

Endurance L'incredibile Viaggio Di Shackleton Al Polo Sud

The harrowing tale of British explorer Ernest Shackleton's 1914 attempt to reach the South Pole, one of the greatest adventure stories of the modern age. In August 1914, polar explorer Ernest Shackleton boarded the Endurance and set sail for Antarctica, where he planned to cross the last uncharted continent on foot. In January 1915, after battling its way through a thousand miles of pack ice and only a day's sail short of its destination, the Endurance became locked in an island of ice. Thus began the legendary ordeal of Shackleton and his crew of twenty-seven men. When their ship was finally crushed between two ice floes, they attempted a near-impossible journey over 850 miles of the South Atlantic's heaviest seas to the closest outpost of civilization. In Endurance, the definitive account of Ernest Shackleton's fateful trip, Alfred Lansing brilliantly narrates the harrowing and miraculous voyage that has defined heroism for the modern age.

Un libro di culto dell'esplorazione, una delle più grandi storie di sopravvivenza e di eroismo di tutti i tempi, scritta superbamente da un leggendario avventuriero che fu una delle figure principali del

periodo pionieristico delle esplorazioni antartiche. Dal Mare di Weddell al Mare di Ross toccando il Polo Sud, 120 giorni di marcia, 3.300 chilometri con slitte trainate dai cani eschimesi, in un continente sconosciuto più vasto dell'Europa, per tentare un'impresa eccezionale mai realizzata prima. Sarebbe dovuto essere questo lo scopo della spedizione e il sogno che Sir Ernest Shackleton coltivava da anni. Ma il 20 maggio 1916 tre figure logore e cenciose, con le barbe e i capelli lunghi, il viso smagrito e ciondolanti, comparvero tra lo stupore dei presenti sulla banchina della stazione baleniera di Stromness, nella Georgia del Sud, da dove due anni e mezzo prima erano partiti a bordo della Endurance insieme ad altri 25 uomini, con destinazione Antartide. Di loro si era persa ogni traccia. La nave, ritrovandosi incagliata nel pack, aveva costretto il suo equipaggio a rimanere in balia dei movimenti del ghiaccio per dieci lunghi mesi e poi era andata distrutta. Da lì l'incredibile epopea della sopravvivenza, i 498 giorni trascorsi su una banchisa alla deriva, la marcia massacrante, il viaggio in mare quando il ghiaccio si era sciolto, l'allestimento dei campi, il trasporto delle provviste, l'ingegno per trovare sempre nuovo cibo e acqua, per proteggersi dal gelo, per rimanere in salute, e infine

l'impresa più grandiosa, tanto impensabile quanto disperata: navigare l'oceano peggiore del mondo per 1.200 chilometri a bordo di una scialuppa di sette metri, tra onde alte come palazzi, sferzati dal vento, dalla pioggia gelida, dalla neve e dal ghiaccio, sotto la continua minaccia notturna di affondare, temendo le orche e con turni di guardia massacranti. Alla fine, il primo attraversamento mai tentato a piedi della Georgia del Sud con i suoi picchi innevati e i ghiacciai spaventosi.

*****NOW A MAJOR FILM STARRING ROBERT PATTINSON, CHARLIE HUNNAM AND SIENNA MILLER** 'A riveting, exciting and thoroughly compelling tale of adventure' JOHN GRISHAM The story of Colonel Percy Harrison Fawcett, the inspiration behind Conan Doyle's The Lost World Fawcett was among the last of a legendary breed of British explorers. For years he explored the Amazon and came to believe that its jungle concealed a large, complex civilization, like El Dorado. Obsessed with its discovery, he christened it the City of Z. In 1925, Fawcett headed into the wilderness with his son Jack, vowing to make history. They vanished without a trace. For the next eighty years, hordes of explorers plunged into the jungle, trying to find evidence of Fawcett's party or Z. Some died from disease and***

starvation; others simply disappeared. In this spellbinding true tale of lethal obsession, David Grann retraces the footsteps of Fawcett and his followers as he unravels one of the greatest mysteries of exploration. 'A wonderful story of a lost age of heroic exploration' Sunday Times 'Marvellous ... An engrossing book whose protagonist could out-think Indiana Jones' Daily Telegraph 'The best story in the world, told perfectly' Evening Standard 'A fascinating and brilliant book' Malcolm Gladwell

Antartide

BNI.

Shackleton's Way

Spicy Mystery Stories (February 1937)

An Epic Story of Survival in the Siberian Arctic

Viaggio punk nel mondo dell'endurance

The famous "weird menace" pulp magazines of the 1930s and 1940s are among the rarest and most sought-after publications by collectors. The "Spicy" magazines -- which included Spicy Mystery, Spicy Adventure, Spicy Detective, and others -- published a titillating mix of fantasy, horror, mystery, and suspense, punctuated by episodes of torture, sadism, sex, and other risqué elements. Although tame by

current standards, and sometimes of dubious literary merit, these publications presented tales which thrilled a sensation-hungry audience. Despite the themes and constraints of the market, writers who would later become famous -- including Hugh B. Cave, E. Hoffman Price, Robert Leslie Bellem, and many more -- were frequent contributors. The February 1937 issue features Bellem, Hugh Speer, Justin Case (Hugh B. Cave), and many others -- plus all the classic "spicy" artwork!

“One helluva read.”—Newsweek • “Gripping.”—Outside • “Spellbinding.”—Associated Press • “Powerful.”—New York In 1912, the Saint Anna, a Russian exploration vessel in search of fertile hunting grounds, was frozen into the polar ice cap, trapping her crew aboard. For nearly a year and a half, they struggled to stay alive. As all hope of rescue faded, they realized their best chance of survival might be to set out on foot, across hundreds of miles of desolate ice, with their lifeboats dragged behind them on sledges, in hope of reaching safety. Twenty of them chose to stay aboard; thirteen began the trek; of them all, only two survived. Originally published in Russia in 1917, *In the Land of White Death* was translated into English for the first time by

the Modern Library to widespread critical acclaim. As well as recounting Albanov's vivid, first-person account of his ninety-day ordeal over 235 miles of frozen sea, this expanded paperback edition contains three newly discovered photographs and an extensive new Epilogue by David Roberts based on the never-before-published diary of Albanov's only fellow survivor, Alexander Konrad. As gripping as Albanov's own tale, the Epilogue sheds new light on the tragic events of 1912–1914, brings to life many of those who perished (including the infamous captain Brusilov and nurse Zhdanko, the only woman on board), and, inadvertently, reveals one new piece of information—about the identity of the traitors who left Albanov for dead—that is absolutely shocking. “Poetic.”—The Washington Post • “A lost masterpiece.”—Booklist • “A jewel of polar literature.”—Seattle Post-Intelligencer • “Vivid . . . [a work of] terrifying beauty.”—The Boston Globe

The Imperial Trans-Antarctic Expedition was perhaps the most ambitious, elaborate and confident of all the British attempts to master the South Pole. Like the others it ended in disaster, with the Endeavour first trapped and then crushed to pieces in the ice and its crew trapped

in the Antarctic, seemingly doomed to a slow and horrible death. In the face of extraordinary odds, Shackleton, the expedition's leader, decided on the only course that might just save them: a 700 nautical mile voyage in a small boat across the ferocious Southern Ocean in the forelorn hope of reaching the only human habitation within range: a small whaling station on the rugged, ice-sheeted island of South Georgia. South tells the story both of the whole astonishing expedition and of Shackleton's journey to rescue his men - one of the greatest feats of navigation ever recorded.

Libri e riviste d'Italia

SUD - la storia dell'ultima spedizione di Shackleton 1914-1917

Prove di volo. L'intelligenza emotiva in azione

Monografie

The White Darkness

On the "Polar Star" in the Arctic Sea

Endurance. L'incredibile viaggio di Shackleton al Polo

SudEnduranceShackleton's Incredible VoyageBasic Books

When he is diagnosed with cancer, in the silence of the hospital room broken only by the swish of cars outside, Italian writer Tiziano Terzani

realizes that his whole life has been one long ride on a merry-go-round where he has always journeyed without a ticket. Now, for the first time, the ticket collector has come to demand his dues. At first, Terzani turns to Western medicine for a cure, but a question soon begins to haunt him: is cancer, as the doctors say, an enemy that needs to be destroyed, or is it a friend one can talk to? Travelling had always been a way of life for him, so he decides to make another trip, in search of a solution - to India. This final ride turns out to be very different though. And more difficult. Because every step, every choice - often between reason and faith, between science and magic - is inextricably linked to his own survival. As he crisscrosses the country from an ashram in Coimbatore to a hut in Almora, the external journey in search of a cure transforms into an inner journey and a return to the divine roots of man. Then, one day, as he looks at the sun rising over the mountains, he stumbles upon the one truth that has eluded him: death is as desirable and eternal as life itself. A bestseller in Europe, this is a book about modern medicine and alternative cures, and the quest to understand the true meaning of mortality.

In August 1914, Sir Ernest Shackleton's ship *Endurance* set sail for the South Atlantic. The object of the expedition was to cross the Antarctic

overland. In October 1915, still half a continent away from their intended base, the ship was first trapped, and then crushed, in ice.

The Autobiography

terra di scienza e riserva naturale

Bibliografia nazionale italiana

An Olympian's Journey from Airman to Castaway to Captive

The Lost City of Z

Undici viaggiatori ed esploratori che hanno ampliato i confini del mondo conosciuto

Adventure, shipwreck, storms and survival on the high seas. ENDURANCE is the story of one of the most astonishing feats of exploration and human courage ever recorded. In 1914 Sir Ernest Shackleton and a crew of 27 men set sail for the South Atlantic on board a ship called the Endurance. The object of the expedition was to cross the Antarctic overland. In October 1915, still half a continent away from their intended base, the ship was trapped, then crushed in ice. For five months Shackleton and his men, drifting on ice packs, were castaways on one of the most savage regions

of the world. This utterly gripping book, based on first-hand accounts of crew members and interviews with survivors, describes how the men survived, how they lived together in camps on the ice for 17 months until they reached land, how they were attacked by sea leopards, the diseases which they developed, and the indefatigability of the men and their lasting civility towards one another in the most adverse conditions conceivable.

A collection of essays by the art historian Aby Warburg, these essays look beyond iconography to more psychological aspects of artistic creation: the conditions under which art was practised; its social and cultural contexts; and its conceivable historical meaning.

Louis Zamperini, a clever young delinquent turned Olympic runner, became an airman when the war came. In 1943 his plane crashed into the Pacific Ocean, where sharks, a sinking raft, thirst, starvation, and enemy aircraft, tested his will and endurance.

South

Discourse on the State of the Jews

The One Memory of Flora Banks

The Endurance Expedition

Finding Ultra

Unbroken

In early 1968, desperate entrepreneur Donald Crowhurst was trying to sell a nautical navigation device he had developed when he saw that the Sunday Times would be sponsoring the Golden Globe Race, the first ever solo, round-the-world sailing competition. An avid amateur sailor, Crowhurst sensed a marketing opportunity and shocked the world by entering the competition using an untested trimaran of his own design. Shock soon turned to amazement when he quickly took the lead, checking in by radio message from locations far ahead of his seasoned competitors. But on July 10, 1969, roughly eight months after he had sailed from England--and less than two weeks from his expected triumphant return--his wife was informed that his boat, the Teignmouth Electron, had been discovered drifting quietly, abandoned in the middle of the Atlantic Ocean. Crowhurst was missing, assumed drowned. How did he come to such an end when his race had begun with such incredible promise? In this masterpiece of investigative journalism, Nicholas Tomalin and Ron Hall reconstruct one of the

greatest modern stories of one man's descent into self-delusion, public deception, and madness. Based on in-depth interviews with Crowhurst's family and friends, combined with gripping excerpts from his logbooks that revealed (among other things) he had been falsifying his locations all along, Tomalin and Hall paint an unforgettable, haunting portrait of a complex, deeply troubled man and his final fateful journey.

New edition - 15 new secret places Visit palaces closed to the public, admire exceptional works of art away from the tourist circuit, listen to a concert in a magnificent hidden oratory, have your dog or car blessed, observe the miraculous liquefaction of the blood of Saint Pantaleon, puzzle over a rare catoptric meridian or a wonderful anamorphic fresco, discover the remarkable motorised Rubens, enter into the secrets of the Vatican, rediscover a lost Bernini masterpiece, say a prayer before an image of the Holy Face of Jesus like that deposited on the moon in 1969, organise a dinner for two in a private palace, protect your throat from the rigours of winter. Far from the crowds and the usual clichés, Rome is still a reserve of well-concealed treasures that only reveal themselves to those who know how to wander off the beaten track, whether residents or visitors. An indispensable guide for those who thought they knew Rome well, or who would like to discover the hidden face of the city.

One of music's most notorious frontmen leads a headbanging, voyeuristic odyssey into sex, drugs, and rock 'n' roll that rivals Motley Crue's *The Dirt* and Aerosmith's *Walk This Way*. He made Keith Richards look like a choirboy and Mick Jagger look like a nun. And as the head of the legendary band Motorhead, he ploughed his way through so many drugs, so many women, and so much alcohol, that he gave a whole new meaning to the term Debauchery. And he changed the face of music, conquering the rock world with such songs as "Ace of Spades," "Bomber," and "Overkill" and inventing a whole new form of music--speed metal. At the age of 57, Lemmy Kilmister remains a rock icon, both for his monumental talent and his hedonistic lifestyle. In *White Line Fever*, he recounts his incredible, pleasure-filled, and death-defying journey through music history. Born on Christmas Eve, 1945, in Wales, to a vicar and a librarian, Ian Fraser Kilmister learned early, he as he forthrightly puts it, "what an incredible pussy magnet guitars were." A teenager at the birth of rock 'n' roll, Lemmy idolized Elvis and Buddy Holly and soon joined a band of his own. He would eventually head to London, where he became a roadie for Jimi Hendrix, played in Opal Butterfly, and joined space rockers Hawkwind's lineup in 1971. Four years later, speedfreak Lemmy was fired from the band for doing the wrong drugs. Vowing to form the "dirtiest rock 'n' roll band in the world," he formed Motorhead,

arguably the heaviest and loudest heavy metal band to ever take the stage. During their twenty-seven-year history, Motorhead would go on to release twenty-one albums, including the #1 record *No Sleep 'Til Hammersmith* and would earn a Grammy nomination. Lemmy would also cheat death on more than one occasion, most notoriously in 1980, when his doctor told him, "I cannot give you a blood transfusion because normal blood will kill you...and your blood would kill another human being, because you're so toxic." But through more than two decades of notorious excess, Lemmy has lived to tell the warts-and-all tale of a life lived over the edge. *White Line Fever*, a tour of overindulgence, metal, and the search for musical integrity, offers a sometimes hilarious, often outrageous, and always unbridled ride with the leader of the loudest rock band in the world.

Cari librai

Contributions to the Cultural History of the European Renaissance

Alpha

Both the Story and Leadership Lessons from the Antarctic Explorer Shackleton
Vivere d'avventura. Il mio giro del mondo in moto

Warned by a Hong Kong fortune-teller not to risk flying for a year, Tiziano Terzani, a vastly experienced Asia correspondent, took his first step into an unknown world. Traveling by foot,

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train, bus, car, and boat, and consulting soothsayers and shamans along the way, Terzani discovered as never before the complex traditions and unexpected delights of the people and lands he had been reporting on for years. "I was marked for death," writes Terzani, "and instead I was reborn."

Alla soglia dei quaranta, Simone Sarasso prende una decisione drastica e definitiva: dà un taglio alle dipendenze e si mette a correre. Certo, può sembrare la classica crisi di mezza età che colpisce tanti uomini, ma in realtà è molto di più: è il racconto di una rivoluzione totale, profonda e irreversibile. A innescare il cambiamento è un articolo di giornale sull'Ironman – la forma estrema del triathlon –, che sta conquistando migliaia di appassionati e sembra essere diventato lo status symbol della classe dirigente. Ma cosa spinge una persona a nuotare per quasi quattro chilometri, pedalare per altri centottanta e poi, alla fine, trovare la forza di correre una maratona? Per cercare di rispondere a questa domanda, l'autore ci trascina in un incredibile viaggio esperienziale nel mondo degli sport di fatica, che lo porta a incontrare e intervistare decine di atlete, atleti e preparatori italiani. Sarasso li segue per migliaia di chilometri, lungo percorsi impervi e talvolta dissestati – dalle spiagge romagnole al Monte Bianco, dal Tor des Géants al mitico Ironman di Kona –, cercando di dare un nome alla luce che vede brillare nei loro occhi. È voglia di sfidarsi? Smania di sfoggiare una medaglia? Masochismo? Con questi interrogativi in testa, l'autore continua a viaggiare, a perdersi e ritrovarsi, a conoscere e conoscersi, finché non arriva a calpestare di persona l'asfalto dell'ultramaratona più famosa d'Italia, la leggendaria 100 km del Passatore.

Lead your business to survival and success by following the example of legendary explorer Ernest Shackleton Sir Ernest Shackleton has been called "the greatest leader that ever came

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on God's earth, bar none" for saving the lives of the twenty-seven men stranded with him in the Antarctic for almost two years. Because of his courageous actions, he remains to this day a model for great leadership and masterful crisis management. Now, through anecdotes, the diaries of the men in his crew, and Shackleton's own writing, Shackleton's leadership style and time-honored principles are translated for the modern business world. Written by two veteran business observers and illustrated with ship photographer Frank Hurley's masterpieces and other rarely seen photos, this practical book helps today's leaders follow Shackleton's triumphant example. "An important addition to any leader's library." -Seattle Times

Secret Rome

Catalogo dei libri in commercio

A Fortune-teller Told Me

Il segreto dei giganti

Belfagor

The Renewal of Pagan Antiquity

In 1638, a small book of no more than 92 pages in octavo was published "appresso Gioanne Calleoni" under the title "Discourse on the State of the Jews and in particular those dwelling in the illustrious city of Venice." It was dedicated to the Doge of Venice and his counsellors, who are labelled "lovers of Truth." The author of the book was a certain Simone (Simḥa) Luzzatto, a native of Venice, where he lived and died, serving as rabbi for over fifty years during the course of the seventeenth century. Luzzatto's political thesis is simple and, at

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the same time, temerarious, if not revolutionary: Venice can put an end to its political decline, he argues, by offering the Jews a monopoly on overseas commercial activity. This plan is highly recommendable because the Jews are "wellsuited for trade," much more so than others (such as "foreigners," for example). The rabbi opens his argument by recalling that trade and usury are the only occupations permitted to Jews. Within the confines of their historical situation, the Venetian Jews became particularly skilled at trade with partners from the Eastern Mediterranean countries. Luzzatto's argument is that this talent could be put at the service of the Venetian government in order to maintain - or, more accurately, recover - its political importance as an intermediary between East and West. He was the first to define the role of the Jews on the basis of their economic and social functions, disregarding the classic categorisation of Judaism's alleged privileged religious status in world history. Nonetheless, going beyond the socio-economic arguments of the book, it is essential to point out Luzzatto's resort to sceptical strategies in order to plead in defence of the Venetian Jews. It is precisely his philosophical and political scepticism that makes Luzzatto's texts so unique. This edition aims to grant access to his works and thought to English-speaking readers and scholars. By approaching his texts from this point of view, the editors hope to open a new path in research

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into Jewish culture and philosophy that will enable other scholars to develop new directions and new perspectives, stressing the interpenetration between Jews and the surrounding Christian and secular cultures.

Dall'autore del best-seller #1 "I dieci grandi generali della storia", arriva un nuovo appassionante libro sui più grandi esploratori della storia e sul modo in cui le loro scoperte hanno plasmato il mondo moderno. Che si tratti di Rabban Bar Sauma, il monaco cinese del tredicesimo secolo incaricato dai mongoli di viaggiare verso ovest per formare un'alleanza militare contro l'Islam, o di Marco Polo, che ha aperto una finestra sull'oriente per l'Europa, o del Capitano James Cook, i cui viaggi alla scoperta del mare crearono l'economia globale del ventunesimo secolo, ognuno di questi esploratori ha avuto un'incredibile impatto sulla società moderna. Questo libro tratterà degli undici più grandi esploratori della storia. Alcuni hanno viaggiato per devozione religiosa, come Ibn Battuta, che ha viaggiato dal Nord Africa fino all'Indonesia nel 1300, visitando, sul percorso, ogni luogo del pellegrinaggio islamico. Altri hanno viaggiato per profitto, come Ferdinando Magellano, che voleva consolidare i possedimenti spagnoli sul commercio delle spezie. Altri hanno viaggiato per il semplice brivido dell'avventura, come l'esploratore vittoriano Richard Francis Burton, che imparò 29 lingue, andò in

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pellegrinaggio alla Mecca sotto copertura e scrisse 50 libri su argomenti che variano dalla traduzione del Kama Sutra al manuale di esercizi con la baionetta. Anche altri hanno viaggiato per il piacere della scoperta, come Ernest Shackleton, che ha condotto ventiquattro uomini alla base del mondo nel tentativo di attraversare l'Antartide a piedi. Quali che siano state le ragioni per la scoperta, questi esploratori ci ispirano ancora oggi a superare i limiti della conquista umana e a scoprire nel frattempo qualcosa su noi stessi.

It's not a lie if you can't remember the truth. "Mesmerizing, electric, and achingly lovely, The One Memory of Flora Banks is unforgettable. One of the best YA novels I've read in a very long time." --Jennifer Niven, New York Times bestselling author of All the Bright Places

Seventeen-year-old Flora Banks has no short-term memory. Her mind resets itself several times a day, and has since the age of ten, when the tumor that was removed from Flora's brain took with it her ability to make new memories. That is, until she kisses Drake, her best friend's boyfriend, the night before he leaves town. Miraculously, this one memory breaks through Flora's fractured mind, and sticks. Flora is convinced that Drake is responsible for restoring her memory and making her whole again. So, when an encouraging email from Drake suggests she meet him on the other side of the world—in Svalbard, Norway—Flora knows with certainty that this is the first

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step toward reclaiming her life. But will following Drake be the key to unlocking Flora's memory? Or will the journey reveal that nothing is quite as it seems? Already a bestselling debut in the UK, this unforgettable novel is Memento meets We Were Liars and will have you racing through the pages to unravel the truth. Praise for The One Memory of Flora Banks: An EW Most Anticipated YA Novel of 2017 [A] remarkable odyssey...an enthralling story...a deftly, compassionately written mystery." –Booklist, starred review [A] "Barr's tale mingles Oliver Sacks-like scientific curiosity with Arctic adventure and YA novel in a way that's equally unsettling, winsome, and terrifying." –Horn Book, starred review "Perfect for fans of both young adult romance and psychological thrillers, The One Memory of Flora Banks is destined to become one of your favorite beach reads of 2017. Promise." –Bustle "Mesmerizing, electric, and achingly lovely, The One Memory of Flora Banks is unforgettable. One of the best YA novels I've read in a very long time." –Jennifer Niven, New York Times bestselling author of All the Bright Places "Ultimately, this title will leave readers with a sense of hope and faith in the human spirit....A strong choice for YA shelves." –School Library Journal "Flora's situation may be singular, but her desire for autonomy should speak loudly to teens in the midst of their own journeys into adulthood." –Publishers Weekly "An affecting portrayal of living with amnesia and discovering one's

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own agency." -Kirkus "[T]his is [Barr's] first YA novel and it is a good one. It will not be forgotten by readers." -VOYA "An extraordinarily moving and original novel, a story of secrecy and lie, love and loss that manages to be both heart-breaking and life-affirming...Barr's first novel for teenagers...is as brave as Flora herself." -Daily Mail "An icily atmospheric story...captivating...[a] pacy page-turner that packs a significant emotional punch." -The Guardian

guida ragionata alle librerie d'Italia : con le schede profilo pubblicate dal Sole 24 ore della domenica

Endurance

Rivisteria

Pulp Classics

*One Ship, Two Epic Voyages, and the Greatest Naval Mystery of All Time
A Legendary British Explorer's Deadly Quest to Uncover the Secrets of the Amazon*

By the #1 New York Times bestselling author of *Killers of the Flower Moon*, a powerful true story of adventure and obsession in the Antarctic, lavishly illustrated with color photographs Henry Worsley was a devoted husband and father and a decorated British special forces officer who believed in honor and sacrifice. He was also a man obsessed. He spent his life idolizing Ernest Shackleton, the nineteenth-century polar explorer, who tried to become the first person to reach the South Pole, and later sought to cross Antarctica on foot. Shackleton never

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completed his journeys, but he repeatedly rescued his men from certain death, and emerged as one of the greatest leaders in history. Worsley felt an overpowering connection to those expeditions. He was related to one of Shackleton's men, Frank Worsley, and spent a fortune collecting artifacts from their epic treks across the continent. He modeled his military command on Shackleton's legendary skills and was determined to measure his own powers of endurance against them. He would succeed where Shackleton had failed, in the most brutal landscape in the world. In 2008, Worsley set out across Antarctica with two other descendants of Shackleton's crew, battling the freezing, desolate landscape, life-threatening physical exhaustion, and hidden crevasses. Yet when he returned home he felt compelled to go back. On November 13, 2015, at age 55, Worsley bid farewell to his family and embarked on his most perilous quest: to walk across Antarctica alone. David Grann tells Worsley's remarkable story with the intensity and power that have led him to be called "simply the best narrative nonfiction writer working today." Illustrated with more than fifty stunning photographs from Worsley's and Shackleton's journeys, *The White Darkness* is both a gorgeous keepsake volume and a spellbinding story of courage, love, and a man pushing himself to the extremes of human capacity.

Ed Viesturs ha impiegato diciotto anni per raggiungere il suo Sacro Graal: arrivare senza ossigeno in cima a tutti i quattordici Ottomila, decimo uomo al mondo, quinto senza ossigeno, il primo e a oggi unico americano. Il suo motto è «raggiungere la cima è facoltativo, tornare indietro è obbligatorio» e questo spiega perché più di una volta abbia rinunciato al successo anche a poche centinaia di metri dal traguardo. In vetta senza scorciatoie racconta la sua storia: la nascita della passione per la montagna, che lo ha allontanato dalla professione di

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veterinario; l'esperienza di guida alpina, che gli ha insegnato il valore della sicurezza, per sé e per gli altri; la difficile strada per diventare uno scalatore professionista, lui che si guadagnava da vivere facendo il carpentiere. E, di qui, gli sforzi estenuanti, la preparazione inflessibile, le imprevedibili difficoltà affrontate per conquistare, una per una, le quattordici vette. Compresa l'ultima, l'Annapurna, il suo spettro e la sua nemesi. Un percorso fatto di vittorie, ma anche di errori che gli sono quasi costati la vita, di incontri e personaggi indimenticabili, di soccorsi e salvataggi (alcuni epici come quello sull'Everest nel 1996). Sullo sfondo, la sua filosofia della montagna, improntata a una fortissima responsabilità verso se stesso e i compagni, istinto nel fiutare le situazioni di pericolo estremo, capacità di distinguere il limite che separa il coraggio dalla sconsideratezza, la motivazione dalla follia, la perseveranza dalla cieca ambizione. Una linea impercettibile, sottile come l'aria nella Zona della Morte. E, su quella linea, Ed Viesturs è un maestro.

Recounts how the author, after realizing the daunting state of his health at age forty, overcame physical challenges and alcoholism over the course of two years while training for Hawaii's elite Ultraman competition.

Viaggi

Shackleton's Incredible Voyage

Annunci di pubblicazioni di prossima edizione

White Line Fever

Italian Books and Periodicals

Leadership Lessons from the Great Antarctic Explorer

Driven by a passion for travel and history and a love of

ships and the sea, former Monty Python stalwart and beloved television globe-trotter Michael Palin explores the world of HMS Erebus, last seen on an ill-fated voyage to chart the Northwest Passage. Michael Palin brings the fascinating story of the Erebus and its occupants to life, from its construction as a bomb vessel in 1826 through the flagship years of James Clark Ross's Antarctic expedition and finally to Sir John Franklin's quest for the holy grail of navigation—a route through the Northwest Passage, where the ship disappeared into the depths of the sea for more than 150 years. It was rediscovered under the arctic waters in 2014. Palin travels across the world—from Tasmania to the Falkland Islands and the Canadian Arctic—to offer a firsthand account of the terrain and conditions that would have confronted the Erebus and her doomed final crew. Delving into the research, he describes the intertwined careers of the two men who shared the ship's journeys: Ross, the organizational genius who mapped much of the Antarctic coastline and oversaw some of the earliest scientific

experiments to be conducted there; and Franklin, who, at the age of sixty and after a checkered career, commanded the ship on its last disastrous venture. Expertly researched and illustrated with maps, photographs, paintings, and engravings, Erebus is an evocative account of two journeys: one successful and forgotten, the other tragic yet unforgettable.

Timothy Ferriss è molto più di un mental coach: è diventato ormai un campione del web, con milioni di follower, e con i suoi libri, "Bibbie" del saper vivere, ha catturato legioni di lettori. Di sicuro è uno che non ha paura di niente: ogni volta che si prefigge di imparare qualcosa, che sia una lingua orientale, un'arte marziale, una strategia infallibile di management, Tim sa come fare. Ma Ferriss è diventato quello che è oggi perché ha tratto ispirazione da tanti giganti, come li chiama lui, che ha scovato in giro per il mondo, ciascuno maestro nella sua disciplina. E da loro ha carpito i segreti che li hanno resi le persone che sono oggi. Maghi degli scacchi, divi hollywoodiani, militari

pluridecorati, super-atleti, scrittori da milioni di copie, grandi manager, guru della meditazione, star della medicina, assi della finanza: basta scegliere il personaggio più affine ai nostri sogni, la nostra icona. Qui ritroviamo distillato il "Ferriss-pensiero", nonché il suo istinto infallibile per il meglio di tutto ciò che è mainstream, cultura di massa. Entreremo in possesso di una vera e propria cassetta degli attrezzi, un kit di strumenti per cambiare la nostra vita. Suddiviso in tre grandi sezioni – salute, ricchezza, saggezza, perché per raggiungere il successo e la felicità ci vogliono tutte e tre –, Tim ha concepito questo manuale di vita come un sontuoso buffet da cui prendere ciò che fa più gola. È il libro che voleva da sempre: si è divertito a scriverlo, sapendo che noi ci divertiremo a leggerlo.

Bilingual Edition

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