

Options Trading (Idiot's Guides)

It's time to take over the world of Options trading. You will learn about the brief history of options, what options trading means, different options, and the basic terminology associated with this instrument. You will learn about the different benefits of options trading, the risks involved, and the popular myths you must ignore while trading. Once you get the hang of the basics, we will delve into the different market outlooks, factors to consider while selecting a trading strategy, and different trading strategies. This book will also introduce you to other essential topics associated with trading options. These include risk management, selecting the right broker, making smart investments, some common mistakes to avoid, and tips to increase your overall profitability.

Sound investment basics. Value investing concentrates on business tangibles and common sense. This guide explains these strategies in clear, jargon-free terms, and gives advice on: the importance of knowing the four major parts of a company?s annual report and how to read them, how to listen for insights into the company plans and performance during the CEO?s discussion with analysts, and major strategic investment policies that drive value investing and how to select the one right for your goals. · From an expert financial writer · Red-hot investment strategy in this troubled financial climate · Billionaire gurus like Warren Buffet advocate value investing

A penny saved may be a penny earned, but a penny invested can be even more. In this financial crisis, old advice about equities, mutual funds, commodities, and real estate may no longer hold. here is a fresh look at all aspects of investing to help readers protect and grow their wealth. This edition includes the most current information on: corporate fundamentals; the sub-prime crisis and its effects; practical tools for evaluating mutual funds; advice about riding the equity market; and the use of Exchange traded Funds.

Building a successful career in a red-hot field. Financial planning is one of the fastest growing careers in America today. Written by a veteran certified financial planning expert, this invaluable book tells aspiring and new CFPs everything you need to know about the certification process, setting up private practice, self-marketing techniques, client management and expansion, and much more. -Includes a comprehensive resource section

An Introduction to Financial Option Valuation

The Complete Idiot's Guide to Accounting

Mathematics, Stochastics and Computation

Statistics, 3E

Getting Started in Stock Investing and Trading

Completely updated, this practical guide has the information investors need to keep up in the complex, fast-paced, and highly profitable world of options and futures, where everything is in play - from oil to diamonds, poultry to vaccines, franchises to coffee. Provides cutting edge information on energy futures and options. Tools for creating flexible strategies that can move with the times. New information on the solid standbys like livestock, precious metals, and equities. Keyed to the new realities of the global economy, making this book vital for investors at all levels. Highly respected expert author.

#1 NEW YORK TIMES BESTSELLER • “The clearest and best book out there to get you on the path to riches. This one’s special!”—Jim Cramer, host of CNBC’s Mad Money “Great tools for anyone wanting to dabble in the stock market.”—USA Today Phil Town is a very wealthy man, but he wasn’t always. In fact, he was living on a salary of \$4,000 a year when some well-timed advice launched him down a highway of investing self-education that revealed what the true “rules” are and how to make them work in one’s favor. Chief among them, of course, is Rule #1: “Don’t lose money.” In this updated edition to the #1 national bestseller, you’ll learn more of Phil’s fresh, think-outside-the-box rules, including: • Don’t diversify • Only buy a stock when it’s on sale • Think long term—but act short term to maximize your return • And most of all, beat the big investors at their own game by using the tools designed for them! As Phil demonstrates in these pages, giant mutual funds can’t help but regress to the mean—and as we’ve all learned in recent years, that mean could be very disappointing indeed. Fortunately, Rule #1 takes readers step-by-step through a do-it-yourself process, equipping even the biggest investing-phobes with the tools they need to make quantum leaps toward financial security—regardless of where the market is headed.

The Complete Idiot's Guide to Accounting, Second Edition, is for small business owners, novice bookkeepers, and accounting clerks who need a comprehensive overview of the monthly accounting process. It guides readers through the ins and outs of creating accounts, conducting transactions, handling employees and payroll, managing month-end procedures, and issuing financial reports. It also covers the various types of accounting software programs available and how to use them to manage a manual set of books. In addition, this new edition includes- Updates to current corporate tax rates Changes to inventory management procedures An all-new appendix featuring the latest government forms Changes to depreciation and sales taxes New and updated computer software programs

For many, the idea of the Last Days brings to mind concerns and fears about the End of the World, The Antichrist, The Mark of the Beast, World War, and Armageddon. For centuries, man has been occupied with the idea that someday the world will come to an end. These fears and concerns have been fuelled by natural disasters, famines, world wars, and the writings of people such as Nostradamus, Jeane Dixon, and Tim LaHaye. When we think about the Last Days, we have more questions than answers. Is the world really going to end? Should we be concerned about the future? Where are we today in relation to the Last Days? Author Richard H. Perry urges readers to 'consider the source' when caught up in these questions that don't seem to have answers. In The Complete Idiot's Guide to the Last Days, Perry takes readers to the source of all discussion on the subject: the Bible itself.

Explore the Risks and Rewards for Various Investment Options

Dynamic Hedging

Complete Idiot's Guide to Publishing Science Fiction

Idiot's Guides: Options Trading

Discover Success on the World's Most Exciting Exchange Market

Rule #1

If you want to diversify your portfolio and lower your risk exposure with hedge funds, here’s what you should know: Hedge Funds For Dummies explains all the different types of funds, explores the pros and cons of funds as an investment, shows you how to find a good broker, and much more. Authored by Ann Logue, a financial writer and hedge fund specialist, this handy, friendly guide covers all the bases for investors of all levels. Whether you’re just building your first portfolio or you’ve been investing for years, you’ll find everything you need to know inside: What a hedge fund is and what it does How hedge funds are structured Determining whether a hedge fund is right for your portfolio Calculating investment risk and return Short- and long-term tax issues Developing a hedge fund investment strategy Monitoring and profiting on macroeconomic trends Evaluating fund performance Evaluating hedge fund management If you’re investing for the future, you definitely want to minimize your risk and maximize your returns. A balanced portfolio with hedge funds is one of the best ways to achieve that sort of balance. This book walks you step by step through the process of evaluating and choosing funds, incorporating them into your portfolio in the right amounts, and making sure they give you the returns you expect and deserve. You’ll learn all the ins and outs of funds, including: What kind of fees you should expect to pay Picking a hedge fund advisor or broker Fulfilling paperwork and purchasing requirements Performing technical analysis and reading the data How to withdraw funds and handle the taxes Tracking fund performance yourself or through reporting services Hedge fund strategies for smaller portfolios Performing due diligence on funds that interest you This friendly, to-the-point resource includes information you can’t do without, including sample portfolios that show you how to invest wisely. Hedge funds are an important part of every balanced portfolio, and this friendly guide tells how to use them to your best advantage. With important resources, vital information, and commonsense advice, Hedge Funds For Dummies is the perfect resource for every investor interested in hedge funds.

Creative writing may be the ultimate form of self-expression. Whether the reader is a creative writing student or someone who feels compelled to create stories and poetry in their free time, Idiot's Guides: Creative Writing helps them master the basics of fiction and creative nonfiction and write more effectively. Readers will learn how to: - Create the fundamental elements of good fiction of creative nonfiction, including plot, character, point of view, setting, dialogue, style, and theme. - Write various types and genres of creative writing, including novels, short stories, plays and screenplays, poetry, book-length and article-length narrative nonfiction, memoirs, and more. - Hone their writing skills and boost their creativity with writing prompts and exercises.

Understand how day trading works—and get an action plan Due to the fluctuating economy, trade wars, and new tax laws, the risks and opportunities for day traders are changing. Now, more than ever, trading can be intimidating due to the different methods and strategies of traders on Wall Street. Day Trading For Dummies provides anyone interested in this quick-action trading with the information they need to get started and maintain their assets. From classic and renegade strategies to the nitty-gritty of daily trading practices, this book gives you the knowledge and confidence you'll need to keep a cool head, manage risk, and make decisions instantly as you buy and sell your positions. New trading products such as cryptocurrencies Updated information on SEC rules and regulations and tax laws Using options to manage risk and make money Expanded information on programming If you’re someone who needs to know a lot about day trading in a short amount of time, this is your place to start.

The smart way to succeed in electronic trading. There is money to be made in active electronic trading, if investors know the rules of the game and the right investing strategies. This guide includes all the information nonprofessional traders need to be successful at day trading stocks in today’s market, with tips and up-to-the-minute information on the newest technologies, the amazing opportunities in both American and international markets, and strategies for how to profit from them. ?Most current day trading guide available ?Up-to-date screen captures of dozens of actual trading scenarios ?The newest information sites and technologies ?Full glossary of trading terms

The Complete Idiot's Guide to Options And Futures, 2nd Edition

Options Trading for Beginners, Dummies & Idiots

Study Guide for Come Into My Trading Room

Beginning Investing

Options Trading

Mindfulness

STUDY GUIDE FOR Come Into My Trading Room A Complete Guide to Trading You can read Come Into My Trading Room: A Complete Guide toTrading in a few days, but you cannot expect to master everyaspect of that invaluable book until you work through it. StudyGuide for Come Into My Trading Room: A Complete Guide to Tradingwill help you learn the profitable methods and techniques of ComeInto My Trading Room before risking a dollar in the markets. Study Guide for Come Into My Trading Room: A Complete Guideto Trading parallels the actual book, challenging you at everystep with questions that make you focus on all the important areasof trading. Some tests are pencil-and-paper, others have you workwith charts, but all prepare you to make crucial decisions. This Study Guide will: Quiz you on the essentials of trading—choosing themarkets to trade, finding holes in the Efficient Market Theory, andovercoming common obstacles to success Make you aware of psychological blind spots that lead tolosing Test your knowledge of charting and computerizedindicators Explore trading systems, day-trading, and advanced concepts,such as Impulse trading and SafeZone stops Ask questions about money management, record-keeping, andmanaging time Challenge you with eight case studies where you choose entryand exit points and get graded for your performance The best trading strategies, techniques, and tools are only asgood as your understanding of them. Pick up this Study Guide forCome Into My Trading Room: A Complete Guide to Trading andconvert Dr. Elder's methods into your own powerful and profitabletools.

Giving a comprehensive overview of the trends, indicators, and history of market timing, this handbook offers easy-to-understand coverage of the most simple and reliable tendencies of the financial markets.

Idiot's Guides: Kama Sutra is a fun and insightful guide to the ancient arts of the Kama Sutra, as well as many more contemporary methods and techniques for modern lovemaking. Readers will learn from hundreds of beautiful, full color photos that illustrate not only the traditional movements of the Kama Sutra, but also many of the most contemporary methods for taking lovemaking from tedious to intoxicating! The author takes readers from the roots of the ancients arts of the Kama Sutra through essential warm-ups like aphrodisiacs, erotic massage, and how to turn a lover on through the senses. Other sizzling sections cover orgasms, the G-spot, erogenous zones, and more. Through beautiful, how-to photos readers will learn the fundamental movements of the traditional Kama Sutra (as well as a few more), the oral pleasures, toys and fetishes, and much more. Finally, readers will learn how to keep the fire ignited not only in the bedroom, but in their relationships, and how The Kama Sutra is not just about making love, it's about connecting with and cherishing a lover every day.

A beginner's guide to electronic trading and investing furnishes essential information and techniques for nonprofessional traders, along with tips on how to become successful trading stocks in today's volatile market, opportunities in both American and international markets, and suggestions on the newest information sites and technologies. Original.

Optimum Nutrition

Turn High Volume into Cash in Today’s Market

Managing Vanilla and Exotic Options

Irreversible

Kama Sutra

The Complete Idiot's Guide to Stock Investing

A roadmap for success; the strategies to use and pitfalls to avoid.

Yours"re no idiot, of course. You know the risks involved with investing your hard-earned money in currency markets or commodities, and many people jump into options and futures trading without understanding how the market works. But you donrs"t have to put all your money in cold storage! The Complete Idiots"rs Guidereg; to Options and Futures will show you exactly how this confusing market operates and how you can minimize your risk. In this Complete Idiotsrs" Guidereg;, you get: --Information on the latest new types of investing such as single stock futures. --Tips on how to safely invest in managed futures funds. --Basic information on such commodities as foreign currency, grains, meats, softs, and metals. --Definitions of investing terms yours"ll need such as "calls," "puts," and "selling short."

This is a lively textbook providing a solid introduction to financial option valuation for undergraduate students armed with a working knowledge of a first year calculus. Written in a series of short chapters, its self-contained treatment gives equal weight to applied mathematics, stochastics and computational algorithms. No prior background in probability, statistics or numerical analysis is required. Detailed derivations of both the basic asset price model and the Black–Scholes equation are provided along with a presentation of appropriate computational techniques including binomial, finite differences and in particular, variance reduction techniques for the Monte Carlo method. Each chapter comes complete with accompanying stand-alone MATLAB code listing to illustrate a key idea. Furthermore, the author has made heavy use of figures and examples, and has included computations based on real stock market data.

An up-to-date guide to the complex world of equities Getting Started in Stock Investing and Trading walks investors and traders through the essential information they need to know before they decide what kind of participant they want to be in equities. The book is filled with the key strategies and tools and offers a comprehensive guide for those entering this marketplace. The author does not argue that one method is better or more appropriate than another. Rather, he reveals the various methods and lets investors decide for themselves. The book covers investment risks, value investing, market strategies, trading methods such as day and swing trading, technical indicators, and diversifying your portfolio, and Offers a thorough overview of strategies and tools that investors need to profit from the volatile equities markets Provides examples, charts, and timely additions that reflect recent changes in the equities markets Other titles by Thomsett: Getting Started in Bonds and eight editions of Getting Started in Options. This book is another title in The Getting Started series, which makes complex issues easy to understand.

Understand the People, Politics, and Conflicts That Shaped a Continent

Building a Thriving Career in One of Today’s Hottest Fields

The Simple Strategy for Getting Rich–in Only 15 Minutes a Week!

Emerging Markets For Dummies

Understanding Options 2E

Make Your Hard-Earned Money Work Hard for You

Offers advice on how to get a science fiction novel or short story published, including tips on the basic elements of a work of science fiction to getting an agent, and signing a contract.

Emerging Markets For Dummies provides readers with an understanding of emerging markets and their place in our economy. Savvy investors and business managers will find the important information and advice they need to incorporate these growth areas into their business and investment plans.

For a beginner, investing can be an overwhelming and intimidating topic, and finding which investment options are right for you is an almost impossible task. Idiot's Guides: Beginning Investing helps the new investor understand all of the most common investment options, how to choose the right ones for your needs and goals, and how to increase your chances for success. This book covers: - Self-assessment tools that help readers understand their own personal risk tolerance and choose the investment strategies that fit their needs. - Basics on the each investment type, including stocks, bonds, mutual funds, real estate, and more, with primers on each investment type, the basics on how to invest with each option, and how to improve chances for success. - The dos and don'ts of real estate investing, including what to pursue, and what to avoid when it comes to real estate. - Simple strategies for investing in the bond market - Tips and tricks for investing in stocks, including which types of stocks to avoid and which types to buy - How to protect assets and invest using time-tested and sensible techniques - Setting goals and investing for college, retirement, luxury purchases, and other common financial goals - Managing investments and personal portfolios for both short term and long term gains

Even for the experienced trader, options trading can be a risky and intimidating investment strategy. However, with the right strategies and approach, it can be an exciting investment option that can pay serious dividends. Through logical, step-by-step guidance Idiot's Guides: Options Trading gives you the tools you need to reduce risk, while boosting the odds for success with these volatile and unpredictable investments. You will learn about all of the common types of options including index, ETF, and equity options, and then move into newer strategies including binary options and the new 20-minute options. Idiot's Guides: Options Trading will help you decide how to choose the approach that fits your investment strategies, how to weigh option costs and benefits, understand options contracts, use technical analysis to evaluate opportunities, and how to minimize risk while building a strategy that maximizes gains while protecting against market fluctuations.

The Complete Idiot's Guide to Technical Analysis

Creative Writing

Option Trading Tactics

The Complete Idiot's Guide to the Last Days

The Complete Idiot's Guide to Active Trading

Day Trading For Canadians For Dummies

The keys to financial success and security are just one book away. Investing in the equity or stock market has never been riskier - or more profitable. In The Complete Idiot's Guide® to Stock Investing, veteran Certified Financial Planner Sarah Young Fisher and business writer Susan Shelly lead the novice investor through the often confusing process of investing in the stock market, helping him or her think like a veteran trader. ? Written with the recent market in mind, this book will give strategies that apply to today's investors.

Idiot's Guides: Options TradingAlpha

As CEO of Velez Capital Management, and cofounder of Pristine.com, Oliver Velez has dedicated his life to spreading the message that you, too, can make a living as a trader. Traders often attend his educational seminars multiple times in order to take-in the vast amount of information this legendary trader discloses. We've found that the combination of written word and visual presentation is the best way for you to master a subject.

That's why this unique DVD/Course Book package is the perfect way to maximize your trading skills. It includes a full-length DVD of Velez's famed Options Trading Seminar, as well as a Course Book, where every ounce of information from the lecture has been translated into an easy-to-read, classic textbook form. You also get access to online self tests to make sure you absorb every bit of valuable information. Master the exciting, profitable niche of options trading. With this course, you'll learn: Option Trading Tactics: See how Velez uses various strategies to maximize returns, minimize risk, hedge, and speculate. Predict Price Movement Accurately: Know what stocks may do in the upcoming days and weeks. This is they only way you will make money in options. Market Analysis Strategies: Velez will show you why technical analysis is the key to options success and how to use this knowledge to take advantage of marketplace imperfections. A New Approach to Trading Psychology and Discipline: Discover the Pristine Method of "core trading" and Velez's ground breaking explanation of how the stock market works today. Develop Your Own Strategy: Create then follow a strict trading plan-one that will allow you to play the market without burning through cash! Use Option Trading Tactics Course Book, and, within no time, you'll be a more confident and profitable options trader than you ever thought possible.

The stock market rises and falls for variety of reasons. In today's volatile market, there doesn't seem to be any way to predict what will happen from day to day, sometimes even from hour to hour. Unless, that is, you employ technical analysis - the science of analyzing market patterns to anticipate the right time to invest. Using the up-to-minute accessibility of the Internet, patterns become evident quickly and the smart trader can take advantage of them - with the right tools to analysis the trends. Jan Arps, veteran trader and technical analysis software specialist, shares his decades of experience in this complex, yet practical method of stock market investing in The Complete Idiot's Guide® to Technical Analysis. Enhanced with an innovative audio-visual tutorial CD on which Jan narrates the use of the basic charts used in technical analysis, this book includes: Full, jargon-free, but detailed explanations of each aspect of the technical analysis. Over 90 charts in the text and on the CD demonstrating market patterns and how to read them. Proven trading strategies to use market trends to their best advantage. Advice on how to set up shop to become a successful home technical analysis investor.

Options DeMYSTiFieD, Second Edition

Day Trading For Dummies

The Complete Idiot's Guide to Options and Futures

Relax, De-Stress, and Focus Your Mind for a Healthier, Happier You

The Complete Idiot's Guide to Success as a Personal Financial Planner

Become Market-Savvy and Watch Your Portfolio Soar

In good times and bad, you need to know your OPTIONS Market volatility is at a record high, which has investors running scared. You don't have to be one of them. Whether your goal is to protect your money in a downturn or profit handsomely from an upturn, trading options is the answer. Options DeMYSTiFieD reveals why today's smartest investors rely on the versatility of the options marketplace--and how you can, too! With its quick, snappy explanations and easy-to-understand examples, it provides the knowledge you need to start trading options like a pro in no time. Chapterending quizzes and a final exam round out Options DeMYSTiFieD into a comprehensive self-teaching guide that allows you to learn at your own pace. This fast and easy guide has everything you need to: Protect your investments from market downturns--even those in your IRA or 401(k) Increase income from stocks you already own Multiply the leverage you have in the market to max out your profits Manage the risk of investing without decreasing profit potential Engage in more complex trading, such as covered calls, spreads, straddles, and hedges Simple enough for a beginner but challenging enough for an advanced trader, Options DeMYSTiFieD has what you need to build a solid foundation in options trading.

Destined to become a market classic, Dynamic Hedging is the only practical reference in exotic options hedgingand arbitrage for professional traders and money managers Watch the professionals. From central banks to brokerages to multinationals, institutional investors are flocking to a new generation of exotic and complex options contracts and derivatives. But the promise of ever larger profits also creates the potential for catastrophic trading losses. Now more than ever, the key to trading derivatives lies in implementing preventive risk management techniques that plan for and avoid these appalling downturns. Unlike other books that offer risk management for corporate treasurers, Dynamic Hedging targets the real-world needs of professional traders and money managers. Written by a leading options trader and derivatives risk advisor to global banks and exchanges, this book provides a practical, real-world methodology for monitoring and managing all the risks associated with portfolio management. Nassim Nicholas Taleb is the founder of Empirica Capital LLC, a hedge fund operator, and a fellow at the Courant Institute of Mathematical Sciences of New York University. He has held a variety of senior derivative trading positions in New York and London and worked as an independent floor trader in Chicago. Dr. Taleb was inducted in February 2001 in the Derivatives Strategy Hall of Fame. He received an MBA from the Wharton School and a Ph.D. from University Paris-Dauphine.

Be present in the here and now and cultivate inner peace by living in the moment with mindfulness Are you struggling to be present in the moment with wandering thoughts? This book will help you discover powerful tools to gain deeper understanding, calmness, and clarity through meditation practices in your daily life. This self-help book will teach you simple mindfulness meditations and exercises that will help you be more consciously aware. It includes: - An overview of mindfulness, how it works, and how to practice it daily - Guidance on alleviating anxiety, depression, anger, and addiction - Tips on getting over your emotional hurdles by improving mental clarity and discipline - Advice on improving communication in your relationships with mindfulness - Advanced meditation methods to maximize the benefits of mindfulness Did you know you have the ability to slow down racing thoughts, let go of negativity and calm your body and mind using mindfulness? Mindfulness expert, Domyo Sater Burk will show you how to be consciously present and aware, in a specific moment and your life in general. Explore proven meditation techniques that will allow you to reclaim your life, relieve stress, and improve your wellbeing. With regular practice, use the mindfulness meditations in this guidebook to learn to be more conscious of and attentive to your body, feelings, and patterns of thought. Doing so will lead to greater knowledge and understanding of yourself. Better yet, the positive effects of regular mindfulness are easy to achieve!

Fascinating, fact-filled writing that delivers hundreds of years in the life of the European continent. Terrific supplementary reading for AP History students.

The Complete Idiot's Guide to Value Investing

The Complete Idiot's Guide to Market Timing

The Beginner's Guide to Constructing the Ultimate Investment Strategy

Course Book

The Complete Idiot's Guide to European History, 2nd Edition

The Complete Idiot's Guide to Investing, 4th Edition

Completely updated, this practical guide has the information investors need to keep up in the complex, fast-paced, and highly profitable world of options and futures, where everything is in play-from oil to diamonds, poultry to vaccines, franchises to coffee. Provides cutting edge information on energy futures and options Tools for creating flexible strategies that can move with the times New information on the solid standbys like livestock, precious metals, and equities Keyed to the new realities of the global economy, making this book vital for investors at all levels Highly respected expert author

Taylor Mason's Irreversible traces the life of a ventriloquist from the moment he discovered that a talking sock on his hand made someone laugh to winning television variety show competitions to performing on the biggest stages with some of today's biggest stars. It's a story of perseverance, hard work, and the sheer joy of doing what one loves.

Even for the experienced trader, options trading can be a risky and intimidating investment strategy. However, with the right strategies and approach, it can be an exciting investment option that can pay serious dividends. Through logical, step-by-step guidance Idiot's Guides: Options Trading gives you the tools you need to reduce risk, while boosting the odds for success with these volatile and unpredictable investments. Learn about all of the common types of options including index, ETF, and equity options, and then move into newer strategies including binary options and the new 20-minute options. Idiot's Guides: Options Trading will help you: * Decide how to choose the approach that fits your investment strategies * Weigh option costs and benefits * Understand options contracts * Use technical analysis to evaluate opportunities * Minimize risk and build a strategy that maximizes gains while protecting against market fluctuations

Statistics is a class that is required in many college majors, and it's an increasingly popular Advanced Placement high school course. In addition to math and technical students, many business and liberal arts students are required to take it as a fundamental component of their majors. A

knowledge of statistical interpretation is vital for many careers. Idiot's Guides: Statistics explains the fundamental tenets in language anyone can understand. Content includes: - Calculating descriptive statistics - Measures of central tendency: mean, median, and mode - Probability -

Variance analysis - Inferential statistics - Hypothesis testing - Organizing data into statistical charts and tables

Hedge Funds For Dummies

The Complete Idiot's Guide to Foreign Currency Trading, 2nd Edition

A Complete Guide to Trading

Purchase the power to trade smart Knowledge is power in any endeavor, and in the quick-action world of day trading—with roller-coaster markets, trade wars, and new tax laws inflating both opportunity and risk—being expertly informed is what gives you the power to trade fast with a cool head. The fully updated new edition of Day Trading For Canadians For Dummies—the first in almost a decade—gives you that knowledge, taking you from the basic machinery of short-term markets to building and sticking to a plan of action that keeps your bottom line sitting pretty. In an easy-to-follow, no-jargon style, award-winning business journalist Bryan Borzykowski provides a complete course in day trading. He covers the basics—such as raising capital and protecting one's principal investments—as well as specialized skills and knowledge, including risk-management strategies and ways to keep your emotions in check when you're plugged into an overheating market. You'll also find sample trading plans and important Canada-specific information, such as the best online brokerage firms, useful local resources, and an overview of the unique tax issues faced by Canadian traders. Evaluate strategy and performance Read market indicators Know your crypto Get your options For day traders, every second counts: With the help of Day Trading For Canadians For Dummies, you'll know where you want to be and how to get there—and how best to profit—fast.

THE OPTIONS INVESTING BESTSELLER--WITH CRITICAL NEW INSIGHT FOR TODAY'S TUMULTOUS MARKETS Written in an accessible, easy-to-read style, this new edition of Understanding Options provides everything you need to get started on the right foot in the increasingly popular options market. You'll learn what options are and how they work, their pros and cons, their relationship with stocks, and how to use them to gain leverage, generate extra income, and protect against adverse price movements. Understanding Options covers everything that has made it the go-to guide for novice investors--plus it has brand-new information and features, including: Updated facts, charts, and figures Expanded coverage of collars, credit and debit spreads, mini-options, the Greeks, and protective puts Key strategy insights from master options traders A critical look at trading options on ETFs Options simply are not as confusing as the other books make them seem. Written specifically for the novice, Understanding Options is the best, most inviting guide available for building a solid foundation in options investing.

Good overall health always starts with a foundation of good nutrition. However, being bombarded by conflicting nutritional reports, ever-changing confusing nutritional findings, and the latest diets can make it hard to understand how to achieve your optimum nutrition. Idiot's Guides: Optimum Nutrition gives you everything you need to know about nutrients, understanding how they react in your body, and the best way to achieve nutritional benefits. This book covers: * The fundamental basics of nutrition. * Definitions of good/bad fats, good/bad carbs, vitamins, minerals, proteins, and phytonutrients, and how they are used in your body. * The mind/brain/body connection and how nutrition is linked to mental health. * The truth about controversial foods and conflicting nutritional information. * How to understand food labels and nutritional terms, key grocery marketing terms, and genetically modified foods. * Making wise food choices when eating at home or out. * Inclusion of water, fiber, grains, supplements, and super foods. * Popular diets and how they work (low carb, paleo, plant-based, Mediterranean, glycemic index, raw food) * Food allergies versus food intolerances and how to eat with them.