

Let's Talk About It: Stepfamilies

Reclaim you life and your self! The weeks following your separation may prove to be the most difficult weeks of your life. But with a little help and support, you'll find the strength you need to get through the divorce process and move on. Author Loriann Hoff Oberlin, M.S., understands the rough road to starting over. A survivor herself, she shares her personal experience as well as her professional expertise as she shows you how to rebuild your life, step by step. Surviving Separation and Divorce, 2nd Edition provides you with markers for the legally and emotionally taxing journey ahead, including how to: Rebuild your self-esteem Explore reconciliation--or not Help your children get through the transition Deal with lawyers and the court system Manage money and finances Return to and thrive in the workforce Develop an active social life Consider remarriage With this completely revised and updated classic at your side, you'll summon your inner strength, let go of the past, and build a better future--starting today.

The thoroughly updated Third Edition of this popular handbook provides practical guidance on diagnosing and treating children with developmental and behavioral problems in the primary care setting. Chapters written in outline format address topics ranging from everyday problems such as biting and social avoidance to serious and complex psychiatric disorders such as anorexia and depression. This edition includes new chapters on dealing with difficult child behavior in the office; alternative therapy for autism spectrum disorders; treatment of autism spectrum disorders; oppositional defiant disorder; bilingualism; health literacy; incarcerated parents; and military parents. Recommended readings for physicians and parents are included. A companion website includes the fully searchable text.

Discusses what happens to children when their parents remarry.

For decades, Life and Loss has been the book clinicians have relied on for a full and nuanced presentation of the many issues with which grieving children grapple, as well as an honest exploration of the interrelationship between unresolved grief, educational success, and responsible citizenry. This classic edition, which includes a new preface from the author, brings this exploration firmly into the twenty-first century and makes a convincing case that children's grief is no longer restricted only to loss-identified children. Children's grief is now endemic; it is global. Life and Loss is not just the book mental health professionals need to understand grief in the twenty-first century—it's the book they need to work with grief in a practical and constructive way.

Build a High-Nurturance Stepfamily

Regaining Control When Your Child Is Out of Control

Great Books About Things Kids Love

More Than 750 Recommended Books for Children 3 to 14

Culturally Responsive Family Involvement

Let's Talk about Your Parents' Divorce

Group Work With Populations at Risk, Third Edition is a fundamental resource for practitioners in health and mental health settings and a comprehensive guidebook of group work skills. Geared toward students and professionals gaining a beginning understanding of groups, this volume describes how to work with vulnerable populations that include returning war veterans, Latino and Latina immigrants, women and men who were abused as children, children of divorce, and people struggling with substance abuse, AIDS, cancer, or chronic mental illness. Each chapter describes the population and reviews the relevant literature, identifies themes and practice principles, presents a case illustration, provides evaluation guidance, and refers readers to key references and web resources. Each one is designed to stand alone for easy reference, and overviews of skill building and evidence-based practice make this a timely, comprehensive resource for group leaders regardless of specialty.

Note: hyperlinks below will take you to the Break the Cycle! Website (formerly "Stepfamily inFormation") that this book and series are based on. Use your browsers "back" button to return to Xlibris. This is the fourth volume in a series of six dedicated to breaking the epidemic [wounds + unawareness] cycle that promotes Americas tragic divorce divorce epidemic. The prior volume, Stepfamily Courtship (Xlibris.com, 2002), outlines seven Projects to help courting couples make wise commitment decisions. This book for stepfamily coparents and supporters adds five more projects based on the prior seven ones. If couples didnt do the prior projects (which is common), they can start the first six any time. A sobering reality: if either partner made any unwise courtship choices, its unlikely that doing these other 11 Projects will guard them and their dependents from the five hazards that promote psychological or legal re/divorce. Nonetheless, working at the the projects will give minor kids their best chance at avoiding inherited psychological wounds, and passing them on to their descendents like their unaware ancestors did. The five post-re/wedding co-parenting projects are: 8) Nourish your re/marriage and steadily keep it your second priority, after personal integrity and wholistic health - except in emergencies. In complex multi-home stepfamilies this is hard for many couples to do; as they 9) Merge three or more multi-generational biofamilies, and evolve strategies to resolve inevitable values and loyalty conflicts and Persecutor-Victim-Rescuer relationship triangles; while you 10) (a) Build a co-parenting team with your kids other parents, (b) stay current on your kids progress with their many developmental and adjustment needs, and (c) continually adjust and refine your co-parenting job descriptions based on your stepfamily mission statement. Because all nine of these ongoing co-parent projects are complex, confusing, and conflictual 11) Intentionally build a support network for you and your kids, and use it regularly. Finally 12) Help each other (a) stay balanced personally, re/marritally, and co-parentally each day, and (b) enjoy this wholechallenging, en Offers advice on how to choose books for children, and features essays about various genres of children's books, each followed by an annotated bibliography of recommended titles.

Create a Loving and Safe Environment for Your Blended Family Blended families face unique challenges, and sadly, good intentions aren't always enough. With so many complex relationships involved, all the normal rules for family life change, even how you apply something as simple as the five love languages. That's why Gary Chapman, the bestselling author of The 5 Love Languages® andnational expert on stepfamilies, Ron Deal, join together in this book to teach you how the five love languages can help your blended family. They'll teach you: About the unique dynamics of stepfamilies How to overcome fear and trust issues in marriage How to develop healthy parenting and step-parenting practices How the love languages should—and should not—be applied You're going to face many challenges, but with the right strategies and smart work, your family can be stronger and healthier together.

The 5 Love Languages and Becoming Stepfamily Smart

Making it Great

The Angry Child

Life & Loss

Money and Marriage God's Way

Surviving Separation And Divorce

Time to Listen to Children is a practical guide to effective communication with children. Professionals working with children in a variety of settings examine the skills required to help children articulate their problems and feelings. They discuss issues such as training, cultural background and religion and give accounts of their work in the following settings: * education * social services * voluntary organizations * medical settings * law Contributors practice a variety of therapeutic techniques, including play, music and art therapy. Time to Listen to Children will be a valuable resource for social workers, teachers and counsellors in training and for all professionals who wish to adopt a skilled, reflective and active approach to their work with children.

Divorce Mediation Manual offers an important resource for anyone contemplating divorce. This manual is meant to positively assist and inform couples engaged in the process of divorce mediation, helping them navigate the process. Divorce mediation is about choosing what to do when a marriage is coming apart, and decisions must be made about whats best for both parties. If there are children involved, the mediation process can become an important process to promote a healthy connection between the parents and the children. In mediation, the couple meets with a neutral third party, the mediator; with his or her help, they work through the issues they need to resolve, so they can end their marriage peacefully, respectfully, and inexpensively. The basic topics to resolve in mediation include the following: Division of assets and debts Child custody and establishing a parenting plan Child support, spousal support, or family support Division of employee/retirement benefits Resolving reimbursement claims Avoiding taxes and defining the tax basis of assets to be divided Divorce Mediation Manual is an effective guide to making the right choices when considering a divorce or engaged in divorce mediation.

With this resource, the reader learns to recognize and understand different types of childhood losses while avoiding the stifling cliches that block feeling. The reader will also become aware of the myths that hinder the grief process and learn the four psychological tasks for grief. The author explains the technique of grief work, providing tools, ideas and inventories for educators to help kids commemorate loss.

With the right preparation and resources, a step or blended family can be a stable foundation for co-parents and children.

Divorce Mediation Manual

Home, School, and Community Collaboration

Let's Talk About Living in a Blended Family

Lets Talk about Stepfamilies

Building Love Together in Blended Families

"Let's Talk About" Stepfamilies

BOOKS THAT TURN CHILDREN INTO LIFE-LONG READERS! Most children want to read a book because it's about something they love or are curious about--dinosaurs, magic tricks, ballerinas, sports, secret codes, and a host of other topics. Now with this unique book, Kathleen Odean, current chair of the Newberry Award committee and author of Great Books for Girls and Great Books for Boys, makes it easy for parents and teachers to satisfy a child's individual cravings for good reading on any subject. Inside you'll discover , More than 750 books divided into 55 categories, from Airplanes to Zoos , Professional appraisals that are balanced, intelligent, and fun to read , Stimulating book-related activities and helpful tips for parents Whether the format is picture book, poetry, fiction, or nonfiction, here are wonderful selections like Why Does the Cat Do That? and Exploring the Titanic . . . tried and true characters, from the beloved aardvarks Arthur and D.W. to the hilarious Junie B. Jones and the courageous Harry Potter . . . new heroes and heroines to cheer for such as Katherine Paterson's Princess Miranda from The Wide-Awake Princess and the exciting Jack Black from Jack Black and the Ship of Thieves by Carol Hughes. Great Books About Things Kids Love creates a book-rich environment in which the habit of reading can take hold and flourish for a lifetime. From the Trade Paperback edition.

Based on a landmark longitudinal study, the nation's leading expert on stepfamilies reveals his breakthrough findings and offers the first detailed guide to easing the conflicts of stepfamily life and healing the scars of divorce. There are more than twenty million stepfamilies in America. For most of them, the simple, daily issues that challenge every family are even more anxiety-provoking. After conducting a comprehensive nine-year-long study funded by the National Institutes of Health, Dr. James H. Bray has written an invaluable book that explains why over half of all stepfamilies fail and reveals the strategies that help the others succeed. A stepfamily is assaulted on all sides by difficult and often divisive questions. How much control should a stepparent have over a stepchild? How much authority should a nonresidential parent exert over a child? How should a difficult former spouse be handled? How does an "ours" baby change the emotional dynamic in a stepfamily? Why is there a lack of "honeymoon effect" during the first years of stepfamily life? The purpose of Stepfamilies is to answer all the important questions of stepfamily life--to fill in the knowledge gaps that undermine so many stepfamilies today and, crucially, to learn the effect of stepfamily life on children. Based on one of the largest and longest studies of stepfamily life ever conducted, Stepfamilies interweaves the stories of real families to illustrate such study findings as how: a stepfamily has its own natural life cycle a stepfamily takes several years to develop into a family unit a stepfamily is at greatest risk during the first two years a stepfamily ultimately coalesces into one of three forms a stepfamily must solve four basic tasks in order to succeed a stepfamily can help heal the scars of divorce Filled with emotional, gripping stories, Bray's findings pinpoint the three major transitions in stepfamily life and identify the riskiest issues that can throw a family into crisis. Bray is the first to identify the several distinct forms that stepfamilies take and to explore which types of stepfamilies are more vulnerable than others and why. He also describes the natural life cycle of stepfamilies and basic tasks all stepfamilies must undertake to succeed. With a wealth of insight into the positive effects of remarriage, Bray shows how a loving, well-functioning stepfamily can lessen the trauma of divorce and restore a child's and family's sense of security. Most stepparents remarry with the highest hopes and new resolutions for a better life. Never before have their unique needs been addressed in depth. Through insightful case studies and practical advice, Stepfamilies reveals how a strong, stable stepfamily is as capable as a nuclear family of nurturing healthy development, of imbuing values, of setting limits and boundaries, and of providing a structure in which rules for living a moral and productive life are transmitted, tested, rebelled against, and ultimately affirmed. Bray's positive message and fascinating findings--many of which defy intuition--will put stepfamilies on the road to lifelong harmony.

Offers tips on working through family problems and discusses emotions, why unpleasant things happen, how to avoid fighting, and ways to cope with change.

This book focuses on the emotional, physical, and often financial upheaval that many young people experience when parents divorce. The book addresses such issues as money concerns, self-blame, getting caught in the middle, living in a stepfamily, and depression. With an emphasis on how teens can cope with parental divorce, the book includes informational sidebars as well as a list of resources.

Stepfamilies

Group Counseling for School Counselors

Group Work With Populations at Risk

How to Make Three Right ReMarriage Choices

A Guidebook for Co-Parents

7 Keys to a Healthy Blended Family

As a result of divorce and remarriage, many kids in our country will be living with a new parent and new brothers and sisters. This reconfiguration has its own challenges and rewards, and this book helps with both.

A clinical psychologist explains how parents can recognize excessive anger, unhappiness, and potential violence in their children and offers helpful advice on how to change their own and their child's behavior in order to defuse such situations. Reprint. 15,000 first printing.

Bringing two families together to create a new one can be a daunting task. Drawing on wisdom garnered from decades of helping remarried couples, Jim Smoke offers time-proven principles and wisdom from God's Word to help you lay a solid foundation for your family. Whether your blended family has been around for a while or is just starting up, you'll discover practical ideas and solid insights. With insights from parents and children in blended families, Seven Keys to a Healthy Blended Family offers down-to-earth advice and encouragement for building a positive, uplifting family life. Book jacket.

Describes and evaluates books and other resources on parenting, remarriage, and children for members of blended families

Step Families

Love, Marriage, and Parenting in the First Decade

A Bibliography with Indexes

Seven Steps to a Healthy Family

LET'S TALK ABOUT STEPFAMILIES.

Lesbian Step Families

A field-tested resource designed to help counselors educate students in areas such as interpersonal communication, conflict management, and relationship building.

Discover the Keys to a Healthy Stepfamily Leading stepfamily expert Ron L. Deal reveals the seven fundamental steps to blended family success and provides practical, realistic solutions to the issues you face as a stepfamily. Whether married or soon-to-be married, you'll discover how to · Solve the everyday puzzles of stepparenting and stepchildren relationships · Communicate effectively with an ex-spouse · Handle stepfamily finances confidently · "Cook" your stepfamily slowly rather than expect an instant blend This revised and expanded edition has updated research and two new chapters with even more real-world advice on topics such as stepsibling relationships and later-life stepfamilies.

Discusses the changes involved in becoming part of a stepfamily and ways to deal with the new situation.

Using the culturally responsive family support model, this text prepares teachers to work effectively with the diverse families of their students Filled with practical suggestions and reflective opportunities, Home, School, and Community Collaboration uses the culturally responsive family support model to prepare readers to work with children from diverse families. This text includes contributions from 24 experts in the field in addressing the issues in family involvement that today's teachers are likely to encounter.

Key Features Covers family systems theory, family involvement models, and the family support approach Includes a wide range of practical strategies for use in today's schools, as well as activities that help readers make connections between the course content and their own experiences Features case studies and vignettes that provide opportunities for reflection and help readers apply text information to real-life settings

The Single Father: A Dad's Guide to Parenting Without a Partner

An Ethnography of Love

Let's Talk About It

Family Disintegration

The Ultimate Teen Guide

You Can Get There from Here

Each member has their own unique place in a family. Ron Deal explores the myth of the "blended" family offering practical, realistic solutions for stepfamilies.

Offers basic advice on how to deal with parents' divorce, including coping with feelings and adjusting to stepfamilies.

In this ground-breaking volume author Armin Brott gives single dads the knowledge, skills, and support they need to become-and remain-actively involved fathers. With the same thoroughness, accessibility, and humor that have made the books in his critically acclaimed New Father series the best and most popular fatherhood guides in the country, Brott steers divorced, separated, gay, widowed, and never-married men through every aspect of fathering without a partner. Incorporating the advice of top psychologists, lawyers, and other experts, The Single Father offers a wealth of essential information and practical tips. Illustrated with cartoons that underscore the challenges and, yes, even the satisfactions of single parenting, and complete with an extensive list of resources for divorced, widowed, and gay dads, The Single Father is one book no single dad can afford to do without.

Why do some people lead positive, hope-filled lives, while others wallow in pessimism? In The Psychology of Hope, a professor of psychology reveals the specific character traits that produce highly hopeful individuals.

He offers a test to measure one's level of optimism and gives specific advice on how to become a more hopeful person.

Stepparenting

The Best Resources to Help Blend Your Family

Divorce

Stepfamily Courtship

Life and Loss

Hope for the Journey

What's Different about This Book? This modular reference book and series for co-parents and human-service professionals is unique in the genre of stepfamily media for seven reasons. It is the only current resource that... Is based on (a) 30 years' clinical research, including over 17,000 hours' consultation with over 1,000 typical divorced and stepfamily adults and some of their kids; (b) five widespread re/marital hazards, and (c) 12 Projects to neutralize the hazards. This volume... Integrates six core concepts: # proven family-systems principles; and... # an inner-family concept of human

personalities, linked to... # a definition of high-nurturance families; # a framework of seven effective-thinking and communication skills, # healthy three-level grieving and healing blocked grief; and... # a framework of stepfamily realities, meanings, and merger-adjustment tasks. A fifth uniqueness is that the book... Provides Internet addresses to over 150 experience-based stepfamily articles, worksheets, and other resources to augment its contents. This is one of several guidebooks for a free, 8-module self-study course for people interested in healing and self-growth. Lesson 7 focuses on evolving high-nurturance stepfamilies. And this book is different because of... My personality, writing style, training (BSME and MSW), and 72 years' life experience (engineering, business, teaching, and 30 years' practice of psychotherapy with hundreds of stepfamily clients). My learnings from personal "ACoA" recovery (from a low-nurturance childhood) since 1986 greatly influence this site and series of stress-prevention guidebooks. And... I have many years of personal experience as a stepgrandson, adult stepson, stepfather of two girls, and stepbrother of four - and an admirer of two haughty stepcats. Explains what stepfamilies are, the challenges they face, and how they can be overcome.

Lesbian Step Families: An Ethnography of Love explores five lesbian step families' definitions of the step parent role and how they accomplish parenting tasks, cope with homophobia, and define and interpret their experiences. An intensive feminist qualitative study, the book offers guidelines for counselors and lesbian step families for creating healthy, functioning family structures and environments. It is the first book to concentrate exclusively on lesbian step families rather than on lesbian mothering in general. In Lesbian Step Families: An Ethnography of Love, you'll explore in detail the different kinds of step relationships that are developed and what factors may lead to the different types of step mothering in lesbian step families. The book helps you understand these relationships and parent roles through in-depth discussions of: how a step mother and legal mother who live together negotiate and organize parenting and homemaking tasks how members of lesbian step families define and create the step mother role strategies family members use to define and cope with oppression how sexism is transmitted within the family and how mothering may limit and/or contribute to female liberation the opinions and viewpoints of the children of these families The findings in Lesbian Step Families: An Ethnography of Love challenge traditional views of mothering and fathering as gender and biologically based activities; they indicate that lesbian step families model gender flexibility and that the mothers and step mothers share parenting--both traditional mothering and fathering--tasks. This allows the biological mother some freedom from motherhood as well as support in it. With insight such as this, you will be prepared to help a client, a loved one, or yourself develop and maintain healthy family relationships.

Some people adopt an "It'll all work out somehow" attitude toward marriage and finances. But sadly, it often doesn't work out. Financial woes and marriage troubles can rob couples of precious opportunities to savor the blessings of companionship, family, and peace that God intends for His people. Money and Marriage God's Way will help you discover God's approach to growing your finances and strengthening your relationship with your mate. It highlights key issues like debt, conflict, spending, investing, saving, and budgeting. Regardless of the books, magazines, or television programs you've seen, nothing compares with money and marriage God's way. Unique features include stories of real-life couples, discussion of common difficulties and solutions based on Biblical principles, and end-of-chapter interaction sections.

Help! For Parents, Grandparents, Guardians, Preteen and Teenagers in the 21st Century Let's Talk!

Personal and Professional Communication

A Practical Guide

A Commonsense Guide

The Psychology of Hope

Family Survival

The contemporary family is being distracted, disturbed and distraught by societal pressures from every direction. The nuclear family concept, believed crucial to child rearing, is becoming passé according to census data. Or has the wave of disruption to families crested? It is hoped that this bibliography will serve as a useful tool to researchers seeking further information on families and the pressures being exerted upon them in the 21st century.

The authors-professional psychologists who work with children and families-believe that adults can help children build hope and combat hopelessness, and use stories that children construct about themselves to document the hope-building process. Included are two useful appendixes and a new introduction, in which the authors respond to readers' questions and reactions to the original edition, which was published by Westview Press in 1997.

A Guide to Help Grieving Children

Time to Listen to Children

Secrets to Stepfamily Success

The Smart Stepfamily

Choosing Books for Children

Helping Children Through Good Times and Bad