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Achieving Your Goals Tony Robbins Create
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TV tie-in cookbook for beginners from a much-loved author and presenter The cookbook that, finally, drives a blunt meat skewer through the burgeoning pseudo-intellectualism of foodie media, this is a foolproof manual packed with practical information and delicious recipes for even the most basic of home cooks. After years of shirking from his culinary duties, James is on a mission to educate himself about the world of food. In this TV tie-in, he seeks to unpack the mysteries of the industry from kitchen basics to haute

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cuisine, covering everything from poaching eggs to preparing the perfect Sunday roast. Gathering recipes and expert advice from celebrity chefs along the way, James discovers just what it takes to put together a cracking cookbook, from recipe testing to photography and everything in between.

#1 New York Times bestseller In this follow up to their New York Times bestseller The Happy Cookbook, Fox & Friends cohost Steve Doocy and his wife, Kathy, share more hilarious stories and offer crowd-pleasing recipes that are quick, easy, and delicious. Steve Doocy and his wife, Kathy, believe the kitchen and the family dinner table should be happy places where memories are made and shared. But most of us don't have the time to spend hours in the kitchen. Steve and Kathy

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are no exception, and with *The Happy in a Hurry Cookbook*, they bring together more than a hundred recipes for favorite comfort foods that come together in a flash—from last-minute entrees to set-it-and-forget-it slow-cooker meals. *The Happy in a Hurry Cookbook* includes recipes covering a variety of occasions and favorite foods, from holidays, casseroles, and one-pot meals to chicken, pasta, and desserts, as well a whole chapter devoted to the ultimate comfort ingredient: potatoes. Steve and Kathy also share their clever *Happy in a Hurry Hacks*, which save prep and cooking time and can be used no matter what recipes you're using. Best of all, they include more hilarious and heartwarming stories from the Doocy family and (some well-known) friends. With *The Happy in a Hurry Cookbook* you can enjoy time-saving,

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all-American home cooking at its best—nothing fancy, everything delicious—with recipes such as: Buffalo Chicken Tacos Carrot Cake Waffles Red, White, and Blueberry Summer Fruit Salad Crockpot Carnitas Pumpkin-Swirled Mashed Potatoes Sweet Tea Fried Chicken Bacon Braided Smoked Turkey Breast Ritz Cracker Crust Peanut Butter Pie Six-Minute Strawberry Pie Best of all, the easy, pleasing recipes in The Happy in a Hurry Cookbook leave you and your family with more time to do the things you love! The Happy in a Hurry Cookbook is illustrated with 65 color food photos throughout and homey shots of the Doocys with friends and family, sure to please their many fans. Hit the road with top-rated Cook's Country TV and devour another year of great American recipes. Discover new recipes

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from across the U.S. and cook them along with the cast of the hit TV show Cook's Country. The homegrown recipes cover both classic and regional favorites from small-town America to the big city. Season 13 recipe highlights include fresh takes on homey foods such as Cheesy Stuffed Shells, One-Batch Fried Chicken, and Pennsylvania Dutch Apple Pie as well as newly created recipes for Amish Cinnamon Bread, Eggplant Pecorino, and Greek Chicken. This cookbook has it all, from fluffy omelets, pancakes, biscuits, and muffins to plenty of desserts, cakes, cookies, pies, and more. In addition to more than 475 foolproof recipes, there is information on the backstory and inspiration behind many of the dishes. A comprehensive shopping guide lists all of the winning products featured on the TV show including ketchup,

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strawberry jam, and vanilla ice cream.

The Complete Cook's Country TV Show Cookbook Includes
Season 13 Recipes

A Cookbook

Vietnam, Laos & Cambodia Handbook

Chicago Tribune Index

A Guide to the 13 Most Important Communication Skills
Used by Top Performers

100-Plus Fast and Easy New Recipes That Taste Like Home

*New York magazine was born in 1968
after a run as an insert of the New
York Herald Tribune and quickly made a
place for itself as the trusted*

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resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself, while celebrating New York as both a place and an idea.

*LOSE UP TO TWENTY POUNDS IN ONE MONTH
EATING WHOLESOME, DELICIOUS, EASY-TO-
PREPARE FOOD FROM THE RICE DIET*

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COOKBOOK! After the success of the New York Times bestselling The Rice Diet Solution, the Rice Diet Program's message boards were bombarded with pleas and suggestions for more Rice Diet-friendly recipes. The result is this collection of healthy whole-food dishes, which includes personal favorites from the Rice Diet kitchen as well as from successful dieters who want to share their weight-loss tips with everyone who intends to lose

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weight and live a healthier life. Based on one of the world's most famous weight-loss programs, The Rice Diet Cookbook contains 150 new recipes -- all simple and easy to shop for, prepare, and cook. By ambitiously limiting sodium-rich ingredients and relying on complex carbohydrates as the main source of nutrition, the recipes in this book can help women lose nineteen to twenty pounds and men lose twenty-eight to thirty pounds -- in one

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month! For breakfast, try Goopy Apple Oatmeal, the Elvis Special, or French Toast Sticks. In the mood for a light lunch? Mix up a Basil-Mint Quinoa Salad and pair it with a Refried Bean and Roasted Red Pepper Lettuce Wrap. When the urge to snack hits you, munch on some Zesty Sweet Potato Chips or Barley Pesto Dip on Eilene's Pita Bread. And at dinnertime, how about Pan-Seared Sea Scallops with Angela's Spinach with Sun-dried Tomato and Ilene's Mashed

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Cauliflower? Or make a meal out of Chicken and Spinach Salad with some Cannellini Bean Salad on the side. Don't forget dessert: Ricers have found amazing ways to satisfy their cravings! There's Chocolate-Banana Cream Custard, Rhubarb-Dried Cherry Crumble, Samba's Gingered Pear Cake, or the super simple and truly delicious Toasted Ginger Papaya. In addition to recipes, The Rice Diet Cookbook is also full of incredible feedback from people who

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have achieved major weight loss on the Rice Diet. Their inspirational stories will motivate you to live a healthier life the Rice Diet way. The Rice Diet Cookbook is a truly encouraging, supportive book that will help you make living a wholesome lifestyle both simple and sustainable.

*Chocolate Caramel-Pecan Souffl Cake . . .
. Cinnamon-Donut Bread Pudding . . .
Double-Crumble Hot Apple Pies . . .
Giant Coconut Cream Puffs . . . Here's*

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a collection of desserts that gives more than 75 sticky, chewy, messy, gooey reasons to stock up on napkins. In addition to each sugary favorite, the author has included simple techniques and tools to help home cooks recreate each decadent treasure again and again. Sprinkled throughout are tips on using phyllo dough, toasting nuts, and making a heavenly ganache, so every over-the-top treat tastes as irresistible as it sounds. For the

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Achieving Your Goals Tony Robbins Create
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*serious sweet tooth, pour a tall glass
of milk and get ready to bite into all
that's Sticky, Chewy, Messy, Gooney !*

The Rice Diet Cookbook

Great British Bake Off: How to Bake

And the Stories Behind Them

From Arawaks to Zombies

Oh Cook!

Sticky, Chewy, Messy, Gooney

**A special collection of the very best 500 recipes from
two decades of the America's Test Kitchen TV show,
plus all the recipes from the 20th season. Here are ATK's**

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Achieving Your Goals Tony Robbins Create
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greatest hits, the most inventive and rewarding project recipes, classics reimagined, must-have basics, international favorites, and all-star baking recipes. The recipes selected for this commemorative edition celebrate the best and most remarkable accomplishments from 500 episodes of the longest-running cooking show on TV. The collection also shines a spotlight on the cast with fascinating commentary on the recipes from the team that brought them to life on TV. The book captures the personality of the show and provides a first-ever behind-the-scenes look at its beloved cast members along with special features that relay the collected expertise, wit, and wisdom of the team behind America's most-trusted test kitchen.

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This delightful cookbook takes you through the baking challenges from the second series of the Great British Bake Off and shows you how to achieve baking perfection. Throughout the book, Mary Berry and Paul Hollywood are on hand with practical tips to help you bake perfect cakes, biscuits, breads, pastries, pies and teatime treats every time, as well as showing you how to tackle their 'technical challenges', as seen on the show. There are more than 120 baking recipes in this book, including traditional British bakes and imaginative twists using classic ingredients, as well as the best contestant recipes from the series. There is plenty to challenge keen bakers here, from brandy snaps to elaborate pastries, pavlovas to iced celebration cakes, and with a

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sensuous and yet practical design and full-colour, step-by-step photography, this really will become the baking book that you will turn to for years to come.

Get savvy with R language and actualize projects aimed at analysis, visualization and machine learning About This Book Proficiently analyze data and apply machine learning techniques Generate visualizations, develop interactive visualizations and applications to understand various data exploratory functions in R Construct a predictive model by using a variety of machine learning packages Who This Book Is For This Learning Path is ideal for those who have been exposed to R, but have not used it extensively yet. It covers the basics of using R and is written for new and intermediate R users

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interested in learning. This Learning Path also provides in-depth insights into professional techniques for analysis, visualization, and machine learning with R – it will help you increase your R expertise, regardless of your level of experience. What You Will Learn Get data into your R environment and prepare it for analysis Perform exploratory data analyses and generate meaningful visualizations of the data Generate various plots in R using the basic R plotting techniques Create presentations and learn the basics of creating apps in R for your audience Create and inspect the transaction dataset, performing association analysis with the Apriori algorithm Visualize associations in various graph formats and find frequent itemset using the ECLAT

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algorithm Build, tune, and evaluate predictive models with different machine learning packages Incorporate R and Hadoop to solve machine learning problems on big data In Detail The R language is a powerful, open source, functional programming language. At its core, R is a statistical programming language that provides impressive tools to analyze data and create high-level graphics. This Learning Path is chock-full of recipes. Literally! It aims to excite you with awesome projects focused on analysis, visualization, and machine learning. We'll start off with data analysis – this will show you ways to use R to generate professional analysis reports. We'll then move on to visualizing our data – this provides you with all the guidance needed to get

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comfortable with data visualization with R. Finally, we'll move into the world of machine learning – this introduces you to data classification, regression, clustering, association rule mining, and dimension reduction. This Learning Path combines some of the best that Packt has to offer in one complete, curated package. It includes content from the following Packt products: R Data Analysis Cookbook by Viswa Viswanathan and Shanthi Viswanathan R Data Visualization Cookbook by Atmajitsinh Gohil Machine Learning with R Cookbook by Yu-Wei, Chiu (David Chiu) Style and approach This course creates a smooth learning path that will teach you how to analyze data and create stunning visualizations. The step-by-step

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**instructions provided for each recipe in this
comprehensive Learning Path will show you how to
create machine learning projects with R.**

**Glorified by Myths, Mysticism, Symbolism, Rituals and
Traditions.**

The Monroe County Farm and Home Bureau News

**The Cuisine of Western China, from New York's Favorite
Noodle Shop**

The Old Farmer's Almanac Readers' Best Recipes

150 Easy, Everyday Recipes and Inspirational Success

Stories from the Rice Diet Program Community

Momofuku Milk Bar

In celebration of the Almanac's 225th

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anniversary (in 2017), Almanac readers, fans, and enthusiasts share their favorite recipes for home-cooked meals, potlucks, holidays, special occasions, and simply snacking, with the story of each recipe's origin and why it is special. From sugar to indentured labourers, tobacco to reggae music, Europe and North America have been relentlessly consuming the Caribbean and its assets for the past five hundred years. In this fascinating book, Mimi Sheller explores this troublesome history, investigating the complex mobilities of producers and consumers, of

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material and cultural commodities, including: foodstuffs and stimulants - sugar, fruit, coffee and rum human bodies - slaves, indentured labourers and service workers cultural and knowledge products - texts, music, scientific collections and ethnology entire 'natures' and landscapes consumed by tourists as tropical paradise. Consuming the Caribbean demonstrates how colonial exploitation of the Caribbean led directly to contemporary forms of consumption of the region and its products. It calls into question innocent indulgence in the

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pleasures of thoughtless consumption and calls for a global ethics of consumer responsibility. Write in your favorite recipes in one place. Do you want a personal cookbook with the recipes you love the most? Do you want to preserve and organize all your family recipes? Are you tired of pinning, printing and bookmarking a recipe only to have a hard time finding it later when you need it? Then this outstanding recipe journal is just for you - the perfect way to organize all your favorite recipes in one place. You will love it. It is beautifully designed, simple, clear, easy to use

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and well organized. Features: In this recipe book:
Record 100 of your favorite recipes Create your
own custom index and organize the recipes the
way you want Easily mark the recipes' rating,
difficulty, cooking time, servings Extra space for
additional notes (such as source of the recipe,
why it holds special meaning to you, and etc.)
Handy kitchen references to help you with
measurement equivalents, substitution
suggestions, temperature conversion It is a great
size (7.5 x 9.25 in) - not too big and in the same
time with enough writing space to jot down

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Achieving Your Goals Tony Robbins Create
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everything needed. A great gift for foodies, friends and family members who love to cook and need to record and catalog their delicious culinary creations - everyday meals, soups, appetizers, main courses, desserts, pies, beverages, and more. Get this blank cooking book now and start filling it with your personal collection of tasty treasured recipes.

Natal Agricultural Journal

Consuming the Caribbean

Adviser Secrets How to Become a Top Performer

Forest and Stream

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America's Test Kitchen Twentieth Anniversary
TV Show Cookbook
Preprints

A brand new collection of recipes from Anna Del Conte that make vegetables the star of the show. Organised in an A–Z format from aglio to zucchini, Anna presents classic dishes alongside her own personalised (many previously unpublished) recipes created throughout her years as a writer. These range from classic recipes to more adventurous dishes including panzanella, parmigiana di melanzane, fiori di zucca fritti and beetroot or pumpkin gnocchi. Whilst Anna embraces classic

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Italian flavours, she ensures that the vegetable in the dish is at the heart of each recipe in her signature style. This is a celebration of vegetables that praises the flavour and texture of each individual root, squash, herb and pulse to teach a new generation of cooks how to enjoy fresh seasonal produce at any time of year.

The ultimate guide book to assist people in transforming their health through a natural lifestyle. Beauty queen Miss Earth Australia Liana Werner-Gray got a wake-up call at the age of 21, when she was diagnosed with a precancerous tumor in her throat. Realizing that health issues were holding her back, including in her entertainment career, she decided to change her

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lifestyle. Through juicing and using the whole-food recipes shared in this book, Liana healed herself in only three months. This success inspired Liana to create the Earth Diet and make information on the incredible power of plant-based and natural food available to others. She has since used her recipes to help thousands of people with cancer, diabetes, acne, addictions, obesity, and more. When you get the essential vitamins, minerals, and micronutrients your body needs, you can't help but feel better. In this book, you'll find more than 100 nutrient-dense, gluten-free recipes that provide proper nutrition, tips for shifting out of toxic habits, and lifestyle recipes for household and personal-care products to help

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you heal in all areas of your life. The Earth Diet is inclusive, with recipes for every person, ranging from raw vegans to meat eaters to those following a gluten-free diet. It also features specific guidelines for weight loss, boosting the immune system, increasing your energy, juice cleansing, and more. If you're looking for great-tasting recipes to help you live your healthiest life ever, then this book is for you.

The long-awaited cookbook from an iconic New York restaurant, revealing never-before-published recipes Since its humble opening in 2005, Xi'an Famous Foods has expanded from one stall in Flushing to 14 locations in Manhattan, Brooklyn, and Queens. CEO Jason Wang

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divulges the untold story of how this empire came to be, alongside the never-before-published recipes that helped create this New York City icon. From heavenly ribbons of liang pi doused in a bright vinegar sauce to ï¬atbread ï¬lled with caramelized pork to cumin lamb over hand-pulled Biang Biang noodles, this cookbook helps home cooks make the dishes that fans of Xi'an Famous Foods line up for while also exploring the vibrant cuisine and culture of Xi'an. Transporting readers to the streets of Xi'an and the kitchens of New York's Chinatown, Xi'an Famous Foods is the cookbook that fans of Xi'an Famous Foods have been waiting for.

The Happy in a Hurry Cookbook

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Gardeners Chronicle & New Horticulturist

New York Magazine

Narrating Human Psyche and Memory

The 13th Annual National Institute on Negotiating

Business Acquisitions

V. 1-2 reproduced on CD-ROM.

America's Test Kitchen Twentieth

Anniversary TV Show Cookbook Best-Ever

Recipes from the Most Successful Cooking

Show on TV America's Test Kitchen

Catering: A Guide to Managing a Successful

Business Operation, Second Edition

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provides the reader with the tools to fully understand the challenges and benefits of running a successful catering business. Catering was written as an easy-to-follow guide using a simple step-by-step format and provides comprehensive coverage of all types of catering. This is a significant contrast to other texts which are geared to a specific segment of catering such as on-premise, off-premise, or corporate dining. The graduate who decides to enter into catering will be charged with providing the “restaurant”

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experience to their clients and optimizing profits for their employer. Catering will assist them in achieving these goals.

Boating

Your Complete Guide to Living Using Earth's Natural Ingredients

Every Recipe and Every Review from All Thirteen Seasons

The Holiest Lie Ever

The Illustrated London News

Classic Italian vegetable dishes with a modern twist

The Online Trading Cookbook is a unique

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resource for busy online traders of all levels, addressing the need amongst the growing number of those trading and investing from home for solid, low risk trading strategies which they can incorporate into a busy lifestyle.

Suitable for all levels of retail trader and is supplemented by useful advice on the best trading tools, websites and brokers, the different markets available to trade, tips on risk and money management. The book is divided into sections based on levels of complexity and

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contains specific strategies used by profitable hedge funds as well as strategies used by other professionals, all of which can be implemented by private investors. The opening chapter discusses the professional tools traders will need, from multi-screen hardware, best websites, trading software, data services, brokers, trading products and the types of traders suited to each type of trading. The following chapters give concise novice, intermediate and advanced strategies for short and long term traders. The cookbook

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format is one of the most popular for teaching complicated subjects. Trading skills are presented and learnt as simply as recipes. This book provides exactly that from trading strategies to risk and money management. Each page presents as ingredients what the trader needs to do, the tools and the preparation with successful examples illustrated on the facing page. Both the proven format and its simplicity are compelling and unique in their application to trading. Written by two celebrated experts in the field,

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The Online Trading Cookbook is the perfect starting point for anyone wishing to learn to trade or for advanced traders wishing to further their knowledge.

In today's fast paced changing business world, professionals must work smarter than ever to improve their performance. What worked in the past doesn't work today. Clients are more knowledgeable and demanding. Competitors are more aggressive and cutthroat. Technical mastery of your vocation will only take you as far as an "average" performer. Within the pages of

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this book, the author reveals a revolutionary approach called the "Adviser Success Model" and walks the reader step-by-step through 13 of the most important communication skills used by top performers. As a top performer you will: earn more money; get that new job or promotion; increase your client base; close more deals; increase your gross sales revenue; improve your profit margin; retain clients for life; and much more. This book is intended for business owners, consultants, sales and service

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professionals who serve clients on a daily basis. Traditionally these are outside clients (sometimes they may be referred to as customers in your organization). Recently I've also found tremendous success implementing the art of client communication with professionals working with internal clients, that is those professionals who provide services for others within the same organization. It doesn't matter where you fit in the above description. The tips and techniques I provide will help you become a master

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communicator and top performer in your profession. I will focus on the most critical communication skill areas and provide you with successfully proven techniques. This book will cover:

Questioning How to ask powerful, smart and insightful questions
Listening How to become an effective listener
Objection Handling How to eliminate client objections and resistance
Preparing A Presentation How to inspire and motivate an audience
Delivering A Presentation How to persuade your client to your

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recommendations Planning A Meeting How to
plan the most effective meeting

Facilitating A Meeting How to run the most
effective meeting Words and Stories How to
use words and stories to get your point

across The Written Word How to utilize the
most overlooked written communication

Memos And Reports How to develop powerful
reports and memos Gatekeeper Barriers How

to get client gatekeepers to help you win

Self Promotion How to promote yourself to
the top of your profession Household Name

How you can become a household name in

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your industry Although there have been books published on many of these topics in the past, this book contains new approaches that focus on the critical client and business challenges you are facing today. The primary goal and objective of this program is to help you build your foundation for becoming a top performer in your profession.

The Holiest Lie Ever is made up of controversial material pertaining to religion and all the facts. It reveals the truth behind many religious aspects that

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have become distorted over time and predominantly focuses on Christianity. The material is both informative and insightful. This book is intended for anyone who belongs to a religious entity or is interested in learning about the truth of where religion comes from and why it has transformed into the form that it has taken today.

My Favorite Recipes

R: Recipes for Analysis, Visualization and
Machine Learning

The Perfect Victoria Sponge and Other

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Baking Secrets

Best-Ever Recipes from the Most Successful
Cooking Show on TV

The Homestead

Desserts for the Serious Sweet Tooth

The highly anticipated complement to the New York Times
bestselling Momofuku cookbook, Momofuku Milk Bar
reveals the recipes for the innovative, addictive cookies,
pies, cakes, ice creams, and more from the wildly popular
Milk Bar bakery. Momofuku Milk Bar shares the recipes
for Christina Tosi's fantastic desserts—the now-legendary
riffs on childhood flavors and down-home classics (all

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essentially derived from ten mother recipes)—along with the compelling narrative of the unlikely beginnings of the quirky bakery's success. It all started one day when Momofuku founder David Chang asked Christina to make a dessert for dinner that night. Just like that, the past program at Momofuku began. Christina's playful desserts, including the compost cookie, a chunky chocolate-chip cookie studded with crunchy salty pretzels and coffee grounds; the crack pie, a sugary-buttery confection as craveable as the name implies; the cereal milk ice cream, made from everyone's favorite part of a nutritious breakfast—the milk at the bottom of a bowl

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cereal; and the easy layer cakes that forgo fancy frosting in favor of unfinished edges that hint at the yumminess inside helped the restaurants earn praise from the New York Times and the Michelin Guide and led to the opening of Milk Bar, which now draws fans from around the country and the world. With all the recipes for the bakery's most beloved desserts—along with ones for savory baked goods that take a page from Chang's Asian-flavored cuisine, such as Kimchi Croissants with Blue Cheese—and 100 color photographs, Momofuku Milk Bar makes baking irresistible off-beat treats at home both foolproof and fun.

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This book is a collection of essays offering an inside view into the inner analysis of traumatic literary studies wherein language is used as a medium of expression so to interpret man, psyche and memory. By making literature the partner of a dialogue with psychology, in order to better comprehend the psyche, it serves to alter the way of understanding the literary phenomenon. Featuring relevant coverage on topics such as literary production, psychology in literature, identity, and traumatic studies, this book provides in-depth analysis that is suitable for academicians, students, professionals and researchers interested in discovering more about t

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relationship between psychology and literature and the effects on thinking.

Xi'an Famous Foods

The Online Trading Cookbook

Vegetables all'Italiana

The Earth Diet

The Politics of Traumatic Literature

A Guide to Managing a Successful Business Operation