

The Autobiography: Life On The Flanks

Essential reading for anyone interested in writing biography or memoir, with practical advice from successful biographers and creative writing teachers.

As a lead singer of Westlife, one of the biggest pop acts in recent years, Shane Filan was on top of the world. Together with the band, he achieved 14 No.1 singles, (or Beatles) sold 44 million records and was adored by fans the world over. But Shane couldn't have imagined what was to come as Westlife went their separate ways in he had piled his fortunes into the Irish property boom and when the bubble burst, Shane struggled with mounting debt. Just two days after Westlife's final farewell concert to a crowd of 80,000 fans, Shane was declared bankrupt with reported debts of u18 million - losing everything. But this wasn't the end for Shane Filan - a devoted singer. Shane circled back to his song writing roots and a year later, launched his solo career to critical acclaim. In *My Side of Life* Shane will share his story for the first time growing up as part of a large Irish family in Co. Sligo, the phenomenal success of Westlife and the ups and downs of their time together, the breakup of the band and devastation, and finally going it alone as a solo artist. Now, for the first time, Shane tells his side of the story.

Birren has conducted more than twenty-five years of autobiography groups, where participants recall, write, and share their life stories. He offers "how-to" tips for oral history, complementing, and understanding oral history works. He finds that the exercise is rewarding for adults entering periods of transitions, such as the elderly population, and sharing of experiences with others on the same journey.

"Nothing short of riveting...an engrossing first-person account by one of our finest actors" (Huffington Post)—both a coming-of-age story and a meditation on creative craft—Bryan Cranston, beloved and acclaimed star of one of history's most successful TV shows, *Breaking Bad*. Bryan Cranston began his acting career at the age of 17 as a struggling actor and sometime director, cast him in a commercial for United Way. By fifth grade he was starring in the school play, spending hours at the local movie theater enacting favorite scenes with his brother in their living room. Cranston seemed destined to be an actor. But then his father left. And his family fell apart. Troubled by his father's departure, Cranston abandoned his acting aspirations and resolved to pursue a steadier career in law enforcement. Then, on a two-year cross-country motorcycle journey, Cranston discovered his talent for acting and found his mission and his calling. In this "must-read memoir" (The Philadelphia Inquirer), Cranston traces the many roles he inhabited throughout his life, both on and off screen. For the first time he shares the story of his early years as an actor on the soap opera *Loving*, his recurring spots on *Seinfeld*, and his time as Malcolm in the Middle, to his tour-de-force, Tony-winning performance as Lyndon Baines Johnson in Broadway's *All the Way*, to his most iconic role of all: *Breaking Bad*.

"An illuminating window into the actor's psyche" (People), Cranston has much to say about creativity, devotion, and craft, as well as innate talent and its challenges and the maintenance of that talent. "By turns gritty, funny, and sad" (Entertainment Weekly), ultimately *A Life in Parts* is a story about the joy, the necessity, and the transformative power of life. *Life So Far*

The Gift of Stories: Practical and Spiritual Applications of Autobiography, Life Stories, and Personal Mythmaking

A New American Journey

Life in the Overflow

Life Is Good

An Autobiography

'Life in the Jungle' is the autobiography of Michael Heseltine, one of the most enigmatic politicians in Britain. This book tells the story of not only his political life, but of his business career as well.

The stories we tell about ourselves are guided by cultural patterns and enduring elements. The current interest in mythology has made evident how the classic hero's journey represents a theme not only common to all the world's myths, but also our own lives today. *The Gift of Stories* offers a clear concise basis for understanding the nature and potential of sharing our stories. It provides specific, practical, instructional details for telling our own stories and gives the necessary guidelines for assisting others in telling their life stories. Its basic framework enables individuals with little experience to begin writing about the really important aspects of their lives and understanding how and why the universal elements of the stories we tell contribute to our continuing growth.

Danish poet and novelist Hans Christian Andersen (1805-1875) is best known for the dozens of fairy tales he wrote, including "The Little Mermaid," "The Ugly Duckling," and "The Snow Queen." Andersen's sense of fantasy, power of description, and acute sensitivity are strikingly evident in his autobiography. Andersen masterfully depicts the extreme poverty of his provincial childhood and the international celebrity of his later years, and also provides insights into the sources of many of his most famous tales.

PAUL DANIELS 1938-2016 In his day, Paul Daniels was the most famous magician in the world. His feats of illusion earned him the highest honours the magic world could award, and his astonishing talent earned him a worldwide recognition and admiration that will long outlive him. Behind the guise of the master magician, the consummate showman, lay a man of great intellect, wit and humour. But his dazzling career sometimes belied a private life that had more than its share of ups and downs - from his grim experiences in the army through to the pain and heartbreak of a broken marriage. In this, his only autobiography, he spoke for the first time about his incredible life and career. Although he was a master illusionist, there are no illusions here among the revelations of the happiness and sadness that filled his life. Among much else, the book speaks honestly about his relationship with his oldest son, and of the new life Paul made with Debbie McGee, his glamorous on-stage assistant. And then, of course, there was the magic. Whether he was making elephants disappear or performing card tricks with timeless professionalism, his repertoire was extraordinary. Perhaps surprisingly, his book reveals the secrets behind some of his most famous and entertaining performances - although he kept plenty up his sleeve, secrets that we shall now perhaps never know. *Paul Daniels: My Magic Life*, is a book to entertain readers, certainly. More than that, however, it will both move and intrigue them as it reveals the secret life of a much loved entertainer who was, in every sense, a magician to the end.

Reminiscences of an Active Life

The Book of Life

The Autobiography of John Roy Lynch

Life Itself

Running My Life - The Autobiography

The Complete and Authoritative Edition

Upton Sinclair, one of America's foremost and most prolific authors, addresses the cultivation of the mind and the body in this 1922 volume. Sinclair's goal was to attempt to tell the reader how to live, how to find health, happiness and success, and how to develop fully both the mind and the body. Part One: The Book of the Mind covers such subjects as faith, reason, morality, and the subconscious. Part Two: The Book of the Body develops such subjects as errors in diet, the fasting cure, food and poisons, work and play, and diseases and their cures .

The Book of My LifeNew York Review of Books

The surprising final chapter of a great American life. When the first volume of Mark Twain's uncensored Autobiography was published in 2010, it was hailed as an essential addition to the shelf of his works and a crucial document for our understanding of the great humorist's life and times. This third and final volume crowns and completes his life's work. Like its companion volumes, it chronicles Twain's inner and outer life through a series of daily dictations that go wherever his fancy leads. Created from March 1907 to December 1909, these dictations present Mark Twain at the end of his life: receiving an honorary degree from Oxford University; railing against Theodore RooseveltAutobiography's "Closing Words" movingly commemorate his daughter Jean, who died on Christmas Eve 1909. Also included in this volume is the previously unpublished "Ashcroft-Lyon Manuscript," Mark Twain's caustic indictment of his "putrescent pair" of secretaries and the havoc that erupted in his house during their residency.

Fitfully published in fragments at intervals throughout the twentieth century, Autobiography of Mark Twain has now been critically reconstructed and made available as it was intended to be read. Fully annotated by the editors of the Mark Twain Project, the complete Autobiography emerges as a landmark publication in American literature. Editors: Benjamin Griffin and Harriet Elinor

Smith Associate Editors: Victor Fischer, Michael B. Frank, Amanda Gagel, Sharon K. Goetz, Leslie Diane Myrick, Christopher M. Ohge

Sir Trevor McDonald is an extraordinary man - and he has led an improbable life. Now in his 80th year, he is known and loved by people the world over for his humility, charm and natural ease. As a natural storyteller and communicator, he has few equals. In

An Improbable Life, Sir Trevor recounts his personal experience of world events and interviews with globally famous - or notorious - figures. He has witnessed war and death and risked his own life to meet and talk with despots and liberators. We read about his first trip to South Africa, and obtaining the first British television interview with Nelson Mandela; his reflections on the Windrush generation; and experiencing Barack Obama's momentous inauguration as President of the USA. We are also present at his dramatic meetings with Saddam Hussein (the first and only one by a British television correspondent) and Muammar Gaddafi.

Engaging, intimate and moving, this is the life story of an exceptional journalist and broadcaster who over decades has expertly revealed to us history in the making.

The Arvon Book of Life Writing

My Life on the Road

My Autobiography!

My Life with Bob

A Comic's Life

Born Standing Up

This book is about the beginning of Sir Alex's football career, until the year 2000. 1999 was an outstanding year for Alex Ferguson - not only did he lead Manchester United, the most successful club in the world, to a unique and outstanding treble triumph, but he was awarded the highest honor for his sporting achievements; a Knighthood from the Queen. Universally respected for his style, Ferguson is an unusually intelligent man with a fascinating life story. Covering his tough Govan upbringing through to his playing days and onto his shift into management, Manchester United found the fine balance of biting controversy and human sensitivity which made it such an unprecedented success in hardback. Alex Ferguson is a legend in his lifetime.

In the bestselling tradition of Bill Bryson and Tony Horwitz, Rinker Buck's The Oregon Trail is a major work of participatory history: an epic account of traveling the 2,000-mile length

old-fashioned way, in a covered wagon with a team of mules—which hasn't been done in a century—that also tells the rich history of the trail, the people who made the migration, country. Spanning 2,000 miles and traversing six states from Missouri to the Pacific Ocean, the Oregon Trail is the route that made America. In the fifteen years before the Civil War used it to emigrate West—historians still regard this as the largest land migration of all time—the trail united the coasts, doubled the size of the country, and laid the groundwork that also solidified the American character: our plucky determination in the face of adversity, our impetuous cycle of financial bubbles and busts, the fractious clash of ethnic populations and space. Today, amazingly, the trail is all but forgotten. Rinker Buck is no stranger to grand adventures. The New Yorker described his first travel narrative, *Flight of Passage*, as “a book,” and with *The Oregon Trail* he seeks to bring the most important road in American history back to life. At once a majestic American journey, a significant work of history, and a pair of bestsellers by Bill Bryson and Cheryl Strayed, the book tells the story of Buck's 2,000-mile expedition across the plains with tremendous humor and heart. He was accompanied by his boisterous brother, Nick, and an “incurably filthy” Jack Russell terrier named Olive Oyl. Along the way, Buck dodges thunderstorms in Nebraska, chases his runaway mules across scouts more than five hundred miles of nearly vanished trail on foot, crosses the Rockies, makes desperate fifty-mile forced marches for water, and repairs so many broken wheels that he reinvents the art of wagon travel itself. Apart from charting his own geographical and emotional adventure, Buck introduces readers to the evangelists, shysters, natives, trailblazers who were among the first of the pioneers to make the journey west. With a rare narrative power, a refreshing candor about his own weakness and mistakes, and an extremely attractive travelogue, *The Oregon Trail* draws readers into the journey of a lifetime.

A Life Worth Living tells the story of Michael Smurfit and the company he built. From humble beginnings, through years of hard work, it documents the Smurfit Group's challenges faced and overcome, and the many deals that continually doubled the size of the business every three or four years. It shows how the Smurfit culture and systems provided a world-beating competitive advantage. Born in St Helens, Lancashire in August 1936, Michael Smurfit joined his father's business, Ltd. in Dublin, straight from school to learn the papermaking business from the bottom up. Two years after the company floated on the Irish Stock Exchange, Michael and his Joint Managing Directors, as a Jefferson Senior took on the role of Chairman and Chief Executive. Then followed 30 years of acquisitions, as the Jefferson Smurfit Group became Ireland's multinational company and one of the largest paper and packaging companies in the world. In 2002, Michael took the Smurfit Group private, retiring as CEO but remaining Chairman, steered a merger with Kappa Packaging BV, which successfully refloated in 2007 as Smurfit Kappa Group. Michael's life outside Smurfit includes his chairmanship of the Racing Board, Telecom eireann; his interest in horseracing; his ownership of The K Club and the triumph that was the Ryder Cup 2006. *A Life Worth Living* is an all feature, alongside his love and commitment to his family and living.”

Peter Kingsley is famous as both a historian and a teller of the future long before it appears. Exquisitely written, his *Book of Life* is a wide open door into the timeless magic and unmanageable mystery of the past that we have managed to forget.

Life in the Jungle

My Life in Football

Autobiography of Mark Twain, Volume 3

About My Life Story!

An Improbable Life

Meaning a Life

The wife of the American poet George Oppen tells of their experiences traveling throughout America and of their associations with the Communist Party.

A portrait of Benjamin Franklin's youngest sister, Jane, reveals how she was, like her brother, a passionate reader, gifted writer, and shrewd political commentator who made insightful observations about early America.

Kevin Keegan is one of the greatest players in English football history. Throughout his career as a player and manager he was famed for his style on the pitch and the passion for the game, which he shared with his fans. In *My Life in Football*, Keegan tells the story of his life, from the streets of Doncaster to signing for Liverpool under Bill Shankly where he won three First Division titles, two UEFA Cups, a European Cup and the FA Cup before moving to Hamburg where he won the Bundesliga as well as the Ballon d'Or twice. After retiring, Keegan enjoyed a legendary five-year spell as manager at Newcastle United during which the club was promoted to the Premier League and then finished runners up in the top flight, not once but twice. In *My Life in Football*, Keegan tells the full story of the glorious highs, but also the pain of managing England and his unhappy return to Newcastle for a short-lived second tenure. Brilliant, funny, passionate, deeply moving and incredibly honest, *My Life in Football* is the full story of an incredible journey from miner's son to being crowned 'King Kev' by his adoring fans.

In this powerful, unforgettable memoir, acclaimed novelist Darin Strauss examines the far-reaching consequences of the tragic moment that has shadowed his whole life. In his last month of high school, he was behind the wheel of his dad's Oldsmobile, driving with friends, heading off to play mini-golf. Then: a classmate swerved in front of his car. The collision resulted in her

death. With piercing insight and stark prose, Darin Strauss leads us on a deeply personal, immediate, and emotional journey—graduating high school, going away to college, starting his writing career, falling in love with his future wife, becoming a father. Along the way, he takes a hard look at loss and guilt, maturity and accountability, hope and, at last, acceptance. The result is a staggering, uplifting tour de force. Look for special features inside, including an interview with Colum McCann.

The Autobiography

The Story of My Life and the World I Live in

Managing My Life: My Autobiography

The Oregon Trail

The Fairy Tale of My Life

Get a Life!

At last Betty Friedan herself speaks about her life and career. With the same unsparing frankness that made *The Feminine Mystique* one of the most influential books of our era, Friedan looks back and tells us what it took -- and what it cost -- to change the world. Betty Friedan's *The Feminine Mystique*, published in 1963, started the women's movement it sold more than four million copies and was recently named one of the one hundred most important books of the century. In *Life So Far*, Friedan takes us on an intimate journey through her life -- a lonely childhood in Peoria, Illinois salvation at Smith College her days as a labor reporter for a union newspaper in New York (from which she was dismissed when she became pregnant) unfulfilling and painful years as a suburban housewife finding great joy as a mother and writing *The Feminine Mystique*, which grew out of a survey of her Smith classmates and started it all. Friedan chronicles the secret underground of women in Washington, D.C., who drafted her in the early 1960s to spearhead an "NAACP" for women, and recounts the courage of many, including some Catholic nuns who played a brave part in those early days of NOW, the National Organization for Women. Friedan's feminist thinking, a philosophy of evolution, is reflected throughout her book. She recognized early that the women's movement would falter if institutions did not change to reflect the new realities of women's lives, and she fought to keep the movement practical and free of extremism, including "man-hating." She describes candidly the movement's political infighting that brought her to the point of legal action and resulted in a long breach with fellow leaders Gloria Steinem and Bella Abzug. Friedan is frank about her twenty-two-year marriage to Carl Friedan, an advertising entrepreneur. She writes about the explosive cycle of drinking, arguing, and physical battering she endured and explores her prolonged inability to leave the marriage. (They are now friends and the grandparents of nine.) Friedan was not only pivotal in the founding of NOW, she was also the driving force behind the creation of the National Abortion and Reproductive Rights Action League (NARAL), the National Women's Political Caucus (NWPC), and the First Women's Bank and Trust Company. She made history by introducing the issue of sex discrimination as an argument against the ratification of a Supreme Court nominee. She convinced the Secretary General of the United Nations to declare 1975 the International Year of the Woman. In this volume, Friedan brings to extraordinary life her bold and contentious leadership in the movement. She lectures, writes, leads think tanks, and organizes women and men to work together in political, legal, and social battles on behalf of women's rights.--From publisher description.

About The Book -It is hard to beat a person who never gives up! - Babe Ruth -Autobiography - An Account of a person's life and as written by that person! This is my 33rd book - and after 6 books on Arab Management, 3 on Road Safety, 2 prior of this on My Autobiography (The Story of My Life!) - 12 on my Columns Writings 'Between Us Only!' and 'At My Workplace!' and the rest on assorted topics! The book is a bird's eye view all about me from my all varied articles to date! If one wants to write my Obituary then there is no place to start than from this book - but not forgetting reading the other books as well! I apologise in advance - as I do feel I may have missed out in some articles. But writing my Bibliography, this book will go 90% in doing the work! The articles produced here are in main part linked to me as Majid aka as Magic - Magic Man as the pseudonym I used in 'The Forums'! Also interestingly the article - Why Do They Call You Magic? Also Who Is Majid? And My Epitaph! The articles are also about My Family and My Late Parents - Peace Be Upon Them! There are several bits and pieces spread out in my other 28 books where they could also come here - but then the book will be very big in size and in contents! I hope you will like reading about me! People were always asking me - Why don't you write a book about yourself? The story of your life? I then decided to accept the challenge and write this book. Like the other books - I have tried to be as factual as possible - and with my usual style of writing of speaking to you directly from my heart - and to be as sincere, genuine, frank, forthright as possible - so that this book can not only be used in Research works - but as a Guide and Beacon for the children, grandchildren, great grandchildren - and future generations by the Grace of Allah God - Ameen Amen. The Author

A bright star of the Italian Renaissance, Girolamo Cardano was an internationally-sought-after astrologer, physician, and natural philosopher, a creator of modern algebra, and the inventor of the universal joint. Condemned by the Inquisition to house arrest in his old age, Cardano wrote *The Book of My Life*, an unvarnished and often outrageous account of his character and conduct. Whether discussing his sex life or his diet, the plots of academic rivals or meetings with supernatural beings, or his deep sorrow when his beloved son was executed for murder, Cardano displays the same unbounded curiosity that made him a scientific pioneer. At once picaresque adventure and campus comedy, curriculum vitae, and last will, *The Book of My Life* is an extraordinary Renaissance self-portrait—a book to set beside Montaigne's *Essays* and Benvenuto Cellini's *Autobiography*.

All fiction is character-driven, according to William Bernhardt. How can you use characters to create dynamic fiction that will captivate readers? This book explains the relationship between character and plot, and how the perfect melding of the two produces a mesmerizing story.

Teresa of Avila

Bringing Your Story to Life

Lim Chong Yah: An Autobiography - Life Journey Of A Singaporean Professor

Book of Ages

Practical and Spiritual Applications of Autobiography, Life Stories, and Personal Mythmaking

NEW YORK TIMES BESTSELLER • Gloria Steinem—writer, activist, organizer, and inspiring leader—tells a story she has never told before, a candid account of her life as a traveler, a listener, and a catalyst for change. ONE OF O: THE OPRAH MAGAZINE'S TEN FAVORITE BOOKS OF THE YEAR | NAMED ONE OF THE BEST BOOKS OF THE YEAR BY Harper's Bazaar • St. Louis Post-Dispatch • Publishers Weekly When people ask me why I still have hope and energy after all these years, I always say: Because I travel. Taking to the road—by which I mean letting the road take you—changed who I thought I was. The road is messy in the way that real life is messy. It leads us out of denial and into reality, out of theory and into practice, out of caution and into action, out of statistics and into stories—in short, out of our heads and into our hearts. Gloria Steinem had an itinerant childhood. When she was a young girl, her father would pack the family in the car every fall and drive across country searching for adventure and trying to make a living. The seeds were planted: Gloria realized that growing up didn't have to mean settling down. And so began a lifetime of travel, of activism and leadership, of listening to people whose voices and ideas would inspire change and revolution. My Life on the Road is the moving, funny, and profound story of Gloria's growth and also the growth of a revolutionary movement for equality—and the story of how surprising encounters on the road shaped both. From her first experience of social activism among women in India to her work as a journalist in the 1960s; from the whirlwind of political campaigns to the founding of Ms. magazine; from the historic 1977 National Women's Conference to her travels through Indian Country—a lifetime spent on the road allowed Gloria to listen and connect deeply with people, to understand that context is everything, and to become part of a movement that would change the world. In prose that is revealing and rich, Gloria reminds us that living in an open, observant, and "on the road" state of mind can make a difference in how we learn, what we do, and how we understand each other. Praise for My Life on the Road "This legendary feminist makes a compelling case for traveling as listening: a way of letting strangers' stories flow, as she puts it, 'out of our heads and into our hearts.'"—People "Like Steinem herself, [My Life on the Road] is thoughtful and astonishingly humble. It is also filled with a sense of the momentous while offering deeply personal insights into what shaped her."—O: The Oprah Magazine "A lyrical meditation on restlessness and the quest for equity . . . Part of the appeal of My Life is how Steinem, with evocative, melodic prose, conveys the air of discovery and wonder she felt during so many of her journeys. . . . The lessons imparted in Life on the Road offer more than a reminiscence. They are a beacon of hope for the future."—USA Today "A warmly companionable look back at nearly five decades as itinerant feminist organizer and standard-bearer. If you've ever wondered what it might be like to sit down with Ms. Steinem for a casual dinner, this disarmingly intimate book gives a pretty good idea, mixing hard-won pragmatic lessons with more inspirational insights."—The New York Times "Steinem rocks. My Life on the Road abounds with fresh insights and is as populist as can be."—The Boston Globe

In a candid look at the world of "Star Trek" fans, the author pays tribute to the enthusiasm, good humor, and love that he has encountered at "Star Trek" conventions, drawing on interviews with fans, dealers, fellow cast members, and promoters to examine

Sylvia Earle first lost her heart to the ocean as a young girl when she discovered the wonders of the Gulf of Mexico in her backyard. As an adult, she dives even deeper. Whether she's designing submersibles, swimming with the whales, or taking deep-water walks, Sylvia Earle has dedicated her life to learning more about what she calls "the blue heart of the planet." With stunningly detailed pictures of the wonders of the sea, Life in the Ocean tells the story of Sylvia's growing passion and how her ocean exploration and advocacy have made her known around the world. This picture book biography also includes an informative author's note that will motivate young environmentalists. Life in the Ocean is one of The Washington Post's Best Kids Books of 2012

Helen Keller's autobiographies THE STORY OF MY LIFE and THE WORLD I LIVE IN chronicle in her own words the remarkable true story we have come to know from the stage and film productions of THE MIRACLE WORKER. Here we discover Helen's thoughts and feelings hidden in the blind, deaf, and mute character in those productions—thoughts and feelings she came to express with such eloquence orally and in writings in later years. And here we are inspired not only by Helen Keller and her journey but also by the intriguing possibilities that certainly must be awaiting discovery in others. EARLY REVIEWS "The autobiography of Helen Keller is unquestionably one of the most remarkable records ever published."—British Weekly "This book is a human document of intense interest, and without a parallel, we suppose, in the history of literature."—Yorkshire Post "Miss Keller's autobiography, well written and full of practical interest in all sides of life, literary, artistic and social, records an extraordinary victory over physical disabilities."—Times "This book is a record of the miraculous. No one can read it without being profoundly touched by the patience and devotion which brought the blind, deaf-mute child into touch with human life, without being filled with wonder at the quick intelligence which made such

communication with the outside world possible."—Queen

A Life

The Book of My Life

Michael Smurfit's Autobiography

A Life Worth Living

Paul Daniels - My Magic Life: The Autobiography

Creating Character

Why are some nations rich and others poor? Why do the citizens of some countries lead a happy, prosperous life while others struggle in terrible want? This book takes the reader through the eventful life journey of one of Singapore's best known economists and educators, Professor Lim Chong Yah. Born in Malacca, the author planted tapioca to feed himself and his family, caught fish in paddy fields and was thrown in jail as a 10-year-old during the war. He fought to win a Commonwealth scholarship to get a decent education, met the love of his life at a Chinese New Year party, became a Professor at two of the best universities in Asia, and went on to write one of the most widely-used economics textbooks of the time, *Elements of Economic Theory*. At 84, Lim Chong Yah is as feisty, indomitable and curious as when he was a small, cheeky boy catching fighting fish in those paddy fields. And he still asks the fundamental question of how each of us can make a difference.

One second in time may separate the great athlete from the merely good. Seb Coe has made every second count. From an early age he has been driven to be the best at everything he does. Since the moment Coe stood alongside a 'scrubby' municipal running track in Sheffield, he knew that sport could change his life. It did. Breaking an incredible twelve world records and three of them in just forty-one days, Seb became the only athlete to take gold at 1500 metres in two successive Olympic Games (Moscow 1980 and Los Angeles 1984). The same passion galvanised Coe in 2005, when he led Britain's bid to bring the Olympic and Paralympic Games to London. He knew that if we won it would regenerate an East London landscape and change the lives of thousands of young people. It has. Born in Hammersmith and coached by his engineer father, Coe went from a secondary modern school and Loughborough University to become the fastest middle-distance runner of his generation. His rivalry with Steve Ovett gripped a nation and made Britain feel successful at a time of widespread social discontent. From sport Coe transferred his ideals to politics, serving in John Major's Conservative government from 1992 to 1997 and developing 'sharp elbows' to become chief of staff to William Hague, leader of the Party from 1997 to 2001 and finally a member of the House of Lords. *Running My Life* is in turns exhilarating, inspiring, amusing, and extremely moving. Everyone knows where Sebastian Coe ended up. Few people realise how he got there. This is his personal journey.

The #1 New York Times bestselling autobiography of the guitarist, songwriter, singer, and founding member of the Rolling Stones. Ladies and gentlemen: Keith Richards. With The Rolling Stones, Keith Richards created the songs that roused the world, and he lived the original rock and roll life. Now, at last, the man himself tells his story of life in the crossfire hurricane. Listening obsessively to Chuck Berry and Muddy Waters records, learning guitar and forming a band with Mick Jagger and Brian Jones. The Rolling Stones's first fame and the notorious drug busts that led to his enduring image as an outlaw folk hero. Creating immortal riffs like the ones in "Jumping Jack Flash" and "Honky Tonk Women." His relationship with Anita Pallenberg and the death of Brian Jones. Tax exile in France, wildfire tours of the U.S., isolation and addiction. Falling in love with Patti Hansen. Estrangement from Jagger and subsequent reconciliation. Marriage, family, solo albums and *Xpensive Winos*, and the road that goes on forever. With his trademark disarming honesty, Keith Richards brings us the story of a life we have all longed to know more of, unfettered, fearless, and true.

"From Life is Good founders and brothers Bert and John Jacobs, this inspiring book of wisdom outlines the ten key "superpowers" readers need to live their best lives. Based on the brothers' personal and professional journey, this whimsically illustrated guide captures the unique voice and profound optimism that is the foundation of their beloved T-shirt and apparel company, now worth more than \$100 million. *Life Is Good: The Owner's Manual* will inspire readers of all ages and passions to discover--and embrace--the good in their lives. Entertaining yet profound, easygoing yet powerful, this engaging book reveals how to tap into the hidden power of optimism. Beginning with their upbringing in working class Boston and following the arc of their lives from postgrad wanderlust to the birth of a small business, Bert and John use their experiences to illuminate the ten superpowers on which optimism is founded--from humor and compassion to gratitude and authenticity. Capturing their buoyant, community-focused outlook and supplementing with top-ten lists and the company's iconic stick-figure illustrations, this book doesn't preach. Instead, it offers lighthearted, practical self-help that will inspire and empower readers to embrace their lives with delight and daring"--

Winning On and Off the Track

Writing Biography, Autobiography and Memoir

My Side of Life

A Memoir

Washington

Life in the Ocean

The memoir of an accomplished politician and the first African American from Mississippi elected to the United States Congress

Roger Ebert is the best-known film critic of our time. He has been reviewing films for the Chicago Sun-Times since 1967, and was the first film critic ever to win a Pulitzer Prize. He has appeared on television for four decades, including twenty-three years as cohost of *Siskel & Ebert at the Movies*. In 2006, complications from thyroid cancer treatment resulted in the loss of his ability to eat, drink, or speak. But with the loss of his voice, Ebert has only become a more prolific and influential writer. And now, for the first time, he tells the full, dramatic story of his life and career. Roger Ebert's journalism carried him on a path far from his nearly idyllic childhood in Urbana, Illinois. It is a journey that began as a reporter for his local daily, and took him to Chicago, where he was unexpectedly given the job of film

critic for the Sun-Times, launching a lifetime's adventures. In this candid, personal history, Ebert chronicles it all: his loves, losses, and obsessions; his struggle and recovery from alcoholism; his marriage; his politics; and his spiritual beliefs. He writes about his years at the Sun-Times, his colorful newspaper friends, and his life-changing collaboration with Gene Siskel. He remembers his friendships with Studs Terkel, Mike Royko, Oprah Winfrey, and Russ Meyer (for whom he wrote *Beyond the Valley of the Dolls* and an ill-fated *Sex Pistols* movie). He shares his insights into movie stars and directors like John Wayne, Werner Herzog, and Martin Scorsese. This is a story that only Roger Ebert could tell. Filled with the same deep insight, dry wit, and sharp observations that his readers have long cherished, this is more than a memoir—it is a singular, warm-hearted, inspiring look at life itself. "I believe that if, at the end, according to our abilities, we have done something to make others a little happier, and something to make ourselves a little happier, that is about the best we can do. To make others less happy is a crime. To make ourselves unhappy is where all crime starts. We must try to contribute joy to the world. That is true no matter what our problems, our health, our circumstances. We must try. I didn't always know this, and am happy I lived long enough to find it out." -from LIFE ITSELF

From the author of *Alexander Hamilton*, the New York Times bestselling biography that inspired the musical, comes a gripping portrait of the first president of the United States. Winner of the 2011 Pulitzer Prize for Biography "Truly magnificent . . . [a] well-researched, well-written and absolutely definitive biography" —Andrew Roberts, *The Wall Street Journal* "Until recently, I'd never believed that there could be such a thing as a truly gripping biography of George Washington . . . Well, I was wrong. I can't recommend it highly enough—as history, as epic, and, not least, as entertainment." —Hendrik Hertzberg, *The New Yorker* Celebrated biographer Ron Chernow provides a richly nuanced portrait of the father of our nation and the first president of the United States. With a breadth and depth matched by no other one volume biography of George Washington, this crisply paced narrative carries the reader through his adventurous early years, his heroic exploits with the Continental Army during the Revolutionary War, his presiding over the Constitutional Convention, and his magnificent performance as America's first president. In this groundbreaking work, based on massive research, Chernow shatters forever the stereotype of George Washington as a stolid, unemotional figure and brings to vivid life a dashing, passionate man of fiery opinions and many moods. Lin-Manuel Miranda's smash Broadway musical *Hamilton* has sparked new interest in the Revolutionary War and the Founding Fathers. In addition to *Alexander Hamilton*, the production also features George Washington, Thomas Jefferson, James Madison, Aaron Burr, Lafayette, and many more.

Teresa of Ávila (1515–1582) is one of the most beloved of the Catholic saints. In 1562, during the era of the Spanish Inquisition, Teresa sat down to write an account of the mystical experiences for which she had become famous. The result was this book, one of the great classics of spiritual autobiography. With this fresh translation of *The Book of My Life*, Mirabai Starr brings the inimitable Spanish mystic to life for a new generation, with contemporary English that mirrors Teresa's own earthy, vernacular Spanish, and that presents us with—four centuries after Teresa's death—someone we feel we know: a woman intoxicated with God yet filled with an overflowing love for the world.

Half a Life

Telling the Stories of Life Through Guided Autobiography Groups

Life

A Book of Life

The Story of Oceanographer Sylvia Earle

Annie Besant

People Pick • O Magazine Title to Pick Up Now • Vanity Fair Hot Type • Glamour New Book You 're Guaranteed to Love This Summer • LitHub.com Best Book about Books • BuzzFeed Book You Need to Read This Summer • Seattle Times Book for Summer Reading • Warby Parker Blog Book Pick • Google Talks • Harper 's Bazaar • Vogue • The Washington Post • The Economist • The Christian Science Monitor • Salon • The Atlantic Imagine keeping a record of every book you 've ever read. What would this reading trajectory say about you? With passion, humor, and insight, the editor of *The New York Times Book Review* shares the stories that have shaped her life. Pamela Paul has kept a single book by her side for twenty-eight years – carried throughout high school and college, hauled from Paris to London to Thailand, from job to job, safely packed away and then carefully removed from apartment to house to its current perch on a shelf over her desk – reliable if frayed, anonymous-looking yet deeply personal. This book has a name: Bob. Bob is Paul 's Book of Books, a journal that records every book she 's ever read, from *Sweet Valley High* to *Anna Karenina*, from *Catch-22* to *Swimming to Cambodia*, a journey in reading that reflects her inner life – her fantasies and hopes, her mistakes and missteps, her dreams and her ideas, both half-baked and wholehearted. Her life, in turn, influences the books she chooses, whether for solace or escape, information or sheer entertainment. But *My Life with Bob* isn 't really about those books. It 's about the deep and powerful relationship between book and reader. It 's about the way books provide each of us the perspective, courage, companionship, and imperfect self-knowledge to forge our own path. It 's about why we read what we read and how those choices make us who we are. It 's about how we make our own stories.

Steve Martin has been an international star for over thirty years. Here, for the first time, he looks back to the beginning of his career and charmingly evokes the young man he once was. Born in Texas but raised in California, Steve was seduced early by the comedy shows that played on the radio when the family travelled back and forth to visit relatives. When Disneyland opened just a couple of miles away from home, an enchanted Steve was given his first chance to learn magic and entertain an audience. He describes how he noted the reaction to each joke in a ledger - 'big laugh' or 'quiet' - and assiduously studied the acts of colleagues, stealing jokes when needed. With superb detail, Steve recreates the world of small, dark clubs and the fear and exhilaration of standing in the spotlight. While a philosophy

student at UCLA, he worked hard at local clubs honing his comedy and slowly attracting a following until he was picked up to write for TV. From here on, Steve Martin became an acclaimed comedian, packing out venues nationwide. One night, however, he noticed empty seats and realised he had 'reached the top of the rollercoaster'. BORN STANDING UP is a funny and riveting chronicle of how Steve Martin became the comedy genius we now know and is also a fascinating portrait of an era.

Discover the wonder of a life with God you can't contain. The pages of scripture are full of ordinary people who walked with God as he poured himself out through them to a world in need. What if God never changed? What if he is still speaking to us and longing to work miraculously through us? What if it isn't a matter of more training or effort but simply receiving and releasing everything he already purchased? "Life in the Overflow" invites you to know God intimately as your Daddy in a way that spills out of you naturally. Filled with disarming honesty and fervent expectation, this book mirrors a reflection of who you are, who your God is and what he actually longs to do through "ordinary, messy kids" today!

The Life and Opinions of Jane Franklin

Flawed Heroine Keeps Book of Books, Plot Ensues

The Book- How to Live with Purpose and Enjoy the Ride

Old Times on the Mississippi

A Life in Parts