

## The Secret Life Of A Weight Obsessed Woman: Wisdom To Live The Life You Crave

Unlock the astonishing facts, myths, and benefits of one of the most endangered human resources—sleep. It has become increasingly clear that our sleep shapes who we are as much as, if not more than, we shape it. While most sleep research hasn't ventured far beyond research labs and treatment clinics, *The Secret Life of Sleep* taps into the enormous reservoir of human experiences to illuminate the complexities of a world where sleep has become a dwindling resource. With a sense of infectious curiosity, award winning author Kat Duff mixes cutting-edge research with insightful narratives, surprising insights, and timely questions to help us better understand what we're losing before it's too late. *The Secret Life of Sleep* tackles the full breadth of what sleep means to people the world over. Embark on an exploration of what lies behind and beyond our eyelids when we surrender to the secret life of sleep.

*The Secret Life of Secrets* How Our Inner Worlds Shape Well-Being, Relationships, and Who We Are Crown

Explore the inner world of plants and its fascinating relation to mankind, as uncovered by the latest discoveries of science. A perennial bestseller. In this truly revolutionary and beloved work, drawn from remarkable research, Peter Tompkins and Christopher Bird cast light on the rich psychic universe of plants. Now available in a new edition, *The Secret Life of Plants* explores plants' response to human care and nurturing, their ability to communicate with man, plants' surprising reaction to music, their lie-detection abilities, their creative powers, and much more. Tompkins and Bird's classic book affirms the depth of humanity's relationship with nature and adds special urgency to the cause of protecting the environment that nourishes us.

*Secrets* come in all shapes and sizes. And for families as well as individuals, they are built on a complex web of shifting motives and emotions. But today, when personal revelations are posted on the Internet or sensationalized on afternoon talk shows, we risk losing touch with how important secrets are—how they are used and abused, their power to harm and heal. In this important work, Evan Imber-Black explores the nature of secrets, helping us understand: The distinction between healthy privacy and toxic secrecy What to tell—and not to tell—young children How to safely confront a family "zone of silence" Why adolescents need to have some secrets—and where to draw the line The effect of "official" secrets, like sealed adoption records and medical testing What to consider before revealing an important secret And much more

Filled with moving first-person stories, *The Secret Life of Families* provides perspective on some of today's most sensitive personal and social issues. Giving voice to our deepest fears and to our power to overcome them, this is a book that will be talked about for years to come.

*The Secret Life of Groceries*

*A Book of Wisdom from the Great Teacher*

*The Secret Life of Decisions*

*The Polish Officer, His Covert Mission, And The Price He Paid To Save His Country*

*Secret Life*

*The Secret Life of Squirrels: A Love Story*

**"If you've ever wondered why we keep secrets and what motivates us to spill them, look no further. Michael Slepian has spent the past decade studying the psychology of secrets, and is ready to reveal his findings to the world."**—Adam Grant, #1 New York Times bestselling author of *Think Again* **"The Secret Life of Secrets gracefully blends engaging stories with compelling science."**—Sonja Lyubomirsky, University of California professor and author of *The How of Happiness* **Think of a secret that you're keeping from others. It shouldn't take long; behavioral scientist Michael Slepian finds that, on average, we are keeping as many as thirteen secrets at any given time. His research involving more than 50,000 participants from around the world shows that the most common secrets include lies we've told, ambitions, addictions, mental health challenges, hidden relationships, and financial struggles. Our secrets can weigh heavily upon us. Yet the burden of secrecy, Slepian argues, rarely stems from the work it takes to keep a secret hidden. Rather, the weight of our secrets comes from carrying them alone, without the support of others. Whether we are motivated to protect our reputation, a relationship, a loved one's feelings, or some personal or professional goal, one thing is clear: Holding back some part of our inner world is often lonely and isolating. But *The Secret Life of Secrets* shows you that it doesn't have to be. Filled with fresh insight into one of the most universal—yet least understood—aspects of human behavior, *The Secret Life of Secrets* sheds a fascinating new light on questions like: At what age do children develop the cognitive capacity for secrecy? Do all secrets come with the same mental load? How can we reconcile our secrets with our human desires to relate, connect, and be known? When should we confess our secrets? Who makes for the ideal confidant? And can keeping certain types of secrets actually enhance our well-being? Drawing on over a decade of original research, *The Secret Life of Secrets* reveals the surprising ways that secrets pervade our lives, and offers science-based strategies that make them easier to live with. The result is a rare window into the inner workings of our minds, our relationships, and our sense of who we are.**

**Dahlia Greene—aka international pop superstar Cherry—is undercover as a normal high school student. She**

just wants to experience what real life is like, so when she overhears hottie Keegan Matthews nervously talking about liking a girl, she sees the perfect opportunity to live a real life and play a little matchmaker. What was not part of the plan was falling for a guy she can never tell the truth. Keegan Matthews has been secretly crushing on Dahlia ever since she started at his school. Sure, Dahlia thinks he's crushing on some other girl—not realizing his Dream Girl is actually her—but he figures, play along with her tips to woo someone else, let her get to know him, and then make his move. But with so many secrets in the mix, their romance is doomed from the start... Disclaimer: This Entangled Teen Crush book contains adult language, references to drinking and drugs, and a kiss so steamy it'll fog up your ereader. This Dahlia and Keegan story is a standalone book that is part of the larger, multi-authored Creative HeArts Series, which can be read out of order. If you loved Mariely and Cabot's story, you'll love the complete series set at Austin NextGen Academy, including: #1 - Ten Things Sloane Hates About Tru #2 - How Willa Got Her Groove Back #3 - Crazy, Stupid, Fauxmance #4 - The Secret Life of a Dream Girl #5 - Falling for the Girl Next Door #6 - Weddings, Crushes, and Other Dramas  
The true story, from inside, of Anton LaVey.

A biochemist shows how we can finally control our fat—by understanding how it works. Fat is not just excess weight, but actually a dynamic, smart, and self-sustaining organ that influences everything from aging and immunity to mood and fertility. With cutting-edge research and riveting case studies—including the story of a girl who had no fat, and that of a young woman who couldn't stop eating—Dr. Sylvia Tara reveals the surprising science behind our most misunderstood body part and its incredible ability to defend itself. Exploring the unexpected ways viruses, hormones, sleep, and genetics impact fat, Tara uncovers the true secret to losing weight: working with your fat, not against it.

The Secret Life of Puppets

Making Decisions About Secrets: When Keeping Secrets Can Harm You, When Keeping Secrets Can Heal You—And How to Know the Difference

The Secret Life

The Secret Life of Debbie G.

The Secret Diary of Ashley Juergens

The Secret Life of Families

***Get ready to spot hundreds of things you've never seen before across a wide range of films, in this brand new book from the creator of Den Of Geek. From the small references and inspirations, through to clues, hidden meanings and moments in frame that you may have simply missed, this indispensable guide is both a love letter to cinema, and a jam-packed treasure trove that no film fan will want to miss!***

***In August 1972, Ryszard Kuklinski, a highly respected colonel in the Polish Army, embarked on what would become one of the most extraordinary human intelligence operations of the Cold War. Despite the extreme risk to himself and his family, he contacted the American Embassy in Bonn, and arranged a secret meeting. From the very start, he made clear that he deplored the Soviet domination of Poland, and believed his country was on the wrong side of the Cold War. Over the next nine years, Kuklinski—code name "Jack Strong"—rose quickly in the Polish defense ministry, acting as a liaison to Moscow, and helping to prepare for a "hot war" with the West. But he also lived a life of subterfuge--of dead drops, messages written in invisible ink, miniature cameras, and secret transmitters. In 1981, he gave the CIA the secret plans to crush Solidarity. Then, about to be discovered, he made a dangerous escape with his family to the West. He still lives in hiding in America. Kuklinski's story is a harrowing personal drama about one man's decision to betray the Communist leadership in order to save the country he loves, and the intense debate it spurred over whether he was a traitor or a patriot. Through extensive interviews and access to the CIA's secret archive on the case, Benjamin Weiser offers an unprecedented and richly detailed look at this secret history of the Cold War. This gorgeous and lyrical picture book follows a year in the life of a red fox named Vixen. Kids will learn about a common backyard neighbor as they read how Vixen finds food, hunts, escapes threats, finds a mate, and raises her kits—all the way to the day that she and her mate watch their kits head off to lead their own secret lives. Stunning, realistic illustrations celebrate the beauty of these mysterious creatures as readers learn important facts through an engaging and fascinating story. The book also includes back matter with more in-depth information, a glossary, and further resources.***

***We love books. We take them to bed with us. They weigh down our suitcases on holiday. We display them on our bookshelves, give them as gifts, write our names in them. We take them for granted. And all the time, our books are leading a double life. The Secret Life of Books is about everything that isn't just the words. It's about how books transform us as individuals, the stories they tell us about ourselves. It's about how books - and readers - have evolved over time. And it's about why, even with the arrival of other media, books still have the power to change our lives. In this stylish and thought-provoking meditation, Tom Mole looks at***

***everything from binding innovations to binding errors, to books defaced by lovers, to those imprisoning professors in their offices, to books in art, to burned books, to the books that create nations, to those we'll leave behind. A striking text in a stunning package, it will change how you think about books.***

***The Secret Life of the Sloth***

***The Secret Life of Secrets***

***The Secret Life of Farts***

***The Secret Life of Trees***

***A Fascinating Account of the Physical, Emotional, and Spiritual Relations Between Plants and Man***

***How They Live and Why They Matter***

A revealing and provocative look at the current state of global science We take the advance of science as given. But how does science really work? Is it truly as healthy as we tend to think? How does the system itself shape what scientists do? The Secret Life of Science takes a clear-eyed and provocative look at the current state of global science, shedding light on a cutthroat and tightly tensioned enterprise that even scientists themselves often don't fully understand. The Secret Life of Science is a dispatch from the front lines of modern science. It paints a startling picture of a complex scientific ecosystem that has become the most competitive free-market environment on the planet. It reveals how big this ecosystem really is, what motivates its participants, and who reaps the rewards. Are there too few scientists in the world or too many? Are some fields expanding at the expense of others? What science is shared or published, and who determines what the public gets to hear about? What is the future of science? Answering these and other questions, this controversial book explains why globalization is not necessarily good for science, nor is the continued growth in the number of scientists. It portrays a scientific community engaged in a race for limited resources that determines whether careers are lost or won, whose research visions become the mainstream, and whose vested interests end up in control. The Secret Life of Science explains why this hypercompetitive environment is stifling the diversity of research and the resiliency of science itself, and why new ideas are needed to ensure that the scientific enterprise remains healthy and vibrant.

Making decisions is a critical part of every executive's job. However we know so little about the often subliminal processes that shape the decisions we make. The Secret Life of Decisions exposes the unchallenged myths and distortions that impact our reasoning ability, raising our awareness of the many traps we can fall into. Meena Thuraingham and her collaborator, Wolfgang Lehmacher, have drawn from decades of work with leaders showing that even the most talented leaders and teams can end up making sub-optimal decisions. This is rarely because they had poor critical thinking faculties but rather because they did not pay enough attention to the often invisible traps hardwired into our thinking processes, letting through only information that conforms with our current beliefs, mental models and expectations. This leaves many leaders and businesses exposed. Rather than being the rational output of our reasoning abilities, the authors show decision making to be a highly imprecise process. As decision makers we come to the table armed with our own perspectives, preferences, filters, heuristics and biases, influenced by a broad range of social influences many operating subliminally. The Secret Life of Decisions is an essential read for developing and seasoned

executives who have to work through increasingly complex and high stakes decisions. It treats choosing wisely and the thinking involved as a skill, which as with many other skills, can be improved with the guided practice and supporting tools provided here. The journey however starts with awareness that comes from outing the 'secret' forces that can sabotage the quality of our decisions.

In one of those rare books that allows us to see the world not as we've never seen it before, but as we see it daily without knowing, Victoria Nelson illuminates the deep but hidden attraction the supernatural still holds for a secular mainstream culture that forced the transcendental underground and firmly displaced wonder and awe with the forces of reason, materialism, and science. In a backward look at an era now drawing to a close, *The Secret Life of Puppets* describes a curious reversal in the roles of art and religion: where art and literature once took their content from religion, we came increasingly to seek religion, covertly, through art and entertainment. In a tour of Western culture that is at once exhilarating and alarming, Nelson shows us the distorted forms in which the spiritual resurfaced in high art but also, strikingly, in the mass culture of puppets, horror-fantasy literature, and cyborgs: from the works of Kleist, Poe, Musil, and Lovecraft to Philip K. Dick and virtual reality simulations. At the end of the millennium, discarding a convention of the demonized grotesque that endured three hundred years, a Demiurgic consciousness shaped in Late Antiquity is emerging anew to re-divinize the human as artists like Lars von Trier and Will Self reinvent Expressionism in forms familiar to our pre-Reformation ancestors. Here as never before, we see how pervasively but unwittingly, consuming art forms of the fantastic, we allow ourselves to believe.

"Passion, redemption, and a battered old suitcase full of secrets: the New York Times-bestselling author of *A Hundred Summers* returns with another engrossing tale of lost love and female ambition that crosses generations. Manhattan, 1964. Vivian Schuyler, newly graduated from Bryn Mawr College, has recently defied the privilege of her storied old Fifth Avenue family to do the unthinkable for a budding Kennedy-era socialite: break into the *Mad Men* world of razor-stylish Metropolitan magazine. But when she receives a bulky overseas parcel in the mail, the unexpected contents draw her inexorably back into her family's past, and the hushed-over crime passionnel of an aunt she never knew, whose existence has been wiped from the record of history. Berlin, 1914. Violet Schuyler Grant endures her marriage to the philandering and decades-older scientist Dr. Walter Grant for one reason: for all his faults, he provides the necessary support to her liminal position as a young American female physicist in prewar Germany. The arrival of Dr. Grant's magnetic former student at the beginning of Europe's fateful summer interrupts this delicate detente. Lionel Richardson, a captain in the British Army, challenges Violet to escape her husband's perverse hold, and as the world edges into war and Lionel's shocking true motives become evident, Violet is tempted to take the ultimate step to set herself free and seek a life of her own conviction with a man whose cause is as audacious as her own. As the iridescent and fractured Vivian digs deeper into her aunt's past and the mystery of her ultimate fate, Violet's story of determination and desire unfolds, shedding light on the darkness of her years abroad and teaching Vivian to reach forward with grace for the ambitious future--and the love--she wants most."--

and the D'Oyly Carte family

*The Secret Life of a Dream Girl*

A Memoir

*The Secret Life of Mac*

*The Secret Life of Violet Grant*

*The Secret Life of the Savoy*

*Bounty hunter Bryan Kelly trades places with his brother, a preacher who is a benefactor to ladies of the evening, to discover who is trying to sabotage his charity*

*organization and finds himself tempted beyond belief by Shay Sommers, a stunning prostitute who is not what she seems. Original. 65,000 first printing. In the tradition of The Four Agreements and lifelong rabbinical student and scholar Jeffrey Katz reveals the essential wisdom of unconditional love and charity to our fellow man. Based on the philosophy of the great Jewish teacher Maimonides, offers a powerful message for today's divisive society that can transform our lives of finger-pointing and blame to a new way of being based on self-respect and care for others.*

*It's 1907 Los Angeles. Mischievous socialite Anna Blanc is the kind of young woman who devours purloined crime novels—but must disguise them behind covers of more domestically-appropriate reading. She could match wits with Sherlock Holmes, but in her world women are not allowed to hunt criminals. Determined to break free of the era's rigid social roles, Anna buys off the chaperone assigned by her domineering father and, using an alias, takes a job as a police matron with the Los Angeles Police Department. There she discovers a string of brothel murders, which the cops are unwilling to investigate. Seizing her one chance to solve a crime, she takes on the investigation herself. If the police find out, she'll get fired; if her father finds out, he'll disown her; and if her fiancé finds out, he'll cancel the wedding and stop pouring money into her father's collapsing bank. Midway into her investigation, the police chief's son, Joe Singer, learns her true identity. And shortly thereafter she learns about blackmail. Anna must choose—either hunt the villain and risk losing her father, fiancé, and wealth, or abandon her dream and leave the killer on the loose. From the Trade Paperback edition.*

*"Within a day of receiving this book, I had consumed it... Absorbing, moving, and compulsively readable."—Lydia Davis In this affectionate, heart-warming chronicle, Rosamund Young distills a lifetime of organic farming wisdom, describing the surprising personalities of her cows and other animals At her famous Kite's Nest Farm in Worcestershire, England, the cows (as well as sheep, hens, and pigs) all roam free. They make their own choices about rearing, grazing, and housing. Left to be themselves, the cows exhibit temperaments and interests as diverse as our own. "Fat Hat" prefers men to women; "Chippy Minton" refuses to sleep with muddy legs and always reports to the barn for grooming before bed; "Jake" has a thing for sniffing the carbon monoxide fumes of the Land Rover exhaust pipe; and "Gemima" greets all humans with an angry shake of the head and is fiercely independent. An organic farmer for decades, Young has an unaffected and homely voice. Her prose brims with genuine devotion to the wellbeing of animals. Most of us never apprehend the various inner lives animals possess, least of all those that we might eat. But Young has spent countless hours observing how these creatures love, play games, and form life-long friendships. She imparts hard-won wisdom about the both moral and real-world benefits of organic farming. (If preserving the dignity of animals isn't a good enough reason for you, consider how badly factory farming stunts the growth of animals, producing unhealthy and tasteless food.) This gorgeously-illustrated book, which includes an original introduction by the legendary British playwright Alan Bennett, is the summation of a life's work, and a delightful and moving tribute to the deep richness of animal sentience.*

*How It Really Works and Why It Matters*

*The Secret Life of Bryan*

*The Secret Life of the Lonely Doll*

*The Dark Miracle of the American Supermarket*

*The Secret Life of a Schoolgirl*

*A Secret Life*

**Everyone interested in the natural world will enjoy The Secret Life of Trees. I found myself reading out whole chunks to friends The Times, Books of the Year What is a tree? As this celebration of the trees shows, they are our countryside; our ancestors descended from them; they gave us air to breathe. Yet while the stories of trees are as plentiful as leaves in a forest, they are rarely told. Here, Colin Tudge travels from his own back garden round the world to explore the beauty, variety and ingenuity of trees everywhere: from how they live so long to how they talk to each**

other and why they came to exist in the first place. Lyrical and evocative, this book will make everyone fall in love with the trees around them. **THE STORY OF THE SAVOY HOTEL'S FOUNDERS, THROUGH A CENTURY OF LUXURY.** "For The Gondoliers-themed birthday dinner, the hotel obligingly flooded the courtyard to conjure the Grand Canal of Venice. Dinner was served on a silk-lined floating gondola, real swans were swimming in the water, and as a final flourish, a baby elephant borrowed from London Zoo pulled a five-foot high birthday cake." In three generations, the D'Oyly Carte family pioneered the luxury hotel and the modern theatre, propelled Gilbert and Sullivan to lasting stardom, made Oscar Wilde a transatlantic celebrity, inspired a P. G. Wodehouse series, and popularised early jazz, electric lights and Art Deco. Following the history of the iconic Savoy Hotel through three generations of the D'Oyly Carte family, *The Secret Life of the Savoy* revives an extraordinary cultural legacy. 'A real triumph, beautifully written, with many wonderful stories of the Savoy.' - Lady Anne Glenconner, author of *Lady in Waiting* 'An elegantly crafted, yet spritely and sparkling book, perfectly befitting its subject. Williams uses group biography to beautifully illuminate some of London's greatest hotel and theatre landmarks.' Ophelia Field, author of *The Favourite* 'A thoroughly entertaining account of some of London's most treasured history, with its beloved The Savoy at the heart of a fascinating and delightful plot. Bravo to Olivia Williams and her fantastically colourful cast of characters.' - Lady Kinvara Balfour, director and producer 'A cracking good read and a fascinating story that - amazingly - has not been told before.' Fiona Duncan, the Telegraph 'This is a fascinating story, and it could not be better told. Elegant, great fun, and with a finely-judged personal touch: much like the Savoy hotel itself.' - Laura Thompson, bestselling author of *Agatha Christie and The Mitford Sisters*

Honest and heart-warming account of the highs and lows of life as a vet, by lovable TV star Rory Cowlam. Rory Cowlam, otherwise known as Rory the Vet, has had a passion for animals for as long as he can remember. As a young boy, growing up in the countryside, he fell in love with the creatures that could be found both at home and in the neighbouring farms and fields. There was never any doubt in his mind as to what he wanted to do when he grew up. Now Rory's dreams of becoming a vet are a reality. He works in a busy London practice where his honest and emotional relationships with the animals and their owners have made him the relatable and approachable face of veterinary work. But, as Rory describes here with a mixture of his trademark openness and humour, what he couldn't have known as a small boy with his heart set on becoming the next James Herriot, was what becoming a vet really entails. In an era when doctors and nurses are talking more openly about the realities of saving human lives, Rory shows what a vital service vets offer in caring for the animals that often form the very heart of the household. He describes the demanding experience of veterinary school, and offers a very human take on what it's like to treat animals, and the little talked about mental health implications that this pressured life or death industry holds. This is a frank and heart-warming account of chasing a childhood dream and learning to love the reality.

“This rollicking romance entrapped me! True in its detail and its scope, it is amusing yet heart-breaking.” —Ian McKellen Perfect for fans of Fredrik Backman and TJ Klune, this humorous, life-affirming, and charmingly wise novel tells the story of how the forced retirement of a shy, closeted postman in northern England creates a second chance with his lost love, as he learns to embrace his true self, connect with his community, and finally experience his life's great adventure... Indie Next List Selection | Library Reads Selection Every day, Albert Entwistle makes his way through the streets of his small English town, delivering letters and parcels and returning greetings with a quick wave and a “how do?” Everyone on his route knows Albert, or thinks they do—a man of quiet routines, content to live alone with his cat, Gracie. Three months before his sixty-fifth birthday, Albert receives a letter from the Royal Mail thanking him for decades of service and stating that he is being forced into retirement. At once, Albert's simple life unravels. Without the work that fills his days, what will he do? He has no friends, family, or hobbies—just a past he never



speaks of, and a lost love that fills him with regret. And so, rather than continue his lonely existence, Albert forms a brave plan to start truly living, to be honest about who he is . . . and to find George, the man with whom he spent one perfect spring and summer long ago. One painful yet exhilarating step at a time, Albert begins searching for George and revealing his story to those around him. As he does, something extraordinary happens. Albert finds unlikely allies, new friends, and the courage to help others—even as he seeks the happiness he’s always denied himself. Beautifully written, funny, and wise, *The Secret Life of Albert Entwistle* is a book to fall in love with and to be inspired by, one that proves it is never too late to live, to hope, and to love. A Note from Matt Cain, the author of *The Secret Life of Albert Entwistle*: “One of the things that inspired me to write this novel was all the joy I felt at seeing gay men like myself being embraced by British society. I think you'd be hard-pushed to find any other minority community in the UK that was as hated, feared and vilified as gay men were fifty years ago and is now as widely celebrated and loved. Acceptance of gay men has become a touchstone of British values within less than a decade, something that even the most optimistic commentators couldn't have predicted. I wanted to write a book that would celebrate this. And I sincerely hope *The Secret Life of Albert Entwistle* makes its readers feel good about themselves and the part they've played in bringing about this extraordinary social shift.” —Matt Cain

**The Search for Dare Wright**

**The Secret Life of Literature**

**The Secret Life of Squirrels**

**The Secret Life of Albert Entwistle**

**The Secret Life of Sleep**

**The Secret Life of Fat: The Science Behind the Body's Least Understood Organ and What It Means for You**

An irresistible photographic story featuring wild squirrels in homemade miniature domestic settings -- taking a bath, doing laundry, and barbecuing -- will surprise and amuse readers and animal lovers of all ages! Adorable squirrels as you've never seen them! You may think you know what squirrels do all day...but Mr. Peanuts is no ordinary squirrel. Instead of climbing tress, he plays the piano. ("Moonlight Sonutta" is his favorite.) Instead of scurrying through the woods, he reads books (such as *A Tail of Two Cities*). But everything is more fun with company, so Mr. Peanuts writes a letter to Cousin Squirrel and invites him for a visit! Featuring candid photographs of wild squirrels in handcrafted, homemade miniature settings, this irresistible book is sure to delight readers young and old!

A laugh-out-loud illustrated journey around the hidden world of the fart. Hilarious verses and outrageous illustrations combine to produce a book about the funniest thing in the world: farts! From the racetrack to the concert hall, from humble bank-robbers to esteemed royals, farts are produced everywhere and by everyone. *The Secret Life of Farts* is your guide to the rich, colourful, flatulatory world that is all around us.

The timelessness of *Bridge to Terabithia* meets the wonder of *Big Fish* in this bittersweet, magical story, perfect for fans of Barbara O' Connor, Lisa Graff, and Dan Gemeinhart. When Sam's dad dies in a car accident, Sam is shuttled off to the dusty town of Holler, Oklahoma, to live with a long-lost aunt. There he encounters a mysterious mangy cat who leads him to an unassuming tree that turns out to be a portal—a passage through which Sam can revisit his old life for a few minutes at a time. Sam's visits to the bayou become stranger and stranger. Pa's old stories unfold around him in beautiful but sinister detail, and

Pa is not quite himself. Still, Sam is desperate to find a way for them to stay together—no matter what it takes.

After her mother's death, Lily Owens and her African-American maid seek refuge from the racism of their South Carolina hometown with eccentric beekeeping sisters in this coming of age story representing the letter “ K ” in a new series of twenty-six collectible editions.

The Secret Life of a Vet

The Secret Life of Plants

How Unconscious Bias Subverts Your Judgement

The Secret Life of the Red Fox

An Uplifting and Unforgettable Story of Love and Second Chances

The Secret Life of Bees

The personal story of Dare Wright, the author of the children's classic *The Lonely Doll*, recounts her work in modeling and photography before she became a successful author, the tragic loss of her brother in childhood, her ill-fated marriage plans, and the debilitating influence of her controlling mother. Reprint. 35,000 first printing.

Shares startling scientific discoveries concerning the way in which plants adapt, survive, and communicate

In the tradition of *Fast Food Nation* and *The Omnivore's Dilemma*, an extraordinary investigation into the human lives at the heart of the American grocery store. What does it take to run the American supermarket? How do products get to shelves? Who sets the price? And who suffers the consequences of increased convenience and efficiency? In this alarming exposé, author Benjamin Lorr pulls back the curtain on this highly secretive industry. Combining deep sourcing, immersive reporting, and compulsively readable prose, Lorr leads a wild investigation in which we learn: • The secrets of Trader Joe's success from Trader Joe himself • Why truckers call their job “sharecropping on wheels” • What it takes for a product to earn certification labels like “organic” and “fair trade” • The struggles entrepreneurs face as they fight for shelf space, including essential tips, tricks, and traps for any new food business • The truth behind the alarming slave trade in the shrimp industry. The result is a page-turning portrait of an industry in flux, filled with the passion, ingenuity, and exploitation required to make this everyday miracle continue to function. The product of five years of research and hundreds of interviews across every level of the industry, *The Secret Life of Groceries* delivers powerful social commentary on the inherently American quest for more and the social costs therein.

A year in the life of a sloth is revealed in this stunningly illustrated nonfiction picture book, the latest in the popular *The Secret Life* series. Meet Perezoso, a brown-throated three-fingered sloth who lives in a rainforest habitat. Young readers will be fascinated as they learn all about her life -- how she searches for food, keeps herself safe from prey, and gives birth to a baby. Gorgeous realistic illustrations celebrate these intriguing creatures, and the story is filled with important facts and terms. The back matter at the conclusion of the book provides more in-depth information, a glossary, and further resources.

Why They Mean More Than Words

The Secret Life of Science

How Our Inner Worlds Shape Well-Being, Relationships, and Who We Are

The Secret Life of Sam

The Secret Life of a Satanist

### The Secret Life of Books

MacGuyver the cat is back at his mischievous matchmaking ways in this romance inspired by the true story by the author of *Talk to the Paw*. MacGuyver the tabby is feeling very pleased with himself after helping his human, Jamie Snyder, find the perfect packmate. By stealing personal items from the home of Jamie's handsome neighbor, MacGuyver brought these two LA singles together. Now, while the newlyweds are off on their honeymoon, MacGuyver is ready for his next matchmaking challenge—his cat sitter Briony. After making the tough decision to leave her fiancé at the altar, Briony jumps at the chance to cat sit for her cousin Jamie's cat. But MacGuyver has more than just cuddles and reality TV in mind. He lures Briony to a local retirement community—and to the charming young man in charge. Briony and Nate hit it off instantly. But Briony feels skittish about starting another relationship. And with someone sabotaging his community, Nate has problems of his own. Crazy humans. Why can't they follow their instincts and go after the love they deserve? MacGuyver is on the case. And this time, he's not pussyfooting around . . . Crazy humans. Why can't they follow their instincts and go after the love they deserve? MacGuyver is on the case. And this time, he's not pussyfooting around . . .

RAVES FOR TALK TO THE PAW "Filled with romance and adorable kitty antics . . . a light and cozy read!" —Modern Cat

"Surpassingly cute story of a matchmaking cat determined to pair off his human with a neighbor through the power of stinky laundry." —Kirkus Reviews "Whimsical . . . fans of cozy romances will root for these . . . appealing characters." —

An uncanny and eye-opening journey into a mysterious building, adapted from a short story by Jeff VanderMeer *To the west: trees. To the east: a mall. North: fast food. South: darkness. And at the centre is The Building*, an office building wherein several factions vie for dominance. Inside, the walls are infiltrated with vines, a mischief of mice learn to speak English, and something eerie happens once a month on the fifth floor. In *Secret Life*, Theo Ellsworth uses a deep-layered style to interpret Nebula award-winning author Jeff VanderMeer's short story. What emerges is a mind-bending narrative that defamiliarizes the mundanity of office work and makes the arcane rituals of *The Building* home. When his manager borrows his pen for a presentation, a man is driven to unspeakable acts as he questions the role the pen has played in his workplace success. The despised denizens of the second floor develop their own tongue, incomprehensible to everyone else in *The Building*. A woman plants a seed of insurgency that quickly permeates every corner of the building with its sweet, nostalgic perfume. With deft insight, *Secret Life* observes the sinister individualism of bureaucratic settings in contrast with an unconcerned natural world. As the narrative progresses you may begin to suspect that the world Ellsworth has brought to life with hypnotic visuals is not so secret after all; in fact, it's uncannily similar to our own.

Love is in the air with another irresistible photographic story of wild squirrels in homemade miniature settings, delighting readers and animal lovers of all ages. A companion to *The Secret Life of Squirrels* and *Merry Christmas, Squirrels!* sure to surprise and enchant readers young and old! Mr. Peanuts spends his days climbing trees and gathering nuts--but he

wishes he had another squirrel to share his time with. When he meets a special squirrel friend, he soon finds himself falling in love! They visit the bookstore, go to the park, and have a romantic candlelit dinner. Will Mr. Peanuts get his happily ever after?

Ashley Juergens keeps a journal about how she is dealing with her parents' divorce and her fifteen-year-old sister Amy's pregnancy and secret wedding.

The Secret Life of Anna Blanc

The Secret Life of the Movies

The Secret Life of Cows

A heartwarming glimpse into the real world of veterinary from TV vet Rory Cowlam

The Authorized Biography of Anton LaVey

Examines the life and presidency of the only man to serve two non-consecutive terms, reveals what really happened on the night President Grover Cleveland's illegitimate son was conceived, and explores the scandal surrounding the child.

It all started cos I wanted to mess with the Invincibles (the superbrats).

#SorryNotSorry. But one thing led to another, and before I knew it, I was hitting out at everyone, even the Incredibles (the geeks) and the Invisibles (the losers). Seriously, my online persona is starting to mess with my head. The Secret Life of Debbie G. is the story of a sixteen-year-old who becomes an online sensation overnight. Except, it's her online persona that hits big time. Set in contemporary times, where the number of likes, comments, shares, DMs and followers determine a teenager's sense of self-worth, the story takes a close look at how social media influences their behaviour and affects their emotional health. Equal parts poignant and fun, this is a bittersweet coming-of-age story.

The Secret Life of a Schoolgirl is an extraordinary memoir—a jewel. Rosemary Kingsland was born in India during the dying days of the British Raj. While there, she and her family lived a life of privilege. But with the fall of the Raj, they were forced to return to England, where their fortunes took a decided turn for the worse. In London, then in Cornwall, then back in London, the simmering tension between Rosemary's parents

erupted into outright warfare fueled by alcohol and her father's persistent, unrepentant womanizing. It was a lonely, dangerous childhood. But one day Rosemary's life changed forever. At a café where she had gone to escape from a party her father had insisted she attend with him, she met Richard Burton, the dashing handsome Welsh actor who was then the toast of the London stage. She had seen him in *Under Milkwood* some months before. She was an adolescent schoolgirl. He was twenty-nine. *The Secret Life of a Schoolgirl* is a deeply felt evocation of first love, and of family bonds forged in intense isolation. It is made all the more remarkable by the luminous quality and riveting narrative voice of Rosemary Kingsland.

An innovative account that brings together cognitive science, ethnography, and literary history to examine patterns of "mindreading" in a wide range of literary works. For over four thousand years, writers have been experimenting with what cognitive scientists call "mindreading": constantly devising new social contexts for making their audiences imagine complex mental states of characters and narrators. In *The Secret Life of Literature*, Lisa Zunshine uncovers these mindreading patterns, which have, until now, remained invisible to both readers and critics, in works ranging from *The Epic of Gilgamesh* to *Invisible Man*. Bringing together cognitive science, ethnography, and literary studies, this engaging book transforms our understanding of literary history. Central to Zunshine's argument is the exploration of mental states "embedded" within each other, as, for instance, when Ellison's *Invisible Man* is aware of how his white Communist Party comrades pretend not to understand what he means, when they want to reassert their position of power. Paying special attention to how race, class, and gender inform literary embeddings, Zunshine contrasts this dynamic with real-life patterns studied by cognitive and social psychologists. She also considers community-specific mindreading values and looks at the rise and migration of embedding patterns across genres and national literary traditions, noting particularly the use of deception, eavesdropping, and shame as plot devices. Finally, she investigates mindreading in children's literature. Stories for children geared toward different stages of development, she shows, provide cultural scaffolding for initiating young readers into a long-term engagement with the secret life

of literature.

The Secret Life of Elephants