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THE NO.1 BESTSELLER! 'I read it

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in one sitting, it's a superb book'
Eamon Dunphy, The Stand 'An
astonishing expos é ' Martin Ziegler,
The Times Over the course of
fifteen years, John Delaney ran the
Football Association of Ireland as
his own personal fiefdom. He had

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his critics, but his power was never seriously challenged until 2019, when Mark Tighe and Paul Rowan published a sequence of stories in the Sunday Times containing damaging revelations about his personal compensation and the

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parlous financial situation of the FAI. Delaney's reputation as a great financial manager was left in tatters. He resigned under pressure, and the FAI was left hoping for a massive bail-out from the Irish taxpayer. Champagne

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Football is a gripping, sometimes darkly hilarious and often enraging piece of reporting by the award-winning journalists who finally pulled back the curtain on the FAI's mismanagement. _____
'Excellent' Irish Sun 'A jaw-dropping

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story ... brilliant' Irish Times

'Essential reading' Irish Daily Star

'Astonishing ... Side-splittingly

hilarious' Guardian 'A damning

account' Sunday Independent 'An

instant classic, one of the all-time

great Irish sports books' Alan

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English 'Excellent ... includes
staggering detail' Daily Mail 'A
cracking read ... [An] incredible
amount of jaw-dropping detail' Matt
Cooper 'One of the most hotly-
anticipated sport books of the year'
Brendan O'Connor 'A masterpiece'

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Tommy Martin 'At last, the truth of his ruinous reign has been rigorously and painstakingly exposed' Irish Daily Mail 'An absolutely extraordinary book' Eoin McDevitt, Second Captains 'Remarkable. The desperate story

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of Irish football but also a book
about how Ireland works.

Outstanding' Dion Fanning

Stammer is a personal memoir of
growing up with a chronic stutter
and how it affected the author's
emotional and physical wellbeing.

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For 29 years of his life he could not say his name without stammering. The book deals with his difficult childhood, the emotional abuse he suffered, and how he used hurling and football to express himself, progressing to playing senior

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hurling for the Dublin team. It also charts the deterioration in his mental health, culminating in periods of self-harm and suicidal thoughts following the breakup of his marriage. Redemption comes as the author gained control of his

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speech and mental health through intensive therapy and gained acceptance with the help of a new relationship. Topics covered include: Stammering Self-harm Suicidal thoughts Hurling and Gaelic football Marital

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breakdownFamilial
relationshipsSpeech therapyMental
healthEmpowermentSelf-
acceptanceHard
workBraveryRedemption
Here the many sides to addiction
are explored in stories which,

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though often raw and at times heart-breaking, are bound together by their courage, honesty, hope and resolve. Each one recognises the power of openness in emerging from the dark shadow cast by addiction. In looking to a brighter

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day, they assert the loudly and clearly that, even when we feel at our most isolated, we are never alone. Help is at hand. With contributions from well-known public figures who have struggled with addiction, including Paul

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McGrath, Ben Dunne, singer Mary Coughlan and Oisín McConville, the accounts are interspersed with the thoughtful reflections of addiction therapist Frances Black on many themes of recovery. You Are Not Alone is a book that will give hope

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and practical advice to the hundreds of thousands of Irish people out there whose lives have been affected by addiction.

Allen Carr (1934-2006) was a chain-smoker for over 30 years. In 1983, after countless failed attempts to

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quit, he went from 100 cigarettes a day to zero without suffering withdrawal pangs, without using willpower and without gaining weight. He realised that he had discovered what the world had been waiting for - the Easy Way to

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Stop Smoking - and embarked on a mission to help cure the world's smokers. Allen Carr is now recognised as the world's leading expert on helping smokers to quit, having sold over 14 million books. This enhanced eBook combines an

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updated version of his internationally best-selling Easy Way to Stop Smoking with a 75-minute audio seminar from Allen himself, giving you all the expertise and support you'll need to become a happy non-smoker for the rest of

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your life. Allen's technique has enabled millions of smokers to stop easily, painlessly and permanently. It works without the need for willpower, there are no scare tactics and you won't gain weight. 'His method is absolutely unique,

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removing the dependence on
cigarettes' - Sir Richard Branson.

My Story

The Boys of '93

Might Bite

Oisín McConville's Story

Gambling Addiction in Ireland

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A Story in Seasons

Sive

Tipperary native Paddy Russell has been one of the leading referees in the GAA for the past 30 years. His story is a remarkable one, following his rise from humble beginnings to the

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pinnacle of two All-Ireland finals. Inspired by the late, great John Moloney, Russell took his first steps in refereeing in 1976. He quickly emerged as a leading light and rapidly worked his way to the top of his profession. Russell has enjoyed a successful

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career but it is also one laced with drama, most notably that arising from the 1995 All-Ireland senior football final between Tyrone and Dublin. Russell later took charge of the tempestuous National Football League clash between Dublin and Tyrone in

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2006, which became known as 'The Battle of Omagh', and the stormy showdown between Leinster rivals Dublin and Meath in April 2008. Just two months later, Russell was in charge of the Munster senior football championship tie between All-

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Ireland champions Kerry and Clare when Kerry captain Paul Galvin slapped the referee's notebook from his hands, earning a three-month suspension. In *Final Whistle*, Russell reflects on his eventful journey, including these controversial matches, and

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describes vividly the stresses and strains of refereeing modern-day Gaelic games.

'The greatest Gaelic footballer of all time.' Pat Spillane When Colm Cooper retired from inter-county football in 2017, he left behind a remarkable legacy. The holder of

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five All-Ireland medals and eight All-Stars, he was Kerry's stand-out forward for fifteen years. From a family steeped in Gaelic football, and a core member of the Dr Crokes team, Colm was still in his teens when he first played for Kerry at senior level.

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Overcoming struggles with injury and personal tragedy, Cooper became one of the GAA's most recognizable and best-loved figures at a time of tumultuous change in the game. But the man known nationally as 'Gooch' is also an intensely private figure

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who has never courted publicity and his personal story remains largely untold. Now Gooch - The Autobiography unlocks a previously unopened door, tracing a compelling path through the life beyond the headlines. This is the story of an ordinary man who

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became an extraordinary
footballer.

Aidan O'Mahony was at peak
physical fitness and making his
mark on the Kerry Senior Football
team when he made the
devastating choice to walk away
from it all. Now, in his powerfully

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honest memoir, Aidan looks at the events leading up to this moment: the extreme pressure he put himself under as he strove for maximum physical strength, struggling with the asthma that had plagued him since childhood; the on-pitch altercation that took

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a toll on his mental health; the controversy over a failed drug test and the intense media scrutiny he found himself facing. And he tells of how, in the weeks that followed him quitting the game, he made a decision which would ultimately change

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everything. As Aidan began to discover who he was and what was important to him, he returned to football with the same dedication and commitment he'd always had - but with a new mindset. He went on to achieve Championship and personal highs

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including taking part in and winning RTE's Dancing with the Stars. Unbroken is an account of the discipline it takes to be a part of one of the country's most successful Gaelic football teams. It is also a story of managing external and internal

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expectations and pressure, and of the importance of knowing when to ask for help.

For 16 years, Darragh Ó Sé wore the number 8 jersey for Gaelic football's most celebrated county, stoking the fires in Kerry's engine room. With six All Ireland medals,

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he is the most decorated
footballer of the modern era.
Darragh's name is synonymous
with his county's unrelenting
appetite for success, but
throughout his illustrious career
he has held his counsel, allowing
his football to do the talking. Until

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now. This is the story of a modern Kerry icon. Uncompromising, passionate and possessing a savage wit, Darragh talks openly for the first time about his life in the green and gold, and about his constant drive to succeed. Elsewhere in the book, he details

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his setbacks, reflects on a family tragedy and reveals how his upbringing on the fringe of west Kerry helped shape his character, steeling him for a career in the toughest position in Gaelic football. This is the story of Darragh Ó Sé - the life of a

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legend.

Unbroken

Out of Control

Derry's All-Ireland Kings

The Life and Crimes of Conor
McGregor

The Secret Life of a Gambling
Addict

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The British National Bibliography
Gambling Trends

Two men meet for a pint in a
Dublin pub. They chew the fat,
set the world to rights, take the
piss... They talk about their wives,
their kids, their kids' pets, their

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football teams and – this being Ireland in 2011–12 –about the euro, the crash, the presidential election, the Queen's visit. But these men are not parochial or small-minded; one of them knows where to find the missing

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Colonel Gaddafi (he's working as a cleaner at Dublin Airport); they worry about Greek debt, the IMF and the bondholders (whatever they might be); in their fashion, they mourn the deaths of Whitney Houston, Donna

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Summer, Davy Jones and Robin Gibb; and they ask each other the really important questions like 'Would you ever let yourself be digitally enhanced?' Inspired by a year's worth of news, Two Pints distils the essence of

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Roddy Doyle's comic genius.

This book shares the concision
of a collection of poems, and the
timing of a virtuoso comedian.

A look at Global Warming from
its causes, effects, and possible
solutions from a Columban priest

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who is an ecological and
environmental activist.

A stunning illustrated journey
through one young woman's
year of feelings—from the
saturated highs of early summer
to the gray isolation of late

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winter. “Feelings is a visual and emotional treat, full of gorgeous artwork and soothing insight.”—Mari Andrew, New York Times bestselling author of *Am I There Yet?* Enter Manjit Thapp’s *Feelings*, where you’ll find

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moods that change as quickly as the weather; the different shades of anxiety and hope that each new season brings; and the stages of joy and pain that fuel our growth. From the spark of possibility and jolt of creativity in

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High Summer, to the need for release from anxiety and pressure during Monsoon, to the desolation and numbness of Winter, *Feelings* implores us to consider the seasons of our own emotional journeys. Articulating

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and validating the range of feelings we all experience, this is a book that allows us to feel connected and comforted by the experiences that make us human.

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StoryMainstream

The Autobiography

Stop Smoking with Allen Carr

A Collection

Causes, Consequences and
Recovery

Champagne Football

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How football can help your
mental health

My Unexpected Journey to Self-
Belief

Cathal McCarron is a Tyrone footballer,
talented enough to be nominated for an All-
Star twice in the last three years. However,

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he hid a dark secret for years, a gambling addiction which almost destroyed him.

While effectively on the run in London in 2013, his life had spiralled so viciously out of control that he ended up having sex with a man for a gay porn website. After getting paid, he walked across the road and gambled half his earnings in a betting

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shop. When footage subsequently leaked, McCarron could no longer hide his terrible secret, and keep running from his troubled past. He slowly began the long road back to rehabilitation. After a year out of the inter-county game with Tyrone in 2014, McCarron made a remarkable recovery in 2015, ending the season with an All-Star

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nomination. His story is a remarkable tale of the hidden demons that often visit and terrorise inter-county players. It also underlines the pressures and expectations so often taken for granted with amateur players. McCarron recalls his journey with searing honesty, from the depths of depression and to the edge of suicide to

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path taken back to recovery and rehabilitation. He is now studying to be a counsellor, aiming to help people rid themselves of the demons that once almost destroyed his life. The edge to the book is added with McCarron still an active inter-county player. His journey will also take you inside the dressing room of a team

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with serious ambitions of winning another All-Ireland title. McCarron's story is unlike any other written by a GAA player before.

'An electrifying account of gambling addiction ... compelling' The Times

'Searingly honest ... should be in the hands of anyone who has eyed a bet' Daily Mail

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'Compulsive' The i 'An in-depth testimony'
Daily Telegraph 'An extraordinary story ...
vital stuff' Adrian Chiles, BBC Radio 5
Live 'A no-holds-barred journey through
gambling addiction and into the hope of
recovery' Paul Merson 'Patrick's story will
stop you in your tracks' Sam Billings,
England cricketer The unputdownable

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story of a life shattered by a secret gambling addiction – and an uplifting tale of recovery. With a foreword by Marcus Trescothick. For more than 12 years, Patrick Foster lived a double life. Turning 31, a popular and sociable young teacher and former professional cricketer, he had a lovely girlfriend and a supportive family.

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But he was hiding a secret and debilitating gambling addiction from even those closest to him. Huge bets had led to huge debts, thousands of lies, and consequences for his mental health that pushed him to the edge of the platform at Slough station, where he was moments from taking his own life in March 2018. That month

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Patrick had turned a £30 bet into £28,000, then lost £50,000 on a single horse, Might Bite, in the Cheltenham Gold Cup, watching the race in a silent classroom as his students undertook a mock exam in front of him. In his desperation, he had taken out every possible loan, and borrowed money from family, friends and

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even the parents of children he taught. Although his life was unravelling around him, he could not stop. You might think that this is just one man's story. But problem gambling affects one in 200 people in the UK alone. Hundreds lose their lives annually as a result. The industry is worth more than £14 billion.

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Might Bite is a shocking, cautionary tale of just how easy it is to fall victim to the insidious lure of 'winning big'. And of how recovery is possible from the depths of addiction, no matter how inescapable it seems. 'As a society, we are only just getting to grips with gambling addiction. Patrick Foster is a trailblazer. His work

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will help many.' Marcus Trescothick
LONGLISTED FOR THE WILLIAM
HILL SPORTS BOOK OF THE YEAR
PRIZE 2020 'Reads like a thriller, or even
a spy novel...Walsh keeps you gripped'
Rosamund Urwin, Sunday Times 'A
turbulent but ultimately inspiring tale. The
candour...is rare and gripping' Matt

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Dickinson, The Times It was the story that shocked the world: Russian athletics was revealed to be corrupt from top to bottom, with institutionalised doping used to help the nation's athletes win medals they did not deserve. But the full story of the couple who blew the whistle has never been told - until now. When Russian anti-

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doping official Vitaly Stepanov met the young 800m athlete Yuliya Rusanova, for him it was love at first sight. Within two months, they were married. But there was a problem – in fact, there were lots of problems. She admitted she was doping and that everyone else was doping, and she let him know that she came from a

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dark place ... It could all have brought a very swift end to a very hasty marriage, but gradually the Stepanovs began to realise that whatever you did, the system in Russia was stacked against you. In the end, the only ones they could rely upon were each other. Fully aware of the risks they were taking, they decided to turn the

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tables on those who had manipulated them and cheated the sporting world. The result of their investigative work sent shockwaves around the planet and led to Russia's athletes being banned from world sport, while the Stepanovs themselves had to go into hiding. The Russian Affair is a gripping true-life drama that at times reads

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like a spy novel and at others like an epic love story. But, at the centre of it all, is a quietly determined couple who knew that if they stood together they could shine a light on a corrupt system and bring it crashing to the ground.

"In the edited collection, *Time Out: National Perspectives on Sport and the*

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Covid-19 Lockdown, practitioners and international scholars explore the impact of the global Covid-19 health pandemic on sport from various local and national perspectives. It is part of a two-volume Covid-19 and Sport series that tackles the effects of the global lockdown on sport during March and April 2020, when

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restrictions were at their most severe and the human toll at its peak in many countries. The twenty-two chapters provide a comprehensive overview on the immediate consequences of the Covid-19 lockdown on local and national sport from a variety of perspectives"--

Darragh

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The Inside Story of the 'Cash-for-Ash'
Scandal and Northern Ireland's Secretive
New Elite

The Ponzi Man

A Memoir

Contention of the Bards

Plus a unique 70 minute audio seminar
delivered by the author

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The Paddy Russell Story

In her midforties and settled into the responsibilities and routines of adulthood, Dani Shapiro found herself with more questions than answers. Was this all life was—a hodgepodge of errands, dinner dates, e-mails, meetings, to-do lists? What did it all

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mean? Having grown up in a deeply religious and traditional family, Shapiro had no personal sense of faith, despite repeated attempts to create a connection to something greater. Feeling as if she was plunging headlong into what Carl Jung termed "the afternoon of life," she wrestled

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with self-doubt and a searing disquietude that would awaken her in the middle of the night. Set adrift by loss—her father's early death; the life-threatening illness of her infant son; her troubled relationship with her mother—she had become edgy and uncertain. At the heart of this anxiety,

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she realized, was a challenge: What did she believe? Spurred on by the big questions her young son began to raise, Shapiro embarked upon a surprisingly joyful quest to find meaning in a constantly changing world. The result is *Devotion*: a literary excavation to the core of a life. In this

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spiritual detective story, Shapiro explores the varieties of experience she has pursued—from the rituals of her black hat Orthodox Jewish relatives to yoga shalas and meditation retreats. A reckoning of the choices she has made and the knowledge she has gained, Devotion is the story of a

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woman whose search for meaning ultimately leads her home. Her journey is at once poignant and funny, intensely personal and completely universal.

These strategies worked for me and I know they can work for you too.

Andrea Hayes Do you dream of

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creating a change in your life but feel stuck or unsure where to start? Andrea Hayes's inspirational and practical journal will help you clarify what you really want for the year ahead so you can begin to manifest the life of your dreams. Inside, you will find a twelve-step strategy to help you identify your

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goals and focus on each one, month by month. With space provided for monthly journaling, helpful exercises for overcoming your own personal mental blocks, and Andrea's free hypnosis downloads designed to let you relax and access your most authentic self, this book will help you

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to stop drifting and form new habits that will transform your life. A once-in-a-generation book that comes along and suddenly your whole life seems to slot into place. There's inspiration on every page and it's brimming with wonderful, life-affirming messages you'll want to live by. Everyone I know

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is getting a copy. Claudia Carroll

Andrea's overall positivity is
infectious. This book is the first page
of the rest of your life. Brendan

Courtney

Over the course of fifteen years, John
Delaney ran the Football Association
of Ireland as his own personal fiefdom.

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He had his critics, but his power was never seriously challenged until last year, when Mark Tighe and Paul Rowan published a sequence of stories in the Sunday Times containing damaging revelations about his personal compensation and the parlous financial situation of the FAI.

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Delaney's reputation as a great financial manager was left in tatters. He resigned under pressure, and the FAI was left hoping for a massive bailout from the Irish taxpayer. In Champagne Football, Tighe and Rowan dig deep into the story of Delaney's career and of the FAI's slide

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into ruin. They show how he surrounded himself with people whose personal loyalty he could count on, and a board that failed to notice that the association's finances were shot. They detail Delaney's skilful cultivation of opinion-formers outside the FAI. And they document the culture of

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excess that Delaney presided over and benefited from, to the detriment of the organization he led. Champagne Football is a gripping, sometimes darkly hilarious and often enraging piece of reporting by the award-winning journalists who finally pulled back the curtain on the FAI's

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mismanagement.

The denizens of a crumbling Dublin hotel are the subject of a meddling photographer in this Booker Prize-shortlisted "masterpiece" (Irish Times). Once a flourishing establishment, O'Neill's Hotel has fallen on hard times. The same could

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be said for the people who live there. Among them are Mrs. Sinnott, the elderly, deaf, and mute proprietor; her drunkard son, Eugene; Morrissey, a small-time pimp; and the grim, lone porter O'Shea. But what might sound bleak to some holds irresistible allure for globetrotting photographer Ivy

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Eckdorf. Hearing stories of O'Neill's Hotel from an ocean liner barman, Eckdorf catches the unmistakable whiff of human interest. Surely some tragic story hides within this crumbling corner of Ireland. Now she intends to uncover that story, frame it just so, and turn it into her next coffee table book.

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Though she has no connection to these hard-luck souls, she has arrived. And no one's life will be the same—not even hers. “An astounding richness of pathos, humour and tragedy.” —Francis King “A small work of art [that] reaches antic heights.” —The New York Times

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National Perspectives on Sport and
the Covid-19 Lockdown

The Border Game

The Definitive History of Gaelic
Football from 1873

The True Story of the Couple who
Uncovered the Greatest Sporting
Scandal

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Chaos is a Friend of Mine

Two Pints

One of the greatest GAA
footballers of the modern era,
Paul Galvin has enjoyed a
brilliant and at times
controversial career. Winning

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four senior All Ireland medals with Kerry and eight Munster championships, he was also a three-time All Star and 2009 Footballer of the Year. His inter-county career took off in the late 1990s, when he picked up a

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Munster minor championship medal in 1997 and another at under-21 level in 1999. But it was in the senior team throughout the 2000s that Paul came into his own. In a period defined by great rivalry with

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Tyrone, he became a key playmaker for Kerry, never failing to give his all in pursuit of victory. Over the course of a career marked by courage, physicality and an intense passion for the Green and Gold, there were

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many glorious days. There were other days too, with controversial incidents that led to a number of suspensions, most notably in 2008, the year in which Paul also had the honour of being the Kerry captain. 2009 brought

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redemption. But 2010 presented new challenges. In this fiercely honest autobiography, Paul offers – in his own words – a compelling, unflinching account of a career that has fascinated football fans for over a decade.

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... People say to me be careful of the money, don't blow it. If the money becomes a problem, I'll get rid of it. I've been planning to get to this stage for a long, long time and I won't let anything stop me. Honestly.' The year is 2013,

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and Ewan MacKenna is sitting in McDonald's with Conor McGregor as he enjoys his weekly coffee, a treat in the eyes of a dedicated fighter. The Crumlin born mixed martial arts fighter has not yet cashed his

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€ 60,000 prize money after his maiden UFC victory over Marcus Brimage, a first-round stoppage, but he knows the importance of it – only recently has he found himself in the social welfare queue. Five years on and

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McGregor is late for his press conference with Khabib Nurmagomedov ahead of their showdown at UFC 229. By the time he arrives his opponent has gone, but it doesn't stop him from launching into a diatribe

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against him before reverting to a sales pitch for his own whiskey, 'Proper No. 12.' Somewhere along the line, the fighter became a stranger to his art, increasingly drawn to the circus that surrounds him. But what is

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McGregor? A wonderful rags-to-
riches tale? Dedicated athlete?
Cultural phenomenon? Troubled
soul? Out-of-control kid?
Confused young man?
Narcissist? Arrogant thug?
Sporting icon? McGregor is any

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and all but, crucially, more than most sporting stars, he is also a mirror of society. In *Chaos is a Friend of Mine*, MacKenna takes in both Las Vegas in 2018 and Dublin in 2019 in order to examine McGregor's journey,

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from his upbringing in the Irish capital, to his early days as a wide-eyed, prodigiously talented martial arts obsessive, to his recent antics outside the ring which have seem him grow bigger than the sport itself but

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spiral out of control.

Featuring new notes written by
English teacher and daughter of
John B Keane, Joanna Keane
O'Flynn Suitable for both Senior
and Junior cycle classes

As far as those who marvel at his

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sporting glories are concerned, Oisín McConville is a winner. His career has marked him out as one of the most gifted footballers of a generation. To date, he has won eleven Ulster titles and four All Irelands for club and country,

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picking up two All Stars and becoming the top scorer in Ulster football along the way. But off the pitch, winning has not been so easy. Outside the sport, McConville looked for other ways to replicate the buzz he felt while

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on the pitch for Crossmaglen and Armagh, and things very quickly got out of control. After the closure of his pub, it was rumoured that he had a drinking problem but in fact McConville had fallen victim to another

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addiction: gambling. What started out as a hobby became an overwhelming obsession and as his debts mounted the only escape he could find was on the football field. In *The Gambler*, McConville relives the darkest

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days of his addiction and the six months he spent in rehabilitation while also recalling the highlights of his career.

Time Out

Burned

Screaming at the Sky

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A journey of adversity, mental
strength and physical fitness
Devotion

The Lies You Told

Mrs Eckdorf in O'Neill's Hotel

Gaelic football has grown into a
massive modern entertainment

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industry, celebrated on summer Sundays at Europe's third largest sports stadium. Yet it has retained a unique relationship with the often small local communities which sustain it. Gaelic footballers

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and their followers receive no payment, have no transfer system and remain loyal to their home counties as players and supporters. This is more than a sport - it is a subculture of its own, with songs, stories and

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ceremonies that are unique in the sporting world. In this fascinating book, Eoghan Corry charts the emergence of great Gaelic football teams, players and rivalries whose tactics brought success and whose

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innovations changed the sport itself. The History of Gaelic Football also outlines how the game became entangled in the political life of Ireland, tracing its course as it weaved and bobbed through political

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controversy, civil war and Ireland's rapidly-changing society over the course of the twentieth century. It recounts hilarious incidents from the history of Gaelic football, from invading crowds to crazy goals,

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detailing the rough, the tough
and the bizarre that
characterise the sport. Above
all, it celebrates the players
who bring entertainment,
excitement and excellence, and
who enrich the lives of ordinary

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people across Ireland and the
world. The History of Gaelic
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Balls 1903-27: A Popular Game
1927-47: Hand Across the

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Atlantic 1948-74: Strong and
Forthright Men 1987-2000:
Inside the Mind of the
Champion More Matches, More
Watchers

One of the most shocking
scandals in Northern Irish

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political history: originally a green-energy initiative, the Renewal Heat Incentive (RHI) or 'cash-for-ash' scheme saw Northern Ireland's government pay £1.60 for every £1 of fuel the public burned in their wood-

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pellet boilers, leading to
widespread abuse and
ultimately the collapse of the
power-sharing administration at
Stormont. Revealing the wild
incompetence of the Northern
Ireland civil service and the

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ineptitude and serious abuses of power by some of those at the head of the Democratic Unionist Party (DUP), now propping up Prime Minister Boris Johnson's government and a major factor in the Brexit

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negotiations, this scandal exposed not only some of Northern Ireland's most powerful figures but revealed problems that go to the very heart of how NI is governed. A riveting political thriller from

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the journalist who covered the controversy for over two years, Burned is the inside story of the shocking scandal that brought down a government.

In 2002, almost a decade after he became the first man to lead

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Derry's footballers to All-Ireland success - and in the most unlikely of moves for the cagey Ballymaguigan bricklayer - Eamonn Coleman sat down with a journalist and told his story. That that journalist was

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his niece and goddaughter gave the infamously secretive Coleman the time and space to relive the white-hot battles of Ulster football in the early 90s, from Casement to Clones with the boys of '93, and their

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triumphant march to Croker to claim Sam, the ultimate prize. Over a period of months, then years, and in that unique South Derry brogue, he recalls those guts and glory days: the professional triumphs and

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personal disasters, not least his sacking just a year after seeing his beloved 'boys' crowned All-Ireland kings. That was personal. In this compelling posthumous memoir, the charismatic Coleman pays

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homage to the halcyon days of Ulster football and to the men who made them: McEniff and McGrath and the influence of legends such as Heffernan and McKeever. At the root of his story though remains his golden

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philosophy, “the players is the men”.

Nobody thought Rory O'Connor would make it - written off as 'thick' at school, he struggled to find a career he felt he could succeed in. When a hot tip led

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to a win on the horses it was the beginning of a dangerous spiral into a gambling addiction that gnawed away at his self-esteem even further. How did the man who thought he had nothing to live for go on to

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become a stand-up comedian selling out venues around Ireland and reaching 800,000 people through his social media platforms? This is Rory's Story. Told with his trademark humour, this straight-talking

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memoir is a book for anyone who wants to be inspired by an ordinary man's mental health journey.

Wellness strategies to transform your life

A Personal Relationship with

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the GAA

Feelings

You Are Not Alone: Personal
Stories on Surviving the Impact
of Addiction

The astonishing story of the
postman who gambled

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€10,000,000 ... and lost it all

Final Whistle

An Exploration

"Why does living where you're from have to be such a political act?" On a farm on the border, a fence is in need of repair after

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being destroyed by vandals. When Sinead finds Henry hungover in her field, she ropes him in to help. But rebuilding a fence is more complicated than it seems. What begins as a simple task soon turns to talk of their past, a reliving of old memories, and a relentless

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competition to come out on top. A timely and powerful reflection on 100 years of the border in Ireland and how it has impacted those who live along it. Inspired by 100 testimonies from real people who live on the border.

- He's a champion sportsman at

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the highest level - a Clare 'All Star', playing one of the world's fastest, most challenging sports - hurling.- He's cycled 7,000 km across a continent in 51 days.- He's raised almost ↪ 1 million for cancer charities.-

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chapter—in the bestselling *The House of Kennedy*, “James Patterson applies his writerly skills to real-life history . . . retelling the political clan’s rise and fall and rise again (and fall again) with novelistic style” (People). The Kennedys have always been a

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family of charismatic adventurers, raised to take risks and excel, living by the dual family mottos: "To whom much is given, much is expected" and "Win at all costs." And they do—but at a price. Across decades and generations, the Kennedys have occupied a unique

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place in the American imagination: charmed, cursed, at once familiar and unknowable. The House of Kennedy is a revealing, fascinating account of America's most storied family, as told by America's most trusted storyteller.

Tony 10 was the online betting

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username of Tony O' Reilly, the postman who became front-page news in 2011 after he stole €1.75 million from An Post while he was a branch manager in Gorey. He used the money to fund a gambling addiction that began with a bet of €1 and eventually rose to €10

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million, leading to the loss of his job, his family, his home – and winning him a prison sentence. From the heart-stopping moments in a hotel room in Cyprus with his wedding money riding on the Epsom Derby, to the euphoria of winning half a million over a

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weekend, to the late goals and the horses falling at the last fence, Tony 10 is the story of an ordinary man ' s journey from normality to catastrophe. At times, he vowed to get out while he was ahead, only to be taken by another surge of adrenaline, falling deeper

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and deeper into a compulsion that consumed his life. His disappearance on the morning the fraud was discovered led to a surreal three days on the run in Northern Ireland, and ultimately his arrest, conviction and sentencing to four years in jail.

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Tony 10 is the mesmerising story of the secret life of a pathological gambler – as well as the most compelling account yet of the damage wrought by the online gambling industry.

Gooch - The Autobiography
On The Ball?

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The House of Kennedy

John Delaney and the Betrayal of
Irish Football: The Inside Story

Stammer

Tony 10

The Challenge to All of Us

"All I have is a mobile home and a

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wife somewhere up in Dublin who despises me, and this strange feeling that I am on the brink of discovering the meaning of life ...
" John Devlin has lost all that he owned, and all that a lot of other people owned, through internet

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gambling. His once-celebrated financial genius has now made him notorious. They are calling him the Ponzi Man. Waiting to stand trial for stealing his clients' money, he goes back to live in a caravan in a seaside resort in

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**which he spent the summers of his
childhood, where memories and
living reminders of better times
taunt him. John's young solicitor
James tries to persuade him to
embark on a programme of
rehabilitation, to reduce his jail**

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sentence. He is just a gambler, he insists, a gambler who ran out of time. But even with his trial less than a month away, he is contemplating one last big play. Richly insightful, deeply humorous, often poignant, The

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Ponzi Man skilfully reveals the inner-world of a man who knows every maddening thing about gambling, except how to give it up. From the acclaimed author of Blood Orange, a dark new psychological thriller about the

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**perfect mother, the perfect wife,
the perfect family -- and the
perfect murder. In the playground
it's the law of the jungle But at
the school gate, there are no rules
at all... When Sadie Roper moves
back to London, she's determined**

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**to pick up the pieces of her
shattered life. First, she needs to
get her daughter settled into a new
school-one of the most exclusive in
the city. Next, she's going to get
back the high-flying criminal
barrister career she sacrificed for**

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**marriage ten years earlier. But
nothing goes quite as planned.
The school is not very welcoming
newcomers, her daughter hasn't
made any friends yet and the
other mothers are as fiercely
competitive as their children.**

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Sadie immediately finds herself on the outside as she navigates the fraught politics of the school gate. But the tide starts to turn as Sadie begins to work on a scandalous, high-profile case that's the perfect opportunity to prove herself

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**again, even though a dangerous
flirtation threatens to cloud her
professional judgment. And when
Liza, queen of the school moms,
befriends Sadie, she draws her
into the heart of the world from
which she was previously**

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excluded. Soon Sadie and her family start to thrive, but does this close new friendship prevent her from seeing the truth? Sadie may be keeping her friends close, but what she doesn't know is that her enemies are closer still... Dark,

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**addictive and compelling, The
Lies You Told is a compulsive
psychological thriller from a
master storyteller. "An extremely
well-written and unsettling novel .
. . Full of intrigue and menace, it
creeps up on you until that final**

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**explosive twist. A great read" --
Alex Michaelides, #1 New York
Times author of The Silent
Patient "I read The Lies You Told
in two days, barely able to turn
the pages fast enough. It's spare
and taut, the sense of wrongness**

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**building in chilling, skillfully
written layers, with a jaw
dropping last-line twist." -- Lisa
Jewell, New York Times
bestselling author of The Family
Upstairs**

The author's memories of the

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GAA (Gaelic Athletic Association)
and pays a personal tribute to the
enduring influence of this
organization on Irish society.

My Life Goals Journal

The Russian Affair

Regaining My Speech and My

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Life

**The History of Gaelic Football
Over the Bar
My Journey
How My Addiction Almost Killed
Me**