

Vegan Air Fryer Cookbook: 250 Inspiring Plant Based Recipes For Healthy Living

"Get the Most of Your Instant Pot Duo Crisp Air Fryer with This Must-have Cookbook! " Perfect for first-time users or seasoned home cooks. Includes illustrated "how to" instructions, and 600 of the best recipes written for your Instant Pot Duo Crisp Air Fryer. The Instant Pot Duo Crisp Air Fryer can do much more than you think! Why not take a shortcut so you can take advantage of your Duo Crisp Air Fryer with the ease of a seasoned chef? This guide and cookbook is written with the users in mind, offering "streetwise" tips, tricks and workarounds that most people take months to learn through trial and error. This Cookbook combines illustrated instructions with 600 of our best, most popular toaster oven recipes. It is written to be an independent, compatible companion book useful to anyone who owns a Instant Pot Duo Crisp Air Fryer! This book will teach you: how to get the most out of your Instant Pot Duo Crisp Air Fryer the dos and don'ts when you use your air fryer hot tips, tricks and workarounds used by seasoned air fryer users and chefs how to control the time and temperature so that every meal can turn perfect The 600 delicious recipes featuring: Hearty Breakfast recipes Yummy Poultry and Meat Recipes Tons of Appetizers, Snacks & Soups Vegetarian and Vegan choices The Most-wanted Desserts Delicious Fish and seafood recipes Fast and Easy recipes Rotisserie Recipes Gourmet Specials for holiday treat And much much more! (Scroll up and click on book cover to "LOOK INSIDE" and see full recipe table of contents) Ready to master your Instant Pot Duo Crisp Air Fryer like a seasoned chef? Then hit the "Add to Cart" button now! Tags: instant pot air fryer, instant pot air fryer crisp, instant pot air fryer crisp cookbook, instant pot air fryer crisp recipes, instant pot air fryer crisp recipe book, instant pot air fryer crisp cookbook for beginners, instant pot air fryer crisp book, instant pot duo cookbook, instant pot duo crisp air fryer cookbook. Are you looking for an easy to follow and complete Cookbook for your Breville Smart Air Fryer Oven? Do you wish to be able to cook mouthwatering dishes for you and your family in a faster and healthier way? Then this is the Cookbook for you! Inside this Cookbook you will find: - Essential Instructions and Informations on the Air Fryer and its advantages, so you can be sure to know all the different functions, in order to be able to cook every kind of food you like - How to avoid breaking and damaging your Air Fryer, with a chapter written specifically on how to clean and maintain your Breville Oven - More than 245 amazing and flavorsome Breville Air Fryer Oven recipes, divided in Breakfast Recipes, Lunch & Dinner recipes, Side Dishes, healthy Snacks and Appetizers and even Desserts, so you can impress your loved ones with super tasty and nutritious dishes every meal of the day - A One-Week Air Fryer Menu designed do give you a step-by-step example on how to organize and prepare a menu for the whole week - A Dedicated Chapter on Vegetarian and Vegan Dishes, so you will be able to use your Breville Smart Air Fryer Oven according to

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everybody's food habits - ... & Much More! You just have to choose the recipe, follow the simple instructions on the cookbook, and you will have your awesome dish ready in no time! You are just one step away from creating easy, wonderful and healthy dishes for you and your loved ones. What are you waiting for? Click on "BUY NOW" and start exploring all the different possibilities with your Breville Smart Air Fryer Oven!

Incredible classic comfort food recipes for a vegan lifestyle. Vegan cuisine is exploding in popularity around the world, and now more than ever, people are adopting a plant-based diet or vegan lifestyle. Not only can you thrive eating a healthy plant-based diet, but also you can now enjoy all those familiar comfort food dishes that you have been craving. In *The Classics Veganized*, you will find over 120 drool-worthy dishes that reinvent classic comfort foods with a modern spin. Standout vegan dishes that no one would know are meatless! Start with appetizers, like *Crispy Mushroom Calamari*, *Cheesy Tex-Mex Quesadillas*, and *Boneless Wings*, because really, is there any other way to kick-off a meal? You will find lots of hearty mains like *Hickory Smoked Ribs*, *Chickpea Pot Pie*, *Home-Style Meatloaf*, *White Widow Mac and Cheese*, and *Shepherd's Pie*. Round out dishes with sides and salads like *Buttermilk Onion Rings*, *Creamy Caesar Salad*, and *Twice Baked Vegan Taters*. Weekend brunch is a must with *Buttermilk Blueberry Pancakes*, *Breakfast in Bed Scones*, *Quiche Lorraine*, and *Sunny Side Up Vegan Eggs with Yolks*. Easy-to-make vegan desserts put the finishing touch on any meal. Classic desserts like *Chocolate Fudge Cake with Buttercream Frosting*, *Soft and Chewy Chocolate Chip Cookies*, and *Pineapple Upside Down Cake* are a breeze to throw together with basic ingredients. *The Classics Veganized* also includes recipes to make your own vegan pantry staples and condiments from cheeses and butters to dressings and sauces.

You don't have to compromise your health or your vegan lifestyle to enjoy fried foods! Wondering what your air fryer can do? How about quickly making foods that use less oil than deep frying and thus have less fat than their traditional deep-fried counterparts? With this book, you can go even further by making foods that contain only vegan ingredients. Plus, every recipe has nutritional data to show you how low in calories and fat each meal is. You can make pizza, tacos, and, yes, even cake--all without compromising your eating habits and without needing to submerge your food in unhealthy oil. Not only can this appliance fry foods, but it can also bake, roast, and grill. So if you were hesitant to use your air fryer before, now you can put it to good use by making all your vegan favorites quickly, easily, and healthfully. This cookbook features: 100 vegan recipes with low calories, low fat, and all-natural ingredients Healthier recipes for breakfast, dinner, sides, snacks, and even desserts Detailed nutritional data for every recipe, including calories, fat, carbs, fiber, and sodium

Forget about greasy meals, about fat ingredients! If you decided to become a vegan, you should probably find a healthier way to cook your dishes! Air fryers cook your meals using rapid air technology. This

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means that you can cook, steam, bake everything in such a healthy way! In this cookbook, we collected over 250 vegan recipes for breakfast, lunch, snacks, mains and desserts that you can cook in Air Fryer. Check out some of the recipes you are about to discover: Tomatoes Breakfast Salad Potato Stew Indian Chickpeas Eggplant Stew Cranberry Coconut Quinoa Easy Portobello Mushrooms Cauliflower Crackers Chard Party Spread Easy Cocoa Pudding Sweet Cauliflower Rice ...and more Get your copy today!

Breville Smart Air Fryer Oven Cookbook: 250 Delicious and Mouthwatering Breville Recipes for Smart People Who Want to Have A Better and Healthier Life

The Classics Veganized

Breville Smart Air Fryer Oven Cookbook

The Effortless Elite Gourmet Air Fryer Cookbook

Vegan Air Fryer Cookbook for Beginners

250 Effortless, Quick and Easy Air Fryer Toaster Oven Recipes for Everyone

Affordable, Easy and Delicious Instant Pot Air Fryer Crisp Recipes for Beginners.

175 Best Air Fryer Recipes

★ 30% OFF for BookStores!!! Now at \$ 24.99 instead of \$34.99 ! Last Days★ ★ Enjoy 250 Delicious, Quick & Easy Recipes! ★ Your Customers Will Never Stop to Use this Awesome Cookbook! This cookbook includes... 250 budget friendly recipes: cut expensive and hard to find ingredients. Affordable ingredients: save money cooking budget friendly recipes. Easy to find ingredients: cook ingredients easily food at your local grocery store . Nutritional information: keep track of your daily calories. Servings: cook the right amount of food for your diet. Cooking times: save time in the kitchen. Fun meals: don't miss out on happy cooking Highly rated recipes: enjoy only the most popular hand selected recipes. Holiday Special Recipes: love the best family friendly holiday meals all year round. Along the way, you'll learn to cook 250 of the highest quality super tasty Air Fryer recipes, offering tons of scientifically proven health benefits, such as improving your appetite, cholesterol, blood pressure and reversing diabetes. Rest assured, you, the Air Fryer beginner, will learn how to master your Air Fryer in no time! When you're cooking effortlessly, you brim with confidence and are ready to take on the world! Air fried foods are a healthier alternative to traditionally fried foods. Inside, you'll discover a variety of sweet, savory, salty, crispy and craveable meals and a wonderful selection of traditional, modern and alternative budget friendly recipes to suit any taste. Just some of America's most popular Air Fryer for beginners recipes included in this cookbook are... *Cristy's Pancakes Dunky Doughnuts Poppin' Pop Corn Chicken Southern Fried Chicken Betty's Baked Chicken Chicken Breasts & Spiced Tomatoes Juicy Mexican Pork Chops Beef Tenderloin & Peppercorn Crust Mini Pepper Poppers Bacon-Wrapped Jalapeno Popper Cheesy Bacon*

Bread Low-Carb Pizza Crust Bacon-Wrapped Onion Rings Mozzarella Sticks Beef Jerky Smoked BBQ Toasted Almonds Bacon-Wrapped Brie Mighty Meatballs Crust-less Meaty Pizza French Fries Peanut Butter Cookies Chocolate-Covered Maple Bacon Bacon Cookies Vegan & Vegetarian Recipes Pick up your copy today and start cooking amazing Air Fryer recipes that cater for the diverse needs of you and your family, allowing you, the Air Fryer beginner, to cook super tasty budget friendly Air Fryer recipes and save time, money and stress in the kitchen! Buy it Now and let your customers get addicted to this amazing book

Quick and Easy Instant Vortex Air Fryer Oven Recipes that Anyone Can Cook This Instant Vortex Air Fryer Oven Cookbook contains the following categories: **Tons of Chicken Recipes Even More Meat options Great variety of Breakfast recipes Vegetarian and Vegan choices for some fresh and crispy food experiences Wonderful Appetizers, Snacks & Soups Desserts for Everyone Air Frying, Roasting, Broiling, Baking, Reheating, Dehydrating, and Rotisserie.** The Instant Vortex Air Fryer Oven can do much more than you think! You are just a few clicks away from preparing crunchy and mouth-watering fried foods, to enjoy and have fun cooking! This essential instant vortex air fryer cookbook will increase your cooking desire for a crunchy and crispy experience in no time! Don't wait another second to get this amazing cookbook now. Tags: **instant vortex, instant vortex air fryer cookbook, instant vortex air fryer oven cookbook, instant vortex air fryer oven cookbook for beginners, instant vortex plus air fryer cookbook, instant vortex air fryer cookbook for beginners, instant vortex cookbook, instant vortex recipe book, instant vortex plus air fryer oven cookbook.** The rising star chef, food activist and author of *The Inspired Vegan* remixes foods of the African diaspora to outline creative but comprehensive vegan recipes for such options as **Corn Maque Choux-Stuffed Jamaican Patties, Groundnut Stew and Crispy Teff-Grit Cakes.** 17,500 first printing.

Affordable, Easy and Fresh Chefman Air Fryer Oven Recipes that Anyone Can Cook!!! This cookbook will take your kitchen skills to a whole new level. This tasty collection of healthy recipes will make you proficient in Chefman Air Fryer Oven cooking. This Chefman Air Fryer Oven Cookbook contains the following categories: **Breakfast Recipes Snacks and Appetizers Poultry Recipes Pork Recipes Beef and Lamb Recipes Vegetarian and Vegan Recipes Soups and Stews Fish and Seafood Recipes Desserts ...and more!** Pick up your copy today and start cooking amazing Chefman Air Fryer Toaster Oven recipes that cater for the diverse needs of you and your family, allowing you, the Chefman Air Fryer Toaster Oven beginner, to cook super tasty budget friendly recipes and save time, money and stress in the kitchen! You don't have to sacrifice flavor when trying

to eat healthier and shed a few pounds.

You can combine one of the healthiest lifestyles ever with one of the best kitchen appliances! We are talking about veganism and air frying! Forget about greasy meals, about fat ingredients! If you decided to become a vegan, you should probably find a healthier way to cook your dishes! In this cookbook, we collected over 250 vegan recipes for breakfast, lunch, snacks, mains and desserts that you can cook in Air Fryer. Air fryers cook your meals using rapid air technology. This means that you can cook, steam, bake everything in such a healthy way! Check out some of the recipes you are about to discover: Tomatoes Breakfast Salad Potato Stew Indian Chickpeas Eggplant Stew Cranberry Coconut Quinoa Easy Portobello Mushrooms Cauliflower Crackers Chard Party Spread Easy Cocoa Pudding Sweet Cauliflower Rice ...and more Get your copy today!

BREVILLE SMART AIR FRYER OVEN COOKBOOK

The Healthy 5-Ingredient Air Fryer Cookbook

Air Fryer Cookbook: 250 Everyday Vegan Recipes

The Essential Vegan Instant Pot Cookbook

The Big Book of Hamilton Beach Air Fryer

250 Instant Pot Duo Crisp Air Fryer Cookbook

The Essential Air Fryer Cookbook

The Complete Breville Smart Air Fryer Oven Cookbook for Beginners

Changing to a Vegan Lifestyle is one of the most important decisions you can make to improve your health, boost energy levels, and also prevent chronic diseases. Science shows that eating more healthily helps you to live longer, can also help the environment and reduce the risk of getting sick. Vegan Lifestyle is really popular nowadays, and you might have heard about some of its advantages. In the long run, this diet can help you not only with your health but also your energy and make some changes that can completely change your life. You can easily find the basics of a Vegan Lifestyle in this book, it includes what you should eat, what to avoid, the benefits it has, and some recipes for beginners like you to start this new lifestyle. This book is also beneficial for those people who have wondered about the Vegan Lifestyle but had absolutely no idea where to start. This Vegan Lifestyle cookbook is looking forward to helping people make changes in their life, starting with their diet. Nothing in will ever stop you once you start your weight loss journey. If you want to start a Vegan Lifestyle but don't know exactly where to start, don't worry! This book is just for you. Here you can find everything so you can make this change easy and also enjoy it. Here you can find the answers to your questions, advice and some techniques that you may need. Includes:

**-Breakfast: Very Berry Smoothie, Breakfast Quinoa with Apple Compote-
Salads, Soups and Stews: Kale Salad with Maple-Mustard Dressing, Lotsa
Vegetable Chowder, Lucky Black-Eyed Pea Stew-Pasta and Noodle Dishes:
Mushroom Stroganoff, Stir-Fried Noodles with Spring Vegetables-Stir-
Fried, Grilled and Hashed Vegetables: Grilled Eggplant "Steaks"-Baked
and Stuffed Vegetables: Millet-Stuffed Chard Rolls-The Amazing Bean:
White Beans and Escarole with Parsnips-Great Grains: Polenta Pizza with**

Tomatoes and Basil-Desserts: Apricot Fig Squares, Bursting with Berries Cobbler . . . and much more! This cookbook gives you the opportunity to nourish yourself in a simple, affordable, and delicious way. Start cooking with these plant-based recipes today as making this change could save your life! Welcome to the Vegan Lifestyle. Enjoy!

Quick and Nutritious Meals and Snacks Made in Your Air Fryer! This exciting cookbook is an exploration of all that your air fryer can do for you. The authors have incorporated a myriad of world flavors with a generous selection of vegetarian and vegan options as well as more traditional comfort foods—all utilizing only a handful of ingredients. Recipes like Sriracha Shrimp will appeal to sophisticated palates, but there's also a whole chapter of healthy kid-friendly options! Find recipes such as: Blueberry French Toast Muffins Teriyaki Chicken with Broccoli and Carrots Flatbread Veggie Pizzas Pistachio-Crusted Shrimp with Asian Dipping Sauce Crispy Cajun Sweet Potato Wedges Garlic-Parmesan Chickpeas Chili-Lime Taro Chips Veggie and Chickpea Nuggets Gingered Almond Cookies With the air fryer as your new go-to appliance, you too can discover fresh and easy ways to elevate your meals, whether you're new to cooking or just new to air fryers.

Are you tired of eating the same meal over and over again? Would you like to have a tool that would help you to surprise your family or friends every Saturday afternoon for years ahead? What about a cookbook with a massive variety of recipes for breakfast, lunch, dinner, and more? If you answered "Yes" to at least one of these questions, then keep reading... There is no doubt that you want to keep your meals healthy and tasty at the same time, and you probably already thinking about purchasing an air fryer toaster oven. Before that purchase, you have to make sure that you have a wide variety of recipes that you are going to use it for, and in this book, you are going to find exactly that. From fried chicken stake to mushroom risotto, from appetizers to desserts, this book is going to serve you every meal you can think of. Here is just a short brief of what you are going to get out of it: 250 healthy and delicious recipes Detailed instructions next to each one Direction on how to use air fryer toaster oven to create tastier meals Recipes for Vegetarians and Vegan Over 30 Seafood and Fish recipes Much much more... Even if you have no previous cooking experience, this book will teach how to cook amazing food from the very basics to more advanced meals. So don't wait, scroll up, click on "Buy Now" and begin cooking!

This enticing collection of more than 75 easy, inventive, well-tested vegan recipes for the incredibly popular electric pressure cooker, the Instant Pot, is the go-to source for mouthwatering plant-based weekday meals. The best-selling Instant Pot makes cooking delicious meals a snap! But finding vegan recipes that are both inspiring and trustworthy has proven difficult, until now. The Essential Vegan Instant Pot Cookbook presents a collection of quick and easy vegan recipes that cover each meal of the day, offering tried-and-true dishes with a modern twist, such as Black Bean Tamale Casserole, Root Vegetable Tagine with Couscous, African Peanut Stew, Jerk Tofu Wraps, and more. And best of all, they're all well-tested and authorized by Instant Pot. With beautiful photography and an attractive package, this book is an indulgence for home cooks who live a

plant-based lifestyle as well as healthy eaters looking to incorporate more meatless Mondays into their week.

Vegan air frying just got seriously fun, easy and healthy. If you're serious about eating a healthy, plant-based diet but still have cravings for the crispy crunch of fried foods--this book has good news for you. The Essential Vegan Air Fryer Cookbook serves up the most comprehensive collection of good-for-you vegan recipes that pack deep-fried taste--without all the guilt. From Sweet Miso-Glazed Brussels Sprouts to BBQ Jackfruit Nachos to Cinnamon Crisps, these yummy recipes use the healthiest real food ingredients without ever compromising flavor. But this air fryer cookbook book doesn't just give you healthy recipes--you'll also learn the ins and outs of air frying with expert advice and a handy troubleshooting guide. And yes, you CAN have French fries. The Essential Vegan Air Fryer Cookbook includes: Air frying 101--Learn the benefits of air frying, plus how to choose and use the right model for you with this air fryer cookbook. Good food that's GOOD for you--Forget about fake substitutes. This air fryer cookbook embraces the rich and varied ingredients of the vegan diet so that you never compromise your health for great tasting food. 80 Whole health recipes--Get all the best recipes for breakfasts and breads, sides and snacks, main dishes, desserts, and must-have staples. Ready, set, air fry crave-worthy vegan meals that everyone will fight over with The Essential Vegan Air Fryer Cookbook.

250 Inspiring Plant-Based Recipes for Healthy Living

100 Easy Vegan Recipes for the Southern Flavors of Smoke, Sugar, Spice, and Soul : A Cookbook

251 Fast, Easy And Delicious Air Fryer Recipes. Amaze Your Family With Healthy And Crispy Meals

Air Fryer Cookbook for Beginners 250

A Collection of 250 Air Fryer Recipes to to Manage Your Health with Step by Step Instructions

The Complete Vegan Air Fryer Cookbook

The Vegan Instant Pot Duo Crisp Air Fryer Cookbook

250 Days Easy and Delicious Vegan Friendly Recipes for Smart People to Master Instant Pot Duo Crisp Air Fryer

Do you own a fabulous new Elite Gourmet Air Fryer? Do you need help to find delicious recipes that are suitable for it every day? This healthy Elite Gourmet Air Fryer Cookbook is just what you need! Air frying is one of the healthiest ways to cook and is becoming more and more popular as more people become aware of its benefits for their health and ever more recipes are developed for mealtimes. Whether it is breakfast, lunch or dinner, or even if you just fancy a healthy snack, air frying is quick, easy and nourishing. In the book, you will find: What Is Elite Gourmet Air Fryer? The Working Principle Various Buttons & Functions Tips for usage, Cleaning & Maintenance Matters Need Attention Easy Tasty Recipes For the recipes, you will find categories as follows: Brunches Beef, Pork, & Lamb Fish & Seafood Chicken & Poultry Vegan & Vegetarian Soups, Stews & Broths Beans and Eggs Desserts and Snacks Wait no more!

Download Ebook Vegan Air Fryer Cookbook: 250 Inspiring Plant Based Recipes For Healthy Living

It is a greater win when the meals are healthy and nutritious. And an even greater win when we can sit to eat and enjoy because there's almost no cleaning up to do!!! The Big Book of Hamilton Beach Air Fryer is comprised of a delicious collection of recipes that are suitable for all tastes. Each recipe is simple to make, full of flavor, and offers a healthier alternatives to traditionally fried foods. Throughout the pages of this book, you will discover a variety of sweet, savory, salty, citrusy, and other delicious recipes. These flavorful dishes are hand-picked to ensure you have a hearty collection of the best recipes on hand at all times. As a result, this cookbook is the ultimate companion book to Hamilton Beach Air Fryer In this Hamilton Beach Air Fryer Cookbook, you will find recipes in categories such as: Brunches Beef, Pork, & Lamb Fish & Seafood Chicken & Poultry Vegan & Vegetarian Baking Recipes Roasting Recipes Desserts and Snacks Wait no more! Grab your copy today and change your life style and diet for good!

Cook up vegan meals in no time with your Instant Pot Duo Crisp Air Fryer The Instant Pot Duo Crisp makes it quick and easy to whip up vegan cuisine that only tastes like it took hours to make. This vegan Instant Pot Duo Crips Air Fryer Cookbook erves up the most comprehensive collection of good-for-you vegan recipes that pack deep-fried taste-without all the guilt.. No expensive or hard-to-find ingredients necessary--just everyday basics you can find at your local grocery store or Indian grocer. This Vegan Instant Pot Duo Crisp Air Fryer Cookbook includes: Realistic cooking times--Every recipe includes accurate time estimates that account for every step of the cooking process. A wide range of recipes--Get a true taste with vegan recipes representing dishes across different regions and culinary traditions, from common home-cooked meals to adaptations of restaurant favorites. 250 Days Easy and Delicious Recipes--including breakfast, snack and appetizers, vegetables and sides, soup and deserts, and much more Spice up your Instant Pot Duo Crisp Air Fryer with flavorful, plant-based recipes. Enjoy healthier, delicious versions of all your favorite plant-based foods made with one of the hottest kitchen appliances on the market. Air fryers create the taste and crunch of fried foods without all the oil or grease, and The Complete Vegan Air Fryer Cookbook shows you how to make amazing plant-based treats and meals that save time, promote heart health, and can even help you lose weight! Dishes include hearty Breakfast Tacos, warm Banana Bread, super-satisfying Avocado Fries, crunchy Garlic Herb Pita Chips, delectable Pecan Panko Eggplant, and mouthwatering Amaretto Poached Pears. A helpful introduction offers tips for air frying success, a guide to terms and

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techniques, and a list of must-have ingredients, while handy appendixes include thematic menus, a must-have air fryer buying guide, and conversion charts.

🔗 55% OFF for Bookstores! LAST DAYS! 🔗 Your Customers Never Stop to Use this Awesome Cookbook! Instant Vortex Air Fryer Recipes 2021! Do you like to eat tasty but would you like to eat healthy at the same time? Do you want to surprise and impress your friends, relatives and guests by learning how to prepare tasty, quick and above all healthy meals? Well, this could probably be the right alternative for you! The Air Fryer is a new appliance that is revolutionizing the world of cooking, offering a fast and convenient way to cook everyday meals, with many scientifically proven health benefits for you and your family, helping you to live a healthier and happier lifestyle. In this cookbook, we will guide you step by step through the use of this appliance and you will also learn how to enjoy everyday meals easily and effortlessly using your Air Fryer. Thanks also to the thousands of ideas and delicious recipes that we have decided to share with you, so you can start enjoying yourself in your kitchen. In this book you will learn: - How to make the most of your Air Fryer - How to prepare healthy and delicious recipes to help you get back into shape - How to save time and money by cooking This Air Fryer cookbook contains the following categories: - Recipes for Breakfast - Appetizers and Snacks - Lunch and Dinner Ideas - Recipes for Beef, Pork & Lamb - Recipes of Chicken and Poultry - Fish and Seafood Recipes - Vegan and Vegetarian - Sweets and Cakes As you can see, this cookbook contains lots of delicious, easy-to-prepare and nutrient-rich recipes for every meal of the day, which you can also use in your family's daily meals. This cookbook is suitable for all situations, even for those who are novices or have little time to spend in the kitchen, in fact it contains many recipes easy and quick to learn. Buy it NOW and let your customers get addicted to this amazing book

The Essential Vegetarian Air Fryer Cookbook

250 Mouthwatering Recipes to Make the Most of Your Air Fryer

Air Fryer Toaster Oven Cookbook

The Vegan Cookbook for Beginners

250 Amazingly Crispy, Easy, Healthy, Fast & Fresh Recipes for Your Breville Air Fryer Oven!

Afro-vegan

250 Quick and Flavorful Recipes to Cook Fast & Healthy Meals for You and Your Family (Including Vegetarian and Vegan Options)

250 Quick and Delicious Recipes to Fry, Bake, Grill and Roast with Your Air Fryer

100 vegan recipes that riff on Southern cooking in surprising and delicious ways,

beautifully illustrated with full-color photography. Jenné Claiborne grew up in Atlanta eating classic Soul Food—fluffy biscuits, smoky sausage, Nana's sweet potato pie—but thought she'd have to give all that up when she went vegan. As a chef, she instead spent years tweaking and experimenting to infuse plant-based, life-giving, glow-worthy foods with the flavor and depth that feeds the soul. In *Sweet Potato Soul*, Jenné revives the long tradition of using fresh, local ingredients creatively in dishes like Coconut Collard Salad and Fried Cauliflower Chicken. She improvises new flavors in Peach Date BBQ Jackfruit Sliders and Sweet Potato-Tahini Cookies. She celebrates the plant-based roots of the cuisine in Bootylicious Gumbo and savory-sweet Georgia Watermelon & Peach Salad. And she updates classics with Jalapeño Hush Puppies, and her favorite, Sweet Potato Cinnamon Rolls. Along the way, Jenné explores the narratives surrounding iconic and beloved soul food recipes, as well as their innate nutritional benefits—you've heard that dandelion, mustard, and turnip greens, okra, and black eyed peas are nutrition superstars, but here's how to make them super tasty, too. From decadent pound cakes and ginger-kissed fruit cobblers to smokey collard greens, amazing crabcakes and the most comforting sweet potato pie you'll ever taste, these better-than-the-original takes on crave-worthy dishes are good for your health, heart, and soul.

The Breville Air Fryer Oven is an easy way to cook delicious healthy meals. Rather than cooking the food in oil and hot fat that may affect your health, the machine uses rapid hot air to circulate around and cook meals. This allows the outside of your food to be crispy and also makes sure that the inside layers are cooked through. Breville Air Fryer Oven allows us to cook almost everything and a lot of dishes. We can use the Breville Air Fryer Oven to cook Meat, vegetables, poultry, fruit, fish and a wide variety of desserts. It is possible to prepare your entire meals, starting from appetizers to main courses as well as desserts. Not to mention, Breville Air Fryer Oven also allows home made preserves or even delicious sweets and cakes. Benefits of the Breville Air Fryer Oven: - Healthier, oil-free meals- It eliminates cooking odors through internal air filters- Makes cleaning easier due to lack of oil grease- Air Fryers are able to bake, grill, roast and fry providing more options- A safer method of cooking compared to deep frying with exposed hot oil- Has the ability to set and leave as most models and it includes a digital timer Enjoy

250 Easy Air Fryer Recipes for Quick & Hassle-Free Frying! I bet you crave for simple, no-fuss air fryer recipes! That's why I decided to create the best air fryer cookbook with 250 delicious & easy meals, that you'll ever need to cook in your air fryer! This air fryer cookbook for beginners has plenty of content in the following categories: Lots of Poultry, Beef, and Pork air fryer recipes Quick Snacks and Side Dishes Vegetables and Vegetarian air fryer recipes Great variety of Breakfast & Lunch recipes The Most-Wanted healthy air fryer recipes for Sweets & Desserts This complete Air Fryer recipes cookbook will take care of your scarce cooking time and will show you the easiest & tastiest way towards a whole new life with your ninja air fryer. Get it now and do yourself a big favor! Get the best air fryer recipes and you will love it!

Description Have you heard about air fryers, and do you want to know more about them? Do you already have an are fryer, and are you looking for tasty and healthy recipes to prepare with this appliance to amaze your family and friends? If yes, this is the right book for you! Air fryers allow us to cook almost everything and to prepare an infinite number of dishes. We can use them for cooking fish, poultry,

vegetables, fruit, meat, and a wide variety of desserts. Furthermore, an air fryer also permits to prepare delicious home preserves. An air fryer is safer and easier to use than traditional fryers because this cooking appliance mostly has settings for your preferred temperature and time. All you have to do is to set your preferences. With the unique design that makes an air fryer so compact, you don't have to wait for so long to preheat because it is cut down to just two or three minutes! With this, you don't just save time; you save energy too. Last but not least, using air and only very little oil to cook foods, an air fryer will allow you to prepare healthy crispy dishes without sacrificing taste. In this book, you will find much information on using an air fryer and its benefits, as well as more than 200 mouthwatering easy recipes for all the family. This manual covers: Benefits of the air fryer Air fryer oven tips and tricks and its essential functions Bread, pizza, and pasta Vegetables Desserts Meat and seafood ...And so much more! Ready to amaze your family and friends with delicious healthy meals? Click "Buy Now" and get started!

Who wouldn't want a scrumptious, healthy, all-veggie meal that's ready to eat as soon as you walk in the door? In today's hustle-and-bustle world, it can be difficult to find the time to create meatless dishes that don't take hours to prepare. But with this cookbook, you'll find simple, satisfying recipes for hundreds of meals, including: Spicy Seitan Buffalo Strips Vegan Spinach and Artichoke Dip Citrusy Beets Slow-Roasted Garlic and Tomato Sauce Peanut Butter Cake Complete with an array of vegan options and substitutions, this versatile cookbook has everything you need to create healthy, delicious meals--without spending the day in the kitchen!

Instant Vortex Air Fryer Recipes 2021

Healthy Vegan Air Fryer Cookbook

Air Fryer Cookbook for Beginners

150 Plant-Based Recipes for Your Favorite Foods

70 Easy Recipes to Bake, Fry, or Roast Your Favorite Foods

The Flavor Filled Air Fryer Cookbook [4 Books in 1]

250 Easy and Tasty Vegan Recipes to Fry, Bake, Grill, and Roast with Your Air Fryer

100 Plant-Based Recipes with Fewer Calories and Less Fat

Easy-to-Prepare Air Fryer Recipes for Your Breville Smart

Oven! Enjoy Healthy AirFried meals in just a few knob

twists! Do you want delicious, yet healthy fried foods? Take

pleasure in cooking crunchy favorites shared with your loved

ones! This complete air fryer cookbook, has the following

categories: Tons of Appetizers & Side Dishes Lots of Poultry

and Red Meat recipes Great variety of Vegetarian and Vegan

meals Fish & Seafood choices Tasty Breakfasts & Effortless

Desserts This complete Breville cookbook will become your

cooking guide for easy, crunchy and crispy experience with

your smart air fryer oven!

Fantastic fried taste and texture with less oil -- an air

fryer can brown foods with up to 80 percent less fat.

Vegan Air Fryer Cookbook 250 Foolproof Plant-Based Recipes

Download Ebook Vegan Air Fryer Cookbook: 250 Inspiring Plant Based Recipes For Healthy Living

for Breakfast, Lunch, and Dinner Jennifer William

With the recipes in this book, your vegan lifestyle will be more enjoyable than it already is. From this cookbook, you'll get: What to eat on Vegan Diet? The difference between vegan and vegetarian The benefits of Air Fryer How to choose the best Air Fryer for you? The Recipes are categorized by: Breakfast and Brunch Starter, Snack & Bite Main Dishes Side Dishes Vegetables Salads Desserts Staples Affordable, Easy and Fresh Instant Pot Air Fryer Crisp Recipes that Anyone Can Cook!!! This cookbook will take your kitchen skills to a whole new level. This tasty collection of healthy recipes will make you proficient in Instant Pot air fryer crisp cooking. This Instant Pot Duo Crisp Air Fryer Cookbook contains the following categories: Breakfast Recipes Snacks and Appetizers Soups and Stews Vegetarian and Vegan Recipes Poultry Recipes Pork Recipes Beef and Lamb Recipes Fish and Seafood Recipes Desserts One appliance - infinite possibilities Quick and easy recipes for healthier meals! Enjoy the Taste of Fried and Pressure-Cooked Foods in One Kitchen Appliance. Get a copy of this great Instant Pot Air Fryer Crisp Cookbook for beginners and enjoy your life once and for all. Tags: instant pot air fryer, instant pot air fryer crisp, instant pot air fryer crisp cookbook, instant pot air fryer crisp recipes, instant pot air fryer crisp recipe book, instant pot air fryer crisp cookbook for beginners, instant pot air fryer crisp book, instant pot duo cookbook, instant pot duo crisp air fryer cookbook.

The Cuisinart Air Fryer Oven Cookbook For Beginners

Fresh and Foolproof Plant-Based Recipes for Your Electric Pressure Cooker

Easy Instant Pot Air Fryer Lid Cookbook for Beginners. Quick-to-Make Recipes for Smart People.

Delicious Healthy Recipes With Deep-fried Flavor

250 Delicious Air Fryer Recipes for Your Elite Gourmet Air Fryer

Healthy and Easy Instant Vortex Air Fryer Oven Recipes for Smart People.

250 Quick and Easy Air Fryer Oven Recipes for Healthy Meals

The Vegan Air Fryer

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HELP YOUR CUSTOMERS When you're cooking effortlessly, you brim with confidence and are ready to take on the world! Air fried foods are a healthier alternative to traditionally fried foods, offering tons of scientifically proven health benefits, such as improving your appetite, cholesterol, blood pressure and reversing diabetes. Rest assured, your customer, the Air Fryer beginner, will learn how to master his Air Fryer in no time and stress-free! Your customers will find: [?](#) Why Air Fryer is the best alternative to traditionally fried foods [?](#) Tens of low-carb Keto Air Fryer Recipes [?](#) Tens of high-protein Vegan Air Fryer Recipes [?](#) Tens of Fried Recipes for Two [?](#) Nutritional information and affordable ingredients [?](#) High-quality pictures and idiot-proof instructions Are you ready to leave a permanent imprint on the lives of your clients and their families? Click the "BUY NOW" Button, Buy THOUSANDS of Copies, and Let Your Customers Rob Your Library!! [?](#) 55% OFF for BookStores!!!Now at \$ 24.99 instead of \$34.99 ! Last Days[?](#) [?](#) Enjoy 250 Delicious, Quick & Easy Recipes! [?](#) Your Customers Will Never Stop to Use this Awesome Cookbook! This cookbook includes... 250 budget friendly recipes: cut expensive and hard to find ingredients. Affordable ingredients: save money cooking budget friendly recipes. Easy to find ingredients: cook ingredients easily food at your local grocery store . Nutritional information: keep track of your daily calories. Servings: cook the right amount of food for your diet. Cooking times: save time in the kitchen. Fun meals: don't miss out on happy cooking Highly rated recipes: enjoy only the most popular hand selected recipes. Holiday Special Recipes: love the best family friendly holiday meals all year round. Along the way, you'll learn to cook 250 of the highest quality super tasty Air Fryer recipes, offering tons of scientifically proven health benefits, such as improving your appetite, cholesterol, blood pressure and reversing diabetes. Rest assured, you, the Air Fryer beginner, will learn how to master your Air Fryer in no time! When you're cooking effortlessly, you brim with confidence and are ready to take on the world! Air fried foods are a healthier alternative to traditionally fried foods. Inside, you'll discover a variety of sweet, savory, salty, crispy and craveable meals and a wonderful selection of traditional, modern and alternative budget friendly recipes to suit any taste. Just some of America's most popular Air Fryer for beginners recipes included in this cookbook are... Cristy's Pancakes Dunky Doughnuts Poppin' Pop Corn Chicken Southern Fried Chicken Betty's Baked Chicken Chicken Breasts & Spiced Tomatoes Juicy Mexican Pork Chops Beef Tenderloin & Peppercorn Crust Mini Pepper Poppers Bacon-Wrapped Jalapeno Popper Cheesy Bacon Bread Low-Carb Pizza Crust Bacon-Wrapped Onion Rings Mozzarella Sticks Beef Jerky Smoked BBQ Toasted Almonds Bacon-Wrapped Brie Mighty Meatballs Crust-less Meaty Pizza French Fries Peanut Butter Cookies Chocolate-Covered Maple Bacon Bacon Cookies Vegan & Vegetarian Recipes Pick up your copy today and start cooking amazing Air Fryer recipes that cater for the diverse needs of you and your family, allowing you, the Air Fryer beginner, to cook super tasty budget friendly Air Fryer recipes and save time, money and stress in the kitchen! Buy it Now and let your customers get addicted to this amazing book

75+ veggie favorites with a crispy twist--the definitive vegetarian air fryer cookbook Just because you've switched to a meat-free diet doesn't mean you can't enjoy deep-fried delicacies. You can still feast on fantastic fried food while staying healthy--The Essential Vegetarian Air Fryer Cookbook shows you how. Featuring more than 75 delicious recipes, this is your go-to guide for whipping up your favorite veggie-based meals using one appliance--your air fryer. Forget about the stove and oven. You can use your air fryer to sauté, steam, simmer, stir-fry, bake, and so much more.Loaded with yummy favorites like Apple Fritters and Crispy Buffalo Cauliflower Bites, this is the air fryer cookbook you need to add a little versatility to your kitchen game. The Essential Vegetarian Air Fryer Cookbook includes: Air fryer 101--If you're new to the air fryer game, this book teaches you all the basics for getting the most out of this ultimate cooking machine. Simple and fast--All of the recipes in this air fryer cookbook include easy-to-find ingredients and helpful cooking tips that get your meals on the table faster. Veggie alternative--Discover dozens of recipes designed for pure vegetarians, flexitarians, and even

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multiple-diet households. Change the way you cook and eat with The Essential Vegetarian Air Fryer Cookbook.

Would you like to discover how to make incredibly quick, yet super tasty and healthy homemade meals without having to follow overcomplicated recipes and spending hours and hours in your kitchen? If the answer is "YES", then keep reading. The Breville Smart Air Fryer Oven is much more than just a toaster oven with air frying capabilities. It is so versatile that it can also dehydrate, slow cook, and convection cook. That's exactly why many people feel like they are not fully using their kitchen appliance, and that is one of the reasons why I decided to write this cookbook, which contains 250 easy-to-replicate recipes that can really help you make the most of your Breville Smart Air Fryer Oven, in fact, by reading this cookbook you'll discover: - How To Setup Your Breville Smart Air Fryer Oven, so you can know everything about this amazing kitchen appliance, and how to make the most out of it when using it - What Are All The Benefits That You Can Achieve Using Your Machine, to understand why cooking with this feature-rich stainless steel countertop oven is really a game-changer when preparing meals for you and your family - 250 Easy-To-Make, Tasty, And Quick Breville Smart Air Fryer Oven Recipes, divided into Breakfast, Appetizers, Meat, Brunch, Poultry, Fish and Seafood, Pork, and even Sweets and Dessert Recipes, so you can always have plenty of choices when it comes to deciding what to eat. All the recipes within this book don't require any super-sophisticated or hard-to-find ingredient so that they can be perfect to prepare even if you're in a hurry during the busiest day - Incredibly Good Vegan and Vegetarian Recipes, to let everybody enjoy your savory homemade dishes even if they decided not to eat any meat or animal products - & Much More! Thanks to this cookbook, you will be able to exploit your Breville multi-cooker and create dishes worthy of the best restaurants in the world. Because remember... Everybody can be a good chef if it's as simple as adding your ingredients and let the machine do the work, so why deny yourself of this title inside the home? Scroll to the top of the page and click the "BUY NOW" button to grab your copy now!

Affordable, Easy and Fresh Instant Pot Air Fryer Lid Recipes that Anyone Can Cook!!! This cookbook will take your kitchen skills to a whole new level. This tasty collection of healthy recipes will make you proficient in instant pot cooking with the air fryer lid. This Instant Pot Air Fryer Lid Cookbook contains the following categories: Breakfast Recipes Snacks and Appetizers Soups and Stews Vegetarian and Vegan Recipes Poultry Recipes Pork Recipes Beef and Lamb Recipes Fish and Seafood Recipes Desserts One appliance - infinite possibilities Enjoy the taste of fried and pressure-cooked foods in one kitchen appliance. Get a copy of this great Instant Pot Air Fryer Lid Cookbook for beginners and enjoy your life once and for all. Tags: instant pot air fryer, instant pot air fryer lid, instant pot air fryer lid cookbook, instant pot air fryer lid recipes, instant pot air fryer lid recipe book, instant pot air fryer lid cookbook for beginners, instant pot air fryer lid book.

250 Instant Pot Air Fryer Lid Recipes

250 Affordable and Delicious Recipes Everyone Needs

The Everything Vegetarian Slow Cooker Cookbook

Vegan Air Fryer Cookbook

250+ Delicious Frying Recipes For Quick And Easy Meals. March 2021 Edition

The Essential Vegan Air Fryer Cookbook

Includes Tofu Noodle Soup, Fajita Chili, Chipotle Black Bean Salad, Mediterranean Chickpeas, Hot Fudge Fondue ...and hundreds more!

Instant Chefman Air Fryer Toaster Oven Cookbook

Enjoy your favorite plant-based fried foods without the added fat! If you love fried foods, but don't want the oil, added fat, and mess of frying, then you will want this cookbook. It shows you how to "air-fry" your favorite fried foods with little or no

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cooking oil. JL Fields, author of *Vegan Pressure Cooking*, has done the research, development, and testing, so you can serve crispy French fries, egg rolls, and all kinds of fried food in minutes - without frying. This amazing air-fryer appliance cookbook brings crunchy onion rings, vegetable tempura, and more to your table without making a mess or heating up your kitchen. Now you can eat delicious "fried" food while staying healthy. Recipes include: Jalapeno Poppers Vegetable Dumplings Potato Chips Eggrolls Mac 'n' Cheese Bites Buffalo Cauliflower Corndogs Fried Chick'n Fajitas Grilled Cheese Sandwiches Air fryers, popular in Europe for years, have taken the U.S. by storm, and this is the first air-frying cookbook for plant-based diets. *Vegan Air Fryer* includes more than 80 recipes that are fun to make and bursting with deep-fried flavor. It will empower home cooks at any skill level to make delicious, healthy vegan recipes the whole family will love."

In a world of rapidly changing health conditions, prices, and climate vegan cooking takes care of your body, your wallet, and everybody's planet. To reap the vegan diet's many benefits you should have a vegan diet cookbook to guide you through all the perks and labor of cooking. Whether you're exploring a new way of eating or you have to go meat-free for one reason or another, this air fryer cookbook has everything you might need to get you vegan-started. *Vegan Air Fryer Cookbook* recipes prove that the vegan diet is not about what you can't eat, but what you can. Classic and freshly invented, seasonal and year-round - these air fryer recipes embody all the fruits, vegetables, legumes, and grains one can think of. This manual is going to arm you with all the techniques you need to shop and cook vegan as well as reach that extra special awesome crisp no other way of cooking can give you. To elevate your vegan kitchen game and prove that vegan versions of family favorites can be nourishing, begin with the following recipes: Vegan Cheese Sandwich Veggie Casserole with Tofu Rice with Veggies and Coconut Cream You won't be able to get enough of your new savor and powerful food that brings not only pleasure but health as well. Start the vegan cooking now, and this cookbook will show you how!

A user-friendly volume by the author of *Vegan with a Vengeance* and *Vegan Cupcakes Take Over the World* contains 250 recipes that include a variety of gluten-free and tofu-free options for numerous occasions.

Take air frying to tasty new heights--the complete air fryer cookbook for beginners Welcome to the mouthwatering world of air frying--a tasty, healthier twist on frying! *The Essential Air Fryer Cookbook for Beginners* is the perfect companion guide for first-time chefs. Discover how to get the most out of your new

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appliance while cooking up quick, easy recipes you can make and serve tonight. From hot Cinnamon Rolls to Sweet Potato French Fries and Southern Fried Chicken, this complete air fryer cookbook for beginners helps you make sweet and savory meals in a snap. Delight friends and family at breakfast, lunch, and dinner with delicious takes on classic comfort dishes. The *Essential Air Fryer Cookbook* includes: 75 Fast, flavorful favorites--Dig into tons of tasty air fryer cookbook recipes that your family will crave, featuring easily sourced and inexpensive ingredients. All-in-one--Discover everything you need to air fry in a flash. Learn how the appliance works as well as how to make a wide variety of everyday staples, including cook time and temperature. Appetizing images--Pick new plates to try from this must-have air fryer cookbook's lip-smacking selection of full-color recipe photos. Make your air fryer sizzle with this complete air fryer cookbook for beginners.

Get the best possible results from your air fryer and discover the best ways to use it (not just frying!) with fast, convenient, great-tasting recipes. This *Cuisinart Air Fryer Oven Cookbook* contains the following categories: Tons of Chicken Recipes Even More Meat options Great variety of Breakfast recipes Vegetarian and Vegan choices for some fresh and crispy food experiences Wonderful Appetizers, Snacks and Soups Desserts for Everyone Air Frying, Roasting, Broiling, Baking, Reheating, Dehydrating, and Rotisserie. The *Cuisinart Air Fryer Oven* can do much more than you think! You are just a few clicks away from preparing crunchy and mouth-watering fried foods, to enjoy and have fun cooking! This essential air fryer cookbook will increase your cooking desire for a crunchy and crispy experience in no time! Maybe you're the one who loves cooking big meals and trying new foods, or maybe it's a family member or roommate. You have your basic small appliances in the kitchen, which are great for common uses. I mean, that air fryer has often been a life saver. Fulfill your frying appetite. Don't wait another second to get this amazing cookbook now.

250 Quick & Easy Everyday Recipes for Busy People on A Plant-Based Diet- 21-Day Plant-Based Meal Plan (Plant-Based Diet, Vegan, and Vegetarian Cookbooks)

Over 120 Favourite Comfort Food Recipes for a Vegan Lifestyle A Sophisticated Selection of 250+ Gourmet Fried Recipes to Raise Body Energy, Fine Dine and Keep Your Wallet Full

The Ultimate Vegan Cookbook

Farm-fresh African, Caribbean & Southern Flavors Remixed
Instant Pot Duo Crisp Air Fryer Cookbook

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250+ Quick And Tasty Air Fryer Recipes From Breakfast To Dessert

Do you love healthy fried foods with no oil? Do you want to utilize the maximum potentials of your Air Fryer? Well, we know you will!! BONUS OFFER!!! Buy a Paperback copy of this Book NOW and You will Receive the Kindle Version Absolutely Free via Kindle Matchbook..... The "Essential Air Fryer Cookbook" provides you with the tips and tricks to help you get the most out of your Air Fryer, plus the right step-by step guide to cook your favorite frozen foods without all the added oil that goes along with deep-frying. This book is a must-have cookbook for anyone who owns an Air Fryer. Delightful and easy recipes from this cookbook do not need special ingredients and will make your dinner, lunch, breakfast, and even snack very tasty. This cookbook is perfect for fans who wants to learn how to make the best dishes in the world. In this cookbook, you will discover over 250 easy-to-follow recipes under the following chapters: Breakfast Recipes Lunch & Dinner Recipes Fish & Seafoods Recipes Ketogenic Diet Recipes Meat, Pork & Beef Recipes Side Dishes Vegan Recipes Gluten-Free Recipes Appetizers Recipes Dessert Recipes Poultry Recipes Vegetable Recipes This cookbook offers over 250 quick and delicious Air Fried recipes such as Breakfast Sandwich, Grilled Cheese, French Fries, Chicken Drumsticks, BBQ Pork Ribs, Ribeye Steak, Zucchini Fries, Parmesan Chicken, Coconut Shrimp, and a whole lot more. Use this "Essential Air Fryer Cookbook" to make EVERY meal, ANY day of the week. Grab your copy now and see how your Air Fryer can improve the quality of your meal times!!

Veganomicon

75+ Easy Meatless Recipes

250 Foolproof Plant-Based Recipes for Breakfast, Lunch, and Dinner

Sweet Potato Soul

Easy, Foolproof Recipes for Your Air Fryer

Vegan Air Fryer Cookbook: Veggies Made Easy. 250 Air Fryer and Vegan Recipes for Newbies

75 Whole Food Recipes to Fry, Bake, and Roast

Instant Vortex Air Fryer Cookbook for Beginners