

Rising Above: How 11 Athletes Overcame Challenges In Their Youth To Become Stars

Baseball: Then to WOW! shows readers how baseball has evolved from the early days of the 1920s to the game it is today. Using MLB action photographs, illustrations, stories, and trivia, the book is a journey through time both for baseball fans and those new to the game. Kids will learn how basic equipment has changed from fingerless gloves to specially tailored leather-bound mitts and how the evolution of game strategy has transformed the sport, players, and equipment. Players throughout history are stacked up against each other in every position so fans can dream up the perfect fantasy team with Babe Ruth playing alongside Hank Aaron and Reggie Jackson. A fun-filled section of the book explores everything fan culture-from the perfect ballpark frank to the importance of baseball cards and video games in popularizing the sport.

Stephen Curry is a professional basketball player, and many people think he is one of the best basketball players in history. Stephen is definitely one of the best shooters ever, and he has won a lot of awards. Stephen Curry is young, strong, and healthy. That is part of the reason he is so good. But really, he is so good for other reasons. Stephen practiced hard, and never gave up. Even when he was passed over by colleges, Stephen didn't let that get him down. He simply went to a college he liked, and proved just how wrong the big colleges were in passing him over. Stephen is the kind of athlete and person we should all try to be. He is friendly and courteous, hard working and dedicated, and uses his skills to entertain millions of people, all while raising money for charities. Simple, interesting, fun and easy to read for kids, this book contains all you need to know and to learn from Stephen Curry - *The Best*. Get this book now and enjoy

In life, just as in sports, you miss all of the shots you don't take. 'Shoot Your Shot' provides a unique and entertaining approach to the self-help book genre by identifying the key principles that the world's most elite basketball players--such as Michael Jordan, Kobe Bryant, LeBron James, and Stephen Curry--have applied to their lives and relates how you, the reader, can use those exact same principles to help you navigate through life and realize your dreams. Divided into "Quarters" and reading as if you are in an actual game, 'Shoot Your Shot' provides a never-before-seen yet effective and enjoyable approach on how to accomplish your goals and attain success. By utilizing examples of techniques employed on the court, the stories of current and former NBA players and personnel, as well as personal recollections from the author, 'Shoot Your Shot' gives you the winning formula on how to live your best life. This book is perfect for any age, background, and standing in life!

In the past decade, few subjects at the intersection of medicine and sports have generated as much public interest as sports-related concussions - especially among youth. Despite growing awareness of sports-related concussions and campaigns to educate athletes, coaches, physicians, and parents of young athletes about concussion recognition and management, confusion and controversy persist in many areas. Currently, diagnosis is based primarily on the symptoms reported by the individual rather than on objective diagnostic markers, and there is little empirical evidence for the optimal degree and duration of physical rest needed to promote recovery or the best timing and approach for returning to full physical activity. *Sports-Related Concussions in Youth: Improving the Science, Changing the Culture* reviews the science of sports-related concussions in youth from elementary school through young adulthood, as well as in military personnel and their dependents. This report recommends actions that can be taken by a range of audiences - including research funding agencies, legislatures, state and school superintendents and athletic directors, military organizations, and equipment manufacturers, as well as youth who participate in sports and their parents - to improve what is known about concussions and to reduce their occurrence. *Sports-Related Concussions in Youth* finds that while some studies provide useful information, much remains unknown about the extent of concussions in youth; how to diagnose, manage, and prevent concussions; and the short- and long-term consequences of concussions as well as repetitive head impacts that do not result in concussion symptoms. The culture of sports negatively influences athletes' self-reporting of concussion symptoms and their adherence to return-to-play guidance. Athletes, their teammates, and, in some cases, coaches and parents may not fully appreciate the health threats posed by concussions. Similarly, military recruits are immersed in a culture that includes devotion to duty and service before self, and the critical nature of concussions may often go unheeded. According to *Sports-Related Concussions in Youth*, if the youth sports community can adopt the belief that concussions are serious injuries and emphasize care for players with concussions until they are fully recovered, then the culture in which these athletes perform and compete will become much safer. Improving understanding of the extent, causes, effects, and prevention of sports-related concussions is vitally important for the health and well-being of youth athletes. The findings and recommendations in this report set a direction for research to reach this goal.

Sports and Entertainment Marketing

Play Baseball Like a Pro

How 11 Athletes Overcame Challenges in Their Youth to Become Stars

The Greatest Athletes of All Time

An Atlas of Teams, Stats, Stars, and Facts for Every State in America (a Sports Illustrated Kids Book)

Lay-ups and Long Shots

The Female Athlete Triad

Rising Above *How 11 Athletes Overcame Challenges in Their Youth to Become Stars* Penguin

'Thrilling, inspiring and informative page-turner.' Walter Isaacson, author of *The Code Breaker* You know what went wrong. This is the untold story of what went right. Few were ready when a mysterious respiratory illness emerged in Wuhan, China, in January 2020. Politicians, government officials, business leaders and public-health

professionals were unprepared for the most devastating pandemic in a century. Many of the world's biggest drug and vaccine makers were slow to react or couldn't muster an effective response. It was up to a small group of unlikely and untested scientists and executives to save civilization. A French businessman dismissed by many as a fabulist. A Turkish immigrant with little virus experience. A quirky Midwesterner obsessed with insect cells. A Boston scientist employing questionable techniques. A British scientist resented by his peers. Far from the limelight, each had spent years developing innovative vaccine approaches. Their work was met with scepticism and scorn. By 2020, these individuals had little proof of progress. Yet they and their colleagues wanted to be the ones to stop a virulent virus holding the world hostage. They scrambled to turn their life's work into life-saving vaccines in a matter of months, each gunning to make the big breakthrough - and to beat each other for the glory that a vaccine guaranteed. A number-one New York Times bestselling author and award-winning Wall Street Journal investigative journalist, Zuckerman takes us inside the top-secret laboratories, corporate clashes and high-stakes government negotiations that led to effective shots. Deeply reported and endlessly gripping, this is a dazzling, blow-by-blow chronicle of the most consequential scientific breakthrough of our time. It's a story of courage, genius and heroism. It's also a tale of heated rivalries, unbridled ambitions, crippling insecurities and unexpected drama. *A Shot to Save the World* is the story of how science saved the world. *****LONGLISTED FOR THE FT MCKINSEY BUSINESS BOOK OF THE YEAR 2021*****

Return once again to the timeless account of the Permian Panthers of Odessa--the winningest high-school football team in Texas history. Odessa is not known to be a town big on dreams, but the Panthers help keep the hopes and dreams of this small, dusty town going. Socially and racially divided, its fragile economy follows the treacherous boom-bust path of the oil business. In bad times, the unemployment rate barrels out of control; in good times, its murder rate skyrockets. But every Friday night from September to December, when the Permian High School Panthers play football, this West Texas town becomes a place where dreams can come true. With frankness and compassion, H. G. Bissinger chronicles a season in the life of Odessa and shows how single-minded devotion to the team shapes the community and inspires--and sometimes shatters--the teenagers who wear the Panthers' uniforms.

The first ever memoir from the most decorated female skier of all time, revealing never-before-told stories of her life in the fast lane, her struggle with depression, and the bold decisions that helped her break down barriers on and off the slopes. 82 World Cup wins. 20 World Cup titles. 3 Olympic medals. 7 World Championship Medals. A fixture in the American sports landscape for almost twenty years, Lindsey Vonn is a legend. With a career that spanned a transformation in how America recognizes and celebrates female athletes, Vonn—who retired in 2019 as the most decorated American skier of all time—was in the vanguard of that change, helping blaze a trail for other world-class female athletes and reimagining what it meant to pursue speed at all costs. In *Rise*, Vonn shares her incredible journey for the first time, going behind the scenes of a badass life built around resilience and risk-taking. One of the most aggressive skiers ever, Vonn offers a fascinating glimpse into the relentless pursuit of her limits, a pursuit so focused on one-upping herself that she pushed her body past its breaking point as she achieved greatness. While this iconic grit and perseverance helped her battle a catalog of injuries, these injuries came with a cost—physical, of course, but also mental. Vonn opens up about her decades-long depression and struggles with self-confidence, discussing candidly how her mental health challenges influenced her career without defining her. Through it all, she dissects the moments that sidelined her and how, each time, she clawed her way back using an iconoclastic approach rooted in hard work—pushing boundaries, challenging expectations, and speaking her mind, even when it got her into trouble. At once empowering and raw, *Rise* is an inspirational look at her hard-fought success as well as an honest appraisal of the sacrifices she made along the way—an emotional journey of winning that understands all too well that every victory comes with a price.

[How Elgin Baylor Changed Basketball](#)

[Trust the Grind](#)

[Shoot Your Shot: A Sport-Inspired Guide to Living Your Best Life](#)

[The Airport Book](#)

[The Best](#)

[What If Your Prince Falls Off His Horse?](#)

[Key Skills and Tips](#)

["An exploratory journey through the airport."--](#)

#1 New Release in Teen Sports & Outdoors and Fitness & Exercise – A Champion State of Grind Exclusive interviews with the top athletes in sports today. *Trust the Grind: How World-Class Athletes Got To The Top* reveals how these men and women reached the heights of their profession so that you can too. Sixteen athletes from eleven sports arenas. Each chapter tells a different story, as each superstar shares the habit that helped them accomplish their goals and reach the pinnacle of their profession. Sports fanatic or not. Guaranteed to tap into your athletic edge, *Trust the Grind*, is made for sports fans and nonfans alike. Fans of professional athletes get an in-depth look at their heroes' climb to the top; those less passionate about sports have the chance

to read the secrets of success from some of the most talented people in the world. Both learn pivotal life lessons, and can immediately instill these particular traits and habits into their own lifestyle. A 'success habit' point of view. Learn the secrets behind success, and what it takes to remain on top. With *Trust The Grind*, you will learn about the value that comes with becoming disciplined, staying driven, setting goals, identifying your "why", staying active and eating right, making sacrifices, obsessing over your passion, and more. Rather than harping on the remarkable accolades and astonishing statistics, this story is formulated to teach individuals what it takes to be great in any desired field. It includes interviews with the following athletes: • Jason Kidd • Chipper Jones • Terrell Owens • Paige VanZant • Manny Pacquiao • Mike Modano • Jimmie Johnson • Gary Player • Deena Kastor • Ryan Sheckler • Georges St-Pierre • Ryan Lochte • Devin Hester • Andruw Jones • Luis Gonzalez • Tim Hudson Fans of books like *Relentless*, *Rising Above*, *The Cost of These Dreams*, and *The Young Champion's Mind*, will enjoy *Trust the Grind: Motivational Messages from Ambitious Athletes*.

In this magical middle grade novel, ten-year-old Gabrielle finds out that America isn't the perfect place she imagined when she moves from Haiti to Brooklyn. With the help of a clever witch, Gabrielle becomes the perfect American—but will she lose herself in the process? Perfect for fans of *Hurricane Child* and *Front Desk*. It's 1985 and ten-year-old Gabrielle is excited to be moving from Haiti to America. Unfortunately, her parents won't be able to join her yet and she'll be living in a place called Brooklyn, New York, with relatives she has never met. She promises her parents that she will behave, but life proves to be difficult in the United States, from learning the language to always feeling like she doesn't fit in to being bullied. So when a witch offers her a chance to speak English perfectly and be "American," she makes the deal. But soon she realizes how much she has given up by trying to fit in and, along with her two new friends (one of them a talking rat), takes on the witch in an epic battle to try to reverse the spell. Gabrielle is a funny and engaging heroine you won't soon forget in this sweet and lyrical novel that's perfect for fans of *Hurricane Child* and *Front Desk*.

The first memoir for young readers by sports legend Kareem Abdul-Jabbar. At one time, Lew Alcindor was just another kid from New York City with all the usual problems: He struggled with fitting in, with pleasing a strict father, and with overcoming shyness that made him feel socially awkward. But with a talent for basketball, and an unmatched team of supporters, Lew Alcindor was able to transform and to become Kareem Abdul-Jabbar. From a childhood made difficult by racism and prejudice to a record-smashing career on the basketball court as an adult, Kareem Abdul-Jabbar's life was packed with "coaches" who taught him right from wrong and led him on the path to greatness. His parents, coaches Jack Donahue and John Wooden, Muhammad Ali, Bruce Lee, and many others played important roles in Abdul-Jabbar's life and sparked him to become an activist for social change and advancement. The inspiration from those around him, and his drive to find his own path in life, are highlighted in this personal and awe-inspiring journey. Written especially for young readers, *Becoming Kareem* chronicles how Kareem Abdul-Jabbar became the icon and legend he is today, both on and off the court.

The Remarkable Race and Ground-Breaking Science Behind the Covid-19 Vaccines

Scholastic Year in Sports 2022

Rising Above

Sports-Related Concussions in Youth

Tales from IRONMAN. the World's Greatest Endurance Event

Friday Night Lights, 25th Anniversary Edition

A Town, a Team, and a Dream

NEW YORK TIMES BESTSELLER Shortlisted for the Financial Times/McKinsey Business Book of the Year Award The unbelievable story of a secretive mathematician who pioneered the era of the algorithm--and made \$23 billion doing it. Jim Simons is the greatest money maker in modern financial history. No other investor--Warren Buffett, Peter Lynch, Ray Dalio, Steve Cohen, or George Soros--can touch his record. Since 1988, Renaissance's signature Medallion fund has generated average annual returns of 66 percent. The firm has earned profits of more than \$100 billion; Simons is worth twenty-three billion dollars. Drawing on unprecedented access to Simons and dozens of current and former employees, Zuckerman, a veteran Wall Street Journal investigative reporter, tells the gripping story of how a world-class mathematician and

former code breaker mastered the market. Simons pioneered a data-driven, algorithmic approach that's sweeping the world. As Renaissance became a market force, its executives began influencing the world beyond finance. Simons became a major figure in scientific research, education, and liberal politics. Senior executive Robert Mercer is more responsible than anyone else for the Trump presidency, placing Steve Bannon in the campaign and funding Trump's victorious 2016 effort. Mercer also impacted the campaign behind Brexit. *The Man Who Solved the Market* is a portrait of a modern-day Midas who remade markets in his own image, but failed to anticipate how his success would impact his firm and his country. It's also a story of what Simons's revolution means for the rest of us.

The Brave Athlete solves the 13 most common mental conundrums athletes face in their everyday training and in races. You don't have one brain—you have three; your ancient Chimp brain that keeps you alive, your modern Professor brain that navigates the civilized world, and your Computer brain that accesses your memories and runs your habits (good and bad). They fight for control all the time and that's when bad things happen; you get crazy nervous before a race, you choke under pressure, you quit when the going gets tough, you make dumb mistakes, you worry about how you look. What if you could stop the thoughts and feelings you don't want? What if you could feel confident, suffer like a hero, and handle any stress? You can. *The Brave Athlete* from Dr. Simon Marshall and Lesley Paterson will help you take control of your brain so you can train harder, race faster, and better enjoy your sport. Dr. Marshall is a sport psychology expert who trains the brains of elite professional athletes. Paterson is a three-time world champion triathlete and coach. Together, they offer this innovative, brain training guide that is the first to draw from both clinical science and real-world experience with athletes. That means you won't find outdated "positive self-talk" or visualization gimmicks here. No, the set of cutting-edge mental skills revealed in *The Brave Athlete* actually work because they challenge the source of the thoughts and feelings you don't want. *The Brave Athlete* is packed with practical, evidence-based solutions to the most common mental challenges athletes face. Which of these sound like you? · Why do I have thoughts and feelings I don't want? · I wish I felt more like an athlete. · I don't think I can. · I don't achieve my goals. · Other athletes seem tougher, happier, and more badass than me. · I feel fat. · I don't cope well with injury. · People are worried about how much I exercise. · I don't like leaving my comfort zone. · When the going gets tough, the tough leave me behind. · I need to harden the f*ck up. · I keep screwing up. · I don't handle pressure well. With *The Brave Athlete: Calm the F*ck Down and Rise to the Occasion*, you can solve these problems to become mentally strong and make your brain your most powerful asset.

From the second he entered a basketball gym at 7 years old, people knew Luka Doncic was going to be special. He was so dominant in his age group that he was moved up multiple age groups just so people would have a chance to compete with him. The Wonderboy of the Euroleague has been taking the NBA by storm and leaving a wake of stunned critics in his path. For the first time, hear the complete story about Luka Doncic's rise to the NBA. From early days shooting at halftimes of his dad's games to becoming the NBA's most promising star, you'll get the full story.

These days it seems everyone has a youth sports horror story—whether it's about a tyrant coach obsessed with his team record that only plays the best kids on the team, or a parent who publicly berates his kid for not making a goal. But should it really only be all about winning? What about having fun, learning a sport, and developing athletic skills? *Beyond Winning with Whole Child Sports* offers an alternative approach to teaching sports to kids. It deemphasizes short-term goals like winning and youth championships and discourages the introduction of adult-oriented, league-structured competition. Instead it emphasizes training techniques and coaching strategies aimed at improving core strength, balance, and creativity in aspiring athletes, using an age-appropriate four-stage timeline, based on a child's physical, psychological, and neurological development. *Beyond Winning with Whole Child Sports* provides frustrated parents with help in the form of advice and concrete solutions to common questions, and step-by-step instructions for helping young children develop athletic ability in an environment that's less structured while encouraging athletic and personal growth. It also reveals how to avoid bullying, trash talk, and elitism.

The Year I Flew Away

Eight Short Stories

Decoding Greatness With The Greatest Players from the 1960s to Today (Biographies of Greatest Players of All Time)

Sports Biographies for Kids

The Brave Athlete

Antioxidants in Sport Nutrition

Becoming Kareem

This exciting book introduces readers to the life and career of basketball star Ja Morant. Colorful spreads, fun facts, interesting sidebars, and a map of important places in his life make this a thrilling read for young sports

fans.

This is the first book of its kind to focus solely on the female athlete triad - its origins, its recognition, and most importantly, its management. Since the symptoms themselves cover a range of medical specialties, chapters are written by experts in a number of relevant fields - sports medicine, orthopedics, endocrinology, and pediatrics - with an eye toward overall care of the young female athlete. Additionally, each chapter includes suggestions on how to educate and communicate with young athletes and their parents, as well as trainers and coaches, on how to manage the illness outside of the direct clinical setting. The female athlete triad is often seen in sports where low body weight is emphasized, such as gymnastics, figure skating, and running, though it can appear in any sport or activity. The interrelated symptoms - eating disorders, amenorrhea, and low bone mass - exist on a spectrum of severity and are serious and potentially life-threatening if not properly treated. Psychological problems, in addition to medical ones, are not uncommon. The Female Athlete Triad: A Clinical Guide discusses all of these areas for a well-rounded and in-depth approach to the phenomenon and will be a useful reference for any clinician working with female athletes across the lifespan.

Purely fiction, these stories tell the tales of athletes in a variety of sports, including track, football, martial arts, Ping Pong, fishing, and dirt bike riding.

A legendary NBA player and beloved teammate shares his hard-earned wisdom about finding your true purpose and mastering your inner game, whatever that game might be. Chris Bosh is on any list of the Top 100 NBA players of all time--an eleven-time All Star, two-time Finals winner, Olympic gold medalist, and currently the league's Global Ambassador. Always an uncommonly philosophical NBA star, he found himself needing all the mindfulness he could muster in 2017, when his career was cut short at its prime by a freak medical condition. Suddenly, he was thrown out of the work that had given so much more than just a livelihood, and had to think deeply about his identity in the world. This game had taught him so much; what could he make of it all? Out of that place of deep reflection has emerged an uncommon book for a retired superstar to write. While it has the best elements of a memoir--the portraits of the great players and coaches, from LeBron and Kobe to Pat Riley and Coach K, and the accounts of extraordinary competitive moments--it is really a wisdom book, a blend of The Inner Game of Tennis, Wynton Marsalis's To a Young Jazz Musician, and Rilke's Letters to a Young Poet. It is rich with insight about basketball, but even richer with insight about life. It's a book about finding a purpose that is deep and real, not shallow and external, and about navigating success and failure as the twin mirages they are--pushing past fear, past ego, past fatigue to the pure flow of sustained accomplishment in a mesh with teammates who have given themselves to the same thing. Chris Bosh found that flow, and sustained it at the highest level. He misses basketball keenly still, but he has no regrets. Deep, honest, unflinching, this book is his friend's hand up to those coming up behind, whatever their pursuit might be.

Baseball: Then to WOW!

Letters to a Young Athlete

The Man Who Solved the Market

Long-Term Athlete Development

Scholastic Year in Sports 2021

Baseball GOATs

Legends: the Best Players, Games, and Teams in Football

The ultimate book for young sports fans is back with the past year's top sports stories, including the biggest wins from the thrilling Tokyo Summer Olympics and Paralympics.

Long-Term Athlete Development describes how to systematically develop sporting excellence and increase active participation in local, regional, and national sport organizations. This resource describes the long-term athlete development (LTAD) model, an approach to athlete-centered sport that combines skill instruction with long-term planning and an understanding of human development. By learning about LTAD, sport administrators and coaches will gain the knowledge and tools to enhance participation and improve performance and growth of athletes. This text offers the first in-depth and practical explanation of the LTAD model. Long-Term Athlete Development integrates current research on talent development and assessment into practice to help sport leaders plan athletic development across the life span or design detailed programs for a particular group, including those with physical and cognitive disabilities. Authors Balyi, Way, and Higgs--pioneers and veteran LTAD facilitators--critique current talent development models, discuss the limitations of the LTAD model, and demonstrate the benefits of LTAD as a new approach. By integrating knowledge of these models, readers are able to analyze their own programs and take steps to improve sport and coaching philosophies and reach adherence and performance goals. Explanations and visuals of concepts help readers understand the state of knowledge in talent identification and long-term athlete development. Chapter-opening vignettes offer examples of how the LTAD model can be used to alleviate common issues. Listings at the end of each chapter offer sources for further study, and reflection questions guide readers in applying the content. The text offers a logical presentation of current research:

- Key factors that guide and shape the LTAD model, such as physical literacy, the differences between early- and late-specialization sports, and variations in trainability across the life span
- Information on the time needed to develop excellence in sport and how periodization of training is related to the developmental stage of the athlete
- The seven stages of LTAD, from development of fundamental movement skills to training for elite competition and the transition to lifelong physical activity
- Considerations in the development of optimal programs for participants passing through each of the seven stages

Long-Term Athlete Development is an essential guide to improving the quality of sport, developing high-performance athletes, and creating healthy, active citizens. It offers parents, coaches, and sport administrators a deeper understanding of the LTAD model, helping them create an enjoyable, developmentally appropriate environment for both competitive athletes and enthusiastic participants.

MIKE REILLY: *Finding My Voice* illuminates how profoundly IRONMAN touches its participants and its fans. Written from the perspective of a World Championship race announcer and one of the most prominent personalities in triathlon, it provides an intimate and revealing glimpse into a fascinating corner of the world of endurance sports.

Discover inspirational real-life stories of superstar athletes in this collection of sports biographies featuring LeBron James, Stephen Curry, Tim Howard, and more! Team USA goalkeeper Tim Howard was diagnosed with Tourette Syndrome in 6th grade. He went on to become a national treasure after single-handedly keeping America competitive in the 2014 World Cup. Stephen Curry was told he was too small, too weak, and too slow to even receive a scholarship to play college basketball. He outworked everyone and went on to become MVP of the National Basketball Association. Jim Abbott was born without his right hand, yet he refused to be defined by what he lacked. He went on to pitch a no-hitter in the Major Leagues. Athlete after athlete in this book found discipline, hope, and inspiration on the playing field, rising above their circumstances. Filled with first-hand accounts from stars who exemplify the idea of enduring at all costs, this collection of sports biographies will serve as a must-read source of inspiration for kids and sports fans of all ages. Praise for *Rising Above* A Scholastic Teacher magazine Summer Reading List selection A Milwaukee Journal Sentinel Summer Reading List selection "An easy pitch for middle school sports lovers."--School Library Journal "This collection of mini-bios about athletes who overcame major obstacles packs a powerful message--perseverance and passion pay off. Even non-sports fans will cheer for superstars like LeBron James and Stephen Curry."--Scholastic Teacher "So many of the obstacles that these athletes share are retold using personal interviews and primary source material that young readers will find very relatable. [T]heir stories have morals that are easily transferred to life off the court or the field. The highly relevant message is that no situation is too dire or insurmountable with the right attitude and that young people shouldn't allow setbacks to define them."--Booklist "[O]ften inspiring . . . The underdog stories reveal that dedication and perseverance pay off, as well as that sports can serve as needed outlets and refuges."--Publishers Weekly "I would rate this a 9 1/2 . . . it touch[es] your heart very often with the ways these athletes turn[ed] their lives around."--Colorado Kids

The Complete Story of How Luka Doncic Became the NBA's Newest Star
Above the Rim

On the Court: Biographies of Today's Best Basketball Players

Inspiring Women in Sports

Ja Morant: Basketball Star

Smart Parenting in a Toxic Sports Environment

The Frackers

Growing up in a crime-plagued, gang-infested neighborhood, Venus and Serena Williams were led to believe their environment was not a place where dreams could come true. It took a relentless determination, a burning desire to be the best, and a willingness to conquer racial barriers for them to emerge as tennis legends. Simone Biles was raised by a single mother with addiction issues, forcing her grandparents to intervene. But Simone soon discovered balance beams and gymnastics mats, setting her on a path toward Olympic greatness. Carli Lloyd, meanwhile, believed her youth soccer career was really starting to take off, only to be cut from her team. Instead of quitting the sport she loved, Carli rebuilt her confidence from the ground up, ultimately becoming one of the leaders on the World Cup Champion US Women's Soccer team. The athletes featured in this book met earth-shaking challenges head on, and through hard work and perseverance, went on to conquer the sports world. This collection of mini biographies, complete with first-hand content drawn from interviews, is a source of inspiration and self-empowerment for kids and sports fans of all ages.

"Athlete after athlete in this book found discipline, hope, and inspiration on the playing field, rising above their circumstances. Filled with first-hand accounts from stars who exemplify the idea of enduring at all costs, Rising Above will serve as a must-read source of inspiration for kids and sports fans of all ages"--

The use of antioxidants in sports is controversial due to existing evidence that they both support and hinder athletic performance. Antioxidants in Sport Nutrition covers antioxidant use in the athlete's basic nutrition and discusses the controversies surrounding the usefulness of antioxidant supplementation. The book also stresses how antioxidants may affect immunity, health, and exercise performance. The book contains scientifically based chapters explaining the basic mechanisms of exercise-induced oxidative damage. Also covered are methodological approaches to assess the effectiveness of antioxidant treatment. Biomarkers are discussed as a method to estimate the bioefficacy of dietary/supplemental antioxidants in sports. This book is useful for sport nutrition scientists, physicians, exercise physiologists, product developers, sport practitioners, coaches, top athletes, and recreational athletes. In it, they will find objective information and practical guidance.

Offers highlights and entertaining facts from twenty of the greatest Super Bowls in the history of professional football.

My Story

Zion Williamson

The Final Four

Beyond Winning

Rise

A Shot to Save the World

Most husbands die before their wives and more than 50 percent of marriages end in divorce. Despite these dismal odds, many women don't get involved in their family's financial planning because their husbands take care of it, they think it's too complicated for them to understand, or they just don't want to bother. This book explains in an entertaining and simple style why women should bother, what they need to know, and how to get involved in the business aspect of their marriages to have a better, more secure life and a stronger partnership. Winner - Business Category 2009 San Francisco Book Festival Runner Up - General Non-Fiction Category 2009 New York Book Festival Finalist - Women's Issues Category The National "Best Books 2009" Awards Editor's Choice - iUniverse Publishing

Uncover the secrets of greatness behind some of the greatest sports legends in the world, and how they reached their level of success and excellence in their passions. Learn about how each overcame their individual obstacles, and find out how you can start living like the greats today to achieve all your goals. How did young, unknown little kids become Michael Jordan, Serena Williams, or Lionel Messi? Hard work, determination, and self-confidence. These and many more are skills present in each iconic athlete in this book, skills which were practiced and improved upon, not born with. Within these success stories, you and your children can discover the mindsets and life lessons that created the greats, legends, icons, and 'GOATS' we know today. - Produced and created by professional writers native in the English language. - Cool and fun hand drawn illustrations in every page! - Unbelievable stories that you may not have heard of before... - Tons of fun for everyone in the family Order Now and Enjoy the Best Sports Biographies for Kids! The story of Elgin Baylor, basketball icon and civil rights advocate, from an all-star team Hall-of-famer Elgin Baylor was one of basketball's all-time-greatest players—an innovative athlete, team player, and quiet force for change. One of the first professional African-American players, he inspired others on and off the court. But when traveling for away games, many hotels and restaurants turned Elgin away because he was black. One night, Elgin had enough and staged a one-man protest that captured the attention of the press, the public, and the NBA. Above the Rim is a poetic, exquisitely illustrated telling of the life of an underrecognized athlete and a celebration of standing up for what is right.

SPORTS AND ENTERTAINMENT MARKETING. 3E incorporates feedback from instructors across the country and has expanded by three chapters. The popular sports and entertainment topics continue to be the foundation for teaching marketing concepts. Each marketing function is incorporated throughout the text and is highlighted with an icon to indicate how it is used in the marketing process. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Luka Doncic

Improving the Science, Changing the Culture

A Clinical Guide

The United States of Sports

The Outrageous Inside Story of the New Billionaire Wildcatters

The Inspirational Story of How Zion Williamson Became the NBA's First Draft Pick

How World-Class Athletes Got To The Top

“A lively, exciting, and definitely thought-provoking book.” —Booklist Things looked grim for American energy in 2006, but a handful of wildcatters were determined to tap massive deposits of oil and gas that giants like Exxon and Chevron had ignored. They risked everything on a new process called fracking. Within a few years, they solved America’s dependence on imported energy, triggered a global environmental controversy, and made and lost astonishing fortunes. No one understands the frackers—their ambitions, personalities, and foibles—better than Wall Street Journal reporter Gregory Zuckerman. His exclusive access drives this dramatic narrative, which stretches from North Dakota to Texas to Wall Street.

The ultimate book for young sports fans is back with the past year's top sports stories. Look back on another year in sports with Scholastic, featuring exciting and all-new coverage for 2022. Get up close and personal with the top athletes in baseball, basketball, football, soccer, and more in this perfect book for sports fanatics and newbies alike. In the dark of a Carolina night on the edge of morning, a young man is awoken by an alarm at 6 am. He wakes up, groggy from his sleep and thinks about how easy it would be to hit snooze and go back to sleep. But he knows he is destined for something great, a future that will require a little extra of him, so he laces up his shoes and heads to the gym to outwork the competition before they even wake up."A once in a generation athlete""The most explosive athlete to play the game" People have tried to describe Zion Williamson in a variety of different ways, but none of these descriptions really capture the true essence of who is his. In Zion Williamson we will tell the story of how Zion went viral with his powerful dunks and captured the nation's attention by overcoming a potentially devastating injury. The story of Zion Williamson isn't just a story of someone who was gifted with nearly infinite athletic talent and coasted on it. It's the story of a young man who accepted the challenge of being a highly talented athlete and became Zion, a cultural icon Four players at the Final Four of the NCAA basketball tournament struggle with the pressures of tournament play and the expectations of society at large.

Stephen Curry

Calm the F*ck Down and Rise to the Occasion

MIKE REILLY Finding My Voice

The Married Woman's Primer on Financial Planning

Growing Up On and Off the Court

How Jim Simons Launched the Quant Revolution

"Provides instructional tips on how to improve one's baseball skills, including quotes and advice from professional coaches and athletes"--Provided by publisher.

The United States of Sports takes kids on a first-of-its-kind journey across the U.S. with stops in every state in the union. Super cool maps with unique hand-illustrated icons show where all the great sites can be found, including arenas, stadiums, halls of fame, championship golf clubs, the greatest ski mountains, Olympic cities, and more. Each state's Greatest Moments and homegrown heroes are pro led, and we wouldn't forget to run down all the numbers! Championships, pro teams, famous events, and more-- spread by spread--it's the book to pore over this season.