous Book for Boys

Unofficial Graphic Novel #1 for Fortnites

A Beginner's Guide to Choosing the Products That Will Keep You Alive

How to Achieve Your Goals, Thrive in Adversity, and Grow in Character

The Worst-Case Scenario Survival Handbook

Surviving the Desert

The Everything Groom Book

Three expert physicians/surfers trained in emergency medicine, sports medicine, and family medicine explain everything you need to know to stay safe in the water. Whether you're a novice or an expert, an SuPER or a bodyboarder, Surf Survival is the only book that every surfer must have in his or her backpack, car, and beach house. This practical handbook explains everything from how to reduce a shoulder dislocation to understanding waves and currents, from how to treat jellyfish stings to how to apply a tourniquet. Whether you are surfing a crowded beach in California or a remote island in Indonesia, be prepared to handle surfing-related emergencies from hypothermia and drowning to wound care and infections. Topics include: • Fitness for surfers • Prevention and rehabilitation of common overuse injuries • Wilderness first aid • Surviving the sun • Surf-travel medicine • Surviving big surf • SUP • Surfer's ear • And much, much more! Written by three expert physician surfers, packed with color photos and illustrations, this is the authoritative medical guide for surfers and watermen.

Five kids, Alex, Li, Paulo, Hex and Amber, are marooned on a desert island where they must face the ultimate test - survival! Killer komodo dragons, sharks and modern day pirates are amongst the dangers they face. Can the five bond as a team - and stay alive?

Four kids face a postapocalyptic journey in the first issue of the graphic novel series inspired by the online videogame sensation Fortnite. When 98% of the world's population disappears in the blink of an eye, four teenage survivors—Cody, Sarah, Idris, and Kiki—each cower in the ruins of their homeland, hunted by ravenous monsters. One by one they discover a hopeful sign of life from afar. It's a Beacon, calling each of them to its source. As their perilous journeys converge, they must learn to work together for the sake of their own survival—and that of humanity itself. They are, after all, humanity's last hope. The first issue of this series is a nonstop adventure across a Husk-infested landscape toward a secret government installation where the four teens must launch a satellite into space before a gigantic maelstrom smashes them to bloody splinters. If it were easy, it wouldn't be Fortnite.

Danger! It lurks at every corner. Volcanoes. Sharks. Cyberbullies. Sinkholes. From wresting an alligator to evading drones to landing a plane if the pilot passes out, The Worst-Case Scenario Survival Handbook is here to help with expert, illustrated, step-by-step instructions for life's sudden turns for the worst. Needed now more than ever, this revised and expanded edition—published on the international bestseller's 20th anniversary—delivers frightening and funny real advice readers need to know fast. With crucial information added from across the Worst-Case series and 20 all-new scenarios for twenty-first century threats (extreme weather, "fake news," dropping a cell phone in the toilet), this action-packed hardcover handbook brings emergency instruction for anxious times.

Tools for Survival

A Survival Guide for Life

English Through Conversations

Analysis of Survival Data

The Everything College Survival Book

Surf Survival

Survival

In this survival guide for the new attorney, in-depth advice on law office life, includes how to work with senior attorneys, legal research, memos, drafting, mistakes, grammar, email, workload, timesheets, reviews, teamwork, deportment, attitude, perspective, working with clients (and dissatisfied clients), working with office staff, using office tools, and, well, not just surviving but thriving in a new career. This book is written for all law graduates, for any law office: a firmà"large, medium, or small"agency, corporation, or the military.

If you are an entrepreneur anywhere on the enterprise startup journey, Survival to Thrival is for you. In the beginning, it is simply about Survival -- how not to die? With luck and hard work, it becomes about Thrival -- how do we win? This first book is about the company journey. Building enterprise startups is different. Products take longer. Go-To-Market strategies are more complex. Common wisdom on product market fit is not enough to unlock growth. There is a missing link that we call Go-To-Market Fit. Then, growth happens, and everything changes. The startup suddenly shifts from Survival mode to Thrival mode. Maddeningly, what used to work no longer works for the company and for the people. Becoming a market leader depends on everyone, including the CEO, unlearning the very things that made them successful. Survival to Thrival is a mind-meld of a three-time entrepreneur, a longtime venture capitalist, and other enterprise entrepreneurs, which demystifies building enterprise startups. Our mission is to help you succeed, to anticipate what is next, and most importantly, to let you know that you are not alone.

'The peacock's tail makes me sick!' said Charles Darwin. That's because the theory of evolution as adaptation can't explain why nature is so beautiful. It took the concept of sexual selection for Darwin to explain that, a process that has more to do with aesthetic taste than adaptive fitness. Survival of the Beautiful is a revolutionary new examination of the interplay of beauty, art, and culture in evolution. Taking inspiration from Darwin's observation that animals have a natural aesthetic sense, philosopher and musician David Rothenberg probes why animals, humans included, have an innate appreciation for beauty - and why nature is, indeed, beautiful.

From the creator of TheSurvivalMom.com comes this first-of-its-kind guidebook for all the "prepper" moms keen to increase their family's level of preparedness for emergencies and crises of all shapes and sizes. Publisher's Weekly calls Lisa Bedford's Survival Mom an "impressively comprehensive manual," saying, "suburban mom Bedford helps readers learn about, prepare for, and respond to all manner of disasters. . . . From 'Instant Survival Tip' sidebars to a list of 'Lessons from the Great Depression'. . . Bedford's matter-of-fact yet supportive tone will keep the willies at bay."

How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios

A Survival Guide

Bodyguard: Survival (Book 6)

How to Live Without Electricity: (Survival Guide, Survival Gear)

Survival of the Thickest

Everyman's Guide to Staying Alive and Handling Emergencies in the City, the Suburbs, and the Wild Lands Beyond

A survival guide for men!

In an emergency, would you know how to purify water, jump-start a car, forage for firewood, or escape a flood or fire? Whatever the threat, Popular Mechanics helps you handle it with lifesaving advice for dangerous situations. Crucial information on how to handle the critical decisions you might face both immediately and in the long term will help you not only survive, but thrive in the aftermath of any disaster.

Transformative justice seeks to solve the problem of violence at the grassroots level, without relying on punishment, incarceration, or policing. Community-based approaches to preventing crime and repairing its damage have existed for centuries. However, in the putative atmosphere of contemporary criminal justice systems, they are often marginalized and operate under the radar. Beyond Survival puts these strategies front and center as real alternatives to today's failed models of confinement and "correction." In this collection, a diverse group of authors focuses on concrete and practical forms of redress and accountability, assessing existing practices and marking paths forward. They use a variety of forms—from toolkits to personal essays—to delve deeply into the "how to" of transformative justice, providing alternatives to calling the police, ways to support people having mental health crises, stories of community-based murder investigations, and much more. At the same time, they document the history of this radical movement, creating space for long-time organizers to reflect on victories, struggles, mistakes, and transformations.

A powerful new theory of human nature suggests that our secret to success as a species is our unique friendliness "Brilliant, eye-opening, and absolutely inspiring—and a riveting read. Hare and Woods have written the perfect book for our time."—Cass R. Sunstein, author of How Change Happens and co-author of Nudge For most of the approximately 300,000 years that Homo sapiens have existed, we have shared the planet with at least four other types of humans. All of these were smart, strong, and inventive. But around 50,000 years ago, Homo sapiens made a cognitive leap that gave us an edge over other species. What happened? Since Charles Darwin wrote about "evolutionary fitness," the idea of fitness has been confused with physical strength, tactical brilliance, and aggression. In fact, what made us evolutionarily fit was a remarkable kind of friendliness, a virtuosic ability to coordinate and communicate with others that allowed us to achieve all the cultural and technical marvels in human history. Advancing what they call the "self-domestication theory," Brian Hare, professor in the department of evolutionary anthropology and the Center for Cognitive Neuroscience at Duke University and his wife, Vanessa Woods, a research scientist and award-winning journalist, shed light on the mysterious leap in human cognition that allowed Homo sapiens to thrive. But this gift for friendliness came at a cost. Just as a mother bear is most dangerous around her cubs, we are at our most dangerous when someone we love is threatened by an "outsider." The threatening outsider is demoted to sub-human, fair game for our worst instincts. Hare's groundbreaking research, developed in close coordination with Richard Wrangham and Michael Tomasello, giants in the field of cognitive evolution, reveals that the same traits that make us the most tolerant species on the planet also make us the cruelest. Survival of the Friendliest offers us a new way to look at our cultural as well as cognitive evolution and sends a clear message: In order to survive and even to flourish, we need to expand our definition of who belongs.

"With advice on not just getting along, but truly reconnecting with the great outdoors, Dave Canterbury's treasure trove of world-renowned wisdom and experience comes to life within these pages." —Bustle A New York Times Bestseller in Sports and Travel! The ultimate resource for experiencing the backcountry! Written by survivalist expert Dave Canterbury, Bushcraft 101 gets you ready for your next backcountry trip with advice on making the most of your time outdoors. Based on the 5Cs of Survivability--cutting tools, covering, combustion devices, containers, and cordages--this valuable guide offers only the most important survival skills to help you craft resources from your surroundings and truly experience the beauty and thrill of the wilderness. Inside, you'll also discover detailed information on: Choosing the right items for your kit. Manufacturing needed tools and supplies. Collecting and cooking food. Protecting yourself from the elements. With Canterbury's guidance, you'll not only prepare yourself for any climate and situation, you'll also learn how to use the art of bushcraft to reconnect with nature in ways you've never imagined.

Beyond Survival

The Surfer's Health Handbook

Manual for Survival: A Chernobyl Guide to the Future

The Original Guide to Staying Alive in the City, the Suburbs, and the Wild Lands Beyond

The Only Book You Need in Any Emergency

The Survival Book

Understanding Our Origins and Rediscovering Our Common Humanity

The bestselling book for every boy from eight to eighty, covering essential boyhood skills such as building tree houses*, learning how to fish, finding true north, and even answering the age old question of what the big deal with girls is. In this digital age there is still a place for knots, skimming stones and stories of incredible courage. This book recaptures Sunday afternoons, stimulates curiosity, and makes for great father-son activities. The brothers Conn and Hal have put together a wonderful collection of all things that make being young or young at heart fun—building go-carts and electromagnets, identifying insects and spiders, and flying the world's best paper airplanes. The completely revised American Edition includes: The Greatest Paper Airplane in the World The Seven Wonders of the Ancient World The Five Knots Every Boy Should Know Stickball Slingshots Fossils Building a Treehouse* Making a Bow and Arrow Fishing (revised with US Fish) Timers and Tripwires Baseball's "Most Valuable Players" Famous Battles-Including Lexington and Concord, The Alamo, and Gettysburg Spies-Codes and Ciphers Making a Go-Cart Navajo Code Talkers' Dictionary Girls Cloud Formations The States of the U.S. Mountains of the U.S. Navigation The Declaration of Independence Skimming Stones Making a Periscope The Ten Commandments Common US Trees Timeline of American History * For more information on building treehouses, visit www.treehouse-books.com and www.stilesdesigns.com or see "Treehouses You Can Actually Build" by David Stiles

Instructive handbook of survival techniques for all types of accidents, emergencies, and dangers.

From the stand-up comedian, actress, and host beloved for her cheeky swagger, unique voice, and unapologetic frankness comes a book of comedic essays for fans of *Is Everyone Hanging Out Without Me* by Mindy Kaling and *We 're Going to Need More Wine* by Gabrielle Union. If you 've watched television or movies in the past year, you 've seen Michelle Buteau. With scene-stealing roles in *Always Be My Maybe*, *First Wives Club*, *Someone Great*, *Russian Doll*, and *Tales of the City*; a reality TV show and breakthrough stand-up specials, including her headlining show *Welcome to Buteaupia* on Netflix, and two podcasts (*Late Night Whenever* and *Adulting*), Michelle 's star is on the rise. You 'd be forgiven for thinking the road to success—or adulthood or financial stability or self-acceptance or marriage or motherhood—has been easy; but you 'd be wrong. Now, in *Survival of the Thickest*, Michelle reflects on growing up Caribbean, Catholic, and thick in New Jersey, going to college in Miami (where everyone smells like pineapple), her many friendship and dating disasters, working as a newsroom editor during 9/11, getting started in standup opening for male strippers, marrying into her husband 's Dutch family, IVF and surrogacy, motherhood, chosen family, and what it feels like to have a full heart, tight jeans, and stardom finally in her grasp.