

Read Book Traditional Maine
Recipes: Cookbook For The
State Of Maine (Cooking
Around The World 14)

***Traditional Maine
Recipes: Cookbook
For The State Of
Maine (Cooking
Around The World***

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14 State Of Maine (Cooking

"Fresh Eggs Daily blogger Steele lays down as many tips and recipes as her chickens do eggs in this innovative and plucky collection.... This will be hard to beat." — Publishers Weekly

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(Starred Review) Lisa Steele, fifth-generation chicken keeper and founder of the popular blog Fresh Eggs Daily, knows a thing or two about eggs. And she ' s ready to show you just how easy and delicious it can be to make eggs a staple of every meal.

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First, Lisa will tell you everything you don't know about eggs—such as what the different labels on grocery store egg cartons mean—and bust some common egg myths. From there, she provides you with foundational techniques for cooking

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with eggs, including steaming, grilling, baking, and frying. And finally, Lisa shares her go-to recipes for everything from breakfast staples, like eggs Benedict and a classic French trifold “ omelette, ” to breads, sandwiches, beverages, snacks, soups, salads, pasta,

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cakes, pies, and condiments. You ' ll encounter a wide variety of both sweet and savory dishes with Lisa ' s unique twists. Read The Fresh Eggs Daily Cookbook to discover new and exciting ways to incorporate fresh eggs into your cooking and baking

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repertoire each and every day.

Maine food is about putting on a bib and getting messy with lobster in the summer. In the winter, it's about tossing brisket and potatoes in a pot on the back of the woodstove. Maine Classics brings the carefree spirit of

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those who work the land and sea to life. More than 150 simple, straightforward dishes are organized by the shore, the sea, the forest, the farm, the garden, the dairy, and the bakery. Celebrate Maine's bounty with recipes such as Ham with Fried

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Apples, Corn Fritters with Maple Syrup, Classic Lobster Rolls, and Pickled Fiddlehead Ferns. Stories of farmers, lobstermen, cheesemakers, and old-school bakers "infuse our cooking and inspire us to explore our own culinary legacies," say award-

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winning authors Mark and Clark.

Chock-full of full-color photographs, this cookbook is definitely a Maine classic.

The Bedells' food blog, fromaway.com, hosts more than 150,000 unique visitors monthly and

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recently received a best-of award from Down East Magazine.

Escape to the Maine seashore, an exquisite summer sanctuary where vacations stretch out forever during long, golden days and food is the stuff from which memories are made. The

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summers that acclaimed chef Rebecca Charles and her family spent swimming in the Atlantic, scouring the beach for shells, and eating shore dinners inspired her to open the famed Greenwich Village restaurant Pearl Oyster Bar. In this heartwarming

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memoir, Rebecca combines more than seventy of her favorite recipes with captivating family stories.

Rebecca's adventurous granduncle Sam Goldsmith first took the family from the sweltering summer streets of Brooklyn to the exclusive seaside

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resort of Kennebunkport. But it was his sister – in – law Pearle Goldsmith, Pearl Oyster Bar's namesake and an opera singer with the Metropolitan and New York City operas, who fell in love with the rugged coast of Maine. Pearle passed this love on to her

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daughter, Eleanor, and her granddaughter, Rebecca. Rebecca recounts her family's three – generation love affair with the small Yankee fishing village and shares the recipes that have New Yorkers waiting in line for hours to taste what

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food writer Ed Levine described as "the best lobster roll I have ever eaten." Rebecca breathes new life into classic beach food. Whether re – creating an old – time clambake or grilling a whole pompano, she imparts the expertise that has made

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her one of the foremost seafood chefs
in the country.

Classic Recipes for Modern People
Seafood Cookbook - Maine, New
England Seafood Dishes
Favorite Maine Recipes
Recipes from Land and Sea

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Seafood Recipes from Maine
Classic Diners of Maine

Maine Bicentennial Community
Cookbook

*Lobster is undoubtedly the
world's favorite seafood, and
lobsters play a vital part in*

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Maine's economy and culture, for good reason--the best lobsters in the world are caught there and they are shipped all over the world to be enjoyed by the most discriminating of

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*diners. Now, award-winning
chef Dana Moos can help
you prepare a gourmet
lobster meal in your own
home. With recipes for
everything from tasty
breakfast bites to brunch,*

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*lunch, and hearty entrees,
this collection will have
family and friends asking to
eat in every day of the week.
Wow them with such
delights as lobster won-tons,
egg roulade with lobster,*

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State Of Maine (Cooking
Around The World 14)
*lobster bread pudding, and,
of course, variations on the
classic lobster roll, lobster
bisque, and steamed lobster.
From Rhode Island to
Maine—80 locally inspired
seafood recipes that honor*

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*the coastal traditions of
America's northeast. Few
dishes conjure as much New
England nostalgia as clam
chowder. But the northeast
coast of America can stir up
even more creative soups*

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*and stews than this
traditional favorite. From
forgotten classics like clam
chowder's Portuguese-
influenced cousin, and fresh
new flavors like Autumn
Monkfish Stew, Malty*

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*Mussels Soup, and seasonal
clam boils, this*

*comprehensive cookbook
embraces the locavore
movement and sustainable
seafood to expand our soup
horizons. Complete with*

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*easy recipes for seafood
broths and stocks, 33 native
fish and shellfish profiles,
and advice on how to
befriend your local
fisherman, New England
Soups from the Sea will*

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*have readers feeling
confident in their seafood
knowledge and how to
invent their own soups from
New England's ocean
bounty. Paired with bright
photography and the*

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*welcoming voice of a local
New Englander, food writer
Craig Fear boils all the
charm of a seaside town into
delicious, warming flavors.
The author of the successful
Maine Sporting Camps*

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State Of Maine (Cooking
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*collects here classic and
favorite recipes from the
proprietors of 47 of Maine's
most popular traditional
backwoods retreats. The
folks who cook at these
camps know that tasty,*

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*satisfying food is an
important part of their
clients' backwoods
experience, and they have
perfected many recipes to
fill the bill. Organized by
season, the recipes also*

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include quotes from the owners.

Go back to the basics in the kitchen and rediscover the joy of cooking with simple tools and fresh local and seasonal ingredients. A

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*complete guide to the
essentials of home cooking
from the popular cooking
school at Maine's Salt Water
Farm. Good cooking has
nothing to do with fancy
equipment, complicated*

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*recipes, or trendy, hard-to-
find ingredients. The
fundamentals are really
quite simple: it's about
instinct, technique, and
freshness. Annemarie
Ahearn, dubbed by Food &*

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*Wine Magazine as someone
"changing the way America
eats," believes that
developing these essential
skills can lead to a greater
sense of confidence and
fulfillment in the kitchen.*

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*Her credo: 1) Grow at least
some of your own food to
establish a deeper
connection with the earth
that provides your nutrition,
2) Be familiar with a range
of cooking techniques so you*

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*can develop flexibility and
intuition in the kitchen, and
3) Master the age-old
cooking skills that will serve
you your whole
lifetime--cooking in cast
iron, sharpening knives, and*

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using a mortar and pestle.

*With these classic skills
under your belt, and with 75
tried-and-true seasonal
recipes, you'll be on your
way to putting consistently
delicious, satisfying meals*

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State Of Maine (Cooking
Around The World 14)
*on the table every day while
you learn to fall in love with
the process.*

*At Home, on the Town, and
on the Road*

Cooking Maine Style

100 Plates from Fishermen,

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*Farmers, Pie Champs, and
Clam Shacks*

Maine Classics

The Blueberry Cookbook

Back to Butter

Year-Round Recipes from

Field to Table

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Maine's cultural and culinary heart, Portland is a buzzing and energetic food community. Widely considered to have one of the country's most vibrant food scenes--named "America's Foodiest Hometown" by Bon

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Appetit--the city offers a diverse culinary landscape, from classic seafood to Oaxacan to Korean to Milanese, and its devotion to farm-to-table cuisine and locally sourced ingredients is undeniable given that the Portland Farmers'

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Market, the country's oldest continually operating market of its kind, has thrived here for over 200 years. With recipes for the home cook from over 50 of the city's most celebrated restaurants and showcasing full-color photos of

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mouth-watering dishes, famous chefs (including James Beard nominees such as Sam Hayward), and lots of local flavor, Portland's dynamic food scene is celebrated in all its gustatorial glory.

“With Chef Derek Bissonnette in

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your kitchen you have casual, approachable, and electric cooking. Soups will bring pure joy, warmth, and flavor to the table, and the beautiful photography will transport you to a dream workplace.” – Daniel Boulud,

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Chef/Owner of The Dinex Go way beyond the basics with this gorgeous chef's compendium of delicious, satisfying soups and stews! Snap out of your same old soup and stew recipe routine with hundreds of new and exciting

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takes on the classics—and some creative concoctions that will surely become family favorites. Inspired by both his home state of Maine and global cuisines, Chef Derek Bissonnette's Soup features:

- 300+ Easy-to-Follow Recipes that

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will guide you to remarkable results - Mouth-Watering Photography and detailed illustrations that walk you through culinary tools and techniques - Recipes for all Palates - it doesn't matter if you're an omnivore,

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gluten-free, vegetarian, or vegan - Family-Friendly Recipes designed to be ready in 30 minutes or less - 20+ Chilled and Dessert Soups - A Comprehensive History of Soup Whether you are planning a casual family dinner, or a formal dinner

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for 20—this cookbook will help elevate your meal from “Ho, hum,” to “HEY NOW!”

30 classic Maine recipes to treasure The Little Local Maine Cookbook brings the essential flavors of Maine to your table.

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From lobster boils, rolls, and bakes; whole roasted fish with fresh farm-stand corn; and blueberry-sauced crepes and homemade pie, this book includes traditional recipes that celebrate the state. Written by a regional

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food expert and beautifully illustrated, this little cookbook is the perfect gift for Mainers and tourists alike.

Old recipes, like old friends, are usually most dependable, observes noted author Kenneth

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Roberts in his pithy introduction to this classic recipe compendium put together by his niece, Marjorie Mosser, in the 1930s. The long career of this bible of Maine cookery has proved him right. With Robert's outspoken commentaries

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sprinkled throughout, excerpts from some of his best-selling books, and maxims from Maine kitchens, this old favorite is a must-own collection for any modern cook. Down East Books is proud to present this revamped edition-with

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a brand new foreword by food historian Sandra Oliver-as part of the all-new Best Maine Food cookbook series.

More than 150 Delicious Recipes from Down East Harbor Fish Market

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The Maine Farm Table Cookbook:
125 Home-Grown Recipes from the

Pine Tree State

Recipes for Delicious, Sun-Filled
Days

Eating in Maine

Lobster Rolls and Blueberry Pie

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The Little Local Vermont
Cookbook: Recipes for Classic
Dishes

Shares traditional Maine recipes for soups and chowders, fish, shellfish, poultry, meat, game, eggs, vegetables, salads, breads, and desserts

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Presents a guide to twenty-five of New England's top diners, with profiles of the restaurants and a collection of some of their signature dishes, organized into such categories as breakfasts, soups, seafood, entrees, desserts, and baked goods.

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Around The World 14)
The best of Maine ' s local food, from noted farms like Dandelion Spring to esteemed restaurants like The Lost Kitchen. There ' s a lot more to Maine than stunning coastline. Sure, come for the incomparable lobster rolls or the state ' s renowned blueberries, but stay

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for the locally milled grains, organic grass-fed meats, and surprising foraged delicacies. The Pine Tree State 's active food community springs to life in the hands of Kate Shaffer, Maine cookbook author and chocolatier, and Derek Bissonnette, one of the finest

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food photographers in the country.
The Maine Farm Table Cookbook
delivers more than 100 recipes,
assembled in chapters that take readers
from the pasture and sea to the forest,
creamery, and everywhere in between.
Discover Autumn Harvest Roast Pork,

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Haddock and Corn Chowder, Carrot Zucchini Fritters, Blackberry and Almond Torte, and more. With profiles to spotlight Maine ' s favorite farms and restaurants, and gorgeous professional photography, this is the perfect way for readers to bring New

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England ' s charm to their own
kitchen.

The Freedom, Maine, restaurateur and
chef shares one hundred seasonal
recipes that celebrate small-town
America, including such offerings as
squid stuffed with sausage, rib eye

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steaks, and fried rabbit.

Around The World 14)
Recipes for Clambakes, Oysters,
Lobster Rolls, and More from a
Modern Maine Seafood Shack
A Collection of Culinary Favorites
Reimagined
New Portland Maine Chefs Table

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New England Home Cooking

Full Moon Suppers at Salt Water Farm

The Lost Kitchen

Good Maine Food

The small low-bush wild blueberry native to Maine and the Maritimes is an honest American fruit, a true

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“local food.” Along with cranberries and Concord grapes, blueberries were growing on North American soil and sustaining the native cultures long before Europeans crossed the Atlantic. With fifty recipes, The Wild Blueberry Cookbook is a

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celebration of the flavor and versatility of the blueberry. The recipes are traditional, but also reflect today's vibrant and imaginative cooking style. Emphasizing the fruit's Maine roots and its standing as a "superfood," The Blueberry

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Cookbook profiles the industry and is peppered with fun features and healthful facts. Recipes range from muffins to tasty entrees to desserts, cocktails, and preserves.

Marjorie Standish is an iconic figure in the world of traditional

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New England cooking, known for her popular column, "Cooking Down East" for the Maine Sunday Telegram. She emphasized simple, but good recipes, that could be made with ingredients that can be found in most pantries. Sandra Oliver, Maine's

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modern-day Marjorie Standish, offers a carefully curated selection of the very best recipes from Standish's cookbooks. Presented in a retro-inspired, elegantly designed gift package, with notes and anecdotes to put Standish's recipes in context with

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current wisdom, it is sure to become the new classic in traditional cooking.

For over 30 years, Harbor Fish Market in Portland, Maine, has been providing the highest quality seafood available. Through its retail store and food service

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division, it services retail customers, fine restaurants, and institutions. It also reaches thousands of customers through its retail airfreight department, and national wholesale sales department. In addition to its physical reach, Harbor Fish

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Market has become an iconic destination for tourists and locals alike: it is the authority on Maine seafood. With beautiful displays, knowledgeable family-run staff, and the best seafood around, Harbor Fish is synonymous with Maine's iconic industry. Finally,

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the family behind the successful business offers up decades worth of recipes and expertise so that you can cook up a delicious dish. From appetizers to soups to entrees, this collection of family-tested recipes is the must-have Maine seafood cookbook.

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This celebration of the tradition of the community cookbook is a collection of 200 recipes celebrating Maine's rich culinary past, delicious present, and exciting future. It features recipes from everyday families and home cooks to award-winning chefs and

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notable Mainers.

Cookbook for the State of Maine

The Maine Lobster Book

Traditional Maine Recipes

More Than 100 Recipes from the

Nation's Best Purveyor of Fine

Soup

75 Recipes Celebrating the

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World's Favorite Seafood
Eventide

The Maine Summers Cookbook
Maine is one of the hottest
culinary destinations in the
country. To celebrate, Down
East Books is proud to
present the Best Maine Food

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series, a new line of cookbooks showcasing the state's great food. Kicking it off is this revamped edition of a true Maine classic. In these redesigned pages, longtime food columnist Marjorie Standish

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tells you how to prepare everything from finnan haddie to dilly green tomatoes to blueberry buckle.

The siblings and authors of This Is a Cookbook and The Best Cookbook Ever “take the

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age-old concept of comfort food and update it for modern tastes" (Publishers Weekly). Classics Recipes for Modern People is the definitive collection of classic recipes that have been reinvented, rejiggered,

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reordered, and re-created by Max and Eli Sussman. They believe that recipes should be ever expanding and evolving, a philosophy they practice in both their professional and home kitchens. That a dish “no

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matter how classic and iconic—has the ability to morph into something new and fantastic.” Divided into eight sections like “Classics from Our Childhood,” “TV Dinner Classics,” “Future

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Classics,” and “Breakfast Classics” readers will find reinvented dishes inspired by Max and Eli’s childhood in Detroit, the frozen food aisle, followers on social media, and more. “The cookbook displays their

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trademark creative spin on classic dishes, featuring recipes for things like Gefilte Fish Terrine, Duck à l'Orange, and Kibbeh and Tzatziki. It's decidedly not Kosher (see: Pork Burger with Apple Ketchup,

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Shellfish Shells), but it speaks to the contemporary trend of repurposing traditional Jewish foods to make them shine in a modern context.”—Tablet “Spotlights their cooking chops and dead-on wit in equal measure . .

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. For the book, the brothers took a novel tack to gather recipes: crowd-sourcing for childhood culinary classics.”—The Forward “Home cooks interested in adding to their comfort food canon will likely find some

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inspiration in this eye-catching collection . . .

The Sussmans' thoughtful collection is sure to jar readers from their comfort (food) zones and encourage them to branch out to incorporate new flavors and

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ingredients.”—Publishers Weekly

In these pages you will find seafood recipes from their list of favorites. On an island you often have to make do with what's available, and the concept

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of interchangeability is a natural development of simply using whatever is the freshest of what is on hand. The bestselling mother-daughter duo offers delicious homespun summertime recipes in their

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A new cookbook featuring cuisine from their island in Maine. From blueberries to lobsters, kitchens everywhere will now be able to enjoy the delicious food of Maine. Between her three New York Times bestsellers

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and her role in the Discovery Channel's current hit series *Swords*, Linda Greenlaw has undoubtedly become America's best-known fisherman. In *The Maine Summers Cookbook*, Linda once again teams up with her

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mother, Martha, to welcome
readers everywhere into the
kitchen on their very small
island. After agonizingly
long winters, summer in
Maine is a magical time when
fresh swordfish, shrimp,
lobster, clams, blueberries,

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and other seasonal produce bursting with flavor fill the Greenlaws' kitchen.

Linda and Martha share their favorite recipes for these blissful days. Some are tried and true family heirlooms while others are

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more recent twists on
coastal New England cuisine—
but every one captures the
sensational tastes that go
hand in hand with the
season. From snacks and
refreshing cocktails for
lingering sunsets such as

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Schoolhouse Shore Clam Dip
and Strawberry-Mint

Sparkling Lemonade to
mouthwatering starters such
as Grilled Crab-Stuffed
Mushrooms, and from simple
but elegant entrées such as
Blackened Swordfish with

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Blueberry Chutney to
indulgent desserts such as
Mile-High Strawberry Pie,
these delectable recipes are
tailored for the home cook.
And, of course, this
collection wouldn't be
complete without Linda and

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Martha's favorite lobster roll recipe. Ninety gorgeous four-color photographs and delightful essays chock-full of Linda's salty wit and Martha's kitchen wisdom round out this lavish feast, making The Maine Summers

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Cookbook an irresistible
treat for everyone with a
zest for good food and good
living-any time of year.

Recipes and a Good Life

Found in Freedom, Maine

Modern Country Cooking

Little Local Maine Cookbook

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Extraordinary Recipes from
Casco Bay

Soup

165 Recipes That Capture
Authentic Down East Flavors

**Full Moon Suppers at Salt
Water Farm invites you to a**

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series of magical, seasonal suppers where dear friends gather around a farm table to celebrate the bounty that the land and sea provide. This menu-driven cookbook offers twelve beautifully crafted

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**meals derived from more than
one hundred sold-out evening
events at Salt Water Farm, the
author's cooking school in
Maine. Even if you can't make
it to one of Annemarie's
monthly Full Moon Suppers,**

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**you can re-create them at
home, beneath a full moon—or
any night—for family and
friends. Each supper includes a
portrait of the month: its
climate, its rewards, and its
ritual kitchen tasks—and a**

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menu inspired by those characteristics. A Full Moon Supper is not only a celebration of the earth and its bounty but a reward for the hard work that goes into food production. These meals pay

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**respect to the elements, the
conditions of the earth, soil,
and sea, and seasonal
traditions as we round the
lunar cycle.**

**Over 100 Traditional Maine
Recipes in This Cookbook!**

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Maine is a state in the northeastern most corner of the United States and is famous for two things: Lobster and the author, Stephen King. Maine is a place rich with maple trees. Maple syrup and

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**maple sugar are two of the
state's primary exports. Wild
blueberries are abundant in
Maine and it is one of their
state foods, including the
famous Maine blueberry pie.
Maine is also a coastal state**

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that prides itself on seafood dishes and fresh produce from the many organic farms.

Everyone has heard of Maine lobster. It is a popular tourist destination in the autumn to view the colorful leaves of this

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**beautiful New England state.
Other foods loved by the
residents of Maine are Moxie
cola and the whoopie pie,
which is a cake sandwich with
creamed filling. This cookbook
contains a hearty helping of**

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mouth-watering and delicious traditional Maine recipes for you to enjoy.

Sample these great Maine - New England seafood dishes, the pride of the East Coast of the USA.

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**Everyone loves lobster -
especially Maine lobster. This
fun, fact filled book brings the
reader on the lobster's journey
from ocean floor to plate,
stopping along the way to get
to know the people and places**

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of Maine's iconic industry.

**Favorite New England Recipes
The Ultimate Book of Soups
and Stews
Over 100 Fabulous Recipes to
Use Eggs in Unexpected Ways
Tried and True Recipes from**

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Down East

Maine Sporting Camp

Cookbook

**Three Generations of Recipes
and Stories from Summers on
the Coast of Maine**

Ancient and Modern New

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England Food & Drink

Across Maine, iconic diners come in different shapes and sizes. From the fluffy pancakes as big as a plate to piles of perfectly crisped corned

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beef hash, these beloved spots have served classic comfort food to generations of hungry patrons. For more than ninety years, Moody's Diner in Waldoboro has

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offered famous homemade
pies to regulars and
visitors alike. From the
Lumberjack Breakfast at
the Palace Diner in
Biddeford to the steak and
cheese omelet at the

Read Book Traditional Maine Recipes: Cookbook For The State Of Maine (Cooking Around The World 14) Deluxe Diner in Rumford, author Sarah Walker Caron reveals the stories and recipes behind the state's most iconic community eateries.

30 classic Vermont recipes

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to treasure The Little
Around The World 14)
Local Vermont Cookbook

brings the natural flavors
of the Green Mountain
State to your table.

Whether you're starting
the day with Maple Bacon

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Skillet Biscuits or
enjoying a midday meal of
Cheddar Ale Soup, this
sweet little book will
pack a powerful punch of
nostalgia. No matter where
you're eating, you can

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round out your evening
with Harvest Stuffed
Squash, followed by a
batch of classic Maple
Ginger Cookies, and you're
guaranteed to feel like
you're back in Burlington.

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Around The World 14)

Written by a regional food expert and beautifully illustrated, this cookbook is the perfect way to jog mountain memories.

350 Recipes from Town and Country, Land and Sea,

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Hearth and Home of New
England. Around The World 14)

Turn your kitchen into
your own personal seafood
shack and oyster bar with
120 recipes from the James
Beard Award-winning

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restaurant that
personifies the allure of
Maine. "This book is
destined to be well-used
and well-loved."—Jenny
Rosenstrach, New York
Times bestselling author

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Recipes: Cookbook For The
State Of Maine (Cooking
Around The World 14)
of Dinner: A Love Story

From one of the best
restaurants in Maine comes
a cookbook for easy
entertaining and endless
coastal-inspired cooking.
Built on the pristine

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ingredients of southern
Maine, including the
world's best shellfish,
Eventide restaurant is
renowned for bringing this
bounty to the table with a
thoughtfully rooted yet

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experimental and improvisational style of cooking and hospitality. The result is modernized lobster shack and oyster bar fare with distinct additions from Maine's

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Around The World 14)

classic "down east"
cooking style. Whether you
live by the coast or not,
you'll love these 120
recipes, including: •
Eventide's famed Brown
Butter Lobster Roll on a

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Bao Bun • Oysters with
Kimchi Ice • Tuna Tartare
with Ramen Crackers •
Family-Style Maine
Clambake (with
instructions for cooking
in your home or in the

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wilderness) • Tempura
Smelts with Spicy Tzatziki
Around The World 14)
• New England Clam Chowder
with Homemade Saltines •
Smoked Shellfish • Honey-
Roasted Peanut Butter Ice
Cream Sandwiches Beautiful

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photo tours of the
Around The World 14)
breathtaking wilds of
southern Maine bring this
incredible collection to
life. Also included are
guides to properly buying
and preparing seafood and

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shellfish for unexpectedly
easy crudo spreads and raw
bar dishes. Through
recipes, profiles of local
food makers, stories of
Maine's foodways and of
the seafood that makes the

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New England coastline so
iconic, Eventide is a
tribute to the region and
an indispensable resource.

Dishing Up® Maine

Lobster

The New England Diner

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Cookbook: Classic and
Creative Recipes from the
Finest Roadside Eateries
Portland, Maine Chef's
Table
200 Recipes Celebrating
Maine's Culinary Past,

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Around The World 14)

Present, and Future

New England Soup Factory

Cookbook

Kitchen Skills and

Seasonal Recipes from Salt

Water Farm

Welcome (Back) to Traditional

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State Of Maine (Cooking Around The World 14)

Foods! What if butter and other “banished” foods like eggs, cream, and bacon had the inherent potential to restore our health and well-being—and that of future generations? It’s a pretty good question, isn’t it? Traditional foods

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are the real, whole, unprocessed ingredients of our ancestors' kitchens. These simple foods nourished us for centuries, before modern food processing turned our health upside down. Their value is once again gaining recognition.

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Traditional foods include: Grass-fed
Meats and Wild-caught Seafood
Organic, Farm Fresh Produce
Pastured, Whole, and Raw Dairy
Healthy Saturated Fats and
Unrefined Oils Soaked and/or
Sprouted Grains, Nuts, Seeds, and

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Beans Fermented Vegetables and Cultured Condiments Unrefined Sweeteners Back to Butter explores these topics and more. Beautifully photographed and divided into two parts, Part I teaches you how to stock a traditional foods pantry and

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offers step-by-step guidance on the techniques and preparation methods practiced in traditional foods—including sprouting, soaking, and fermenting. Part II showcases more than 75 mouthwatering recipes, from main meals to side

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dishes, desserts, and more, including: Cultured Cream Cheese Olive Dip Red Rice Salad with Cumin Dressing Millet Salmon Cakes with Creamy Dipping Sauce Meatballs and Mushroom Gravy Caramelized Beets with Fresh

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Chives Fresh Corn Pudding Red
Cabbage Kraut with Fresh Dill
Sourdough Bread Pudding with
Raisin Crispy Peach Cobbler Learn
just how nourishing and delicious it
can be to revisit the wisdom of our
ancestors and return Back to Butter.

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More than 100 of the best soup recipes Boston has to offer accompanied by fun stories and beautiful full-color photography. Marjorie Druker is passionate about soups. She fell in love with soups when she first heard the story Stone

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Soup. After attending Johnston & Whales, Marjorie created the menu for the popular Boston Market restaurant chain, and soups were always her favorite. "My niche is taking what people like to eat and turning it into a soup," she says. The

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New England Soup Factory restaurant has won the Best of Boston award four times. People skip school to eat their soups. A pregnant in labor stopped by the restaurant on the way to the hospital to satisfy a last-minute craving. New

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England Soup Factory soups are like no other soups. And now you can recreate these delicious soups in your own home. The New England Soup Factory Cookbook contains 100 of Boston's best-tasting traditional and creative soup recipes.

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The book also includes a chapter on sandwiches and salads to accompany such soups as . . . New England Clam Chowder Wild Mushroom and Barley Soup Curried Crab and Coconut Soup Raspberry-Nectarine Gazpacho Cucumber-

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Buttermilk Soup

From the Atlantic Ocean to well-tended organic farms, Maine offers some of the best raw materials for rustic, hearty cuisine. Add the independent spirit and quiet humor of the people and it becomes

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apparent why chefs, fisherman, and artisans are drawn to the state. Their fierce pride, respect for the land, and lack of pretension are recognizable ingredients in the food they produce, from fresh lobster to blueberry pancakes. Dive in to the salty

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personality of Maine's cuisine!

Down-home recipes from the best restaurants, food artisans, bakeries, and farmers across the state. Eating a hot buttered lobster roll is like taking a mini-vacation: it conjures the scent of salt in the air and the

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crash of waves on the rocks—the essence of a day at the beach in Maine. Now, with Real Maine Food you can re-create this humble delicacy as well as more than 100 other Maine dishes at home. Maine has developed its own distinctive

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regional cuisine, characterized foremost by the excellent seafood caught off its pristine coast but also by the wild blueberries, potatoes, and other produce from its rich soils. The authors take a ride on a nineteenth-century schooner, build a

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beach clambake, and judge a pie-eating contest at a state fair—all in search of the best recipes from accomplished small-town home cooks as well as renowned restaurants and food artisans. Among the dishes are Smoked

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Haddock and Leek Pie, Lobster Gruyere Grilled Cheese, Crab and Corn Frittata, Blueberry Pancakes, and Peanut Butter Whoopie Pies. Real Maine Food taps into the magic that draws visitors to the state year after year.

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A Traditional Foods Cookbook -
Nourishing Recipes Inspired by Our
Ancestors

All-Maine Seafood Cookbook
350 Recipes from Town and
Country, Land and Sea, Hearth and
Home

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New England Soups from the Sea:
Recipes for Chowders, Bisques,
Boils, Stews, and Classic Seafood
Medleys

The Fresh Eggs Daily Cookbook
Cooking Down East
Real Maine Food

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Maine's cultural and culinary heart, Portland is a buzzing and energetic food community. Widely considered to have one of the country's most vibrant food scenes, in 2009 Portland was named

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***"America's Foodiest
Hometown" by Bon Appetit.
The city offers a diverse
culinary landscape—from
classic seafood to Oaxacan to
Korean to Milanese—and its
devotion to farm-to-table***

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cuisine is undeniable given that the Portland Farmers' Market, the country's oldest continually operating market of its kind, has thrived here for over 200 years. With recipes for the home cook from over

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***50 of the city's most
celebrated restaurants and
showcasing around 100 full-
color photos featuring mouth-
watering dishes, famous chefs
(including James Beard
nominees), and lots of local***

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flavor, Portland, Maine Chef's Table is the ultimate gift and keepsake cookbook for both tourists and Mainers.