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# The One Thing: 66 Day Workbook (Entrepreneur Workshop) (Volume 1)

**Highly effective people  
have the right daily**

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habits to increase their productivity and be successful. What is a Habit Tracker? A habit tracker is a simple journal spread and one of the most effective

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ways to develop good  
habits, live a better  
lifestyle & to keep  
yourself motivated and  
inspired towards  
achieving all of your  
life goals! They're a

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great reminder of how  
much you can achieve &  
will help you to feel  
empowered! Track pretty  
much anything you want -  
from your daily tasks,  
health & fitness,

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finances & more – the possibilities are endless! It takes an average of 66 days to develop a habit so track the days you perform your habit and see how

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long you can make the  
chain go until it  
becomes automatic to  
you. To develop a habit,  
you have to COMMIT,  
STATE YOUR WHY, IDENTIFY  
YOUR CUE/TRIGGER,

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IDENTIFY REWARDS, TRACK  
& GROW. ? Motivational  
quotes on each tracking  
page ? Sections for  
additional notes to jot  
down your thoughts ?  
Tracking pages for 66

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days ? Intro pages

(what's a habit tracker,  
how to develop a habit,  
reasons to use a  
tracker, why do you need  
it) ? List of things  
that you can track, etc



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Take better control of  
your day. Understand  
your emotional patterns.  
Be mindful by tracking  
whatever's important to  
you like health, habits,  
moods etc. This tracker

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is easy and takes less  
than a minute a day. ?  
Functional Size: 5x8in  
dimensions; the ideal  
size for all purposes,  
fitting perfectly into  
your back pack or

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paperback: Crisp white  
paper, with quality that  
minimizes ink bleed-  
through. The book is  
great for either pen or  
pencil users. ? Perfect  
gift for coworkers,

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mothers, students,  
teachers, coworkers on  
Christmas, Birthdays,  
Anniversaries or just  
about any other days.  
Journals are the perfect  
present for any

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you waiting for? Click  
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Begin. And don't forget  
to check out our other  
planners and journals

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(DaZenMonk Designs) .

Thank you very much.  
Happy Tracking and Be  
Well!

List of members in  
15th-26th.

Celia Sánchez is the

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missing actor of the  
Cuban Revolution.

Although not as well  
known in the English-  
speaking world as Fidel  
Castro and Che Guevara,  
Sánchez played a pivotal



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role in launching the  
revolution and  
administering the  
revolutionary state. She  
joined the clandestine  
26th of July Movement  
and went on to choose

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the landing site of the  
Granma and fight with  
the rebels in the Sierra  
Maestra. She collected  
the documents that would  
form the official  
archives of the

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revolution, and, after  
its victory, launched  
numerous projects that  
enriched the lives of  
many Cubans, from parks  
to literacy programs to  
helping develop the

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Cohiba cigar brand. All  
the while, she  
maintained a close  
relationship with Fidel  
Castro that lasted until  
her death in 1980. The  
product of ten years of

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original research, this  
biography draws on  
interviews with  
Sánchez's friends,  
family, and comrades in  
the rebel army, along  
with countless letters

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and documents.

Biographer Nancy Stout  
was initially barred  
from the official  
archives, but, in a  
remarkable twist, was  
granted access by Fidel

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Castro himself,  
impressed as he was with  
Stout's project and  
aware that Sánchez  
deserved a worthy  
biography. This is the  
extraordinary story of

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an extraordinary woman  
who exemplified the very  
best values of the Cuban  
Revolution: selfless  
dedication to the  
people, courage in the  
face of grave danger,



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and the desire to  
transform society.

Joint Documents of the  
State of Michigan

The ONE Thing

The One Thing

The Recollections of a

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**Political Writer in the  
Capitals of Europe  
One in a Thousand; Or,  
The Days of Henri IV.  
66 Day Workbook**

*Volume Three of the 33-Day Challenge  
contains final steps to solidifying good*

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*habits. It takes 66 days to form a habit, but it's hard to do something 66 days in a row.*

*Volume three provides you with another 33 days of journaling in order to attain and maintain your new good habits.*

*Volume three also has a bonus thirty-fourth page so that at the end of volume three you will have completed 100 days of*

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Workshop) (Volume 1)

*journaling and improving your life. Volume three of the journal asks the same helpful and simple questions one at a time. First, jot down what happened yesterday that was great. Don't make it a hard question. Just write down the first thing that comes to mind-good ice cream maybe. Second, consider whether you*

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*could have done anything to make yesterday better? We all make a lot of mistakes every day. We can't fix other people, but we can make ourselves better. Write down one thing that you could have done better the day before. Third, read the provided Bible verse and write down a specific action or new understanding that*

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*comes to mind. It's better to list an action than a thought, but both are good. God loves you and wants you to have a good life. Having a good life doesn't mean having an easy life or a happy life all the time. If God is telling you to do something, then you need to write that down. Fourth is the date and something you're thankful for.*

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*Just make it a little thing and keep going. Plus, since no one enjoys trying to remember the date, we put the date later. Fifth is the toughest. For your day to be great write down the main thing you need to do but are dreading or putting off. Lastly, write down what you are looking forward to that day. Again, just*

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*write down the first thing that comes to mind. There are no wrong answers!*

*A guide to getting oneself organized introduces one hundred simple techniques and strategies for de-cluttering one's life, from throwing away coupons to practicing toy population planning and storing it where one uses it.*



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*A guide filled with advice and prompts for reflection, helping you appreciate your experiences and adding extra meaning to your life. Daily life is frenzied. We know we should slow down, but recognizing the opportunities to do so can be tough. This journal will guide you to appreciate the places, people, and experiences that give*

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*peace to your mind, solace to your body, and meaning to your life. Throughout, sage advice from artists to athletes to business leaders along with suggested activities and reflections will help you to be more present and aware. Record a year's worth of your daily intentions and introspections, and by the end you may*

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*even find the elusive center. This journal is perfect for recent graduates, milestone birthdays, or as a year-end holiday gift to kick off "New Year, New You" projects.*

*31 Easy Tips to Improve Physical,  
Emotional, Mental and Spiritual Vitality  
Things I Remember  
Atomic Habits*

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*One Day in December*

*Day One*

*A Devotional*

A totalitarian regime has ordered all books to be destroyed, but one of the book burners suddenly realizes their merit.

The struggle of three brothers to stay

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together after their parent's death and their quest for identity among the conflicting values of their adolescent society.

Find out what Junos can do running a security device. The SRX devices are super-charged firewalls fortified with routing and switching capabilities. So

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get ready because working on the SRX Series combines powerful Junos networking with a potent set of new security services. This book shows you how to get started: how to console to your SRX device, perform initial configuration, and deploy your new box in a matter of hours. There's

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no theory, no workarounds, no chatty diversions.

Chronicles of the Schoenberg-Cotta Family

The one thing needful, or, Ethel's pearls

The poetical works of Robert Browning

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Proceedings of the Meeting of the  
Convention of American Instructors of  
the Deaf

Day One Configuring SRX Series with  
J-Web

Intertextuality, History of  
Interpretation, and Genesis 1.1-5  
Presents a devotional for



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Christians interested in starting over and embracing new beginnings with God's help.

The top 1% of all books on Amazon. Answering the questions: -How do I want

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to spend my days? -What  
should my One Thing be?  
-Why do I want my One  
Thing? -How will I achieve  
it? -Do I possess the Will  
to Win? -Do I give up too  
soon? -Can I adapt and

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shift in today's times?

-Do I have self-defeating habits? -Can I change bad habits? - How do you want to spend your days? Above all else, what is the most important one thing for

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you to spend your days  
doing? One day when you  
look back on your life  
here will you say you  
lived the life you wanted?  
Did you create the highest  
and best version of you?

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Of the many things you did, what will be the One Thing that really defined you? What was the one thing that made it wonderful for you, and for those you loved that you

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walked your chosen path in this amazing place we call life? No matter your age, no matter your circumstances, you can still create and live that kind of life now. You are

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never too young, or too old to change. Each day is a new start. No matter what setbacks may have occurred you can overcome them if you do not stop. Do not stop three feet

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from gold.

In my fifteen years of listening to clients say they're overwhelmed with life's responsibilities and financial challenges to keep up with health and



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wellness goals, I compiled these thirty-one tips to serve their needs. The tips are easy, mostly cost-free, and success-proven. In this book, you will learn:

- nine tips for

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improving physical well-  
being • eight tips for  
improving mental well-  
being • seven tips for  
improving emotional well-  
being • seven tips for  
improving spiritual well-

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being Improving vitality  
and well-being is easier  
and less expensive than  
you might expect.

Day One Securing the  
Routing Engine  
Workbook (Journal /

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Planner) Based on the One  
Thing Book by Gary W.  
Keller and Jay Papasan. It  
Will Help You Implement  
Its Message - Focus on One  
Thing and Achieve All Your  
Goals

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Habit Tracker and Goal  
Planner 66-Day Challenge  
Track Your Habits and  
Achieve Your Dream Life  
One Thing At a Time  
Day One and Beyond  
The Four-Minute Daily

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Journal

**With Day One, Genesis 1.1–5, as a focus and informed by the understanding that all texts are intertexts, S. D. Giere shapes and employs a method that harnesses the idea of intertextuality for the**

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**purpose of exploring the history of interpretation of a biblical text. With a unique compilation of intertexts of Gen 1.1-5, the work explores the intertextual reach of Day One in Hebrew and Greek texts up to c. 200 CE. What**

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**emerges is a glimpse of the  
intertextuality of Day One that  
provides insight into the  
complexity of the intertextuality of  
a biblical text and the relationship  
of intertextuality and  
interpretation.**



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**If you can zero in on the one thing that matters most, you can accomplish more. In this course, adapted from the podcast How to Be Awesome at Your Job, host Pete Mockaitis interviews Jay Papasan, the co-author of the**

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**bestseller The ONE Thing. Jay describes how to find out your one thing by asking one question: "What's the one thing I can do, such that by doing it everything will be easier or unnecessary?" He also explains how to build**

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**powerful focus habits using a  
66-day challenge, revolutionize  
your to-do list, and start making  
appointments with yourself. Plus,  
learn how to get more done by  
starting your day off right: doing  
an hour of core activities-reading,**

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**meditating, exercising, writing, or  
generating big ideas-before you  
even get to work in the morning.  
This course was created by Pete  
Mockaitis of How to Be Awesome  
at Your Job. We are pleased to  
offer this training in our library.**

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**Charles James Lever (1806-1872)**  
was an Irish novelist of English  
descent. This volume contains  
"One of Them" (Part 2) and "A  
Day's Ride." Illustrations by Phiz  
and W. Cubitt Cooke.

**A Novel**

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**Decimal Interest Tables:**

**calculated at five per cent. From  
one day to three hundred and  
sixty-five days; and from one  
month to twelve months, on from  
one pound to forty thousand  
pounds. To which are added**

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**tables of commission from one-  
eighth per cent. to five per cent.,  
advancing by eighths**

**33-Day Challenge**

**The Outsiders**

**Do One Thing Every Day That  
Makes You Smarter**

*Page 63/113*

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## **The One Thing Workbook (Mint Color)**

**This workbook is based on The  
One Thing book by Gary W.  
Keller and Jay Papasan. It will  
help you implement its  
message - focus on one thing**



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**and achieve all your goals.  
First, read the book (if you  
haven't already) to fully  
understand what, how, and  
why. Then use it as your daily  
journal/planner. Total 201  
pages. It will last you for three**

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**months. There are five  
different chapters: 1. Daily  
success list where you brain-  
dump all the things you think  
you should do, then narrow it  
to the most important 20 %,  
and finally, the one vital thing**

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**you should do that day. There are 92 success lists for daily use. 2. Goal setting to the now where you set your someday, five-year, one-year, monthly, weekly, and daily goals. That will help you define all your**

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**goals: from big-picture  
(purpose) to small-focus  
(priority). There are 46 pages -  
use them every other day. 3.  
Improvement sheet where you  
look for the one thing that  
needs to be done in all areas**

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**of your life (physical health, mental health, personal life, key relationships, career, and finances). There are 46 pages - use them every other day. 4. Q&A sheet will help you ask the right (great) question and**

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**also guide you to find the right  
(great answer). There are 46  
pages of Q & A sheets for you  
to use it as needed. 5. Success  
habits sheet where you check  
off each day (66 days) that you  
accomplish your new**

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**behavior/routine until it  
becomes a habit - a success  
habit. There are 3 sheets for  
you to establish 12 new  
success habits.**

**If you ever wanted to win  
against the fiercest**

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**competition, if you ever  
wanted to have the best  
friends there could be, if you  
ever wanted to be the best  
coach or teacher, then you  
should read this book. It  
makes no difference if you are**



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**8 or 68, people want that moment in time where everything went right, the stars were aligned and only you could see and feel it happening. This story is about that happening to a 15 year**

**boy who dreamed every day about being the best baseball player that ever lived. He, with the help of friends, three especially, had that dream come true. He accomplished more in one year than most**

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**people do in a lifetime and baseball was a large part. His accomplishments were well beyond his 15 year old beliefs, and they established the ground work for an incredible future. How can a kid have so**

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**much fun while developing  
lifelong relationships,  
developing the ground work  
for being a successful dad, a  
good coach, a successful  
business person and an all  
around happiness in life. So if**

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**you like hook slides,  
homeruns, stories about being  
winners, a life time of positive  
attitudes, well buckle up and  
start reading. This book is  
about smiling, loving and as I  
have already said, being a**

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**winner. I have always said that if, I learn one thing every day and make someone smile, then that day was a success. Every person who reads this book will smile and hopefully learn a small thing or two. Sit back**

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**and enjoy and thanks for  
allowing me to share a little of  
my dreams with you. “Play  
Ball!”.**

**Detailed summary and analysis  
of The Power of Habit.**

**A Record and Review of**

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**Current Reform**

**The Summer of '66**

**And Notes and Queries**

**Concerning the Antiquities,**

**History, and Biography of**

**America**

**Day One Deploying SRX Series**



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## **Services Gateways**

### **Fahrenheit 451**

#### **A New Glimpse of Day One**

Your teacher training may have provided sound theory and a collection of instructional techniques, but

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it's often the practical details that can make day-to-day survival difficult in your first days, weeks, and years of teaching. For new teachers or those just new to the middle-school

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environment, here is an invaluable resource from the author of Meet Me in the Middle that will help you walk in the door prepared to teach. Oriented toward the unique experience of

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teaching grades 5 through 9, Day One and Beyond delivers proven best practices along with often-humorous observations that provide a window into the middle school environment.

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Based on his many years of research and experience in the middle school classroom, Rick offers frontline advice on: practical survival matters, such as what to do the first day and week,

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setting up the grade book  
and other record keeping,  
and what to do if you only  
have one computer in the  
classroom; classroom  
management, including  
discipline, getting students'

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attention, and roving  
classrooms; social issues,  
like the unique nature of  
middle-level students,  
relating to students, and  
positive relations with  
parents; professional

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concerns, from collegiality  
with teammates to  
professional resources all  
middle-level teachers should  
have. Content and  
instruction are important,  
but so are the practical



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matters that enable sound teaching practice. Day One and Beyond shows middle-level teachers how to manage the physical and emotional aspects of their unique environment so they

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can do what they've been  
trained to do: successfully  
teach young adolescents.  
The #1 New York Times  
bestseller. Over 4 million  
copies sold! Tiny Changes,  
Remarkable Results No

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matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical

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strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing

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your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system

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for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to

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distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an

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easy-to-understand guide for  
making good habits  
inevitable and bad habits  
impossible. Along the way,  
readers will be inspired and  
entertained with true stories  
from Olympic gold



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medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field.

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Learn how to: • make time for new habits (even when life gets crazy); • overcome a lack of motivation and willpower; • design your environment to make success easier; • get back

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distractions and less on your  
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mails, texts, tweets,  
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stress. AND YOU WANT  
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satisfaction from life, and  
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Build Good Habits & Break  
Bad Ones