

Coaching Cards For Couples (Barefoot Coaching Cards)

Sapphira and the Slave Girl
Willia Cather - Set on the Nebraska prairie where Willa Cather (18731947) grew up, this powerful early novel tells the story of the young Alexandra Bergson, whose dying father leaves her in charge of the family and of the lands they have struggled to farm. In Alexandra's long flight to survive and succeed, O Pioneers!relates an important chapter in the history of the American frontier.Evoking the harsh grandeur of the prairie, this landmark of American fiction unfurls a saga of love, greed, murder, failed dreams, and hard-won triumph. In the fateful interaction of her characters, Willia Cather compares with keen insight the experiences of Swedish, French, and Bohemian immigrants in the United States. And in her absorbing narrative, she displays the virtuous storytelling skills that have made her one of the most admired masters of the American novel. Sapphira and the Slave Girl is Willa Cather's last novel, published in 1940.The story of Sapphira Doderidge Colbert, a bitter but privileged white woman, who becomes irrationally jealous of Nancy, a beautiful young slave. The book balances an atmospheric portrait of antebellum Virginia against an unblinking view of the lives of Sapphira's slaves.In this story I have held several of the characters by Frederick County surnames, but in no case have I used the name of a person whom I ever knew or saw. My father and mother, when they came home from Winchester or Capon Springs, often talked about acquaintances whom they had met. The names of those unknown persons sometimes had a lively fascination for me, merely as names: Mr. Haymaker, Mr. Bwyaters, Mr. Householder, Mr. Tidball, Miss Snap. For some reason I found the name of Mr. Pertleball especially delightful, though I never saw the man who bore it, and to this day I don't know how to spell it.

THE INTERNATIONALLY BESTSELLING PSYCHOLOGICAL SUSPENSE NOVEL YOU CAN'T MISS. "A cracking read...Our Little Secret builds to a deliciously dark conclusion." —Ruth Ware, New York Times bestselling author of The Woman in Cabin 10
Roz, Nay's Our Little Secret is a twisted tale of love, pain, and revenge that will stay with the reader long after they turn the last page. They say you never forget your first love. What they don't say though, is that sometimes your first love won't forget you... Angela Petitjean sits in a cold, dull room. The police have been interrogating her for hours, asking about Saskia Parker. She's the wife of Angela's high school sweetheart, HP, and the mother of his child. She has vanished. Homicide Detective J. Novak believes Angela knows what happened to Saskia. He wants the truth, and he wants it now. But Angela has a different story to tell. It began more than a decade ago when she and HP met in high school in Cove, Vermont. She was an awkward, shy teenager. He was a popular athlete. They became friends, fell in love, and dated senior year. Everything changed when Angela went to college. When time and distance separated them. That was eight years ago. HP foolishly married a drama queen and Angela moved on with her life. Whatever marital rift caused Saskia to leave her husband has nothing to do with Angela. Nothing at all. Detective Novak needs to stop asking questions and listen to what Angela is telling him. And once he understands everything, he'll have the truth he so desperately wants...

Psychic Development: Divination Tools and Techniques is the second book in the series providing you with easy, simple and practical techniques you can use to understand more about what your intuition is, ways you can tune in to your intuition, understand what is being communicated as well as some techniques to support you in getting more fully connected to your intuition, inner knowing and ?gut feeling?so that you are able to receive guidance to support you in your everyday life clearly and easily as well as move forward with your psychic development. It also includes links to four meditations to support your learning and development.

"I feel like I've joined an enormous club, something like the Veterans of Foreign Wars. We are weary with battle fatigue and sometimes even gripped by nostalgia for the good old, bad old days, but our numbers are large," writes Theo Pauline Nestor in his wry, fiercely honest chronicle of life after divorce. Less than an hour after confronting her husband over his massive gambling losses, Theo banishes him from their home forever. With two young daughters to support and her life as a stay-at-home mother at an abrupt end, Nestor finds herself slipping from "middle-class grace" as she attends a court-ordered custody class, stumbles through job interviews, and—much to her surprise—falls in love once again. As Theo rebuilds his life and recovers her sense of self, she's forced to confront her own family's legacy of divorce. "I'm from a long line of stock market speculators, artists of unmarketable talents, and alcoholics," writes Nestor. "The higher, harder road is not our road. We move, we divorce, or we disappear." Nestor's journey takes her deep into her family's past, to a tiny village in Mexico, where she discovers the truth about her sister, ended up living in a convent there after their parents divorced in the early states. What she learns ultimately brings her closer to understanding her own divorce and its impact on her two daughters. "I knew from experience that for children divorce means half the world is constantly eclipsed. When you're with one parent, the other must always slip out of view," Nestor writes. Funny, openhearted, and brave, How to Sleep Alone in a King-Size Bed will speak to anyone who has passed through the halls of divorce court or risked tenderness after loss. It marks the debut of an enchanting, deeply truthful voice.

The Spiritual Teacher in the Cards

The Second Life of Tiger Woods

She's on the Money

Playtime Sex

Feet First

The Fantastic Menagerie Tarot

[This book is for any parent who has ever struggled under the substantial weight of caregiving]which is to say, all of us. Good Inside is not only a wise and practical guide to raising resilient, emotionally healthy kids, it's also a supportive resource for overwhelmed parents who need more compassion and less stress. Dr. Becky is the smart, thoughtful, in-the-trenches parenting expert we've been waiting for!!!Eve Rodsky, New York Times bestselling author of Fair Play and Find Your Unicorn Space
Dr. Becky Kennedy, wildly popular parenting expert and creator of @drbeckygoodinside, shares her groundbreaking approach to raising kids and offers practical strategies for parenting in a way that feels good. Over the past several years, Dr. Becky Kennedy/know to her followers as DR. Becky!!!has been sparking a parenting revolution. Millions of parents, tired of feeling advice that either doesn't work or simply doesn't feel good, have embraced Dr. Becky's empowering and effective approach, a model that prioritizes connecting with our kids over correcting them. Parents have been sold a model of childrearing that simply doesn't work. From reward charts to time outs, many popular parenting approaches are based on shaping behavior, not raising humans. These techniques don't build the skills kids need for life, or account for their complex emotional needs. And to that parents! complicated relationships with their own upbringings, and it's easy to see why so many caretakers feel lost, burned out, and worried they're failing their kids. In Good Inside, Dr. Becky shares her parenting philosophy, complete with actionable strategies, that will help parents move from uncertainty and self-blame to confidence and sturdy leadership. Offering perspective-shifting parenting principles and troubleshooting for specific scenarios—including sibling rivalry, separation anxiety, tantrums, and more!Good Inside is a comprehensive resource for a generation of parents looking for a new way to raise their kids while still setting them up for a lifetime of self-regulation, confidence, and resilience.

Gobble is your go-to playbook for everything Thanksgiving. This comprehensive guide will inspire both the expert and the novice to fully embrace hosting America's favorite holiday for family and friends.
* Start new traditions and embrace old ones
* Set a table and create an atmosphere worthy of "ooohs" and "ahhs"
* Serve unforgettable cocktails and pair perfect wines
* Employ new recipes sure to impress every palate

"Man School: Relating With Women in the #McToo Era" is an acknowledgment of women and a nonjudgmental education for men in how we got here, why women are upset, what they need and how the modern man gets to become in order to provide the safe space for healing we all need.

Preceded by: SKILLS training manual for treating borderline personality disorder / Marsha M. Linehan, c1993.

Train Your Mind for Peace and Purpose Every Day

On Embracing Day, Night, and All the Times in Between

Relating With Women in the #McToo Era

The Viewpoints Book

Getting More

Think Like a Monk

Why Relationships Fail & How to Make Them Work

Learn how to be smarter, more secure and independent with your money - with clear, practical steps on how to budget, clear debts, build savings, start investing, buy property and much more.

"Fascinating...[Bamberger] knows the world of professional golf, and the pressures it exacts, like few others." —The Wall Street Journal
It's one of the greatest comebacks of all time. And for Tiger Woods—his game, his body, and his life in shambles—getting back to the winner's circle was only half the story. Here's the rest of it. Tiger Woods's long descent into a personal and professional hell reached bottom in the early hours of Memorial Day in 2017. Woods's DUI arrest that night came on the heels of a desperate spinal surgery, just weeks after he told close friends he might never play tournament golf again. His mysterious arrest video went painful to look at and, for Woods, a deep humiliation. The former paragon of discipline now found himself hopelessly lost and out of control, exposed for all the world to see. That episode could have marked the beginning of Tiger's end. It proved to be the opposite. Instead of sinking beneath the public disgrace of drug abuse and the private despair of a battered and ailing body, Woods embarked on the long road to redefining himself. In The Second Life of Tiger Woods, Michael Bamberger, who has covered Woods since the golfer was an amateur, draws upon his deep network of sources inside locker rooms, caddy yards, clubhouses, fitness trailers, and back offices to tell the true and inspiring story of the legend's return. Packed with new information and graced by insight, Bamberger's story reveals how this iconic athlete clawed his way back to the top. Here you'll meet the people who have shaped and saved Tiger's life. It's a disparate group: a Florida police officer, an old friend from Tiger's boyhood, his girlfriend, his caddy. You'll go inside the ropes and see Tiger's interactions with fellow pros, with broadcasters and rules officials and Tour executives, with legends young (Rory McIlroy) and old (Jack Nicklaus) and in between (Fred Couples). On the Sunday before Masters Sunday, you'll join Tiger as he takes a long, slow, contemplative walk across Augusta National, and you'll be with him again seven days later in the splendid isolation of the tee at thirteen, in the rain, his right foot slipping while he swings his driver at 120 miles per hour. This is an intimate portrait of a man who has spent his life in front of the camera but has done his best to make sure he was never really known. Here is Tiger, barefoot, in handcuts, showing a police officer a witty and self-deprecating side of himself that the public never sees. Here is Tiger on the verge of tears with his children at the British Open. Here is Tiger trying to express his gratitude to his mother at a ceremony at the Rose Garden. In these pages, Tiger is funny, cold, generous, self-absorbed, inspiring—and real. The Second Life of Tiger Woods is not only the saga of an exceptional man but also a celebration of second chances. Bamberger's braicngly honest book is about what Tiger's life, and about what any of us can do, when we face our demons head-on.

"Pollan keeps you turning the pages. . . . cleared and assured." —New York Times
A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs—and the spellbinding story of his own life-changing psychedelic experiences
When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sills the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, How to Change Your Mind is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

Rehinks films including Pillow Talk and Rear Window by identifying the apartment plot as a distinct genre, one in which the urban apartment figures as a central narrative device.

Awakening

Divorce Busting

A Practical Guide to Viewpoints and Composition

Insights from a Doctor's Personal Journey through Depression

Hope Prevails

A Guide to Becoming the Parent You Want to Be

Frontline Leadership - The Hurdle

CouplesThe Coach's CasebookMastering the Twelve Traits That Trap Us

"The author examines eight human inner capacities by which people shape their lives. He outlines a step-by-step program to harness this great potential freely available within people to bring out the best in themselves and create the life they dream of leading" --Provided by publisher.

David Ramsey explains those scriptural guidelines for handling money.

#1 NEW YORK TIMES BESTSELLER • When we deny our stories, they define us. When we own our stories, we get to write the ending. Don't miss the five-part HBO Max docuseries Brené Brown: Atlas of the Heart! Social scientist Brené Brown has ignited a global conversation on courage, vulnerability, shame, and worthiness. Her pioneering work uncovered a profound truth: Vulnerability—the willingness to show up and be seen with no guarantee of outcome—is the only path to more love, belonging, creativity, and joy. But living a brave life is not always easy: We are, inevitably, going to stumble and fall. It is the rise from falling that Brown takes as her subject in *Rising Strong*. As a grounded theory researcher, Brown has listened as a range of people—from leaders in Fortune 500 companies and the military to artists, couples in long-term relationships, teachers, and parents—shared their stories of being brave, falling, and getting back up. She asked herself, What do these people with strong and loving relationships, leaders nurturing creativity, artists pushing innovation, and clergy walking with people through faith and mystery have in common? The answer was clear: They recognize the power of emotion and they're not afraid to lean in to discomfort. Walking into our stories of hurt can feel dangerous. But the process of regaining our footing in the midst of struggle is where our courage is tested and our values are forged. Our stories of struggle can be big ones, like a conflict with a friend or colleague. Regardless of magnitude or circumstance, the rising strong process is the same: We reckon with our emotions and get curious about what we're feeling; we rumble with our stories until we get to a place of truth; and we live this process, every day, until it becomes a practice and creates nothing short of a revolution in our lives. Rising strong after a fall is how we cultivate wholeheartedness. It's the process, Brown writes, that teaches us the most about who we are. **ONE OF GREATER GOOD'S FAVORITE BOOKS OF THE YEAR** "(Brené Brown's) research and work have given us a new vocabulary, a way to talk with each other about the ideas and feelings and fears we've all had but haven't quite known how to articulate. . . .

Brené empowers us each to be a little more courageous."—The Huffington Post

The Way of Tarot

Rising Strong

Gobble

Brave Work. Tough Conversations. Whole Hearts.

How Strengthening Your Marriage Multiplies Your Missional Impact

Financial Peace

Sing You Home

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

A supplemental textbook for middle and high school students, Hoosiers and the American Story provides intimate views of individuals and places in Indiana set within themes from American history. During the frontier days when Americans battled with and exiled native peoples from the East, Indiana was on the leading edge of America's westward expansion. As waves of immigrants swept across the Appalachians and eastern waterways, Indiana became established as both a crossroads and as a vital part of Middle America. Indiana's stories illuminate the history of American agriculture, wars, industrialization, ethnic conflicts, technological improvements, political battles, transportation networks, economic shifts, social welfare initiatives, and more. In so doing, they elucidate large national issues so that students can relate personally to the ideas and events that comprise American history. At the same time, the stories shed light on what it means to be a Hoosier, today and in the past.

Argues that the healing powers of the body can be tapped by applying pressure to the feet, and discusses the practice of reflexology

From New York Times bestselling author Mari Andrew, a collection of essays and illustrations, divided into phases of the sky--twilight, golden hour, night, and dawn--that serves as a loyal companion for life's curveballs A whole, beautiful life is only made possible by the wide spectrum of feelings that exist between joy and sorrow. In this insightful and warm book, writer and illustrator Mari Andrew explores all the emotions that make up a life, in the process offering insights about trauma and healing, the meaning of home and the challenges of loneliness, finding love in the most unexpected of places--from birds nesting on a sculpture to a ride on the subway--and a resounding case for why sometimes you have to put yourself in the path of magic. My Inner Sky empowers us to transform everything that's happened to us into something meaningful, reassuring, that even in our darkest times, there's light and beauty to be found.

How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead

A Memoir of Starting Over

Daring Greatly

DBT? Skills Training Manual, Second Edition

Mastering the Twelve Traits That Trap Us

Power Play

Psychic Development: Divination Tools & Techniques

Jay Shetty, social media superstar and host of the #1 podcast On Purpose, distills the timeless wisdom he learned as a monk into practical steps anyone can take every day to live a less anxious, more meaningful life. When you think like a monk, you'll understand: -How to overcome negativity -How to stop overthinking -Why comparison kills love -How to use your fear -Why you can't find happiness by looking for it -How to learn from everyone you meet -Why you are not your thoughts -How to find your purpose -Why kindness is crucial to success -And much more... Shetty grew up in a family where you were either one of three things—a doctor, a lawyer, or a failure. His family was convinced he had chosen option three: instead of attending his college graduation ceremony, he headed to India to become a monk, to meditate every day for four to eight hours, and devote his life to helping others. After three years, one of his teachers told him that he would have more impact on the world if he left the monk's path to share his experience and wisdom with others. Heavily in debt, and with no recognizable skills on his résumé, he moved back home in north London with his parents. Shetty reconnected with old school friends, many working for some of the world's largest corporations—who were experiencing tremendous stress, pressure, and unhappiness, and they invited Shetty to coach them on well-being, purpose, and mindfulness. Since then, Shetty has become one of the world's most popular influencers. In 2017, he was named in the Forbes magazine 30-under-30 for being a game-changer in the world of media. In 2018, he had the #1 video on Facebook with over 360 million views. His social media following totals over 38 million. He has produced over 400 viral videos which have amassed more than 8 billion views, and his podcast, On Purpose, is consistently ranked the world's #1 Health and Wellness podcast. In this inspiring, empowering book, Shetty draws on his time as a monk to show us how we can clear the roadblocks to our potential and power. Combining ancient wisdom and his own rich experiences in the ashram, Think Like a Monk reveals how to overcome negative thoughts and habits, and access the calm and purpose that lie within all of us. He transforms abstract lessons into advice and exercises we can all apply to reduce stress, improve relationships, and give the gifts we find in ourselves to the world. Shetty proves that everyone can—and should—think like a monk.

Filmmaker Alejandro Jodorowsky's insights into the Tarot as a spiritual path • Works with the original Marseille Tarot to reveal the roots of Western wisdom • Provides the key to the symbolic language of the Tarot's "nomadic cathedral" • Transforms a simple divination tool into a vehicle for self-realization and healing Alejandro Jodorowsky's profound study of the Tarot, which began in the early 1950s, reveals it to be far more than a simple divination device. The Tarot is first and foremost a powerful instrument of self-knowledge and a representation of the structure of the soul. The Way of Tarot shows that the entire deck is structured like a temple, or a mandala, which is both an image of the world and a representation of the divine. The authors use the sacred art of the original Marseille Tarot—created during a time of religious tolerance in the 11th century—to reconnect with the roots of the Tarot's Western esoteric wisdom. They explain that the Tarot is a "nomadic cathedral" whose parts—the 78 cards or "arcana"—should always be viewed with an awareness of the whole structure. This understanding is essential to fully grasp the Tarot's hermetic symbolism. The authors explore the symbolizations behind the hierarchy of the cards and the correspondences between the suits and energies within human beings. Each description of the Major Arcana includes key word summaries, symbolic meanings, traditional interpretations, and a section where the card speaks for itself. Jodorowsky and Costa then take the art of reading the Tarot to a depth never before possible. Using their work with Tarology, a new psychological approach that uses the symbolism and optical language of the Tarot to create a mirror image of the personality, they offer a powerful tool for self-realization, creativity, and healing.

"Are you having trouble deciding whether or not to become a parent? Are you under pressure from family and friends? Unsettled by feelings of guilt or ambivalence? Unsure whether you will regret your decision in later years? The Baby Decision offers a clear path to finding the answers to all of these questions"--Back cover.

A step-by-step approach to making your marriage loving again.

My Inner Sky

Our Little Secret

How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead

The Quintessential Thanksgiving Playbook

A Step-By-Step Approach to Making Your Marriage Loving Again

Insights to Intimacy

The User's Guide to Being Human

First major exploration of a ground-breaking new technique for actors and theatre artists.

Neuropsychologist Offers Hope to Those Struggling with Depression As a board-certified neuropsychologist, Dr. Michelle Bengtson sees the devastation of depression. Early on, she practiced the most effective treatments and prescribed them for her clients. But when she experienced depression herself, she found that the treatments she had recommended were lacking. Her experience showed her the missing component in treating depression. In *Hope Prevails*, Dr. Bengtson writes with deep compassion, blending her training and faith, to offer readers a hope grounded in God's love and grace. She helps readers understand what depression is, how it affects them spiritually, and what, by God's grace, it cannot do. The result is an approach that offers the hope of release, not just the management of symptoms. For those who struggle with depression and those who want to help them, *Hope Prevails* offers hope for the future.

After eight years of youth ministry and four years planting a church, I was done. It was over. A lethal combination of over-work, misplaced identity, and a stress-induced sense of panic took me out. Our marriage, once a vibrant ministry partnership, began to wobble. We struggled, we fought, and eventually we settled for a child-centric relationship that lacked passion and purpose. But God gave us another chance. We are now experiencing the reality of a marriage on mission. This is our story.

Our strengths can become our weaknesses. Our traits and habitual behaviours can become traps. In each chapter of The Coach's Casebook the reader follows a skilled coach working with a client who is struggling with one of the twelve traits which every coach will face in their coaching work - traits such as people pleasing, perfectionism, impostor syndrome, performance anxiety and procrastination. The coach shares their emotions, their thought processes and their reflections as they try to understand the psychological origins of these behaviours and to work out how to help their client. The Coach's Casebook includes inspirational insights from individuals who have triumphed over such traits and have succeeded in all walks of life figures such as Alec Stewart and Lewis Moody from the world of sport, Greg Dyke from the world of business, and Arctic explorer Pen Hadow. This book is above all designed to help you in your work as a coach. It gives you practical, tried and tested techniques which you can use today to help your clients to change the habits of a lifetime.

How to Stop Dabbling by Default and Attract Your Best Life Partner

Hoosiers and the American Story

A Novel

Good Inside

How to Sleep Alone in a King-Size Bed

Crazy English

The Art and Science of Self

*#1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Don't miss the five-part HBO Max docuseries Brené Brown: Atlas of the Heart! **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG** Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. *Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the best seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 50 companies all ask the same question: How do you cultivate brave, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BIS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read Daring Greatly and Rising Strong or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership. By his early thirties, Paul Allen was a world-famous billionaire-and that was just the beginning. In 2007 and 2008, Time named Paul Allen, the cofounder of Microsoft, one of the hundred most influential people in the world. Since he made his fortune, his impact has been felt in science, technology, business, medicine, sports, music, and philanthropy. His passion, curiosity, and intellectual rigor combined with the resources to launch and support new initiatives-have literally changed the world. In 2009 Allen discovered that he had lymphoma, leading urgency to his desire to share his story for the first time. In this classic memoir, Allen explains how he has solved problems, what he's learned from his many endeavors, and the lessons he follows-and his compelling vision for the future. He reflects candidly on an extraordinary life. The book also features previously untold stories about everything from the true origins of Microsoft to Allen's role in the dawn of private space travel (with SpaceShipOne) and in discoveries at the frontiers of brain science. With honesty, humor, and insight, Allen tells the story of a life of ideas made real.**

Get ready to transform your ses life. It is time to open yourself up to new and better relationships with yourself and others. This book takes you through a series of discussions and exercises designed to take you to a new level. This book is designed for women beginning their sexual journeys and help them to find their authentic voice while providing techniques and information to common questions.

In what other language, asks Lederer, do people drive on a parkway and park in a driveway, and your nose can run and your feet can smell? In CRAZY ENGLISH, Lederer frolics through the logic-bogging byways of our language, discovering the names for phobias you didn't know you could have, the longest words in our dictionaries, and the shortest sentence containing every letter in the alphabet. You'll take a bird's-eye view of our beastly language, feast on a banquet of mushrooming food metaphors, and meet the self-reflecting Doctor Rooted, destined to speak only in palindromes.

Popular Mechanics

Urban Living in American Film and Popular Culture, 1945 to 1975

Intentional Dating

The Coach's Casebook

How to Make the Most Important Choice of Your Life

Couples

What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence

Ten years of infertility issues culminate in the destruction of music therapist Zoe Baxter's marriage, after which she falls in love with another woman, Vanessa, and wants to start a family; but her ex-husband, Max, in the grips of an anti-gay pastor, stands in the way. Includes a CD of songs created for the novel. (This title is being re-listed in Forecast). 1.5 million first printing.

Insights, principles, and scenarios shared throughout the book and walk away with an understanding of how to practice leadership and maximize their effectiveness and potential. Topics covered include sources of leadership and how it is measured; creating alignment and culture; leadership styles; emotional intelligence and decision making; effective communication; coaching and feedback; developing relationships; leading change; and teaching and training. Readers will be exposed to powerful lessons on balancing influence and authority and taking full ownership and responsibility for their team. They will learn how to favor positives and proaction over negatives and reaction and focus more on asking than telling. They will also learn to avoid the pitfalls of basing consequences on results alone and decisions made based on comfort and convenience. Doctors practice medicine and leaders must practice leadership. This entertaining, insightful, and inspiration book identifies leadership as a skill and explains how it can be learned, practiced, and improved. Read it and learn what it takes to create an effective leadership run up, overcome hurdles, and take leadership to the next level.

It ends with you... Right now, you can take action to end the passing down of undigested generational pain, shame & intimacy sabotage that is perpetuating unnecessary suffering and emotional illiteracy. So much of your intimacy and relationship health is determined by the modelling of those that came before you. As children you took mental and emotional pictures as you witnessed your parents, your family and your culture do their best to manage their pain. Through persistent observation, you began to inherit what a 'normal' relationship looks like. But most of us were not given a good example. Many of us witnessed or directly experienced shaming, blaming, abuse, neglect, manipulation and games. Unwittingly, and without knowing any better, you took on some of your parents strategies for dealing with pain and began to inherit the same dynamics that are now interfering with your own capacity to experience the freedom, joy and intimacy you deserve. But, worst of all, if left unattended we will pass on our inherited wounding down the line to our children and perpetuate the suffering that we, and those that came before us, have endured. But it doesn't have to be that way. In my book, Insights To Intimacy - 'Why Relationships Fail & How To Make Them Work' I show you how to heal yourself and your family through the sacred union of conscious heart intelligent relationship. I'll show you through clear step by step instructions how you can "track" your intimacy blocks and communicate with your partner in a new way so that your "relational operating system" gets a massive upgrade! This is not a book of theory and untested hypothesis. The wisdom shared comes from over a decade of real-life testing with thousands of couples and groups from cultures all over the world. Don't wait till things get worse... Learn the skills to become Heart Intelligent today and become a healthy role model for a new generation of emotionally literate individuals. Claim Your FREE Companion Course Included with your book purchase as a free online companion course that you can claim immediately after you order. This course offers additional video demonstrations bringing the practices I'll be showing you to life, so you can follow along and deepen your understanding. "If you're not experiencing the relationship you crave, it's not your fault. Most of us grew up without the ideal relationship models to learn from, and you certainly weren't taught these skills in school. This is your opportunity to change course and begin shifting the habits and patterns that have long stood between you and real love. Are you ready to end the struggle? Let's

begin."

Researcher and thought leader Dr. Brené Brown offers a powerful new vision in Daring Greatly that encourages us to embrace vulnerability and imperfection, to live wholeheartedly and courageously. 'It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; . . . who at best knows in the end the triumph of high achievement, and who at worst, if he fails, at least fails while daring greatly' -Theodore Roosevelt Every time we are introduced to someone new, try to be creative, or start a difficult conversation, we take a risk. We feel uncertain and exposed. We feel vulnerable. Most of us try to fight those feelings - we strive to appear perfect. Challenging everything we think we know about vulnerability, Dr. Brené Brown dispels the widely accepted myth that it's a weakness. She argues that vulnerability is in fact a strength, and when we shut ourselves off from revealing our true selves we grow distanced from the things that bring purpose and meaning to our lives. Daring Greatly is the culmination of 12 years of groundbreaking social research, across the home, relationships, work, and parenting. It is an invitation to be courageous; to show up and let ourselves be seen, even when there are no guarantees. This is vulnerability. This is daring greatly. 'Brilliantly insightful. I can't stop thinking about this book' -Gretchen Rubin Brené Brown, Ph.D., LMSW is a #1 New York Times bestselling author and a research professor at the University of Houston Graduate College of Social Work. Her groundbreaking work was featured on Oprah Winfrey's Super Soul Sunday, NPR, and CNN. Her TED talk is one of the most watched TED talks of all time. Brené is also the author of The Gifts of Imperfection and I Thought It Was Just Me (but it isn't).

Marriage on Mission

Idea Man

A Memoir by the Cofounder of Microsoft

How to Change Your Mind

Dare to Lead

A Guide to Sexual Conquests for Women

Sapphira and the Slave Girl

Sophie Venable, MA is a relationship and dating coach, working with single women and couples for over 15 years. Intentional Dating is based on her work with single women, helping them as a coach and mentor to look at their dating perspective, learn how to communicate with men, and get intentional about how they truly want to feel in relationship. These proven steps will change the course of your life and improve the quality of all of your relationships.

Brandon McKinney is a man reborn. Newly awakened to the notion of consensual power exchange and the submissive urges inside him, he begs for a second chance from the man who opened his eyes to this world: Silicon Valley superstar Jonathan Watkins. But no birth is absent pain, and Brandon's is no exception. He fears he's not strong enough to see it through. Jonathan knows better. He's seen the iron core inside his new submissive, and the wounded heart inside him too. He means to teach Brandon to heal the one with the other. They have five months

objective, though, when you're falling in love. Shame Brandon doesn't feel the same. He's only there for the three-million-dollar payout at contract's end--a fact that Jonathan, nursing his own wounded heart, reminds himself of each day. For even as Brandon's barriers break and his mind expands, even as he grows to love his place at Jonathan's feet, he'll never love life with a sadist--especially one who cannot escape the public eye. "This title is #2 of the Power Play series." *Reader discretion advised. This title contains the following sensitive themes: heavy kink

NEW YORK TIMES BESTSELLER • Learn the negotiation model used by Google to train employees worldwide. U.S. Special Ops to promote stability globally ("this stuff saves lives"), and families to forge better relationships. A 20% discount on an item already on sale. A four-year-old willingly brushes his/her teeth and goes to bed. A vacationing couple gets on a flight that has left the gate. \$5 million more for a small business; a billion dollars at a big one. Based on thirty years of research among forty thousand people in sixty countries, Wharton Business School Pr

book how emotional intelligence, perceptions, cultural diversity and collaboration produce four times as much value as old-school, conflictive, power, leverage and logic. As negotiations underlie every human encounter, this immediately-usable advice works in virtually any situation: kids, jobs, travel, shopping, business, politics, relationships, cultures, partners, competitors. The tools are invisible until you first see them. Then they're always there to solve your problems and meet your goals.

Man School

The Baby Decision

How You Can Negotiate to Succeed in Work and Life

The Apartment Plot