



**Conquering Carpal Tunnel Syndrome and Other Repetitive Strain Injuries**

**What You Can Do About Carpal Tunnel Syndrome and Other Repetitive Strain Injuries**

*Using mindfulness-based techniques and cognitive behavioral tools, a leading expert on the use of acceptance and commitment therapy (ACT) teaches readers to transcend the experience of chronic pain by reconnecting with other, more valued aspects of their lives.*

*Investigation of Computer Pointing Devices for Their Potential to Cause Repetitive Strain Injury and Developments of Metrics for Use in Optimizing Pointing Devices*

*The Truth About Carpal Tunnel Syndrome*

*Fitting the Task to the Man*

*Prevention Guide for Computer Users*

*Human-Computer Interaction - INTERACT 2021*

*Crs Computer-Related Syndrome*

*Using Acceptance and Commitment Therapy to Ease Chronic Pain*