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# **Dr Christian's Guide To You**

Our market-based, profit-driven health care system in the United States has put necessary care increasingly

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beyond the reach of ordinary Americans. Primary health care, the fundamental foundation of all high-performing health care systems in the world, is a critical but ignored casualty of the current

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system. Unfortunately, primary care is often poorly understood, even within the health professions. This book describes what has become a crisis in primary care, defines its central role, analyzes the reasons

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for its decline, and assesses its impacts on patients and families. A constructive approach is presented to rebuild and transform U.S. primary care with the urgent goal to address the nation's

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problems of access, cost, quality and equity of health care for all Americans.

"Hidden Mountain Secret Garden: a theological contemplation on prayer" helps the reader discover the riches of mental prayer

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in the Catholic Tradition.  
In fact, the images of the  
"Hidden Mountain" and the  
"Secret Garden" are ancient  
metaphors for contemplative  
prayer, a kind of prayer  
that begins and ends in  
faith. This book is

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especially for those whose prayer is a search for the loving eyes of One who has conquered death. This kind of prayer beholds the wonder of Christ's living but hidden presence in one's highest thoughts and most

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noble aspirations as well as in one's instinctual urges and deepest longings. The ecstasy of this kind of prayer extends beyond even the vast unexplored horizons of the human heart and opens to an immensity of such

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excessive mercy that all else is forgotten -- and only love remains. The whole world needs this love: it is the secret garden, the hidden mountain, the inexhaustible riches only prayer knows and an excess

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of grace only prayer can make known. This is why Blessed John Paul II told the Church not to be afraid to open wide the doors of our hearts to Christ and it is why He told the young people of the world to be

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proud to proclaim the Gospel of the Lord. For those brave souls who have faithfully open their hearts to the Lord through this discipline of this kind of prayer, every Christian owes you a debt of gratitude. For those

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who want to join them, this work encourages you along the way -- for the journey you endeavor is at once the most perilous, the most heart-rending and the most wonderful adventure this world has ever known. "Dr.

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Anthony Lilles has authored an introduction to prayer that is inspiring and encouraging. For those desiring to pray this is a resource that is full of practical advice - written simply and attractively.

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This book bears the mark of a man - husband, father and teacher - who is not only imbued with the wisdom of the Saints, but who has also, through his own prayer, learned how all of us can, through prayer,

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foster faith in and love for  
Jesus and his Gospel."

THOMAS G. WEINANDY, O.F.M.,  
CAP. Executive Director for  
the Secretariat for Doctrine  
United States Conference of  
Catholic Bishops This is a  
wonderful book. I've taught

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spiritual theology many years and I wish I had had this text use. In fact, I wish I had written this book. It is scriptural, patristic, historical, theological, mystical, experiential and user

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friendly. Dr. Lilles takes us through the spiritual journey of prayer, citing Fathers and doctors, saints and even sinners to guide us on our Christian way toward contemplation. Weaving many themes into a harmonious

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whole, he opens up the life of contemplation for all Christians, our baptismal birthright in a way that is accessible and attractive. This is a book one will read more than once. FR. GILES DIMOCK, O.P., S.T.D

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University Parish of St.  
Thomas Aquinas At the  
University of Virginia In  
this book we find the real  
meat of the new  
evangelization. The church  
in America will not be  
renewed by "facts about

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Jesus" but only through one's choice to let Christ reach the heart and change it from within. It is an ancient message received by only few: Do not be afraid of letting go of what now defines you. Let Christ tell

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you who you are. Dr. Lilles is one of the ablest guides to lead us through to such a choice. Will I stay with knowledge about Jesus or will I enter the garden of prayer and finally come to know Him!! Do not be afraid

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to be loved, read this book.

DEACON JAMES KEATING, PH.D,

Institute for Priestly

Formation, Omaha, NE

With the possibility of a

"Big Lebowski" sequel on the

horizon, Dudeism continues

to grow as the Number One

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religion based on a Jeff Bridges movie, we welcome the second in a series of books for children to answer the simple question "Do You Abide?" Little Finnegan is back, and this time he learns what it takes to

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ABIDE, and how easy it really is. For those looking for more answers on the subject of Dude or Dudeism, please visit the Church of the Latter-Day Dude at <http://dudeism.com/>

Discover a compassion-based

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method for defusing conflict and creating better relationships in every area of your life. How do you respond to anger—in yourself or others? Do you fight fire with fire, or run for cover? Dr. Christian Conte created

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“Yield Theory” as a way to meet conflict without aggression or submissiveness through the practice of compassionate listening, de-escalation, and genuine communication. With *Walking Through Anger*, he teaches

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you this revolutionary model for dealing with anger and inflamed emotions in an increasingly divisive world. Combining Buddhist wisdom, neuroscience, and Dr. Conte's hands-on experience as one of today's top anger

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management therapists, he offers powerful tools for resolving conflict in a way that promotes deeper connection and understanding. Yield Theory is a form of radical self-compassion that lets you

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circumvent the brain's fight-or-flight responses in yourself and the person you're talking to. With an accessible style and practical guidance, Dr. Conte takes you through the seven steps of this potent

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method: acceptance, authenticity, conscious education, creativity, elimination of shame, mindfulness, and non-attachment. "Although Yield Theory has proven to be an effective tool for

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therapists and counselors,” says Dr. Conte, “it’s ultimately a way of life. In my experience, anyone from career criminals to parents can learn this approach to transform the way we understand each other—and

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our true Selves.”

Walking Through Anger

The Little Black Book

A Home School Mom's

Teacher's Guide in Etiquette

& Character for Children &

Teens

A Kid's Guide to God's

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Supernatural Power  
Between Life and Death  
Embracing Doctrine for Life  
Studying doctrine for the Christian  
often feels like watching a construction  
crew build a foundation. There seems  
to be a great amount of activity, but the

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results don't appear visible. Just like the foundation is essential for the stability of a building, studying theology is crucial to the long-term stability of the believer. The goal of this study is to provide you with the basics of biblical doctrine to make sure your foundation

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is sound. At times this will feel like the difficult work of laying an unseen foundation for a building. At other times, however, it will feel like we are soaring to great heights as we explore the breadth and length and height and depth of our faith. During the course of

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this study, we will consider the questions: Why study theology? Who is God? Who am I? What is the church? Where do I go when I die? Why do other people believe differently? Embracing Greatness: A Guide for Living the Life You Love takes the lid

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off previously held beliefs you have about yourself and the world around you. In this book, you'll learn how to shine a conscious light of inquiry and understanding on those beliefs. The process revealed in Embracing Greatness helps you uncover the special

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contributions you're meant to make in the world and action steps toward them. Get ready to transform your life - your relationships; your physical, emotional, and spiritual health; your financial freedom; your joy in life; your business and creative expression; and the ability

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to do what you want, when you want, where you want, and with whom you want. Find out more at [www.EmbracingGreatness.com](http://www.EmbracingGreatness.com). Even before its publication, here's what people who received advance copies said about Embracing Greatness: A

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Guide for Living the Life You Love.

"Sophia Falke has nailed it! In her own inimitable way Sophia helps you discover the beauty and purpose in your uniqueness ... Please read this book!"

Mike Rayburn, CSP, CPAE, Hall of Fame Keynote Artist. "If you're ready

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to live the life you would love, ... You will forever thank yourself for reading and applying this wonderful book."

Mary Morrissey, International Speaker, Best-Selling Author, CEO Consultant.

"Embracing Greatness is for anyone who wants to discover and cast aside

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long-held barriers to personal success."  
Kathleen Quinlan, MSW, LCSW,  
Author/Producer of The Land of Love.  
"As a business owner who left  
corporate life to start my own business,  
I was inspired by Sophia's message..."  
Deborah Armstrong, Small Business

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Owner. "Embracing Greatness is like taking a walk on a warm spring day with a much respected mentor while getting the pep-talk of a lifetime. Filled with inspiration, doable exercises, and heartwarming stories of real people making tremendous positive changes,

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this personal-growth handbook is a true gem!" Cate Montana, MA, Author of The E Word: Ego, Enlightenment & Other Essentials.

Finally, TV's favourite doctor, Dr Christian, comes to the rescue of parents, boys and girls to answer all

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their questions about adolescence, sexuality and puberty. Leave it on the coffee table or sit down and go through it together - this ebook is a godsend for every family household with children under the age of 15.

Properly, while I endeavor to expound

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the principles of Christian social justice, I shall also endeavor to show you how these principles can be applied. And just as properly, it will be my hope to bestir you to action-  
Christian action, American action-for faith without good works is dead. Thus,

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at the outset, while I am deeply grateful to everyone of you for, the heroic sacrifices you have made, and will make, to keep me on the air over this independent chain of radio stations, may I ask you for one more favor today- the favor of a prayer to the Holy Ghost.

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I beseech all of you to ask the spirit of understanding to fill me with prudence; and the spirit of fortitude to give me strength and courage to carry on the battle against the hidden powers of darkness-perhaps not quite so hidden today as yesterday. May I also suggest

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that you will ask your little children who are ignorant of the causes of poverty, wretchedness and exploitation- may I suggest that you ask these innocent children to whisper a prayer for one who fully recognizes how unworthy he is but who fully realizes

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what a golden opportunity God has given to him to be an instrument for good. You are anxious to know what topics I shall discuss during the insuing year. Roundly speaking, it is my hope that these addresses will be concerned chiefly with Christian social justice.

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While my ultimate objective is to help more and more men to save their immortal souls, I recognize how difficult it is for man to practice Christian virtue, to live a holy life in peace and contentment, when he and a great group of his fellowmen are denied

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unjustly an equitable share in the goods and wealth of this world-goods and wealth which our common Father in heaven bestowed upon all men for all men to use and enjoy-goods and wealth, which, alas, have been concentrated in the hands of a few to the detriment of

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the many because an un-Christian species of social injustice was foisted upon us in the past few centuries and because, as a result of this, an alien philosophy of social injustice, under the name either of Communism or Naziism, is endeavoring to win our

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allegiance today. Fearlessly, Christian social justice challenges these several systems for the attention and the support, in this instance, of the American public-a public composed of persons who, despite their many faults and shortcomings, will never surrender

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the heritage of Bethlehem, of Pilate's hall, of Calvary Hill or of the Easter morning sepulchre from whose empty depths there echo and re-echo the immortal words, "I am the Resurrection and the Life." Fortified with these precious heritages it is our

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hope to carry on a campaign of instruction and inspiration even though we find ourselves opposed by the rugged individualists on the right and by the unchristly radicals on the left. It is our hope to convert a zealous band of followers into a group of active

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Christians-. Christians who, by the sincerity of their lives and the logic of their doctrines shall win millions of followers who are convinced that there is no way other than Christ's way for saving America and restoring prosperity and peace for all. My friends, at the

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outset, permit me to clarify the fundamental doctrine of Christian social justice-the doctrine that differentiates it from every other plan of life proposed for man to follow. It is this: Christ came on earth not only to redeem and save individuals but also to

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establish an absolutely new social order. Recognizing the chaotic condition of society in His own time; aware of the universal slavery practiced virtually by every nation; and conscious of the spiritual darkness which had encompassed every kingdom, empire,

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republic and tribe, our Saviour well understood that man, left to his natural abilities, was unable to acquire peace and prosperity in this world and save his immortal soul in the hereafter.

Miraculous Me

How the Primary Care Crisis

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Endangers the Lives of Americans

Dr Christian's Guide to Growing Up  
Online (Hashtag: Awkward)

Dr Christian's Guide to Dealing with  
the Tricky Stuff

How to Live the Christian Life  
Successfully... Victoriously

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A New Design for Confronting  
Conflict in an Emotionally Charged  
World

Dr Christian Jessen tells it like it is,  
in this upfront and unashamed  
companion to growing up. Coming  
to the rescue of parents, boys and

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girls, Dr Christian is ready to answer all their questions about adolescence, sexuality and puberty. In his assured, no-nonsense fashion, he allays the fears and uncertainties of growing youngsters (and helps parents find answers)

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about puberty, sex, personal and emotional health and body image. Addressing all those cringey questions parents squirm at answering, Dr Christian's sensible, light-hearted advice guides boys and girls on the path to becoming

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healthy, happy adults. Covering issues such as: puberty, diet, sex, sexuality, self-esteem/body image, personal health, emotional health and bullying.

Oh no! The big bad wolf is in London! But he is no match for

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these three little pigs! Staring a silly big bad Siberian Husky, the cleverest Guinea Pig this side of a hard hat, and famous London city landmarks, this version of the Three Little Pigs turns the classic children's story into a hilarious tale

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of London pride! Includes a write your own story activity especially for children ages 3-8 who are planning to visit, or who have recently visited, the great city of London! Looking for a different city? Search Dr. Silly Goose for more city-

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specific versions of The Three Little Pigs. Also available: Los Angeles, Chicago, Houston, Philadelphia, San Antonio, San Diego, Dallas, New York City, Jacksonville, San Francisco, Austin, Seattle, Denver, Washington DC, and Boston.

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Resilience is largely an exercise of mindset and mindfulness, of perspective and persistence, of ways of thinking and of will. Inside, you will find personal stories and their lessons that are intended to help anyone who is struggling with

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a personal test or dealing with loss. This book takes an in-depth look at the Holy Spirit, His works, His names, and His Emblems. The Holy Spirit is the third person in the Godhead, who operates coequally, coeternally, and coestistently as

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one unit. The Holy Spirit's activities are (a) He reveals, (b) He teaches, (c) He witness, and (d) He intercedes for us. Additionally, He possesses a relationship with humanity and He can be grieved. The Holy Spirit is eternal,

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omnipresent, omnipotent, and omniscient. His symbols are (a) wind, (b) fire, (c) water, (d) a seal, (e) oil, and (f) adove.

A 365+ Day Biblical Devotional  
Christian Faith and Life  
Acupuncture

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A Theological Contemplation on  
Prayer

Eat, Fast, Feast

The Sanctified Life

What thoughts crossed your mother's  
mind the first time she saw you?

What dreams did your father hold in

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his heart? Told from the perspective of a baby in utero whose parents are seeing the ultrasound picture for the first time. A colorful and inspiring way to instill the message that we are each wonderfully treasured and made. Fun Fact: In early spring 2013, while putting socks on her newest

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daughter's feet, the author Ruth spoke out loud, "Look at those toes, where will they go?" In a moment of sheer inspiration, she grabbed her eldest daughter's Tinkerbell notebook, and between folding laundry and scrambling eggs, wrote the manuscript for this book.

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"What are you, some kinda PSYCHO?"  
How many times have you said this to someone? Probably a lot. How often has someone said this to you? Hopefully, not so much! Truth is, we've all dated or been involved with someone who drove us nuts or, if we haven't, chances are that we were

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the ones who got on the other person's nerves. Now, the question is: who is the Psycho; you or the other person? Don't Date a Psycho: Don't Be One, Don't Date One looks at why we behave in the ways that we do in relationships, what makes us stay with the person we're with and what

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makes us leave them, and how to tell who is safe to be in a relationship with and who is unsafe. Done with humor and written from more than two decades of clinical experience as a psychologist, Dr. Keiron Brown helps us to gain a clearer understanding of who we are as

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individuals, who we are as partners in relationships and what makes each and every one of us prone to acting a little nuts sometimes when our hearts are at stake.

Is it possible to experience joy made full? This story is one of heroic recovery. Darcy's sights are firmly set

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on winning The National Oldtime Fiddle Contest in Weiser, Idaho. She barely gains traction with her quest when tragedy strikes.

Be a major part of your child's transformation in just six weeks! Mom, what greater joy could there be for you as a parent than watching

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your child grow up with strong values, character and good etiquette? For years parents have searched for charm schools and etiquette training to give their children poise and grace hoping that what their kids learn will stick with them and they will come away with a sparkle and a shine. The

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problem is that these schools and training are only one dimensional. Today, you as a home school parent and teacher have a delightful opportunity to teach your own children and teen's character and etiquette with the poise and grace of Christ, as you guide them through a

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six week study with God's Best Is Your Child, A Home School Mom's Teacher's Guide To Etiquette and Character Studies. Your Teacher's Guide is specifically designed to collaborate with the students God's Best Is Me work book offering you inventive and creative ideas to make

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your classes fun and exciting. This book has all the information you will need with many creative ideas to help you be a great success! You will have so much fun teaching your kids character and etiquette, poise and grace under the guide lines of the Bible with 25 exciting, plus elective

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topics carefully chosen for their personal development. You will have the freedom to create your own environment, design your own programs including praise and worship music with staging, role playing and etiquette games. Teaching and educating your child or

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several other children God's Best Is Me with this well planned collaborative Teacher's Guide is nothing less than Amazing Joy! Get ready for a brand new adventure in your Life!

A Guide for Living the Life You Love  
Strings of Faith

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Don't Date a Psycho

The Complete Christian Guide to  
Understanding Homosexuality

The Beginnings and Benefits of  
Acupuncture

A Practical Guide on Christ Centered  
Victorious Living

Many Christians are grasping for an

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appropriate response to this hot-button issue. The balance between demonstrating the grace and kindness of God and yet acknowledging biblical truth regarding homosexual behavior is a delicate one. But there are answers

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to this dilemma. It is possible to extend God's love toward those with same-sex attractions. And a first step toward offering hope and support is learning more about homosexuality. These questions and many more are answered in this authoritative and

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comprehensive guide to  
homosexuality from a Christian  
perspective, written by authors who  
are not only experts on  
homosexuality but also have the  
necessary personal experience to  
bring the compassionate touch of

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Christ to their research

Do you happen to always be experiencing a lot of aches and pains from different parts of your body? Still wonder on how to treat them? Back aches, and foot sores can't be good to one's health without having

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a proper medical checkup and visiting the doctor every day. It is essential for every one of us to maintain our health. A simple back ache, stomach ache or even a foot sore can lead to a multitude of ailments in the body. These simple

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back aches may lead to paralysis and even damaged nerve cells. These simple aches is typically caused by a lot of burdens you put your body almost on a daily basis. These burdens may include sitting in a chair all day, standing in one place

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for a long period of time and lifting heavy objects. Almost everyone is no exemption to these pains and may strike at almost anyone. These back aches and joint pains are typical in most adults around the mid 20's and elders who are over 70.

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These pains are even a much more rarer case on children. When you experience these sudden back pains, joint pains and muscle pains, it is important to have it checked to know what condition it is. And if it turns to be a severe condition, it is

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vital to get it treated immediately. Of course, not everyone has the luxury of getting proper medical care and treatment. So this comes to question, what is the alternative to get these pains treated? To put an answer to that question, one

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alternative way on getting rid of these back pains and joint pains is through acupuncture. What exactly is acupuncture? To find that out, read further on what acupuncture really is. In this eBook, you'll be learning on what is acupuncture,

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including its history, medical benefits and application. You will also be learning on how and when it is time to give yourself an acupuncture treatment yourself.

From cognitive neuroscientist Dr. Christian Jarrett, a fascinating book

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exploring the science of personality and how we can change ourselves for the better. What if you could exploit the plasticity of personality to change yourself in specific ways? Would you choose to become less neurotic? More self-disciplined?

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Less shy? Until now, we've been told that we're stuck with the personality we were born with: The introvert will never break out of their shell, the narcissist will be forever trapped gazing into the mirror. In *Be Who You Want*, Dr.

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Christian Jarrett takes us on a thrilling journey, as he not only explores the ways that life changes us, but shows how we can deliberately shape our personalities to influence the course of our lives. Dr. Jarrett draws on the latest

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research to provide evidence-based ways to change each of the main five personality traits, including how to become more emotionally stable, extraverted, and open-minded. Dr. Jarrett features compelling stories of people who have achieved profound

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personality change such as a gang-leader turned youth role model, a drug addict turned ultra-runner, and a cripplingly shy teenager turned Hollywood mega-star. He also delves into the upsides of the so-called Dark Triad of personality

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traits—narcissism, Machiavellianism, and psychopathy—and how we might exploit their advantages without ourselves going over to the dark side. Filled with quizzes and interactive exercises to help us better understand the various aspects

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of our personalities, life stories, and passions, *Be Who You Want* will appeal to anyone who has ever felt constrained by how they've been characterized and wants to pursue lasting change.

"Now You Can Unlock & Unleash

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Everything That Is Holding You Back And Keeping You From Moving Forward. Giving You "Clean Slate" To Obtain, Health, Wealth And Most Importantly... Peace of Mind! Let me introduce myself. My name is Dr. Mark Tong

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and I am a Spiritual Healer and Teacher that has developed a "Process" to identify the "Life Lessons" each individual is dealing with. Let's face it, we are all here learning and dealing with Spiritual lessons. The challenge with these

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lessons is having the awareness and knowing what these lessons are and what is needed to complete the lesson(s). As you know, by looking back at your own life, these "lessons" continue to repeat and seem to get harder and harder until

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we learn what we need to learn from them. You find them in your struggles with relationships, abundance, physical conditions and other various aspects of your life.

**BUT NOW YOU CAN DO  
SOMETHING...** Seeing and

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understanding your own "Life Lessons" is difficult, and it can be challenging to identify and understand, let alone learn from them. **HERE'S WHERE I COME IN...** I have developed a special online audio and video program,

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where you will hear all about "Life Lessons" and how to identify, and more importantly, learn from the lessons so they will never repeat.

**AND IF THAT'S NOT ENOUGH...**

As part of the program you will receive an "Emotional Inventory

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Worksheet" along with the "Answer Key" that will lead you through your life events and associate each event with specific "Life Lessons" for that event. Not only is this a valuable resource for your Spiritual growth, but you will learn how to begin

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helping others with their own "Life Lessons" (priceless). This online program with help you identify:  
Your remaining "Life Lessons" Who is involved How many times it's repeated The Spiritual concepts tied to the "lessons" Plus: You will

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receive the tools to begin to "walk through" those "lessons."

An Apostolic Guide for New  
Ministers of the Gospel  
Breaking Point

An Expose' of the Holy Spirit  
Tarbell's Teacher's Guide to the

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International Sunday-school Lessons  
for 1912, 1914

Do You Abide?

Am I an Antisemite?

**A topical listing of proverbs from the  
Bible - King James Version**

**“To prepare yourself to make difficult**

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**medical decisions in a distinctly  
Christian way, you won't do better than  
to read *Between Life and Death*."**

**—Tim Challies Modern medical  
advances save countless lives. But for all  
their merits, sophisticated technologies  
have created a daunting new challenge,  
namely a blurring of the expanse**

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**between life and death. The dying process is often hidden behind a complex web of medical terminology, statistics, and ethical decisions, making it difficult for patients and loved ones to know how to approach the end of life in a dignity-affirming, Godhonorng, faith-filled way. This book offers a**

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**distinctly Christian guide to end-of-life care. It equips readers by explaining common medical jargon, exploring biblical principles that connect to common medical situations, and offering guidance for making critical decisions. In these pages, readers will find the medical knowledge and**

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**scriptural wisdom they need to navigate this painful and confusing process with clarity, peace, and discernment.**

**Having “the talk” can sometimes be an awkward experience for both parent and child. Even so, I didn’t want to wait until my children’s hormones kicked in, and I didn’t want to be caught off guard**

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**when they had questions, but most of all, I didn't want them growing up with misconceptions concerning sex. I wanted my children to be informed about the facts of life, yet without being too sexually explicit in the process, because some of the facts weren't good such as pornography, diseases, and**

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**predators, but these subjects needed to be addressed as well. As a result, I told them what I have written in Your Special Gift, by using the analogy of a gift, a lock, and a key to define commonly used sexual terms, and to caution them about possible consequences, and to warn them of**

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**potential predators. I also used Scripture as the basis of defining true love. The simplicity of the gift analogy opens the door of communication between parent and child in an effective straightforward, and yet sensitive way, so that any question concerning sex can be answered by using this method. Your**

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**Special Gift is well-suited for children in the 8-to-12 year-old range.**

**When I first became a believer I had a difficult time living for the Lord because there was so much I did not understand. I did not realize that I was a three part being and that when I gave my life to Jesus only one part of me**

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**experience immediate change, my spirit. According to our Lord Jesus that which is born of the Spirit is spirit. (John 3:1-6) However nothing happened with my mind nor my flesh. And I learned that I was responsible to get my mind renewed with the Word and bring my body under subjection with the help of**

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**the Holy Spirit. (Romans 12: 1-2)  
Because I did not first understand these things I struggled. And there are many believers who are struggling in the walk with the Lord today. Perhaps you are one of them. When I was taught what really happens at the new birth and how to grow spiritually things changed and I**

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**began to experience change in my walk. I was encouraged by another minister to write a book which would share with others concerning how to grow in Christ, renew their minds to God's will and ways, how to meditate in the Word and how to bring their bodies under subjection and get past ungodly fleshy**

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**lusts which war against the soul. This minister felt it was very important to share what I had learned after thirty years of walking with the Master. This book was my attempt to do just that. I don't claim to know everything about living for the Lord. We are all still learning and growing. But perhaps you**

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**will find the key to your victory here.  
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*several doctors and not found a solution to your health challenges. Now, you're ready to take greater responsibility for your health, and you're looking for some*

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*answers. The trouble is, embracing a natural, and holistic lifestyle can be rewarding, and overwhelming at the same time. There's plenty of information out there,*

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*but whom do you trust?  
Many experts claim to be  
“holistic.” However,  
when it comes to matters  
of the mind and the  
spirit, most resources  
come up short. Using*

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Holistic Health helps  
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to distill the answers  
into a "Bible Minute"  
with a short  
introduction of the  
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manna for your spirit,  
sets your soul free and  
becomes a true blessing*

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*This work is an invitation and guide for young people to bring the realm of Heaven to earth. As children discover their identity through the revelation of the Father's love, they are released to fulfill their Royal Mission: to demonstrate the Kingdom of God by living a life of miracles. Each chapter*

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*explains and identifies the inheritance that God's sons and daughters possess, such as the Father's love, the anointing and indwelling of the Holy Spirit, faith, prayer, and the keys of power and authority. This book is not only a companion for the "journey", but also provides a meeting place for*

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*children to encounter God's presence that will transform their hearts and lives.*

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*obligation of parents to bring their children up properly, an obligation so sorely neglected in these days of the Great Apostasy. This book will be useful not only to parents who are raising children, but also to couples contemplating entering the holy state of matrimony. Indeed marriage is a*

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*great sacrament and the foundation of a strong society and of civilization itself. Let the family be destroyed and civilization will cease to exist! This work commences: "DEAR Christian parents, your responsibility as parents is indeed great. As individuals, you are answerable for your own souls; but as*

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*parents, you shall be required to give the Sovereign Judge a strict account of the souls of your children. It is your sacred duty so to train your children that they may become not merely good citizens and useful members of society, but more- especially faithful members of Christ's body on earth,*

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*viz., the holy Catholic Church, in order that after this life they may be saints in God's heavenly kingdom. If they become good practical Christians, they will most certainly prove useful to society, and be law abiding and patriotic citizens. Comparatively few parents thoroughly appreciate the full*

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*extent of their responsibility. Were young men and young women, before marriage, fully to realize the extent of the obligations incumbent on parents, many would shrink from entering a state so encumbered with duties and crosses. In the bringing up of children both the father and mother should act*

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*in concert. If you neglect your parental duties in whole or in part, or if in their discharge you act separately from or in opposition or to each other, the tree of your marriage will produce only thorns and thistles, and your children will be, nei ther good Christians nor useful citizens, and, far from becoming the*

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*prop and consolation of your old age, they will bring down your gray hair with sorrow to the tomb.*

*From the beginning, God has called leaders to serve His people. For God, Abraham left his homeland. Moses declined Egypt and its riches. Joshua destroyed Jericho. Elijah confronted*

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*King Ahab. Daniel faced the lions; and the James and John forsook their nets. Matthew left his customs booth. And Paul left a life of power and prestige. Despite their trials, these all found the venture satisfying. Paul's account of shipwreck, floggings, danger, and hardship glows with suffused*

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*excitement. He was having the time of his life! What if he'd said no to Christ? Telling the Philippians about the things he had given up, Paul declared, "I consider them rubbish." And why? "That I may gain Christ and be found in him" Philippians 3:8-9. We enjoy the same perspective, for through His*

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*Cross; Jesus opened not only the door of salvation for all who would accept, but the privilege of service as well. Jew, Greek, barbarian, Scythian, slave, free...all may serve the Lord Christ. Some were apostles. Some, prophets. Some will be evangelists, some pastors and teachers. All are*

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*"for the equipping of the saints, for the work of service, to the building up of the Body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fullness of Christ" Ephesians 4:12-13. For the*

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*Minister of the Gospel, each day offers a new challenge. The phone rings; we are summoned to the bedside of a dying man. Later in the day, we help arrange a marriage. That evening, we counsel a soul in trouble. No other vocation offers such a wide span of involvement with mankind. Then when*

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*we stand to preach, think of it...in our weak and human hands we hold the truth of God, the supreme answer to the souls of man. The ministry of Christ is not a job, not a profession. It is a calling, and the noblest...the most demanding and at times exasperating, but it is surely the most satisfying and*

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*rewarding experience human life affords. With Paul, we can truly say, "I thank Christ Jesus our Lord, who has strengthened me, because He considered me faithful, putting me into service" 1 Timothy 1:12. Like the Christian life, the ministry of Christ is a relationship between the disciple and*

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*his lord. We serve Him; He develops and strengthens us. We must prepare ourselves first, then our sermons. The very fact that we are ministers will work against our spiritual life unless we are careful. We study the Bible, but for a text; we pray, but in front of a group or beside a hospital bed. While*

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*attending to these public ministries, our personal devotions may be neglected. Power in preaching comes in direct proportion to time spent in prayer and in the Word. Nothing...not speaking ability nor a forceful personality nor a persuasive manner...can take the place of the*

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*Spirit of God, filling and shaping and using the life committed to Him. Are we adequate to the task? Never. We have this treasure in jars of clay, but God accepts and uses our service nonetheless. Paul finally learned to accept his weakness, so "that the power of Christ may dwell in me"*

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*2Corinthians 12:9. If the truth were known, few of us pray enough. We tend to rely too much upon our cleverness in programming and promotion, but not enough upon the power of God through prayer. Sadly, our churches show it. A definite time and place, preferably early in the*

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*morning, where one can shut out the world and feed upon the Word, unburden his heart, and commune with the Father will set the tone for the day and for a lifetime. The minister who keeps his appointment with God need have no anxiety about his work. In his daily walk, he will experience the*

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*unfolding hand of God bringing new power and effectiveness. He will see his life lifted to a new level he never dreamed possible, a level he could never have attained by himself. Pressed by the crowds, with such a short time to complete His task, Jesus still found time to pray. So must we.*

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